



ARD MHACHA  
*VERSUS*  
DÚN NA NGALL

SEMI FINAL  
SATURDAY 14TH NOVEMBER  
KINGSPAN BREFFNI - 1.15 PM



AN CABHÁN  
*VERSUS*  
AN DÚN

SEMI FINAL  
SUNDAY 15TH NOVEMBER  
ATHLETIC GROUNDS - 1.30PM



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RÚNAI: *Brin Mac Fhiosáin*

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A close-up photograph of a hand holding a gold medal. The medal is ornate, featuring a central harp and intricate scrollwork. The background is a soft-focus green field.

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is what you dream of.”

*Brendan Lowry, All-Ireland winner, 1982.*

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# THIS WEEKEND'S GAMES

(ALL GAMES ARE SUBJECT TO WINNER ON THE DAY)



## VERSUS



@ KINGSSPAN BREFFNI, CAVAN  
SATURDAY 14TH NOVEMBER

WATCH LIVE ON **sky sports**

**Ulster GAA Football Senior Championship Semi Final (1:15pm)**

**Réiteoir:** David Coldrick (An Mhí)

**Réiteoir ar fuaireachas:** Barry Cassidy (Doire)

**Maor Líne:** Barry Judge (Sligeach)

**Oifigeach Taobhlíne:** John Gilmartin (Sligeach)

**Maoir:** Seamus McCormack, Joseph Curran, Ronan Garry and Pat Darby



## VERSUS



@ ATHLETIC GROUNDS, ARMAGH  
SUNDAY 15TH NOVEMBER

WATCH LIVE ON **BBC SPORT NI**

**Ulster GAA Football Senior Championship Semi Final (1:30pm)**

**Réiteoir:** Martin McNally (Muineachán)

**Réiteoir ar fuaireachas:** David Gough (An Mhí)

**Maor Líne:** Niall Cullen (Fear Manach)

**Oifigeach Taobhlíne:** Niall McKenna (Muineachán)

**Maoir:** Ben Woods, Mark Gilsenan, Dylan Finnegan & Anthony Marron





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# PRESIDENT'S FOREWORD



**Fearadh na fáilte romhaibh chuig deireadh seachtaine eile de Chraobhchomórtas Sínsir Uladh 2020. Tá ceithre seachtaine ramhra againn agus muid amach i ndeireadh an Fhómhair gan lucht féachana ag ar gcluichí. Is aisteach an bhliain í. I ndiaidh na gcluichí a bhí againn le cúpla deireadh seachtaine anuas, táimid anois ag amharc ar cheithre fhoireann atá ina seasamh go fóill. Sa bhabhta leathcheannais an deireadh seachtaine seo, tá Ard Mhacha ag imirt in aghaidh Dhún na nGall, agus An Cabhán ag imirt in aghaidh An Dúin.**

Welcome to another weekend of the 2020 Ulster Senior Football Championship. We are in the midst of a hectic four week period in late Autumn with no spectators at our games. It really has been a surreal year so far. After two weekends, we are now down to the last four as our Semi Final line up Ard Mhacha V Dún na nGall and An Cabhán V An Dún takes place this weekend.

We have already been treated to five really competitive games in extremely testing conditions. I commend all players and management teams for their input into what already is another compelling Ulster Senior Football Championship, albeit at a different time of year, without supporters and in a straight knockout format.

I want to take this opportunity to thank our counties and clubs for the support they have given our local communities during this Covid-19 pandemic. It has been an extremely difficult time for us all and the absence of our games has made it all the harder. We continue the Ulster Senior Football Championship this weekend in very different circumstances as the absence of supporters at our games will leave a feeling of emptiness on our terraces.

Changes have been introduced to the Ulster Senior Football Championship by the Ulster Competitions Control Committee recently. As the two counties which were drawn to play in the Preliminary Round in 2019, Tyrone and Derry did not feature in the Preliminary Round draw for the 2020 nor will they for the 2021 Championships. Seven counties were included in the Preliminary Round draw for the 2020 Championship from which Monaghan and Cavan were drawn to meet in the Preliminary Round. They will be precluded from the 2021 and 2022 Preliminary Round draw. Subsequently, in 2021, just five counties will be included in the draw for the Preliminary Round

game. Tyrone and Derry would then return to the draw for 2022 while Monaghan and Cavan will return for the 2023 draw.

In 2020, Prostate Cancer has again been chosen as the charity for Ulster GAA and we look forward to supporting this very worthy cause. I acknowledge and thank all the Ulster Council and the three host counties' personnel involved in hosting today's games. Everyone plays their part; stewards, medics, match officials and players, sponsors, local authorities, media, County Boards and Provincial Council.

I also wish all four teams, their County Boards and management every success in their respective outings this weekend and the match officials whose role should never be overlooked. Finally, to the supporters. Your support and attendance has always been highly valued and we hope that the absence of supporters at games is a rare sight. We long for the day that we can gather to support our native county in their quest to lift the Anglo Celt but for now, on behalf of Ulster GAA, I encourage all members to continue to follow the guidelines which have been provided by the relevant health authorities.

**Stay safe!**

**Oilibhear Ó Gealagain, Uachtarán Chomhairle Uladh.**

*Uilibhear Ó Gealagain*

## **Amhrán na bhFiann:**

Sinne Fianna Fáil,  
Atá faoi gheall ag Eirinn,  
Buíonn dár slua, thar toinn do ráinig chugainn,  
Faoi mhóid bheith saor, seantír ár sinsear feasta  
Ní fhágfar faoin tíorán ná faoin tráill;  
Anocht a théam sa Bhearna Baoil  
Le gean ar Ghaeil chun báis nó saoil,  
le gunnaí scréach, trí lámhach na bpiléar,  
Seo dhíbh canáigh, Amhrán na bhFiann

**Amhrán na bhFiann will be sang by Cian Murray at Kingspan Breffni and Muireann O'Kane at the Athletic Grounds.**

# MATCH PREVIEW

## ARD MHACHA *VERSUS* DÚN NA NGALL

And so, in the space of a fortnight, Ulster's nine runners have become four, and by late tomorrow afternoon just two will remain.

This whistle-stop Ulster Championship now picks up speed as we enter into the third of its four-weekend lifespan, and today's meeting of Armagh and reigning champions Donegal begins the final four action.

Both these teams have had just shy of two weeks to prepare for this fixture, double the turnaround for tomorrow's semi-finalists, Cavan and Down.

That extra week of breathing space will have been precious to managers Kieran McGeeney and Declan Bonner after arduous quarter-finals over Derry and Tyrone respectively, both hard-fought two-point wins in the swirling rain and biting wind of a harsh Sunday afternoon on November 1st.

Tyrone came crashing up against Donegal at Páirc MacCumhaill, and went crashing out. It was a dogged encounter, a slugfest in boxing parlance with the atrocious conditions having a huge bearing on the state of play. The home side though executed their teak-tough game plan that bit better to showcase why they are still top of the tree in the province.

While Michael Murphy and Jamie Brennan didn't chalk up their usual scoring totals, the winning numbers came from elsewhere as a Michael Langan goal and seven Ciaran Thompson points helped Donegal over the line in the end.

Bonner can bring in Paddy McBrearty to boost the Donegal firepower, with the Kilcar man named to start against Tyrone but not risked on the day. Defensive veteran Neil McGee shipped a knock in the first half but should be up for the task again today.

The knockout nature of this year's Football Championship elevated the stakes even higher for an opening game between what are arguably two of the top sides in the country. Donegal prevailed and remain on course for a third successive provincial title, a feat not achieved since Armagh themselves in 2006.

That year it was McGeeney as centre-back and captain who lifted the Anglo Celt for the third year in a row for the Orchard County, a 1-09 to 0-09 win over Donegal at Croke Park. Fourteen years on he is on



the sideline bidding to return his county to their first Ulster final since 2008.

In Celtic Park two Sundays ago Armagh were made to work hard to withstand a gutsy Derry fightback. Much like Ballybofey, weather conditions in Derry city were akin to a monsoon, but Armagh fared better in the opening stages and established a six-point lead at half-time.

They came by their scores easier than the Oakleafers, with Oisín O'Neill and Jamie Clarke both hitting two from play while free-taker Rory Grugan helping himself to three first half points.

When Derry mounted a resurgence in the second half through Shane McGuigan's free-taking brilliance, it was Armagh's own set piece expert Rian O'Neill who guided them home with a series of faultless strikes. His final free in injury time cut through the falling rain and soared high and true between the posts to guarantee the victory.

Throughout an ultimately successful Division 2 League campaign Armagh had been guilty of letting their performance dip in the latter stages of games and allowing teams to come back at them.

Whilst they held out against Derry last day out to record the win, their performance against a more-fancied Donegal today simply has to last the full duration if they are to upset the odds.

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# ARD MHACHA

Bainisteoir: Kieran McGeeney



1

B Ó hAodha  
**Blaine Hughes**  
Carraig Chropain

2

P Ó Broin  
**Paddy Burns**  
Foirceal

3

R Ó Cinnéide  
**Ryan Kennedy**  
Baile Mhic an Aba

4

S Ó Muireagáin  
**James Morgan**  
Raonaithe Na Croise

5

C Ó Néill  
**Conor O'Neill**  
Cill Sleibhe

6

A Mac Fearchair  
**Aidan Forker**  
An Machaire

7

M Ó Siall  
**Mark Shields**  
An Chrois Bhán

8

O Ó Néill  
**Oisín O'Neill**  
Raonaithe Na Croise

9

S Ó Síreadáin  
**Stephen Sheridan**  
Foirceal

10

R Ó Gruagáin  
**Rory Grugan**  
Baile Mhic an Aba

11

C Mac Cumascaigh  
**Callum Cumiskey**  
Raonaithe Na Croise

12

S Mac Cathmhaoil  
**Stefan Campbell (C)**  
Clan na Gael

13

S Mac Cléirigh  
**Jamie Clarke**  
Gaeil Neasden

14

R Ó Néill  
**Rian O'Neill**  
Raonaithe Na Croise

15

Niall Ó Garmaite  
**Niall Grimley**  
Na Madain

## FIR IONAID SUBSTITUTES

16. **Shea Magill**  
17. **Greg McCabe**  
18. **Brendan Donaghy**  
19. **Aaron McKay**  
20. **Jarlath Og Burns**  
21. **Jemar Hall**

Cill Sleibhe  
Sheáin Uí Néill  
Cluain Mór  
Droighneain Síthe  
Beal Atha an Airgid  
Foirceal

22. **Conor Turbitt**  
23. **Andrew Murnin**  
24. **Jason Duffy**  
25. **Joe McElroy**  
26. **Cathal McKenna**

Clann Éireann  
Naomh Pól  
Coilleach Eanach  
Na Clairsigh Ard Mhacha  
An Ghráinseach

# DÚN NA NGALL



**Bainisteoir:** Declan Bonner

1

**S Ó Peatáin**  
**Shaun Patton**  
Naomh Adhamhnáin

2

**S Mac Meanman**  
**Stephen McMenamin**  
Aodh Rua, Cúl na gCurridín

3

**N Mac Aoidh**  
**Neil McGee**  
Gaoth Dobhair

4

**E Ó Gallchoir**  
**Eoghan Bán Gallagher**  
Na Cealla Beaga

5

**R Mac Aodha**  
**Ryan McHugh**  
Cill Chartha

6

**P Ó Braonáinn**  
**Paul Brennan**  
Réalt na Mara

7

**P Ó Mogain**  
**Peadar Mogan**  
Naomh Náille

8

**A Mac Pháidín**  
**Hugh McFadden**  
Na Cealla Beaga

9

**C Mac Gonagail**  
**Caolan McGonigle**  
Bun Cranncha

10

**C Mac Thomáis**  
**Ciaran Thompson**  
Naomh Conaill

11

**N Ó Domhnaill**  
**Niall O'Donnell**  
Naomh Adhamhnáin

12

**M Ó Longain**  
**Michael Langan**  
Naomh Mícheál

13

**P Mac Briartaigh**  
**Paddy McBrearty**  
Cill Chartha

14

**M Ó Murchú**  
**Michael Murphy (C)**  
Gleann tSúilí

15

**J Ó Braonáin**  
**Jamie Brennan**  
Réalt na Mara

## FIR IONAIÐ SUBSTITUTES

16. **Michael Lynch** Naomh Colmcille  
17. **Eoin McHugh** Cill Chartha  
18. **Oisín Gallen** Sean MacCumhailts  
19. **Jason McGee** Cloich Ceann Fhaola  
20. **Andrew McClean** Cill Chartha  
21. **Jeaic McKelvey** Naomh Conaill

22. **Caolan Ward** Naomh Adhamhnáin  
23. **Brendan McCole** Naomh Náille  
24. **Eamonn Doherty** Naomh Adhamhnáin  
25. **Daire Ó Baoill** Gaoth Dobhair  
26. **Conor O'Donnell** Carn Domhnach

# PREVIOUS MEETINGS

## DÚN NA NGALL *VERSUS* ARD MHACHA

These two counties have only met three teams in the last 15 years in the USFC. Today will be the first Semi Final between the sides since a 1993 Semi Final Replay that Donegal won here, at Kingspan Breffni in a game refereed by Mickey Cranney from Down. Interestingly, Mickey was back on duty last weekend at this same venue doing umpire for county colleague Paul Faloon at the Cavan v Antrim game. Another chapter in the Ulster SFC story! Here we take a look back at their last three meetings between Donegal and Armagh.



### USFC QUARTER FINAL

**14th June 2015 Athletic Grounds  
Donegal 2-11 Armagh 0-08**

A Patrick McBrearty goal after two minutes set the scene for this one sided encounter at a packed Armagh venue. Michael Murphy was unerringly accurate on his free taking duties that pushed them into a 1-9 to 0-2 interval lead. Marty Reilly added a second major as a Rory Gallagher managed side marched on to the Semi Final with relative ease.

Dún na nGall: P Durcan; P McGrath, N McGee, E McGee; M McHugh, K Lacey (0-1), F McGlynn; N Gallagher (0-1), M McElhinney (0-1); C Toye, O MacNiallais (0-2), R McHugh; P McBrearty (1-1), M Murphy (0-5), M O'Reilly (1-0).

Subs: A Thompson for E McGee, H McFadden for P McBrearty, D Walsh for C Toye, G McFadden for M McElhinney.

Ard Mhacha: M McNeice; F Moriarty, C Vernon, A Mallon; J Morgan (0-1), C McKeever (0-1), C Rafferty (0-2); A Findon (0-1), E Rafferty; T Kernan (0-3), M McKenna, A Forker; A Murnin, S Campbell, J Clarke.

Subs: M Murray for M McKenna, K Dyas for F Moriarty, C O'Hanlon for E Rafferty, B Donaghy for A Forker, E McVerry for A Murnin, S Harold for A Findon (BC)

Ref: D Coldrick (An Mhí)

### USFC QUARTER FINAL

**27TH MAY 2007 Páirc MacCumhail  
Donegal 1-09 Armagh 1-08**

An Oisín McConville goal and points from Steven McDonnell and current manager, Kieran McGeeney placed Armagh four in front with twenty minutes remaining. However, the homes ide hung in there and narrowed the gap to two and a speculative high ball from substitute Brendan Devenney in the closing minutes somehow escaped the clutches of Paul Hearty to literally hand victory to Donegal.

Dún na nGall: P Durcan; N Magee, P Campbell, K Lacey; P McConigley 0-1, B Monaghan, B Dunnion; N Gallagher, K Cassidy; R Kavanagh, C Bonner, B Roper; C McFadden 0-6, C Toye 0-1, M Hegarty.

Subs: A Sweeney 0-1 for Roper, B Devenney 1-0 for Hegarty; E Magee for Dunnion; K McMenamin for Bonner.

Ard Mhacha: P Hearty; B Donaghy, E McNulty, A Mallon; A Kernan 0-1, K McGeeney 0-1, C McKeever; P McGrane, K Toner; P McKeever, S Kernan 0-1, M O'Rourke; S McDonnell 0-2, D Marsden 0-1, O McConville 1-2.

Subs: M Mackin for O'Rourke, J Lavery for McKeever.

Ref: J Bannon (Longfort)

### USFC FINAL

**9th July 2006 at Croke Park  
Armagh 1-09 Donegal 0-09**

The Ulster Final was played at Croke Park for the second year in a row and there was nothing between the sides at half time, tied at 0-4 apiece. A rare, but equally beautiful Paul McGrane goal at the beginning of the second half set Armagh on their way. An equally novel score from Andy Mallon proved to be the insurance score although Paul Hearty was called into action in injury time to make a great stop from Stephen McDermott as Armagh completed the three in a row, and became the first county to do so since Down (1959-61).

Ard Mhacha: P Hearty; A Mallon(0-1), F Bellow, E McNulty; P Duffy, A Kernan, C McKeever; K McGeeney, P McGrane(1-0); M O'Rourke, J McEntee(0-2), M Mackin, S McDonnell(0-1), R Clarke(0-3), O McConville(2f, 0-2)

Subs: P McKeever for Mackin, A O'Rourke for Duffy.

Dún na nGall: P Duncan; K Lacey, P Campbell, N McGee, E McGee, B Monaghan, B Dunnion(0-1); N Gallagher, B Boyle; C Toye, M Hegeaty(0-1f), C Bonner; R Kavanagh (0-1), C Dunne, A Sweeney(0-3(2f)). Subs: C Kelly for Dunne (0-1f), D Diver for Boyle, S McDermott for Sweeney.

Ref: M Monahan (Cill Dara).



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# PIVOTAL PLAYERS

## DÚN NA NGALL *VERSUS* ARD MHACHA



### JAMIE BRENNAN

*(Dún na nGall)*

Since breaking into the Donegal squad in 2017, Jamie Brennan has established himself as one of the most prolific scorers in the province. The Bundoran clubman has notched up 4 goals in his 10 Ulster Championship appearances to date, more than any other player in that time, and his threat in front of goal has given Donegal a new attacking dimension away from the traditional Murphy-McBrearty combination.

The 24-year-old will look to continue that fine form into today's encounter against an Armagh side whose defensive frailties he will be looking to expose. The last day out he notched two points from play against Tyrone, but his sheer pace and constant movement on the soft Ballybofey surface was a continual thorn in the Tyrone side. If Armagh are to produce a shock in Breffni Park this afternoon, they will have to pay particular attention to Brennan and the threat he carries.



### AIDAN FORKER

*(Ard Mhacha)*

Earlier this year the Armagh manager Kieran McGeeney described Aidan Forker as "a class act". Better known for his attacking instincts during the early part of his inter-county career, Forker was deployed as an emergency full-back during a 2018 clash with Roscommon and has remained a steady hand for the Armagh defence ever since.

However, a move into the defence for the Orchard County has done little to blunt his attacking instincts. As recently as 6 weeks ago, the Maghera man kicked 1-3 against Crossmaglen in the county final as his club lifted just their second county title. In Celtic Park two weeks ago he lined out at centre-half back, but helped himself to two points from play also. But it will be his man-marking capabilities that Armagh may need to deploy today if they are to keep alive their hopes of a first Ulster Final appearance since 2008.



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# MATCH OFFICIALS

## David Coldrick (An Mhí)

A member of the Blackhall Gaels club in County Meath, David is no stranger to the province, having refereed the provincial final on no fewer than four occasions. Today will be his 20th game refereeing in the Ulster Senior Football Championship game, a remarkable milestone, and one which stretches back to his first game 16 years ago, a clash between Cavan and Down in Casement Park which ended in a draw.

His first provincial final in Ulster was now a decade ago, the 2010 clash when Tyrone defeated Monaghan. His other final include the 2013 and 2015 deciders, when Monaghan captured the title in both years, and in 2016 when Tyrone emerged victorious. Incidentally, it was Donegal who lost out in all three of those finals. David has also refereed three All-Ireland Senior Football Finals in 2007, 2010 and 2015

He refereed the last clash between Donegal and Armagh in the Ulster Championship, the 2015 tussle at the Athletic Ground when Donegal won 2-11 to 0-08. And in a quirk of fate, one of David's umpires, Seamus McCormack, refereed the 2002 Ulster Final between today's counties.



## Martin McNally (Muineachán)

In contrast to our other official this weekend, today Martin will referee his first game in the Ulster Senior Football Championship. Hailing from the Corduff club in County Monaghan, the 31-year-old is no stranger in the province, having taken charge of inter-county games at Minor, U20/ U21 and in the Dr McKenna Cup.

He first made his provincial bow in 2011, a Minor Football Championship game where Fermanagh defeated Derry at Celtic Park. The curve has been onward and upward since then, and he refereed his first Monaghan Senior Football Final in 2013 between Scotstown and Clontibret. Martin is also a regular referee on the Ulster Schools scene and has refereed two MacRory Cup Finals in 2016 and 2017.

Earlier this year Martin refereed the Division 2 National League Round 4 game between Kildare and Roscommon, before travelling to Castlebar in Round 5 for the meeting of Mayo and Kerry. He was also the man in the middle last weekend in Portlaoise when Dublin defeated Westmeath.



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# MATCH PREVIEW

## AN CABHÁN VERSUS AN DÚN



**It's five games in as many weeks for Cavan, but momentum is a tool to be harnessed.**

**Underdogs coming into their preliminary round tie with Monaghan, they turned the tables on their neighbouring rivals with a stunning extra time win in.**

Last week at home in Kingspan Breffni they came up against a well-briefed Antrim side who set themselves up to be resolute and began confidently. In the in the first half they frustrated Cavan and asked questions, while Mickey Graham's were also at fault themselves for cheaply giving away possession and spurning a number of scoring opportunities.

Eventually though the Saffron resistance weakened and Cavan were able to iron out the creases in their performance to emerge four-point winners. Gearoid McKiernan once again proved his importance in the centre of the pitch, winning primary possession and driving forward to land scores, while team captain and Clones hero Raymond Galligan made a telling contribution at the other end with a crucial save from Patrick Gallagher.

Appearances from the bench from Thomas Galligan and Thomas Edward Donohoe also helped Cavan get into gear. Graham will need his bench to be able to make a similar contribution this afternoon given the heavy workload his team has endured in the past four successive weeks

Plenty to work on remarked the Cavan boss after the game, but not a lot of time to work on it with today's game coming up fast, but the tired bodies and tired minds of his squad will be aided with that winning feeling. Relegation to Division Three just several weeks ago is now but a scant memory, the here and

now of Ulster Championship football has revitalised the Breffni county.

Down meanwhile put their less-than-convenient Championship preparation behind them to flex their muscles against Fermanagh at Brewster Park seven days ago. Much like Cavan against Antrim, Down were gridlocked in the first half by their opponents, but got into the groove in the second period with a combination of strong running and direct possession play to stretch the Erne men and push on to a seven-point victory.

Barry O'Hagan's four excellent points from play were a standout feature, as was the combative display from deputising team captain Caolan Mooney, who fired over two points from midfield and did the groundwork for Donal O'Hare's important goal at the start of the second half.

Last Sunday Paddy Tally's team were only getting their first run-out after the six-month layoff. Leitrim conceded the first league game after the return, and an inexperienced team took to the field the week after in a dead rubber against Louth, meaning that Tally's Championship cohort were quite a bit short on rehearsal time. After 40 minutes in Enniskillen though they appeared to have brought themselves up to speed, and will be confident from the outset today.

Both these sides have recent experience of being in Ulster finals - Cavan last year and Down in 2017 - but both camps have undergone a substantial change of personnel from the teams that played in those deciders.

Today is a huge opportunity to make another final for these two evenly matched teams, and an intriguing encounter awaits.



# AN CABHÁN

Bainisteoir: Mickey Graham



1

R Ó Gealagáin  
**Raymond Galligan (C)**  
Leacain

2

I Mac Lochlainn  
**Jason McLoughlin**  
Gaeil Na Sionainne

3

P Ó Fachtna  
**Padraig Faulkner**  
Dún a Rí

4

L Ó Foirtcheirn  
**Luke Fortune**  
Gaeil an Chabháin

5

G Mac Gabhann  
**Gerard Smith**  
An Leamhaí

6

C Ó Brádaigh  
**Ciaran Brady**  
Ármhach

7

C Ó Tiománaí  
**Cormac Timoney**  
Béal Átha na nEach

8

C Ó Cléirigh  
**Killian Clarke**  
Searcóg

9

C Ó Brádaigh  
**Killian Brady**  
Mullach Odhrain

10

M Ó Raghallaigh  
**Martin Reilly**  
Coill an Gharraí

11

G Mac Thiarnáin  
**Gearoid McKiernan**  
Gaeil an Chabháin

12

O Mac Thiarnáin  
**Oisín Kiernan**  
Caisleán Reathain

13

O Mac Piarais  
**Oisín Pierson**  
Loch Gamhna

14

C Ó Raghallaigh  
**Cormac O'Reilly**  
Mullach Odhrain

15

S Mac Gabhann  
**Stephen Smith**  
Cros ar Loch

## FIR IONAIÐ SUBSTITUTES

16. **Liam Brady** Ramor Aontaithe  
17. **Niall Murray** Gaeil an Chabháin  
18. **Chris Conroy** An Leamhaí  
19. **Conor Madden** Loch Gamhna  
20. **Oisín Brady** Coill an Gharraí  
21. **Paul Graham** Gaeil an Chabháin

22. **Benjamin Kelly** Teampall an Phoirt  
23. **Thomas Galligan** Leacain  
24. **Evan Doughty** Cuchulainn  
25. **Liam Buchanan** Baile Mhic Aodha  
26. **Thomas Edward Donohoe** An Dinn

# AN DÚN

**Bainisteoir:** Paddy Tally



*An Dún*

**1**

**R Ó Broin  
Rory Burns**  
Caislean Uidhilín

**2**

**P Ó Faogáin  
Peter Fegan**  
Boireann

**3**

**P Mac Muireartaigh  
Patrick Murdock**  
Cumann Pheadair Naofa

**4**

**P Ó Laibheartaigh  
Pierce Laverty**  
Naomh Phadraig Sabhall

**5**

**G O Coilleain  
Gerard Collins**  
R.G.U

**6**

**C Mac Thiarnan  
Kevin McKernan**  
Boireann

**7**

**D Mag Aonasa  
Daniel Guinness**  
Ceathru Aodha Dhuibh

**8**

**C O Maonaigh  
Caloan Mooney (C)**  
Caislean Ruairi

**9**

**S Mac Floinn  
Jonny Flynn**  
Loch an Oileain

**10**

**B Ó hAgáin  
Barry O'Hagan**  
Cluain Daimh

**11**

**P Ó Doibhilin  
Paul Devlin**  
Cill Chua

**12**

**C Mac Póilín  
Conor Poland**  
An Cloch Fhada

**13**

**J Mac Seáin  
Jerome Johnston**  
Cill Chua

**14**

**D Ó hÍr  
Donal O'Hare**  
Boireann

**15**

**C Ó Dochartaigh  
Ceilium Doherty**  
Cill Chua

## FIR IONAIÐ SUBSTITUTES

- 16. John O'Hare** An Ghleann  
**17. Ryan McAleenan** Cumann Pheadair Naofa  
**18. Cormac McCartan** Cumann Pheadair Naofa  
**19. Brendan McArdle** Eanach Cluana  
**20. Corey Quinn** Droichead Mhaigh Eo  
**21. Liam Kerr** Boireann

- 22. Dylan Ward** Cill Chua  
**23. James Guinness** Ceathru Aodha Dhuibh  
**24. Ryan Johnston** Cill Chua  
**25. Niall Donnelly** Tulach Lis  
**26. Sheelan Johnston** Cill Chua

# PREVIOUS MEETINGS

## AN CABHÁN VERSUS AN DÚN

These two counties have only met three teams in the last 16 years in the USFC. On two of those occasions, a replay was required. Here we take a look back at their last three meetings between Cavan and Down.

### USFC PRELIMINARY ROUND REPLAY

20th May 2007 at Páirc Esler  
Down 0-15 Cavan 0-11

Down started the better but Cavan fought back and the teams went in level at the interval, tied on 0-5 apiece at the recently developed Newry venue. They still couldn't be separated at 0-10 apiece when Cavan were reduced to fourteen men following the dismissal of Micheal Lyng. Down pushed for home with points from Paul McComiskey, Danny Hughes and Kevin McGuigan to emerge four point winners.

An Dún: M McVeigh, D McCartan, D Rooney 0-1, K McGuigan 0-1, R Murtagh 0-1, B Grant, M Cole, D Gordan 0-1, P Murphy 0-2, J McGovern 0-2, A Carr 0-1, R Sexton, D Hughes 0-3, P Downey, B Coulter.

Subs: S Kearney 0-1 for McGovern, J Clarke for McCartan, J Lynch for Gordan, P McComiskey 0-2 for Carr.

An Cabhán: J O'Reilly, M Hannon, E O'Reilly, M Cahill, J Crow, A Forde 0-1, R Flanagan, D McCabe 0-5, C Galligan, L Reilly 0-1, M Lyng, S Brady 0-1, G Pearson, M McKeever, J O'Reilly.

Subs: S Johnston 0-3 for Pearson, P Brady for J O'Reilly, N Walsh for Galligan, L Mulvey for Flanagan, K Fannin for L Reilly.

Ref: T Quigley (Baile Átha Cliath)

### USFC PRELIMINARY ROUND

7th May 2006 at Casement Park  
Down 1-13 Cavan 0-11

As has often been the case, Benny Coulter produced a moment of magic and ultimately a three pointer than would decide this tie. His goal in the 55th minute gave Down a four point cushion that they would never relinquish. They were tied at 0-6 apiece at the short whistle and Cavan battled gamely to the death but simply didn't recover from Coulter's major.

An Dún: B McVeigh; M Cole, B Grant, D McCartan, P Murphy, J Clarke, D Rafferty, A Molloy, D Gordan 0-1, E McCartan 0-1, A Rogers 0-1, D Hughes 0-3, L Doyle, B Coulter 1-0, M Walsh 0-5.



Subs: M Doran for Rafferty, R Murtagh 0-2 for E McCartan, C Lavery for Rogers, A Scullion for Molloy.

An Cabhán: J Reilly, P Reilly, M Hannon, K Fannin, M Cahill, A Gaynor, P Brady 0-1, D McCabe 0-1, C Collins, M McKeever, P Reilly, S Brady, G Pierson 0-1, L Reilly 0-2, S Johnston 0-6.

Subs: J O'Reilly for Pierson, C Mackey for P Reilly, J Jordan for McKeever, E O'Reilly for L Reilly.

Ref: E Murtagh (Longfort)

### USFC QUARTER FINAL REPLAY

30th May 2004 at Kingspan Breffni  
Cavan 3-13 Down 2-12

Gregory McCartan finished with 1-4, all from placed balls, including a penalty and James McCartan poached a goal to edge Down into another Ulster Final. Raymond Gallagher top scored for the Ernemen with 0-4 who just couldn't reproduce the quarter final performance against Donegal.

An Dún: M McVeigh, J Clarke, B Burns, B Grant, J Lavery, A Molloy, M Cole, S Ward, G McCartan 1-4, L Doyle 0-3, B Coulter 0-1, C McCrickard 0-1, M Walsh, D Gordon, R Murtagh 0-1.

Subs: S King for McCrickard, J McCartan 1-0 for Grant, R Sexton for Murtagh, M Linden for Walsh, PP McCartan for Molloy.

Fear Manach: Ronan Gallagher, M Lilly, B Owens, R McCluskey, S McDermott, K Gallagher, N Cox, P Brewster, M McGrath, T Brewster, Raymond Gallagher 0-4, R Keenan 0-2, R McCabe 0-3, S Maguire 0-1, C Bradley 0-1.

Subs: H Brady for Lilly, S Doherty for T Brewster, R Johnson for Bradley.

Ref: M Monahan (Cill Dara)



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# PIVOTAL PLAYERS

## AN CABHÁN *VERSUS* AN DÚN



### GEAROID MCKIERNAN

*(An Cabhán)*

In their two Ulster Senior Football Championship games so far, Cavan have seen a remarkable 16 different players register a score. That spread of talent brings obvious advantages but even so, Gearoid McKiernan still remains their go to man when the going gets tough. At different stages against Monaghan and Antrim, the Breffnimen looked devoid of ideas and needed that spark to ignite their challenge, with McKiernan offering it in both cases.

McKiernan first made his mark when he captained Cavan to the Ulster U21 title in 2011, a win that kicked started a remarkable 4-in-a-row success. Since then he has been a regular in the Senior side, even overcoming the dreaded cruciate knee injury in 2013. Against Monaghan, he carried the fight in the second half, landing two monster points with the breeze at his back as Cavan clawed their way back. Even in last weekend's encounter with Antrim, as Cavan sat back defending their second half it, it was the powerful running of McKiernan that Cavan so often turned to to get them out of trouble. They will need another big performance from the Cavan Gaels man this afternoon.



### DONAL O'HARE

*(An Dún)*

For the best part of a decade now, the Down forward line has been spearheaded by Donal O'Hare. The Burren man made his club debut as a fresh faced 18-year-old back in 2011, fresh off the back of a Hogan Cup triumph with St Colman's Newry the previous April. The following summer he was starting in an Ulster Senior Football Final. Last weekend, his 42nd minute goal brought him right back to where it all started 8 years previous when Donal scored a goal, against Fermanagh, in Brewster Park, on his Senior debut.

That meteoric rise through the ranks is testament to the undoubted talent that O'Hare possesses, and he continues to be the fulcrum around which the Down attack is built. Seven days ago he went about his afternoon's work in his own understated way, notching up 1-4. As Paddy Tally continues to develop the Mournemen, O'Hare will remain key in that project. The Cavan defence have given up plenty of opportunities in the previous two weeks, with both Monaghan and Antrim spurning quality goal chances. Should the same chances present themselves this weekend, expect O'Hare to reap the rewards.

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# ULSTER GAA SUPPORTING PROSTATE CANCER RESEARCH

Over 4500 men in Ireland are diagnosed with prostate cancer annually. Recently in the UK prostate cancer deaths have exceeded breast cancer deaths with over 11,000 men per year dying of aggressive forms of prostate cancer. At present 1 in 8 men will develop a clinically significant prostate cancer in their lifetime with those aged 50 or more (the majority of cases are diagnosed in men aged 65 or older) or with a family history of prostate cancer at increased risk.

## SIGNS & SYMPTOMS

Prostate cancer is often diagnosed when men present to their GP with urinary symptoms including getting up more frequently at night, inability to empty the bladder completely, or going to the toilet more frequently. It is important to note that whilst these symptoms can prompt investigations, more often than not, the symptoms are not a result of the cancer but that of a benignly enlarged prostate. Many men are diagnosed with prostate cancer following routine checks in the absence of symptoms; following a routine blood test called Prostate Specific Antigen (PSA).

## TREATMENT

Patients with localised disease within the prostate have a number of curative options available to them including surgery, radiotherapy, brachytherapy (seed radiation) and in some instances active surveillance whereby the cancer is low risk but monitored closely for change. For some men, however, prostate cancer can spread to the bones and other parts of the body, leaving the disease incurable. Even with advanced incurable disease newer treatments enable men to live with the disease for many years beyond diagnosis. If you have concerns about yourself or a family member consult with your GP.



## PROSTATE RESEARCH AT QUEEN'S UNIVERSITY BELFAST

The Prostate Clinical Research Team in QUB comprises a team of Clinical Research and NHS Consultant Oncologists led by Professor Joe O'Sullivan, Dr. Suneil Jain, Dr. Aidan Cole and Dr. Darren Mitchell coupled with expert scientific research from the Centre for Cancer Research and Cell Biology (CCRCB). The aim is to improve patient care by leading world-class clinical research. The Prostate Clinical Research Team is internationally renowned, leading the way in innovative trials, shaping the treatment of prostate cancer, increasing survival and reducing side effects from treatment. As well as improving education for patients and healthcare workers the team supervise research from medical students, scientists, physicists and clinical doctors. The team are dedicated to ensuring that our patients and their families have the best treatments at the correct time and that the continued improvements in overall survival continue for men diagnosed with prostate cancer.

If your club would like to get involved in creating greater awareness of prostate cancer, or would like to support the fund-raising efforts please contact [maura.mcmenamin.ulster@gaa.ie](mailto:maura.mcmenamin.ulster@gaa.ie)

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# PLEAN TEAGAISC AGUS ACMHAINN DO CHLUBANNA ULADH

Rinneadh iniúchadh ar chlubanna Uladh in 2019, agus as sin a d'éascair an Plean Teagaisc. Tá CLG Uladh agus Foras na Gaeilge ag obair le hOllscoil Uladh ar an tionscadal seo, agus is é an aidhm atá againn ná go gcuirfean plean ar fáil a bheas ina chuidiú dár n-oibríthe deonacha a bhíonn ag teagasc na Gaeilge ag leibhéal an chlub, agus go mbeidh deis ag gach club sa Chúige ardchaighdeán teanga a chur ar fáil.

In April 2020, Ulster GAA and Foras na Gaeilge partnered with Ulster University to develop a teaching plan with resources for Ulster clubs to both alleviate pressure on club volunteers teaching Irish classes, and to ensure a high standard of Irish is available to clubs across the province.

The teaching resource is compiled of modules, each module has 12 weeks' worth of lessons with informative notes for both student and teacher, as well as support audio material. Module one has been developed by a team from Ulster University and Ulster GAA, and module two, a GAA focused lesson plan, is being compiled by Ulster University students as part of their studies.

Tá modúil istigh sa phlean teagasc a mhaireann dhá sheachtain déag. Tá nótaí ann don mhúinteoir agus

don fhoghlaiméir araon, chomh maith le ceachtanna éisteachta. Chuir foireann Ollscoil / CLG Uladh an chéad mhodúl le chéile, agus tá mic léinn de chuid na hollscoile ag obair ar an dara modúl, rud a bheas dírithe ar shaol an CLG.

The resource will be available to all clubs free of charge. Clubs must register with CLG Uladh to access the material, and will receive accreditation for completing modules. The resource will be updated twice to three times a year with new material. Beidh sé seo curtha ar fáil saor in aisce. Caithfidh clubanna clárú le CLG Uladh agus bronnfar teastas orthu siúd a chlúdaíonn iomlán na n-ábhar. Cuirfead modúil breise in airde le linn na bliana.

It was hoped that this would be ready for launch in September 2020, but due to the impact of COVID-19 on various aspects of the project, this has been delayed to December 2020-January 2021. After a trial period within Ulster, the resource will be made available to clubs across Ireland.

Táthar ag súil leis an acmhainn seo a sheoladh go mall sa bhliain nó go luath sa bhliain úr. I ndiaidh dúinn scéim phiolótach a bheith againn in Uladh, beidh fáilte roimh iomlán na gclubanna sa tír úsáid a bhaint as.



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SUNDAY  
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FINAL  
LIVE ON  
BBC TWO NI

NEXT SUNDAY  
15:30

BBC  
TWO  
Northern Ireland

BBC  
SPORT  
NI

# 2020 ULSTER SFC SCHEDULE

SUN 1ST NOVEMBER: QUARTER FINAL

 **DÚN NA NGALL** 1-13

 **TÍR EOGHAIN** 1-11

SUN 1ST NOVEMBER: QUARTER FINAL

 **DOIRE** 0-15

 **ARD MHACHA** 0-17

SUN 8TH NOVEMBER: QUARTER FINAL

 **FEAR MANACH** 0-11

 **AN DÚN** 1-15

SAT 7TH NOVEMBER: QUARTER FINAL

 **AN CABHÁN** 0-13

 **AONTROIM** 0-09

SAT 31ST OCTOBER: FIRST ROUND

 **MUINEACHÁN** 1-17

 **AN CABHÁN** 2-15 (AET)

SAT 14TH NOVEMBER: SEMI FINAL

 **DÚN NA NGALL**

 **ARD MHACHA**

SUN 15TH NOVEMBER: SEMI FINAL

 **AN CABHÁN**

 **AN DÚN**

SUN 22ND NOVEMBER: FINAL

**WINNER**

**WINNER**

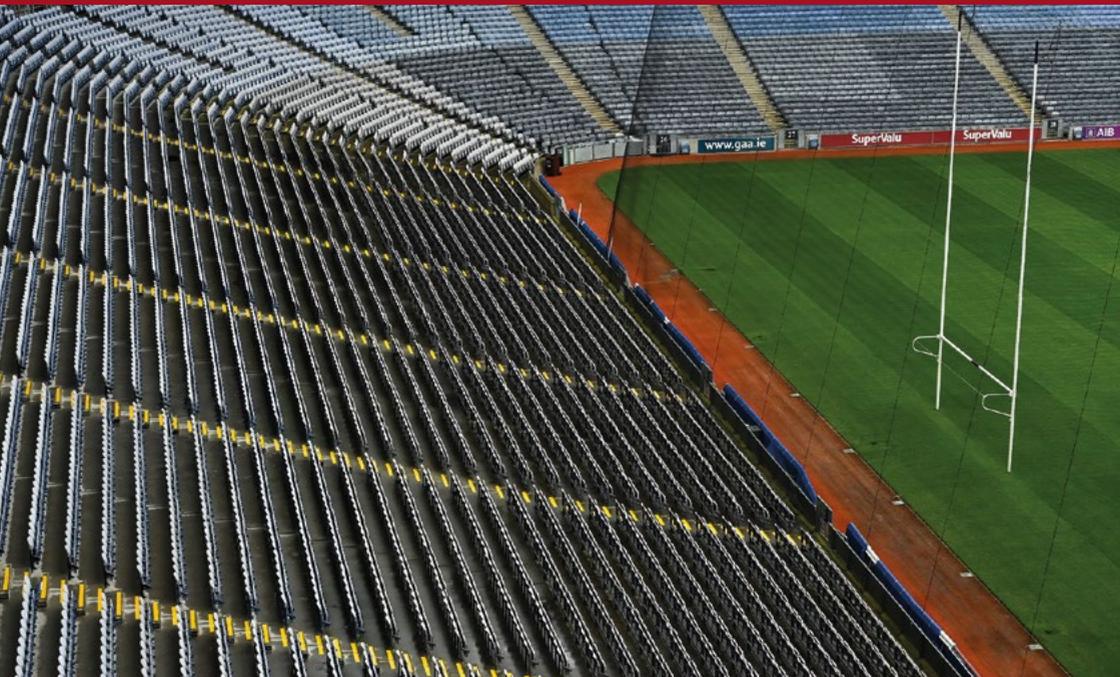




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