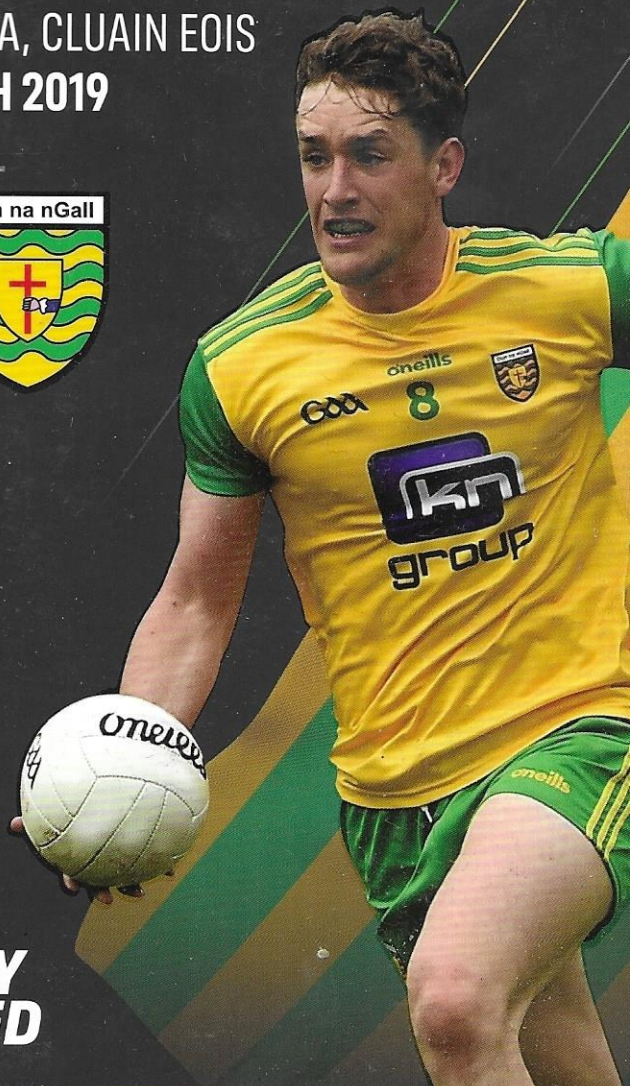
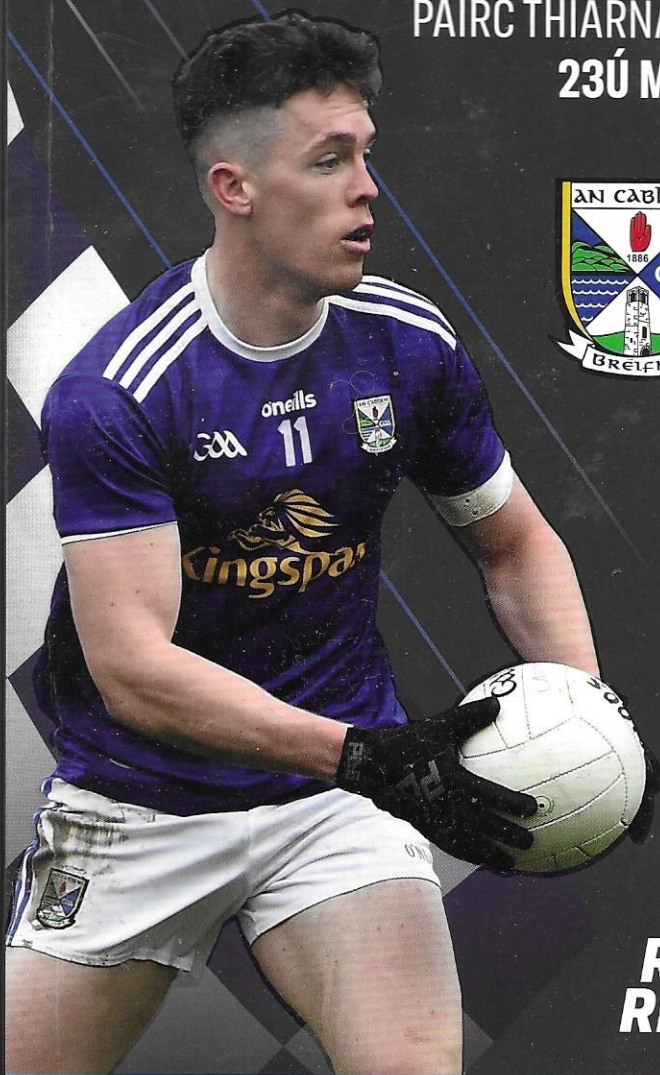


CLUICHE CEANNAIS PEILE ULADH

AN CABHÁN V DÚN NA NGALL

PÁIRC THIARNAIGH NAOFA, CLUAIN EOIS
23Ú MEITHEAMH 2019



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CCRCB

CENTRE FOR
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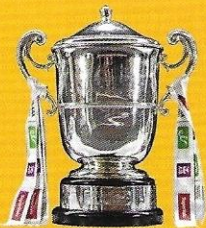
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PRESIDENT'S FOREWORD



Ba mhaith liom fáilte a chur roimh na foirne agus an lucht tacaíochta a tháinig go Páirc Thiarnaigh Naofa inniu ó Chontae An Chabháin agus ó Chontae Dhún na nGall. Molaim go hard gach duine a chuidigh leis na himreoirí seo thar na blianta agus iad ag ullmhú le bheith ag imirt ag an ardchaighdeán seo sa spórt.

It is a great honour to welcome all here today for the Ulster Senior Football Championship Final between Cavan and Donegal. We experienced a much more condensed format this year with 9 games, including two draws and a replay, over a six week period as our players, officials and spectators enjoy another championship season. It is a historic occasion as these two proud counties have only ever met in an Ulster Senior Football Final, away back in 1983.

The 2019 Championship has provided us with some great encounters, epitomised by the semi-final replay between Armagh and Cavan treating us to 40 scores. Attendances increased this year and are up 15% from last years - a clear indication that spectators believe that the Ulster Senior Football Championship is well and truly alive. Cavan's appearance here today ensures that all 9 Ulster counties have featured in an Ulster Senior Football Final since 2008.

Donegal are the model of consistency in the province as they are appearing in their eighth final in nine years and are looking to retain the Anglo Celt Cup after last year's success over Fermanagh. Cavan are appearing at the final stage for the first time since 2001 and are searching for their first title since 1997.

I wish to express my thanks to all teams who participated in this year's Championship and also extend my best wishes to all Ulster teams remaining in the All Ireland series.

The Senior Final will be preceded by the Under 20 Football Championship First Round between Down and Antrim. This age grade replaced the Under 21 competition last year and the cup is in memory of former Rúnaí Chomhairle Uladh, Danny Murphy. It is

fitting that Danny is honoured on the biggest day in the Ulster GAA calendar.

The Ulster Final day is special. Today we see the GAA at its best. We look at the past, enjoy the present and look to the future. The Down team of 1994 who won the Ulster and All Ireland titles will be honoured today and we remember with pride their great achievement of 25 years ago. Today is also an opportunity for the stars of the future to shine on the field of play. Cumann na mBunscoileanna children will display their skills as all counties will be represented in the exhibition games here today.

In 2019, Prostate Cancer has been chosen as the charity for Ulster GAA and we look forward to supporting this very worthy cause. I acknowledge and thank all the Ulster Council and Muineachán GAA personnel involved in hosting today's games. Everyone plays their part; supporters and stewards, medics, match officials and players, sponsors, local authorities, media, County Boards and Provincial Council.

I also wish all four teams, their County Boards and management every success in their respective outings today and the match officials whose role should never be overlooked.

Finally, to you the supporters. Your support, attendance and attention is highly valued and we hope the experience of today will encourage you to follow our counties as they take on the mantle of Ulster representatives in the final stages of the All-Ireland Football Championship.

Óilbhear Ó Gealagáin

Óilbhear Ó Gealagáin

Yachtarán Chomhairle Uladh.

Amelia Murphy

Today's Amhrán na bhFiann singer is the current Scór Sinsir Ulster Champion, Amelia Murphy. Amelia is from the Emyvale GAA Club in County Monaghan.



She has won 5 Ulster titles in Amhránaíocht Aonair and represented Ulster and Monaghan in the All Ireland Final in Castlebar in April. The Murphy Family have been participants and supporters of Scór for many of the 50 years that we are celebrating this year.



Amhrán na bhFiann

Sinne Fianna Fáil,
atá faoi gheall ag Éirinn,
Buíon dár slua
Thar toinn do ráinig chugainn,
Faoi mhóid bheith saor,
Seantír ár sinsear feasta,
Ní fhágfar faoin tíorán ná faoin tráill.
Anocht a théam sa bhearna bhaoil,
Le gean ar Ghaeil, chun báis nó saoil,
Le gunna-scréach faoi lámhach na bpiléar,
Seo libh canaig' amhrán na bhFiann.

TODAY'S GAMES

23ú Meitheamh 2019
Páirc Thiarnaigh Naofa

EIRGRID ULSTER GAA FOOTBALL U20 CHAMPIONSHIP FIRST ROUND (11.45AM)

In the event of a draw, extra time will take place.
If still level, a penalties competition will follow.



AONTROIM V AN DÚN

Réiteoir: Conor Dourneen (An Cabhán)
Réiteoir ar fuaireachas: Enda McFeely (Dún na nGall)
Maor Líne: Maggie Farrelly (An Cabhán)
Oifigeach Taobhlíne: Mark Dorrian (Dún na nGall)
Maor: Pdraig McCabe, Gerry Sheridan, Thomas O'Keeffe & Martin Brady

CLÁR AN LAE

- 11.20am **Aontroim** amach ar an bPáirc
- 11.23am **An Dún** amach ar an bPáirc
- 11.30am Oifigigh an Cluiche amach ar an bPáirc
- 11.35am Toss
- 11.45am Tús an Cluiche: **Aontroim V An Dún**
- 12.18pm Half Time / Leath Am
Aontroim to leave the field immediately on half time whistle
An Dún to leave the field once **Aontroim** have cleared the field
- 12.19pm Cumann na mBunsol
- 12.27pm Críoch an Chluiche Cumann na mBunscol
- 12.28pm Start of Second Half / Tús an dara leath
- 1.02pm End of Game / Críoch an Chluiche
- If the Under 20 Game finishes in a draw, two periods of 10 minutes each way shall be played. If still level, penalty competition will take place.*
- 1.05pm Charity Partner Launch - Prostate Cancer
- 1.15pm Entertainment by Mayobridge Band
- 1.20pm Both County Secretaries to present Team Lists in Referees room
- 1.35pm **An Cabhán** amach ar an bPáirc

ULSTER GAA FOOTBALL SENIOR CHAMPIONSHIP FINAL (2:00PM)

In the event of a draw, the game will be replayed.



AN CABHÁN V DÚN NA NGALL

Réiteoir: Conor Lane (Corcaigh)
Réiteoir ar fuaireachas: Fergal Kelly (Longfort)
Maor Líne: Paul Faloon (An Dún)
Oifigeach Taobhlíne: Dan Mullan (Doire)
Maor: John Joe Lane, Ray Hegarty, Pat Kelly & DJ O'Sullivan

- 1.38pm **Dún na nGall** amach ar an bPáirc
- 1.45pm Oifigigh an Cluiche amach ar an bPáirc
- 1.50pm Toss
- 1.53pm Paráid (**An Cabhán** closest to the perimeter & **Dún na nGall** on the inside)
- 1.58pm Amhrán na bhFiann
- 2.00pm Tús an Cluiche: **An Cabhán V Dún na nGall**
- 2.38pm Half Time / Leath Am
An Cabhán to leave the field immediately on half time whistle
Dún na nGall to leave the field once **An Cabhán** have cleared the field
- 2.39pm Presentation to Tommy McCabe
- 2.40pm Introduction of Jubilee Team - An Dún 1994
- 2.50pm Photograph of An Dún Jubilee Team
- 2.53pm Start of Second Half / Tús an dara leath
- 3.32pm Críoch an Chluiche Shinsir / Críoch an Chluiche Shinsir
- 3.38pm Post Match Interview
- 3.40pm Presentation of Anglo Celt Cup to Captain of the Ulster Champions by Oilibhear Ó Gealagáin, Uachtaran, Comhairle Uladh

A WORD FROM OUR SPONSORS

AIB celebrates its 5th season as sponsor of the GAA Senior Football Championship and are delighted to be here at St Tiernach's Park, Clones, to watch what promises to be an intriguing clash between Donegal and Cavan in the Ulster Senior Football Final.

Backing both Club and County, AIB is also the long-term sponsor of the AIB GAA Club Championships which sees footballers, hurlers and camogie players battle it out through the winter months to claim #TheToughest prize of all. This is AIB's 28th year in association with the GAA, a partnership AIB are especially

proud of. Without Club, there would be no County. It's where players are born and bred to go on to represent their counties.

AIB recognise that in order to compete in #TheToughest games in the GAA, whether at club or county level, players dedicate their time and energy with the support of their families and communities to put it all on the line for All-Ireland glory.

AIB's involvement with GAA however extends well beyond the sponsorship with many of our staff volunteering, mentoring and playing at both Club & County Level.

We wish all those involved with the Donegal and Cavan panels all the very best today and for the remainder of the GAA All-Ireland Football Championships. We are delighted to be involved and excited by the summer of sport that awaits.

Is mise le meas,

DENIS O'CALLAGHAN



On behalf of SuperValu, I would like to warmly welcome you all to Clones today, to see these two proud sporting counties battle it out, in what is sure to be an enthralling Ulster Senior Football Championship Final.

I would like to congratulate the players from Cavan and Donegal, their loyal supporters and all those who worked hard to bring both teams here today.

SuperValu prides itself on being a valued member of every community in which we operate. Our GAA partnership has allowed us to support the development of the game - from where it all begins

at grassroots level in towns and communities across Ireland. We are very proud to have been on this journey for the past decade and we look forward to an exciting Championship ahead.

As part of our sponsorship activity this Championship season, SuperValu will work with its GAA ambassadors and the GAA community, to discover what it is that makes GAA so unique. We will explore the importance of "Where You're From" and the passion it generates in both players and fans. We will showcase this sense of community pride and how it drives the resilience of players, managers and supporters.

We have witnessed a fantastic season so far and I have no doubt that today's game will be just as exciting. I wish both teams, their management and their fans, the best of luck in today's final.

Mile buíochas,
Is Mise le Meas,

MARTIN KELLEHER
Managing Director,
SuperValu



The GAA season is truly underway and what a start it has been! Here at eir we are delighted to continue as a senior sponsor of the All Ireland Football championship and welcome both Cavan & Donegal to Clones for today's Ulster Final. It's been an amazing journey to date and we have marked this year's sponsorship by launching our new campaign #ThatOneDay.

Our campaign is based around the possibility and joy that Gaelic football brings to all of our lives. #ThatOneDay is centred around an eight part content series led by our own Tommy Bowe, a former GAA player,

who learns how some GAA fans look forward to #ThatOneDay when they get to support their county at home in a big game, when a family member or friend get #ThatOneDay to represent the community or to running out at Croke Park on an All-Ireland Final Day for #ThatOneDay.

So, #ThatOneDay can mean a whole host of different things for different people and really showcases all the areas the GAA touches in people's lives. Episode one showed the community aspect of New York GAA, Episode two looked at the diversity in the GAA through Westmeath's Boidu Sayeh, Episode three showcased

Leitrim GAA and the passion we all feel as supporters when following our team - sometimes more in hope than expectation. Finally, our latest episode features London GAA. We hope you enjoy it and please share your #ThatOneDay with us @eir on Twitter.

Best luck to both teams today.

CAROLAN LENNON



THE PROVINCIAL CHAMPIONSHIPS ARE HERE TO STAY

Brian McAvoy, Ulster GAA Provincial Secretary

The merits or otherwise of the provincial championships in hurling and football have for many years been a topic of healthy debate. In recent months this has intensified, perhaps fuelled by the creation of a new Fixtures Taskforce which will, amongst other things, look at the scheduling and structure of the inter-county championships.

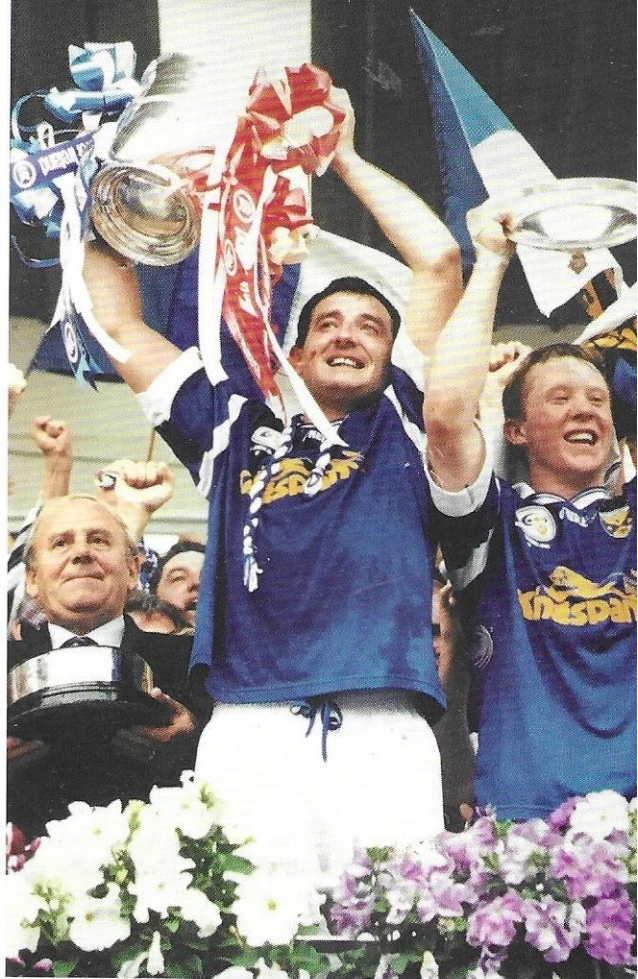
Those advocates of the scrapping of the provincial championships point to issues such as the dominance of Dublin in Leinster and Kerry in Munster and regularly come up with the almost castaway line that 'Ulster is the only competitive province' - obviously they don't pay much attention to what's going on in Connacht, never mind the thrills and spills of the Leinster and Munster Hurling Championships!

Periods of domination by one county or other in a provincial championship are not uncommon - we only have to look at the record of today's provincial finalists Cavan in Ulster to realise that - but the fact that they have won just one provincial title in the last 50 years equally illustrates how things can change.

One-sided games such as Dublin v Louth or Tyrone v Antrim in 2019 are cited as another reason as to why the provincial championships should be abandoned. In 2001 the GAA introduced the qualifiers in football and I can remember quite a few drubbings being handed out there too in the subsequent 18 years.

No matter what championship format is in place there will always be one-sided games - it's sport after all. We've had many one-sided All-Ireland Finals over the years too! However, if any other structure was to be put in place, the one ingredient that will be missing is the most important ingredient of all - the local rivalry. This is at its most intense in a provincial championship - except perhaps on the rare occasion when great provincial rivals meet in an All-Ireland semi-final or final. Even then a less than full Croke Park (except for an All-Ireland Final) will never generate the atmosphere of a 'full house' on Ulster Final day or a packed county ground in a first-round encounter, such as was the case in 2019 with that epic Down v Armagh encounter in Newry.

The local rivalry is the key reason why Ulster Championship attendances in 2019 are up on last year. In 2018 just over 98,000 watched the Ulster



Cavan captain Stephen King, along with goalscorer Jason Reilly, after defeating Derry in the 1997 Ulster Final

Championship and when the draw was made for this year's Championship, I confidently predicted that there would be a significant increase. Why? - the answer is simple really; Tyrone v Derry; Cavan v Monaghan; Down v Armagh; Fermanagh v Donegal - all 'derby' games. Take the local rivalry out of Gaelic Football and you will kill arguably the greatest aspect of it. Those advocating change don't seem to have grasped that reality.

Provincial championships have produced many iconic GAA moments. The Munster Hurling Final is an institution that has more than stood the test of time and should never be ditched. Only last weekend in 12 manic minutes Galway's hurling year was turned upside down (their entry to the Leinster Championship has enhanced this great competition). At 8.21 pm on Saturday night they were top of the Leinster Championship group (as they had been going into the game) but by 8.33 pm they had slipped to fourth place in the group and their season was over. How do those advocating the abolishment of the provincial championships plan to replicate that drama?

In conclusion, I pose the question; is there a single player playing in today's final who doesn't cherish winning an Ulster Championship medal? I'm quite certain there's not! The provincial championships mean too much to too many. They're not for going!



UNDER 20 MATCH PREVIEW

Paul McConville THE IRISH NEWS

The Down players are just fresh from lifting a cup featuring the name of one of the county's most famous sons and will now set their sights on another trophy named after a former Mourne stalwart.

The Ulster U20 Championship has been named the Danny Murphy Cup, after the former Ulster Secretary who hailed from the Burren club and served as a dedicated administrator for club, county and province for much of his life.

Managers of most teams in the newly-introduced U20 Regional Development Leagues were full of praise for the initiative as it gave their players much-needed pre-Championship game-time and had results gone a little differently, then today's opponents may well have met in that Leo Murphy Final.

Down and Antrim were in separate groups, but a final day win over Cavan

may well have put the Saffrons on the path to the final. However, despite a late rally against the Breffnimen in Glenavy, they could only manage a draw after dominating their opponents for most of the first half.

A win over Louth in Ardee following their opening day draw with Derry had handed the Saffrons a chance of advancing and even though they didn't manage to take the next step, they can take heart from the fact they finished the league section unbeaten.

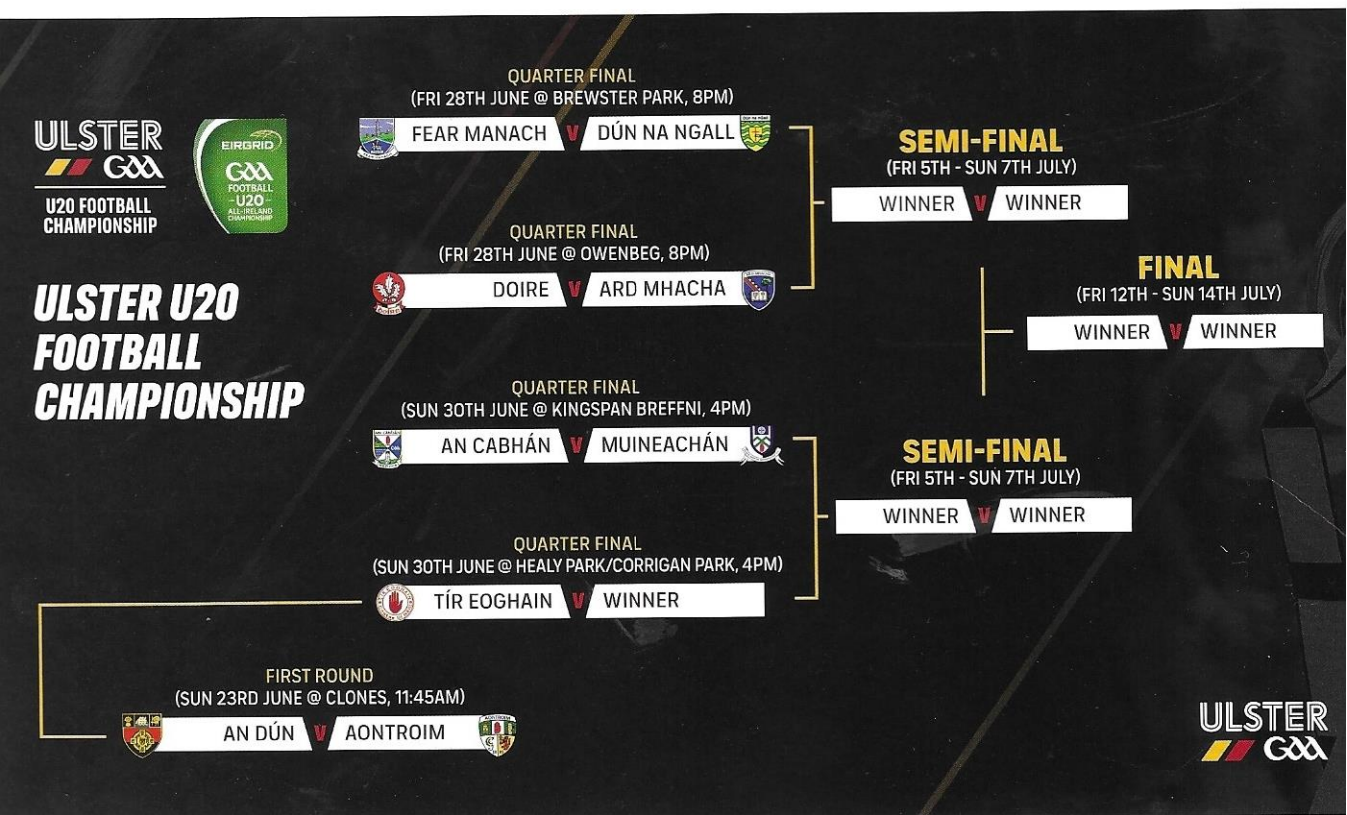
Manager Hugh McGettigan will have taken huge positives from their games in the U20 League, not least that performance against Cavan, in which they took a six-point lead at half-time. The forward line contains serious scoring threat from the likes of Pat Shivers, Dominic McEnhill and Tiernan McAteer. Cargin sharpshooter Shivers is accurate from the dead ball, the Down defenders must be disciplined in their tackling.

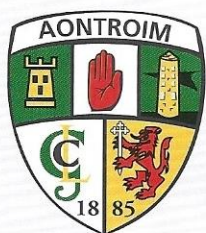
Down will go into today's fixture on a high after their six-point win over

Cavan in the Leo Murphy Cup Final in Armagh. Burren star Liam Kerr bagged 1-4 of their 1-14 total that day and will be one for the Antrim defence to keep their eye on. Kerr played a big part in his club's Down Senior Championship triumph last year, when they halted the seemingly unstoppable Kilcoo.

However, in the great Mourne tradition of attacking football they have others who will provide a scoring threat too, as they proved against the Breffnimen, with all six of their starting forwards getting on the scoresheet. The launchpad for many of their attacks will come from a solid midfield partnership of Liam Middleton and Ross Carr, the son and namesake of Clonduff's double All-Ireland winner.

A team-mate of Carr's father from that famous Down team of the 90's Conor Deegan is the U20 manager and will be hoping his side can carry their fine from the Development Leagues into the U20 Championship.





AONTROIM:

BAINISTEOIR: HUGH MCGETTIGAN

1

Micheál Ó Beirn
Micheal Byrne
Uí Dhonnabháin Rosa

2

Marcas Ó Donnaile
Marcus Donnelly
Naomh Gall

3

Séamus Mac Ladhmainn
Jamie Lamont
Achadh Gallian

4

Adhamhnán Mac an tSaoir
Eunan McAteer
Ciceam An Creagán

5

Rian Mac an Ainmhire
Ryan Convery
Ruairí Mhic Asmait

6

Eoghan Mac Cába
Eoghan McCabe
Naomh Gall

7

Seán Mac Ghafraidh
John McCaffery
Naomh Gall

8

Eoghan Mac Meanman
Eoghan McMenamin
Uí Dhonnabháin Rosa

9

Diarmuid Mac Earghláin
Dermot McErlaine
Naomh Eargnaid

10

Seán Ó Léineacháin
Jack Lenehan
Achadh Gallian

11

Tiarnán Mac an tSaoir
Tiarnan McAteer (C)
Ciceam An Creagán

12

Deaglán Mac Gabhainn
Declan Smith
Micheal Mac Daibheid

13

Ádhamh Ó Luachráin
Adam Loughran
Achadh Gallian

14

Padraig Seamhas
Pat Shivers
Clann Éireann

15

Ronán Ó Ceallaigh
Ronan Kelly
Ruairí Mhic Asmait

FIR IONAID SUBSTITUTES

- 16. **Luke Mulholland** Achadh Gallian
- 17. **Aidan Mulholland** Achadh Gallian
- 18. **Mark McAfee** Achadh Gallian
- 19. **Ciaran O'Neill** Tír Na nÓg
- 20. **Aaron McNeilly** Tír Na nÓg

- 21. **Dominic McAteer** Ciceam An Creagán
- 22. **Conal McDonald** Uí Dhonnabháin Rosa
- 23. **Rory Brolly** Naomh Brid
- 24. **Eoin Nagle** Naomh Eanna





AN DÚN:

BAINISTEOR: CONOR DEEGAN



An Dún

1

Jack Hazard
Jack Hazard
Sabhaill Naomh Phádraig

2

Peadar Ó Faogáin
Peter Fegan
Boireann

3

Ruairi Mac Ríocaird
Ruairi McCrickard
Liatroim

4

Ardan Mac Fhíobhuí
Ardan McAvoý
Boireann

5

Seán Mag Eochaidh
John McGeough
Ceathrú Aodha Dhuibh

6

Conchúr Mag Cléirigh
Conor Clarke
An Ríocht

7

Seán Annett
Shane Annett (C)
Droichead Mhaigh Eo

8

Ros Ó Ceara
Ross Carr
Cluain Daimh

9

Liam Middleton
Liam Middleton
Liatroim

10

Cathal Ó Gormáin
Cathal Gorman
Seamrógaí an Luir

11

Déaglán Mac Laghmáin
Declan McClements
Loch an Oiléain

12

Ruairí Mac Cormaic
Ruairi McCormack
Cumann Pheadair Naofa

13

Conchúr Mac Ríocaird
Conor McCrickard
Liatroim

14

Liam Mac Giolla Cheara
Liam Kerr
Boireann

15

Séamas Ó Luachráin
Seamus Loughran
Baile Cholmáin

FIR IONAIÐ SUBSTITUTES

- 16. **Ray Kelly** Boireann
- 17. **Reece Martin** Droichead Mhaigh Eo
- 18. **Ronan Harrison** Cloch Fhada
- 19. **Brendan Gallen** Bredach
- 20. **Finn McIlroy** Cloch Fhada

- 21. **Ryan McEvoy** Cill Chua
- 22. **Dean Rice** Sabhaill
- 23. **Aaron Devlin** Cluain Daimh
- 24. **Cormac O'Rawe** Bredach





ST. TIERNACH'S PARK 1944-2019

This year marks the 75th anniversary of the official opening of St. Tiernach's Park on the 6th August 1944. At that time Clones club had been looking for a permanent pitch for many years but had never succeeded in making a purchase. The club won the Senior Championship in 1943 and enthusiasm for buying and developing a home pitch was renewed in the new year. Pat McGrane, captain of the 1943 Clones team and a Monaghan county stalwart, began a term as Club Chairman in 1944 that was to span more than twenty years. A field had already been noted that would make a suitable permanent club pitch at Millbrook in the town and the owner had been approached to sell it several times in the early 1940s, but without success. The club approached the owner again in 1944 and the field was finally bought for £700.

By all accounts the number of voluntary workers and the levelling, resodding and enclosing work they got through that summer was remarkable. The newly developed

pitch hosted its first Ulster Final between Monaghan and Cavan on the 31st July 1944. The official opening of the pitch took place on the 6th August and featured two matches, Monaghan v Antrim and North Monaghan v East Fermanagh. In those early years and until 1960 Clones didn't have significant traffic problems as it was an important railway hub, at one time linking Clones by rail to Dundalk, Enniskillen, Cavan and Armagh. Over the years St. Tiernach's Park became synonymous with the Ulster Final.

The stadium development has continued over the years. The most significant redevelopment of St. Tiernach's Park took place during the 1990s with the building of the Gerry Arthurs Stand (named in memory of the former Ulster Council Secretary and Treasurer who served for more than forty years), the Pat McGrane stand, the Eastern Stand and the redevelopment of the Hill terracing. The pitch surface was renewed in 1992 and again in 2010.

TOMMY MCCABE – MR ST. TIERNACH'S PARK

Who is Tommy McCabe some of you might ask, but to all the teams and media that have been coming to Clones for the last 32 years they will all know the man himself. You hear him before you see him as on match days he's the groundskeeper that carries 70 plus keys for every gate in St. Tiernach's Park.

There is no such thing as Bank Holidays in Tommy's world when it comes to St. Tiernach's Park, and indeed any sort of holiday, if there is a match coming up, he would be ensuring that all would be in order for teams, media and supporters alike. Tommy followed on from being a brave number 1 custodian on the senior team to being custodian of the grounds themselves. All Club and County flags fluttering on match days he treats with upmost respect, but our National tricolour he treats with reverence.

We think it is fitting in the 75th anniversary year of the opening of St Tiernach's Park that we acknowledge Tommy's massive contribution as well in keeping the stadium and pitch in pristine condition all year round for so many years. As he's battling health issues currently, the club and on your behalf, all Gaels wish Tommy a speedy return to good health.



ULSTER SCHOOLS GAA ROLL OF HONOUR 2018/19



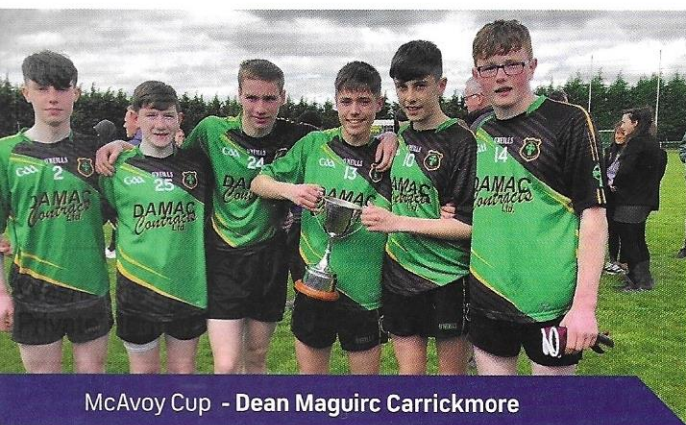
Martin O'Farrell Cup - St Mary's Magherafelt

UNDER 12.5	WINNERS
Oisín McGrath Cup	St Patrick's Maghera
Oisín McGrath B Shield	St Mary's CBS Belfast
Oisín McGrath C Shield	Gleann na Ro
Oisín McGrath D Shield	De La Salle Belfast
Oisín McGrath E Shield	St Joseph's Newry
Oisín McGrath F Shield	Gaelcholáiste Dhoire Dungiven
Martin O'Farrell Cup	St Mary's Magherafelt
McQuillan Cup	St Mary's CBS Belfast
JM Murphy Cup	Aquinas Belfast



Paddy O'Hara Cup - Virginia College

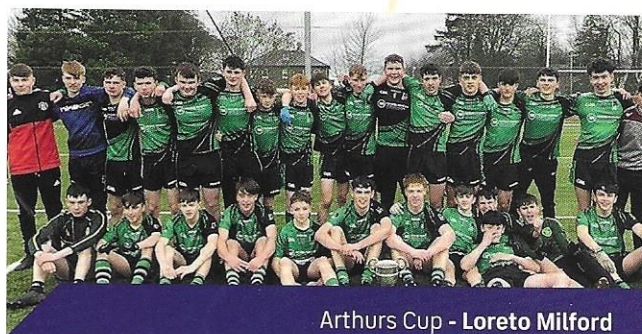
UNDER 13.5	WINNERS
D'Alton Cup	St Patrick's Maghera
Nannery Cup	Omagh CBS
Corn Colmcille	OLSS Castleblayney
Irish News Cup	Loreto Coleraine
Faul Cup	Abbey VS Donegal
Mallon Cup	Coláiste Oiriall Monaghan
Flynn Cup	Gaelcholáiste Dhoire Dungiven



McAvoy Cup - Dean Maguirc Carrickmore

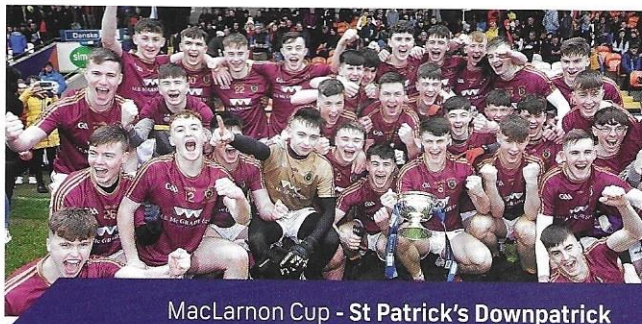
UNDER 14.5	WINNERS
Corn na nÓg	Omagh CBS
Sciath na nÓg	Aquinas Belfast
Loch an Iúir Cup	St Ronan's Lurgan
Loch an Iúir Shield	St Paul's Bessbrook
McDevitt Cup	St Joseph's Coalisland
Gerry Brown Cup	St Conor's Clady/Kilrea
Ennis Cup	Coláiste Oiriall Monaghan
Corn Mac Neasa	Gaelcholáiste Dhoire Dungiven

UNDER 15.5	WINNERS
Brock Cup	Omagh CBS
Brock Shield	St Mary's Magherafelt
Treanor Cup	Holy Trinity Cookstown
Paddy O'Hara Cup	Virginia College
McAvoy Cup	Dean Maguirc Carrickmore
Nagle Cup	De La Salle Downpatrick
Mulholland Cup	TBC



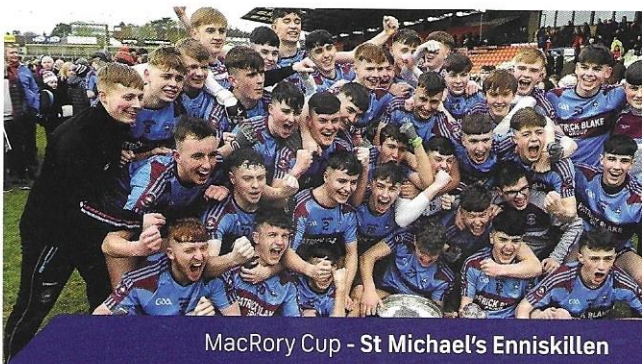
Arthurs Cup - Loreto Milford

UNDER 16.5	WINNERS
Rannafast Cup	St Colman's Newry
Rannafast Shield	St Macartan's Monaghan
Rafferty Cup	Dean Maguirc Carrickmore
Arthurs Cup	Loreto Milford
Pat King Cup	St Patrick's & St Brigid's Claudy
Clam Dúchulainn	St Benedict's Randalstown
Jill Reilly Cup	Lagan College Belfast



MacLarnon Cup - St Patrick's Downpatrick

UNDER 19	WINNERS
MacRory Cup	St Michael's Enniskillen
MacCormack Cup	Omagh CBS
MacLarnon Cup	St Patrick's Downpatrick
Markey Cup	St Columb's Derry
O'Doherty Cup	Ballybay CC
Ward Cup	St Mogue's Bawnboy



MacRory Cup - St Michael's Enniskillen

2018/19 Danske Bank Ulster Schools All Stars



1. Shea Magill (St Paul's Bessbrook)
2. Ronan Grimes (Patrician Carrickmacross)
3. Naoise Ó Mianáin (St Columb's Derry)
4. Paul Martin (Abbey CBS)
5. Brendan McKey (St Malachy's Castlewellan)
6. Matthew Murnaghan (Drumragh Integrated College)
7. Patrick Brooks (St Colman's Newry)
8. Brandon Horan (St Michael's Enniskillen)
9. Joe Oguz (St Ciaran's Ballygawley)
10. Ben McCarron (Lumen Christi Derry)
11. Michael Conroy (St Patrick's Armagh)
12. Robbie Hanratty (OLSS Castleblayney)
13. Ryan McCabe (St Patrick's Academy Dungannon)
14. Mark Hayes (Omagh CBS)
15. Tiarnan Quinn (Holy Trinity Cookstown)

HALF TIME GAMES IN ASSOCIATION WITH CUMANN NA MBUNSCOL



ROSLEA ROAD

CAVAN	
Keane McArdle	Dromintee PS, Armagh
Sean O'g Teevan	Ballyhaise NS, Cavan
Conor Kilkenny	Ballinagh NS, Cavan
Conor McCann	Saint Brigid's PS, Cloughmills, Antrim
Aaron Laverty	Scoil Padraig Naofa, Oram, Monaghan
Dillon Cunningham	Carrick PS, Burren, Down
Cahir O'Neill	Saint Canice's PS, Dungiven, Derry
Fionn Breen	Saint Mary's PS, Tempo, Fermanagh
Cillian Slater	Saint Mary's PS, Maghera, Armagh

DONEGAL	
Darragh O'Neill	Saint John's PS, Dernaflaw, Derry
Daniel Reid	Our Lady of Lourdes PS, Belfast, Antrim
Dáire Murphy	Saint Colman's PS, Saval, Down
Ross Daly	Roan Saint Patrick's PS, Eglisli, Tyrone
Oisín Gillespie	Carrick NS, Glencolmcille, Donegal
Andrew Walker	Saint Mura's NS, Burnfoot, Donegal
Darren McAnespie	Saint Mary's PS, Aughnacloy, Tyrone
Matthew Whitmore	Saint Columban's PS, Belcoo, Fermanagh
Peter Connolly	Corduff NS, Carrickmacross, Monaghan

O'DUFFY TERRACE END

CAVAN	
Fionn Mc Caul	Saint Patrick's PS, Newry, Down
Caoimhín Magee	Saint Joseph's NS, Kingscourt, Cavan
Daragh Noonan	Killygarry NS, Cavan
Thomas Mickleburgh	Saint Anne's PS, Belfast, Antrim
Ashton O'Kane	Saint John's PS, Dernaflaw, Derry
Eoin McCreesh	Saint Patrick's PS, Cullyhanna, Armagh
Padraig McCreesh	Saint Patrick's PS, Cullyhanna, Armagh
Caomhan McNally	Saint Mary's PS, Greenlough, Derry
Ryan Wray	Saint Mary's PS, Killesher, Fermanagh

DONEGAL	
Jack Mullally	Holy Trinity PS, Enniskillen, Fermanagh
Donnchadh Connolly	Urbleshanny NS, Scotstown, Monaghan
Cailín Short	Saint Comgall's PS, Antrim
Shane Tinney	Glenswilly NS, Donegal
Max Campbell	Drimnacross NS, Donegal
Calum Cope	Saint Mary's PS, Newcastle, Down
Darragh Devlin	Saint Patrick's PS, Ardboe, Tyrone
Eoghán Conway	Our Lady of Lourdes PS, Greencastle, Tyrone
Conall Alfred	Scoil Rois, Carrickmacross, Monaghan

Young Whistlers: Maitiu Monahan (Clones) & Brendan Reilly (Éire Óg)

**GIVE
RESPECT
GET
RESPECT**

Our games. Our choice.

As is customary for our Ulster Championship Games our participating Counties have been invited to send a children's team to participate in our half time GAA Give Respect - Get Respect Go Games Football game.

Many of these players are currently promoting the GAA Respect at

underage level in their County where we encourage the playing of our games in a positive, fair and enjoyable manner and where players, coaches, spectators and referees Give Respect - Get Respect from each other.

These games also permit us to promote the Go Games philosophy where a balanced approach to competition for this age group is encouraged in our Clubs and in our Schools. This approach naturally contributes to greater participation and for the development of our Games for all children and for all age groups.

Regardless of age, competition or ability our aim is to promote the principles of RESPECT at all games

through the actions of our Players, Coaches, Parents, Supporters and Referees. The programme respects the rights, dignity and worth of each person regardless of ability, age, cultural or ethnic origin, gender, sexual orientation, or religious belief and all of our clubs are encouraged to implement this programme at grass roots level.

It has now become traditional for groups of underage players to participate in half time games, in the promotion of both the RESPECT campaign and the GoGames philosophy. During these games the underage players display the many skills they have developed through their participation in Cumann na mBunscol and Club competitions.

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Ulster GAA Senior Football Championship Final 2019



OFFICIAL LICENSED GAA MERCHANDISE

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ULSTER GAA SEEKING YOUNG CLUB VOLUNTEERS FOR LEADERSHIP ACADEMY



Building on the success of the Young Leaders Programme last year, Ulster GAA have announced that they are giving another opportunity for young GAA Volunteers from across all nine counties to build on their skills, knowledge and understanding around GAA issues at a Young Leaders Academy.

The 2019 Young Leaders Academy will take place across four days in July and August: 25th and 26th July and 1st and 2nd August in Garvaghey, Tyrone. The Academy will offer the opportunity for 27 young volunteers to achieve awards across a range of areas including: GAA Foundation Coaching Course, GAA Child Protection Award, HeartStart, Sport Science, Nutrition and Lifestyle, Volunteer and Event Management, Sports Communication and GAA for all as well as 50 hours GoldMark Award and the opportunity to work towards the Joint Award – Gaisce The President's Award or DofE.

3 Young club volunteers will be selected from each county to attend, with at least 27 young volunteers aged 16-24 years participating. All young GAA volunteers are

eligible to apply for this highly prestigious programme. The programme is FREE for all participants and is part of Ulster GAA's commitment to building and developing young volunteers in sport.

Ulster GAA President Oliver Galligan said, "We are delighted to announce our plans to roll out this highly prestigious programme which will build the capacity of young volunteers across all nine counties. Our Young Leaders Programme is extremely competitive as it offers young GAA volunteers an opportunity to gain essential knowledge and experience of the GAA."

It adds real value to CVs and college applications providing the young people with an impressive file of certificates and awards. We are also delighted to add a new element this year, giving the young people an opportunity to achieve the Joint Award initiative."

Any young GAA member, aged 16-24 years old interested in gaining a place on this prestigious programme should log onto www.ulster.gaa.ie/youngleaders for further information and an application form. Alternatively please contact our Young Leaders Co-ordinator Sharon Haughey-Grimley on 028 37517 180 or email Sharon.haughey.ulster@gaa.ie

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- » Tooth Whitening
- » Crowns, Bridges, Veneers
- » Dental Implants
- » White Fillings
- » Orthodontics - Braces
- » Invisalign
- » Root Canal Treatments
- » Extractions
- » Wisdom Teeth Removal
- » Dentures inc. implant retained dentures
- » On-site Dental Laboratory
- » Pro-Smile Gum Shields
- » IV Sedation
- » Hygienist

NEW

EXTENDED OPENING HOURS

MON	8.00am - 8.00pm
TUES	8.00am - 8.00pm
WED	8.00am - 8.00pm
THUR	9.00am - 8.00pm
FRI	8.00am - 6.00pm
SAT	9.00am - 2.00pm
SUN	Closed

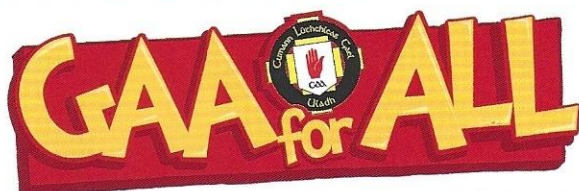
COOTEHILL

51 Market St., Cootehill, Co.Cavan
tel: (049) 555 2683

MONAGHAN

Plantation Rd, Monaghan, Co.Monaghan
tel: (047) 75575

ULSTER GAA MAKE HISTORY AS WHEELCHAIR HURLING GOES INTERNATIONAL



Ulster GAA staff and wheelchair players will make history next week as they will be the first group to represent the GAA at an international disability tournament.

The 12-man panel is made up of three wheelchair All-Star hurlers from each of the four provinces, and they will travel to take part in the 2019 European Para Games Floorball International event that takes place in Breda, The Netherlands, from June 27-29th.

Ulster's 3 players are Conn Nagle, Peadar Heffron and Peter Lewis (Antrim). Paul Callaghan (Donegal) has been appointed Head Coach while Shane Mc Cann (Tyrone) will also be part of the coaching team. Brian Armitage (Fermanagh) Chairperson of the National GAA for ALL committee will also be travelling with the squad.

Floorball is a game that is being considered for addition to the list of sports in the Paralympics and differs chiefly from wheelchair hurling in that players cannot rise the ball.

As well as representing Ireland in the Floorball International, the GAA team will also give a wheelchair hurling demonstration during their stay.

The GAA team will represent Ireland in competition against Floorball teams from Canada, Czech Republic, Germany, Morocco, The Netherlands, Poland, Portugal, Sweden, Switzerland and United States.

The team is sponsored MyClubShop, ie, owned by long-standing wheelchair hurling sponsor Martin Donnelly, and is captained by Sligo



Back Row (Left to Right): Paul Callaghan (Head Coach), Michael Geoghegan (GAA for All committee) John Horan (Uachtarán) Brian Armitage (GAA for ALL Chairperson).

Front Row (Left to Right): James Mc Carthy (vice -captain) & Pat Carty (captain)

player Pat Carty with Limerick Paralympian James McCarthy vice-captain.

Uachtarán John Horan said: "Thanks to the work of the GAA For All committee there is a programme in place to make our games as inclusive as possible.

Wheelchair hurling is a skilful game that lives up to the motto of the GAA being a place Where We All Belong and is really going from strength to strength.

Through this invitation to play in Breda we have a chance to acknowledge some of our very best players with the

opportunity to not only compete at a very high level but to represent their country in doing so."

Additionally Ulster GAA hosted Round 2 of the National Wheelchair Hurling Blitz in Omagh Leisure Centre on Saturday 15th June.

It turned out to be a very successful day for the provincial team as they won all 3 of their games, beating Connacht 3-0, Munster 3-0 and Leinster 6-1 respectively. They are now top of the league and hope to continue their winning ways when they travel to the next round at Breafy House, Mayo in August.

FUEL *your game*

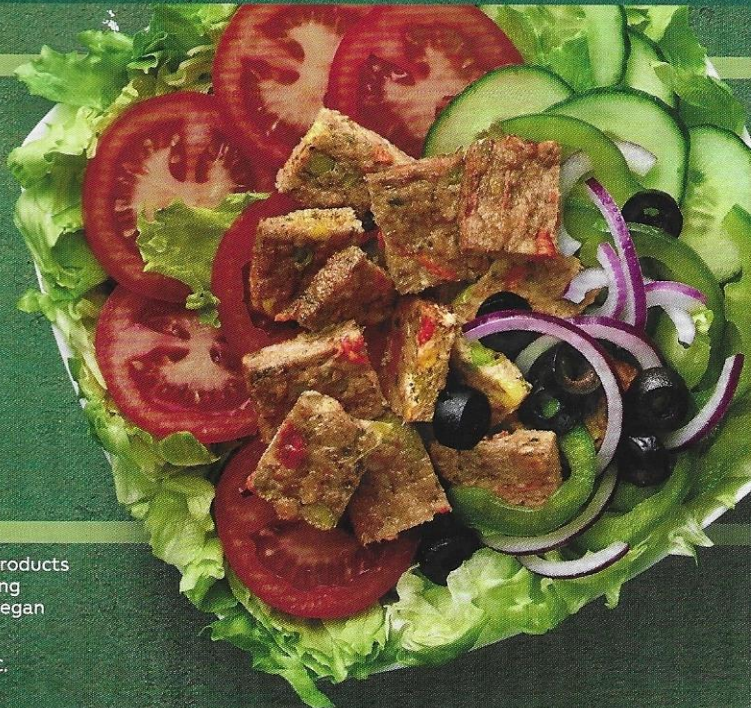
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Try our tasty NEW Vegan Patty, packed full of delicious sweet peppers, red onions, spinach, garlic and chilli.

New
Vegan Sub

New
Vegan Salad with
Vegan Garlic Aioli



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ULSTER GAA "SUPPORTING PROSTATE CANCER RESEARCH"

Over 4500 men in Ireland are diagnosed with prostate cancer annually. Recently in the UK prostate cancer deaths have exceeded breast cancer deaths with over 11,000 men per year dying of aggressive forms of prostate cancer. At present 1 in 8 men will develop a clinically significant prostate cancer in their lifetime with those aged 50 or more (the majority of cases are diagnosed in men aged 65 or older) or with a family history of prostate cancer at increased risk.

Signs & Symptoms

Prostate cancer is often diagnosed when men present to their GP with urinary symptoms including getting up more frequently at night, inability to empty the bladder completely, or going to the toilet more frequently. It is important to note that whilst these symptoms can prompt investigations, more often than not, the symptoms are not a result of the cancer but that of a benignly enlarged prostate. Many men are diagnosed with prostate cancer following routine checks in the absence of symptoms; following a

routine blood test called Prostate Specific Antigen (PSA).

Treatment

Patients with localised disease within the prostate have a number of curative options available to them including surgery, radiotherapy, brachytherapy (seed radiation) and in some instances active surveillance whereby the cancer is low risk but monitored closely for change. For some men, however, prostate cancer can spread to the bones and other parts of the body, leaving the disease incurable. Even with advanced incurable disease newer treatments enable men to live with the disease for many years beyond diagnosis. If you have concerns about yourself or a family member consult with your GP.

Prostate Research at Queen's University Belfast

The Prostate Clinical Research Team in QUB comprises a team of Clinical Research and NHS Consultant Oncologists led by Professor Joe O'Sullivan, Dr. Suneil Jain, Dr. Aidan Cole and



Dr Aidan Cole, CCRCB at Queens University Belfast and Oliver Galligan, Ulster GAA President launch Ulster GAA's new charity partners for 2019-2020.

Dr. Darren Mitchell coupled with expert scientific research from the Centre for Cancer Research and Cell Biology (CCRCB). The aim is to improve patient care by leading world-class clinical research. The Prostate Clinical Research Team is internationally renowned, leading the way in innovative trials, shaping the treatment of prostate cancer, increasing survival and reducing side effects from treatment. As well as improving education for patients and healthcare workers the team supervise research from medical students, scientists, physicists and clinical doctors. The team are dedicated to ensuring that our patients and their families have the best treatments at the correct time and that the continued improvements in overall survival continue for men diagnosed with prostate cancer.

If your club would like to get involved in creating greater awareness of prostate cancer, or would like to support the fund-raising efforts please contact maura.mcmenamin.ulster@gaa.ie

DOWN GAA LEGEND ADVISES MEN TO "SEEK ASSISTANCE AS EARLY AS POSSIBLE"

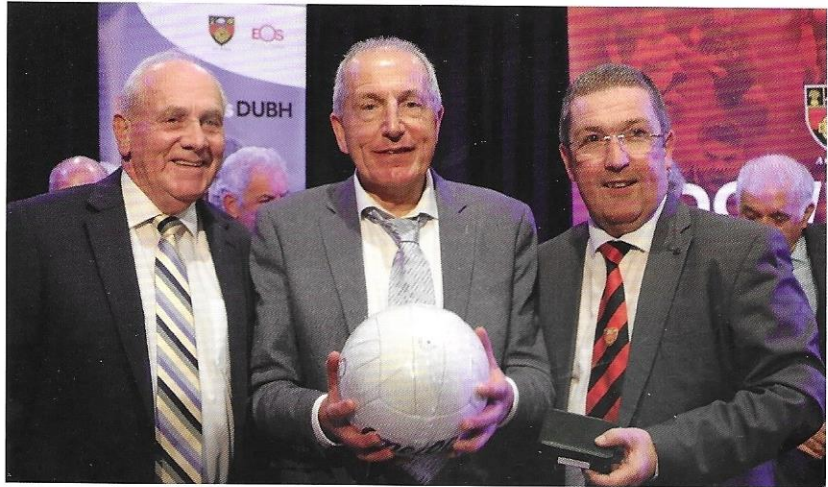
Colm McAlarney, arguably one of Down's best-known Gaelic Footballers, has a positive story to tell about Prostate Cancer.

Awarded man of the match in Down's victorious 1968 All-Ireland Final, Colm represented Down and Ulster for three decades. He played in 10 Ulster Finals, winning five; won five Railways Cups, and was awarded All-Stars in 1975 and 1978.

Colm has linked-up with Dr Aidan Cole (Senior Lecturer and Consultant in Clinical Oncology) at QUB and the NI Cancer Centre. His current research aims include improving the use of advanced imaging techniques (PSMA-PET, multiparametric MRI) to aid prognostication and treatment for prostate cancer patients and he is one of the key members of the Clinical Trials team in the Cancer Centre.

Aidan is a son of Mickey Cole, former team-mate of Colm McAlarney and fellow All-Ireland winner with Down in 1968. Together with Ulster GAA, both men have kindly offered to visit clubs interested in hosting a Prostate Cancer awareness talk.

Colm talks candidly and positively about his experience of prostate cancer: "I commend Ulster GAA for choosing Prostate Cancer Research in QUB as their charitable cause for 2019. Given the wide reach of our Association, it provides



Colm McAlarney pictured with Ulster GAA President, Oliver Galligan and Down GAA Chairperson, Sean Rooney

an ideal platform to raise awareness of the disease and the vital importance of early detection. I am living proof of the importance of early diagnosis.

I had no signs or symptoms whatsoever, until after a routine blood test for something unrelated in 2010. I was contacted by my GP after noticing that my PSA levels were high. I had no idea what that acronym meant! But soon realised its importance. After a biopsy, a cancerous tumour was diagnosed but thankfully it was localised within

the prostate and therefore treatable. I then was the beneficiary of first-class care throughout from the team at the NI Cancer Centre. I am now enjoying life and the superb entertainment provided by this year's Ulster Championship! So my advice to all men or families concerned about prostate cancer is to seek assistance as early as possible"

If your club or county would like to host a Prostate Awareness Talk please contact maura.mcmenamin.ulster@gaa.ie to schedule an event.

BBC SPORT NI

Listen to today's game live via
bbc.co.uk/sportni and on
BBC Radio Ulster (FM & DAB)


Listen to live coverage of the Ulster teams in the All Ireland Senior Football Championship this summer on BBC Radio Ulster

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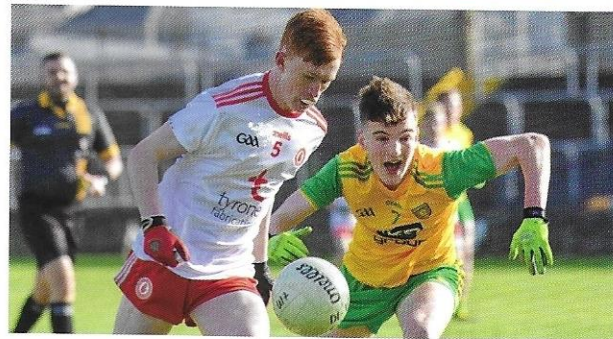
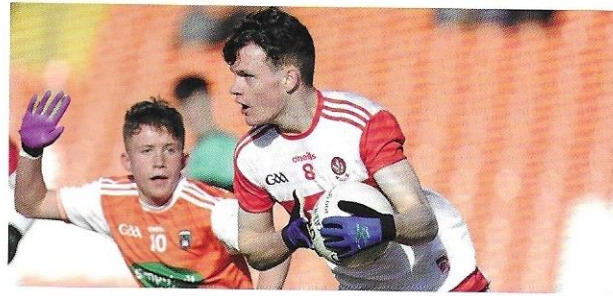
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ULSTER GAA MINOR FOOTBALL CHAMPIONSHIP

2019 has thrown up yet another fiercely competitive Minor Football Championship with numerous subplots emerging over the past two months; Derry overcoming Armagh's rigid defence in Round 1, Monaghan's clinical display to defeat Tyrone in Carrickmore in Round 2, as well as Tyrone and Donegal emerging from a highly competitive Qualifiers Round 3.

Those four contested the semi-finals on Friday evening, and by the time we reach Clones this afternoon, the two finalists should be known. Monaghan progressed to that stage from the Preliminary Round with wins over Down, Antrim and Tyrone. They were joined in the direct route by Derry, who overcome Armagh and Cavan to reach the final four. Tyrone and Donegal have enjoyed a more scenic route to this stage. After meeting each other in Round 1, defeat for Donegal meant they had to negotiate their way past Armagh and Cavan. Tyrone's victory set up a Round 2 clash with Monaghan, but after being put to the sword by the Farney, they had to regroup and overcome Down to make the semi-finals.



ULSTER
GAA
MINOR FOOTBALL
CHAMPIONSHIP



ULSTER MINOR FOOTBALL CHAMPIONSHIP

PRELIMINARY ROUND

1-13 MUINEACHÁN V AN DÚN 1-10

ROUND 1

1-02 AONTROIM V MUINEACHÁN 0-06

0-04 ARD MHACHA V DOIRE 1-05

2-14 AN CABHÁN V FEAR MANACH 1-07

1-08 DÚN NA NGALL V TÍR EOGHAIN 1-12

QUALIFIERS ROUND 1

1-14 ARD MCHACHA V AONTROIM 1-09

ROUND 2

0-19 DOIRE V AN CABHÁN 1-12

0-13 TÍR EOGHAIN V MUINEACHÁN 3-8

QUALIFIERS ROUND 2

2-18 DÚN NA NGALL V ARD MHACHA 2-12

0-11 FEAR MANACH V AN DÚN 1-12

QUALIFIERS ROUND 3

1-10 AN DÚN V TÍR EOGHAIN 1-15

2-7 AN CABHÁN V DÚN NA NGALL 1-18


SEMI-FINALS (FRI 21ST JUNE)

DOIRE V TÍR EOGHAIN

DÚN NA NGALL V MUINEACHÁN

FINALS (FRI 12TH - 14TH JULY)

WINNER V WINNER



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SPORT// TOURS// THEATRE//
COMEDY//VISUAL ARTS + MORE

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ULSTER GAA – ABOUT US

Funding Distribution

Central GAA distributions, Commercial Income, Matchday Income and Public Funding are the four primary sources of income for Ulster GAA. Ulster GAA distributes over €4 million annually to Coaching and Community Development initiatives in our Clubs and in our Counties. Ulster GAA administers Club Physical Development Grants in excess of €450,000 annually to clubs throughout Ulster to aid the enhancement of our facilities.

It is with the aid of a huge number of volunteers that Ulster GAA is able to co-ordinate major club and county competitions that attract over 250,000 patrons annually. From the income associated with these fixtures a large amount is re-distributed back to clubs and counties. Grants in excess of €1.5 million have been provided to competing Ulster Club Championship teams since 2009 and over €300,000 is provided to Ulster Counties on an annual basis for County Team/Venue Expenses.

Ulster GAA also provides annual Grants of over €225,000 to other affiliations including Ladies Football, Camogie, Handball and Ulster Schools as well as Cultural projects

Safeguarding

Ulster GAA Safeguarding team provide support, advice, training and manage the vetting process of all volunteers working with Children and Young People across the 9 counties and in both legal jurisdictions in Ulster. 2019 will see us reach over 50,000 volunteers vetted through AccessNI/Garda Vetting and trained in Safeguarding 1, across the province.

Supporting our volunteers as they implement our GAA Safeguarding Policies and as they navigate their way through some very complex safeguarding matters is one of our key objectives. In order to achieve this, we work closely with volunteers at grass roots level and in particular, our Club and County Children's Officers and Designated Officers. Together we strive to create and maintain the safest possible environment in which our Children and Young People can participate in Gaelic Games and Activities.

Games Administration

Games Administration team is responsible for the administration of games under the provincial banner in addition to transfer requests, disciplinary matters and development of our match officials.

Within the province, we manage and coordinate all fixtures at inter-county and inter-club level, tournament applications, challenge game requests and Ulster Schools fixtures. In addition to this, we play an integral role in various National initiatives such as Feile, Celtic Challenge, Tain Óg Leagues, Talent Academy competitions and most recently, the U20 Football Regional Leagues. In 2018, this equated to approximately 400 fixtures across 15 different competitions, along with the Ulster Schools fixtures programme of 1,500 games. These games are officiated by referees from our provincial referees panel and the Ulster Referees Academy.

Coach Education

UGAA annually deliver a multitude of coach education programmes targeting new and experienced coaches alike. These include NGB Foundation, Level 1 and Level 2 coaching awards accredited by Sport Ireland, hurling & football coach development workshops at regional and club level and OCN GAA Team Management and Performance Coaching Level 3 diplomas and an annual themed coaching conference. Since June 2018 over 1600 coaches have been trained and accredited and are now on the coaching ladder at a variety of levels from club underage to county senior set up.

Ulster GAA has also invested heavily in tutor development. We currently have 109 trained tutors throughout the 9 counties and have recently upskilled 15 new tutor trainers or coach developers, as they are now known, who will assist in the continuing development of our tutors.

Club Support Programme

One of our aims is to develop self-sufficient and sustainable clubs across the province. We assist clubs with this through our Club Support Programme. This programme is designed to assist clubs in developing and implementing appropriate structures to help promote and develop coaching and games in the club.

A club coaching plan allows members to identify goals and focuses activity and assists with recruitment and training of new and current members. We currently have 92 clubs across the province receiving support through this programme incorporating 1,196 club coaches. The programme is delivered by our full-time staff and our volunteer tutors.

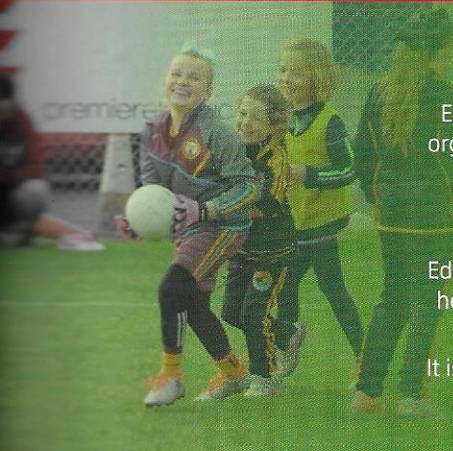


The Sports Programme 2019/20

Ulster GAA recently secured funding in partnership with the IFA from DENI and the Education Authority to develop a pilot Physical Education programme. This will allow both organisations to employ 12 staff each and deploy them to develop P5-7 pupils and teachers utilising the KS2 PE curriculum within the 6 counties.

The objective is to target a high percentage of schools with high social need and the aims of the project are to provide specialist support to deliver the Key Stage 2 Physical Education Curriculum – particularly focusing on athletics, dance, games and gymnastics to help raise confidence, resilience, self-esteem and motivation of all pupils and assist in the ongoing development of teachers during this process.

It is anticipated that Ulster GAA coaches will deliver a minimum of 3,600 one-hour Physical Education sessions to a minimum of 12,000 pupils in at least 144 primary schools during the school year.



Health and Wellbeing

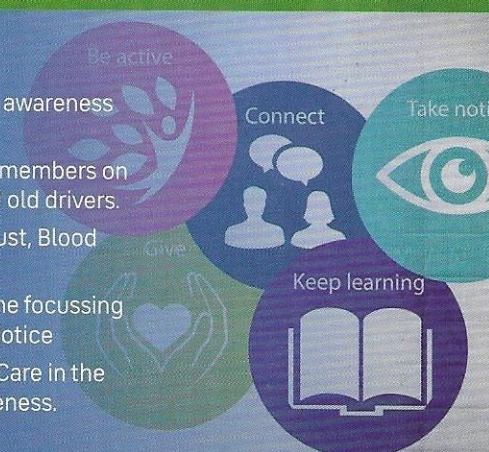
Ulster GAA has developed a number of Health & Wellbeing programmes to raise awareness of key issues that may affect our members across the province.

Live to Play - Our Road Safety programme aims to raise awareness and educate members on how best to stay safe on the roads. Aimed at primary school children, young and old drivers.

Up for the Match? - Donor programme in partnership with the Anthony Nolan Trust, Blood Sub campaign and NHS Organ donation

Take 5 Campaign in association with PHA - Mental Health awareness programme focussing on the 5 steps to wellbeing – Give, Be Active, Connect, Keep Learning and Take Notice

Other initiatives including partnerships with RNLI (Water Safety), Cancer Focus (Care in the Sun), Gambling Awareness, One Punch Campaign, Heart Start and Cardiac Awareness.



Club and Volunteer Development

Ulster GAA has developed a Volunteer Development Pathway that provides club volunteers with training and support in their governance roles, while also recognising our young volunteers.

Club Officer Training - 58 clubs were involved and 103 Club officers trained in 2019

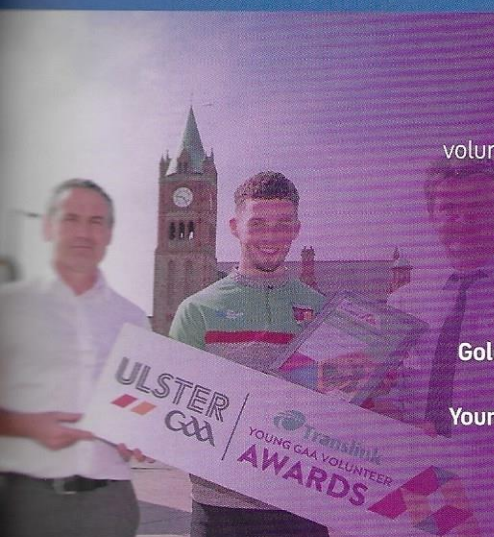
Club Officer Development - 102 clubs were involved and 217 club officers attended

Elevate Club Leadership Programme - 7 clubs and 44 Club volunteers have been involved in 2019

Goldmark - In association with Volunteer Now, this programme recognises volunteering in sport among 14-24-year olds

Young Leaders Programme - Approximately 30 young people from all over Ulster avail of a 4-day training, development and leadership course during July

Translink Young Volunteer of the Month - award scheme to recognise outstanding volunteer efforts in clubs across the province



For information on any of our programmes or initiatives please contact info.ulster@gaa.ie

MATCH PROGRAMMES

The selling of official matchday programmes during the 2019 USFC were primarily driven by two of our charity partners, namely The Michaela Foundation and Cancer Research UK. We are grateful of their support and Ulster GAA will make a donation to both charities.



**CANCER
RESEARCH
UK**

Cancer Research UK are the world's leading cancer charity dedicated to saving lives through research. We are the largest charitable funder of cancer research in Northern Ireland spending almost £3 million in Northern Ireland last year. Our work relies on the generosity of ordinary people right across the country as we receive no government funding.

Today 1 in 2 people will be diagnosed with cancer in our lifetime. Right now, thanks to research, 2 in 4 people currently diagnosed with cancer will survive for 10 years or more. Cancer Research UK want to accelerate this progress and see 3 in 4 patients survive by 2034. We have a long way to go but every day our scientists are making great advances towards achieving this ambition.

We are only charity researching all 200 types of cancer, including the one that matters the most to you. Research isn't the only thing we do. Every year we help millions of people get the information they need to help them understand and cope with the disease. Together with our supporters we campaign to keep cancer high on the political agenda. We promote prevention, early diagnosis and screening amongst our communities. We are actively working with communities across Northern Ireland. We have over 50 fundraising groups and one Relay for Life committee, made up entirely of volunteers, working to promote the charity in their communities as well as fundraising for us.

UNITED WE ARE STRONGER THAN CANCER. TOGETHER WE WILL BEAT CANCER.



Michaela Foundation is a non-profit national youth charity that was established in 2011 to celebrate the life and values of Michaela McAreavey née Harte. The mission of Michaela Foundation is to promote our core values through each and every initiative we operate. Michaela Foundation delivers three initiatives throughout the year engaging with thousands of young people throughout Ireland, they include: Michaela Foundation Girls' Summer Camps, Heart & Soul Retreats and our Wings Awards initiative.

Each of these initiatives are designed to help young people realise their own potential. In 2019 we will host 20 of these summer camps throughout Ireland. These camps are for girls aged 11-13 and the focus of them is to help raise confidence and self-acceptance through fun and engaging activities.

The Michaela Foundation Summer Camp ethos is unique. At Camp, our leaders aim to provide an enriching and welcoming environment full of fun. Michaela Foundation Girls' Summer Camps are hives of busy activity whilst still giving the Campettes the opportunity to rest and reflect. Our host venues ring with laughter and shake with dancing whilst Camp is in full flow.

We have a high ratio of voluntary leaders to Campettes, ensuring that high levels of support are provided for the Campettes. It also means that our Campettes will have increased contact time with leaders to talk about all the little things that make them happy or any worries that they may have.

Nine of these camps have already sold out but there are still limited spaces available at camps throughout Ulster. See our website michaelafoundation.com or email enquiries@michaelafoundation.com for more information.

MATCH PROGRAMMES

The selling of official matchday programmes during the 2019 USFC were primarily driven by two of our charity partners, namely The Michaela Foundation and Cancer Research UK. We are grateful of their support and Ulster GAA will make a donation to both charities.



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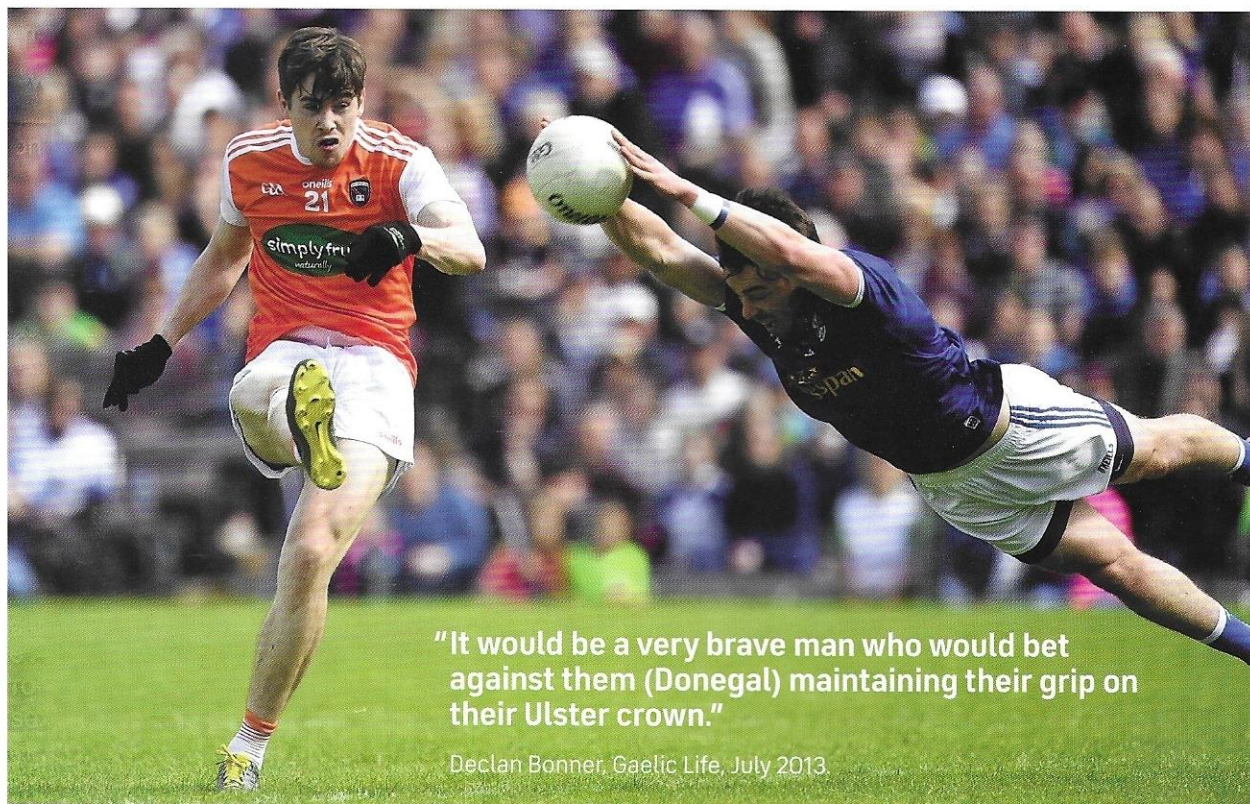
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SENIOR PREVIEW

By Niall McCoy

GaelicLife



"It would be a very brave man who would bet against them (Donegal) maintaining their grip on their Ulster crown."

Declan Bonner, Gaelic Life, July 2013.

The current Donegal boss had more freedom to express his views six years ago, and such a saying wouldn't dare escape his lips in the build up to today's clash with Cavan as the Tir Chonaill county once again attempt to keep hold of the Anglo Celt Cup.

That 2013 Ulster Final is a relevant one for Cavan, for general reasons rather than for any particular tactical insight. That was the game that made the current Monaghan team; that was the victory that elevated them into the top bracket. Malachy O'Rourke's side were a 7/1 shot going into the contest but a sensational display, when everything just clicked, secured a 0-13 to 0-7 win against Donegal. They have been regarded as a top team ever since.

Cavan aren't at that level even though they played in a higher division than Donegal in the National League this year. The plaudits for Mickey Graham's side have rightly arrived after they reached a first provincial final since 2001, but it will still take victory this afternoon - and the subsequent spot in the 'Super 8s' - for them to truly register on the nation's radar.

There's been plenty in their wins over Monaghan and Armagh to suggest that they can trouble the favourites. There was the brilliant defensive display to keep Monaghan to 12 points in the quarter-final while there was the attacking freedom that saw them hit 0-40 in their two games - plus a bout of extra-time - against Armagh.

Marrying those two together for the Donegal match is a necessity. If they cough up the chances that they did in the replay against the Orchard county, this contest will be over by half-time.

Donegal fans truly are enjoying a golden era. A win today would take their Anglo Celt haul into double figures with half of those arriving since 2011. A lot of things are falling into place right now. Patrick McBrearty is back from a long-term injury and is only going to get sharper, Michael Murphy is playing like, well, Michael Murphy and in Jamie Brennan they have one of the most exciting young talents in the province. The Bundoran man has 1-7 from the wins over Fermanagh and Tyrone, while Bonner has watched 12 of

his players raise flags over those two games.

Criticisms thus far have been hard to find. They took their time to warm up against the Erne county while a four-point win over Tyrone was not indicative of their dominance. In Shaun Patton's kick-outs they now have a weapon that can be effective against teams that drop off or push up.

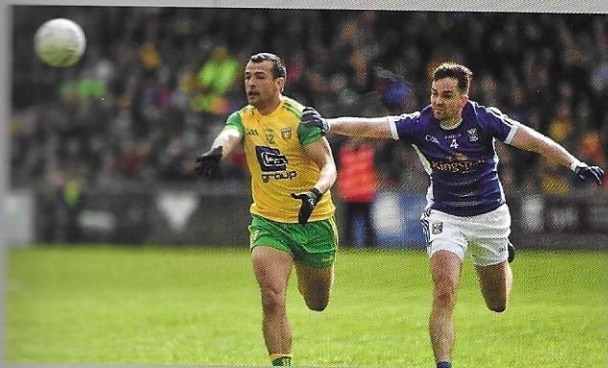
Cavan will have seen how damaging it was for Derry last year and Tyrone a few weeks ago when Patton bypassed the press, so an aggressive approach on kick-outs is unlikely to be adopted by the Blues. How they deal with those restarts will have a massive impact on the outcome.

It has been an excellent Ulster Championship to date and it deserves a fitting finale. For the romantics that would be a first title for the Breffni county since 1997. Romance doesn't always win out though. He may not say it publicly this time around, but Bonner knows that it would be a brave man to bet against the green and gold ribbons adorning the famous cup once more.

THREE PREVIOUS MEETINGS

By Ronan Scott

GaelicLife



Donegal's Frank McGlynn gets his pass away despite close attention from Niall Murray in the 2018 meeting.

2018 Ulster Championship First Round

May 13 2018, Ballybofey

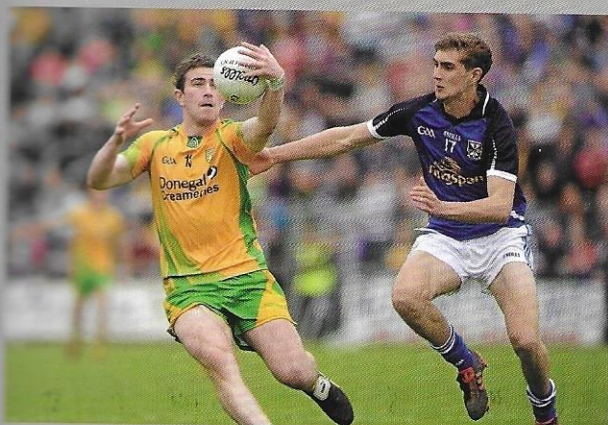
Donegal 2-20 Cavan 1-15

Donegal were the better team, but it was far from a complete performance for Declan Bonner's side. They started slowly, allowing Cavan to take an early lead, but then reeled off 1-9 to take control of the first half. Michael Langan and Ciaran Thompson were the stand-out performers in that half.

Before that, Cavan had felt that they were in good shape when Caomhin O'Reilly finished a move started by Killian Clarke who cut the Donegal defence open. O'Reilly's goal left the score at 1-3 to 0-4, but then Donegal went on their run. At half time they led by 1-10 to 1-6.

In the second half, Donegal continued their scoring spree and Michael Murphy, Leo McLoone and Jamie Brennan piled the pressure on Cavan.

Cavan challenged again, thanks to Cian Mackey and Gearoid McKiernan, but Donegal hit back with points from McBrearty and a Cian Mulligan goal.



A fresh faced Patrick McBrearty and Killian Clarke during the 2012 clash

2017 National League Division One

March 4 2017, Kingspan Breffni

Cavan 0-11 Donegal 1-16

Cavan were promoted to Division One in 2016, in second place of Division Two behind Tyrone. Donegal reached the league semi-finals that year, losing to Dublin.

In 2017, Cavan began their top tier campaign with a win and a loss, but were up against a Donegal team who had drawn with Dublin in the previous round. Cavan had also missed a game as their third round meeting with Tyrone was postponed. Perhaps the lay off didn't help them, but nor did the sending off of Killian Clarke five minutes before half time.

Many of the Cavan team were on the U21 teams that beat Donegal in the Ulster Finals of 2013 and 2014, but Donegal started five of their Ulster U21 championship winning side, such as Eoghan Ban Gallagher and Micheal Carroll. Donegal raced into the lead thanks to Scores from Michael Murphy, Ciaran Thompson, Darach O'Connor and Frank McGlynn.

In the second half, Eoin McHugh's goal gave Donegal a greater advantage that they would not relinquish. Rory Gallagher's teams cruised to victory, while Mattie McGleenan's side finished with 13 men when Cian Mackey was black carded and couldn't be replaced as they had used all their subs.

2012 Ulster Championship First Round

May 20 2012, Kingspan Breffni

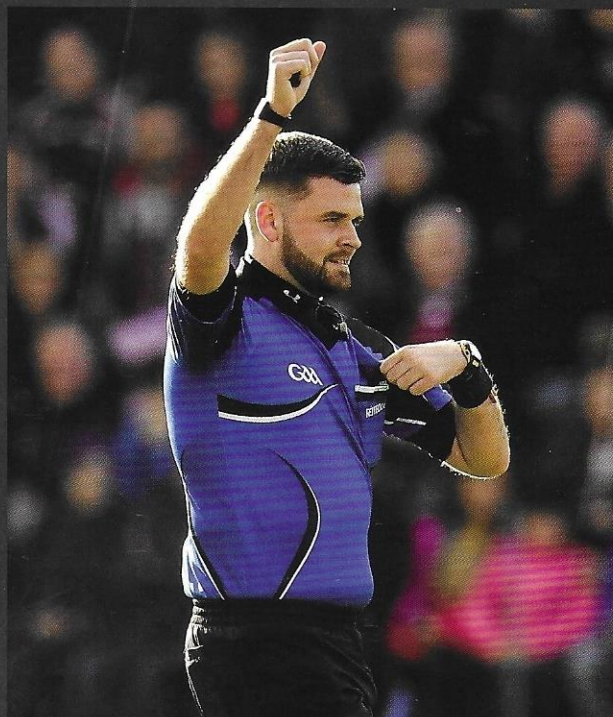
Cavan 1-10 Donegal 1-16

Donegal, as Ulster champions went into the Ulster series as favourites to win, having beaten Derry in the previous season's final using Jim McGuinness's strict defensive system. Cavan's chances were not without hope, as they had won the 2011 and 2012 Ulster u-21 championships.

Yet Donegal would dominate this game. After a close start, Donegal took control as Neil McGee raced forward and hit the equaliser to make it 0-4 apiece. Then Colm McFadden, Rory Kavanagh and Leo McLoone gave Donegal a three point lead. Things got worse for Cavan when Killian Clarke fouled Paddy McBrearty in the area and Colm McFadden converted the penalty.

In the second half, Donegal continued to pile on the scores, from McFadden, Mark McHugh and Frank McGlynn. There was some respite for Cavan from David Givney, and Niall McDermott scored a penalty, but the result was never in doubt.

NA RÉITEOIRÍ



Conor Dourneen

Club: **Ballinagh**

Contae: **An Cabhán**

Hailing from the Ballinagh GAA club in County Cavan, Conor joined the Ulster Panel in 2013 and has been on the National Support Panel for the past four years. Conor has had previous experience in the U20 Championship, having overseen the Provincial Semi Final last year between Derry and Down, while then been appointed as Standby Referee for the Final.

This year the Cavan official has a number of games in the Ulster GAA Football Minor Championship; earlier this year he refereed Donegal and Tyrone in Ballybofey, last year saw him oversee the tie of Donegal and Monaghan, while in officiated in the 2017 pairing of Derry and Tyrone.

On the club scene, Conor was man in the middle for the Ulster Senior Club League Final between Ballinderry and Kilcoo back in March, while last year seen the 26 year old take charge of his first Cavan Senior Championship Final between Castlerahan and Crosserlough. Following this, he was appointed to take charge of the Ulster Junior Championship Final in Celtic Park when Naomh Colmcille of Donegal overcome Derry's Limavady.

Conor also dons the white coat and has umpired at three Ulster Senior Football Finals, one Connacht Senior Football Final and one Munster Senior Football Final, along with the 2015 All-Ireland Senior Final in Croke Park between Dublin and Kerry.



Conor Lane

Club: **Banteer/Lyre**

Contae: **Corcaigh**

The Banteer/Lyre clubman has been a member of the National Referees Championship panel since 2012, and during that time has taken charge of two All-Ireland Senior Football Finals – the most recent being last year's decider between Dublin and Tyrone.

In 2013, Conor refereed the Connacht Senior Football Final between the novel pairing of London and Mayo. Later that year he took charge of the All-Ireland Minor Football Final when Mayo defeated Tyrone and finished off the year by refereeing the Munster Senior Club Final between Dr Croke's and Cratloe.

Since then Conor has refereed a second Munster Senior Club Final in 2014 and the All-Ireland Senior Club Final of 2016 when Ballyboden St Enda's overcame Castlebar Mitchel's. 2016 was also the year Conor refereed the first of his two All-Ireland Senior Football Finals, when he overseen the drawn game between Dublin and Mayo.

Conor got this year's Senior Football Championship underway when he was the man in the middle for New York and Mayo in Gaelic Park back at the beginning of May. He also took charge of Cavan's victory over Monaghan in the Ulster Championship quarter final and most recently whistled the Leinster Championship semi final between Dublin and Kildare.

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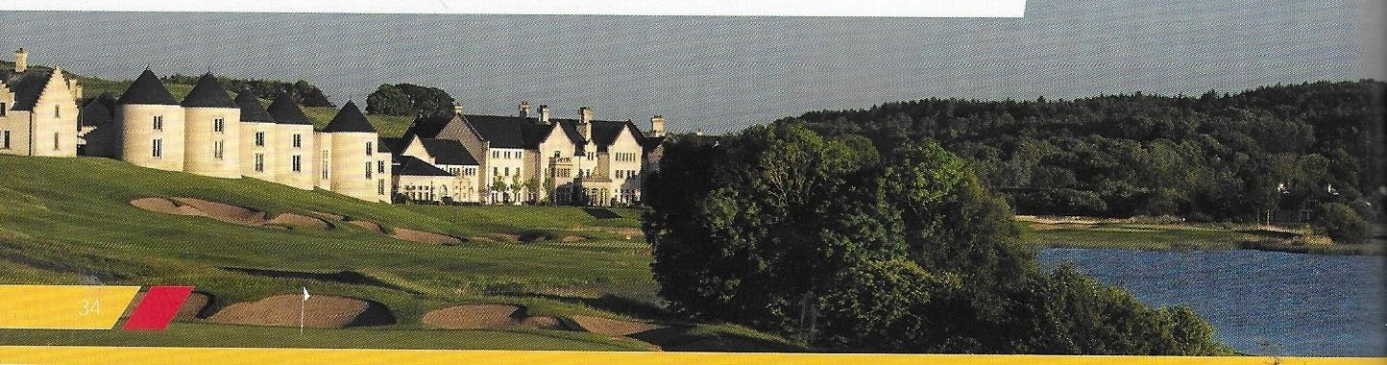
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PIVOTAL PLAYERS

AN CABHÁN V DÚN NA NGALL

By Michael McWilliams
THE IRISH NEWS



An Cabhán - Cian Mackey

It might seem strange to suggest a man who has been limited to action from the bench in the Ulster Senior Football Championship thus far could be the main man for Cavan, but if they are to get over the line for a first title since 1997, Cian Mackey could have a huge role to play.

Mackey has turned in a series of impressive cameos for Mickey Graham's team to date, most notably when climbing off the bench to fire over three vital points in the drawn semi-final against Armagh.

The Castlerahan veteran also had a big impact in the replay and if Cavan can keep within touching distance of Donegal for the first half, Mackey's influence should be huge as he seeks a first Ulster medal, 14 years after his senior inter-county bow.



Dún na nGall - Jamie Brennan

MICHAEL Murphy and Patrick McBrearty have been the established scoring threats for Donegal for a number of years at this stage, but the emergence of Bundoran's Jamie Brennan over the last couple of seasons has added another string to the Tír Chonaill attacking bow.

Brennan has been on fire recently, scoring goals in his side's last three League games - including the final win over Meath - to help deliver promotion, while the Championship has, if anything, brought even more out of him.

The ace marksman took the bull by the horns in a tight opener against Fermanagh, his accuracy from confined spaces proving the difference between the sides.

And he went up another level in the semi-final victory over Tyrone, scoring the all-important goal and adding three more points, in the process getting the better of a host of markers the Red Hands tried against him.

His elusiveness and clinical finishing could well be the key factor against Cavan.



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ONE MINUTE WITH OISIN PIERSON...

Club: Gowna

Favourite pitch / An pháirc is fearr leat: Gowna

Favourite hobby / An caitheamh aimsire is fearr leat: Football

Childhood hero / Laoch d'óige: Owen Mulligan

Best player you have played with / An t-imreoir is fearr a d'imir leat: Mark McKeever

Best player you have played against / An t-imreoir is fearr d'imir i d'aghaidh: David Clifford

Best game you have been involved in / An cluiche is fearr inar imir tú: 2019 Ulster Semi final replay v Armagh

Which team mate is the worst dresser / Cén ball foirne nach bhfuil faiseanta: Cian Mackey

Favourite song / An t-amhrán is fearr leat: Don't give in - Snow Patrol

Favourite film / An scannán is fearr leat: American Sniper

Favourite holiday destination / An áit is fearr chun saoire a chaitheamh inti: New York

Favourite meal / An béile is fearr leat: Steak

Biggest influence on career / An duine is mó a raibh tionchar acu ort le linn na gairme? Family

Club volunteer of note / Oibrí deonach inmholta an chlub: The tea ladies after training

Biggest strength in your game / Láidreacht do Chluiche: Shooting

Area of your game you would like to improve / An bhfuil rud ar bith a ba mhaith leat a fheabhsú insa dóigh a n-imríonn tú: Everything needs improving

Sporting hero you most admire / An Laoch Spóirt is mó meas acu orthu: Ronnie O'Sullivan

Advice for young players / Comhairle d'imreoirí óga: Work hard and enjoy it

Best thing about the GAA / An rud is fearr faoin CLG: The craic

Twitter / Facebook: Twitter

Instagram / Snapchat: Instagram

Up early / Lie in: Lie in

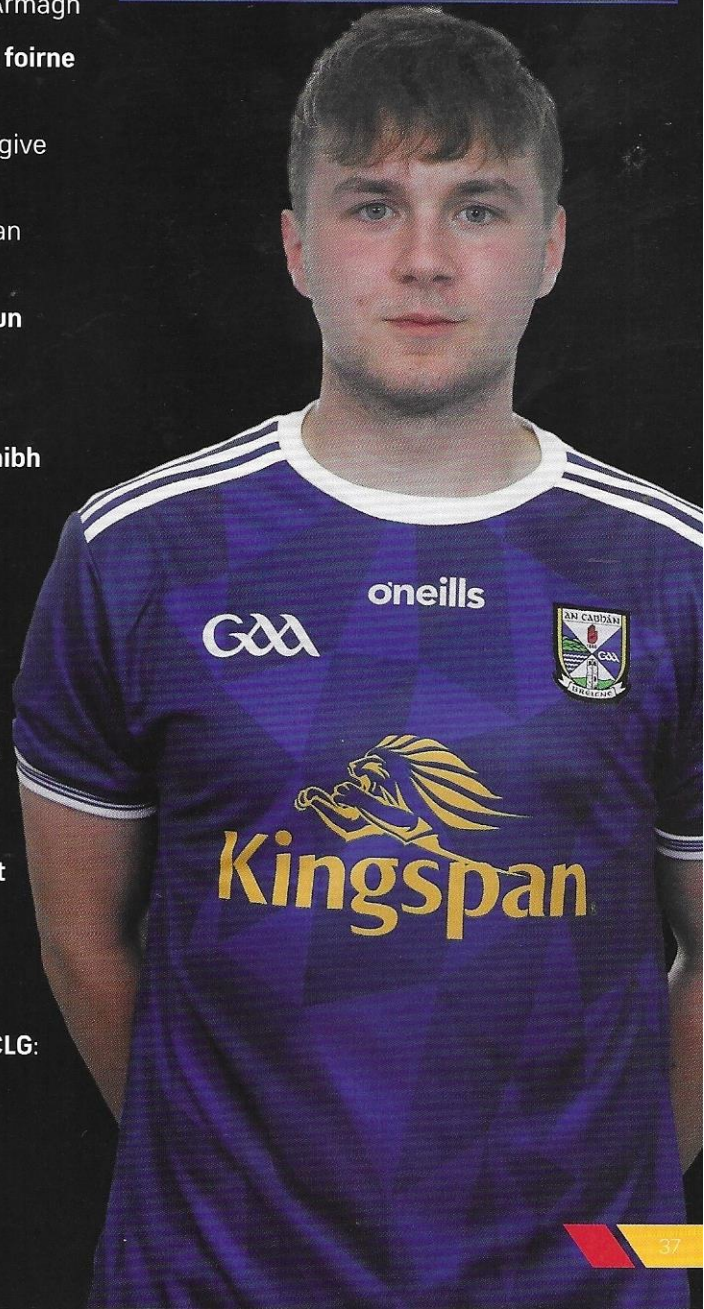
Chinese / Pizza: Pizza

Playstation / Xbox: PlayStation

Superman / Batman: Batman

X Factor / Strictly Come Dancing: Neither

Sock / No Socks: Socks



CAVAN PEN PICS



Barry Fortune



Club: Gaeil an Chabháin
Age: 24
Championship debut: Armagh 2019

Caoimhin O'Reilly



Club: Droichead an Bhuiltléaraigh
Age: 23
Championship debut: Monaghan 2017

Cian Mackey



Club: Caisleán Reathain
Age: 32
Championship debut: Meath 2005

Ciaran Brady



Club: Ármach
Age: 25
Championship debut: Monaghan 2015

Conor Bradley



Club: Ramor Aontaithe
Age: 23
Championship debut: Donegal 2018

Conor Brady



Club: Loch Gamhna
Age: 21
Championship debut: Monaghan 2019

Conor Madden



Club: Loch Gamhna
Age: 25
Championship debut: Monaghan 2017

Conor Moynagh



Club: Drumgoon
Age: 26
Championship debut: Roscommon 2015

Conor Rehill



Club: Cros ar Loch
Age: 21
Championship debut: Monaghan 2019

Christopher Conroy



Club: An Leamhai
Age: 22
Championship debut: Monaghan 2019

Dara McVeety



Club: Cros ar Loch
Age: 25
Championship debut: Fermanagh 2013

Enda Flanagan



Club: Caisleán Reathain
Age: 25
Championship debut: Donegal 2018



Gearoid McKiernan



Club: An Muileann Iarainn
Age: 28
Championship debut: Donegal 2011

Gerard Smith



Club: An Leamhai
Age: 25
Championship debut: Armagh 2016

Jack Brady



Club: Ramor Aontaithe
Age: 26
Championship debut: Donegal 2012

James Smith



Club: Cros ar Loch
Age: 20
Championship debut: N/A

CAVAN PEN PICS



James Galligan



Club: Leacain
Age: 25
Championship debut:
N/A

Jason McLoughlin



Club: Gaeil Na Sionnáine
Age: 26
Championship debut:
Donegal 2012

Killian Brady



Club: Mullach Odhrain
Age: 27
Championship debut:
Armagh 2013

Killian Clarke



Club: Searcóg
Age: 25
Championship debut:
Donegal 2012

Liam Brady



Club: Ramor Aontaithe
Age: 22
Championship debut:
N/A

Luke Fortune



Club: Gaeil an Chabháin
Age: 21
Championship debut:
N/A

Mark Stuart



Club: Cros ar Loch
Age: 28
Championship debut:
N/A

Martin Reilly



Club: Coill an Gharraí
Age: 32
Championship debut:
Mayo 2007

Michael Argue



Club: Choill an Chollaigh
Age: 25
Championship debut:
Derry 2013

Niall Clerkin



Club: Searcóg
Age: 24
Championship debut:
Monaghan 2017

Niall McKiernan



Club: Leacain
Age: 27
Championship debut:
N/A

Niall Murray



Club: Gaeil an Chabháin
Age: 28
Championship debut:
Donegal 2011

Oisín Kiernan



Club: Caisleán Reathain
Age: 26
Championship debut:
Donegal 2018

Oisín Pierson



Club: Loch Gamhna
Age: 20
Championship debut:
Armagh 2019

Padraig Faulkner



Club: Dún a Rí
Age: 24
Championship debut:
Armagh 2016

Patrick O'Reilly



Club: Cros ar Loch
Age: 21
Championship debut:
N/A

Paul Graham



Club: Gaeil an Chabháin
Age: 25
Championship debut:
Armagh 2019

Pierce Smith



Club: Cros ar Loch
Age: 22
Championship debut:
N/A

Raymond Galligan



Club: Leacain
Age: 32
Championship debut:
Donegal 2012

Sean O'Connor



Club: Ceiltigh na Muinchille
Age: 22
Championship debut:
N/A

Stephen Murray



Club: Gaeil an Chabháin
Age: 25
Championship debut:
Armagh 2019

Stephen Smith



Club: Cros ar Loch
Age: 21
Championship debut:
Monaghan 2019

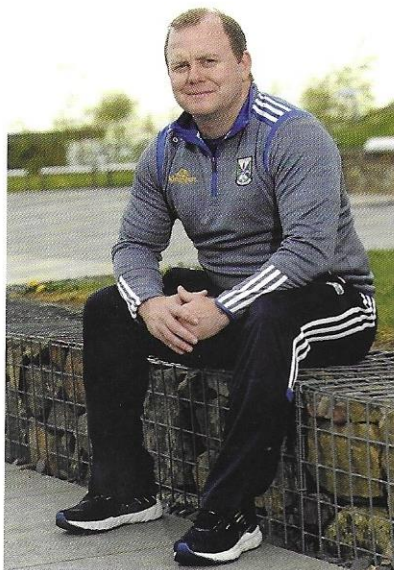
Thomas Galligan



Club: Leacain
Age: 22
Championship debut:
Offaly 2017

A VIEW FROM THE TOP

THE THOUGHTS OF CAVAN'S MANAGER AND CAPTAIN



CAVAN MANAGER
MICKY GRAHAM

Today's Ulster Senior Final sees a Cavan team return to this prestigious stage for the first time since 2001. This is a county with a proud tradition and we will give our all in our quest to try and bring the Anglo Celt Cup back to the Breffni County for the first time in 22 years.

The combined efforts from players, management, backroom team, County Board, sponsors, our clubs and our supporters has helped us progress to this final.

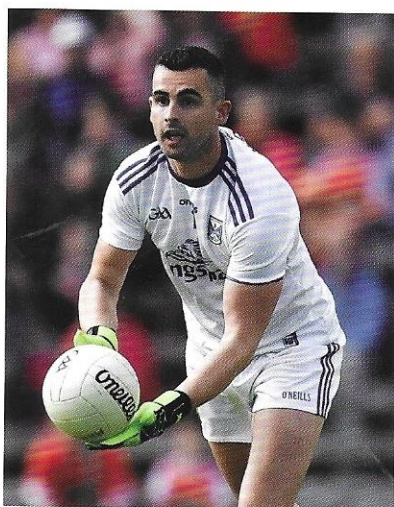
The players have demonstrated an incredible willingness to make very significant sacrifices. They have responded positively and enthusiastically to all that has been asked of them and maintained a very focussed and positive belief in what could be achieved by this group. Every member of the panel has contributed enormously to us progressing to this stage. I thank them for their efforts to date and am utterly confident in their desire and ability to continue that progression.

I want to thank my management team, Dermot McCabe, Martin Corey and John Denning who have left no stone unturned in-order to allow this group of players showcase the full range of their talents. They have been ably assisted by our very dedicated backroom team and I want to thank all of those involved for their significant contributions.

Cavan County Board together with, our sponsors, (including our main sponsor Kingspan), and our clubs have been unstinting in their support. I also wish to acknowledge the ongoing support of Club Breifne. I thank you all.

To our very loyal band of supporters, I say thanks for being there to lift us in the low times and to roar us on when we reached for the peaks. I look forward to seeing St. Tiernach's Park swathed in Blue & White and hear the loyal Breffni supporters in full voice today. I wish to thank my family and the all the families and partners associated with this group for their support and for the great sacrifices you have made on this journey.

Finally, congratulations to Declan Bonner and his Donegal team and supporters on reaching today's final. I look forward to a fiercely competitive contest and I have no doubt both teams will be eager to bring back the Anglo Celt Cup to their respective counties come Sunday evening. May the best team on the day prevail.



CAVAN CAPTAIN
RAYMOND GALLIGAN

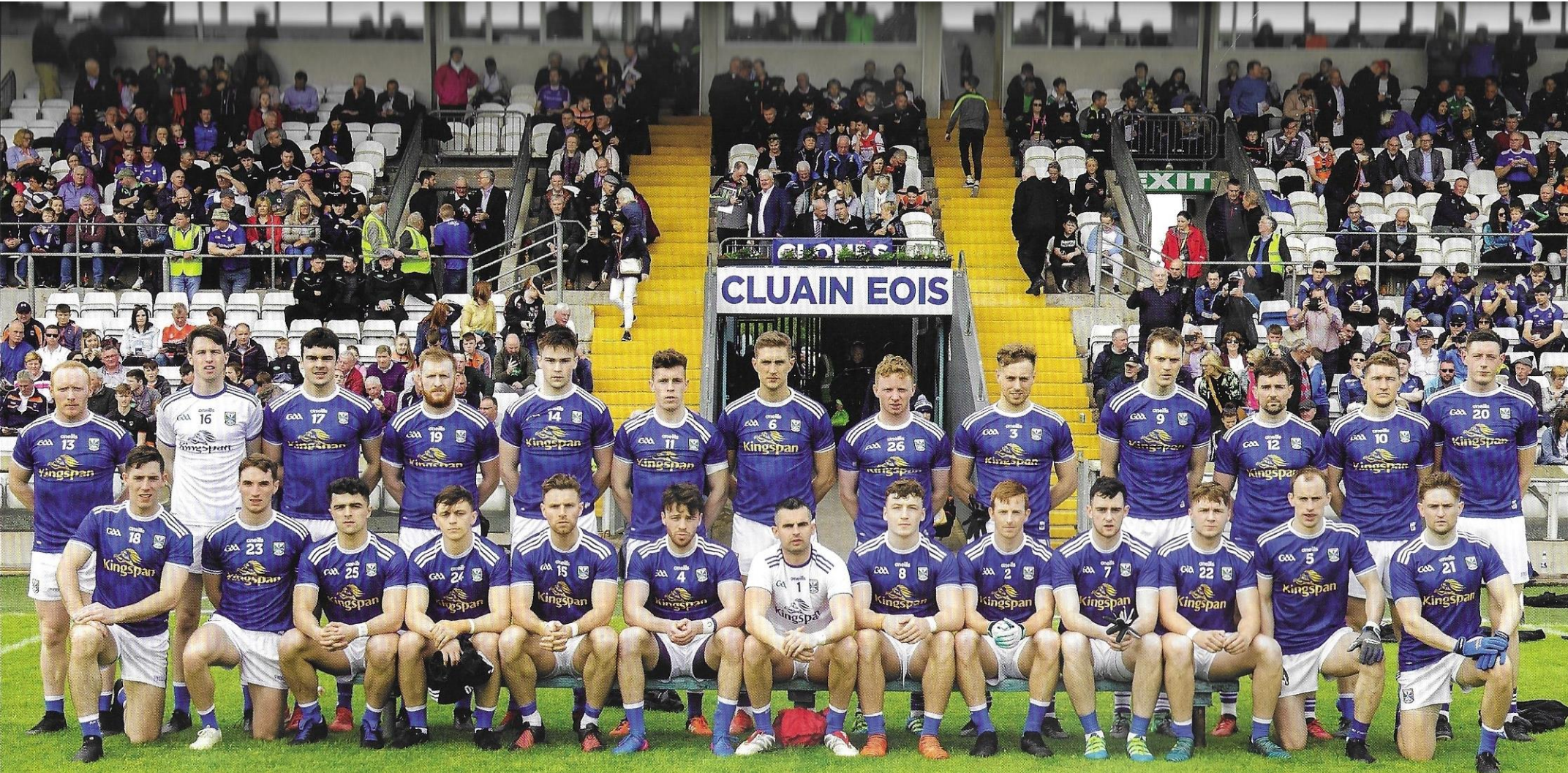
It is a great honour and privilege to be captaining this Cavan team as we head into today's Ulster Senior Final. We return to this prestigious stage for the first time since 2001 and seek our first Anglo Celt Cup since 1997. For a county with such a proud tradition it has been too long on both fronts and we earnestly hope that by the final whistle today the Anglo Celt Cup will be heading back to the Breffni County.

That we have progressed to this final is down to a combined input from players, management, backroom team, County Board, sponsors, our clubs and our supporters.

The players have put in a trojan effort and made enormous sacrifices since the panel came together in late 2018. The saying goes that "a chain is only as strong as its weakest link", but in the case of this panel of

players there have been no weak links as the level of intensity in training has never waned from any player as we have driven each other on to reach ever increasing heights as we move forward. As captain, I could not have asked for anything more from these men and I am both humbled and very proud to lead them into battle on Ulster Final day.

Our management team led by manager Mickey Graham and his selectors, Dermot McCabe, Martin Corey and John Denning have put in timeless hours in plotting the path forward and allowing the team to perform to its very best. They have been ably assisted by our very dedicated backroom team, who have catered for all our needs from physical development, injury prevention & management, nutrition, video analysis, match analysis, player welfare and equipment.



Back (Left to Right): Cian Mackey, Liam Brady, James Galligan, Christopher Conroy, Thomas Galligan, Dara McVeety, Killian Clarke, Jack Brady, Padraig Faulkner, Gearoid McKiernan, Niall Murray, Disin Kiernan and Michael Argue.

Front (Left to Right): Killian Brady, Niall Clerkin, Caoimhin O'Reilly, Barry Fortune, Conor Madden, Conor Moynagh, Raymond Galligan, Conor Brady, Jason McLoughlin, Conor Rehill, Oisín Pierson, Martin Reilly and Stephen Murray.





AN CABHÁN:

BAINISTEoir: MICKEY GRAHAM

1

Réamonn Ó Gealagáin
Raymond Galligan (C)
Leacain

2

Iasón Mac Lochlainn
Jason McLoughlin
Gaeil Na Sionainne

3

Padraig Ó Fachtna
Padraig Faulkner
Dún a Rí

4

Conchúr Múineach
Conor Moynagh
Droim Dhúin Éire Óg

5

Máirtín Ó Raghallaigh
Martin Reilly
Coill an Gharraí

6

Cillian Ó Cléirigh
Killian Clarke
Searcóg

7

Conchúr Ó Reighill
Conor Rehill
Cros ar Loch

8

Conchúr Ó Brádaigh
Conor Brady
Loch Gamhna

9

Gearóid Mac Thiarnáin
Gearoid McKiernan
An Muileann Iarainn

10

Oisín Mac Thiarnáin
Oisín Kiernan
Caisleán Reathain

11

Dara Mac an Bhiaitaigh
Dara McVeety
Cros ar Loch

12

Néil Ó Muirí
Niall Murray
Gaeil an Chabháin

13

Cian Ó Maca
Cian Mackey
Caisleán Reathain

14

Tomás Ó Gealagáin
Thomas Galligan
Leacain

15

Conchúr Ó Madáin
Conor Madden
Loch Gamhna

FIR IONAIID SUBSTITUTES

- 16. **Liam Brady** Ramor Aontaithe
- 17. **Barry Fortune** Gaeil an Chabháin
- 18. **Jack Brady** Ramor Aontaithe
- 19. **Caoimhin O'Reilly** Droichead an Bhuítléaraigh
- 20. **Ciaran Brady** Ármhach
- 21. **Killian Brady** Mullach Odhrain

- 22. **Oisín Pierson** Loch Gamhna
- 23. **Stephen Murray** Gaeil an Chabháin
- 24. **Gerard Smith** An Leamhaí
- 25. **James Galligan** Leacain
- 26. **Christopher Conroy** An Leamhaí





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DÚN NA NGALL:

BAINISTEOIR: DECLAN BONNER



1

Seán Ó Peatáin
Shaun Patton
Naomh Adhamhnáin

2

Pádraig Mac Craith
Paddy McGrath
Ard an Ratha

3

Niall Mac Aoidh
Neil McGee
Gaoth Dobhair

4

Stiofan Mac Meanman
Stephen McMenamin
Aodh Rua, Cuil Mhic gCuirridín

5

Riain Mac Aodha
Ryan McHugh
Cill Chartha

6

Dáire Ó Baoill
Daire Ó Baoill
Gaoth Dobhair

7

Eoghan Bán Ó Gallchóir
Eoghan Bán Gallagher
Na Cealla Beaga

8

Aodh Mac Pháidín
Hugh McFadden
Na Cealla Beaga

9

Deasún Mac Aoidh
Jason McGee
Cloch Cheann Fhaola

10

Ciarán Mac Thomáis
Ciaran Thompson
Naomh Conaill

11

Leo Mac Giolla Úain
Leo McLoone
Naomh Conaill

12

Jamie Ó Braonáin
Jamie Brennan
Realt na Mara

13

Pádraig Mac Breartaigh
Patrick McBrearty
Cill Chartha

14

Mícheál Ó Murchú
Michael Murphy (C)
Gleann tSúilí

15

Mícheál Ó Longáin
Michael Langan
Naomh Mícheál

FIR IONAIÐ SUBSTITUTES

- 16. **Paul Durcan** Baile Buadáin, Naomh Éanna
- 17. **Frank McGlynn** Gleann Fhinne
- 18. **Niall O'Donnell** Naomh Adhamhnáin
- 19. **Caolan McGonagle** Buncranncha
- 20. **Eamonn Doherty** Naomh Adhamhnáin
- 21. **Paul Brennan** Realt na Mara

- 22. **Odhrán McFadden Ferry** Gaoth Dobhair
- 23. **Caolan Ward** Naomh Adhamhnáin
- 24. **Brendan McCole** Naomh Náille
- 25. **Oisín Gallen** Sean Mac Cumhaill
- 26. **Eoghan McGettigan** Naomh Conaill



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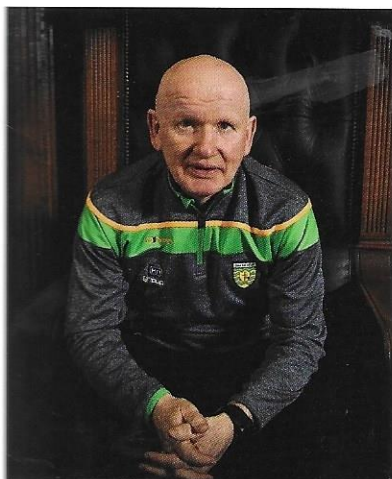
Back Row (Left to Right): Odhran Mac Phaidin Ó Fearraigh, Ciaran Diver, Michael Carroll, Paul Brennan, Paul Durcan, Eoghan Ban Gallagher, Michael Langan, Leo McLoone, Ciaran Thompson, Neil McGee, Jason McGee, Hugh McFadden, Niall O'Donnell, Michael Lynch, Caolan Ward and Brendan McCole.

Front Row (Left to Right): Frank McGlynn, Aaron Doherty, Paddy McBrearty, Eoin McHugh, Daire O'Baoill, Jamie Brennan, Ryan McHugh, Michael Murphy, Paddy McGrath, Stephen McMenamin, Eoghan McGettigan and Eamonn Doherty.



A VIEW FROM THE TOP

THE THOUGHTS OF DONEGAL'S MANAGER AND CAPTAIN



DONEGAL MANAGER DECLAN BONNER

The Ulster championship is a very special competition, the most fiercely contested provincial championship in Ireland and six or seven Ulster teams would have fancied their chances of glory in 2019. Therefore, it is with great pride that I am here today managing a squad that has worked immensely hard to get to today's final. I am truly honoured to lead them.

The Ulster Final in Clones is a wonderful occasion, one that I've luckily experienced as player and

as manager. We are delighted to be part of it for the second year in succession. While Donegal are reigning Ulster champions it does not dampen our hunger for success. An Ulster medal is a treasured possession and we'll be doing all we can to put the Anglo Celt in the front of our team bus again this year.

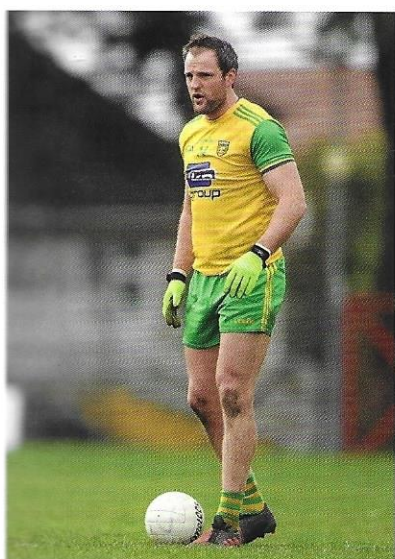
Since the start of the season the squad and all the backroom team, medical staff and conditioning coaches have worked extremely hard to put Donegal back among the top teams in Ireland. It was dis-appointing to be relegated to Division 2 last year but the hard work and 24/7 commitment of the players paid off with the National League title in April. It is the Championship that truly tests a team's mettle. The squad realise this. It has taken a huge effort to get to Clones today and the players do not intend to let themselves or the fans down,

Cavan represent an enormous challenge. They eliminated a seasoned Monaghan team fancied to emerge from that side of the draw. Playing against Ireland's top teams in Division 1 stood to them. They were again hugely impressive in defeating a strong and well-prepared Armagh. The replay battle

hardened them and they showed great character to comprehensively see off a determined Armagh comeback with an impressive total of twenty three scores.

Cavan's rise under Mickey Graham is no surprise. Mickey is a fantastic manager and proved his worth winning the Leinster club championship against the odds. He has honed the huge reservoir of talent evident in recent u-21 successes. It will take a top Donegal performance to win today and I believe a tough but enthralling encounter is in prospect.

I would like to thank the players for all the commitment to Donegal football. I also appreciate the support from mentors, all backroom staff, county board and our sponsors, kn group and The Abbey Hotel. As is always for Donegal, our supporters are fantastic. They always turn out in big numbers and give a great lift to the players on the pitch. They are appreciated more than they realise and provide huge motivation to the players to give their best. This afternoon in Clones we plan to give them plenty of opportunities to wave the green and gold and to bring the Anglo Celt back to the Hills.



DONEGAL CAPTAIN MICHAEL MURPHY

It is a tremendous honour for me to captain my county in today's Ulster GAA Senior Football Championship Final.

I have been fortunate enough to raise the Anglo Celt Cup in the past most recently last year, our first win since 2014 and it felt like a very long time break. It would be a great privilege to captain this squad to back-to-back championships by winning again this year.

While we senior players have experienced success here in the past, we have many new players in

the squad and we will all be pulling together in a common cause today: to become the 2019 champions of Ulster.

Cavan have had very good results in the championship to date and played Division 1 football this year and they will provide a serious challenge today.

Our supporters have given us phenomenal backing this season, even with the games coming so thick and fast. They have outnumbered our opponents in every game so far, and it is something we players can sense, and feed off, on the pitch.

Thank you for your support -we are proud to represent you.

DONEGAL PEN PICS



Aaron Doherty



Club: Naomh Columba
Age: 19
Championship debut: N/A

Brendan McCole



Club: Naomh Naillé
Age: 21
Championship debut: N/A

Caolan McGonagle



Club: Bun Cranncha
Age: 23
Championship debut: Cavan 2018

Caolan Ward



Club: Naomh Adhamhnáin
Age: 26
Championship debut: Antrim 2017

Ciaran Diver



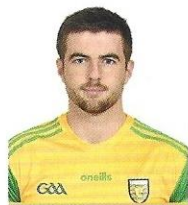
Club: Bun an Phobail
Age: 23
Championship debut: N/A

Ciaran Thompson



Club: Naomh Conaill
Age: 24
Championship debut: Fermanagh 2016

Daire O'Baoill



Club: Gaoth Dobhair
Age: 21
Championship debut: Derry 2018

Eamon Doherty



Club: Naomh Adhamhnáin
Age: 28
Championship debut: Galway 2015

Eoghan Bán Gallagher



Club: Na Cealla Beaga
Age: 23
Championship debut: Monaghan 2016

Eoghan McGettigan



Club: Naomh Conaill
Age: 20
Championship debut: N/A

Eoin McHugh



Club: Cill Chartha
Age: 24
Championship debut: Fermanagh 2016

Frank McGlynn



Club: Gleann Fhinne
Age: 32
Championship debut: Leitrim 2007

Hugh McFadden



Club: Na Cealla Beaga
Age: 25
Championship debut: Galway 2015

Jamie Brennan



Club: Réalt na Mara
Age: 22
Championship debut: Antrim 2017

Jason McGee

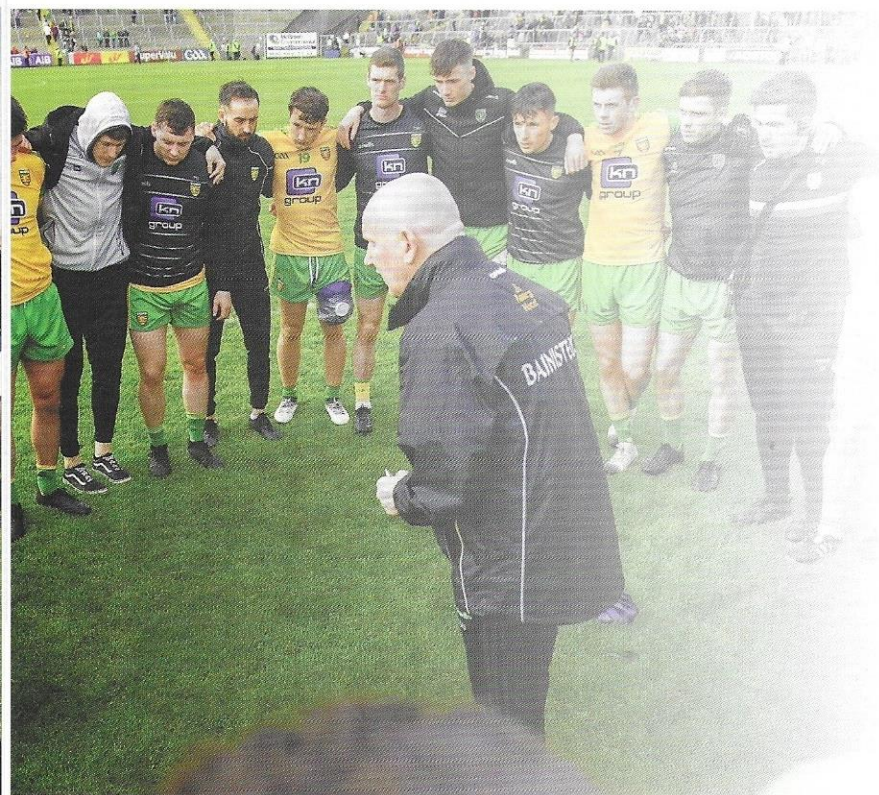


Club: Cloch Cheann Faola
Age: 21
Championship debut: Antrim 2017

Kieran Gillespie



Club: Gaoth Dobhair
Age: 22
Championship debut: Monaghan 2016





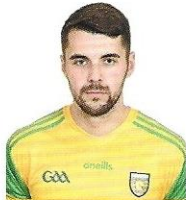
DONEGAL PEN PICS

Leo McLoone



Club: Naomh Conall
Age: 30
Championship debut: Carlow 2009

Michael Carroll



Club: Gaoh Dobhair
Age: 21
Championship debut: Antrim 2017

Michael Langan



Club: Naomh Micheal
Age: 21
Championship debut: Antrim 2017

Michael Lynch



Club: Naomh Colmcille
Age: 22
Championship debut: N/A

Michael Murphy



Club: Gleann tSúilí
Age: 30
Championship debut: Leitrim 2007

Neil McGee



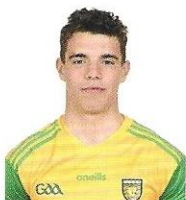
Club: Gaoh Dobhair
Age: 33
Championship debut: Down 2006

Niall O'Donnell



Club: Naomh Adhamhnain
Age: 20
Championship debut: Cavan 2018

**Odhran McFadden
Ferry**



Club: Gaoh Dobhair
Age: 21
Championship debut: N/A

Oisín Gallen



Club: Seán Mac Cumhaill
Age: 18
Championship debut: Tyrone 2019

Paddy McBrearty



Club: Cill Chartha
Age: 25
Championship debut: Antrim 2011

Paddy McGrath



Club: Ard an Rátha
Age: 30
Championship debut: Down 2010

Paul Brennan



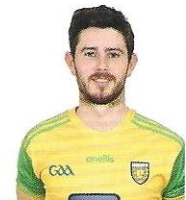
Club: Realt na Mara
Age: 30
Championship debut: Tyrone 2017

Paul Durcan



Club: Baile Buidéin
Age: 35
Championship debut: Antrim 2004

Ryan McHugh



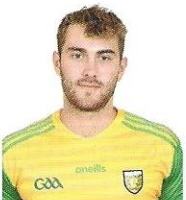
Club: Cill Chartha
Age: 25
Championship debut: Down 2013

Shaun Patton



Club: Naomh Adhamhnain
Age: 23
Championship debut: Cavan 2018

**Stephen
McMenamin**



Club: Aodh Rua
Age: 21
Championship debut: Cavan 2018



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Show your support for your team at today's Ulster Championship semi final for the chance to win a GAA jersey of your choice, courtesy of O'Neill's Sportswear.

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ULSTER
GAA

ULSTER SENIOR FOOTBALL CHAMPIONSHIP

RIVALRY
RENEWED

QUARTER FINAL

1-13 AN CABHÁN **V** MUINEACHÁN 0-12

QUARTER FINAL

3-13 AN DÚN **V** ARD MHACHA 2-17

QUARTER FINAL

2-9 AONTROIM **V** TÍR EOGHAIN 2-23

QUARTER FINAL

0-9 FEAR MANACH **V** DÚN NA NGALL 0-15

FIRST ROUND

1-19 TÍR EOGHAIN **V** DOIRE 1-13

SEMI-FINAL
(SUN 2ND JUNE)

1-14 ARD MHACHA **V** AN CABHÁN 0-17

SEMI-FINAL REPLAY
(SUN 9TH JUNE)

0-17 ARD MHACHA **V** AN CABHÁN 0-23

FINAL
(SUN 23RD JUNE)

AN CABHÁN **V** DÚN NA NGALL

SEMI-FINAL
(SAT 8TH JUNE)

1-16 DÚN NA NGALL **V** TÍR EOGHAIN 0-15

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ONE MINUTE WITH **CIARAN THOMPSON...**

Club: Naomh Conaill

Favourite pitch / An pháirc is fearr leat: Davy Brennan Memorial Park, Glenties

Favourite hobby / An caitheamh aimsire is fearr leat: Golf

Childhood hero / Laoch d'óige: Colm 'Gooch' Cooper

Best player you have played with / An t-imreoir is fearr a d'imir leat: Michael Murphy

Best player you have played against / An t-imreoir is fearr d'imir i d'aghaidh: Stephen McMenamin

Best game you have been involved in / An cluiche is fearr inar imir tú: Ulster Final 2018

Which team mate is the worst dresser / Cén ball foirne nach bhfuil faiseanta: Michael Langan

Favourite song / An t-amhrán is fearr leat: Hall & Oates "You Make my Dreams Come True"

Favourite film / An scannán is fearr leat: The Dark Knight

Favourite holiday destination / An áit is fearr chun saoire a chaitheamh inti: New York

Favourite meal / An béile is fearr leat: Steak and Chips

Biggest influence on career / An duine is mó a raibh tionchar acu ort le linn na gairme? My family

Club volunteer of note / Oibrí deonach inmholta an chlub: Muriel Hegarty

Biggest strength in your game / Láidreacht do Chluiche: My Right Foot

Area of your game you would like to improve / An bhfuil rud ar bith a ba mhaith leat a fheabhsú insa dóigh a n-imríonn tú: My Pace

Sporting hero you most admire / An Laoch Spóirt is mó meas acu orthu: Ronaldo

Best thing about the GAA / An rud is fearr faoin CLG: Winning together

Twitter / Facebook: Twitter @ CiaranThompson

Instagram / Snapchat: Instagram @ CiaranThompson

Up early / Lie in: Up early

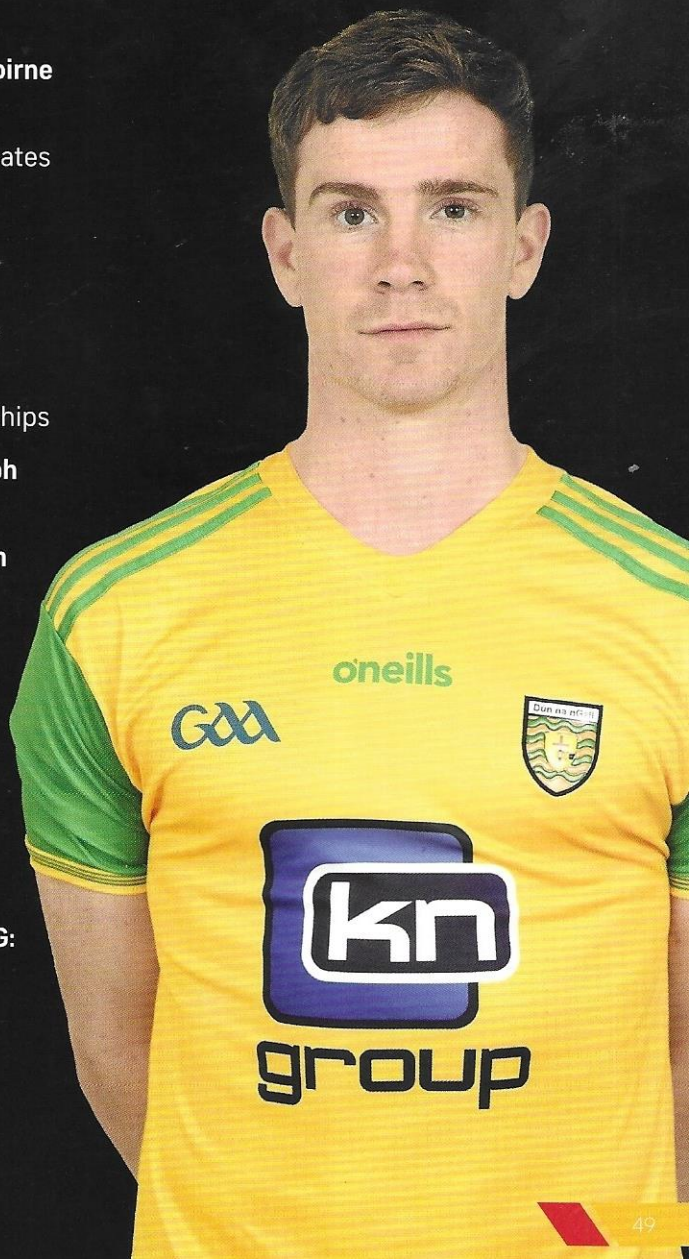
Chinese / Pizza: Chinese

Playstation / Xbox: Playstation

Superman / Batman: Batman

X Factor / Strictly Come Dancing: Neither but X-Factor if I had to choose

Sock / No Socks: No Socks



Earn While You Learn

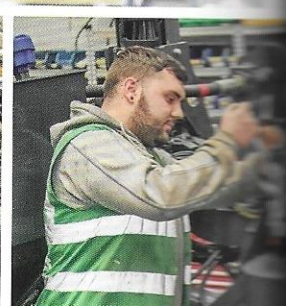
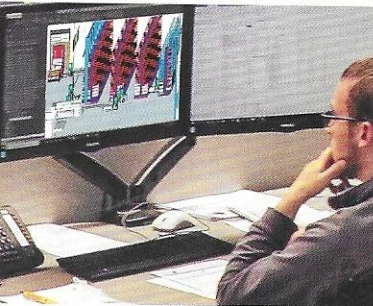
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KEY BATTLES

AN CABHÁN V DÚN NA NGALL

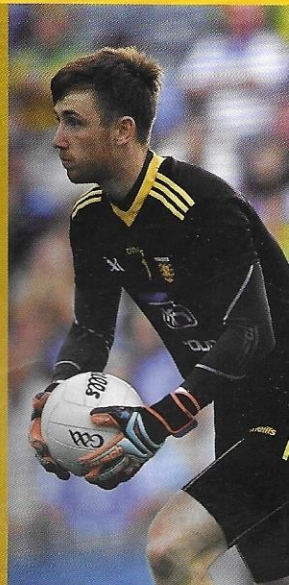
By Niall Gartland

GaelicLife



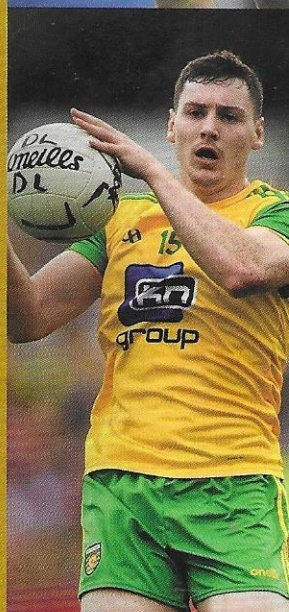
Raymond Galligan v Shaun Patton

The battle of the goalkeepers could go a long way to determine the outcome of today's Ulster final. Shaun Patton's performance against Tyrone was the stuff of dreams, making three point-blank saves while his accuracy from kick-outs was out of this world. He also showed great nerve to find Michael Murphy shortly before the final whistle was blown. Raymond Galligan, meanwhile, has had a fantastic season since the McKenna Cup. He's the Cavan captain for a reason and was in top form in Cavan's semi-final win over Armagh, kicking three frees and making an early save from Aidan Nugent. The goalkeeping position has taken on a whole new level of importance, and these two custodians could both claim to be the top goalkeeper in Ulster at the moment, which is no mean feat with Rory Beggan and Niall Morgan also vying for the top spot.



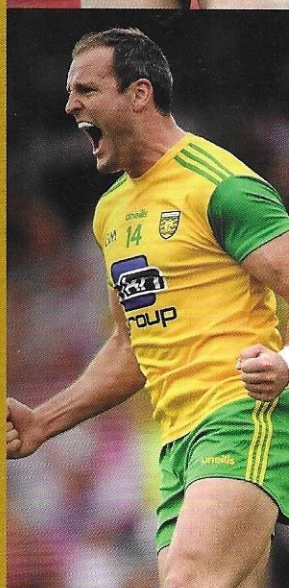
Jason McLoughlin v Jamie Brennan

Whoever gets the nod to mark one of Donegal's breakout performers will have a considerable task on their hands. Brennan was man of the match against Fermanagh, kicking four points from play, which is some going against one of the meanest defences in the land. There was no let up in the semi-final against Tyrone as he hit a goal and three points to book Donegal's place in the Ulster final for the eighth time in nine years. Jason McLoughlin may be tasked with picking him up - he gave an exhibition of man-marking in Cavan's quarter-final win over Monaghan, snuffing out Stephen O'Hanlon - and he won his battle with Jamie Clarke in the drawn encounter against Armagh. Clarke came out on top in the replay but the Shannon Gaels man has otherwise had an excellent season to date and would relish the challenge of taking on Brennan.



Killian Clarke v Michael Murphy

Michael Murphy had an absolute field-day when these two sides met in last year's Ulster Championship so it's imperative that Cavan fare better on the big Glenswilly man this time around. Murphy ran the show in last year's preliminary round meeting, scoring six points, three from play and three from frees, but that particular statistic doesn't do justice to a massively influential performance. Cavan have improved, however, under Mickey Graham, and it'll be interesting to see who he selects to curtail Murphy's influence. Former captain Killian Clarke is in good shape and may get the nod, but Graham may throw a curve-ball and opt for someone like Conor Moynagh, who gave a fantastic display as sweeper in their replay victory over Armagh. One things for sure - if Murphy gives a big performance, Donegal will be hard to stop.



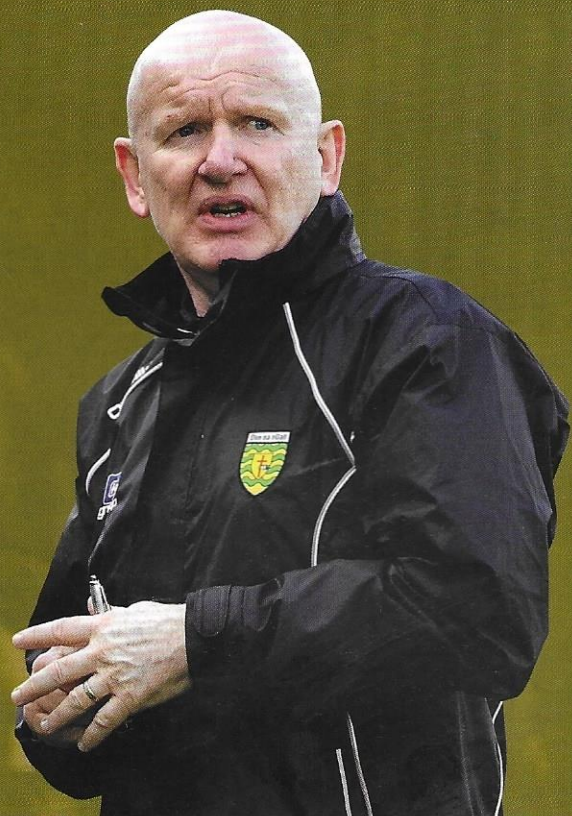


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Patrick O'Reilly	Breffni Mushrooms	Prunty Pitches	
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Sean O'Connor	Cavan County Council	Argue's Londis Cootehill	E&M Stores Cootehill
Conor Brady	Cavan Digital Hub	Fitzpatrick's Tavern	Gowna Construction
Conor Rehill	Cavan Institute	The Tank Bar	
Caoimhín O'Reilly	FKV Finbar Kiernan	Murph's Bistro, Cavan	
Christopher Conroy	CG Power Systems	Lakeland Crematorium	Romar Energy
Niall McKiernan	College Proteins, Monery	Damien Rudden Solicitors	
Mark Stuart	Connor Flanagan	Blackstone Motors	Cumnor Construction
Stephen Smith	Cowan Heating & Plumbing	Blackstone Motors	
Pierce Smith	Cronin's Bar Ballinagh	Michael Fitzpatrick Architects Ltd	
Killian Clarke	EMCA	Martin & Moran Property Advisors	Fire Doors Ireland
James Galligan	Galligan Ceilings	The Anglo Celt	
Luke Fortune	Garrett Fortune & Co Solicitors	McBreen Environmental	
Niall Murray	Hancock Tyres/ Tractamotors	George V Maloney & Co Solicitors	Stephen King
Gearoid McKiernan	Hotel Kilmore	Interparts Drumalee	Prior Brothers
Conor Moynagh	Brendan O'Reilly Solicitors	Top of the Town	
	Hugh Lennon & Associates Chartered Accountants		
Killian Brady	The Sports Shop - Cavan	Smith Vehicle Solutions	John Brady Insurance
Conor Madden	JP's Bar	Moynhall Car Sales	Sheelin Meats
Gerard Smith	KBG Accountants	Cleantech Civils	Romar Energy
Michael Argue	The Ripley Court Hotel	Kelly Bradshaw Dalton Auctioneers	
Oisín Kiernan	Kiernan Milling	CFM Cavan	MHI Modern Homes
Liam Brady	Lisgrey House	Virginia International Logistics	Clonarn Clover
Dara McVeety	McCabe Masonary	Safety Solutions	Fire Protection
Niall Clerkin	McDwyer Lennon & Associates	M & P Construction Ltd.	Blackstone Motors
Jason McLoughlin	McNean House & Restaurant	Rakeelan Furniture & Applicanes - Ballyconnell	
James Smith	Mulvanney's Redhills	T&V Plumbing and Heating Ltd	
Padraig Faulkner	Murtagh's Life Pharmacy	O'Reilly Concrete Group	Niall Smith Architects
Martin Reilly	Pauric Reilly Construction	Kieran Callaghan Electrical	Ballytherm Ltd
Raymond Galligan	The Ripley Court Hotel	Galligan Motors	S&A Construction
Paul Graham	Scanlon Jewellers	Crotty Auctioneers & Property Management	
Thomas Galligan	The Imperial Bar	Moore's Spar Ballinagh	The Kesh Bar
Jack Brady	Top Oil	McEvoy's Supervalu	Kelly Hunter
Stephen Murray	Veale's Allcare Pharmacy	Station Rd Mart Cootehill	Murray Properties
Mickey Graham & Management	Slieve Rossa Bar	Blackstone Motors	

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MANAGER FOCUS

BY MICHAEL MCWILLIAMS
THE IRISH NEWS

AN CABHÁN MICKEY GRAHAM

Cavan Gaels clubman Graham was in the team the last time the Breffni Blues captured provincial success back in 1997, and he will be desperate to end that 22-year wait at Clones today.

It was across the county line in Longford that he made a huge impression as a manager by guiding unfancied Mullinalaghta to a Leinster SFC title last year, and he has carried on the good work by taking his native county to a first Ulster decider since 2001.

Relegation from Division One of the Allianz League was a blow but Graham made sure there was no hangover by master-minding a shock win over Monaghan in the Ulster opener before Armagh were seen off after a replay.

Beating Donegal will be another step up, but Graham has made a habit of upsetting the odds and only a fool would rule it out again.

DÚN NA NGALL DECLAN BONNER

Winning Ulster titles has become something of a habit for Declan Bonner. The 1992 All-Ireland-winning player guided his native Donegal to the provincial minor crown in 2014 and repeated the feat at the U21 helm three years later.

That success saw him elevated to senior boss for a second spell after Rory Gallagher stepped down at the end of 2017, and an Ulster title was duly delivered last summer with many of the players from those successful underage sides involved alongside the experienced core that remained from the All-Ireland win in 2012.

Donegal were big favourites to see off Fermanagh in the final last year and the same is true with Cavan the opponents this time around, but the canny Bonner will take nothing for granted. A sustained run at the All-Ireland title may be the long game this summer but the Breffni boys are no pushovers and Bonner is sure to have his players fully tuned in this afternoon.

2019 ULSTER SENIOR FOOTBALL CHAMPIONSHIP SO FAR...

First Round

Tír Eoghain 1-19

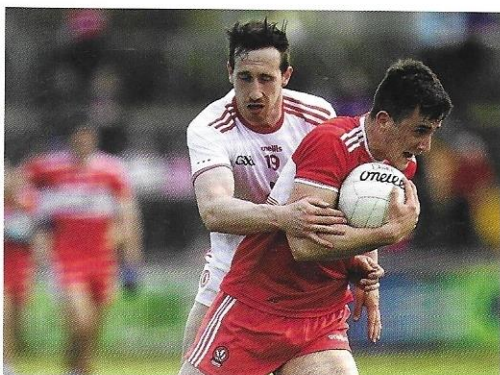
Doire 1-13

12ú Bealtaine
Healy Park

Attendance: 10,116

Reiteoir: Paddy Neilan (Ros Comain)

Top Scorer: Shane McGuigan (1-6)



TÍR EOGHAIN			DOIRE	
	Niall Morgan	1	Thomas Mallon	
0-1	Padraig Hampsey	2	Sean F Quinn	
	Ronan McNamee	3	Brendan Rodgers	
0-1	Michael McKernan	4	Karl McKaigue	
0-2	Michael Cassidy	5	Paul McNeill	
	Ben McDonnell	6	Chrissy McKaigue (C)	
	Tiernan McCann	7	Niall Keenan	
0-2	Richard Donnelly	8	Padraig Cassidy	
	Brian Kennedy	9	Conor McAtamney	0-1
	Mattie Donnelly (C)	10	Liam McGoldrick	
	Niall Sludden	11	Enda Lynn	
0-1	Frank Burns	12	Ciaran McFaul	0-1
0-7	Cathal McShane	13	Shane McGuigan	1-6
0-3	Peter Harte	14	Ryan Bell	0-3
0-1	Hugh Pat McGeary	15	Jason Rocks	
	Colm Cavanagh	Subs	Emmett Bradley	
1-0	Darren McCurry		Christopher Bradley	0-2
	Kyle Coney		Conor Doherty	
	Rory Brennan		Ruairi Mooney	
0-1	Connor McAliskey		Eoghan Concannon	
	Liam Rafferty		Patrick Coney	

Quarter Final

An Cabhán 1-13

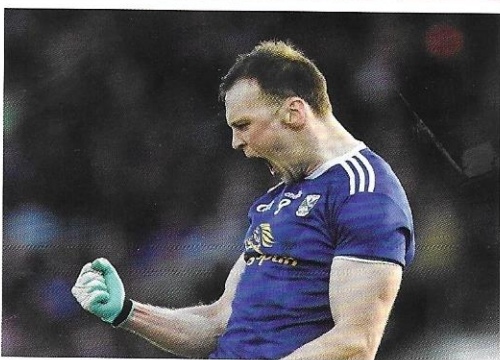
Muineachán 0-12

18ú Bealtaine
Kingspan Breffni

Attendance: 13,496

Reiteoir: Conor Lane (Corcaigh)

Top Scorer: Gearóid McKiernan & Conor McManus (0-4 each)



AN CABHÁN			MUINEACHÁN	
	Raymond Galligan (C)	1	Rory Beggan	0-2
	Jason McLoughlin	2	Drew Wylie	
0-1	Padraig Faulkner	3	Conor Boyle	0-1
	Conor Moynagh	4	Ryan Wylie	0-1
	Gerard Smith	5	Karl O'Connell	
	Killian Clarke	6	Colin Walshe (C)	
0-1	Conor Rehill	7	Paudie McKenna	
0-1	Conor Brady	8	Fintan Kelly	
0-4	Gearóid McKiernan	9	Kieran Hughes	0-1
1-0	Martin Reilly	10	Dessie Ward	
0-1	Dara McVeety	11	Dermot Malone	
0-2	Niall Murray	12	Shane Carey	0-2
	Oisín Kiernan	13	Ryan McAnespie	
	Thomas Galligan	14	Conor McManus	0-4
0-2	Conor Madden	15	Stephen O'Hanlon	
	Ciaran Brady	Subs	Conor McCarthy	0-1
0-1	Christopher Conroy		Kieran Duffy	
	Cian Mackey		Micheál Bannigan	
	Jack Brady		Owen Duffy	
	Stephen Smith		Niall Kearns	
	Killian Brady		Dessie Mone	



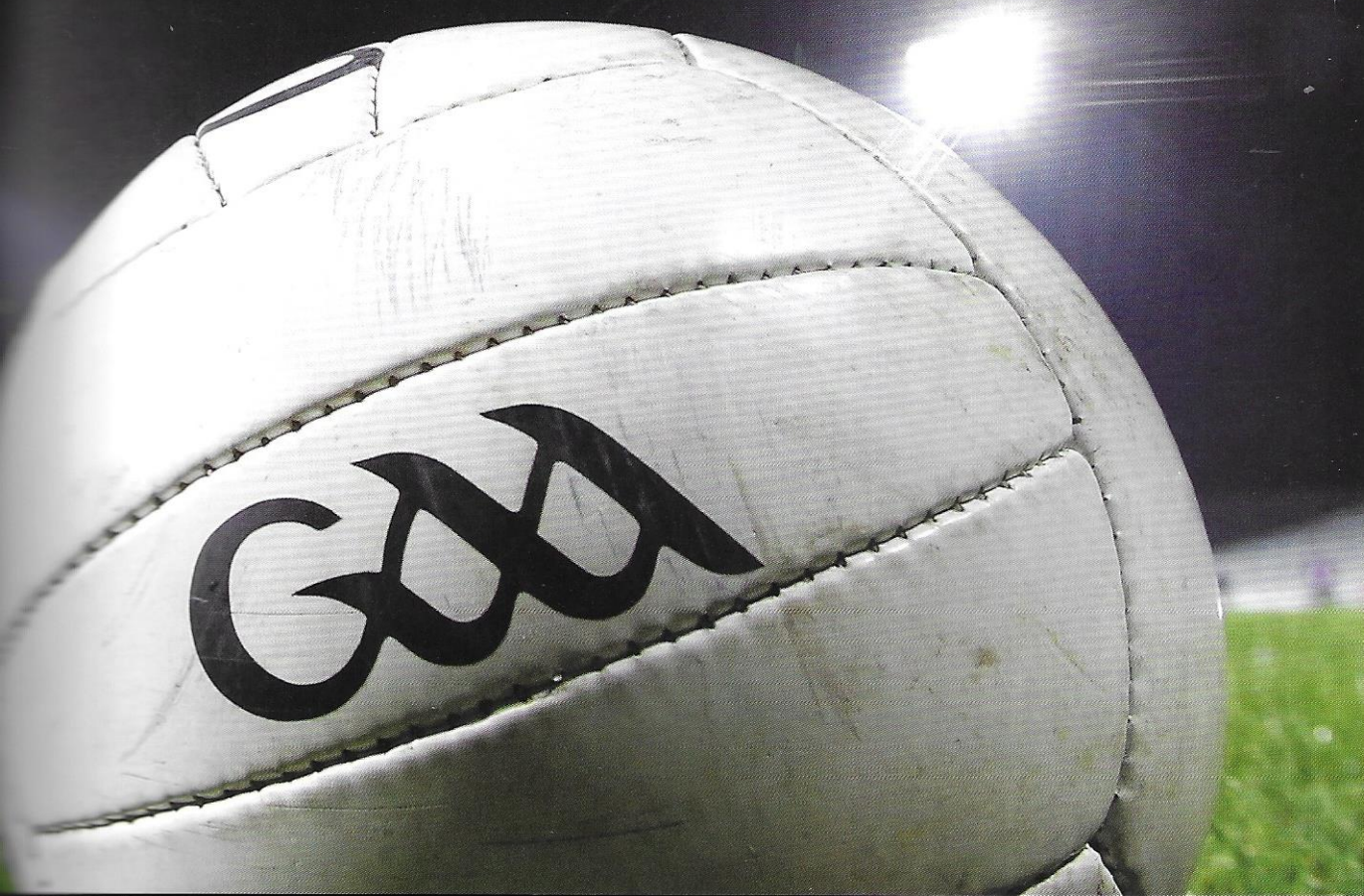
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Quarter Final

An Dún 3-13

Ard Mhacha 2-17 AET

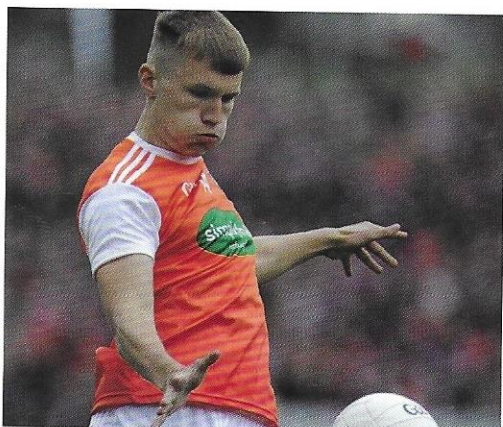
Date: 19ú Bealtaine

Venue: Páirc Esler

Attendance: 15,112

Reiteoir: Anthony Nolan (Cill Mhantáin)

Top Scorer: Rian O'Neill 0-8



AN DÚN		ARD MHACHA		
	Rory Burns	1	Blaine Hughes	
	Darren O'Hagan (C)	2	Patrick Burns	
	Ruairi Wells	3	Aaron McKay	
	Gerard Collins	4	Paul Hughes	
	Ryan McAleenan	5	Ryan Kennedy	0-2
	Kevin McKernan	6	Brendan Donaghy	
	Daniel Guinness	7	Aidan Forker	
	Caolan Mooney	8	Charlie Vernon	
0-1	Conor Poland	9	Jarlath Óg Burns	
0-1	Conor Francis	10	Aidan Nugent	0-1
0-2	Jerome Johnston	11	Ethan Rafferty	
	Conor Maginn	12	Jemar Hall	
1-1	Pat Havern	13	Rory Grugan (C)	
1-2	Donal O'Hare	14	Rian O'Neill	0-8
0-1	Connaire Harrison	15	Jamie Clarke	0-2
0-2	James Guinness	Subs	James Morgan	0-1
0-1	Barry O'Hagan		Mark Shields	1-0
	Mark Hynes		Joe McElroy	
1-2	Paul Devlin		Stefan Campbell	0-2
	Corey Quinn		Stephen Sheridan	
	Ryan Mallon		Greg McCabe	
			Ben Crealey	
			Andrew Murnin	1-1

Quarter Final

Aontroim 2-09

Tír Eoghain 2-23

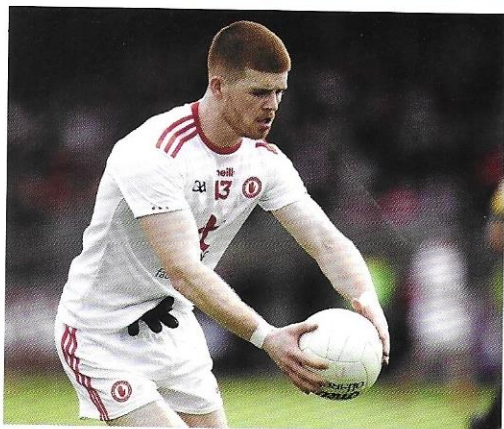
25ú Bealtaine

Athletic Grounds

Attendance: 5,409

Reiteoir: Maurice Deegan (Laois)

Top Scorer: Cathal McShane & Ryan Murray (0-6 each)



AONTROIM		TÍR EOGHAIN		
	Padraig Nugent	1	Niall Morgan	0-1
1-0	Patrick McCormick	2	Hugh Pat McGeary	
	Ricky Johnston	3	Ronan McNamee	0-1
	Patrick Gallagher	4	Rory Brennan	0-1
0-2	Patrick McBride	5	Tiernan McCann	1-0
	Declan Lynch (C)	6	Padraig Hampsey	
	Niall Delargy	7	Michael Cassidy	0-1
	Colum Duffin	8	Colm Cavanagh	
	Stephen Beatty	9	Ben McDonnell	
0-1	James McAuley	10	Mattie Donnelly	0-3
1-0	Matthew Fitzpatrick	11	Niall Sludden	0-1
	Kevin Quinn	12	Frank Burns	0-1
0-6	Ryan Murray	13	Cathal McShane	0-6
	James Smith	14	Peter Harte	
	Odhran Eastwood	15	Richard Donnelly	0-3
	Ryan McNulty	Subs	Conan Grugan	
	Eunan Walsh		Aidan McCrory	
	Ruairi Scott		Kyle Coney	0-1
	Michael McCarry		Darren McCurry	0-1
	Jay Mallon		Connor McAliskey	1-2
			Conall McCann	

Quarter Final

Fear Manach 0-09

Dún na nGall 0-15

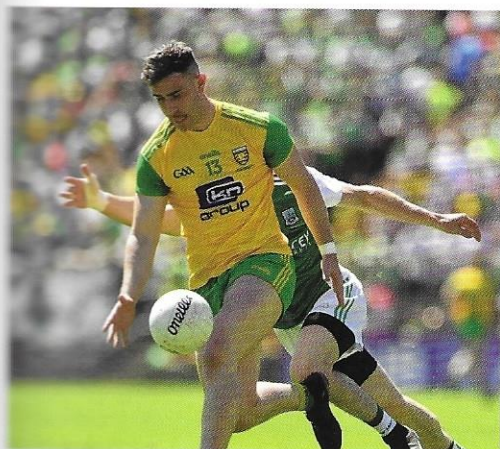
250 Bealtaine

Brewster Park

Attendance: 10,447

Reiteoir: Joe McQuillan (An Cabhán)

Top Scorer: Patrick McBrearty (0-5)



FEAR MANACH		DÚN NA NGALL		
	James McGrath	1	Shaun Patton	
	Jonny Cassidy	2	Paddy McGrath	
	Che Cullen	3	Neil McGee	
	Lee Cullen	4	Stephen McMenamin	
0-2	Ultan Kelm	5	Ryan McHugh	
	James McMahon	6	D Ó Baoill	
	Kane Connor	7	Eoghan Bán Gallagher	
	Eoin Donnelly (C)	8	Hugh McFadden	
0-1	Ryan Jones	9	Jason McGee	0-1
	Daniel Teague	10	Ciarán Thompson	0-1
	Aidan Breen	11	Leo McLoone	0-1
0-2	Ciarán Corrigan	12	Jamie Brennan	0-4
	Declan McCusker	13	Patrick McBrearty	0-5
0-2	Conall Jones	14	Michael Murphy	0-2
0-1	Sean Quigley	15	Michael Langan	0-1
0-1	Barry Mulrone	Subs	Frank McGlynn	
	Paul McCusker		Niall O'Donnell	
	Tom Clarke		Eoin McHugh	
	Ryan Lyons		Eamon Doherty	
			Paul Brennan	

Semi Final

Ard Mhacha 1-14

An Cabhán 0-17 AET

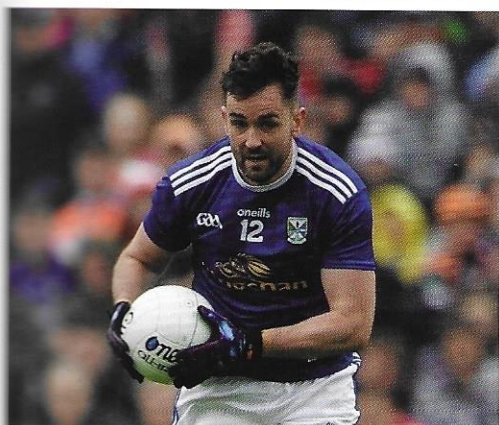
2ú Meitheamh

St Tiernach's Park

Attendance: 16,716

Reiteoir: Derek O'Mahoney (Tiobraid Arainn)

Top Scorer: Niall Murray (0-5) & Jarlath Óg Burns (1-2)



AN CABHÁN		ARD MHACHA		
	Raymond Galligan (C)	1	Blaine Hughes	
	Jason McLoughlin	2	James Morgan	
	Padraig Faulkner	3	Mark Shields	
0-1	Conor Moynagh	4	Paul Hughes	0-1
0-1	Gerard Smith	5	Ryan Kennedy	
	Killian Clarke	6	Brendan Donaghy	
	Conor Rehill	7	Aidan Forker	
	Conor Brady	8	Jarlath Óg Burns	1-2
0-2	Gearóid McKiernan	9	Niall Grimley	
	Martin Reilly	10	Aidan Nugent	0-2
0-2	Dara McVeety	11	Rory Grugan (C)	
0-5	Niall Murray	12	Jemar Hall	0-1
	Oisín Kiernan	13	Jamie Clarke	0-1
	Thomas Galligan	14	Rian O'Neill	0-4
	Conor Madden	15	Stefan Campbell	0-1
	Ciarán Brady	Subs	Joe McElroy	0-1
0-1	Christopher Conroy		Ethan Rafferty	
0-3	Cian Mackey		Andrew Murnin	
0-2	Stephen Murray		Niall Rowland	
	Oisín Pierson		Ben Crealey	
	Paul Graham		Charlie Vernon	
	Jack Brady			
	Barry Fortune			

Semi Final

Dún na nGall 1-16

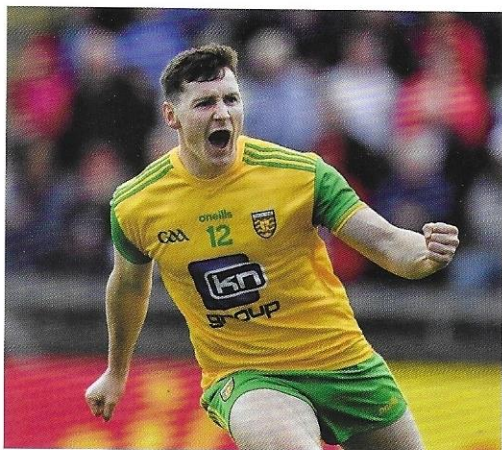
Tír Eoghain 0-15

8ú Meitheamh
Kingspan Breffni

Attendance: 13,579

Reiteoir: David Gough (An Mhí)

Top Scorer: Jamie Brennan (1-3)



DÚN NA NGALL		TÍR EOGHAIN	
	Shaun Patton	1	Niall Morgan 0-2
	Paddy McGrath	2	Padraig Hampsey
	Neil McGee	3	Ronan McNamee
0-1	Stephen McMenamin	4	Michael McKernan
0-1	Ryan McHugh	5	Tiernan McCann
	Leo McLoone	6	Ben McDonnell
	Eoghan Bán Gallagher	7	Liam Rafferty
0-1	Hugh McFadden	8	Colm Cavanagh
	Jason McGee	9	Richard Donnelly 0-3
0-1	Eoin McHugh	10	Mattie Donnelly (C) 0-1
	Niall O'Donnell	11	Kieran McGearry 0-2
1-3	Jamie Brennan	12	Frank Burns
0-3	Patrick McBrearty	13	Cathal McShane 0-3
0-5	Michael Murphy (C)	14	Peter Harte
0-1	Michael Langan	15	Brian Kennedy
	Ciaran Thompson	Subs	Connor McAliskey
	Daire Ó Baoill		Rory Brennan
	Frank McGlynn		Niall Sludden
	Oisín Gallen		Darren McCurry 0-3
	Paul Brennan		Michael Cassidy 0-1
			Aidan McCrory

Semi Final Replay

Ard Mhacha 0-17

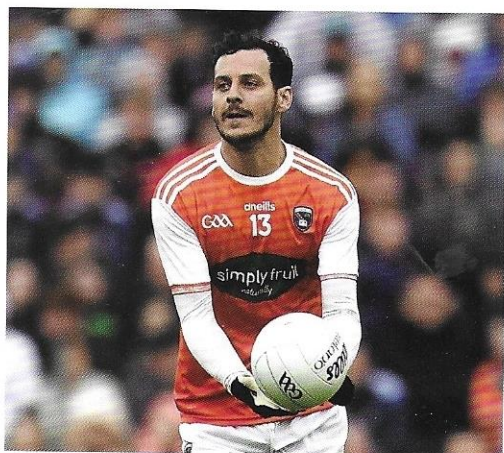
An Cabhán 0-23

9ú Meitheamh
St Tiernach's Park

Attendance: 21,192

Reiteoir: Paddy Neilan (Ros Comain)

Top Scorer: Jamie Clarke (0-7)



ARD MHACHA		AN CABHÁN	
	Blaine Hughes	1	Raymond Galligan (C) 0-3
0-1	Mark Shields	2	Jason McLoughlin
	Paddy Burns	3	Padraig Faulkner
	James Morgan	4	Conor Moynagh 0-2
	Paul Hughes	5	Martin Reilly 0-1
	Ryan Kennedy	6	Killian Clarke 0-1
	Aidan Forker	7	Conor Rehill 0-1
	Jarlath Óg Burns	8	Conor Brady
	Niall Grimley	9	Gearóid McKiernan 0-3
	Aidan Nugent	10	Oisín Kiernan 0-1
	Charlie Vernon	11	Dara McVeety 0-4
	Jemar Hall	12	Niall Murray 0-5
0-6	Rian O'Neill	13	Oisín Pierson 0-1
0-7	Jamie Clarke	14	Thomas Galligan
	Andrew Murnin	15	Conor Madden
0-2	Stefan Campbell	Subs	Cian Mackey 0-1
	Aaron McKay		Stephen Murray
0-1	Rory Grugan		Caoimhín O'Reilly
	Ben Crealey		Jack Brady
	Joe McElroy		
	Ethan Rafferty		



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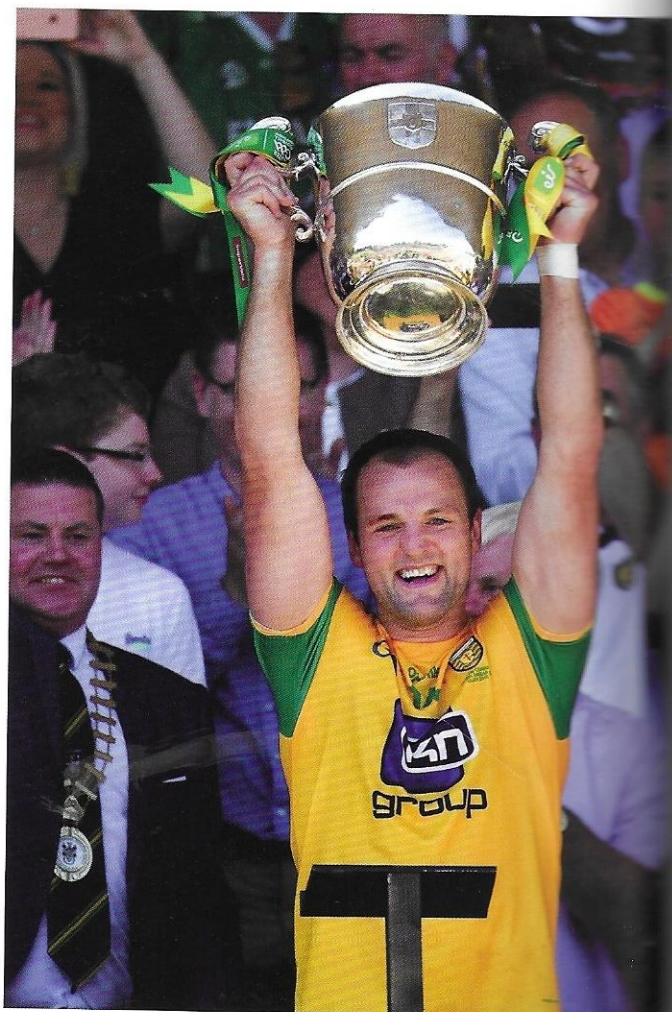
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ULSTER SENIOR FOOTBALL CHAMPIONSHIP FINALS 1888-2018

2018	Dún na nGall	2-18	Fear Manach	0-12	1978	An Dún	2-19	An Cabhán	2-12
2017	Tír Eoghain	2-17	An Dún	0-15	1977	Ard Mhacha	3-10	Doire	1-05
2016	Tír Eoghain	0-13	Dún na nGall	0-11	1976	Doire	1-08	An Cabhán	1-08
2015	Muineachán	0-11	Dún na nGall	0-10	Replay:	Doire	0-22	An Cabhán	1-16 AET
2014	Dún na nGall	0-15	Muineachán	1-09	1975	Doire	1-16	An Dún	2-06
2013	Muineachán	0-13	Dún na nGall	0-07	1974	Dún na nGall	1-14	An Dún	2-11
2012	Dún na nGall	2-18	An Dún	0-13	Replay:	Dún na nGall	3-09	An Dún	1-12
2011	Dún na nGall	1-11	Doire	0-08	1973	Tír Eoghain	3-13	An Dún	1-11
2010	Tír Eoghain	1-14	Aontroim	0-07	1972	Dún na nGall	2-13	Tír Eoghain	1-11
2009	Tír Eoghain	1-18	Aontroim	0-15	1971	An Dún	4-15	Doire	4-11
2008	Ard Mhacha	2-08	Fear Manach	1-11	1970	Doire	2-13	Aontroim	1-12
Replay:	Ard Mhacha	1-11	Fear Manach	0-08	1969	An Cabhán	2-13	An Dún	2-06
2007	Tír Eoghain	1-15	Muineachán	1-13	1968	An Dún	0-16	An Cabhán	1-08
2006	Ard Mhacha	1-09	Dún na nGall	0-09	1967	An Cabhán	2-12	An Dún	0-08
2005	Ard Mhacha	2-08	Tír Eoghain	0-14	1966	An Dún	1-07	Dún na nGall	0-08
Replay:	Ard Mhacha	0-13	Tír Eoghain	0-11					
2004	Ard Mhacha	3-15	Dún na nGall	0-11					
2003	Tír Eoghain	1-17	An Dún	4-08					
Replay:	Tír Eoghain	0-23	An Dún	1-05					
2002	Ard Mhacha	1-14	Dún na nGall	1-10					
2001	Tír Eoghain	1-13	An Cabhán	1-11					
2000	Ard Mhacha	1-12	Doire	1-11					
1999	Ard Mhacha	3-12	An Dún	0-10					
1998	Doire	1-07	Dún na nGall	0-08					
1997	An Cabhán	1-14	Doire	0-16					
1996	Tír Eoghain	1-09	An Dún	0-09					
1995	Tír Eoghain	2-13	An Cabhán	0-10					
1994	An Dún	1-17	Tír Eoghain	1-11					
1993	Doire	0-08	Dún na nGall	0-06					
1992	Dún na nGall	0-14	Doire	1-09					
1991	An Dún	1-15	Dún na nGall	0-10					
1990	Dún na nGall	0-15	Ard Mhacha	0-14					
1989	Tír Eoghain	0-11	Dún na nGall	0-11					
Replay:	Tír Eoghain	2-13	Dún na nGall	0-07					
1988	Muineachán	1-10	Tír Eoghain	0-11					
1987	Doire	0-11	Ard Mhacha	0-09					
1986	Tír Eoghain	1-11	An Dún	0-10					
1985	Muineachán	2-09	Doire	0-08					
1984	Tír Eoghain	0-15	Ard Mhacha	1-07					
1983	Dún na nGall	1-14	An Cabhán	1-11					
1982	Ard Mhacha	0-10	Fear Manach	1-04					
1981	An Dún	3-12	Ard Mhacha	1-10					
1980	Ard Mhacha	4-10	Tír Eoghain	4-07					
1979	Muineachán	1-15	Dún na nGall	0-11					



Michael Murphy holds aloft the Anglo Celt in 2018

1965	An Dún	3-05	An Cabhán	1-08
1964	An Cabhán	2-10	An Dún	1-10
1963	An Dún	2-11	Dún na nGall	1-04
1962	An Cabhán	3-06	An Dún	0-05
1961	An Dún	2-10	Ard Mhacha	1-10
1960	An Dún	3-07	An Cabhán	1-8
1959	An Dún	2-16	An Cabhán	0-07
1958	Doire	1-11	An Dún	2-04
1957	Tír Eoghain	1-09	Doire	0-10
1956	Tír Eoghain	3-05	An Cabhán	0-04
1955	An Cabhán	0-11	Doire	0-08
1954	An Cabhán	2-10	Ard Mhacha	2-05
1953	Ard Mhacha	1-06	An Cabhán	0-05
1952	An Cabhán	1-08	Muineachán	0-08
1951	Aontroim	1-07	An Cabhán	2-03
1950	Ard Mhacha	1-11	An Cabhán	1-07
1949	An Cabhán	1-07	Ard Mhacha	1-06
1948	An Cabhán	2-12	Aontroim	2-04
1947	An Cabhán	3-04	Aontroim	1-06
1946	Aontroim	2-08	An Cabhán	1-07
1945	An Cabhán	4-10	Fear Manach	1-04
1944	An Cabhán	1-09	Muineachán	0-05
1943	An Cabhán	2-03	Muineachán	0-05
1942	An Cabhán	5-11	An Dún	1-03
1941	An Cabhán	3-09	Tír Eoghain	0-05
1940	An Cabhán	4-10	An Dún	1-05
1939	An Cabhán V	Ard Mhacha	Abandoned	
Replay:	An Cabhán	2-03	Ard Mhacha	0-07
1938	Muineachán	2-05	Ard Mhacha	2-02
1937	An Cabhán	0-13	Ard Mhacha	0-03
1936	An Cabhán	1-07	Muineachán	0-07
1935	An Cabhán	2-06	Fear Manach	2-01
1934	An Cabhán	3-08	Ard Mhacha	0-02
1933	An Cabhán	6-13	Tír Eoghain	1-02
1932	An Cabhán	2-04	Ard Mhacha	0-02
1931	An Cabhán	0-08	Ard Mhacha	2-01
1930	Muineachán	4-03	An Cabhán	1-05
1929	Muineachán	1-04	An Cabhán	1-04
Replay:	Muineachán	1-10	An Cabhán	0-07
1928	An Cabhán	2-06	Ard Mhacha	1-04
1927	Muineachán	3-05	Ard Mhacha	2-05
1926	An Cabhán	5-03	Aontroim	0-06
1925	An Cabhán	2-03	Aontroim	3-00
Replay:	An Cabhán	3-06	Aontroim	0-01
1924	An Cabhán	1-03	Muineachán	1-03
Replay:	An Cabhán	2-03	Muineachán	1-03
1923	An Cabhán	5-10	Muineachán	1-01
1922	Muineachán	2-03	An Cabhán	2-03
Replay:	Muineachán	3-04	An Cabhán	
1921	Muineachán	2-02	Doire	0-01
1920	An Cabhán	4-06	Ard Mhacha	1-04

1919	An Cabhán	5-06	Aontroim	0-02
1918	An Cabhán	3-02	Aontroim	0-00
1917	Muineachán	4-02	Ard Mhacha	0-04
1916	Muineachán	3-01	Aontroim	0-02
1915	An Cabhán	3-02	Muineachán	2-05
Replay:	An Cabhán	0-04	Muineachán	0-03
1914	Muineachán	2-04	Fear Manach	0-02
1913	Aontroim	2-01	Muineachán	1-02
1912	Aontroim	2-02	Ard Mhacha	0-01
1911	Aontroim	2-08	An Cabhán	0-04
1910	Aontroim	3-04	An Cabhán	0-01
1909	Aontroim	1-09	An Cabhán	0-04
1908	Aontroim	1-08	An Cabhán	0-04
1907	No Championship			
1906	Muineachán	2-10	Aontroim	1-02
1905	An Cabhán	0-07	Muineachán	0-04
1904	An Cabhán	0-05	Ard Mhacha	0-05
Replay:	An Cabhán	0-05	Ard Mhacha	0-05
Replay:	An Cabhán	0-08	Ard Mhacha	0-04
1903	Ard Mhacha	2-02	Aontroim	1-04
1901/02	Aontroim	3-05	Ard Mhacha	2-05

1892 – 1900 No Championships *An Cabhán represented Ulster in 1895 All Ireland Semi Final*

1891 Cavan Slashers (An Cabhán) Armagh Harps (Ard Mhacha) Abandoned

Replay: An Cabhán 1-11 Ard Mhacha 0-00

1890 Harps (Ard Mhacha) 2-08 Cookstown Owen Roe O'Neill's (Tír Eoghain) 1-02

1889 No Championship

1888 Inniskeen Grattans (Muineachán) 0-02 Maghera McGinns (An Cabhán) 0-02

Replay: Muineachán 0-03 An Cabhán 0-01

SENIOR ROLL OF HONOUR



9 TITLES



14 TITLES



37 TITLES



12 TITLES



7 TITLES



9 TITLES



16 TITLES



15 TITLES



AN DÚN 1994

On the 29th May 1994, Celtic Park in Derry bore witness to one of the greatest games of Gaelic football in recent times and one where people were privileged to witness an encounter that epitomised all that is great about our games. Down were somewhat of a wounded animal, having been embarrassed and humiliated in their own backyard by a Derry team that went on to win an All-Ireland the previous year.

The game in Celtic Park that day was superbly refereed by Tommy Sugrue letting the game flow as an epic battle unfolded. Joe Brolly grabbed an early lead for Derry with two excellent points but Mickey Linden closed that gap with scores off either foot as Down were in the ascendancy. The second half turned when Fergal McCusker goaled for Derry to put the home side two points up and the reigning All-Ireland champions were in the driving seat. James McCartan had other ideas and a superb point into the dressing room end narrowed the gap, before Ciaran McCabe, introduced as a sub, took a pass from Mickey Linden to rattle the Derry net. A further Down point secured the win on a score of 1-14 to 1-12. And while the Marshes defeat of 1993 had been a low point in Down football, this victory 12 months later was the first step on a road to All-Ireland glory.

The Ulster semi-final against Monaghan in the Athletic Grounds was played the day after the terrible tragedy in Loughinisland. Down displayed a resolute courage

to ensure victory by 0-14 to 0-8, on a day when everyone's thoughts were with the families of those affected by the terrible atrocity.

Tyrone were to be the opponents in the Ulster Final and this was a game where the desire to win and hunger shown by Down overcame all that Tyrone could offer. Once again Mickey Linden and James McCartan were dominant, and when Ross Carr converted a penalty Down were eight points up and the Anglo Celt was destined for the Mournes. Tyrone were nothing if not determined, and the Canavan brothers combined for a goal and suddenly it was game on again. Once again Linden and Greg Blaney converted fine points to run out comfortable winners 1-17 to 1-11. DJ Kane lifted the Anglo Celt amongst great celebration and Down were back.

The All-Ireland semi-final opponents were Cork and they were no mean force, a team who had won All-Ireland titles in 1989 and 1990, but it was to be a day

when Mickey Linden showed why he would go on to be the Footballer of the Year later in the autumn. The man from Mayobridge left Niall Cahalane dizzy as he turned him left, then right breezing past him, taking his own scores as well as setting up Aidan Farrell for a Down goal. In defence Paul Higgins and DJ Kane ensured that the Down goal was not breached and on a final score of Down 1-13 Cork 0-11, the men from Mourne had reached their fifth All-Ireland Final.

Dublin were the opponents in the All-Ireland Final, the County of Down was once again awash with Red and Black as people dared to dream of a fifth Sam Maguire.

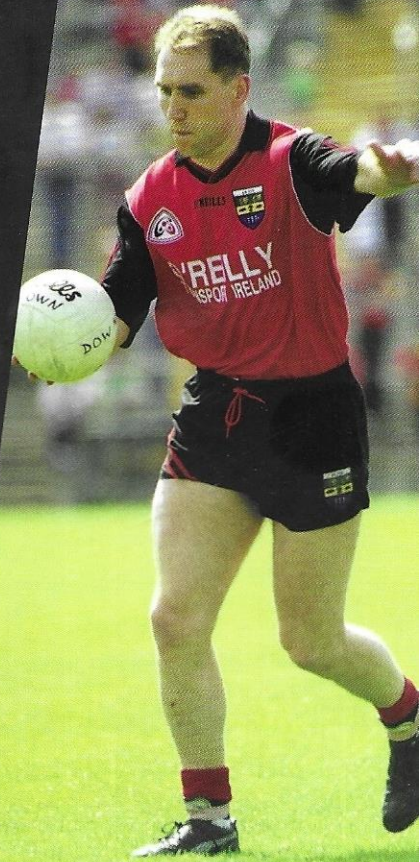
A generation who for 23 years had waited for the days of the 60's to be repeated were now witnessing their own history in the 90's. The Cusack Stand was in the early stages of development and on a wet day, Down took to the field ready to defy all the odds and beat the mighty Dubs.

In the heavy rain the first half saw Down take the game to Dublin, with Mickey Linden and James McCartan on fire. Down were two points up when Mickey Linden was sent through one-on-one with John O'Leary and showed real class by slipping the ball to James McCartan who finished to the empty net. A prime example of the saying that there is no I in team. The momentum stayed with Down and by half-time they were four points up and dared to dream.

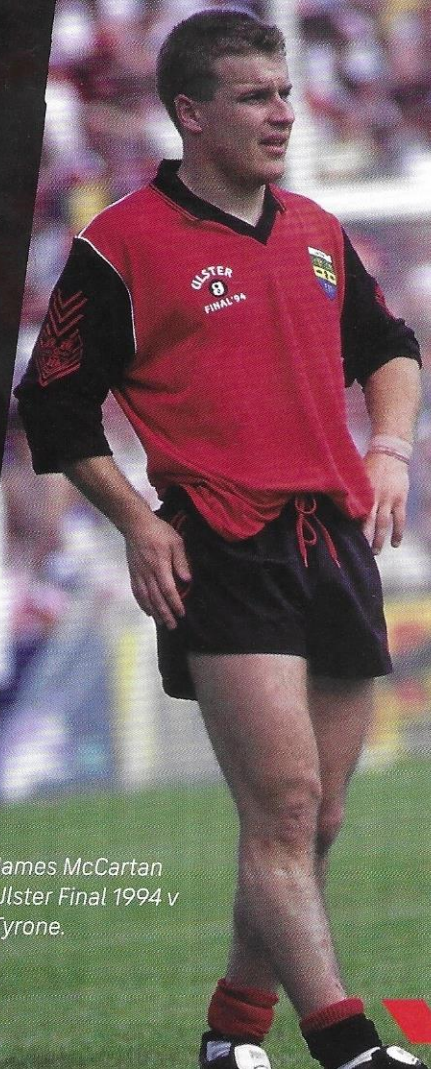
The Dubs were not going to give up that easily and they came at Down in the second half. Down were holding out, defending for their lives and then came the moment when our hearts were in our mouths. Referee Tommy Sugrue blew for a penalty and up stepped Charlie Redmond; the crowd waited, the Hill was silent, but his shot was expertly saved by Neil Collins and the ball was booted clear. Dublin could only muster one more point and when the final whistle blew, Down were All Ireland Champions for a fifth time.

DJ Kane was a proud man when he lifted the Sam Maguire and wrote his name into the annals of Down GAA.

Today we think too of the men who played a part off the field in that great win. Peter McGrath had managed Down now to two All-Ireland Senior titles, having also managed an All-Ireland Minor winning team in 1987. He had achieved what was thought not to be possible. John Murphy, an All-Ireland winner himself in 1968, was a selector in 1991 and 1994, and brought wisdom and coolness to the role. Sadly Pat O'Hare, who was team trainer, and Danny Murphy who was a selector, are no longer with us having been called too soon to the eternal reward but they will smile down upon the proceedings in Clones today in the knowledge that they helped make it happen and that in 1994 Down were Kings once more.



Mickey Linden Down Legend



*James McCartan
Ulster Final 1994 v
Tyrone.*

1983 ULSTER FINAL CAVAN V DONEGAL

A skilful and more composed Donegal swept to their third Anglo Celt success at Clones yesterday before a near record crowd in arguably the best Ulster senior football championship final of recent times.

Their three point victory was memorable, though it was a match of attrition rather than one of brilliance. As for Cavan, it is not difficult to appreciate the strain of the effort needed, mental as well as physical, to break a long losing sequence.

Both teams were caught in the grip of tension from the start, though this diminished as the game progressed. Overall it was exciting, nail-biting, always balanced on a knife edge from the first to last whistle.

John Gough, refereeing his first provincial decider, emerged with his reputation greatly enhanced. He played the advantage rule whenever possible, yet kept a tight rein on the game and the players and spectators alike benefitted from his interpretation of the rules.

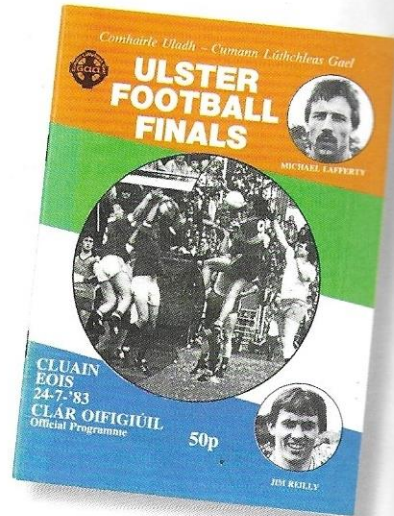
The winners owe their success to exceptional, almost fanatical dedication to training. Credit also

to manager Brian McEniff who has coaxed and encouraged this team to an unexpected but totally deserved third Ulster championship success.

Tactically and technically, Donegal were the more correct. Despite injuries that robbed them of Charlie Mulgrew and Matt Gallagher, they reshuffled their forces so successfully that the side was none the worse.

Donegal boss Brian McEniff struck a shrewd psychological move before a ball was kicked when he placed Railway Cup star and leading scorer Martin McHugh on the 40 and placed Pauric Carr in the right corner of the attack allowing Tommy McDermott to revert back to his normal left corner back berth.

It was an inspired move in that McHugh took over successfully the play making role Charlie Mulgrew had carried out so effectively in previous championship matches this season. Before being forced to retire with a shoulder injury 15 minutes from the end the accurate and industrious McHugh had played a decisive and significant role in Cavan's downfall.



Brian McEniff (Donegal manager)

"It was a gutsy performance and one full of determination. We expected a tough game from Cavan and we got it. I feel that our extra footballing ability proved decisive and the first half penalty came at exactly the right time for us."

Donegal scorers:

M McHugh 0-6, S Bonnar 1-1, J McMullan 0-4, D Reid 0-2, M Carr 0-1

Cavan scorers:

D McDonnell 1-2, M Lynch 0-4, J Reilly, D Donoghue, M Faulkner, R Cullivan, S King 0-1 each.

An Cabhán

Dathanna :
GORM agus BÀN
(Blue and White)

- 1 D. Ó Raghallaigh (Damien O'Reilly) Kilinkere
- 2 E. Mac Thiarnain (Eugene Kiernan) Ballymachugh
- 3 S. Mac Mhaonaigh (Jim McAweeney) Templeport
- 4 P. Ó Dulain (Frank Dolan) Templeport
- 5 T. Ó Bradaigh (Tony Brady) Castlerahan
- 6 S. Ó Dioluin (Joe Dillon) Kingscourt
- 7 S. Ó Raghallaigh (Jim Reilly, Capt.) Kingscourt
- 8 A. Mac an Ríogh (Aidge King) Laragh
- 9 D. Ó Fionnagáin (Danny Finnegan) Lacken
- 10 D. Ó Donnchadha (Donal Donohoe) Laragh
- 11 M. Ó Fachtna (Michael Faulkner) Kingscourt
- 12 R. Mac Culluain (Ray Cullivan) Laragh
- 13 M. Ó Loingsigh (Martin Lynch) Ramor Utd.
- 14 D. Mac Dombhaill (Derek McDonnell) Ramor Utd.
- 15 P. Mac Con Mí (Paddy McNamee) Ramor Utd.

Dún na nGall

Dathanna :
GLAS agus BUI
(Green and Gold)

- 1 N. Mac Comhail (Noel McCole) St. Eunan's
- 2 D. Ó Nutain (Des Newton) Urris
- 3 M. Ó Griofa (Martin Griffin) Sean Mac Cumhail
- 4 M. O Gallechoir (Matt Gallagher) Ballintra
- 5 B. Ó Duinsleibhe (Brendan Dunleavy) Sean Mac Cumhail
- 6 M. O Laifearthaigh (Michael Lafferty) Sean Mac Cumhail -Capt.
- 7 M. O Carra (Michael Carr) Kilarc
- 8 A. O Maolbhuaidh (Anthony Molloy) Ardara
- 9 P. Mac Eiteagáin (Paul McGettigan) St. Eunan's
- 10 D. O Riada (Donal Reid) Bundoran
- 11 T. Mac Diarmada (Tommy McDermott) Aodh Rua
- 12 S. Mac Maolain (Joyce McMullan) Four Masters
- 13 M. Mac Aodha (Martin McHugh) Kilarc
- 14 S. O Cnaimhsí (Seamus Bonar) Civil Service
- 15 C. O Cianaigh (Kieran Keane) Ardara

Fir Ionaid : 16. Ollie Brady (Redhills); 17. Stephen King (Killeshandra); 18. Brian O'Grady (Cavan Gaels); 19. Robbie McDermott (Ballinagh); 20. Matt Reilly (Ballymachugh); 21. Joe Cassidy (Knockbride); 22. Chris McCaffrey (Templeport); 23. H. Conaty; 24. Pat Faulkner (Kingscourt); 25. Jim Phair (Killeshandra).

FIRST HALF				
	Goals	Points	Wides	45's
Cavan				
Donegal				

SECOND HALF				
	Goals	Points	Wides	45's
Cavan				
Donegal				

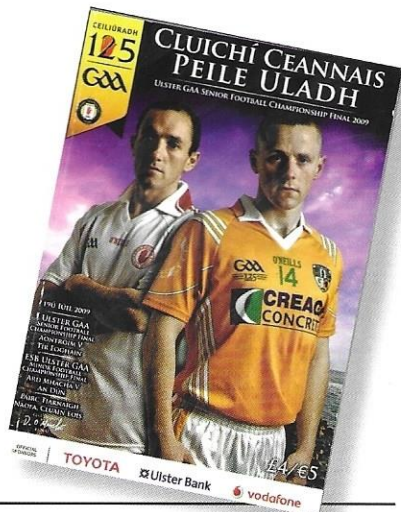
PREVIOUS FINALS

2009

Tír Eoghain 1-18 Aontroim 0-15

Tyrone collected their second Ulster title in three years when they saw off a gallant Antrim side by six points in Clones. A strong start led the foundation for the Red Hands, with Sean Cavanagh scoring the goal which helped to open up a 1-8 to 0-2 lead midway through the half. To their

credit Antrim responded valiantly to that early onslaught, and in captain Paddy Cunningham they had a constant thorn in the Tyrone side. The Saffron's talisman kicked 11 points over the course of the day, but it wasn't enough to overhaul the Tyrone side who had seven different scorers, led by man of the match Cavanagh who scored 1-4.

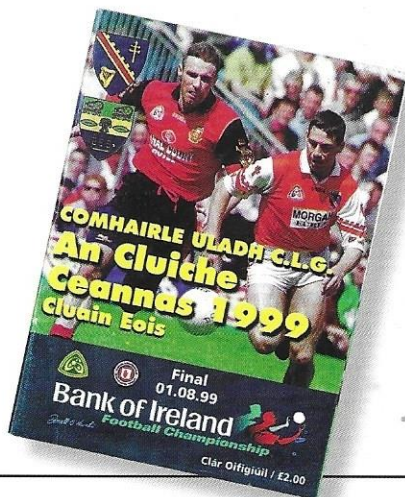


1999

Ard Mhacha 3-12 An Dún 0-10

Armagh captured their first Ulster title since 1982 with a clinical dismantling of near neighbours Down at a baking hot Clones. A masterful display from Oisín McConville, who finished the game by 2-7, was key to the Orchard success. Down had started brightly with points from Shane Mulholland and Ciarán McCabe, but McConville soon struck

for his first major after being sent through by Diarmaid Marsden. Marsden grabbed the second himself, expertly fielding a high ball into the full forward line before crashing the ball to the net. Down were reeling, and despite points from Brian Burns and Shane Ward, they could never get the goal they desperately needed. McConville round off the scoring with his second goal, dispatching a penalty to the net after Paddy McKeever had been fouled.



1989

Tír Eoghain 0-11 Dún na nGall 0-11

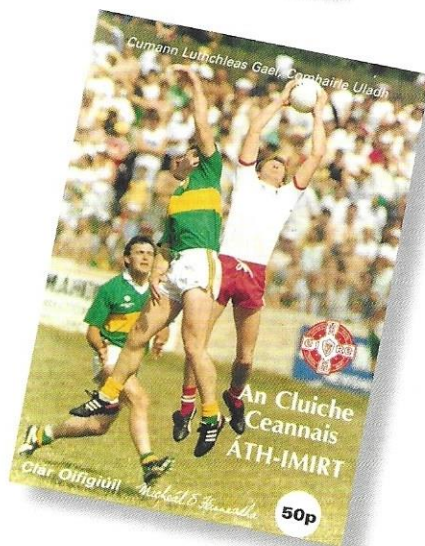
Replay

Tír Eoghain 2-13 Dún na nGall 0-07

There was little between these sides from start to finish, as Donegal led by 0-7 to 0-6 at half time. Tommy Ryan looked to have won it for the Donegal men when he hooked over a beautiful score with his left foot a minute into injury time. Cavan referee, Miceal Greenan allowed one more play and Damian O'Hagan earned a free just

inside the Donegal 45 metre line. Up stepped the birthday boy, Stephen 'Scotchey' Conway who held his nerve as his free made its way over the bar, with the help of the left hand post at the O'Duffy Terrace end.

Second time around, Tyrone produced a sterling first half performance to claim the Anglo Celt after losing the previous year's final to Monaghan. A penalty goal from Stephen Conway and a palmed finish by Damian O'Hagan, following unselfish play by Eugene McKenna laid the foundations for Tyrone's third Ulster title in six years.

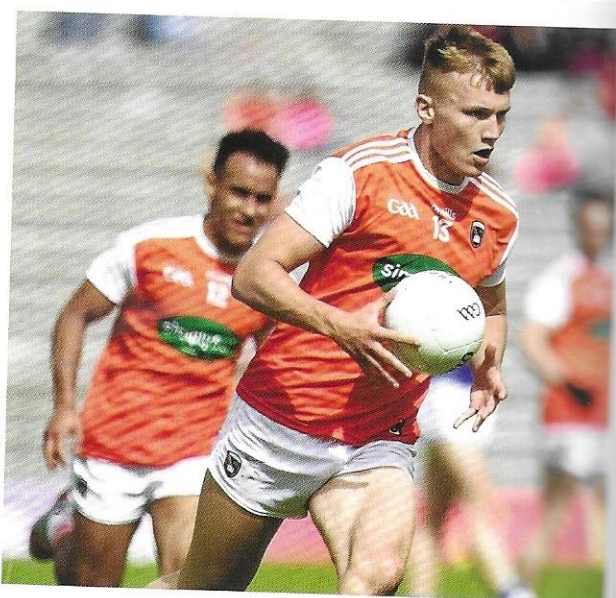


ULSTER SENIOR FOOTBALL CHAMPIONSHIP TOP SCORERS 1948 - 2018

2018	Paddy McBrearty (Dún na nGall)	0-19 (19)	1968	Paddy Doherty (An Dún)	1-17 (20)
2017	Conor McManus (Muineachán)	2-13 (19)	1967	Charlie Gallagher (An Cabhán)	0-19 (19)
2016	Conor McManus (Muineachán)	1-20 (23)	1966	PT Treacy (Fear Manach)	4-13 (27)
2015	Conor McManus (Muineachán)	1-19 (22)	1965	Charlie Gallagher (An Cabhán)	2-29 (35)
2014	Conor McManus (Muineachán)	1-16 (19)	1964	Charlie Gallagher (An Cabhán)	0-19 (19)
2013	Martin Dunne (An Cabhán)	0-17 (17)	1963	Harry Laverty (Dún na nGall)	2-10 (16)
2012	Colm McFadden (Dún na nGall)	2-18 (24)	1962	Seamus McMahon (An Cabhán)	
2011	Eoin Bradley (Doire)	2-10 (16)		& Frankie Donnelly (Tír Eoghain)	0-11 (11)
2010	Paul Finlay (Muineachán)	0-14 (14)	1961	Paddy Doherty (An Dún)	1-16 (19)
2009	Paddy Cunningham (Aontroim)	0-19 (19)	1960	Con Smith (An Cabhán)	1-17 (20)
2008	Steven McDonnell (Ard Mhacha)	1-17 (20)	1959	Paddy Doherty (An Dún)	1-17 (20)
2007	Thomas Freeman (Muineachán)	1-15 (18)	1958	Paddy Doherty (An Dún)	3-14 (23)
2006	Oisín McConville (Ard Mhacha)	3-25 (34)	1957	Frankie Donnelly (Tír Eoghain)	1-14 (17)
2005	Stephen O'Neill (Tír Eoghain)	1-26 (29)	1956	Frankie Donnelly (Tír Eoghain) &	
2004	Colm McFadden (Dún na nGall)			Victor Sherlock (An Cabhán)	2-07 (13)
	& Oisín McConville (Ard Mhacha)	1-13 (16)	1955	Peter Donohoe (An Cabhán)	0-14 (14)
2003	Peter Canavan (Tír Eoghain)	1-38 (41)	1954	Brian Gallagher (An Cabhán)	0-14 (14)
2002	Rory Gallagher (Fear Manach)	4-12 (24)	1953	Art O'Hagan (Ard Mhacha)	3-04 (13)
2001	Rory Gallagher (Fear Manach)	0-16 (16)	1952	John Joe Cassidy (An Cabhán)	1-07 (10)
2000	Rory Gallagher (Fear Manach)	1-19 (22)	1951	Joe McCallin (Aontroim)	3-14 (23)
1999	Oisín McConville (Ard Mhacha)	3-18 (27)	1950	Peter Donohoe (An Cabhán)	3-18 (27)
1998	Joe Broily (Doire) &		1949	Peter Donohoe (An Cabhán)	4-10 (22)
	Tony Boyle (Dún na nGall)	0-13 (13)	1948	Peter Donohoe (An Cabhán)	3-12 (21)
1997	Joe Broily (Doire)	3-15 (24)			
1996	Peter Canavan (Tír Eoghain)	3-13 (22)			
1995	Peter Canavan (Tír Eoghain)	0-20 (20)			
1994	Peter Canavan (Tír Eoghain)	1-17 (20)			
1993	John Toner (Ard Mhacha)	0-23 (23)			
1992	Enda Gormley (Doire)	0-25 (25)			
1991	Ross Carr (An Dún)	0-21 (21)			
1990	Manus Boyle (Dún na nGall)	1-16 (19)			
1989	Martin McHugh (Dún na nGall)	2-16 (22)			
1988	Stephen Conway (Tír Eoghain)	0-17 (17)			
1987	Enda Gormley (Doire)	0-20 (20)			
1986	Brendan Mason (An Dún)	3-17 (26)			
1985	Eamon McEaney (Muineachán)	3-16 (25)			
1984	Frank McGuigan (Tír Eoghain)	0-19 (19)			
1983	Derek McDonnell (An Cabhán)	4-11 (23)			
1982	John Corvan (Ard Mhacha) &				
	Peter McGinnity (Fear Manach)	1-09 (12)			
1981	Eamonn McEaney (Muineachán)				
	& Brendan McGovern (An Dún)	1-17 (20)			
1980	Patsy Hetherington (Tír Eoghain)				
	& Patsy Kerlin (Tír Eoghain)	4-03 (15)			
1979	Kieran Finlay (Muineachán)	1-18 (21)			
1978	Donal Donohoe (An Cabhán)	0-12 (12)			
1977	Brendan Kelly (Doire)	2-10 (16)			
1976	Steve Duggan (An Cabhán)	1-22 (25)			
1975	Willie Walsh (An Dún)	3-08 (17)			
1974	Seamus Bonnar (Dún na nGall)	6-04 (22)			
1973	Patsy Hetherington (Tír Eoghain)	0-17 (17)			
1972	Joe Winston (Dún na nGall)	0-26 (26)			
1971	Sean O'Connell (Doire)	1-18 (21)			
1970	Andy McCallin (Aontroim)	3-15 (24)			
1969	Sean Woods (Muineachán) &				
	Gene Cusack (An Cabhán)	3-07 (16)			

2019 ULSTER SFC TOP SCORERS

Rian O'Neill	(Ard Mhacha)	0-18
Cathal McShane	(Tír Eoghain)	0-17
Niall Murray	(An Cabhán)	0-12
Jamie Clarke	(Ard Mhacha)	0-10
Jamie Brennan	(Dún na nGall)	1-07



Armagh's Rian O'Neill leads the way.



THE ANGLO CELT CUP

ULSTER SENIOR FOOTBALL CHAMPIONSHIP

Cups named after newspapers are not uncommon in the GAA: we have the Irish Press Cup (All-Ireland Minor Hurling), the Irish Independent Cup (All-Ireland Junior Football). But the oldest of them all is our Anglo-Celt Cup.

The Anglo-Celt was and remains an important building block in Ulster GAA. After the turmoil of the previous decades, the Ulster Council worked hard in the 1920s to get the GAA here on a firm footing. Although then in its thirties in age terms, the Ulster Senior Football Championship still had no suitable trophy to award to its winners.

The cash-strapped Council faced a dilemma until John F. O'Hanlon, the managing director of the Anglo-Celt newspaper, stepped forward in 1925 and donated a Cup. A much smaller Cup than the current substantial version, the new Anglo-Celt Cup was, very appropriately, first won by Cavan who would go on to lift it another 23 times over the following 37 years.

That original Cup was lost after the 1962 Final and when Down won their fourth Ulster title in 1963 – against Donegal in front of a huge crowd in Breffni Park – it was

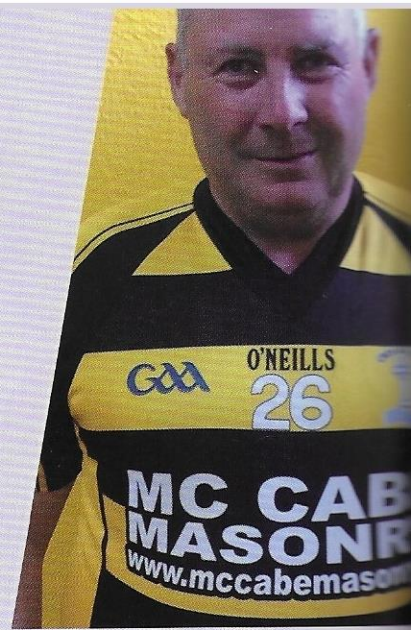


George Lavery who had the honour of being the first Captain to receive the new Anglo-Celt.

Such is the strength of the Ulster Championship, the Anglo-Celt remains welcome and prized wherever it goes. Today Raymond Galligan hopes to become the first Cavan man since Stephen King in 1997 to lift the trophy. Meanwhile Michael Murphy will be aiming to repeat his walk up the steps to lift his fifth Anglo Celt as captain of Donegal.



Valuing the Volunteer



SEAN SMITH CROSSERLOUGH

How long have you been involved with your club?

I have been attending games since 1969. I played underage as a goalkeeper. I first became a club officer in March of 1981 as P.R.O and was an officer of the club in different roles for 28 years in a row after that.

What roles have you carried out for your club down through the years?

I've been P.R.O twice, Club Treasurer twice and Assistant Secretary. I have been the caretaker of our club grounds for the last 20 years and I am also the club blotto coordinator.

What's your current position within the club?

Caretaker/groundsman

What do you enjoy most about being a volunteer at your club?

The friendships I suppose. Interacting with the community young and old. It's been great to see all our current county stars progressing over the years. Gents, ladies and camogie.

What have been your greatest club memories?

The last 3 championship wins of the great 7 in a row team. (I didn't get to see the first 4) and last year's run to the Senior Championship Final stands out too.

What does it mean to you to be a member of the GAA?

Definitely the sense of community within the GAA. It's something to be very proud of, we are one big family really.

How do you think your county will fare in this year's championship?

Hopefully a great win today and they can progress to the Super 8's and after that anything is possible. It is a very young team and a great learning curve for them. It is a great lift for the County.

What are your hopes for the remainder of 2019?

A successful year for both club and county.....and that the club lotto jackpot isn't won anytime soon!!



Crosserlough, Cavan Senior Finalists 2018



WIN THE DREAM IN DUBLIN 15

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FREE LIFE

5 FOR 5
BONUS DRAW
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WIN THE LIFE CHANGING PRIZE OF A €375,000
HOUSE IN BARNWELL WOODS, DUBLIN 15 FOR €100

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McGarrell Reilly
Group



Cavan GAA are offering one lucky winner the prize of a 3 bed, double fronted house in Hansfield, Dublin 15 to help raise funds for our Polo Grounds Centre of Excellence.

To thank all those who have supported this project, we are giving five lucky entrants five extra tickets.

Buy your ticket before July 1 to qualify for this offer and all future bonus draws.

GO TO WWW.WININDUBLIN15.IE TO ENTER

SCÓR ULADH CELEBRATES 50 YEARS WITH 6 ALL IRELAND SCÓR TITLES!



This is a special year for the GAA as 2019 marks the 50th Anniversary of Scór. Scór is a hugely important part of club life in every County in Ulster. In this Jubilee year it was a wonderful achievement for Ulster to win 6 All Ireland Scór titles.

The All Ireland Finals of both Scór na nÓg and Scór Sinsir took place in Castlebar. The competition at both events was of the highest standard. Comhghairdeas to all our provincial winners and a special congratulations to our All Ireland Champions:

St Mary's Aghagallon,
Co. Aontroma - Rince Foirne
(Scór na nÓg).

Aoife Trainor, Clonduff GAC,
Co. An Dúin - Amhránaíocht
Aonair (Scór na nÓg).

Mary Kate Bonnes, Tír na nÓg,
Co. Aontroma -
Aithriseoireacht (Scór na nÓg).

St Mary's Aghagallon,
Co. Aontroma - Léiriú Stáitse
(Scór na nÓg).

Cornafean, Co. An Chabháin -
Tráth na gCeisteanna Boird
(Scór na nÓg).

Michael McGibney, Cornafean,
Co. An Chabháin -
Aithriseoireacht (Scór Sinsir).

To celebrate the Golden Jubilee of Scór in the province, Coiste Scór Uladh held a Celebration Concert "Scór Caoga" in Dún Uladh, Contae Thír Eoghain. All Ireland Champions from all counties in Ulster over the past 50 years took to the stage at this event. This Concert was a very fitting Celebration for the Golden Jubilee Year of Scór. Anthony Williamson



The Ulster Council honour Anthony Williamson (Rostrevor) at the Scór Caoga Concert

(Rostrevor) a founder member of Scór and Aidan Brennan (Cathaoirleach Choiste Scór Náisiúnta) were among the special guests present on the night. It was a great honour to have Anthony (Tony, as he is fondly known in Down GAA circles) and his family present on this special occasion. During the evening, a presentation was made to Anthony by Michael Geoghegan on behalf of Comhairle Uladh in recognition of his great contribution to Cumann Lúthchleas Gael as a founder member of Scór.

The atmosphere at the concert was electric and the standard of entertainment was amazing. The entertainment included dancing, singing, recitations, instrumental music and some very entertaining stage presentations. Steven Hughes and Áine Uí Choinn compered the show in an efficient and witty manner. All present

enjoyed an evening of fun and laughter and at the interval had the opportunity to meet up with friends for refreshments and some reminiscing in the lovely surroundings of the Killyclogher CLG Clubrooms. Occasions like this involve a lot of organising and planning, hence great credit is due to Coiste Scór Uladh and the members of the host club and county led by Dónal Magee.

It has been a busy but very rewarding year for everyone involved in Scór. After all the celebrations let's hope Scór will continue to flourish in the province of Ulster for many years to come.

Ní neart go cur le chéile.

GAEILGE SA CHLUB



CLG Uladh is delighted to officially launch the Gaeilge sa Chlub scheme for 2019 at today's Cluiche Ceannais between Dún na nGall agus An Cabhán.

The Gaeilge sa Chlub ('Irish in the Club') scholarship for adult learners of Gaeilge is a joint initiative from CLG Uladh and Ulster University in order to promote the use of Gaeilge within clubs throughout Cúige Uladh. CLG Uladh provides financial assistance to GAA members who sign up for a Diploma in Irish Language and assists them in organising a project in their clubs to promote Gaeilge.

Foghlaimíonn mic léinn an dioplóma léamh agus scríobh na Gaeilge, agus úsáideann siad an Ghaeilge atá foghlamtha acu ina gclubanna féin agus iad ag teagasc ranganna, ag eagrú imeachtaí, ag obair mar Oifigeach Gaeilge, nó ag cuidiú le coistí an chlub. Má tá an Ghaeilge le feiceáil agus le cloisteáil inár gclubanna, beag beann ar an leibhéal, is amhlaidh is fusa a bheas sé daoine a mhealladh chuici.

The continued success of this CLG Uladh and Ollscoil Uladh collaboration provides financial support for GAA members and continues to be a fantastic pathway to a high level of proficiency in Irish. This partnership not only opens the door to third level education for many, but also allows GAA clubs to benefit from an increased awareness



Liosta na gClubanna 2018-19

CLG Ruairí Óig, Bun Abhann Dalla	CLG Naomh Éanna, Gleann Ghormlaithe	CLG Dhál gCais, An Loch Mór
CLG Thulaigh Lis	CLG na Láimhe Deirge, Baile Haine	CLG Chláirseacha na Craoibhe
Cumann Camógaíochta Naomh Brid, Ard Mhacha	CLG Naomh Maolmhadhóg, An Seanmhullach	CLG Uí Raithíle, Cluain Eo
CLG an Phiarsaigh, Gallbhaile	CLG Uí Dhonnabháin Rosa, Ard Bó	CLG Roibeaird Emmet, Sleacht Néill
CLG Naomh Pádraig, An Lúb	CLG Watty Graham (Ualtair Uí Ghréacháin), An Gleann	CLG Eoghain Rua, Dún Geanainn
CLG an Athar Mhic Con Charraige, An Chorr Chriochach	CLG Naomh Colm Cille, (Oileán an Ghuail / Cluain Eo)	CLG Naomh Pádraig, An Caisleán Glas
CLG na Bréadaí	CLG Bhriain Óig, Baile Stíl	Cumann Camógaíochta Naomh Pádraig, Dún Geimhin
CLG Uí Chonchúir, An Ghlaic		

and promotion of Gaeilge. Students can avail of the Dioplóma sa Ghaeilge in three centres: Burnavon Centre, Cookstown, Ollscoil Uladh, Belfast, and Magee Campus, Derry.

„Dibríonn CLG Uladh i gcomhpháirt le hOllscoil Uladh chun scileanna Gaeilge bhaill an chumainn a fheabhsú. Tugann an scéim ‘Gaeilge sa Chlub’ scoláireachtaí is fiú €10,000 gach bliain chun go mbeidh baill ábalta tabhairt faoi thraenáil ghairmiúil trí Dhioplóma sa Ghaeilge a dhéanamh in Ollscoil Uladh ag a hionaid i mBéal Feirste, ar an Chorr Chriochach agus i nDoire. Saibhríonn an infheistíocht seo i bhforbairt acmhainne gníomhaíocht chultúrtha na mball agus na gclubanna agus tá breis ag 70 scoláireacht bronnta go dtí seo.’ – An Dr. Malachy O’Neill, Ollscoil Uladh.

Tá ar ár scoláirí tionscadail a eagrú ina gclubanna féin mar chuid den scéim seo. Each year, our ‘Gaeilge sa Chlub’ recipients organise an Irish Language event in their club. These imeachtaí promote and encourage Gaeilge at grass-roots level of An CLG in Uladh. Don bhliain acadúil 2018-2019, ghlac 24 páirt sa scéim. Our 24 recipients from 2018 have organised a variety of imeachtaí agus tionscadail (projects), and come from an assortment of clubs across Cúige Uladh:

TIONSCADAIL NA MAC LÉINN / STUDENT PROJECTS

D’eagraigh **An Caisleán Glas** Club Óige a spreag páistí chun Gaeilge a labhairt. Orla Warnock of Greencastle organised a youth club for young members of the club to engage in activities promoting Gaeilge. D’úsáid na páistí an Ghaeilge a d’fhoghlaim siad sa chlub óige agus iad ar scoil nó sa bhaile lena dtuismitheoirí. Mol an óige agus tiocfaidh sí! Many recipients also chose to use their newfound scileanna as Gaeilge to teach their fellow members by organising Ranganna Gaeilge sa chlub, **Sleacht Néill** agus an **Ghlaic** ina measc.

An Gleann’s recipient will hold a Lá Spóirt (Sport’s Day) through the medium of Gaeilge i rith an tSamhraidh (during the summer). **Naomh Éanna**, Contae Aontroma are making great strides with their Croí / Pobal Éanna initiative, and Gaeilge is very much at the heart of their endeavours: these include the Pop-up Gaeltacht, Cumann Óige, Ranganna for Parents and Children, Coaching trí Ghaeilge sessions and hosting ‘BBC Blas’ for Seachtain na Gaeilge 2018.

Molaimid an scéim seo do dhuine ar bith atá ag iarraidh an Ghaeilge a fhoghlaim ar dhóigh éifeachtach agus le tacaíocht iontach ó fhoireann ar leith in Ollscoil Uladh. CLG Uladh highly recommends the financial assistance our ‘Gaeilge sa Chlub’ scheme provides to learning Gaeilge in an excellent institution with superb support from léachtóirí Ollscoil Uladh.



Valuing the Volunteer



MICHAEL MCMAHON

REALT NA MARA, BUN DOBHRÁIN

Involvement with your club?

Michael is with Bundoran's Realt na Mara since 1977. Originally, an Erne Gaels man from Belleek, Michael was also a member of Donegal New York from 1982 to 1987 before returning to Bundoran to become the club's most dynamic official for the last 32 years.

Roles carried out for Realt na Mara down through the years?

Michael has held all major official posts bar secretary with spells as chairman, treasurer, PRO, vice-chairman and county board delegate. Michael is also a long-serving chairman of Bord na nÓg, having held that position on three occasions over the last twenty years.

Current position within the club?

2019 is the first in the last 30 that Michael is not a senior club official. He is on the senior executive and by far the club's most prolific fundraiser. A familiar face to Gaels from all over Ulster enjoying weekends in Bundoran, he is a fixture on Staurday nights at the Allingham Arms Hotel where he sells the Club's Bunotto. At home games he is well-known to all supporters directing traffic before touring Gaelic Park selling more Bunotto.

At a county level Michael is a long-standing steward, seen at all home matches in Fr Tierney, MacCumhaill and O'Donnell Parks as well as venues throughout Ulster. He is stewarding somewhere at today's Ulster final so if you see him say hello!

The joys of being a Realt na Mara volunteer?

There is great satisfaction personal satisfaction being a volunteer and contributing to your community while being part of something you are passionate about and feel is of great value in terms of social interaction, the health and welfare of youth and bringing local pride to the community. Michael enjoys meeting Gaels visiting Bundoran from all over Ireland, sharing stories while they show their appreciation of the valuable role played by the GAA by buying Bunotto.

Greatest club memories?

There have been many highlights for Michael and it is hard to isolate one. Realt na Mara winning the 2010 Intermediate championship, their first Donegal title in 33 years is up there as is defeating St Eunan's in an u-12 final in 2003 while he was Bord na nÓg chairperson. Highlights aren't all about silverware, Michael recalls the unrestrained joy of youngsters winning their first game after six years of trying in an under-16 game at Gaelic Park. Forced to choose, it would be Brian McEniff crossing the Drowes into his hometown Bundoran as a victorious Donegal brought Sam to the Hills in 1992.

What does it mean to be a member of the GAA?

Michael is very passionate about the GAA, a major part of his life for as long as he can remember. He has travelled throughout Ireland following Realt na Mara and Donegal – also fitting in the odd Fermanagh game. Michael loves the comradeship and the shared experiences of members of this great community-based, volunteer-driven organisation. The fun and the banter is hard to beat but at the same time there is an underlying seriousness and a vast pride all Gaels have in their club and native County.

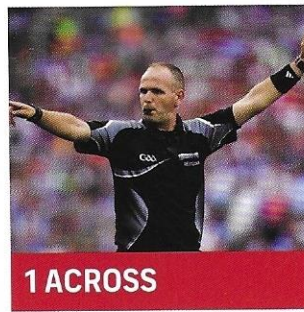
How will Donegal fare in this year's championship?

Michael would be very hopeful of a win today and a stepping stone to greater things. It would be wonderful to see our clubmen Jamie and Paul Brennan in Croke Park on September 1st and Jamie winning man of the match as top-scorer on the day.

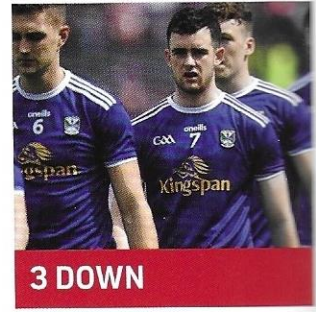
Hopes for the remainder of 2019?

For Realt na Mara it is vital the club retains its Division 1 status and progresses further than last year in the Senior championship when they exited in the quarter-final to eventual Ulster Champions, Gaith Dobhair. A semi-final or better would be great progress for a squad that like Donegal's is based around a lot of young players and a sprinkling of experienced stalwards.

KIDS CORNER



1 ACROSS



3 DOWN

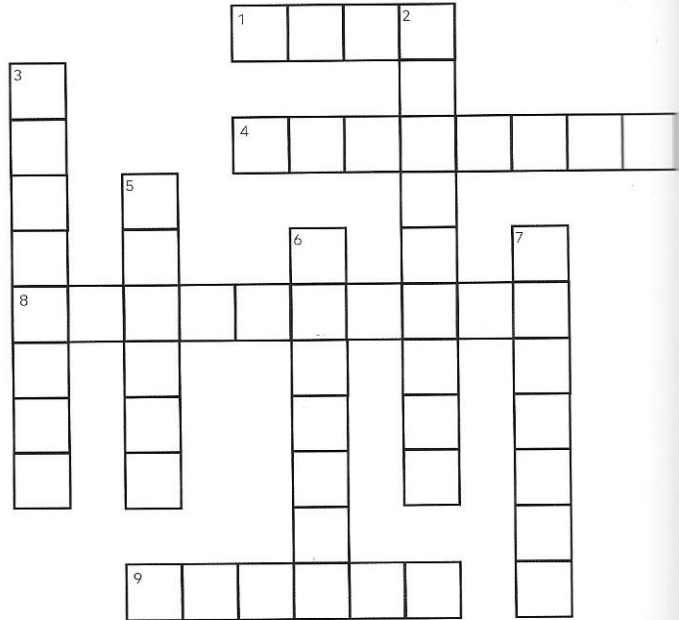
CROSSWORD

ACROSS

- 1 Today's Referee Conor Lane comes from this Munster county (4)
- 4 Cavan captain, Raymond (8)
- 8 Gearóid McKiernan represents this Cavan club (10)
- 9 Bonner, Donegal manager hoping to guide his team to another Ulster title (6)

DOWN

- 2 Donegal duo Eoghan Bán Gallagher and Hugh McFadden represent this club (9)
- 3 Cavan jersey sponsor (8)
- 5 Cavan centre half back and Shercock clubman, Killian (6)
- 6 Donegal captain from the Glenswilly club, Murphy (7)
- 7 Jamie, Donegal goalscorer against Tyrone (7)



WORD SCRAMBLE

Can you unscramble the five Cavan players on show today?

1. ICEMAN YACK

2. RALLY INTERIM

3. CHINO ROLLER

4. CARVED MEATY

5. ALKALI CRINKLE

And what about these five Donegal players?

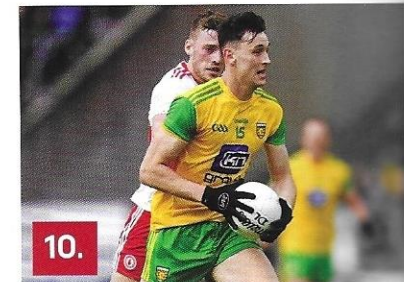
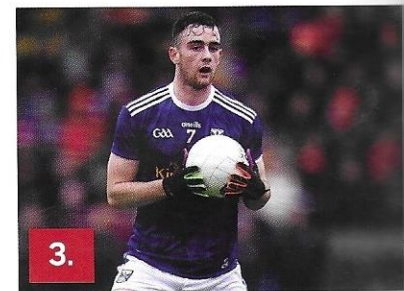
6. HOSANNA PUTT

7. MENACE JOGS

8. MINCE GLEE

9. MONOCLE OLE

10. MANILLA CHANGE



WORD SCRAMBLE:
 1. CIAN MACKAY 2. MARTIN REILLY 3. CONOR REHILL 4. DARÁ MCVEETY
 5. KILLIAN CLARKE 6. SHAWN PATTON 7. JASON MCGEE 8. NEIL MCGEE
 9. LEO MCLOONE 10. MICHAEL LANGAN

CROSSWORD ANSWERS:
 ACROSS: 1. CORK 4. GALLIGAN 8. SWANLINBAR 9. DECLAN
 DOWN: 2. KILLYBEGS 3. KINGSPAN 5. CLARKE 6. MICHAEL
 TIBERNAN

QUIZ TIME?

Q1. Cavan will return to St Tiernach's Park today looking to capture their first Ulster title since 1997, but on how many previous occasions have they been crowned the provincial champions?

Q2. By contrast, Donegal have won nine Ulster titles to date, but in what year did they win their first?

Q3. Raymond Galligan will be hoping to be the first Cavan man to lift the Anglo Celt since who?

Q4. Donegal defeated Cavan in the 1983 Ulster Final, the only previous meeting between the two sides in the provincial decider. Who captained Donegal to that title?

Q5. The 2019 Ulster Championship has seen 14 goals and 245 points scored over the eight matches so far, but who is the leading scorer to date?

Q6. Cavan lead the way but who comes second on the Ulster SFC Roll of Honour with 16 titles?

Q7. 25 years ago Down defeated Tyrone by 1-17 to 1-11 in the Ulster Final. Who scored the Down goal that day?

Q8. Last year's All-Ireland Final referee Conor Lane will be the man in the middle for the 2019 Ulster Final, but who refereed the decider 12 months ago?

Q9. Which year was the most recent occasion on which the Ulster Final was played outside of Clones?

Q10. Who was the last Cavan player to finish as top scorer in Ulster Senior Football Championship?

Q11. Since 2011 there have only been four men to captain their county to the Anglo Celt. Michael Murphy of Donegal, Monaghan's Conor McManus and Sean Cavanagh of Tyrone. Who is the fourth?

Q12. Declan Bonner will lead Donegal out as manager in a third Ulster Final this afternoon, with one win (last year) and one defeat (in 1998) on his CV. From which club does the Donegal Bainisteoir hail?

Q13. Mickey Graham will be remembered for his exploits with Longford side Mullinalaghta last year, leading the club to a remarkable Leinster Senior Club Football title in December. But with which Cavan club did he play?

Q14. Back to 1997 and that memorable Ulster Final for the people of Cavan. There was only one goal scored in that final, and it was a crucial one for the Breffni Blues. Who scored it?

Q15. There have been 14 goals have been scored so far in this year's Ulster Senior Football Championship, but who scored the first?

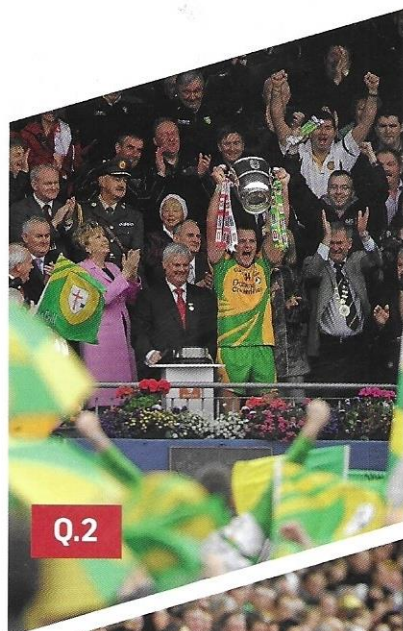
Q16. The Anglo Celt trophy that the winners will take home with them today was first presented in 1925, fittingly to Cavan. The present trophy was first played for in 1963, but which county were the first to get their hands on it?

Q17. Gaoth Dobhair memorably claimed a first Ulster Senior Club title back in December when they overcome Scotstown in the Final. But a Donegal club also claimed the provincial Junior title two weeks earlier, who was it?

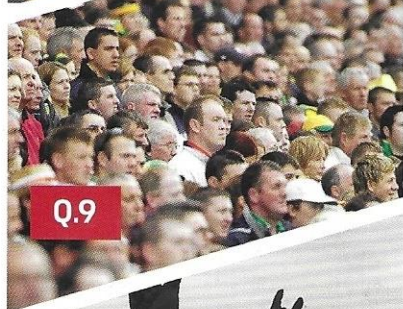
Q18. Cavan's victory over Armagh ended the longest wait for an Ulster county to make an appearance in the provincial final. Which county has now waited the longest since their last Ulster Final day out?

Q19. Cavan's last Ulster Final was their 2001 defeat to Tyrone, but who managed them to that appearance in the decider?

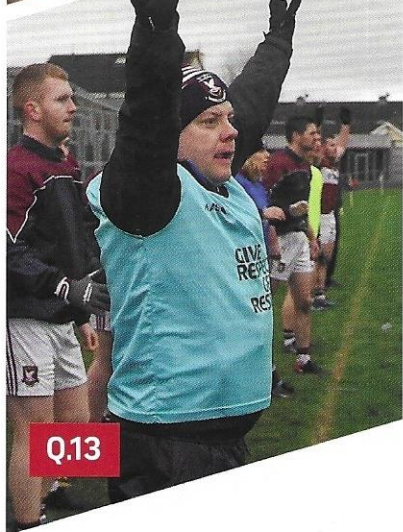
Q20. Donegal's Martin McHugh managed Cavan to their last title back in 1997, and his son Ryan will line out in the Donegal side today. With which Donegal club are the McHugh's most closely associated?



Q.2



Q.9



Q.13

- Answers**
 1. 37; 2. 1972; 3. Stephen King; 4. Michael Lafferty; 5. Rian O'Neill (Armagh); 6. Monaghan; 7. Ross Carr; 8. David Gough; 9. 2006; 10. Martin Dunne; 11. Owen Lennon (Monaghan); 12. Na Rossa; 13. Cavan Gaels; 14. Jason Reilly; 15. Shane McGuigan (Derry); 16. Down; 17. Red Hugh's; 18. Armagh (2008); 19. Val Andrews; 20. Kilcar

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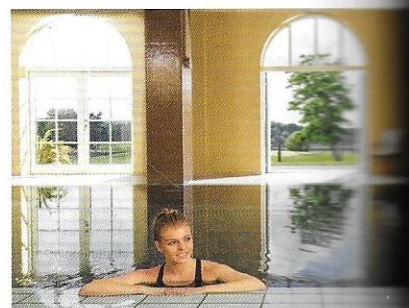
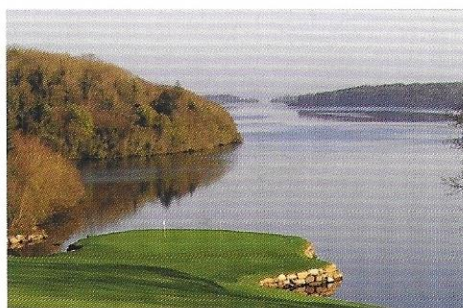
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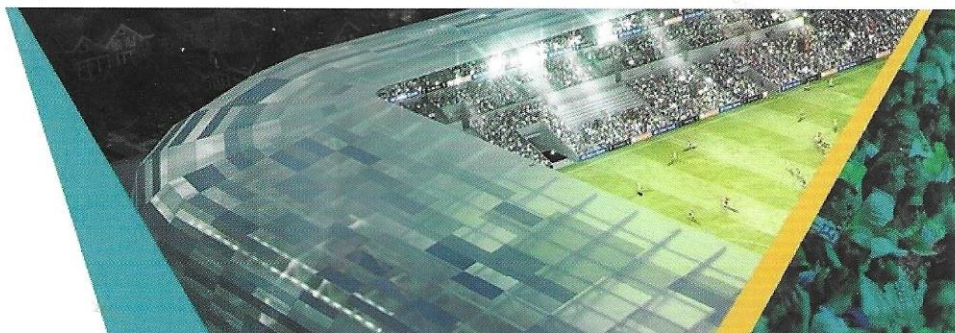
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CASEMENT PARK

A chairde,

As we celebrate another Ulster Final Day, I wanted to take this opportunity to speak with you about the ongoing Casement Park Project and thank you for your continued and steadfast support as we move forward with plans to deliver a new provincial stadium for all of Ulster in the heart of Ireland's second city, Belfast.

Community is at the core of the GAA and once completed, the new Casement Park stadium will form part of our long-term strategic vision to transform the GAA landscape in Ulster inspiring future generations as well as our 250,000 active members, increasing participation in our games.

The design for Casement Park, which was developed by the same award-winning company Populous who helped create the new Tottenham Hotspur Stadium, was the result of a community consultation process which saw 91% of respondents in support of the project's plans.

The Casement Park stadium is part of the Regional Stadia Programme within the NI Executive's Programme for

Government and we welcome the valuable contribution to sporting and civic life that the stadiums at Windsor Park and Kingspan Park deliver and we are resolutely committed to ensuring that the GAA's provincial strategic needs are also delivered

Although we are frustrated at the length of time it is taking for some statutory bodies to respond to the planning authority we have recently welcomed correspondence from the Department of Infrastructure (DfI) confirming the project may be approved without local Assembly Ministers in place and we look forward with confidence to the next stage of our project and the next chapter for Ulster GAA.

As we near the final stages of the planning process we encourage all members to visit the online planning portal for Casement Park to send their message of support to the planning authority ahead of their decision. Finally, I would like to thank all our members again for your continued patience as we look forward to the delivery of Ulster's first modern provincial GAA stadium.

Is mise le meas,

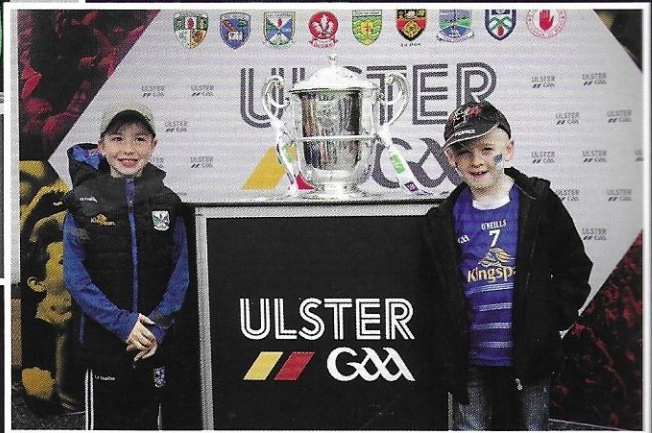
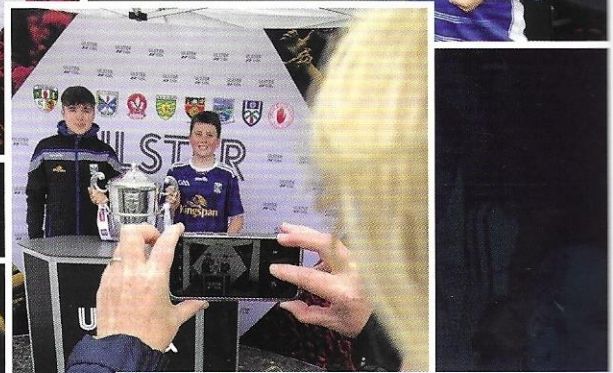
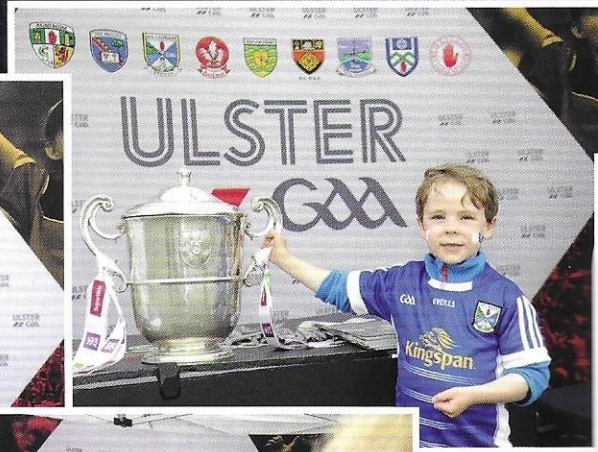
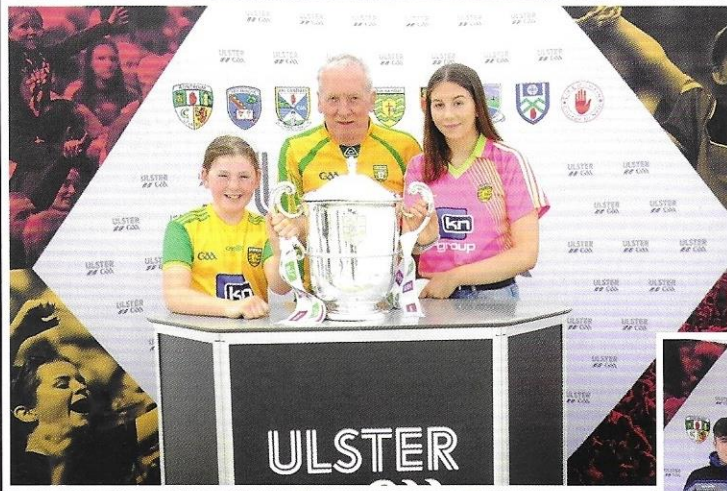
Tom Daly
Chairman, Stadium Project Board

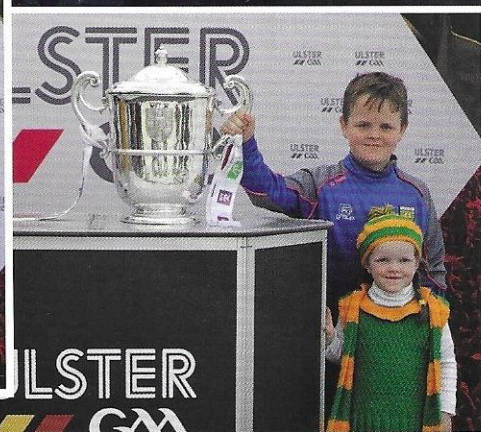
Address for planning application representations:

DFI Planning
Clarence Court
10-18 Adelaide Street
Belfast
BT2 8GB



ULSTER GAA | FANZONE





GROUND REGULATIONS

1. All persons entering this ground are admitted only subject to the following Ground Regulations and to the Rules and Regulations of the Gaelic Athletic Association. Entry to the ground shall be deemed to constitute unqualified acceptance of all these Rules and Regulations.

2. Fireworks, smoke canister, bottles, glasses, cans, flagpoles, banners, air horns and other similar articles or containers, including anything which could or might be used as a weapon, are not permitted within the ground, and any person in possession of such an article or container may be refused entry. Should any flag cause an obstruction or present a risk to health & safety, due to the size or type of flagpole used, the GAA reserves the right to have that flagpole removed from the grounds. Flags other than the national flag, Association flag and the flags of competing teams should not be flown from flagpoles at our games.

3. The consumption of intoxicating liquor is permitted only in authorised places and spectators are not permitted to bring alcohol into the ground.

4. Smoking is permitted only in designated areas.

5. The authorised climbing of stands, seats or other buildings in the ground is forbidden.

6. Unnecessary noise such as that from the use of radio sets, air horns and behaviour likely to cause confusion or nuisance of any kind, including foul or abusive language, is not permitted in any part of the ground.

7. Under no circumstances is it permitted to throw any object onto the pitch.

8. Unauthorised persons are not permitted to enter upon the field of play.

9. Any person who fails to comply with the instructions from a steward may be ejected from the ground.

10. In general, the right of admission is reserved to the Ground Management.

11. Any person who remains in a gangway may be ejected from the ground.

12. The Ground Management reserve the right for its servants or agents to remove from the ground/arena any person who does not comply with the Ground Regulations or whose presence in the ground could reasonably be construed as constituting a source of danger, nuisance or annoyance to other spectators.

13. Patrons are not permitted to enter the field of play before, during, or after the game.

Bag Policy:

No large bags or backpacks will be permitted in stadia. Smaller bags will be permitted but may be subject to searches and patrons are urged not to bring bags at all, where possible.

Ambulance:

Ambulance Cover is provided here today at the rear of the Gerry Arthurs' Stand and at the rear of the Hill.

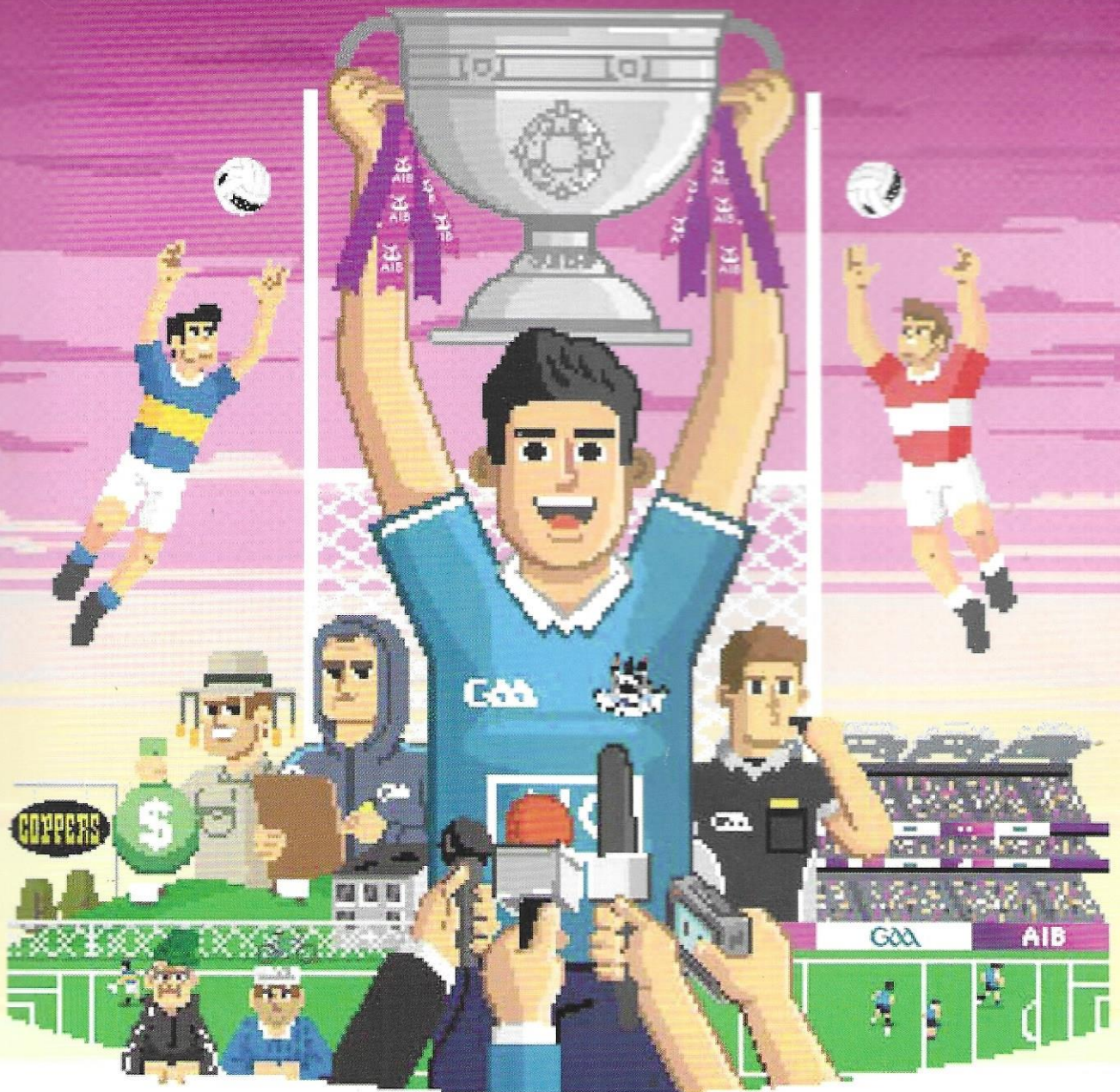
Lost Children:

Children who have become separated from their parents/guardians should be brought to the designated First Aid points.

Safety Notice:

We have established the above regulations for health and safety reasons, to avoid serious injury or harm. We thank you for your co-operation.

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