

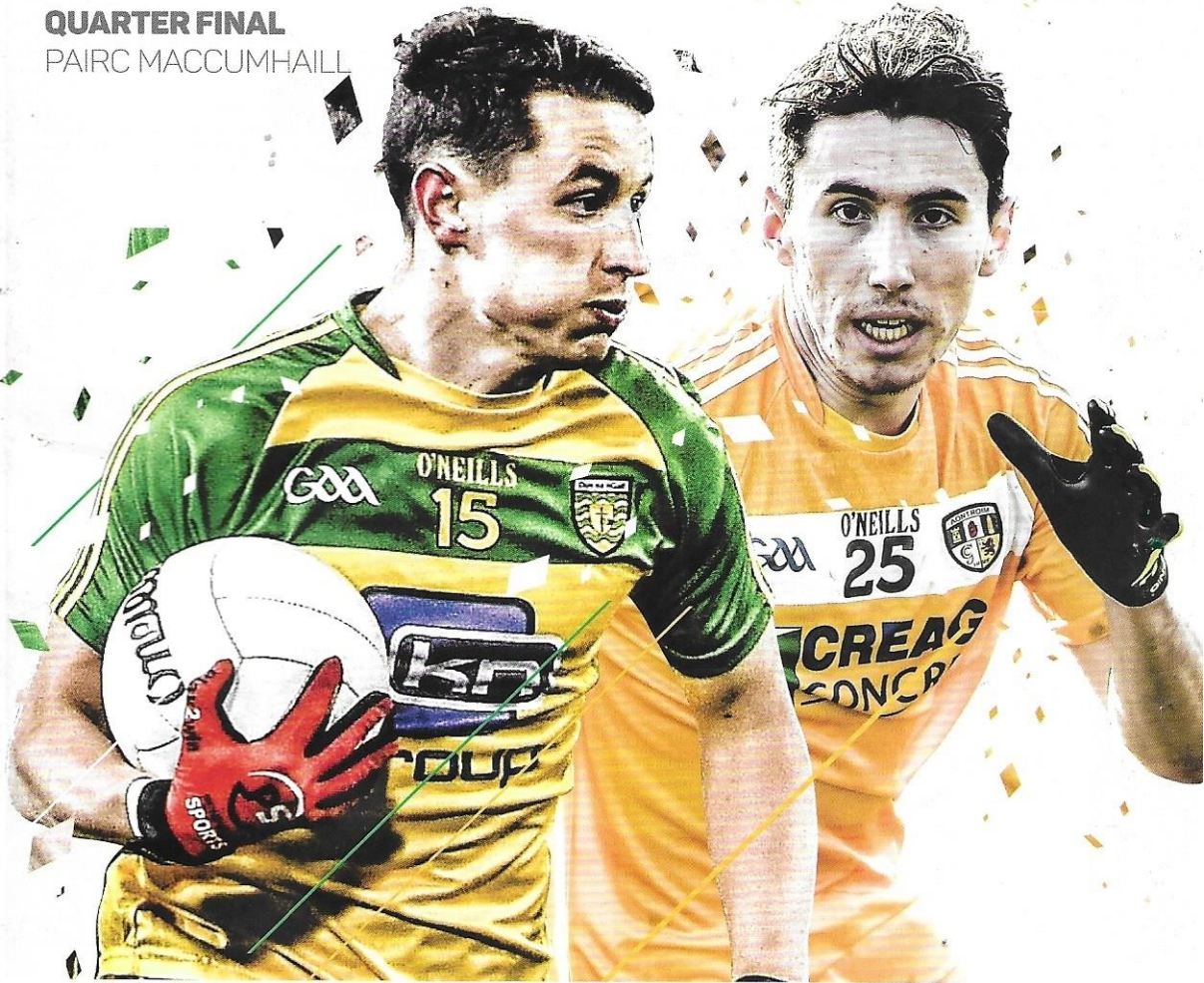
# DÚN NA NGALL v AONTROIM

CRAOBH PEILE ULADH

QUARTER FINAL  
PAIRC MACCUMHAILL

# ULSTER

FOOTBALL  
CHAMPIONSHIPS



€3/€3 | Clár Oigiiiúil

Rúnaí *Brian Mac Fhionn*

FOR MORE #ULSTERGAA



21Ú BEALTAINE 2017



# TODAY'S GAMES

SUN 21ST MAY 2017

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Photography: Sportsfile, Thomas Gallagher & John Merry

## ELECTRIC IRELAND ULSTER GAA FOOTBALL MINOR CHAMPIONSHIP QUARTER FINAL

THROW IN 2:00pm (ET if required)

## ULSTER GAA FOOTBALL SENIOR CHAMPIONSHIP QUARTER FINAL

THROW IN 4:00pm



**DÚN na nGALL**  
v **AONTROIIM**

**Referee:** Steven Campbell (Tír Eoghain)  
**Standby:** James Lewis (Fear Manach)  
**Linesman:** Joe Corcoran (Fear Manach)  
**Sideline Official:** Kieran Eannetta (Tír Eoghain)  
**Umpires:** Barry Coyle, Cathal McCrory,  
Declan Coulter and Shane Meehan.

### Steven Campbell (Tír Eoghain)

Steven is in his ninth year of refereeing and is a proud member of the Stewartstown Harps Club in the east of Tyrone. Still an active player, Steven joined the Ulster Academy in 2013 and has been on the National support panel for the past three years.



He has refereed at all levels in his county and was the man in the middle for last year's Tyrone Grade 1 Minor League Final between Carrickmore and Dromore.

To date this year, Steven has refereed the Ulster Club Intermediate League final and also took charge of the Corn na nÓg and Brock Cup Ulster Schools' finals. This is Steven's first Ulster Minor championship game.



**DÚN na nGALL**  
v **AONTROIIM**

**Referee:** Patrick Neilan (Ros Comáin)  
**Standby:** Barry Cassidy (Doire)  
**Linesman:** Liam Devenney (Maigh Eo)  
**Sideline Official:** John Gilmartin (Sligeach)  
**Umpires:** James Murray, Kieran Hughes,  
Michael Neilan and Tom Morris.

### Patrick Neilan (Ros Comáin)

Paddy is a member of the St. Faithleach's GAA club in Roscommon. This is his third year on the National Referees Championship panel and he was the man in the middle for last month's Dublin v Kerry Allianz FL Division 1 Final.



As a player, Paddy won County Minor and Intermediate titles with his club, and has been a referee for over 10 years. He has refereed 2 Roscommon SFC Finals, in 2012 and 2013, and the Connacht Club SFC Final in 2014.

Paddy refereed the All-Ireland Junior Club Final in 2015. His first SFC appointment was London v Cavan in Ruislip. Today will be Paddy's first game refereeing in the Ulster Senior Football Championship.

#### DISCLAIMER

All the information in the programme is reproduced in good faith. The publishers are not liable for any advertising or contribution in this issue. **BUIOCHAS:** Comhairle Uladh would like to thank the County Boards and all other contributors for their assistance in the compilation of this programme. We'd also like to take this opportunity to thank all the players, management and backroom staff for their efforts today. Finally we thank all the supporters who have attended today's match, without you the championship just wouldn't be the same.

# RÉAMHFHOCAL

## PRESIDENT'S FOREWORD

Ba mhaith liom fáilte a chur roimh na foirne agus an lucht leanúna a tháinig go Páirc Mac Cumhaill inniu ó Dhún na nGall agus ó Aontroim. Molaim go hard gach duine a chuidigh leis na himreoirí seo thar na mblianta le ullmhú le himirt ag an ardchaighdeán spóirt seo.



Welcome to the 2017 Ulster Senior Football Championship fixture between Donegal and Antrim here in Páirc Mac Cumhaill today. Donegal will be happy with their league performance in retaining their Division 1 status while slotting in a number of young players to their preferred starting line-up. Antrim while dropping to Division 4 in 2018 will be keen to produce a 2009 performance and raise their standing in the province.

It is also a day for the stars of the future to enjoy the admiration of their parents and spectators in today's arena. Cumann na mBunscol children will display their skills at half time while the minor sides from both counties are competing for a place in the Ulster Championship Quarter Final.

In Ulster, we have an extremely competitive inter-county championship and as evidenced today again, every team can take to the field in a given game with a well grounded hope of success in that fixture. It is testament to our county panels that such a focus and drive underpins their participation and their quest for success.

In 2017, AWARE has been chosen as the charity for Ulster GAA. AWARE is the only charity working exclusively for people with depression and bipolar disorder. AWARE has

an established network of 23 support groups in rural and urban areas across the country, which are run by trained volunteers. Support groups welcome people with depression and bipolar disorder as well as carers for people with the illness.

I acknowledge and thank all the Ulster Council and Dún na nGall GAA personnel involved in hosting today's games. Everyone plays their part; supporters and stewards, medics, match officials and players, sponsors, local authorities, media, County Boards and Provincial Council.

I also wish all four teams, their County Boards and management every success in their respective outings today and the match officials whose roles should never be overlooked.

Finally, to you the supporters. Your support, attendance and attention is highly valued and we hope the experience of today will encourage you to join us again at some stage over the summer before the 2017 winners of the Ulster Senior Football Championship will be confirmed.

Beir bua,

*Michael Ó hUisín*

**Micheál Ó hUisín**  
Uachtarán Chomhairle Uladh.



Karl Lacey, Chris Kerr & James Loverty pictured at the recent Ulster Championship launch.



### Amhrán na bhFiann:

Caitríona Ó Súilleabháin from Glenties, Co. Donegal is the current Donegal & Ulster champion in the 2016 Senior Solo Singing Competition. Caitríona has won the Donegal and Ulster Senior and their respective solo singing trophies. She has an exceptional command of the Gaeilge language and possesses a keen traditional singing and musical talent.



### Amhrán na bhFiann

Sinne Fianna Fáil  
A tá fé gheall ag Éirinn,  
buion dár slua  
Thar toinn do ráinig chugainn,  
Fé mhóid bheith saor.  
Sean tír ár sinsir feasta  
Ní fhagfar fé n tiorán ná fé n tráil  
Anocht a théam sa bhearna bhaoil,  
Le gean ar Ghaeil chun báis nó saoil  
Le guna screach fé lámhach na bpiléar  
Seo libh canaídh Amhrán na bhFiann.

# YOUR SAFETY

## PLEASE MAKE IT A DAY TO REMEMBER

*Please note the following regulations. We ask for your full co-operation with stewards and other volunteers who are doing their best to ensure you enjoy the match. If you fail to co-operate it may be necessary to refuse you entry or, if inside the stadium, to ask you to leave.*

Please do not bring anything into the stadium that can be used as a weapon or that will cause interference with others. This includes fireworks, smoke canisters, bottles, flagpoles, banners. We do not allow alcohol in the ground. We ask you not to climb onto walls, stands and other buildings. Likewise, we ask you to refrain from making unnecessary noise that will annoy other spectators near you. That includes the likes of air horns or radios.

Please do not use foul, abusive or offensive language. There are families and children present. We ask you not to enter the field of play during or after the game for health and safety reasons. Occasionally we may be required to search patrons entering the ground. If you refuse to be searched you may be refused entry. Please do not obstruct gangways or stairwells etc. Also, please do not engage in behaviour that may cause a fire or other dangerous event.

The Officers on duty reserve the right to remove you from the ground if you do not comply with these simple regulations. Our intention is simply to ensure that all our supporters can enjoy the match.

### FIRST AID

First Aid is provided at today's venue, by Order of Malta Personnel with ambulances located behind the main stand and at the scoreboard corner.

### LOST CHILDREN

Children who have become separated from their parents/guardians should be brought to the designated First Aid Points.

### SAFETY NOTICE

We have established this policy for health and safety reasons, to avoid serious injury or death. We thank you for your co-operation, and hope you enjoy the match.

## CLÁR AN LAE

1.45pm Aontroim amach ar an bPáirc  
 1.48pm Dún na nGall amach ar an bPáirc  
 1.50pm Oifigigh an Cluiche amach ar an bPáirc  
 1.52pm Toss  
 2.00pm Tús an Cluiche: Dún na nGall v Aontroim  
 2.32pm Half Time / Leath Am  
*Aontroim to leave the field immediately on half time whistle*  
*Dún na nGall to leave the field once Aontroim have cleared the field*  
 2.33pm Entertainment / Siamsa  
 2.42pm Start of Second Half / Tús an dara leath  
 3.15pm End of Minor Game / Críoch an Chluiche Mionúir

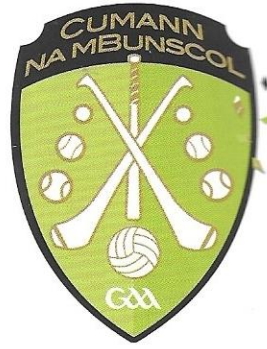
3.33pm Both County Secretaries to present Team List in Referees room  
 3.39pm Aontroim amach ar an bPáirc  
 3.42pm Dún na nGall amach ar an bPáirc  
 3.45pm Oifigigh an Cluiche amach ar an bPáirc  
 3.50pm Toss  
 3.53pm Paráid (Dún na nGall closest to the perimeter & Aontroim on the inside)  
 3.58pm Amhrán na bhFiann  
 4.00pm Tús an Cluiche: Dún na nGall v Aontroim  
 4.37pm Half Time / Leath Am  
*Aontroim to leave the field immediately on half time whistle*  
*Dún na nGall to leave the field once Aontroim have cleared the field*

4.38pm Cluichí Exhibition  
 4.48pm End of Exhibition Game  
 4.50pm Presentation of Medals  
 4.52pm Start of Second Half / Tús an dara leath  
 5.30pm End of Senior Game / Críoch an Chluiche Shinsir

*\* If Extra Time is required in the Minor game, see below*

3.25pm Start of First Period of Extra Time  
 3.36pm End of First Period of Extra Time  
 3.39pm Start of Second Period of Extra Time  
 3.50pm End of Extra Time  
 3.53pm Both County Secretaries to present Team Lists in Referees room  
 3.54pm Aontroim amach ar an bPáirc  
 3.57pm Dún na nGall amach ar an bPáirc  
 4.00pm Oifigigh an Cluiche amach ar an bPáirc  
 4.05pm Toss  
 4.08pm Paráid (Dún na nGall closest to the perimeter & Aontroim on the inside)  
 4.13pm Amhrán na bhFiann  
 4.15pm Tús an Cluiche: Dún na nGall v Aontroim  
 4.52pm Half Time / Leath Am  
*Aontroim to leave the field immediately on half time whistle*  
*Dún na nGall to leave the field once Aontroim have cleared the field*  
 4.53pm Cluichí Exhibition  
 5.03pm End of Exhibition Game  
 5.05pm Presentation of Medals  
 5.07pm Start of Second Half / Tús an dara leath  
 5.45pm End of Senior Game / Críoch an Chluiche Shinsir

# CUMANN NA BUNSCOL



## TODAY'S MINI GAMES



- 1 Peadar Shallow
- 2 Daniel Marley
- 3 Shay Travers
- 4 Matthew Cunningham
- 5 Joey Mc Fadden
- 6 Rory Eyre
- 7 Sean Ó Baoill
- 8 John O Callaghan
- 9 Oisín McGlinchy

- St Nauls NS  
Scoil an Choimín  
Scoil Mhín Tine Dé  
Commons NS  
Scoil Phádraig  
Tooban NS  
S.N. Baile na Finne  
Craigtown NS  
Sessioghneil NS

- 1 Thomas Clarke
- 2 Darragh McHugh
- 3 Malachi McGibben
- 4 Oisín Coleman
- 5 Ciaran McAlea
- 6 Daniel Armstrong
- 7 Keith Ncube
- 8 Adam McCann
- 9 James Douglas

- St Coman's PS Lambeg  
Bunscoil Phobal Feirste  
St Therese of Lisieux Belfast  
Gaelscoil na bhFál  
St Peter's PS Belfast  
Holy Trinity PS Belfast  
Holy Rosary PS Belfast  
St Bernard's PS Glengormley  
St Patrick's PS Holywood

- 1 Eoin McGonagle
- 2 Ronan McDaid
- 3 Cian Gallen
- 4 Sean O'Kane
- 5 Patrick Gillespie
- 6 Shane Delahunty
- 7 Aaron Porter
- 8 Liam Toye
- 9 Jordan Ryan

- Dooish  
Castlefin NS  
Murlogs NS  
St Patrick's Carnonagh  
Scoil An Chaisil  
Rockfield NS  
Tiernasligo NS  
Glassan NS  
Scoil Mhuire, Milford

- 1 Oisín McCluskey
- 2 Declan O'Connor
- 3 Gearóid McShane
- 4 Ryan O'Neill
- 5 Conlin Neill
- 6 Niall Dickson

- Holy Cross PS Belfast  
St John the Baptist PS Belfast  
Bunscoil an tSléibh Dhuibh  
St Mary's PS, Portlengone  
St Brigid's PS, Ballymena  
Our Lady Queen of Peace PS,  
Glenravel  
Mount St. Michael's PS,  
Randalstown  
Moneynick PS, Randalstown  
Ballymacricket PS, Glenavoy

- 7 Paul McCloskey
- 8 Jack Harney
- 9 Colm Boyle

## GIVE RESPECT GET RESPECT

Our games. Our choice.

As is customary for our Ulster Championship Games our participating Counties have been invited to send a children's team to participate in our half time GAA Give Respect – Get Respect Go Games Football game.

Many of these players are currently promoting the GAA Respect at underage level in their County where we encourage the playing of our games in a positive, fair and enjoyable manner and where players, coaches, spectators and referees Give Respect – Get Respect from each other.

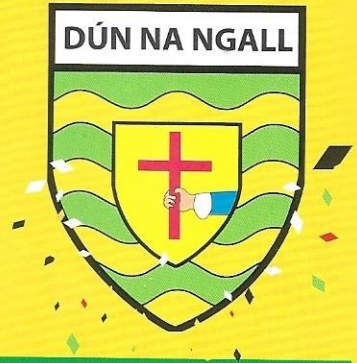
These games also permit us to promote the Go Games philosophy where a balanced approach to competition for this age group is encouraged in our Clubs and in our Schools. This approach naturally contributes to greater participation and for the development of our Games for all children and for all age groups.

Regardless of age, competition or ability our aim is to promote

the principles of RESPECT at all games through the actions of our Players, Coaches, Parents, Supporters and Referees. The programme respects the rights, dignity and worth of each person regardless of ability, age, cultural or ethnic origin, gender, sexual orientation, or religious belief and all of our clubs are encouraged to implement this programme at grass roots level.

It has now become traditional for groups of underage players to participate in half time games, in the promotion of both the RESPECT campaign and the GoGames philosophy. During these games the underage players display the many skills they have developed through their participation in Cumann na mBunscol and Club competitions.

# VALUING THE VOLUNTEER



**Brian McEniff**  
(Realt Na Mara, Bundoran)

Outside of Donegal the name of Brian McEniff is synonymous with Donegal GAA and especially the Donegal Senior County team, who he managed over four decades.

But many will not be aware that for much longer than that he has been the driving force behind his home town club, Realt Na Mara.

In a special year for Brian McEniff and Donegal - they are celebrating the 25th anniversary of the historic first ever All-Ireland senior win in 1992 - the Bundoran hotelier continues to play a pivotal role for his home club - as joint U-12 manager, Reserve team manager, club chairman, lotto seller and general organiser.

He will celebrate his 75th birthday later on this year - we know that because of his surprise 50th birthday party held after the All-Ireland win in 1992 with Micheál Ó Muircheartaigh as special guest. Yet despite that, his enthusiasm for everything associated with the Gaelic Athletic Association never wanes.

Brian McEniff played minor for Donegal in the early 1960s and when he returned from a sojourn in Canada in the mid 1960's, he became heavily involved once again - with Bundoran St. Joseph's (the amalgamation of Bundoran and Ballyshannon) and Donegal. With St. Joseph's he won Ulster Club Championships and an unofficial All-Ireland Club title in 1968 when they defeated the famous Galway club Dunmore McHales over two legs.

When St. Joseph's were disbanded in 1976, McEniff was part of a Bundoran team that won the Donegal

Senior Club Championship in 1979. That would his last major win as a club player, but yet he continued to turn out for the black and amber into his 50s.

Throughout that time, he was central to Donegal's progression at senior level, being player manager when they won their first Ulster Senior titles in 1972 and 1974 and manager in 1983, 1990 and 1992. Indeed, until Jim McGuinness and Donegal lifted the Anglo Celt in 2011, McEniff's imprint had been on every Donegal senior Ulster success to that point.

His involvement at county level was not just as a player; he also contributed as an administrator, taking over as chairman for a period and also served at Ulster and Central Council level.

**A VERY SUCCESSFUL BUSINESSMAN, BRIAN MCENIFF COULD HAVE USED HIS SPARE TIME FOR ANY PURPOSE, BUT HE HAS SUCH A LOVE OF GAA THAT IT IS NOT A CHORE FOR HIM TO GIVE OF HIS TIME**

He has an encyclopaedic memory of games and whether it be a club game or a county game, is very much at home when the conversation is about the GAA.

The Realt Na Mara club in Bundoran are very fortunate to have such an influential figure. In recent years he has had more time on his hands, having handed some of his business responsibility to his family, and not being involved so much at county level. This has given him even more time to spend at Gaelic Park and if you visit Realt Na Mara's grounds for a game these days, it's almost certain that Brian McEniff will be there to welcome you!

**/EVERY PIECE  
/EVERY FRAGMENT  
/GIVE EVERYTHING**

# MINOR PREVIEW

## GaelicLife

@GAELIC\_LIFE

Ronan Scott

r.scott@gaeliclife.com

## ELECTRIC IRELAND ULSTER MINOR FOOTBALL CHAMPIONSHIP

### Can Antrim gain revenge on Donegal's Shield winners?

Donegal minors will be clear favourites to win this game on the basis of their Ulster Minor Shield victory last month. But be warned, Antrim will believe that they are capable of causing a shock.

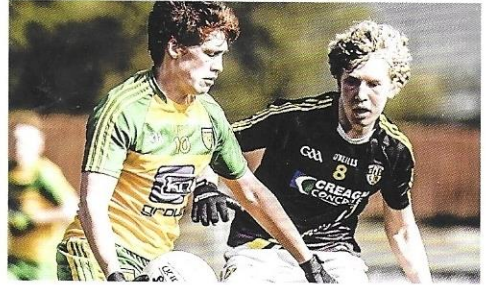
Donegal beat Armagh 1-11 to 0-8 in the Shield Final, having also beat Down 2-12 to 2-8 in the Semi-Final. They are solid results, and ones that might lead us to believe that this minor side could be contesting for trophies later in the year. However, there are chinks in their armour which were shown up earlier in the league competition.

Antrim and Donegal clashed during the Ulster Minor Football league back in April and Donegal won by 2-13 to 3-8. What we learned from that game was that Donegal are prone to doing things the hard way, and also that the Saffrons are a dogged group. If we get a similar performance like the one we got that day then we'll be in for a real treat. That Group B game was a dramatic affair, as Donegal had to fight back from eight points down to get the win.

Both teams dropped plenty of players back to cut off the scoring space during the early stages, and those tactics worked well for the first quarter of the game. The first goal was scored by Donegal from a penalty, likewise Antrim's first goal came from the spot. This emphasises that mistakes must be kept at a minimum.

Both sides went for goals regularly, eager to kill off the game, and both keepers, Donegal's Sean Taylor and Antrim's Michael Byrne were called into action regularly. The lesson that the Donegal management will have learnt from that game will be that their team perhaps lacked some focus. They were slow to get into the game, and then when they got ahead, they idled.

Antrim were the opposite. They were able to forge ahead, and possessed a hunger to kill the game off, and when they went behind they worked hard. What they perhaps need is to make

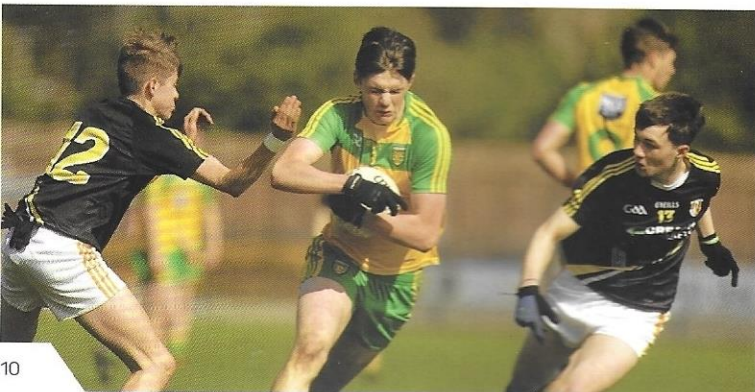


sure to keep the scoreboard ticking over regularly. Both team's early form in the minor league was not good. In the group stages, Donegal's only win was against Antrim. They lost to Derry and Tyrone, and drew with Fermanagh. They turned their form around in the knockout stages and considering that they ran Derry very close, and as Damian McErlain's team went on to reach the Ulster Minor League Final, Donegal will be expected to improve substantially for this competition.

Antrim should improve as well. They won one game, they beat Fermanagh by 1-12 to 1-7. While they lost the rest of the matches they weren't big margin losses. They lost to Donegal by two, Derry by one and Tyrone by five.

The players to watch out for in the Antrim squad include their free taker Dermot McErlaine, playmaker Eoin Nagle and their goalkeeper Michael Byrne who was outstanding in the league. Keep an eye out for Cormac Scott, who was sprung from the bench and nabbed a goal against Donegal in that league clash.

For Donegal, Oisín Gallen and Aaron Doherty were regular scorers, while Luke Gavigan can control matters from defence.



# STAY AWAKE, STAY ALERT, STAY ALIVE

**FATIGUE AND TIREDNESS IMPACTS ON GENERAL WELLBEING, IT IMPAIRS PERFORMANCE, POOR DECISION MAKING AND IS A MAJOR CONTRIBUTORY FACTOR IN ROAD COLLISIONS.**

The Donegal Road Safety Working Group and CLG Dhún na nGall are coming together to urge drivers to be aware of driver fatigue.

With County teams and Club teams at all levels travelling thousands of miles by road, supporters are being encouraged to follow their teams safely. At the recent launch, Brian O' Donnell, Road Safety Officer, said: "I am delighted that CLG Dhún na nGall and our Ambassador, Ryan McHugh are supporting the 'Stay Awake, Stay Alive' campaign.

Many Donegal fans travel the roads to attend matches to support their local club and county football and hurling teams, but it's never the right decision to put ourselves, our families and others in danger. Driver Fatigue affects a drivers safety by decreasing their reaction time, their ability to concentrate and

creates the very real risk of falling asleep at the wheel. Drowsiness is the first sign that you're already falling asleep and you have no control over when or where that happens, and it can happen in an instant. Some signs that you're already drowsy include winding down the window or turning up the radio to try and stay awake - neither of which will help. The only remedy for fatigue is sleep".

If a driver persists in fighting sleep while driving the impairment level is the same as driving while over the drink drive limit. Tiredness related collisions are also 3 times more likely to be fatal or result in a serious injury because of the high impact speed and lack of avoiding action.

Donegal GAA County Chairman, Sean Dunion added "Motorists need to be aware of the onset

of driver fatigue and should stop and take a break and a sleep if possible for 15 minutes and to really make the most of your break take a caffeine drink before the sleep. After the break, get some fresh air and stretch your legs. By following this advice you should be able to drive for another hour or more".

Road Safety Ambassador, Ryan McHugh conveyed his message as well to conclude the launch,

"Sadly we know that there have been far too many fatalities in Donegal and throughout the country already this year. Our focus continues to be helping to reduce the number of fatalities and serious injuries and I urge every driver on our roads to be aware of the signs of fatigue and tiredness when driving and take that break for a caffeine drink and short sleep before continuing on with your journey".





# DÚN NA NGALL



Donegal Minor Football Team  
 Manager: Shaun Paul Barrett



## FÍR IONAIÐ/SUBSTITUTES

16. Sean Taylor, Aodh Ruadh BAS 17. Michael McGroary, Naomh Adhamhnáin 18. Thomas McGowan, Na Ceithre Máistirí  
 19. Niall Hannigan, Naomh Adhamhnáin 20. Jack McSharry, Na Cealla Beaga 21. Shay Doherty, Gaeil Leitir Ceanainn  
 22. Ruan McMahon, Baile na nGalloglach 23. Fionn Gallagher, Naomh Columba 24. Lanty Molloy, Naomh Columba

	Cuif	Cuifín	Seachtal	45	Seor	Cieimna
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NOTES



# AONTROIIM

Antrim Minor Football Team  
Manager: Hugh McGettigan



## FÍR IONAID/SUBSTITUTES

16. Jack McAufield, Naomh Pól 17. Jack Lenehan, Naomh Muire Achadh Gallian 18. Malachi Doherty, Naomh Seosamh  
19. Jamie McCann, Ciceam An Creagán 20. Marcus Donnelly, Naomh Gall 21. Peter Henvey, Naomh Brid  
22. Seanchan Duffin, Naomh Eargnaid 23. Kealan McCann, Ciceam An Creagán 24. Ruairi Broily, Naomh Brid

	Cúil	Cúilíní	Seachai	45	Saor	Ciceanna
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NOTES

# IRISH LANGUAGE

## AN GHAEILGE – FORAMHARC GAIRID AR STAIR FHADA

Tá an Ghaeilge ar cheann de na teangacha scríofa is sine agus is stairiúla ar domhan. Chonacthas í den chéad uair i bhfoirm Oghaim sa chúigiú haois. Sa lá atá inniu ann is féidir teacht uirthi i suas le 4,500 leabhar, ar an teilifís, ar an raidió, i nuachtáin, in irisí, agus ar an idirlíon

Ní féidir bheith cinnte cén uair a tháinig an Ghaeilge go hÉirinn ach measann a lán scoláirí go bhfuil sí anseo le 2,500 bliain. Is cinnte go raibh teangacha eile in Éirinn roimpe ach, faoi thús ré na Críostaíochta, bhí an Ghaeilge á labhairt ar fud na hÉireann.

Is iad na hiarsmaí is sine dá bhfuil againn den Ghaeilge Ársa ná inscríbhinní ar chlocha Oghaim ón 5ú agus ón 6ú haois. Cuireadh tús le scríobh na Sean-Ghaeilge san aibítir Rómhanach roimh thús an 7ú haois. Is í an Ghaeilge, mar sin, an teanga scríofa is sine dá bhfuil fós á labhairt lastuaidh de na hAlpa.

Bualadh buillí troma ar an Ghaeilge le linn an tséú agus an tseachtú haois déag. De thoradh ar choncas agus ar phlandáil na dTiúadóireach agus na Stiobhardach (1534–1610), plandáil Chromail (1654), Cogadh an Dá Rí (1689–91) agus achtú na bPéindlíthe (1695) a lean sin, bhí aicmí ceannais phobal na Gaeilge go hiomlán ar lár agus bhí a gcuid institiúidí cultúrtha scríosta.

Bhí stádas na Gaeilge mar mhórtéanga caillte. Ach ba í an Ghaeilge teanga fhorhmór

phobal na tuaithe i gcónaí agus, go ceann tréimhse, ag an lucht oibre sna bailte. Ó lár an ochtú céad déag, de réir mar a bhí maolú ag teacht ar na péindlíthe, agus méadú ar dheiseanna sóisialta agus eacnamaíochta ag an seanphobal Gaelach, thosaigh an chuid ba rafaire orthu ag tiontú ar ghnás na meánaicme gallda agus an Béarla a tharraingt chucu féin. Chuaigh an nós seo i dtreise le linn agus i ndiaidh an Ghorta Mhóir (1846–1848). Bhí an teanga i mbéal an bháis.

**I DTÚS AN OCHTÚ HAOIS DÉAG, THOSAIGH AN LUCHT LÉINN AG CUR SPÉISE SA TEANGA AGUS INA LITRÍOCHT. THUIG A LÁN DAOINE GO RAIBH AN GHAEILGE LABHARTHA AG MEATH. BHÍ TOMÁS DÁIBHÍS, SA BHLIAIN 1843, AR DHUINE DE NA DAOINE A DHEARBHAIGH GO POIBLÍ GUR TEANGA NÁISIÚNTA Í AN GHAEILGE. BAINÉADH LEAS AS AN TÉARMAÍOCHT SEO ARÍS I MBUNREACHTAÍ 1922 AGUS 1937.**

Sa bhliain 1893, bhunaigh Dubhghlas de hÍde, Eoin Mac Néill, an tAthair Eoghan Ó Gramhnaigh, agus daoine eile, Conradh na Gaeilge. Laistigh de cúpla bliain d'éirigh leo mórghluaiseacht tacaíochta ar son na Gaeilge a chruthú. Tosaíodh ar litriú agus



ar ghramadach na teanga scríofa a thabhairt chun réitigh leis an nuatheanga labhartha. Bhí de thoradh ar na hiarrachtaí sin an Caighdeán Oifigiúil a d'fhoilsigh Rialtas na hÉireann sa bhliain 1958.

Tá athrú suntasach tar éis teacht ar íomhá na Gaeilge le blianta beaga anuas. Tá sé seo le sonrú ar líon na ndaoine atá á labhairt agus á foghlaim ní hamháin in Éirinn ach ar fud na cruinne. Labhraítear an Ghaeilge mar theanga an phobail i gceantair Ghaeltachta in Éirinn agus tá an Ghaeilge ag bailiú nirt lasmuigh den Ghaeltacht chomh maith.

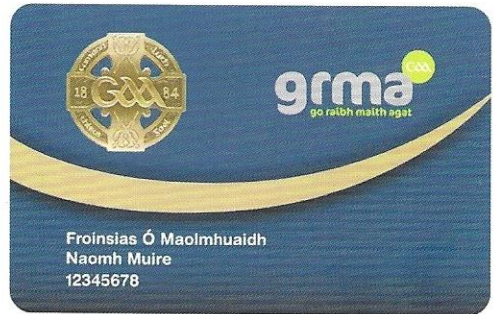
**LÉIRIÓNN SUIRBHÉANNA LE TAMALL FADA GO BHFUIL AN-BHÁ I MEASC AN PHOBAIL I DTAOBH NA TEANGA AR FUD AN OILEÁIN AGUS NACH BHFUIL AN BHÁ SIN TEORANTA DO LUCHT LABHARTHA NA TEANGA AMHÁIN.**

## YOUR REWARDS ARE WAITING

**grma** (go raibh maith agat) is the new GAA Membership Card and Rewards Programme where GAA Members and supporters can avail of rewards and offers as a 'thank you' or 'go raibh maith agat' for engaging in selected GAA activities and going to games.

The programme is open to both GAA Members and supporters.

Members who sign up with their GAA membership number will also receive their personalised GAA Membership Card.



## LATEST REWARDS & OFFERS\*

Everyone who registers can earn points for going to GAA games and engaging in selected GAA activities. Points can then be redeemed against great rewards such as:

- **24% Off** electricity with **Bord Gáis Energy**
- **25% Off** voucher for **Elverys.ie**
- Special offers on **Allianz Hurling League Final tickets**
- Exclusive offers on **GAA county jerseys, footballs and sliotars**
- **Stadium & Etihad Skyline Tour tickets** at Croke Park

**Register now at [gaa.ie/grma](http://gaa.ie/grma)**

\*Terms & Conditions apply

**you've earned it**

QUARTER FINAL

DOIRE V

SUNDAY  
28TH MAY

MINOR: 12:00PM  
SENIOR: 2.00PM

ULSTER  
FOOTBALL  
CHAMPIONSHIPS



TICKETS AVAILABLE



ONLINE



YOUR CLUB



INSTORE

TÍR EOGHAIN

TICKETS AVAILABLE NOW  
BUY EARLY AND SAVE UP TO 33%

FOR TICKETING INFORMATION VISIT [ULSTERGAA.IE/ULSTERCHAMPIONSHIP2017](http://ULSTERGAA.IE/ULSTERCHAMPIONSHIP2017)  
[DERRYGAA.IE](http://DERRYGAA.IE) [TYRONEGAA.IE](http://TYRONEGAA.IE) @ULSTERGAA #ULSTER2017



# ULSTER SCHOOLS

## MOVILLE COMMUNITY COLLEGE



**Moville Community College made their own contribution to the history of Donegal GAA in 2016/17 when they captured their first Ulster Schools' title, lifting the Danske Bank Pat King Cup back in December 2016.**

Their victory over St Columban's Kilkeel in the decider saw this group of players go one step further and secure an Ulster title after falling at the final stage 12 months previous and is testament to the magnificent work being done by the school and the local clubs, Moville GAA and Naomh Pádraig, Muff.

The school from north east Inishowen has been steadily growing in size since its origin in 2001, with 550 students currently enrolled on the books. As well as providing a high quality, comprehensive education to all, the school also excels in the provision of extra-curricular activities.

An extensive range of sports and activities are on offer for the students, including Gaelic games, soccer, athletics, judo, girls active, music and craft club. Indeed the level of success that the school has had in these areas at local, national and international level, is a credit to all the staff and students involved.

The semi-final tussle against St Mary's Clady in Owenbeg was a thrilling encounter. Trailing by six points at the break, Moville had their goalkeeper Kai McDonald to thank for still being in the game after two brilliant point blank saves denied certain goals. That six point deficit was turned into a seven point lead by the three-quarter mark as Moville charged ahead playing some wonderful

football that had been missing in the first 30 minutes.

They could even afford the luxury of letting Clady back into the game and draw level before finishing them off with late points from Finn McLaughlin and Evan Craig. McLaughlin was the main reason for the change in fortune during the second half. He entered the tie as a substitute at the break, scored 2-3 and generally wreaked havoc any time the ball was in his vicinity.

The final against Kilkeel, hosted by the Trillick club in Co Tyrone - home to the late Pat King, proved to be another tense affair with scoring opportunities at a premium for both sides. After a physical encounter Moville eventually edged clear thanks to points from Eoin O'Doherty and Aodhan Ferns and a superbly taken goal from man of the match, Josh Conlon.

Captain Kevin Doherty was left with the honour of accepting the Pat King Cup from the King family and Art McRory, Ulster Schools President.

### Moville Community College

Ronan Boner (Moville GAA)  
 Markus Braksis (Moville GAA)  
 Alan Clarke (Naomh Pádraig, Muff)  
 Josh Conlon (Naomh Pádraig, Malin)  
 Evan Craig (Naomh Pádraig, Muff)  
 Darren Davenport (Naomh Pádraig, Muff)  
 Christopher Doherty (Moville GAA)  
 Jack Doherty (Moville GAA)  
 Kevin Doherty (Naomh Pádraig, Muff)  
 Paul Doherty (Naomh Pádraig, Muff)  
 Ryan Doherty (Moville GAA)  
 Will Farren (Naomh Pádraig, Muff)  
 Aodhan Ferns (Naomh Pádraig, Muff)  
 Jack Ferry (Moville GAA)  
 Niall Gallagher (Brian Ógs, Steelstown)  
 Shane Grant (Naomh Pádraig, Muff)  
 John Harkin (Moville GAA)  
 Joseph Harley (Naomh Pádraig, Muff)  
 Rory Hirrell (Naomh Pádraig, Muff)  
 Ronan Hoy (Naomh Pádraig, Muff)  
 Dylan McCallion (Naomh Pádraig, Muff)  
 Shaun McCauley (Naomh Pádraig, Muff)  
 Shaun McDermott (Moville GAA)  
 Kai McDonald (Naomh Pádraig, Muff)  
 Odhran McKinney (Naomh Pádraig, Muff)  
 Conor McLaughlin (Moville GAA)  
 Finn McLaughlin (Moville GAA)  
 Eoin O'Doherty (Moville GAA)  
 Max O'Sullivan (Moville GAA)  
 Rhys Roberts (Naomh Pádraig, Muff)  
 Riain Shortt (Moville GAA)



*Moville Community College lifting their first Ulster School's title.*

# GAA's Healthy Club Project

## What is the GAA Healthy Club Project (HCP)?

The Healthy Club Project is a new way of looking at health in the context of the GAA. It features a unique partnership between the GAA and the HSE. To help it achieve in its ambition to make Ireland a healthier, happier, more connected place, it is kindly supported by Irish Life through a Corporate Social Responsibility (CSR) investment for three years (2015-2017).

## What is the aim of the HCP?

The Healthy Club project aims to help GAA clubs explore how they support the holistic health of their members and the communities they serve. GAA clubs already contribute to the health and wellbeing of their members by providing opportunities to develop their physical, social, emotional, and psychological health.

The HCP aims to help GAA clubs identify what they are already doing well, identify areas where they can or would like to improve, and empower them to ensure that everyone who engages with their club benefits from the experience in a health-enhancing way, be they players, officers, coaches, parents, supporters, or members of their local community.

The healthy club model, which is based on best national and international practice, also aims to embed a healthy philosophy in a club while integrating health into the day-to-day club activities in a sustainable way. It also aims to place the local GAA club at the heart of the community, making it a beacon for health in the locale. What are the benefits and



HEALTHY BODIES

HEALTHY MINDS

HEALTHY CLUBS



opportunities for Healthy Clubs? From the evaluation of Phase 1 of the Healthy Clubs Project the following benefits and opportunities were cited as:

- Exclusive access to Healthy Club resources
- Increase in membership
- Improvements in the health promoting activities of clubs specifically with club policy, practice and the club environment (both physical and cultural).
- Changes in attitudes towards health for the better
- Better engagement with club activities
- Opening up funding avenues
- Better opportunity to link the local community with club activities
- Sense of achievement
- Set a positive example
- Networking opportunities

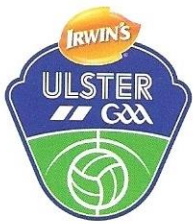
There are 60 Healthy Clubs in Phase 2 of the Healthy Club Project – 19 of which are from Ulster. The following Ulster clubs are involved in the project:

St Joseph's Glenavy (Antrim), St Mary's Rasharkin (Antrim), Naomh

Mochua Derrynoose (Armagh), Culloville Blues (Armagh), Killygarry (Cavan), Cavan Gaels (Cavan), Michael Davitt's Swatragh (Derry), St Mary's Convoys (Donegal), Nomh Mhuire, Kincasslagh (Donegal), Clonduff (Down), St Peter's Warrenpoint (Down), St John's Drumnacuille (Down), Derrygonnelly Harps (Fermanagh), Erne Gaels (Fermanagh), Truagh Gaels (Monaghan), Castleblayney Faughs (Monaghan), St Tiernach's Clones (Monaghan), Greencastle (Tyrone), Omagh St Enda's (Tyrone).

## Where can you get more information?

If you have any further questions about the Healthy Club Project then please contact Colin Regan, GAA's Community & Health Manager on: [colin.regan@gaa.ie](mailto:colin.regan@gaa.ie) or 003531 8658674.



Coaching Camps



At the heart of  
your community.

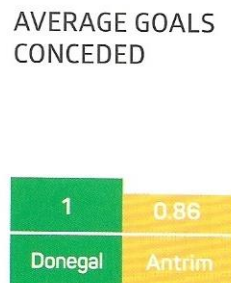
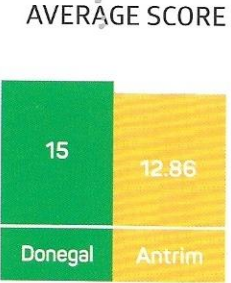
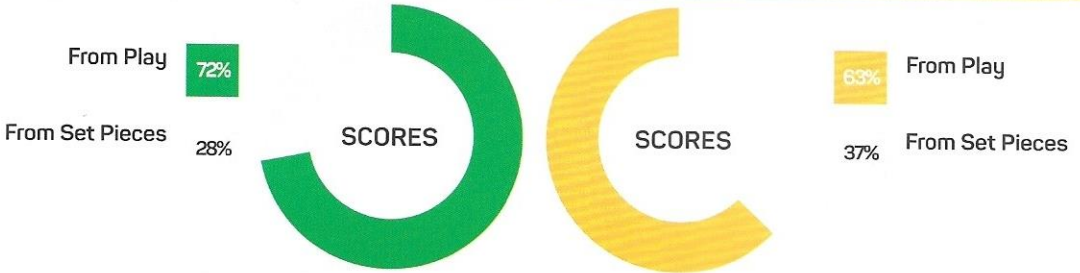


IRWIN'S BAKERY.COM



# THE STATS, THE FACTS 2017

## DONEGAL V ANTRIM



### TOP SCORER

**Michael Murphy**  
1-25 (0-3 from play)

**Conor McGourty**  
1-37 (1-10 from play)

**THE FACTS**  
The stats are closer than most would presume, but that comes with an almighty caveat - Donegal flourished in the top-flight while Antrim toiled in Division Three.



@GAELIC\_LIFE

## FIXTURES

### ULSTER FOOTBALL CHAMPIONSHIPS

20/05/17  
PRELIMINARY ROUND  
Monaghan V Fermanagh  
THROW IN: 7.00PM

QUARTER-FINAL: 21/05/17  
Donegal V Antrim  
THROW IN: 4.00PM

QUARTER-FINAL: 28/05/17  
Derry V Tyrone  
THROW IN: 2.00PM

QUARTER-FINAL: 4/06/17  
Down V Armagh  
THROW IN: 2.00PM

QUARTER-FINAL: 11/06/17  
Cavan V Mon/Fer  
THROW IN: 2.00PM

SEMI-FINAL 18/06/17  
Winners V Winners  
THROW IN: 2.00PM

SEMI-FINAL 24/06/17  
Winners V Winners  
THROW IN: 7.00PM

ULSTER FINAL 16/07/17  
Winners V Winners  
THROW IN: 2.00PM

# CASEMENT PARK - a new modern stadium for the next generation

In Spring 2017 the Ulster GAA lodged its fresh planning application for a new Provincial Stadium at CasementPark, Belfast. The Community Consultation Findings Show:

## SUPPORT

95% (2851) support the Casement Park project in principle

95%  
2851



## RESPONSE

Response to the PACC 2 consultation was widespread and substantial.

2989

people responded to the PACC 2 consultation:



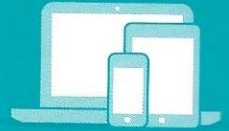
246

feedback forms from manned public exhibitions



275

feedback forms from unmanned stands and



1041

feedback forms from website.

## FEEDBACK POINTERS

92%

agree that the Casement Park project will Deliver Positive Socio-Economic Benefits for West Belfast & Beyond

91%

agree that the Emerging Stadium Design will be a positive on the Quality of Environment

90%

of respondents agreed that PACC2 has enhanced their understanding of the project.

4%

were opposed to the project in principle.

[casementpark.ie](http://casementpark.ie)

facebook.com/casementpark  
@casementpark



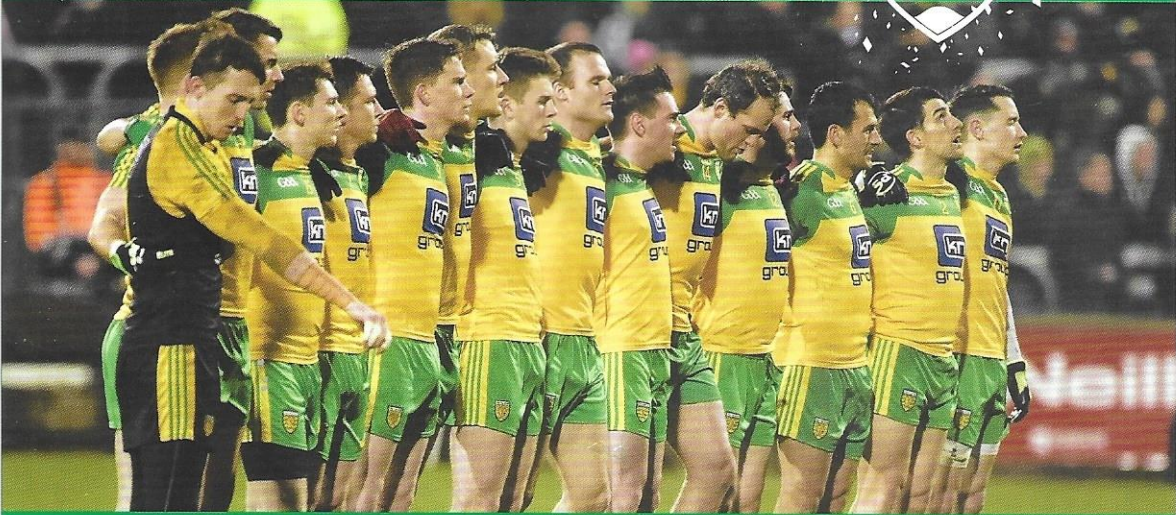
CUMANN CAMOGAIDHTY ULADH  
ULSTER GAA

GAA  
HANDBALL

LOFA



# DONEGAL PEN PICS



Ainm	Aois	Airde	Meáchan
Paddy McGrath	28	5ft 10	12st 8
Caolan McGonagle	21	6ft 3	14st 4
Darach O'Connor	21	5ft 7	12st 4
Eoin McHugh	22	5ft 8	11st 4
Patrick McBrearty	23	6ft	14st 7
Ryan McHugh	22	5ft 9	11st 6
Jamie Brennan	20	5ft 9	12st 7
Mark Mc Hugh	26	5ft 10	12st 1
Peter Boyle	24	6ft	13st 4
Cieran Gillespie	20	6ft 1	13st 7
Michael Carroll	19	6ft 2	13st 2
Neil McGee	31	6ft 2	13st 7
Michael Boyle	29	6ft	13st 8
Frank McGlynn	30	5ft 10	13st 1
Michael Murphy	27	6ft 2	15st
Martin O' Reilly	24	5ft 10	12st 2
Eoghan Bán Gallagher	21	5ft 11	12st 9
Hugh McFadden	23	6ft 3	14st
Karl Lacey	32	5ft 11	14st

Ainm	Aois	Airde	Meáchan
Caolan Ward	24	6ft 3	12st 7
Eamon Doherty	26	6ft 0	14st
Rory Carr	19	6ft 3	14st
Mark Anthony McGinley	27	6ft 1	13st 7
Martin Mc Elhinney	28	6ft 1	13st 3
Ciaran Thompson	22	6ft 1	13st 7
Jason McGee	18	6ft 2	14st 11
Cian Mulligan	20	5ft 11	11st 7
Paul Brennan	26	6ft	13st 3
Christy McLoughlin	19	6ft	11st 8
Enda McCormick	18	5ft 11	11st 9
Michael Langan	19	6ft 1	13st 7
Conor Morrison	20	5ft 11	12st 5
Conor Gibbons	24	5ft 11	11st 7
Ethan O'Donnell	19	6ft	11st 5
Brendan McCole	19	5ft 11	13st
Mark Coyle	19	6ft	11st 6
Eamon McGrath	22	5ft 10	13st
Daniel McLoughlin	26	5ft 11	13st

"...WE PREPARED EXTREMELY WELL OVER THE WINTER AND HAD A VERY POSITIVE LEAGUE CAMPAIGN..."

Donegal Manager, Rory Gallagher



# DÚN NA NGALL



Donegal Senior Football Team  
Manager: Rory Gallagher



## FÍR IONAIÐ/SUBSTITUTES

- 16. Peter Boyle, Aodh Ruadh BAS
- 17. Karl Lacey, Na Ceithre Máistir
- 18. Eoin McHugh, Cill Chartha
- 19. Cian Mulligan, Gaoth Dobhair
- 20. Brendan Mc Cole, Naomh Naillle
- 21. Martin McElhinney, Naomh Mícheál
- 22. Mark McHugh, Cill Chartha
- 23. Michael Langan, Naomh Mícheál
- 24. Darach O'Connor, Bun Crannacha
- 25. Enda McCormick, Tearmainn
- 26. Conor Morrison, Naomh Adhamhnáin

	Goal	Centre	Backs	45	For	Goalkeepers
1AD Leath						
2AD Leath						
Substitutes						

NOTES





OFFICIAL SPONSORS



# AONTROIM

Antrim Senior Football Team  
Managers: Gearóid Adams and Frank Fitzsimons



## FÍR IONAID/SUBSTITUTES

16. Andrew Hasson, Ros Earcáin 17. Kevin O'Boyle, Clann na hEireann 18. Niall Delargy, Ruairi Mhic Asmáint  
19. Odhran Eastwood, Naomh Eanna 20. Domhnall Nugent, Lamh Dhearg 21. Jack Dowling, Naomh Brid  
22. Conor Small, Ciceam an Creagán 23. Stephen Tierney, Naomh Eoin 24. Eunan Walsh, Achadh Galláin  
25. Seamus McGarry, Naomh Séamas 26. Pat Brannigan, Achadh Galláin

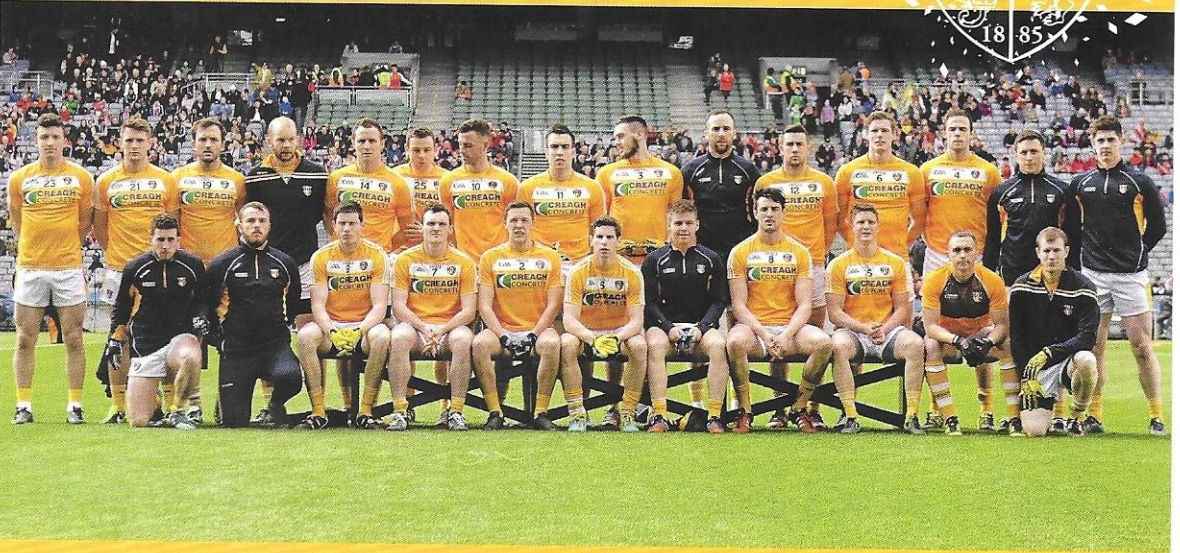
	Cúil	Cúilíní	Seachai	45	Seor	Ciceanna
1AD Leath	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
2AD Leath	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Ionáin	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

NOTES



OFFICIAL SPONSORS

# ANTRIM PEN PICS



Ainm	Aois	Airde	Meáchan
Declan Lynch	25	6ft	13st
Chris Kerr	30	6ft 4in	15st
Ryan Murray	23	5ft 10in	12st 5lbs
James Laverty	25	5ft 11in	12st 7lbs
Tomas mccann	29	5ft 10in	12st
Conor Small	20	5ft 11in	11st 8lbs
Sean Pat Donnelly	22	5ft 8in	10st
Sean McVeigh	32	6ft 2in	14st 9lbs
Eunan Walsh	19	6ft 2in	11st 8lb
Seamus McGarry	21	5ft 11in	11st 7lb
Brendan Bradley	24	5ft 10in	12st
Niall Delargy	23	6ft	12st
CJ McGourty	27	6ft 1in	12st 7lbs
Stephen Tierney	25	5ft 10in	14st
Andrew Hasson	20	6ft	13st
Kevin O'Boyle	29	5ft 10in	12st
Jack Dowling	25	6ft 4in	15st
Mark Sweeney	28	6ft	13st 7lbs

Ainm	Aois	Airde	Meáchan
Odhrán Eastwood	20	5ft 9in	11st 7lbs
Patrick Mc Bride	23	5ft 11in	13st
Ruairi Scott	21	6ft 1in	12st 9lbs
Patrick McAleer	23	6ft 1in	13st
Peter Healy	20	5ft 10in	11st 9lbs
Ruairi McCann	21	6ft 2in	13st
Jack Hannigan	23	6ft 1in	13st
Oisín Hamill	22	6ft 1in	12st 9lbs
Patrick Gallagher	27	5ft 11in	14st
Owen Gallagher	23	6ft 2in	14st 7lbs
Conor Hamill	24	5ft 11in	12st 2lbs
Stephen Beattie	25	6ft	12st 7lbs
Donal Nugent	21	6ft 2in	15st
Eamon Fyfe	19	5ft 10in	11st 5lbs
Paddy McCormick	18	5ft 9in	11st
Ronan Hanna	21	6ft	15st 4lbs
Pat Brannigan	18	5ft 10in	12st

"THE ULSTER CHAMPIONSHIP IS A SPECIAL COMPETITION AND THIS QUARTER FINAL GAME IS ONE THAT CAN EITHER MAKE OR BREAK PLAYERS."

Antrim joint managers, Gearóid Adams and Frank Fitzsimons

# FEILE PEILE NA NÓG

## 23RD - 25TH JUNE 2017

For GAA followers who pencil in important dates in their calendar the weekend of 23rd June would be high on their agenda because of the Ulster Senior Football Semi-Final scheduled for that time.

Now, that weekend promises to be even more exciting as the John West Feile na nÓg 2017 is hosted by Cavan, Fermanagh and Monaghan with 160 boys teams and 92 girls teams involved. The Feile Peil na nÓg is a club festival of football for Under 14 years of age with teams travelling from all over Ireland, England, Scotland and the USA.

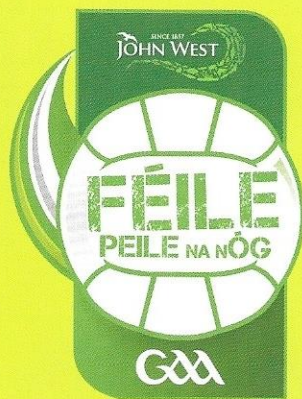
For many of these young people the strangers they meet for the first time will become lifetime friends.

The sheer size of this festival is illustrated by the numbers arriving for the weekend: with over 6,000 players, 1,000 mentors, Parents and Family members all here to play football in the clubs of Cavan, Monaghan and Fermanagh.

We also have host clubs in Armagh, Tyrone and Leitrim.

The National Feile committee chaired by Martin Skelly is responsible for the organisation of the tournament, but there is a local committee set up by Ulster Council GAA and chaired by the Vice President Oliver Galligan. They are charged with installing the structures in place on the ground and will organise the day to day running with the help of a Committee whose Secretary is Jimmy Darragh, ably assisted by a multitude of volunteers.

The host Clubs do an enormous amount of work to make this event a success and this weekend gives them the opportunity not only to showcase their young players of the future, but to show to all our visitors Ulster hospitality at its best. Ideas will be exchanged, songs will be sung, games will be played but most importantly contacts and friendships will be forged which will last a lifetime.



**John West Feile na nÓg gives you the chance to come out and show your support to your club and the players of the future - don't forget the dates!**

The finals will take place on Sunday 25th June at the following venues, so come along and show your support:

- Kingspan Breffni Park, Cavan
- St Tiernachs Park, Clones
- Brewster Park, Enniskillen
- Derrygonnelly
- Kingscourt
- Inniskeen
- Castleblayney
- Lisnaskea

The full list of fixtures can be viewed on [www.ulster.gaa.ie](http://www.ulster.gaa.ie)



# DID YOU KNOW?



We are more than a Sporting and Cultural Association, we are a grassroots volunteer driven movement focused on making the communities which we serve better places.



255,000

Approx. 255,000 spectators in total attended major Ulster GAA controlled fixtures in 2016.

90,000

Active players of Gaelic Games



173,000

Over 173,000 spectators attended the Ulster Football & Hurling Championships in 2016.



43,000

Spectators approximately attended the 2017 Bank of Ireland McKenna Cup.

250,000

Members of the GAA in Ulster

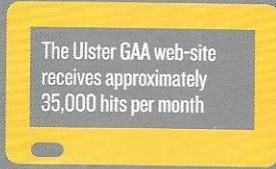
15,000

In 2016 15,000 GAA members took part in Ulster GAA Health and Wellbeing initiatives.



35,000

The Ulster GAA web-site receives approximately 35,000 hits per month



85%

As a grassroots community based not for profit organisation, Ulster GAA reinvests approx 85% of its income to grassroots development at County and Club level.

28,000

Children were coached as part of the Foundation and Key-stage 1 Schools programme in 2016.

60%

of sports attendances on the island of Ireland comes from the GAA

20,000

In 2016 approximately 20,000 games were organised and played within the Province of Ulster.



34,000

Facebook followers

42%

of volunteering on the island of Ireland comes from the GAA.

400

delegates attended the D'Neills Ulster GAA Coaching and Games Conference Annually.

45,000

Approximately 45,000 spectators attended the 2016 Ulster GAA Club Championship.



60,000

Twitter followers



# ONE MINUTE WITH



## MICHAEL MURPHY

**Club:** Glenswilly

**Áit is fearr ar an pháir -**

**Favourite Position:** Full Forward

**An Pháirc imeartha is fear -**

**Favourite Pitch:** Glenswilly

**Caithimh aimsire - Hobbies:** Golf

**Laoch d'óige - Childhood hero:**

Brendan Devenney;

**An t-imreoir is fearr ar imir tú**

**leis - Best Player you have played with:** Gerard McGrenra

**An t-imreoir is fearr a d'imir tú**

**ina éadan - Best Player you have played against:** Lee Gildea (Annual Married v Singles game)

**An cluiche is fearr ar imir tú**

**ann - Best game you have been involved in:** 2011 All Ireland Quarter Final Kildare v Donegal

**An treanálaí is fearr ar an**

**foireann - Best trainer within the squad:** Paddy McGrath

**An treanálaí is measa ar an**

**foireann - Worst trainer within the squad:** Mark Coyle

**An duine is spreagúla ar an**

**foireann - Best motivator within the squad:** Hugh McFadden

**Aon phisreog - Any**

**superstitions:** None

**An t-amhrán is fearr leat -**

**Favourite Song:** Destination Donegal

**An scannán is fearr leat -**

**Favourite Film:**

Mike Bassett England Manager

**Áit is fearr do laethanta saoire**

**- Favourite Holiday Destination:** New York

**Áit is fearr do laethanta saoire -**

**Favourite Meal:** Steak & Chips

**An chomhairle is fear a fuair tú -**

**Best advice ever received:**

Kick the High Ball in Low

**An tionchar is mó ort mar imreoir**

**- Biggest influence on career:** My Parents

**Oibrí deonach ar leith sa chlub -**

**Club Volunteer of note:** Too many to mention it's a club ffort

**An t-amhrán a n-éistean tú leis**

**roimh chluichí - Song you listen to before big games:** Destination Donegal

**An scil is tábhachtaí - Most**

**important skill:** Kick Passing

**An bua peile is mó atá agat -**

**Biggest Strength in your game:** Agility

**An chuid den chluiche ar mhaith**

**leat a fheabhsú - Area of your game you would like to improve:** Speed

**Comhairle do dhaoine óga - Advice for youngsters:**

Listen to your coach, kick with both feet

**Imreoir óg sa chlub a mbeidh iomrá**

**air sa todchaí - Young Player within your club to look out for:** Neil Gallagher!

**An rud is fearr fán CLG - Best thing**

**about the GAA:** Making lifelong friends

**Cuntas Twitter - Twitter Account:**

@murphm95



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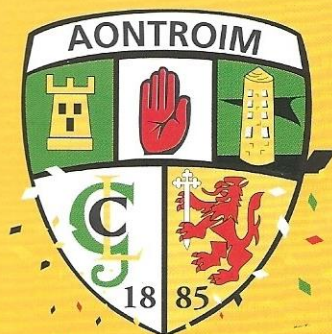
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# VALUING THE VOLUNTEER



## St. Galls

In the present time of financial uncertainty, especially for all GAA clubs the services and positive effect of the volunteer cannot be underestimated.

No club knows that more than Naomh Gall. We have a core group of volunteers that are known as our Essential Services Department (E.S.D for short!) and these guys take care of everything from cutting and marking our pitches, lifting the litter, staffing the bar, making the sandwiches, driving to matches, cleaning the changing rooms and the list goes on.

None of this is any different from clubs up and down the country but one thing that especially galvanized our members was the solidarity that our members showed earlier this year in response to the spiraling anti social /community in the greater falls area.

In partnership with local residents and vital other community partners we took a decision to help to try and persuade these local youths to think about the effects of their actions on their community and their environment. Our members with local youth providers manned St Gall's lane each Friday and Saturday night to help to offer an alternative for local youths to this behaviour and try and signpost them to services and facilities in the area for them to avail of. This volunteer project was a huge success so far and has led to the positive re-imagining and landscaping of the Milltown row and De La Salle Park surrounds.

We, like many other clubs, have our juvenile teams coached by our senior players and it still

sometimes surprises visiting teams to see the youngest members of St Galls being coached by the most high profile senior players.

Our motto within St Gall's is that the most important team within our club is the one that is playing the next match, be it our Under 6 superman school hurlers or our senior footballers. Everyone supports everyone to the best of their abilities and this manifests itself with our hosting of three very high profile Under 10 tournament's, boys football, hurling and ladies football.

Anyone who has attended these blitzes in the past few years always commends our club on the first class hospitality and professionalism with the way they are run and this simply comes down to proper planning by our juvenile committee with backing of the senior committee. From 7.00am, there will be up to 30 people going about their pre-planned jobs that they do each year to ensure the visiting clubs have a thoroughly enjoyable day (hopefully in the sun!) It has got to a stage now that certain people can be relied on without even asking them to turn up and carry out their essential tasks.

That is the true value of the volunteer, knowing and understanding that it is about the "**We, not the Me**" that counts and for every championship and every title that we have been fortunate enough to have won it has been with great pride that all our winning Captains speeches begin and end with a thought and a thank you for the unseen, unheard volunteers and their families that make St Gall's what it is.

**The We, not the Me!**

/EVERY PIECE  
/EVERY FRAGMENT  
/GIVE EVERYTHING

# ONE MINUTE WITH

## JAMES LAVERTY

**Club:** Erins Own Cargin

**Áit is fearr ar an pháir - Favourite Position:** Half Back

**An Pháirc imeartha is fear - Favourite Pitch:** Casement Park

**Caithimh aimsire- Hobbies:** Golf

**Laoch d'óige- Childhood hero:** Tomas O'Se

**An t-imreoir is fearr ar imir tú leis -Best Player you have played with:** Chris Kerr

**An t-imreoir is fearr a d'imir tú ina éadan - Best Player you have played against:** Peter Harte

**An cluiche is fearr ar imir tú ann - Best game you have been involved in:** Antrim v Laois Qualifier 2014

**An treanálaí is fearr ar an fhoireann - Best trainer within the squad:** Sean Pat Donnelly

**An treanálaí is measa ar an fhoireann - Worst trainer within the squad:** Mark "I'm in Dublin" Sweeney

**An duine is spreagúla ar an fhoireann - Best motivator within the squad:** CJ McGourty - Always positive

**Aon phisreog - Any superstitions:** None

**An t-amhrán is fearr leat - Favourite Song:** Foo Fighters - Wheels

**An scannán is fearr leat - Favourite Film:** American Gangster

**Áit is fearr do laethanta saoire -Favourite Holiday Destination:** San Francisco

**An béile is fearr leat - Favourite Meal:** Steak & Sweet Potato

**An chomhairle is fear a fuair tú -Best advice ever received:** No substitute for hard work

**An tionchar is mó ort mar imreoir -Biggest influence on career:** My Father

**Oibrí deonach ar leith sa chlub -Club Volunteer of note:** Patsy McCann

**An t-amhrán a n-éisteann tú leis roimh chluichí - Song you listen to before big games:** Whatever it is on Jack Dowling's playlist

**An scil is tábhachtaí-Most important skill:** Kick Passing

**An bua peile is mó atá agat -Biggest Strength in your game:** Tackling

**An chuid den chluiche ar mhaith leat a fheabhsú -Area of your game you would like to improve:** Shooting

**Comhairle do dhaoine óga - Advice for youngsters:** Express yourself



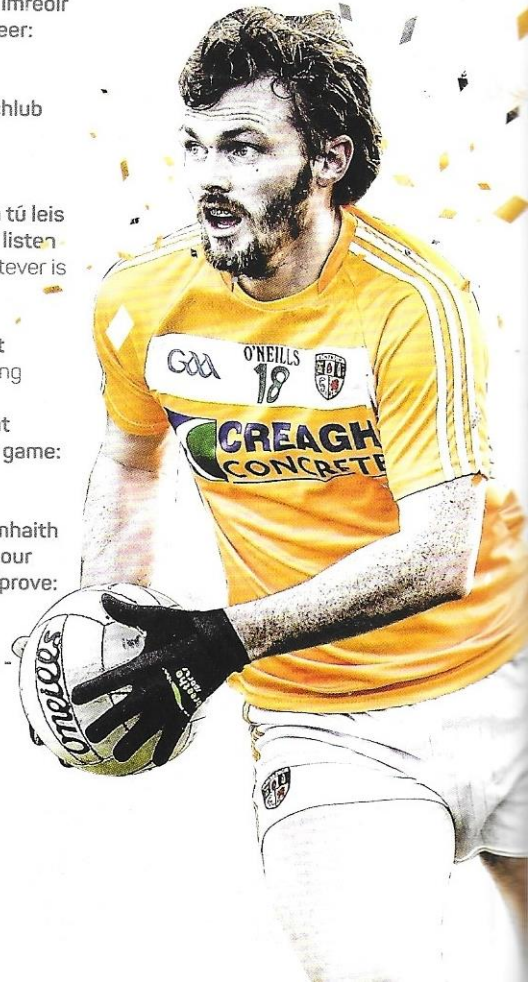
**Imreoir óg sa chlub a mbeidh iomrá air sa todchaí - Young Player within your club to look out for:**

Ciaran Bradley (at his request)

**An rud is fearr fán CLG -Best thing about the GAA:** The Club

**Cuntas Twitter - Twitter Account:** @jameslav91

**Cuntas Facebook- Facebook Account:** James Laverty



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## LIGHTEN THE LOAD

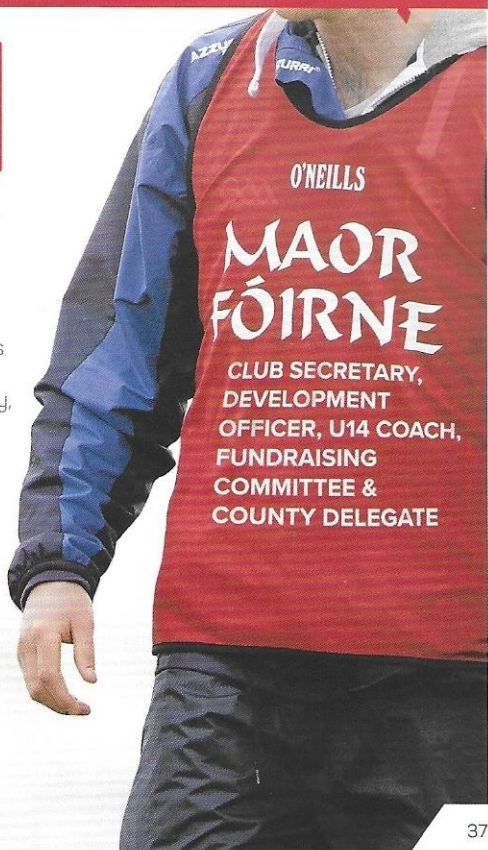
EVERY CLUB HAS ONE, THE TROJAN VOLUNTEER WHO DOES THE WORK OF 10 PEOPLE. LET'S MAKE IT OUR PRIORITY TO LIGHTEN THE LOAD.

Ulster GAA consists of a body of volunteers who oversee the promotion of Gaelic Games, Irish culture and heritage. There are various volunteering roles including: Ulster GAA Officers, Council Delegates, Committee Chairpersons, Committee Vice Chairs, Committee Secretary, Committee Members. In addition to these formal governance roles, Ulster GAA recruits volunteers in the following positions:

**Stewards** – High quality stewarding is key for all our competitions and Ulster GAA recruits and trains stewards of all ages. For more info contact: [stephen.mcgeehan.ulster@gaa.ie](mailto:stephen.mcgeehan.ulster@gaa.ie)

**Gate Volunteers** – Reliable and trustworthy Gate volunteers are a must for all our games and competitions. Ulster GAA has a pool of trained gate volunteers who assist with matches and events. For more info contact: [michelle.mcaleer.ulster@gaa.ie](mailto:michelle.mcaleer.ulster@gaa.ie)

**Club Planner and Club Maith Facilitators** – Ulster GAA recruits and trains a pool of facilitators to assist with club planning and the Club Maith process. For more info contact: [fontann.odowd.ulster@gaa.ie](mailto:fontann.odowd.ulster@gaa.ie)



# SENIOR CHAMPIONSHIP PREVIEW

Kevin Farrell

THE IRISH NEWS

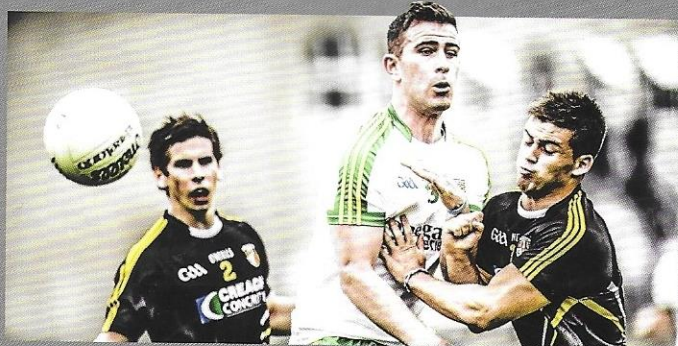
@IRISHNEWSSPORT

## Quarter Final Donegal v Antrim

**WATERFORD** hurling icon John Mullane recently quipped that he would “jump on a horse in the nude and go down the Quay” if Derek McGrath’s Decies managed to end the county’s 58-year wait for a Liam MacCarthy Cup this September.

Only eight summers have passed since Liam Bradley’s horseless and fully-kitted Antrim upstarts blazed out of Ballybofey. It was a brazen raid that marked John Joe Doherty’s ill-fated Donegal card. That turn-up for the Ulster football books was the Saffrons’ first notch en route to the lofty plains of an Anglo-Celt showdown with Tyrone.

Should Gearoid Adams and Frank Fitzsimons conjure a similar opening gambit today against Rory Gallagher’s charges, not a single horse within a mile of this programme will feel remotely safe at about half-past-five.



This Antrim task is far more daunting than 2009’s. Donegal have, of course, morphed into a different beast since their shorts were pulled down on their own stage.

They’ve already had the Saffrons’ Ulster number twice since then – 2011 and 2014. It was pretty ugly stuff with Bradley unable to crack the Jim McGuinness conundrum on either occasion.

Moreover, the All-Ireland winners of 2011 now covet a seventh successive Ulster final appearance, a fourth title within that period and a first crown since Gallagher stepped forward to inherit the reins from McGuinness in October ’14.

They’ve won 19 of their last 23 games in Ulster. A 32-match unbeaten stretch at fortress MacCumhaill has bolstered the

ramparts too – a far cry from three successive losses there in Ulster openers from 2008 to 2010.

2009 though... that was the Saffrons’ first provincial victory in six years, a first Championship win over the opponent in seven cracks since a 1969 preliminary round victory. It also lit the touch paper for that first final appearance since 1970.

Doherty’s side, with teenage Michael Murphy taking flight, had gone into the match as 1/5 favourites. But ‘the Baker’ had been bullish from the off about his men’s hopes of flipping the appiecart.

The respective preparations may have dropped the slightest hint. Donegal had won the McKenna Cup soon after Doherty’s appointment. Yet a flaky Division One campaign was peppered with indiscipline, skittish displays and enough defeats to relegate them. Antrim’s tails were wagging by comparison. Promotion to Division Three achieved, they were a county reborn, willing to feed off every grain of their new leader’s big talk.

After a one-point reverse on a sodden day, Donegal wept over 18 costly wides. Antrim didn’t care. They took headlined congratulations from Gerry Adams among others before





daring to furnish their scrapbook further with a stirring run. The gap in quality and level between the current pairing is surely too vast to entertain the notion of history repeating itself here.

This encounter between one recalibrated county still able to make wide eyes at the summer prizes and the other clawing at Division Four's trap-door for a gasp of thinner air than they're used to looks lopsided from any angle.

It's the harsh reality facing the newfangled Antrim batch which has been test-driven with care, if no shortage of frustration, under the diligent Adams-Fitzsimons steer.

Forward Tomás McCann – who bagged a pivotal goal in the 2009 win – is the sole presence from the squad checked by Tyrone that same year.

The sat-navs, phrase-books and Guides to the Championship in July which flew off Belfast shelves by the bandwagon-load back then have been largely caked in dust since, with an odd exception or two.

A sure-footed promotion last season, apart from a naïve final reverse to Louth at Croke, was followed by Championship misery at Fermanagh's hands.

The grim Qualifiers exit at Corrigan Park to a Limerick side banking a first win for 14 months then knocked Antrim out cold. This year's form line has already been quirky, both on and off the field. Battieworn generals like Mick McCann have called it a day. With a root and branch re-build underway, the management will point to the progress of talents such as Declan Lynch, Peter Healy, Seamus McGarry and Conor Hamill as sound grounds for green shoots.

That said, the firepower needed to trouble bigger fish appears thin on the ground for now. Antrim had different reasons to curse their League luck against both Armagh and Tipperary, but just four goals in seven Division Three outings tells its own tale. A freakish tanking in Offaly also proved a costly blot.

Last month's agonising draw with Longford in a decisive Division Three clash at Corrigan Park – which snipped the cord on survival hopes – featured a handful of greenhorns still just 20 years old or younger. They forgot to kill the game.

Kevin Niblock's recent county farewell, along with a mini-injury crisis, only steepens the gradient. The furore surrounding the 48-week ban dished out to key attacker Matthew Fitzpatrick early this week has also become

an ugly and head-turning distraction.

With experience in short supply, the renaissance of a fit and focused CJ McGourty has provided a huge fillip.

His gift alone wasn't quite enough to spare Antrim from the drop. But the mark of class and sharp eye will hardly be lost on Gallagher, a fellow All-Ireland Club winner with St Gall's in 2010.

Donegal enter today's game with a rejuvenated look about them in the wake of last year's All-Ireland quarter-final defeat to the Dubs. Only Kerry and Mayo clipped them during the League. Despite just missing out on a Division One final spot, the ceaseless energy, searing pace and scoring spread on show at times belonged to a squad gearing up for a busy year. A raft of retirements had hit an ageing panel in the close season. All-Ireland winners Neil Gallagher, Christy Toye, Colm McFadden, Eamonn McGee, Rory Kavanagh and David Walsh all hung up the boots.

Add in the withdrawals of Odhran Mac Niallais, Anthony Thompson and Leo McLoone and a pragmatic Gallagher was soon investing his springtime faith in the county's conveyor belt. Necessity proved the mother of invention.

Caoian Ward, Jason McGee, Michael Langan and Eoghan Gallagher are just a number of the successful U21s who were deep-ended during the League and who have hardly paused to glance back.

With the experienced nous and backbone still provided by Murphy, Karl Lacey, the McHughs, Frank McGlynn, Paddy McBrearty and Neil McGee, the men from Tir Chonaill look every inch the Grade One stayer yet again.

**A fruitful summer will surely get off to flier today at the bold Saffrons' expense. If I happen to be wrong, could someone grab me a saddlebag for my jodphurs?**



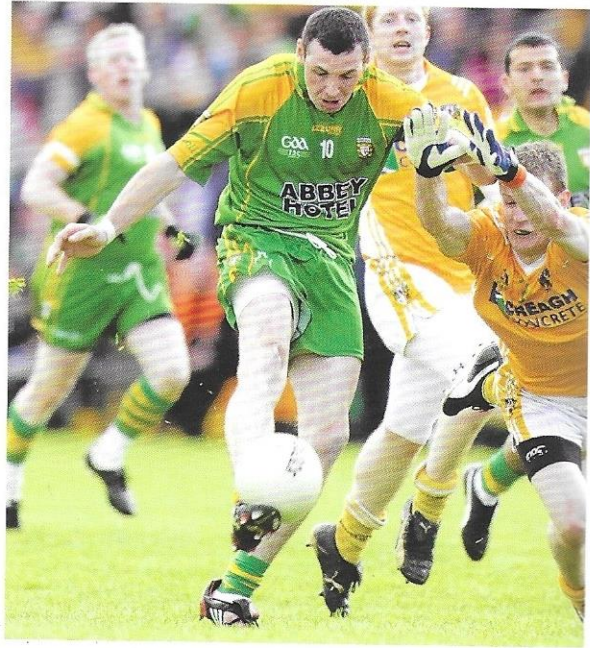
# LOOKING BACK

DONEGAL 0-12  
ANTRIM 1-10  
BALLYBOFEY 2009

Antrim pulled off a major shock when they overcame Donegal at Ballybofey to reach the Ulster Senior Championship semi-finals. Tomas McCann scored the crucial goal for the Saffron in the 57th min as a wasteful Donegal kicked 18 wides over the course of the game.

The game was extremely tight throughout but Antrim led for almost the entire first half, John Joe Doherty's Donegal only sneaking into a 0-6 to 0-5 lead on the stroke of the half-time whistle. Donegal's shooting was awful and it didn't improve after half-time, with a plucky Antrim pegging them back.

Antrim then moved in front thanks to Tomas McCann's superb goal. The attacker raced forward and had his initial shot saved before ripping the net to send his side four clear. Donegal got within one just before the end but Antrim substitute Kevin O'Boyle struck a superb point from the right wing which gave the unfancied visitors a landmark win.



**Donegal Substitutes**

- C Toye (0-01) for B Dunning (HT)
- B Roper for M Hegarty (50)
- D Walsh for C Dunne (52)
- F McGlynn for B Boyle (59)

**Antrim Substitutes**

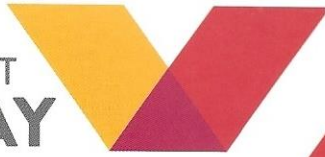
- K O'Boyle (0-01) for D McCann (49)
- K Niblock for S Burke (50)
- C Close for K Brady (54)
- B Hasson for N McKeever (62)

**Referee:**

Padraig Hughes (Armagh)



# VOLUNTEER DEVELOPMENT PATHWAY



# CLUB OFFICER DEVELOPMENT PROGRAMME

Hundreds of club officers across Ulster took part in development courses in 2017 as part of Ulster GAA's Volunteer Development Pathway.

150 new club officers received their role specific training in January by GAA volunteer tutors with the necessary expertise and knowledge. Through the Club Officer Induction Programme, these new officers received essential information and tips to help them in their role within the Club Executive for the coming year.

In Level 1 almost 400 club officers took part in the Club Officer Development Programme which was delivered across four venues, delivering 18 workshops on key issues facing GAA clubs in 2017, including: Club Facility Management, Health & Wellbeing, Involving more volunteers and Getting your club funding ready.



Welcoming another successful year for the Volunteer Development Pathway Ulster GAA President Michael Hasson said,

St Comgall's Antrim Club Officers attending Ulster GAA's Club Induction Award, the first step on the Volunteer Development Pathway.

"ULSTER'S VOLUNTEER DEVELOPMENT PATHWAY IS AN ESSENTIAL PROGRAMME OF COURSES FOR EXECUTIVE OFFICERS INVOLVED IN GOVERNANCE AND DEVELOPMENT WITHIN THE CLUB SETTING. THESE COURSES ARE ALL DESIGNED TO EMPOWER OUR CLUB VOLUNTEERS WITH ESSENTIAL KNOWLEDGE AND EXPERTISE TO HELP RUN THEIR CLUBS IN THE YEAR AHEAD.

TO HEAR FROM OTHER CLUBS AND LEARN FROM WHAT IS BEING DONE ELSEWHERE. I CONGRATULATE ALL THOSE CLUB OFFICERS WHO TOOK PART IN BOTH PROGRAMMES."

Planning is already undertake for the 2018 Volunteer Development Pathway and anyone looking further information should contact Ulster's Volunteer Development and Policy Officer:

Sharon Haughey-Grimley on 02837517180 or email Sharon.haughey.ulster@gaa.ie

"IT IS VITAL THAT OUR CLUBS ACROSS ULSTER ARE OPERATING TO THE VERY HIGHEST STANDARDS AND BEST PRACTICE. THESE COURSES ARE DESIGNED TO ENHANCE THE SKILLS AND KNOWLEDGE OF ALL CLUB OFFICERS AND GIVE THEM A PLATFORM





# THE MANAGERS



## HEAD TO HEAD



It is a great honour for me to be managing Donegal today in this quarter-final tie of the 2017 Ulster Senior Football Championship at our home ground in Mac Cumhaill Park, Ballybofey.

We have had a terrific run in Ulster over the last 6 years playing in the final on each occasion. Unfortunately, we came up short last year losing the decider to Tyrone by two points. Since then we have lost some great players from the panel to retirement who have given incredible service to Donegal over the past 10 – 12 years, Colm Anthony Mc Fadden, Eamonn McGee, Rory Kavanagh, Christy Toye, David Walsh and Neil Gallagher.

However, from our own perspective we prepared extremely well over the winter and had a very positive league campaign. Our championship preparations have progressed well including a successful trip to New York over Easter and we now are looking forward to playing in front of our usual large home support.

I would like to thank the players and backroom team for their total commitment and effort throughout the year to date. We have arrived at the critical time of the year in excellent condition. I would also like to thank the County Committee, the Clubs and our sponsors the 'KN Group' and the 'MCR Group' for their tremendous support.

And not forgetting our tremendous supporters who have been there in huge numbers for both the home and away league games, we as a group really appreciate your support as well.

Beir Bua,  
Rory Gallagher

We have been really looking forward to this game from the Ulster Championship draw took place. It doesn't come much tougher than Donegal on their home patch but we hope that our young team will be up for the occasion.

The Ulster Championship is a special competition and this Quarter Final game is one that can either make or break players. It provides an opportunity for our players to go up against some of the best players in the modern game and against a team that has shaped the tactical structure of how football is being played.

Hopefully this young Antrim team will face up to the challenge and replicate some of the tough Quarter Final battles that took place over the last two decades.

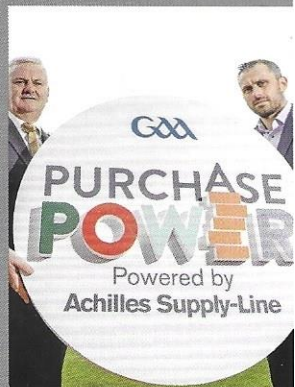
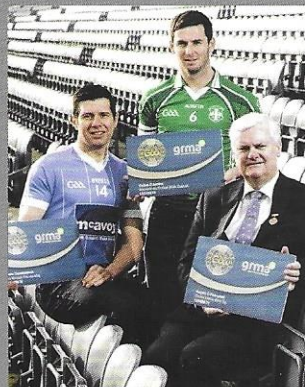
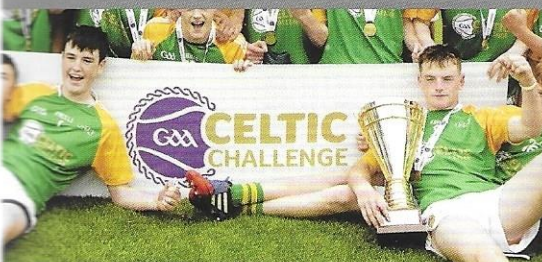
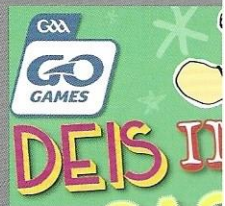
We wish all our players, backroom team and supporters well and thank all involved for their endeavours to date. We have trained hard and prepared well and hope to give the Championship a real go in 2017.

We weren't happy with our Championship performances last year and want a massive improvement this year. There is no better place to test this resolve than in Ballybofey against one of the top rated teams in Ulster and Ireland with a manager who has a great insight into Antrim football. I'm sure our players will not be found wanting and rise to this challenge. We wish all of the players on our panel the best of luck today.

Go raibh maith agat,  
Gearóid Adams and Frank Fitzsimons  
Antrim Joint Managers

# LD2

## FROM CLUB TO CONGRESS



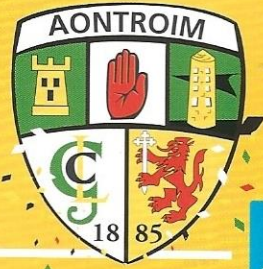
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# ULSTER SCHOOLS

## DE LA SALLE COLLEGE



When Antrim Senior footballers take to the pitch today, they will be backboned and influenced by De La Salle College, Belfast. Joint Managers; Gearoid Adams and Frank Fitzsimons are past pupils and Frank is currently an Assistant Building Supervisor in the School.

Mentor, Joe Quinn is a former student, while Chris Kerr, Domhnall Nugent, Conor Murray, Matthew Fitzpatrick, Stephen Beatty and C.J. McGourty have all represented the Edenmore Drive School with distinction in Gaelic Games. Ulster GAA Writers' P.R.O., Sean Kelly is also a former student of La Salle which is celebrating its 50th Anniversary this year.

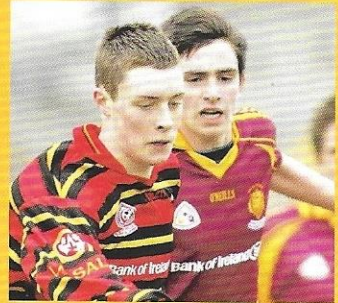
C.J. McGourty and Conor Murray were members of the successful Ulster Colleges' MacLarnon Cup winning side in 2006. Stephen Beatty and Domhnall Nugent have been awarded six Ulster Colleges' All-Star awards between them, Domhnall with three hurling awards, while C.J. is the proud holder of two hurling and one football awards.

Sigerson Cup winner and hotshot, Matthew Fitzpatrick is currently a PE Technician in La Salle and along with Frank Fitzsimons, both have played a valuable role in helping the dedicated core of staff in promoting and coaching Gaelic Games.

2017 has been a relatively successful year for La Salle as their Year 8 and 9 teams were runners up in Ulster Schools' finals and their Year 11's won

the Danske Bank McAvoy Cup in dramatic style. The Year 11's overhauled a seven point deficit to bring the game to extra time and powered to victory over Castleblaney College with an impressive display of attacking football.

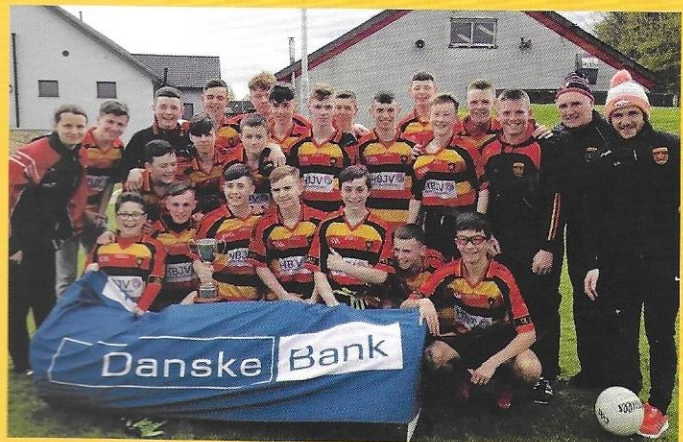
CURRENT STUDENTS, MICHAEL BYRNE AND MATTHEW MCIVOR ARE IN THE ANTRIM MINOR PANEL TODAY AND THERE IS NO DOUBT THAT THE QUALITY WORK IN GAELIC GAMES IN LA SALLE WILL CONTINUE TO NURTURE AND DEVELOP SAFFRON STARS FOR THE FUTURE AND MAINTAIN ITS PROUD TRADITION WITH ANTRIM TEAMS.



C.J. McGourty playing for La Salle in 2006



Conor Murray in action for La Salle in 2006



The winning 2017 Danske Bank McAvoy Cup team



# SOMETHING DIFFERENT...



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# REFEREE'S HEALTH TOP OF THE AGENDA

Ulster GAA teamed up with 3fivetwo on Saturday 14th January to provide its Provincial Panel of Referees with free health checks at the Tyrone GAA Centre, Garvaghey.

The aim of the Health Check was to provide Referees with a valuable indication of their current health and provide information on how to maintain fitness and health, taking into account factors such as diet, exercise and hereditary health conditions.

Forty Referees received an ECG (electrocardiogram) which records the rhythm and electrical activity of the heart.

**Other tests included;**

- BMI
- Blood pressure
- Cholesterol
- Blood Glucose

Highlighting the benefits of this programme, Ulster GAA President Michael Hasson stated, "The health and wellbeing of all our members is important and we continue to promote healthy living and lifestyles to our membership, especially our players and officials.



"The focus of our games is usually on our players and teams but the man in the middle is a very important factor in allowing our games to flow.

Just as our players require high levels of fitness, so too do our referees, especially those who oversee Provincial Competitions. The referee has to run the length and breadth of the pitch throughout the full 70 minutes and his health and wellbeing is paramount.

"This initiative provides our Provincial panel of referees, from all nine counties, the opportunity

*Pictured above from Left to Right; Michael Hasson (President Ulster GAA), Jim O'Rourke (Secretary Ulster GAA Referees Committee), Anthony Marron (Ulster GAA Referee), Ashling Green (3fivetwo), Kerry Turner (3fivetwo), Ryan Mellan (Welfare Officer Ulster GAA) and Stephen Donnelly (Games Administration Manager Ulster GAA).*

to receive a full health check free of charge. We are delighted to have the 3fivetwo Group conducting these much needed health checks at the start of our season."

## BBC SPORT NI

Listen to today's game live via [bbc.co.uk/sportni](http://bbc.co.uk/sportni) and on BBC Radio Ulster 1341MW. Relive the action from 7pm on BBC2 NI



Next up: Derry v Tyrone – Sunday 28th May. Live from 1.45pm on BBC2 NI, BBC Radio Ulster 1341MW and online. Follow the latest news @bbcchampionship.

#BBCGAA



# SAFEGUARDING IN THE GAA

**The GAA relies heavily on the time and commitment freely given by our volunteers and without this the opportunities for children and young people to participate in sport may not exist.**

In order to make these opportunities a positive experience for all concerned it is vital that all those taking responsibility for young people in the association are appropriately vetted and adequately trained for the role and that all clubs are compliant with both legal and best practice safeguarding requirements placed on them as providers of services through sport to children and young people.

## E-Vetting

In order to comply with legislation in all counties and the rules of the Association, all persons working with children or young people in a voluntary or paid capacity, must be vetted prior to commencing their role. Those who are involved in the management of individuals appointed to work with children or young people in your club must also be vetted. Vetting is carried out by AccessNI or the Garda vetting unit as appropriate, where they return criminal history information on the applicant. This enables Ulster GAA to make more informed recruitment decisions in relation to the suitability of the applicant for the role. Ulster GAA process applications for vetting checks free of charge, for our Volunteers at a clubs request. We remind all clubs that they should not permit anyone to work with

their children or young people in the Club until they have been suitably Vetted and approved for their role.

**Code of Behaviour** - Outlines the minimum appropriate levels of behaviour, practice and conduct required from our Young Players, Coaches, Supporters, Parents/Guardians, Referees, Officials and Clubs. Clubs should ensure that all members have signed up to the code of behaviour for the 2017 season.

**Safeguarding Children and Young People in Sport** - This three hour workshop should be completed every three years by those working with your children and young people in your club and is an essential requirement prior to commencement of position.

**OUR GAMES – OUR CODE**, the Joint Code of Best Practice in Youth Sport for the GAA brings together the collective good practice experiences of our Associations while also recognising the legislative, organisational and statutory guidance that governs our work with young people and children. Our Games – Our Code will assist us in supporting and directing our members and all units of our Associations in our work with underage teams in a coordinated and developmental manner

Our underage players will spend some of the most enjoyable days of their lives playing our games and socialising with their friends through GAA activities. Whether attending or playing GAA matches, playing Ladies Football or Camogie, or participating in Rounders or Handball activities,



they will do so during some of the most important developmental years of their lives. Our role and our responsibility is to ensure that they benefit from and participate in our Gaelic Games in a safe and enjoyable environment and where our Games are conducted in a spirit of fair play and where everyone working on our behalf emphasises respect, equality, safety and non-discrimination in all aspects of our work with children and young people.

**IN FOLLOWING THIS CODE, YOUR CLUB SHOULD BE ABLE TO CREATE AND MAINTAIN THE SAFEST POSSIBLE ENVIRONMENT IN WHICH YOUR CHILDREN CAN PLAY AND PARTICIPATE IN GAELIC GAMES AND ACTIVITIES AND WHEREIN THE RETENTION OF YOUR PLAYERS AND VOLUNTEERS IS AT AN ALL-TIME HIGH.**

For more information on Safeguarding in your club please contact [bernie.fox.ulster@gaa.ie](mailto:bernie.fox.ulster@gaa.ie)



# Ó LABHAIR AN TEANGA GHAELGE LIOM

## STAIR NA GAEILGE AGUS NA GAELTACHTA I GCONTAE AONTROMA

Léiríonn an t-amhrán thuas an grá nach beag agus an bród atá ar mhuintir na hÉireann as a dteanga dhúchais. Tá an Ghaeilge go mór i mbéal an phobail le déanaí, mar gheall ar an acht teanga agus ar an chonspóid atá ag baint leis an ábhar sin. Ar fud na tíre, tá an Ghaeilge ag fás agus ag forbairt agus is léir don dall go bhfuil sí ag dul ó neart go neart, go háirithe i measc an aosa óig.

Is fíor an seanfhocal "Ní chrónaítear an t-uisce go dtromaítear an tobar" agus muid ag déanamh plé ar Phlándáil Uladh. I mí Lúnasa 1897, thug sraith Bhéal Feirste de Chonradh na Gaeilge cuairt ar Ghleann Aireamh le bualadh leis na cainteoirí Gaeilge a bhí go fóill sa cheantar. Tháinig PT McGinley, (Cú Uladh), rúnaí Chonradh na Gaeilge go Gleann Aireamh agus bhuail sé leis na cainteoirí dúchais. Aimsíodh go raibh an Ghaeilge ag fáil bháis. Sna blianta ina dhiaidh sin, scríobh fear darb ainm Joseph Duffy ailt darb ainm "Reflections on the state of Irish in the Glens of Antrim in 1900" agus ba léir ón alt sin go raibh líon na gcainteoirí Gaeilge ag laghdú. Bhí sé den bharúil go raibh níos mó ná 20% de dhaoine sna Glinntí a bhí in ann Gaeilge a labhairt agus a thuiscint ach nach raibh ach 5% de na daoine sna Glinntí a bhí ábalta Gaeilge a thuiscint agus 3% a bhí in ann í a labhairt sa bhliain 1900. Bunaíodh Féis na nGleann sa bhliain 1904 agus bhí sé de rún ag baill an choiste an Ghaeilge agus an cultúr a

chur chun cinn agus a spreagadh i measc an phobail áitiúla.

D'fhreastail Ruairí Mac Asmuint ar an chéad fhéis sa bhliain 1904 agus bhí suim as cuimse aige sa chúis seo. Thug sé cuairt ar na Glinntí in 1904 agus nuair a bhí sé ar Reachrainn sa bhliain 1906, scríobh sé go raibh 325 duine ina gcónaí ar an oileán. Labhairt 218 de na daoine as Gaeilge agus bhí 107 acu nach raibh ach Béarla á labhairt acu.

Nuair a rinneadh an chéad Choimisiún Gaeltachta sa bhliain 1926, bhí roinnt ceantar sa chontae ar tugadh stádas oifigiúil Gaeltachta orthu. Bhí ceann amháin de na háiteanna seo i nGlinntí Aontroma agus an ceann eile ná Reachrainn. D'amharc daoine mar Mac Asmuint agus a leithéid ar Fhéis na nGleann mar bhealach leis an teanga a chur chun cinn agus is í seo prómhchuspóir na Féise go dtí an lá inniu.

De réir a chéile, fuair na cainteoirí dúchais bás agus mar thoradh air sin, thosaigh an teanga ag meath. Mhair an Ghaeilge sna Glinntí go dtí na seachtóidí ach fiú ag an am sin, ní raibh ach cúpla duine ann a raibh scoth na Gaeilge acu. Fuair Seamus Bhriain Mac Amhlaigh bás i mí Feabhra 1983. Ba é Seamus, an cainteoir dúchais deireanach sna Glinntí. Ní bhfuair an cainteoir dúchais deireanach bás ar Reachrainn go dtí 1985. Cé go bhfuil na cainteoirí seo marbh, tá sé tábhachtach a rá go bhfuil an cultúr go fóill beo sna ceantair mar gheall ar an iarracht mhór atá déanta ag Coiste Féis na nGleann, Cumann Lúchchleas Gael, Conradh na Gaeilge agus eagraíochtaí éagsúla eile.

TÁ AN T-ÁDH ORAINN I GCONTAE AONTROMA GO BHFUIL AN GHAELGE CHOMH LAIDIR IS A BHÍ RIAMH, GO HÁIRITHE SA PHRIOMHCHATHAIR. IS É AN CEATHRÚ GAELTACHTA AN T-AINM A THUGTAR AR AN CHEANTAR GAELTACHTA IN IARTHAR BHÉAL FEIRSTE.

Tá a lán scoileanna lán-Ghaeilge suite i gcroí-lár na Ceathrún Gaeltachta agus tá Cultúrlann Mc Adam Ó Fiaich, An Ceathrú Póilí, Conway Mill agus Féile an Phobail bainteach leis an Ceathrú Gaeltachta seo. Tá ceantar Gaeltachta eile ar Bhóthar Seoighe. Sa bhliain 1969, tháinig grúpa tuistí le chéile chun tithe a thógáil ar an bhóthar chéanna chun an Ghaeilge a chothú agus í a bheith acu mar phríomhtheanga. Bunaíodh an chéad scoil lán-Ghaeilge sa cheantar seo i 1971 agus fuair an scoil aitheantas oifigiúil ón Roinn Oideachais i 1985. Chuaigh an scoil ó neart go neart ón am sin, agus tá bréis agus 350 daltaí ag freastal uirthi anois.

Agus níos mó ná 30 scoil lán-Ghaeilge bunaithe i gContae Aontroma, níl amhras ar bith ná go mairfidh ár dteanga agus ár gcultúr buan i measc an chéad ghluin eile de Ghaeilgeoirí. Go raibh rath agus bláth ar an Ghaeilge i gContae Aontroma sna blianta atá romhainn.

**Brónagh Uí Leannáin**  
Irish Language and Cultural  
Officer Co. Antrim



# SCÓR SINSEAR ULADH

Large crowds of competitors and their supporters from across Ireland travelled to Belfast on Saturday May 6th for the All Ireland Finals of Scór Sinsir.

Taking place at the Waterfront Hall, it was a day of outstanding success for Ulster, claiming three titles at the event.

Acts from Donegal, Down and Tyrone are now All Ireland Champions after winning in the Léiriú Stáitse, Baileád Ghrúpa and Rince Seit categories, respectively.

The culmination of months of hard work and dedication, there was raucous applause and cheering throughout the Hall when Ulster's representatives from Gaoth Dobhair (Dún na nGall), Clonduff (An Dún) and Omagh St Enda's (Tír Eoghain) were declared overall winners, beating off Provincial champions from Connacht, Leinster and Munster.

Uachtarán Cumann Lúthchleas Gael presented the successful teams with their trophies and said "the dedication to the craft, the learning and honing of a skill, the hours of preparation and practice are as relevant to the participants here at Scór Sinsir as they are for a hurler and footballer at Croke Park. The GAA allows us as Irish people to make the biggest connection possible with our rich ancient culture. Scór is an intrinsic part of that as it facilitates, promotes and encourages our language, our music and dancing through the GAA Club."

Comhghairdeas mór to –

## LÉIRIÚ STÁITSE

Winner: Dún na nGall - Gaoth Dobhair

Anna Ní Bhroinn,  
Emma Ní Fhíoruisce,  
Eoghan Mac Giolla Bhríde,  
Síle Uí Ghallchóir,  
Ciarán Mac an Gheimhridh,  
Aodan Ó Cearbhaill,  
Colm Ó Baoill

## BAILÉAD GHRÚPA

Winner: An Dún - Cumann Chluain Daimh

Pól Ó Ceallaigh,  
Úna Ní Mhuiris,  
Cailín Bhaillís,  
Cearúilín Nic Cearbhaill,  
Máirtín Ní Chuinneagáin

## RINCE SEIT

Winner: Tír Eoghain - An Ómaigh Naomh Éanna

Daibhéid Ó Tarnaigh,  
Damien Ó Frighil,  
Paul Ó Braoin,  
Ciarán Ó Braoin,  
Leanne Nic Cú Uladh,  
Micheálín Ní Mhaoláin,  
Cuirnán Nic Ascaidh,  
Grainne Nic an tSionnaigh



Dún na nGall - Gaoth Dobhair



An Dún - Cumann Chluain Daimh



Tír Eoghain - An Ómaigh Naomh Éanna



Ulster SFC quarter-final

**DONEGAL** ..... 3-19

**ANTRIM** ..... 1-9

**Alan Foley**

Ballybofey



With the wheels of change evident in Donegal, there was further evidence of its forward trajectory at Ballybofey yesterday.

Antrim came as rank outsiders and after a promising enough start when the away side might've grabbed a goal or even two, Donegal reeled in their guests and won at a canter.

In the end, it was more than comfortable as Rory Gallagher's team hadn't the need to even to get to fourth gear or perhaps not even third.

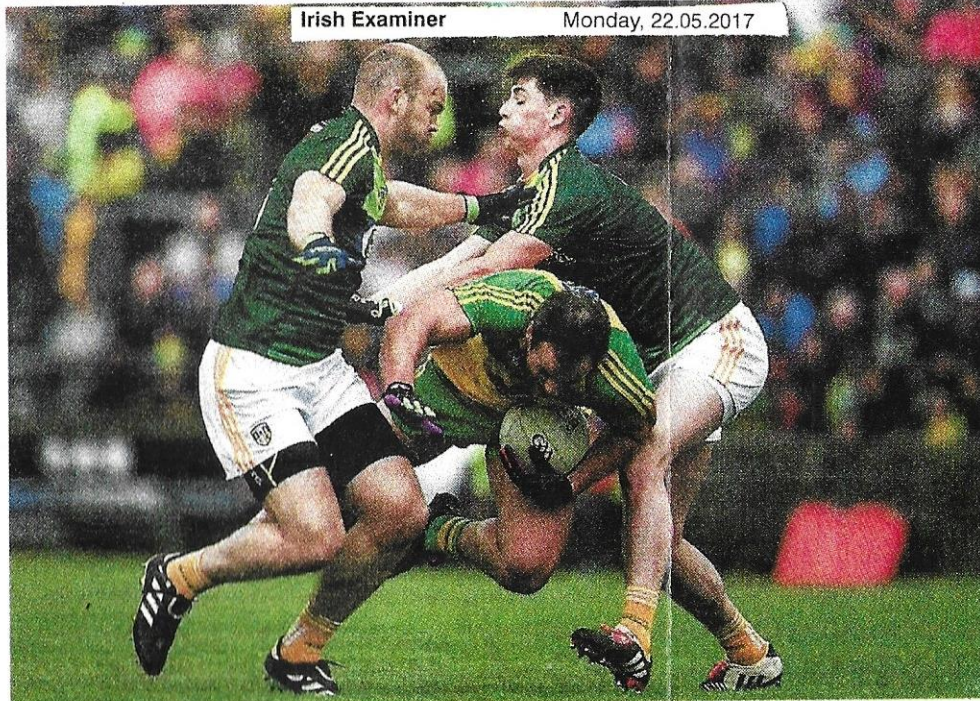
A 16-point win was Donegal just flexing their muscles, with the heat in the kitchen of the Ulster SFC surely going to rise a notch or two when they meet Derry or Tyrone in the provincial semi-final on June 18.

Eoghan Ban Gallagher, Cian Thompson, Jamie Brennan, Jason McGee, Michael Carroll, and Cian Ward all started in the championship for the first time.

Michael Langan was also a debutant having come off a substitutes' bench, where he was joined for late cameos by the vastly more experienced Karl Lacey, Martin McElhinney, Patrick McBrearty, Eoin McHugh and Mark McHugh.

A Donegal goal three minutes before half-time, moments after Antrim missed out on one at the other end, marked the beginning of the end for the team managed by Frank Fitzsimons.

With a 20-minute delay as a consequence of the curfew



Donegal's Michael Murphy tries an unorthodox technique to break through the Antrim defence in yesterday's Ulster SFC quarter-final at MacCumhail Park, Ballybofey.

Picture: Sportsfile

hand going to extra-time and so many inexperienced players in the Donegal camp, there was a nervy enough start for Donegal.

It was at this stage of the game where Antrim enjoyed their most fruitful spell. After 13 minutes, it was 0-4 to 0-4 with Tomas McCann and CJ McGourty on the mark.

And although the panic button wasn't within grasp of the locals among the 10,083 in attendance, they might've thought things would turn out to be just a little tighter than many had predicted beforehand.

In attempting to build to build a more expansive game, Donegal are not quite as squeakily tight at the back. Antrim might've benefited not once but twice.

On 20 minutes, McGourty spun into space and drove past both Donegal goalkeeper Mark Anthony McGinley but also past his far post. A goal then would've put the visitors 1-4 to 0-4 in front.

As the clock ticked, Donegal

did find bother with their coordinates occasionally, although in Ciaran Thompson they'd someone who was in tune with the conditions right from the off. Thompson would score four first half points.

Behind him, Antrim passed up on a replica chance in front of goal on 32 minutes. This time the diagonal ball was delivered by Conor Hamill and Matthew Fitzpatrick, in space and in a promising position, could only shoot wide.

That miss was certainly still rummaging around the minds of the Antrim support when, at the other end from the very next attack, Donegal showed their quality. Michael Murphy and Michael Carroll linked up and the former set Jamie Brennan free into an avenue of opportunity down the left.

Brennan cut in to increase his angle with the precision of a mathematician and speed of a slalom skier, planting the ball into the bottom corner for the opening goal. With confidence, slipping through his

veins, he then added a point and Donegal had a 1-8 to 0-6 half-time lead.

That was the end of the flat-tire though as Donegal, without ever breaking sweat, simply tightened the noose on Antrim. Murphy popped over five points and they helped develop a gulf in the third quarter.

The second goal came from the most unlikely of sources. Paddy McGrath debuted for Donegal back in 2010 and in seven years the corner-back had only ever scored two points.

He managed to sidestep Chris Kerr, the Fermanagh goalkeeper, and prod home from close range after Ryan McHugh provided the final pass with McElhinney and Jason McGee also chipping in at various locations. So, with eight minutes to go, Donegal were 2-14 to 0-7 in front.

A third goal came from McBrearty came in the second minute of injury time. The substitute thundered past Kerr having been found by a

# GAMEZone

Donegal v Antrim

1 MA McGinley		
2 P McGrath	3 N McGee	7 C Ward
15 T McCann	14 B Bradley	13 CJ McGourty
6 F McGlynn 12 R McHugh 4 E 'Ban' Gallagher		
12 M Sweeney 11 M Fitzpatrick 10 R McCann		
8 J McGee 14 M Murphy		
9 S Beatty 8 S McVeigh		
9 C Thompson 5 M O'Reilly 10 M Carroll		
5 P McAleer 6 D Lynch 7 P McBride		
19 C Mulligan 11 H McFadden 15 J Brennan		
4 P Healy 3 P Gallagher 2 C Hamill		
1 C Kerr		

■ = Donegal ■ = Antrim

## CAN'T IGNORE

Donegal were tipped by many to get relegated from Division 1 and finished only behind Kerry and Dublin in the end. Their real acid test will come against the likes of Tyrone and Monaghan in Ulster.

## GOOD DAY

Joe Brolly. The RTÉ pundit's son Ruairi scored two late points and helped the Antrim minors to a 0-21 to 2-14 extra-time win over Donegal.

## BAD DAY

Matthew Fitzpatrick had a 48-week suspension overturned in a move that earned Brolly a pint of Guinness as payment. However, Fitzpatrick was forced off late in the first half with an ankle injury.

## PHYSIO ROOM

Patrick McBrearty has been suffering since picking up a quad muscle injury against Roscommon in the league, but having been sprung from the bench, managed to score 1-2.

## SIDELINE SMARTS

Donegal's strength in depth was apparent when they could bring on Eoin McHugh, Patrick McBrearty, Karl Lacey, Martin McElhinney, Michael Langan, and Mark McHugh.

## BEST IN SHOW

Michael Murphy must have a room in his house in Bomany filled with awards. If he does, he'd have another one to fit in after yesterday, when he played in the middle of the field and kept things ticking over or his side.

## MAN IN THE MIDDLE

There was no booking until the 59th minute, when Paddy McAleer of Antrim was yellow carded. Roscommon referee Patrick Nolan ended up cautioning three Donegal players in the latter stages. A handy enough day's work.

## NEXT UP?

Donegal face Derry or Tyrone on June 18 while Antrim can look to the qualifiers.

Reporter: Alan Foley

# ULSTER MINOR CHAMPIONSHIP QUARTER-FINAL

Donegal looked good in first period of extra time but Antrim showed true grit to finish stronger

## POOR START DIDN'T HELP DONEGAL



**PETER CAMPBELL**  
e-mail: sport@donegaldemocrat.com  
Twitter: @dgidemocrat

**Donegal minors were dumped out of the Ulster Minor Championship by Antrim in MacCumhaill Park, Ballybofey.**

**Donegal..... 2-14**  
**Antrim..... 0-21**  
(after extra time)

After coming back from seven points down in the first half to dominate the second period, they were not able to hold a late lead in normal time as Antrim forced extra-time.

Even in extra-time Donegal held an early advantage with a goal from Oisín Gallen, but Antrim refused to throw in the towel and they hit three points in the second period of extra-time to prevail by the minimum.

It was a difficult opening half for the Donegal minors, who trailed by four at the break, but could have been ahead if they had taken two really good goal chances.

30 seconds later, Doherty was involved as Oisín Gallen got the final pass but his effort for goal was blocked. Antrim broke upfield for Tiarnán McAteer to level, all inside 90 seconds.

Eoin Nagle put Antrim in the lead but then Peadar Mogan was through on goal on five minutes but was denied by a brilliant stop by 'keeper Michael Byrne.

Antrim then took over and hit four points before the 11th minute through Dermot McErlaine (free), McAteer, Liam Quinn and John McCaffrey. Liam Quinn was becoming a tormentor in chief for the Donegal defence.

A Peadar Mogan break saw Conor O'Donnell get Donegal's second point, but Liam Quinn replied.

Aaron Doherty had a good point from play but two more from livewire Liam Quinn and one from Ronan Kelly had Antrim 0-10 to 0-3 ahead on 20 minutes.

Donegal got back in the game thanks to a freak goal on 22 minutes. A Peadar Mogan free seemed to be going over the crossbar but dipped just under the bar with the 'keeper stranded.

Before half-time Paddy Dolan and Oisín Gallen added Donegal points to two from Ronan Kelly and a Liam Quinn free (which seemed very harsh against Peadar Mogan as he won a 50-50 challenge).

Half-time: Donegal 1-5, Antrim 0-12.

### TRANSFORMED

The second half saw Donegal transformed. Luke Gavigan was now marking dangerman Quinn and the Antrim scores dried up. Two points from Thomas McGowan and Oisín Gallen cut the leeway before Ronan Kelly replied.

However, the momentum began to swing towards Donegal with Peadar Mogan leading by example, pointing a free and Conor O'Donnell found the range from distance.

Tiarnán McAteer had a rare Antrim point as Donegal

kept coming forward. Substitute Shea Doherty hit two great points from distance to level matters and with two minutes of normal time left, Aaron Doherty performed a great turnover which ended with Lanty Molloy fisting Donegal ahead.

In a frenetic finish Jeaic McKelvey was black carded for hand tripping Eoghan McCabe as he broke through. Liam Quinn levelled from the free and then Antrim had Dermot McErlaine black carded in added time

### EXTRA TIME.

It looked as if Donegal were on their way extra-time when Peadar Mogan put them in the lead and then Oisín Gallen finished to the net after Aaron Doherty's effort was saved.

But Antrim refused to give in and Malachi Doherty and Eoin Nagle had points to leave them just a point adrift at the break in extra-time.

Then in the second period up stepped Ruairi Broily, son of Joe, to fire two quick points and in the final minute Tiarnán McAteer hit what proved to be the winner.

## REACTION

'We should have kicked on after extra time goal,' - Barrett

## MATCH FACTS

**DONEGAL:** Cian Randles; Luke Gavigan, Aaron Deoney, Carl McG Colin McFadden (0-1), Jeaic McKelvey, Paul Murphy; Ronan Doel Conor O'Donnell (0-2); Paddy Dolan (0-1), Aaron Doherty (0-2), B O'Donnell; Peadar Mogan (1-2,1f,1-Of), Oisín Gallen (1-2), Keelan Groddy. Subs., Thomas McGowan (0-1) for B O'Donnell 26; Shay herty (0-2) for Dolan 46; Lanty Molloy (0-1) for McGroddy 50; Ja McSharry for C O'Donnell 60+1; Michael McGroary for McKelvey bcard 60+3. Extra-time: Paddy Dolan for Gallen 10.

**ANTRIM:** Michael Byrne; Eamon Kelly, John Toner, Aidan Mulholland Jamie Gribbin, Eoghan McCabe, John McCaffrey (0-1); Ethan Gibson Maybin; Eoin Nagle (0-2), Dermot McErlaine (0-1,f), Tiarnán McAteer Liam Quinn (0-7,4f), Dominic McEnhill, Ronan Kelly (0-3,1f). Subs., M Doherty (0-1) for McCaffrey 41; Jack Lenehan for Maybin 46; Ruairi (0-2) for R Kelly 52; Kealan McCann for Gibson; Peter Henvey for M both 56; Jamie McCann for McErlaine, bcard 60+4. Extra-time: Dec Smyth for K McCann, bcard 5; Seanachan Duffin for Kelly 10; John frey for Gribbin 19.

**REFEREE:** Steven Campbell (Tyrone)



Donegal supporters at the games in Ballybofey. Photo Geraldine