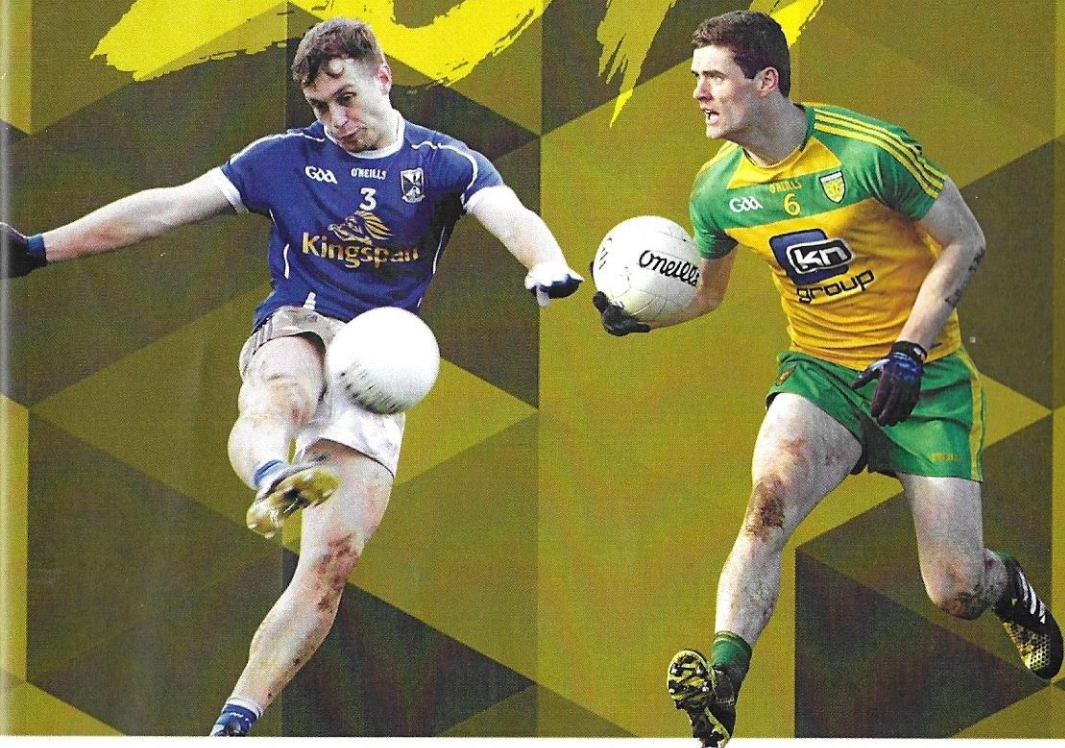


Allianz Football League Roinn 1 - Round 4



AN CABHÁN v DÚN NA NGALL

i Kingspan Páirc Bhréifne / Dé Sathairn 4 Márta

Caith Isteach 7.00i.n. / Runaí: *hiam Mac Caba*

Clár Oifigiúil Luach €3.00 / www.cavangaa.ie



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Fáilte ón Chathaoirligh



Ba mhaith liom fáilte mór Breifneach a cur roimh foireann Dún na nGall agus cuirim fáilte fosta roimh muintir an Chabháin go dtí Kingspan Bhreifne. Tá má ag súil le cluiche iontach.

I extend a warm welcome to the Donegal football team, County Board Officers and supporters who have travelled to Kingspan Breffni today. To our senior panel and management team, I wish you good luck and I appeal to our supporters to get behind the team from the throw in and encourage them to victory.

I wish today's match referee Conor Lane and his official's good luck and I thank you for the difficult but vital roles you play in the provision of our fixtures. I would also like to use this opportunity to encourage new candidates to consider training to become referees. As the campaign slogan goes "Think you can do better? Put your whistle where your mouth is". Cavan County Board fully support this initiative, full details are available on www.gaa.ie/referee, in today's match programme or through our office 049 4361032.

I draw your attention to the Club Breifne advertisement in today's match programme and I encourage you to consider becoming a Club Breifne member for 2017. Club Breifne is a very valuable source of revenue for Cavan County Board and it enables us to continue our ongoing coaching and development programme and further the development of our county teams at all grades. Club Breifne Dublin branch are holding our annual Race Day on the 25th April in PuncHESTOWN which we launch this evening at half time and I am sure it will once again be a great social occasion. You will find details of this event in today's programme. Michael Mooney of Luna and Slieve Rossa Bars in Cavan town is our race day sponsor and I thank him for his most generous sponsorship.

Our Youth Board's half time draw is very successful in generating much needed funds that helps to ensure the ongoing coaching of all our Academy Squads. I wish to thank all our ticket sellers and you our patrons for your generosity and I encourage you all to continue supporting this very valuable fundraiser. I thank our caretaker, grounds men, and all our match day volunteers who ensure that tonight's game will be enjoyable for all our supporters. Please co-operate with them as they carry out their very important duties.

I wish to draw your attention to a very important social initiative that is being run by Cavan GAA and chaired by Tom O' Reilly called "Keep the Home Fires Burning". During 2017 Cavan GAA will be inviting members from all communities who may feel isolated or may have lost contact with the GAA to a number of social events. Our first event will be a pre match reception prior to the Cavan V Kerry Allianz Football League game in Kingspan Breffni on Sunday 26th March and I encourage all clubs to ensure that they have attendees at this event.

Thanks to Kingspan, our main sponsor for their continued support. The importance of Kingspan and the financial support they provide cannot be overstated. To all our sponsors I thank you sincerely for your ongoing support and I ask all GAA people to support our sponsors at County and Club level whenever the opportunity arises.

Mise le Meas,
Gearóid Ó Brádaigh
Cathaoirleach
Cumann Lúthchleas Gael,
Coiste an Chabháin



MATCH OFFICIALS



Referee: Conor Lane (Corcaigh)

Standby: Cormac Reilly (An Mhí)

Linesman: Patrick Maguire (An Longfort)

Sideline Official: Fergal Maguire (An Dún)

Photos courtesy of: Adrian Donohoe, Cavan and Thomas Gallagher, Donegal
Front cover design: Greg Meehan, Meehan Designs - Printed by McGinn Printing Ltd.

Cavan Chamber of Commerce
have kindly sponsored



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The Highstool Prophets



To play before today's game
and again at half time



HALFTIME DRAW
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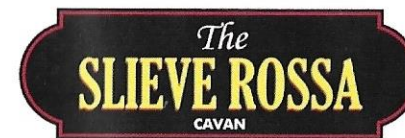
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Prop: Michael Mooney 087 6435901

Luna
BAR

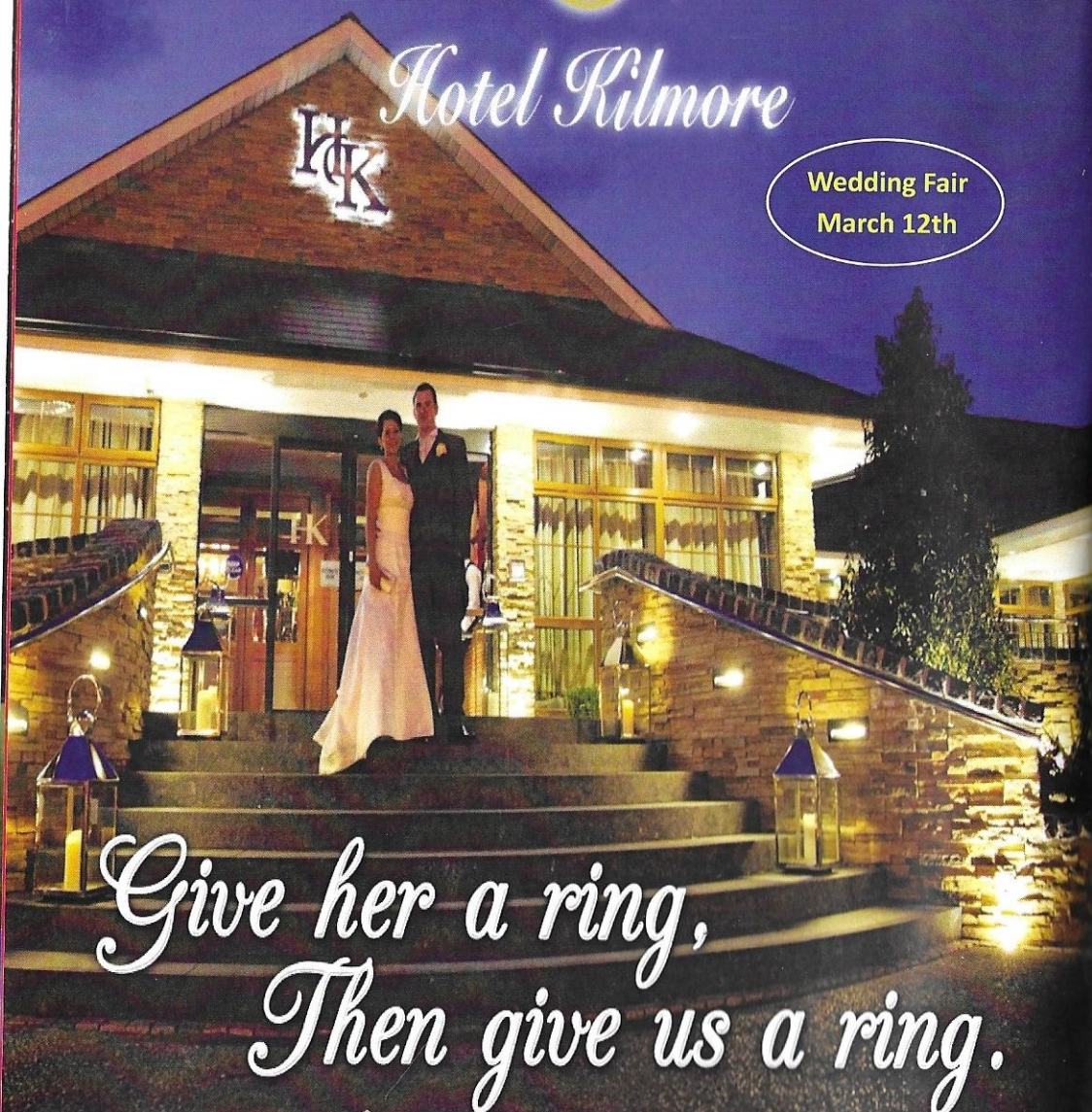
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Amhrán na bhFiann

Sinne Fianna Fáil, atá faoi gheall ag Éirinn,
Buíon dár slua Thar toinn do rainig chugainn
Faoi mhóid bheith saor, Sean-tír ár sinsear feasta,
Ní fhagfar faoin tiorán ná faoin tráill.
Anocht a théan sa bhearna bhaoil,
Le gean ar ghaeil, chun bháis nó saoil
Le gunna scréach faoi lámhach na bpiléar,
Seo libh canaig amhrán na bhFiann.

Amhrán na bhFiann will be sung this evening by Kevin Meehan (Highstool Prophets) a current Cavan Gaels player and former Cavan senior and U21 player and a member of the successful Highstool Prophets band.



Mascots:

Oran Crawford, age 9 years, goes to Aughadreena NS and plays football with Lavey. His favourite Cavan player is Gerard Smith.

Eoin Campbell, age 11, goes to Scoil Bhride NS and plays with Mounnugent. His favourite Cavan player is Ciaran Brady.

Aidan O'Brien, age 11 years, goes to Scoil Bhride NS and plays with Mounnugent. His favourite Cavan player is Dara McVeety.


Half time games: The U10s from Gowna, Cuchulainns, Arvagh and Munterconnaught will participate in today's half time games.



 For the early mornings,  the late  nights,  the miles travelled,  the hard yards and heroics.  Thank you for playing your part...

GAA members can now enjoy partner discounts, special offers and earn points for going to games with the grma programme.

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Your Cavan Team in Dublin



2017 CAVAN JERSEY ON SALE NOW!



Keep the home fires burning!

This social initiative being run by Cavan GAA involves inviting people who may be isolated or not involved in community to come along to events or get together for some entertainment and a bit of craic.

For our first event, our chairman Gerry Brady is inviting 6 people from each club to Kingspan Breffni on 26th March to attend the Cavan v Kerry Allianz Football League Round 6 game. There will be food, drink and stories prior to the game. We ask for clubs assistance in nominating people to attend. It is hoped to have at least two other events during the year. We thank former county chairman Tom O'Reilly who came up with the idea and secretary Liam McCabe for his assistance in setting it up.

Further information from Tom O'Reilly 087 648 5290.

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Co. Cavan | Tel: 049 555 2683
Email: colm@colmsmith.com



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Dr Aoife Kerr
BDentSc (U.Dubl)
Dental Surgeon

Dr Nicholas O'Neill
BDentSc (U.Dubl)
Dental Surgeon

Mr Keith Isaacson
FDSM Orth RCS Eng
Consultant Orthodontist

Dr Chris Williamson
BDS (Glas), MFDS RCPS
Dental Surgeon

Dr Nielle O'Connell
BDentSc (U.Dubl)
Dental Surgeon

Mr Chris Bell
BDS, DPDS (Brist) FDS, RCS
Specialist Oral Surgeon

Dr Jonathan Deane
BDentSc (U.Dubl)
Dental Surgeon

Dr Hannah Agnew
BDS
Dental Surgeon

Dr Fionn Murphy
BDentSc (U.Dubl)
Dental Surgeon

Avril Johnston
Dental Hygienist DDH TCD

Melissa Hewitt
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Spring Seminar Series

Sharing knowledge and promoting positive change

Cavan Sports Partnership in association with Cavan Institute.

**3 Tuesdays at 7pm in Cavan Institute:
28th February, 7th March and the 14th March.**

**1 Tuesday
28th Feb**

"You only Perform as well as you Recover"

– Sports Nutrition Seminar by Dara Morgan

Dara is a Clinical Nutritionist and Registered Dietitian with over 20 years experience in the field of nutrition giving talks on the topic of sports nutrition to children, teenagers and adults. Dara has worked with the Cavan, Louth and Monaghan Senior County Football teams as well as many individual athletes across many different sports including athletics, rugby, basketball, golf and GAA.

**2 Tuesday
7th March**

Player Welfare Seminar – Injury Prevention, Concussion etc.

– Welfare Officer, Geroid Devitt

Geroid is currently the GAA's Player Welfare Administrator and secretary to the association's Medical, Scientific and Player Welfare Committee. His expertise and experience can be utilised in a variety of sports covering the topics of concussion, Player safety, Injury Prevention and much more.

**3 Tuesday
14th March**

"The consequences of Social Media in Sport"

– Kieron Stout, National Children's Officer, Athletics Ireland.

Kieron Stout has been National Children's Officer for Athletics Ireland since 2013 where he is responsible for child welfare and protection. Kieron supports a variety of clubs, volunteers and young people with safeguarding training and vetting. Recently Kieron has focused on helping clubs better understand social media and the benefits and risks associated. He has sought ways for young people to better protect themselves from harm online.



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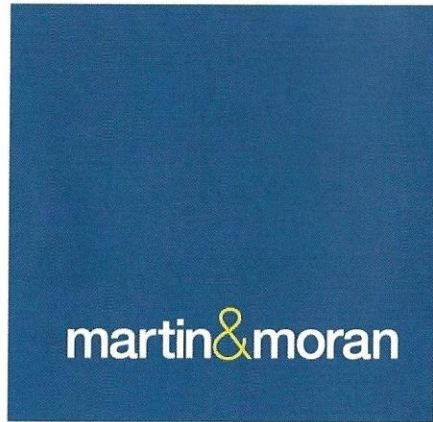
Cavan Panel v Dublin in Allianz Football League Round 1.

Back Row (L to R): Joe Dillon, Gearoid McKiernan, Raymond Galligan, Shane O'Rourke, Niall McKiernan, Dara McVeety, Padraig Faulkner, James Farrelly, Gerard Smith, Tomas Corr, John McCutcheon, Killian Brady, James McEnroe, Conor Madden, Sean Johnston, Jason McLoughlin, Joshua Hayes.

Front (L to R): Tom Hayes, Paul O'Connor, Niall Clerkin, Ciaran Brady, Conor Moynagh, Killian Clarke, Rory Dunne, Fergal Reilly, Stephen Murray, Shane Tierney, Martin Reilly, Colin Smith.



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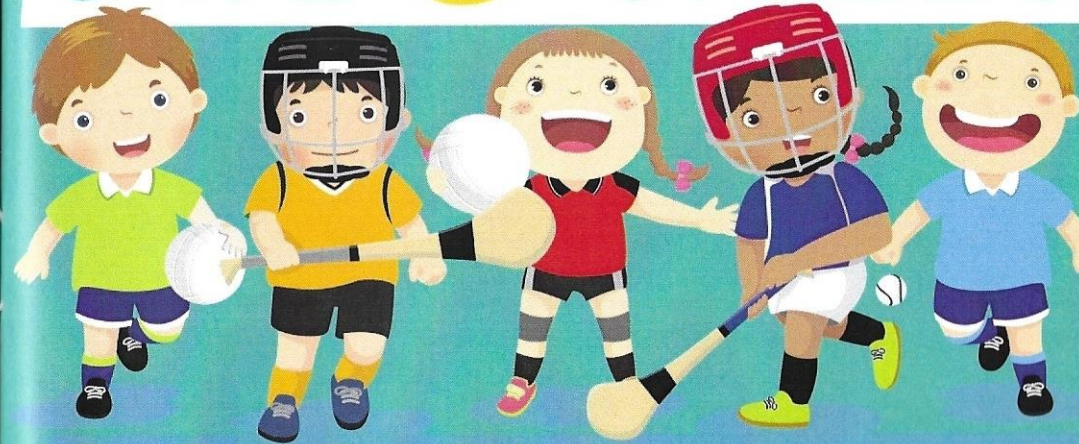
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Attention Parents: There is a danger that smiles have been disappearing from our games. We need YOU to play your part in creating a positive environment for our young GAA players and Save our Smiles.

What to say after a game:

- Did you have fun?
- What did you learn?
- What would you do differently next week?
- Did you try your best?
- I'm proud of you!
- Give kids time to start conversations and reflect on their performance

Sideline behaviour:

- Leave the coaching to the coaches
- NO shouting instructions at players
- Respect match officials, players, parents and coaches
- Applaud good play and effort from both teams
- Kids voices are what we want to hear
- Be a Super Sports Parent

To support the NSPCC's Parents in Sport week, Ulster GAA are asking all our GAA parents to help create a positive, safe and fun learning environment for our young players. We're asking all Parents to show their support in two main areas, Sideline Behaviour and What to say after a game.



GOING OVER THE BAR... AND ABOVE THE REST

Wishing the Cavan
Panel and Management
the very best of luck
in Division 1 of the
Allianz NFL from
Sherry FitzGerald
Declan Woods



DECLAN WOODS

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E: info@woodsauctioneers.com

Sherry
FitzGerald
Declan Woods

Respectful History between Cavan and Donegal GAA Supporters

by
Owen McConnon BBC Radio Ulster Sport



Games between Cavan and Donegal are always very interesting regardless of the competition or age level. Over the years a special bond of friendship has been formed between Cavan and Donegal people. Many from the Breffni county have in the past and still do go to Donegal on holidays. They find it a hospitable county to visit coupled with what is stunningly beautiful scenery.

Donegal people too in the past and currently also use our county towns as a stop off point when travelling to and from Dublin. The Martin McHugh factor also plays an important role in the comradery between both counties. Shortly after a very successful inter-county football career the Wee Man from Kilcar took on the managerial roll in Cavan and helped the county to Ulster championship success in 1997. Amazingly that is 20 years ago this year.

Gaelic football is really the common denominator for the people from both counties and memorable encounters have taken place between Cavan and Donegal over a long period of time. Two games in particular spring to mind, the 1983 Ulster final and the 1992 Ulster championship first round game in Cavan. In 1983 Donegal beat Cavan in the Ulster decider in Clones. On the day Martin McHugh scored 0-7 for the winners while Derek McDonnell recorded 1-2 for Cavan. Who will ever forget Damien O'Reilly's spectacular point against Donegal in 1992, a game that ended in a draw? However, the least said about the replay in Ballybofey the better from a Cavan perspective but it was the year that Donegal went on to win their first ever Sam Maguire cup.

When first revealed, Division 1 of this year's Allianz football league, looked like the division was divided into two groups, a top four group and a bottom four group. Dublin, Tyrone, Kerry and Mayo were seen as the elite four with Roscommon, Monaghan, Donegal and Cavan in the bottom four. The teams in that lower group were all seen as contenders for relegation.

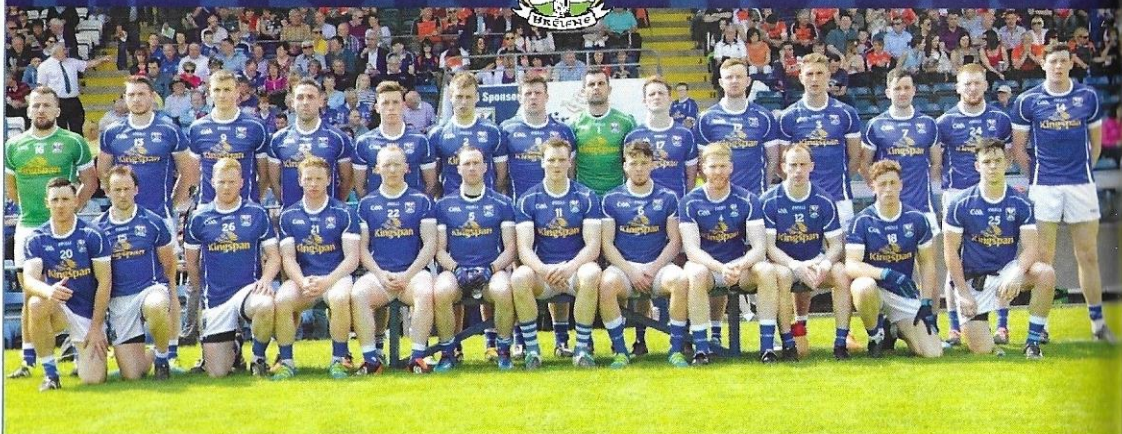
Monaghan however have started the new season well and currently top of division 1. Tyrone and Cavan have still to play their round three game with the postponement of their fixture in Omagh last Sunday due to a waterlogged pitch. Cavan do have that game in hand but are currently in the relegation zone with Roscommon. The Rossies have lost their opening three games while Cavan took a point away from Monaghan when they met in round two in Castleblayney. After losing to Kerry, Donegal have beaten Roscommon and got an excellent draw against Dublin last Sunday. The 2012 All-Ireland winners are now without question a team in transition due to the number of players they have lost through retirement since winning their second All-Ireland title five years ago. Even fast forward two years, to 2014, only three seasons ago, Donegal were beaten by Kerry in the All-Ireland final that year. Only six of that team were in the frame against Dublin last weekend. Paddy McGrath, Neil McGee, Ryan McHugh, Frank McGlynn, Michael Murphy and Darrach O'Connor who came on as a second half substitute. Some of the players no longer available to Rory Gallagher from 2014 include the likes of Paul Durcan, Eamonn McGee, Anthony Thompson, Karl Lacey, Neil Gallagher Odhrán McNeilis, Rory Kavanagh, Leo McLoone, Colm McFadden, David Walsh and Christy Toye. That is a staggering eleven players who have lined out with distinction in the Donegal jersey in recent years.

Rory Gallagher is doing very well integrating young players into the team and getting results, with the one point against Dublin on Sunday last very encouraging. Team rebuilding is where Donegal are right now. All games from here on in will be a real test of character for what is a relatively young side.

Cavan deserve their place in division 1 having come through promotion to get here. Mattie McGleenan will hope that the team can consolidate their position in the division in preparation for the upcoming championship. Cavan still have tough games to play. After Donegal this evening it's back to Omagh next Sunday for the re-fixed game with Tyrone. A week later another away game is waiting for Cavan as they travel to Castlebar to take on Mayo. Kerry are visitors to Kingspan Breffni Park on March 26th followed by an away fixture to Roscommon in the final league game of the season.

The respectful friendships that exists between Cavan and Donegal followers will go out the window for 70 minutes this evening. It will be all about the two league points on offer. The team that lose tonight are in serious danger of relegation. A Donegal win and they go top of division 1 while a Cavan victory would take them to mid-table. This is a hard game to call but you get the feeling that home advantage might just swing it in Cavan's favour.

A better way for a better future



Club Breifne Membership Package

- Exclusively designed clothing with Club Breifne logo, not available for purchase
- Access to all Cavan's Allianz Football League games in Kingspan Breffni Park
- Access to all club championship games in any ground in Cavan
- Members information service via sms



Membership costs €500.00 per year or monthly standing order €42.00

Club Breifne is an initiative with focus on investment in the future of our Association in Cavan. Our vision for Club Breifne is to put in place guaranteed yearly revenue from committed Cavan GAA people to invest in the following areas:

- Coaching and Games Development - Correct infrastructure to assist in the improvement and development of our players
- Supporting our County teams

For details contact: Paddy Sheanon 087 - 954 5005

Club Breifne
CUMANN AN CHAIBHÁN

Lets make it happen....

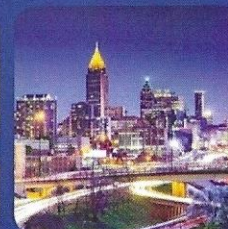
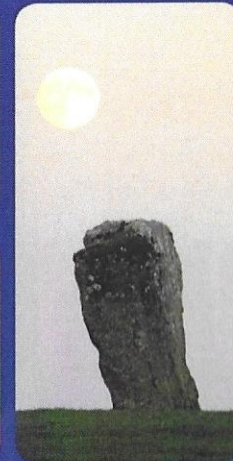
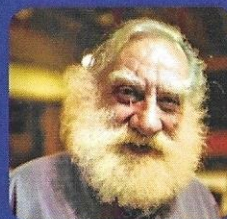
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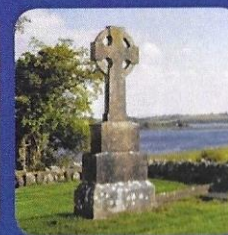
If interested in becoming a Club Breifne member, cut out this coupon and send to: Kingspan Breffni Park, Cavan or email: secretary.cavan@gaa.ie A member of our committee will then be in contact.

Cavan County Council Diaspora Project 2017 - 2021



The Cavan Diaspora Project has been created to ignite opportunities for communication, networking and partnership for the vibrant community of Cavan living at home in Ireland and across the globe. This new diaspora initiative will foster meaningful two-way relationships, supporting vital economic, social and cultural networks.

The Cavan Diaspora Project gives us a chance to step forward and extend the hand of friendship to the thousands of people who may wish to shape the future of Cavan, no matter where they live. If you would like to stay informed about this work or can share advice, knowledge or networks then we want to hear from you.

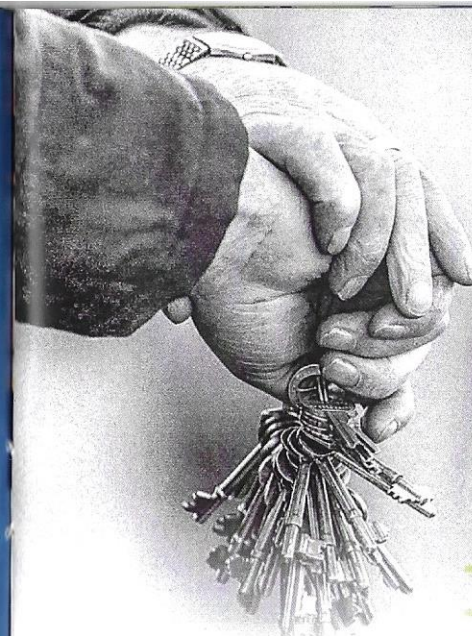


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- TREASURER
- PRO
- SECRETARY

CLÁR

CLDP Cavan - 20/03/2017

Time	Module	For
19:00	Introduction	All Officers
19:15	Officer Induction	All Officers
20:15	REFRESHMENT BREAK	
20:30	Role of the Chair	Chairs
20:30	Role of the Secretary	Secretaries
20:30	Role of the Treasurer	Treasurers
20:30	Role of the PRO	PROs
22:30	SLÁN ABHÁILE	

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An Cabhán

Dathanna: Gorm is Bán



	1 Réamonn Ó Gealagáin Raymond Galligan Leacain	
2 Fergal Ó Raghallaigh Fergal Reilly Caisleán Reathain	3 Padraig Ó Fachtna Padraig Faulkner Dún a Rí	4 Cillian Mac Brádaigh Killian Brady Mullach Odhrain
5 Mairtín Ó Rághallaigh Martin Reilly Coill na Gearraí	6 Ciarán Mac Brádaigh Ciarán Brady Ármach	7 Gearóid Mac Gabhann Gerard Smith An Leamhaí
	8 Cillian Ó Cléirigh Killian Clarke (c) Searcóg	9 Tomás Ó Córra Tomas Corr An Dinn
10 Michael Ó hÉarga Michael Argue Seamróra Choill an Chollaigh	11 Dara Mac an Bhiataigh Dara McVeety Cros ar Loch	12 Conchúr Ó Madáin Conor Madden Loch Gamhna
13 Niall Ó Cléirchín Niall Clerkin Searcóg	14 Gearóid Mac Tiarnainn Gearoid McKiernan An Muileann Iarainn	15 Seán Mac Seáin Sean Johnston Gaeil an Chabháin



Dún na nGall



Dathanna: Glas is Bui



	1 Marc Antaine MacFhionnghaile Mark Anthony McGinley Naomh Micheál	
2 Pádraig MacCraith Paddy McGrath Ard an Ratha	3 Niall MacAoidh Neil McGee Gaoth Dobhair	4 Eoghan Bán Ó Gallchóir Eoghan Ban Gallagher Na Cealla Beaga
5 Caolán Mac an Bhaire Caolan Ward Naomh Adamhnáin	6 Proinsias MacFhloinn Frank McGlynn Gleann Fhinne	7 Pól Ó Braonáin Paul Brennan Real na Mara, Bun Dobhráin
	8 Jascon MacAoidh Jason McGee Cloich Cheann Fhaola	9 Ciarán Mac Thomáis Ciaran Thompson Naomh Conaill
10 Mícheál Ó Cearrbhail Mícheál Carroll Gaoth Dobhair	11 Mairtín Ó Raghallaigh Martin O'Reilly Seán MacCumhaill	12 Riain MacAodha Ryan McHugh Cill Chartha
13 Pádraig MacBreartaigh Patrick McBrearty Cill Chartha	14 Mícheál Ó Murchú Michael Murphy Gleann Súillí	15 Darrach Ó Conchubhair Darrach O Connor Bun Cranncha

FIR IONAIÐ

16. Seamus Ó Faircheallaigh	James Farrelly	Dún a Rí
17. Íason Mac Lochlainn	Jason McLoughlin	Gaeil Na Sionnáine
18. Stiofán Ó Muirí	Stephen Murray	Gaeil an Chabháin
19. Conchúr Múineach	Conor Moynagh	Droim Dhúin Éire Óg
20. Ruarí Ó Doinn	Rory Dunne	Cnoc Rua
21. Néil Ó Muirí	Niall Murray	Gaeil an Chabháin
22. Seosamh Diolún	Joe Dillon	Dún a Rí
23. Pól Ó Conchúir	Paul O'Connor	Gaeil an Chabháin
24. Cian Ó Maca	Cian Mackey	Caisleán Reathain
25. Néil Mac Diarmada	Niall McDermott	Béal Átha na nÉach
26. Seán Mac Úistín	John McCutcheon	Ceiltigh na Muinchille

BAINISTEOIR:

Mattie McGleenan

ROGHNÓIRÍ:

Finbar O'Reilly

BAINISTEOIR:

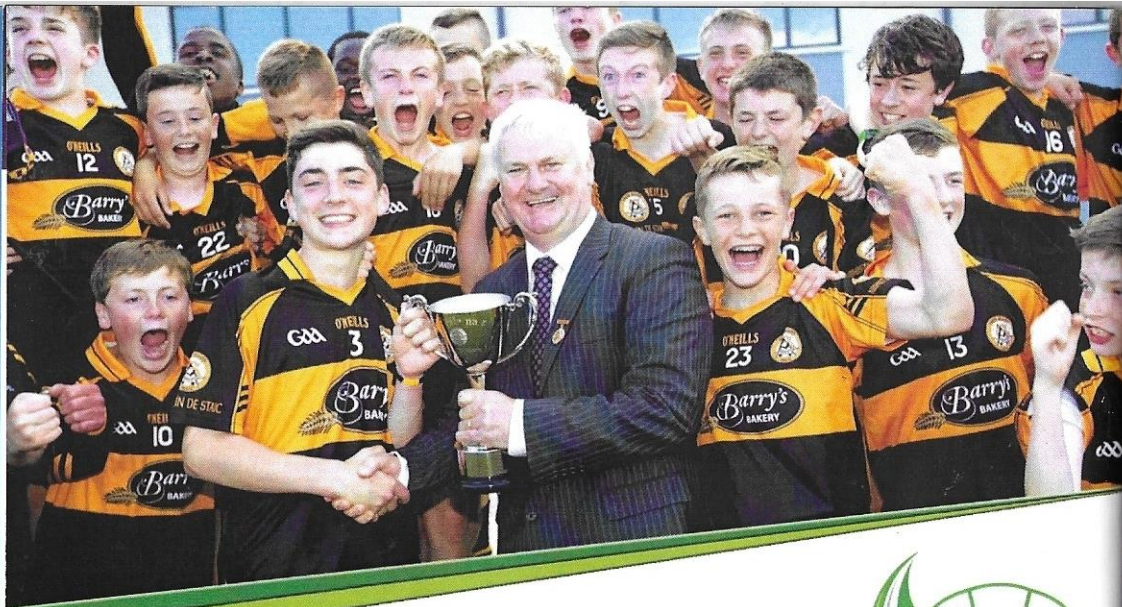
Rory Gallagher

ROGHNÓIRÍ:

**Brendan Kilcoyne
Marc Curran
Richard Thornton**

FIR IONAIÐ

16. Peadar Ó Baoill	Peter Boyle	Aodh Ruadh BAS
17. Éamonn Ó Dochartaigh	Eamonn Doherty	Naomh Adhamhnáin
18. Eoin MacAodha	Eoin McHugh	Cill Chartha
19. Mícheál Ó Longáin	Michael Langan	Naomh Micheál
20. Marc MacAodha	Mark McHugh	Cill Chartha
21. Jamie Ó Braonáin	Jamie Brennan	Realt na Mara Bun Dobhráin
22. Aodh MacPháidin	Hugh McFadden	Na Cealla Beaga
23. Stiofán MacBreartaigh	Stephen McBrearty	Cill Chartha
24. Donal MacLochlainn	Daniel McLaughlin	Naomh Mícheál
25. Marc MacGiolla Chomhaill	Mark Coyle	Beart
26. Conchúr Ó Giobúin	Conor Gibbons	Naomh Adhamhnáin



Féile Peile na nÓg

June 23rd to 25th, 2017

Cavan - Monaghan - Fermanagh

Over 6,000 boys and girls from Ireland and abroad will participate in Féile Peil na nÓg this summer. The tournament for U-14 teams, will see local families from Cavan, Monaghan and Fermanagh hosting participants for this 3 day Gaelic Football event



Further info:
secretary.cavan@gaa.ie
gdm.cavan@gaa.ie



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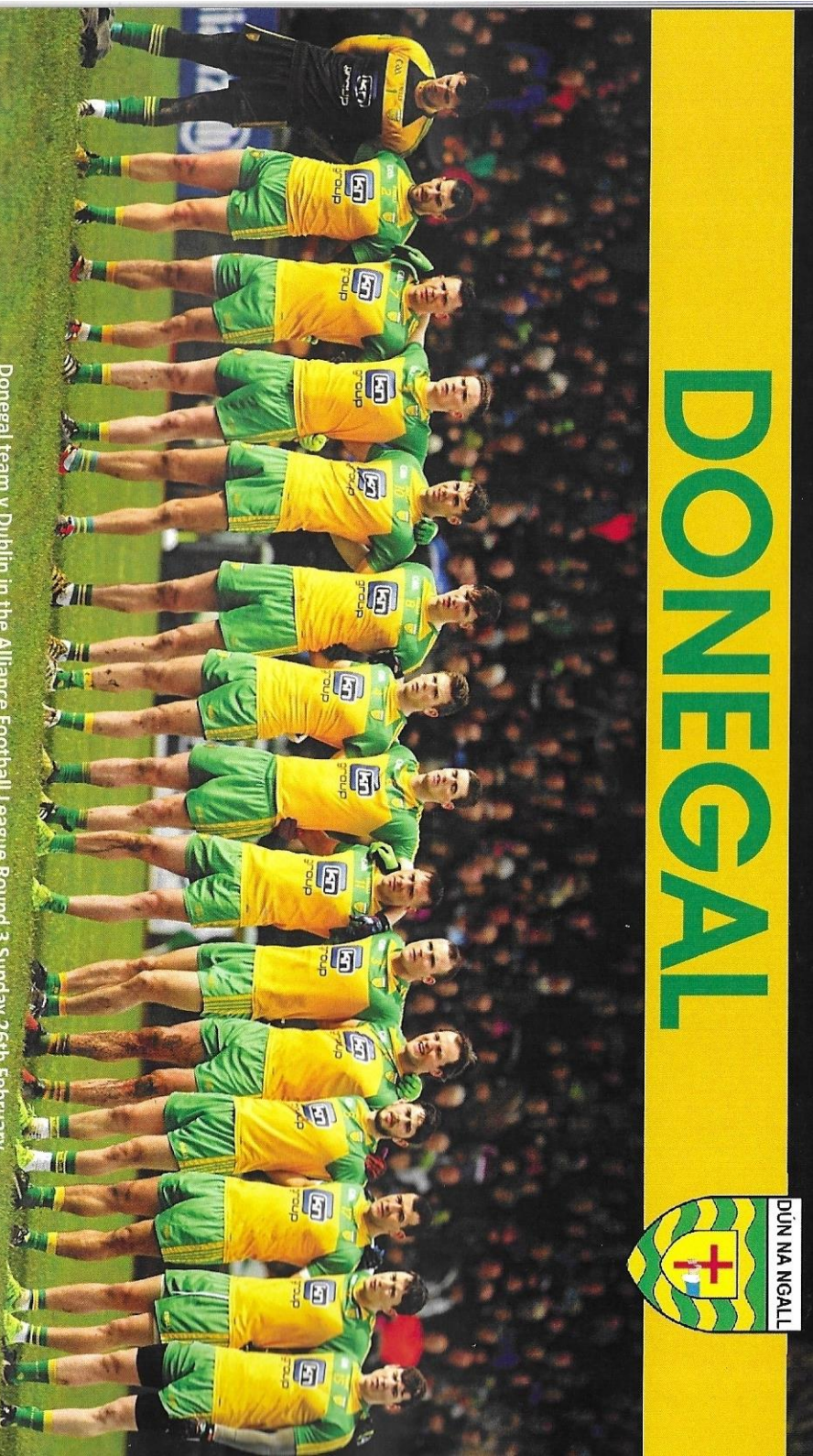
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DONEGAL



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Referees Administrator:	John Duffy	087 - 279 4402	
Referees Tutor:	Martin Brady	086 - 799 6999	

Donegal

Referee Administrator:	Shane Toolan	087 - 688 8789	refereesadministrator.donegal@gaa.ie
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Guím gach rath ar bhur n-iarrachtaí agus tá mé ag súil go mór le réimse leathan imeachtaí Gaeilge agus dátheangacha i gclubanna CLG ar fud na hÉireann agus an domhain i mí an Mhárta 2017.

As you know, one of the aims of the GAA is to support Irish language, Irish dancing, music, song and Irish culture in general.

As well as this, opportunities are available to GAA clubs to take part in the Joe McDonagh Foundation, in conjunction with Glór na nGael.

Seachtain na Gaeilge can be the perfect opportunity to start with activities in the foundation and I ask you all to make a special effort to celebrate the festival and the Irish language from 1 - 17 March 2017.

I wish you the very best with your efforts and I look forward to a wide range of Irish and bilingual events in GAA clubs all around Ireland and the world in March 2017.

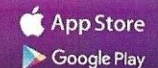


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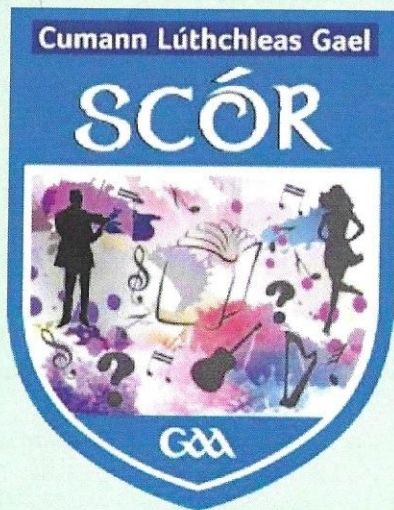
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Scór Update

Senior Scór County Finals took place on last night 3rd March
in Killeshandra Community Centre.
Well done to all who took part

The Table Quiz takes place at 8pm on Thursday March 30th
in Hotel Kilmore. Tables of four with no entry fee.
It is hoped that all clubs will take part.

GAA Gaeltacht Scholarships.

Interviews will be held in Hotel Kilmore on Saturday April 29th
between 10am and 1pm for students wishing to avail of a scholarship.

Further information from Co. Cultural Officer

Eugene Kiernan 086 2759094

or

County Scór Secretary Geraldine Duggan 086 8551477

<http://cavangaa.ie/2017/01/scor-update/>

MATCH REPORT Bank of Ireland McKenna Cup v Donegal - Sun 15th Jan 2017,
MacCumhaill Park, Ballybofey **Donegal 1-6 Cavan 2-14**

Cavan travelled to Ballybofey following the first round victory over Tyrone to take on a youthful Donegal side and came away with a victory following a strong second half performance.

Cavan started brightly scoring three points in eight minutes without reply from Martin Reilly and two free from Sean Johnston. Donegal evened it up with a goal from Ethan O'Donnell. It remained close for the remainder of the half with both sides trading scores to leave it all square at the break 1-2 to 0-5. Cavan's scores from Ciaran Brady and a Niall McDermott free. Cavan by now we're coming to terms with the Donegal defence and a strong second half saw the Breffni lads score 2-9 and run out convincing winners. The Cavan goals from Rory Dunne and Paul O'Connor. Cavan play Ulster University in round 3 on Wednesday night in Kingspan Breffni.

Scorers for Cavan: Sean Johnston (0-4f), Rory Dunne (1-0), Paul O'Connor (1-0), Padraig Faulkner (0-3), Niall McDermott (0-1f), Martin Reilly, Ciarán Brady, Turloc Mooney, Gerard Smith, Killian Clarke, Christopher Conroy (0-1 each). **Scorers for Donegal:** Ethan O'Donnell (1-0), Adam Neely (0-2, 1f), Conor Morrison (0-2, 1f), Michael Carroll (0-1), Jason McGee (0-1f).

CAVAN: James Farrelly (Kingscourt), Fergal Reilly (Castlerahan), Padraig Faulkner (Kingscourt), Killian Brady (Mullahoran), Ciarán Brady (Arvagh), Martin Reilly (Killygarry), Gerard Smith (Lavey), John McCutcheon (Cootehill Celtic), Tomas Corr (Denn), Joe Dillon (Kingscourt), Turloc Mooney (Redhills), Killian Clarke (Shercock), Shane Tierney (Lavey), Niall McKiernan (Lacken), Sean Johnston (Cavan Gaels).

Subs: Niall McDermott (Ballinagh) for Dillon (18m), Stephen Murray (Cavan Gaels) for Corr (29m), Rory Dunne (Redhills) for Tierney (HT), Christopher Conroy (Lavey) for McKiernan (50m), Paul O'Connor (Cavan Gaels) for Mooney (57m), Joshua Hayes (Cootehill Celtic) for Smith (65m).

DONEGAL: Dylan Doherty, Conor Morrison, Stephen McMenamin, Danny Monagle, Ciaran Gillespie, Ethan O'Donnell, Ciaran Gibbons, Tony McCleneghan, Michael Carroll, Daire Ó Baoill, Michael Langan, Niall O'Donnell, Conor Doherty, Gavin McBride, Adam Neely.

Subs: Brena McCole for Gillespie (18m), Jason McGee for McBride (42m).

Man of the Match: Sean Johnston (Cavan)

Referee: Barry Cassidy (Derry)

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*Best wishes to Liam Buchanan - Goldrick
and all the Cavan teams in teams in 2017*

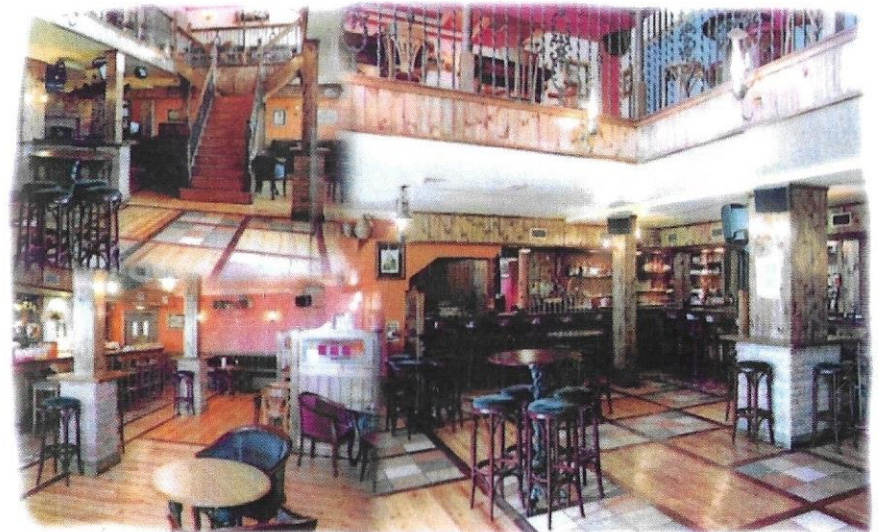
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Match Report Cavan v Donegal Sunday 20th May, 2012

**PAUL
FITZPATRICK**

Sports Editor, The Anglo-Celt
paul@anglocelt.ie



The curtain fell on another Ulster Championship for Cavan last Sunday in Kingspan Breffni Park as reigning champions Donegal proved too strong and too smart for Terry Hyland's young team. Cavan supporters among the 12,847 strong crowd came hoping for a competitive performance and to avoid a tanking - they got that, just about, and there were signs of progress. Positives? There were a couple. Avoiding a demoralising trouncing was important and there were a handful of eye-catching displays; Eugene Keating delivered a revelatory performance at full-forward, kicking 0-5 from play on the All-Star full-back Neil McGee, while newcomers like Jason McLoughlin, Killian Clarke and Jack Brady showed that they're not out of their depth at this level. Cavan worked hard and to a game plan but at times they coughed up possession too cheaply, possession that they struggled to win in the first place, and that and some wayward shooting - a dozen wides over the 70 minutes tells its own story - cost the hosts dearly. Donegal's power was crucial too. They could break the tackle where Cavan often couldn't, and that was vital.

But Cavan began brilliantly. After Rory Kavanagh-who got the better of Gearoid McKiernan, who battled away despite not being fully fit and did better at wing-forward later on - kicked the opening point, Brendan Fitzpatrick latched onto a break from Keating two minutes in and sent a delicate chip over Paul Durcan, which agonisingly bounced on the bar and was cleared. They made light of that however and McLoughlin and Jack Brady - two teenagers who were in their first senior starts, league or championship - combined, with the latter curling over a sweet point.

David Givney followed up with a great strike of his own after good work from Damien Reilly and Brady and when Keating pumped his fist to the crowd after firing over a fantastic point from almost 50 metres on the touchline, suddenly it appeared as if the shock might be on. The champions, however, had other ideas. They hit back with two quick-tire points, the second a great score from Mark McHugh, and although Keating kicked his second, out-fielding McGee and curling in with the left, the full-back got on the end of the next move at the other end to level it up and from there on, Donegal accelerated off in to the distance.

A decent man-marking job by Padraic O'Reilly, Colm McFadden was central to a lot of Donegal's best work, his free taking and ability to win and distribute the ball was crucial. He kicked a good free to edge Donegal in front and when Kavanagh landed another point and Leo McLoone drove over a great score, the visitors were suddenly three to the good. The next score was the most important of the match. Mark McKeever was caught napping when Keating made a strange decision with a lineball in the right corner - Donegal broke at pace and within seconds, McBrearty was fouled in the square. McFadden despatched the penalty to the top corner of the net and Cavan, having competed well, were six down.

From the next attack, the luckless "Bud" Fitzpatrick saw an excellent effort from a tricky angle come off the inside of the upright and somehow stay out. It just wasn't going Cavan's way and they went in, having delivered a huge effort, down by more than double scores. Such are the cruelties of football at this level.

Donegal made no mistake in the third quarter, hounding the Cavan forwards and pouncing on the breaks. While Tom Corr made a difference around the middle, Cavan were second best in too many battles and were let down by poor shooting. In contrast, Donegal were razor sharp in attack. McFadden kicked an excellent point on the resumption and McHugh squeezed in a wonderful score himself from an extremely tight angle to open an eight-point gap and while Cavan hit back through Givney, Neil Gallagher galloped through for a good point to make it 1-11 to 0-6.

Cavan kicked five wides in that third quarter and were reliant on Keating for a scoring threat. The Cuchulainn's man sent over a good score in the 45th minute to cut the gap but McLoone immediately replied. With 12 minutes to go, Cavan were thrown a lifeline when Givney was fouled in the square and McDermott coolly side-footed home the resulting penalty. But again, Donegal - who, in all honesty, probably had another gear had they needed to accelerate were able to hit back immediately with points from McFadden (two frees). McKiernan curled in a good score at the other end and Keating added another but McFadden responded once again and while Keating had the final say, Donegal never looked like they were in danger. Referee Cormac Reilly, who had a middling game, blew it up almost a minute early for reasons unknown but, being honest, it made little difference by that point. Donegal were through, Cavan were out and the score line was cosmetic.

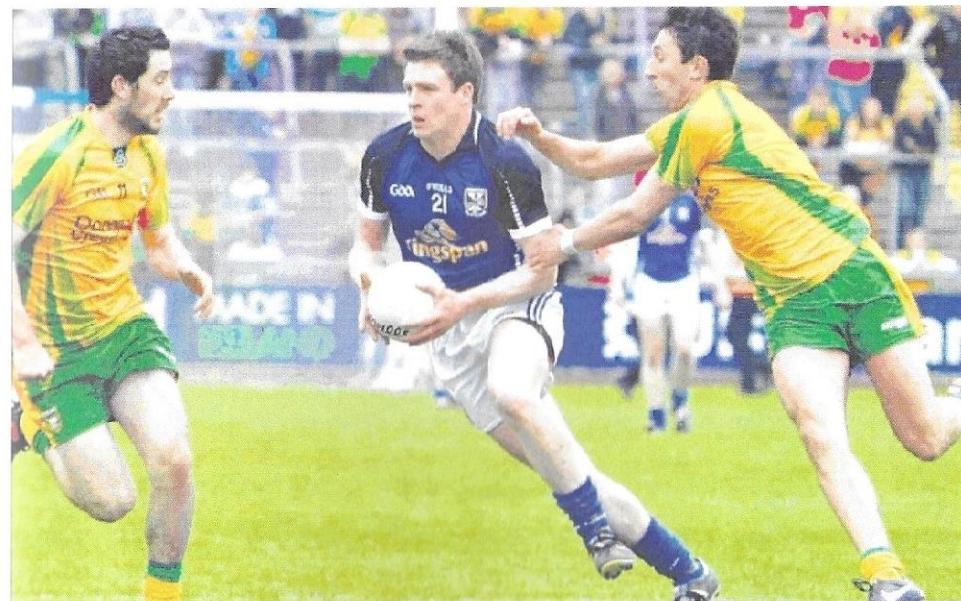
The match shows new manager Terry Hyland exactly where his charges are at. Seventy-four players have now debuted in the blue jersey in the Ulster and All Ireland SFC since 2001 and more new faces will be expected to get their chance under this management team. The only hope is that the players are given time and that expectation levels are realistic enough to ensure that in a season or two, we're ready to take on and beat the Donegal's of this world.

Cavan: J Reilly, K. Clarke, P. O'Reilly (capt), K. Meehan, J. McLoughlin, D. Reilly, M. McKeever, D. Givney (0-2), G. McKiernan (0-1): F. Flanagan, R. Flanagan, R. Maloney-Derham, J. Brady (0-1), E. Keating (0-5), B. Fitzpatrick. T. Corr for Maloney-Derham (h-t), N. McDermott (1-1. 1f, 1 pen) for Fitzpatrick (h-t), N. Smith for Flanagan (39), K. Tierney for McKeever (55), R. Galligan for Brady (66).

Donegal: P. Durcan, P. McGrath, N. McGee (0-1), Declan Walsh, A. Thompson, K. Lacey, F. McGlynn (0-1), R. Kavanagh (capt, 0-3), N. Gallagher (0-1): R. Bradley, M. McHugh (0-2), David Walsh, P. McBrearty, C. McFadden 1-6 (5f, -1 pen), L. McLoone (0-2)

Subs: M. O'Reilly for Bradley (24), M. McElhinney for David Walsh (66), D. Molloy for Gallagher (69).

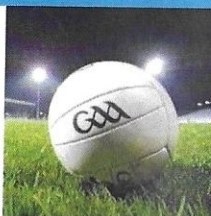
Referee: Cormac Reilly (Meath)



Tomás Corr takes on Rory Kavanagh and Mark McHugh



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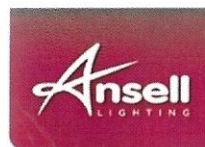
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Allianz Football League Division 1

Fixtures - Cavan

Sun 5th Feb	Cavan	0-11	Dublin	0-18
Sun 12th Feb	Monaghan	0-7	Cavan	0-7
Sat 4th March	Cavan	v	Donegal	Kingspan Breffni Park
Sun 12th March	Tyrone	v	Cavan	Healy Park, Omagh
Sun 19th March	Mayo	v	Cavan	Elvery's McHale Park, Castlebar
Sun 26th March	Cavan	v	Kerry	Kingspan Breffni Park
Sun 2nd April	Roscommon	v	Cavan	Dr Hyde Park, Roscommon

Fixtures - Donegal

Sun 5th Feb	Donegal	1-17	Kerry	2-17
Sat 11th Feb	Roscommon	2-9	Donegal	0-16
Sun 26th Feb	Donegal	2-5	Dublin	1-8
Sat 4th March	Cavan	v	Donegal	Kingspan Breffni Park
Sat 18th March	Donegal	v	Tyrone	Ballybofey
Sun 26th March	Donegal	v	Monaghan	Ballyshannon
Sun 2nd April	Mayo	v	Donagall	Castlebar

Pos.	Team	P	W	L	D	F	A	Pts
1	Monaghan	3	2	0	1	35	32	5
2	Mayo	3	2	1	0	49	41	4
3	Dublin	3	1	0	2	39	32	4
4	Tyrone	2	1	0	1	28	22	3
5	Donegal	3	1	1	1	47	49	3
6	Kerry	3	1	2	0	49	49	2
7	Cavan	2	0	1	1	18	25	1
8	Roscommon	3	0	3	0	41	56	0



Be there. All the way

Upcoming Fixtures:

Eirgrid Ulster U21 Football Championship Qtr. Final

8pm Wednesday 15th March
Fermanagh v Cavan
 Brewster Park, Enniskillen

Ulster Minor & U17 Football Leagues (Minor 12pm, U17 1.30pm)

Round 1 Saturday 18th March
Armagh v Cavan
 Athletic Grounds

Round 2 Saturday 25th March
Cavan v Down
 Kingspan Breffni

Round 3 Saturday 1st April
Cavan v Monaghan
 Kingspan Breffni

Please note: Venues provisional

Kingspan Breffni Park

Ground Regulations /Health and Safety Rules

- All persons entering Kingspan Breffni Park are admitted subject to the following rules (which are in place to protect the health and safety of all those who enter these grounds)
- Management reserve the right of admission
- The instructions of Stewards must be obeyed at all times. Any person who fails to comply with the request or instructions of a Steward may be instructed to leave the grounds.
- All persons entered Kingspan Breffni Park agree to be searched by a member of An Garda Siochana
- The following are not permitted:
 - Entry on to the pitch or engaging in conduct that causes or is likely to cause injury or harm to, or otherwise interferes with, disrupts, hinders, or distracts a person playing in, refereeing or otherwise having a role in a match at this ground
 - Climbing on to any walls, pylons, barriers, fences, etc
 - Throwing of objects on to pitch, terracing, stand, etc which may injure others
 - Loitering or remaining in any gangway or aisle
 - Bringing alcohol into ground
 - Language or behaviour which may cause offence to others
 - Fireworks, smoke canisters, horns, bottles, glasses, laser pens or any other article which could be deemed a weapon or cause harm to others. Any person found to be in possession of any such items will be requested to hand them over to a Steward, member of staff or Gardai. Failure to hand over such items will result in the person concerned being asked to leave the ground.
- The consumption of alcohol or any other illegal substances is prohibited within the confines of Kingspan Breffni Park.
- Smoking is not permitted in any covered area of Kingspan Breffni Park, i.e. Covered stand, Covered Disabled area on East terrace, Dressing rooms, offices, etc.
- Traffic is not permitted to leave the car parks at the rear of the main stand and adjacent to the 3G pitch for a period of 15 minutes following the end of a match or until Breffni Park Lane is clear of pedestrian traffic.

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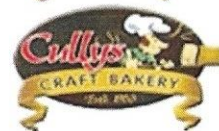


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GAA - ALLIANZ NFL DIVISION 1

Convincing win for Donegal

CAVAN 0-11
 DONEGAL 1-16

BY RYAN FERRY

DONEGAL's new-look team delivered a glimpse of their potential on Saturday night, as they emphatically saw off 14-man Cavan in Kingspan Breffni Park.

Rory Gallagher's side played with great pace and urgency in the opening 15 minutes and raced into a five-point lead.

However, they lost their way towards the end of the half, and Cavan reduced their deficit to just two points at half-time.

Mattie McGleenan's side were still in the mix, but they knew they would face an arduous task in the second half after Killian Clarke was dismissed for a rash tackle just before the interval.

Donegal were reinvigorated when they returned to the fray, and a fine team goal from Eoin McHugh left them in a commanding position.

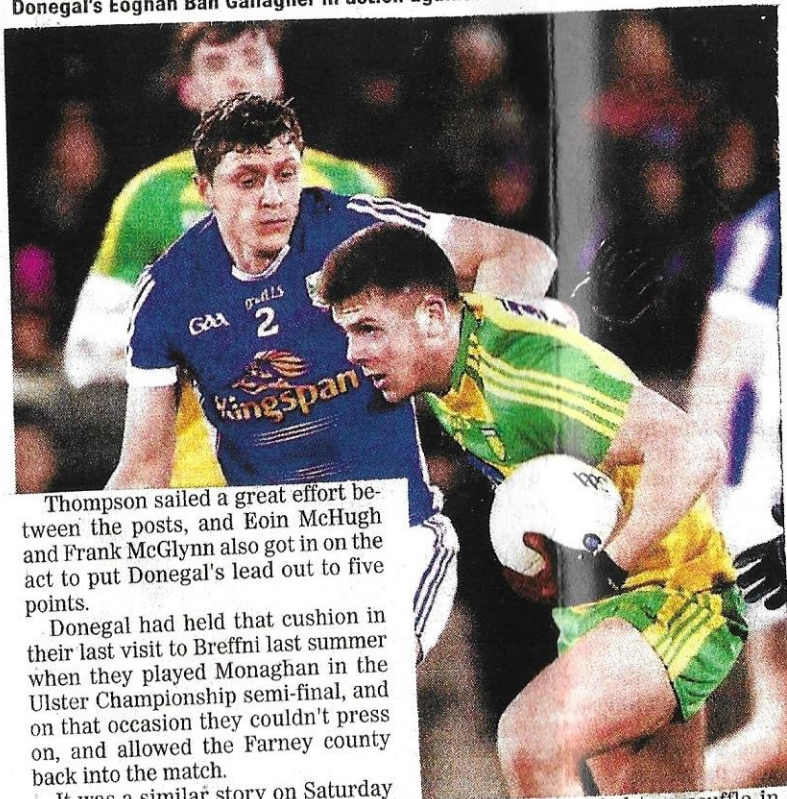
The final quarter belonged to Ciaran Thompson, who registered four points as the visitors collected their second win of the league campaign.

Buoyed by an impressive draw with All-Ireland champions Dublin six days earlier, Donegal arrived in Cavan in a confident mood and they started brightly.

Michael Murphy converted a free in the sixth minute after Ryan McHugh was fouled, and the Glenswilly man tagged on another three minutes later after Frank McGlynn was brought down.

Donegal were much sharper than their opponents in the early exchanges and they had great joy when competing for Cavan's kick-outs.

Donegal's Eoghan 'Ban' Gallagher in action against Cavan's Fergal Reilly and Ciaran Brady.



Thompson sailed a great effort between the posts, and Eoin McHugh and Frank McGlynn also got in on the act to put Donegal's lead out to five points.

Donegal had held that cushion in their last visit to Breffni last summer when they played Monaghan in the Ulster Championship semi-final, and on that occasion they couldn't press on, and allowed the Farney county back into the match.

It was a similar story on Saturday as Cavan gradually clawed their way back into contention.

Sean Johnston scored a free, after he himself had been fouled, but Ryan McHugh did cancel that out with a super left-footed effort.

Cavan didn't panic and they registered scores from Johnston (free) and Conor Madden.

However, they were reduced to 14 men when Killian Clarke was shown a straight red card for a dangerous tackle on Eoghan 'Ban' Gallagher.

Hugh McFadden landed a great point before Donegal swooped for a goal in the 37th minute.

Raymond Galligan's poor kick-out was seized upon by Michael Murphy and Donegal broke quickly.

Caolan Ward, Jamie Brennan and Jason McGee were all involved before the ball was sent inside to Eoin McHugh and he hammered into the top corner.

Cavan didn't cave in and they replied with a free from Johnston, before Gearoid McKieran fired over an excellent individual point.

Jamie Brennan looked lively for Donegal after his introduction at half-time, and he posted a good score in the 46th minute, although Ciaran Brady quickly cancelled that out.

Cian Mackey spurned a good opportunity to score a free for Cavan, and the home side also squandered a goal chance when Niall Clerkin fired into the side-netting.

Those misses killed off the Cavan challenge and Donegal pushed on again, with Thompson rising to the fore.

The Naomh Conaill man curled over three brilliant scores in the space of six minutes, while Brennan also notched his second point of the night.

Dara McVeety and Murphy (free) exchanged scores, before Madden lofted over a good point.

The game was long over as a contest heading into the closing exchanges, and Cavan ended with only 13 players on the pitch after Mackey was black-carded, and McGleenan had used all his subs.

Cavan did score a brace of points

from McVeety and McKiernan late on, but Donegal also kept the scoreboard going with fine efforts from Brennan and Mark McHugh.

Conor Lane's full-time whistle declared Donegal as convincing victors and they now should retain their Division 1 status with minimum fuss.

Cavan: Raymond Galligan; Fergal Reilly, Padraig Faulkner, Killian Brady; Ciaran Brady (0-1), Dara McVeety (0-2), Gerard Smith; Killian Clarke, Tomas Corr; Niall Clerkin, Conor Madden (0-2), Martin Reilly; Michael Argue, Gearoid McKiernan (0-3, 1f), Sean Johnston (0-3, 3fs). Subs: Rory Dunne for Corr (15 mins), Niall Murray and Stephen Murray for K.Brady and Argue (Half-time), Cian Mackey for Johnston (45 mins), Joe Dillon for F.Reilly (57 mins), John McCutcheon for C.Brady (59 mins).

Donegal: Mark Anthony McGinley; Paddy McGrath, Neil McGee, Caolan Ward; Ryan McHugh (0-1), Martin O'Reilly, Eoghan 'Ban' Gallagher; Jason McGee, Michael Murphy (0-3, 3fs); Michael Carroll, Frank McGlynn (0-1) Ciaran Thompson (0-5, 1f); Darach O'Connor, Hugh McFadden (0-1), Eoin McHugh (1-1). Subs: Jamie Brennan (0-3) for O'Connor (Half-time), Daniel McLaughlin for Carroll (48 mins), Michael Langan for McGee (50 mins), Eamonn Doherty for McFadden (56 mins), Mark McHugh (0-1) for E.McHugh (65 mins), Paul Brennan for Gallagher (68 mins).

Referee: Conor Lane (Cork).