



DÚN NA NGALL v MUINEACHÁN

CRAOBH PEILE ULADH **SEMI-FINAL (ATHIMIRT)**

PÁIRC BREIFNE KINGSPAN, AN CABHÁN

SATURDAY 2ND JULY 2016

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TODAY'S GAME

ULSTER GAA FOOTBALL SENIOR CHAMPIONSHIP

SEMI-FINAL REPLAY

SATURDAY 2ND JULY 2016

AT KINGSPAN BREFFNI PARK

THROW IN 7:00pm

E.T. if necessary.

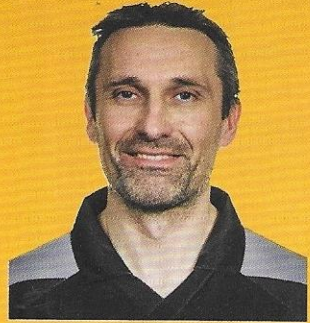


DÚN NA NGALL
V **MUINEACHÁN**

Referee: Maurice Deegan (Laois)
Standby: Joe McQuillan (An Cabhán)
Linesman: Paddy Neilan (Ros Comáin)
Sideline Official: Derek Fahy (Longfort)
Umpires: Tomas Moore, Sean Langton,
Kevin O'Brien and John Flynn

Maurice Deegan (Laois)

Maurice brings plenty of big match experience to his refereeing. He refereed the All Ireland Senior Final between Kerry and Tyrone in 2008 and Donegal and Mayo in 2012.



Early in 2008 he took charge of the All-Ireland Club Senior Semi-Final between Nemo Rangers and Ballina Stephenites. He walked into history in 2005 as the first Laois man to referee an All-Ireland Minor Final.

That year he also controlled All-Ireland Finals at Intermediate Club and Under 21 levels. In 2011, he took charge of the Ulster Senior Football Championship Final. He won two Senior Football Championship medals with Stradbally.

Earlier this year, Maurice took charge of the USFC Quarter Final between Donegal and Fermanagh in Pairc MacCumhail.



DISCLAIMER

All the information in the programme is reproduced in good faith. The publishers are not liable for any advertising or contribution in this issue. **BUIÓCHAS:** Comhairle Uladh would like to thank the County Boards and all other contributors for their assistance in the compilation of this programme. We'd also like to take this opportunity to thank all the players, management and backroom staff for their efforts today. Finally we thank all the supporters who have attended today's match, without you the championship just wouldn't be the same.



Micheal Ó hOsain
Uachtarán Chomhairle Uladh

RÉAMHFHOCAL

PRESIDENT'S FOREWORD

Cuirim fáilte an-mhór roimh gach duine chuig na Cluichí Leath Ceannais Craobh Peile Uladh 2016 i bPáirc Breifne Kingspan. Ní timpiste ar bith é go bhfuil na ceithre foirne á bheas ag imirt in Roinn 1 de'n t-Sraith Náisiúnta Peile in 2017 fágtha i gCraobh Peile Uladh 2016. Guidhim gach rath agus ádh ar na ceithre foirne a bheas ag imirt anseo inniu.

I extend a hearty welcome to everybody attending the Ulster Championship Semi Final Replay in Kingspan Breifne Park, Cavan tonight. It's not by accident that the four teams who will line out in Division 1 in 2017 were, and still are, the last four teams still standing in the provincial championship, as Donegal and Monaghan compete today for a final place.

The ultra-competitive nature of the Ulster Championship is alive and well. Cavan and Tyrone require a replay tomorrow as we still have four teams standing in the race for the 2016 Ulster Senior Football Championship.

Last Saturday night, we were treated to a mammoth tussle between these two recent rivals. Monaghan, as reigning champions secured a late draw with Conor McManus stepping up at the vital moment. Donegal are still on course for six consecutive Ulster Final appearances and will be disappointed that they did not seal the deal last week after Odhran Mac Niallais kicked a great goal. Kingspan Breifne Park provides the setting for this Semi Final and we look forward to another good Championship game between these two great competitors.

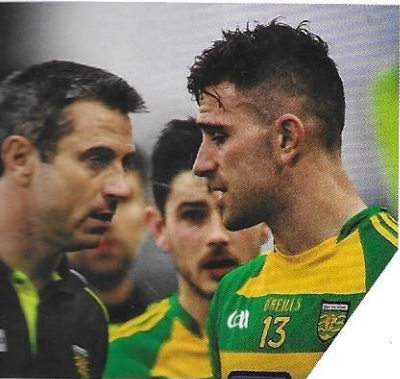
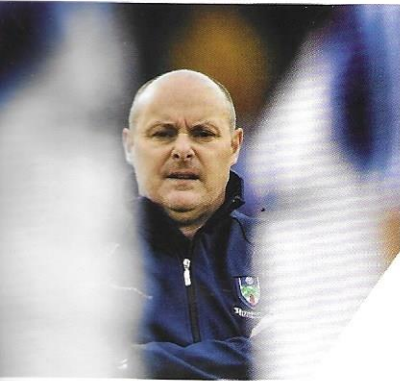
I acknowledge and thank all the Ulster Council and An Cabhán GAA personnel involved in hosting today's games. Everyone plays their part; supporters and stewards, medics, match officials and players, sponsors, local authorities, media, County Boards and Provincial Council.

I wish both teams, their County Boards and management every success in their respective outings today. To our match officials I wish them an enjoyable day and one that they play a significant role in ensuring fair play within the rules of our game.

Finally, to you the supporters; your attendance here today makes these summer days the special events they have become. Your support, attendance and attention is highly valued and we hope the experience of today will encourage you to join us again at some stage over the summer before the 2016 resting place of the Anglo Celt Cup is confirmed.

Micheal Ó hOsain

Micheal Ó hOsain
Uachtarán Chomhairle Uladh



Amhrán na bhFiann

Sinne Fianna Fáil
A tá fé gheall ag Éirinn,
buion dár slua
Thar toinn do ráinig chugainn,
Fé mhóid bheith saor.
Sean tír ár sinsir feasta
Ní fhagfar fé'n tíorán ná fé'n tráil
Anocht a théam sa bhearna bhaoil,
Le gean ar Ghaeil chun báis nó saoil
Le guna screach fé lámhach na bpiléar
Seo libh canaídh Amhrán na bhFiann.



YOUR SAFETY

PLEASE MAKE IT A DAY TO REMEMBER

Please note the following regulations. We ask for your full co-operation with stewards and other volunteers who are doing their best to ensure you enjoy the match. If you fail to co-operate it may be necessary to refuse you entry or, if inside the stadium, to ask you to leave.

Please do not bring anything into the stadium that can be used as a weapon or that will cause interference with others. This includes fireworks, smoke canisters, bottles, flagpoles, banners. We do not allow alcohol in the ground. We ask you not to climb onto walls, stands and other buildings. Likewise, we ask you to refrain from making unnecessary noise that will annoy other spectators near you. That includes the likes of air horns or radios.

Please do not use foul, abusive or offensive language. There are families and children present. We ask you not to enter the field of play during or after the game for health and safety reasons. Occasionally we may be required to search patrons entering the ground. If you refuse to be searched you may be refused entry. Please do not obstruct gangways or stairwells etc. Also, please do not engage in behaviour that may cause a fire or other dangerous event.

The Officers on duty reserve the right to remove you from the ground if you do not comply with these simple regulations. Our intention is simply to ensure that all our supporters can enjoy the match.

FIRST AID

First Aid is provided at today's venue by Civil Defence personnel with ambulances located behind the Main Stand and behind the disabled section on the Eastern Terrace.

LOST CHILDREN

Children who have become separated from their parents/guardians should be brought to the designated First Aid Points.

SAFETY NOTICE

We have established this policy for health and safety reasons, to avoid serious injury or death. We thank you for your co-operation, and hope you enjoy the match.



National Anthem Singer

The National Anthem this evening will be sung by Derbhle McCaffrey from the Cornafean club in Cavan.

Derbhle has won numerous Scór titles with Cornafean Ballad group. She is a member of the Cavan Ladies U16 Football panel and was on last's years All Ireland winning U14 team.

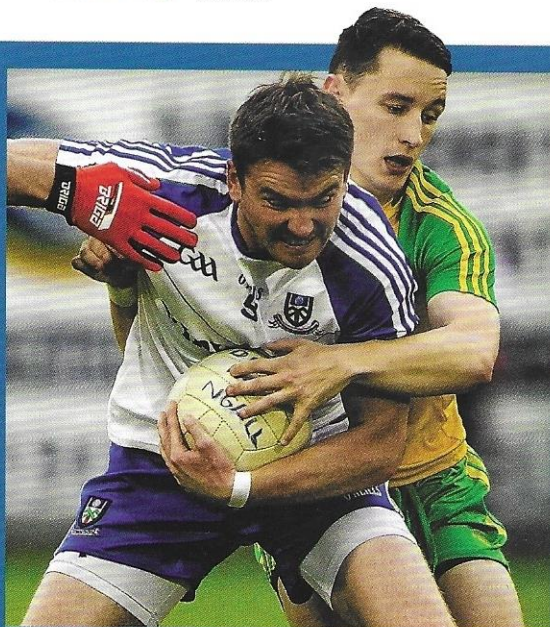
CLÁR AN LAE

- 6.33pm Both County Secretaries to present Team Lists in Referees room
- 6.39pm Dún na nGall amach ar an bPáirc
- 6.42pm Muineachán amach ar an bPáirc
- 6.45pm Oifigigh an Cluiche amach ar an bPáirc
- 6.50pm Toss
- 6.53pm Paráid
- 6.58pm Amhrán na bhFiann
- 7.00pm Tús an Cluiche: Dún na nGall v Muineachán
- 7.36pm Half Time / Leath Am

- 7.38pm Entertainment
- 7.51pm Start of Second Half / Tús an dara leath
- 8.30pm End of Senior Game / Críoch an Chluiche Shinsir

* If Extra Time is required, see below

- 8.35pm Start of First Period of Extra Time
- 8.46pm End of First Period of Extra Time
- 8.48pm Start of Second Period of Extra Time
- 9.00pm End of Extra Time



CLUBS ACHIEVE ELEVATE AWARD

VOLUNTEER
DEVELOPMENT
PATHWAY



Ulster GAA President Michael Hasson presented clubs who had participated in the first delivery of the Elevate Award with their certificates at the Tyrone GAA Centre in Garvaghey recently.

In its first year, nine clubs from across the province have achieved the award which has Level 2 status on the Ulster GAA Volunteer Development pathway. Throughout February and March participants attended modules in Leadership, Management, Club Planning, Marketing, Finance, Fundraising, Partnerships, and Capital Project Management.

Speaking at the event Michael Hasson said "Club involvement in the programme has shown that they are committed to their development both on and off the pitch. We had over thirty clubs expressing an interest in this award, so as one of only nine clubs to be selected and to go on and complete the programme

each club should be proud of their achievements, hopefully they can reap the benefits of the training and become stronger as a result."

Each Module was delivered by a volunteer tutor who had knowledge in their relevant area through experiences at club, county, provincial and national level as well as their own professional background. Michael thanked them for their commitment saying, "the quality of the content delivered was strengthened by the calibre of individuals who volunteered as tutors, their shared knowledge and experiences have contributed greatly to the success of the programme. I would like to thank John O'Neill, Ciaran McLaughlin, Susan Brady, Rory O'Brien, Chris Curran, Feargal McCormack, Ailish McEntee, Sheila Kelly, Anne Garvey, Marie Garvey and Declan McAleer for their involvement.

ELEVATE AWARD

Elevate Award Recipients 2016:

1. Con Magee's Glenravel (Antrim)
2. Lámh Dhearg (Antrim)
3. Madden Raparees (Armagh)
4. Watty Graham's, Maghera (Derry)
5. Naomh Muire Lower Rosses (Donegal)
6. Cumann Pheadair Naofa, Warrenpoint (Down)
7. Ballybay Pearse Brothers (Monaghan)
8. Killyman St Mary's (Tyrone)
9. Greencastle St Patrick's (Tyrone)

For more information on the Elevate Award, contact Fionntan O'Dowd on fionntan.odowd.ulster@gaa.ie (028) 3751 7180.



GAA HEALTHY CLUBS



What is the GAA Healthy Club Project (HCP)?

The Healthy Club Project is a new way of looking at health in the context of the GAA. It features a unique partnership between the GAA and the HSE. To help it achieve in its ambition to make Ireland a healthier, happier, more connected place, it is kindly supported by Irish Life through a Corporate Social Responsibility (CSR) investment for three years (2015-2017).

What is the aim of the HCP?

The Healthy Club project aims to help GAA clubs explore how they support the holistic health of their members and the communities they serve. GAA clubs already contribute to the health and wellbeing of their members by providing opportunities to develop their physical, social, emotional, and psychological health.

The HCP aims to help GAA clubs identify what they are already doing well, identify areas where they can or would like to improve, and empower them to ensure that everyone who engages with their club benefits from the experience in a health-enhancing way, be they players, officers, coaches, parents, supporters, or members of their local community.

The healthy club model, which is based on best national and international practice, also aims to embed a healthy philosophy in a club while integrating health into the day-to-day club activities in a sustainable way. It also aims to place the local GAA club at the heart of the community, making it



a beacon for health in the locale. What are the benefits and opportunities for Healthy Clubs? From the evaluation of Phase 1 of the Healthy Clubs Project the following benefits and opportunities were cited as:

- Exclusive access to Healthy Club resources
- Increase in membership
- Improvements in the health promoting activities of clubs specifically with club policy, practice and the club environment (both physical and cultural).
- Changes in attitudes towards health for the better
- Better engagement with club activities
- Opening up funding avenues
- Better opportunity to link the local community with club activities
- Sense of achievement
- Set a positive example
- Networking opportunities

There are 60 Healthy Clubs in Phase 2 of the Healthy Club Project – 19 of which are from Ulster. The following Ulster clubs are involved in the project:

- St Joseph's Glenavy (Antrim),
- St Mary's Rasharkin (Antrim),
- Naomh Mochua Derrynoose (Armagh),
- Culloville Blues (Armagh),
- Killygarry (Cavan),
- Cavan Gaels (Cavan),
- Michael Davitt's Swatragh (Derry),
- St Mary's Convoy (Donegal),
- Nomh Mhuire, Kincasslagh (Donegal),
- Clonduff (Down),
- St Peter's Warrenpoint (Down),
- St John's Drumnaquoile (Down),
- Derrygonnelly Harps (Fermanagh),
- Erne Gaels (Fermanagh),
- Truagh Gaels (Monaghan),
- Castleblayney Faughs (Monaghan),
- St Tiernach's Clones (Monaghan),
- Greencastle (Tyrone),
- Omagh St Enda's (Tyrone).

Where can you get more information?

If you have any further questions about the Healthy Club Project then please contact Colin Regan, GAA's Community & Health Manager, on colin.regan@gaa.ie or 003531 8658674.



ULSTER GAA PLAYERS' ACADEMY 2016



Up to 100 young Gaelic players from across Ulster will attend this year's Ulster GAA Player Academy, with high hopes of making a name for themselves playing for their county in years to come.

The players all under 16 years, follow in the footsteps of some of Ulster's finest players including Donegal's Michael Murphy, Monaghan's Kieran Hughes, Antrim's Neal McManus and Down's Danúy Toner in being selected to participate in the prestigious Player Academy at such a young age.

During the two-day Academy the players will receive coaching from some of Ulster's top GAA coaches as well as sessions on nutrition, health & wellbeing and injury & recovery. There is no doubt that the 100 players leave the Ulster University inspired and determined to work hard towards their future Gaelic careers.

Ulster GAA President, Michael Hasson, welcomes the initiative and commented "When the best

talented young players in both Gaelic Football and Hurling come together for this academy I am filled with hope and enthusiasm for Gaelic Games in Ulster. In a few years, these players will be pulling on their county jerseys and playing Gaelic at the highest level. The 2016 Ulster GAA Player Academy aims to prepare young players for the hard work and commitment it takes to be the best in Ulster.

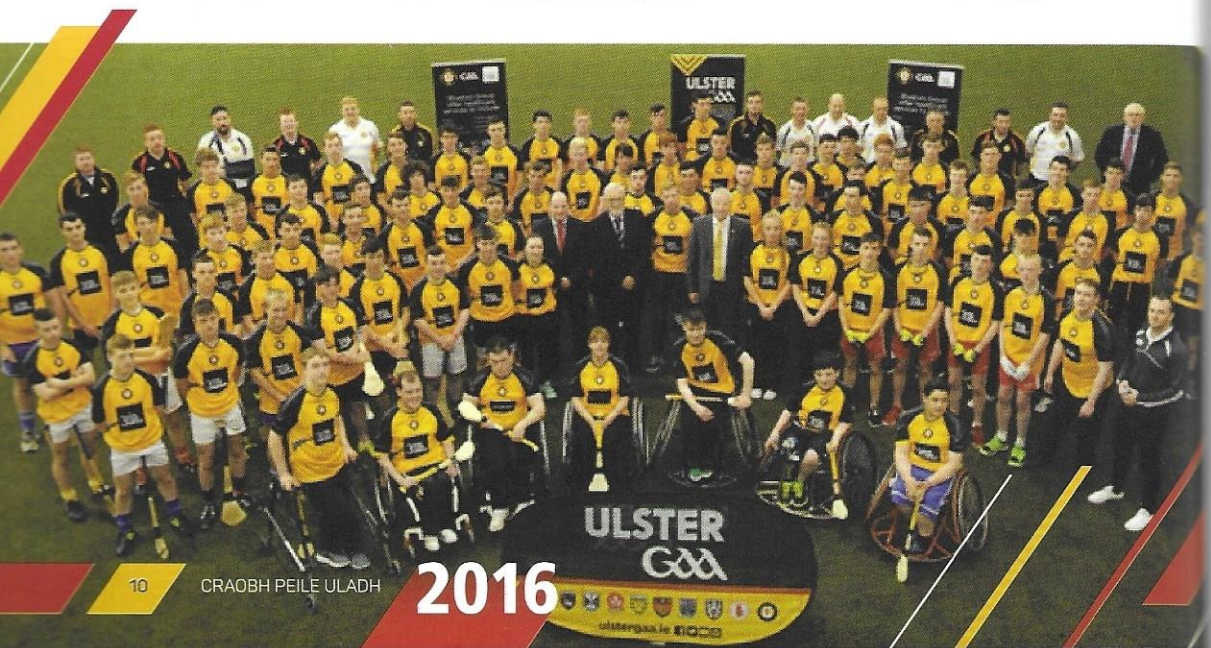
A number of high profile guests will be visiting the camp to share their experiences with the players and also to inspire them for the future. The footballers will meet with current Tyrone and Ireland star and All Star winner Mattie Donnelly, while the hurlers will meet All Ireland winning captain, All Star and former Dublin Hurling Manager, Anthony Daly.

"The Player Academy is in its 14th year and we are delighted to have provided support to many fine players who have gone on to play at the highest level of their sport."

Some of the sessions to be delivered will include:

- Sports Science/Video Analysis – Kevin McGuigan
- Functional Warm Up/ Tackling – Peter Donnelly
- Skill Development – All Coaches
- Nutrition & hydration – Gregory McGovern
- Player Welfare/Anti Doping – Ryan Mellon
- Recovery/Foam Rollers – Gareth O'Neill

Following the camp the footballers will play a representative game against Dublin and the hurlers will travel to the Connacht Centre of Excellence where that will play two games against Galway and a Connacht select team.



LAOCHRA ULADH

DÚN NA NGALL SA BHLIAIN 1916



Nuair a ghlac Óglaigh na hÉireann agus an tArm Cathartha seilbh de lann agus de lasair ar fhoirgnimh áirithe i lár Bhaile Átha Cliath, ar Luan Cásca 24ú Aibreán 1916, ba bhaill de Chonradh na Gaeilge fórmhór na bhfear agus na mban úd faoi airm de réir dealraimh. Nuair a fógraíodh Forógra na Poblachta go gairid ina dhiaidh sin, ba bhaill aitheanta de Chonradh na Gaeilge seisear den seachtar a shíniigh an cháipéis réabhlóideach. Faoi cheann seachtaine, agus lár na cathrach scriosta, cuireadh an réabhlóid faoi chois agus gabhadh na ceannairí.

Seamus Mac Manus (1869-1960) the poet and folklorist from Mountcharles is accredited as being the main founder of the Donegal GAA County Board. It was he who organised the first meeting in his native Mountcharles of the first county board in McIntyre's Hotel on 23rd Oct 1905.

This Gaelic and Nationalist tradition of the area continued as outlined by Brian Monaghan in his statement to the Military Bureau about the events leading up and continuing to the time of the Easter Rebellion 1916. In this statement he describes how in late 1913 the Irish Volunteers were organised in the area as a counter to the Ulster Volunteers which was formed by Carson. "All the young

men of military age together with a sprinkling of older men joined the Volunteers and our Mountcharles Company was drilled by a man named McMenamin and P.J. Croal from Ballyshannon who were two ex-British servicemen. On the committee in charge were Joseph McManus (a brother of Seamus) Robert Meehan, Johnie Doherty, Thomas McCallion, John Tierney and Patrick Keeney. In 1915 Dan McGlinchey who emigrated to Glasgow from Glenfin returned to live in Mountcharles.

He was actively involved in the Irish Volunteers in Glasgow and also the IRB. During Easter Week he gave instructions to collect revolvers and petrol. At that time the only rifle they had was the property of Joseph McManus. Around this time Bulmer Hobson, Denis McCullagh, Herbert Newman Pim, Seamus Dobbyn and Liam Gaynor amongst others visited the area to reorganise the I.R.B. movement.

Patrick Breslin a native of Ardarra, also in a statement to the Military History Bureau described how Patrick Pearse visited Dungloe on 1st February 1914 to organise a company of the Irish Volunteers. On the platform at the meeting which was presided by the solicitor James Boyle, were John Sweeney (father of Joe Sweeney), John E Boyle and Murray Sweeney.

In 1916 most people in Donegal resided in rural areas, with many living in small, thatched, two or three roomed houses with no running water, sanitation or electricity. More prosperous farmers lived in two-storey houses. Women worked on the farm. They often sold or bartered eggs for goods such as tea, sugar or flour. Milk was an important element of

the family diet and was churned to make butter. Those living near the sea gathered seaweed to supplement the family income. Women often worked in the fishing industry, in activities such as gathering bait and gutting and curing fish.

Many families particularly in west Donegal, gained additional income as migrant labourers. Men travelled to neighbouring counties and Scotland as seasonal workers leaving women to work the farms and harvest the crops. Women also travelled to work, particularly in Scotland and England as 'tattie hokers' (digging and gathering potatoes). Women also worked outside the home in a variety of employment such as teachers, domestic servants, shop assistants, knitters, weavers, embroiderers and lace makers. Female workers at Morton's factory in Killybegs earned an average of five shillings per week.

The impact of the Easter Rising on one Donegal woman was recorded in her memoirs. Alice Sweeney was married to John Sweeney and was step mother to Joe Sweeney who fought in the GPO.

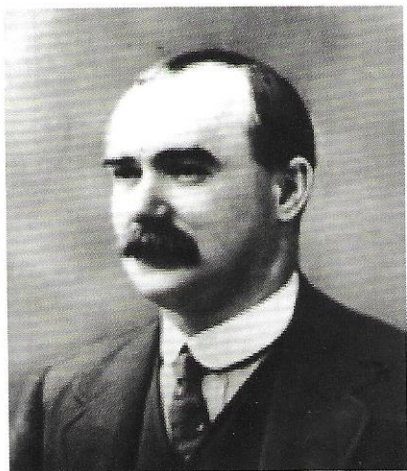
As an seisear déag a cuireadh chun báis - ba Ghaeilgeoirí a bhformhór, ar bhaill de Chonradh na Gaeilge iad: Éamonn Ceannt, Tomás Ó Cléirigh, Seán Mac Diarmada, Tomás Mac Donnchadha, Micheál Ó hAnnracháin, Pádraig Mac Piarais, Liam Mac Piarais, Joseph Mary Plunkett, Ruairí Mac Easmainn, Seán Heuston, Conchúr Ó Colbaird, Edward Daly agus Thomas Kent.

*Padraig Ó Connachtain
Dún na nGall*

LAOCHRA ULADH

MUINEACHÁN SA BHLIAIN 1916

19
20 16



James Connolly
Séamus Ó Conghaile

James Connolly has been described as 'probably the most important political thinker' in early twentieth-century Ireland. Even though he spoke with a Scottish accent and was born and raised in the slums of Edinburgh, he always felt a close bond to Monaghan.

James Connolly was born at 107, Cowgate, Edinburgh on 5th June 1868 to John Connolly and Mary McGinn - both parents having emigrated from the Killeevan/Annalore area of Co. Monaghan. James himself stated on the 1901 census that his native county was Monaghan and he repeated this on the 1911 census. James spent

some of his childhood in county Monaghan but he was back in Scotland again by 1882 when he lied about his age and joined the British Army, enlisting in the 1st Battalion of the King's Liverpool Regiment. In 1882 the battalion was posted to Ireland where it remained until 1889.

During this time he met Lillie Reynolds, a Protestant from Carnew, Co. Wicklow, who was working as a domestic servant. Connolly deserted

from the army shortly before his term of enlistment expired in 1888. This may have been the reason for falsifying his place of birth as he may not have wanted the authorities to suspect he was a deserter from the British army. Connolly began to get involved in the Socialist Movement, in Scotland campaigning for workers' rights. Connolly and his family then moved to Dublin where he took up the position with the Dublin Socialist Club, the club quickly evolved into the Irish Socialist Republican Party. He was a guest speaker at a Worker's meeting in the town hall, The Diamond, Clones in September 1899.

A combination of frustration with the progress of the ISRP and

economic necessity caused him to emigrate to the United States in September 1903. While in America he was a staunch campaigner for worker's rights and travelled across America promoting better working conditions for the thousands employed in the factories and mines. On his return to Ireland in 1910 he continued his union work and in 1913, he founded the Irish Citizen Army (ICA). He also founded the Irish Labour Party as the political wing of the Irish Trade Union Congress in 1912.

In 1916, thinking the Irish Volunteers were unwilling to take decisive action against Britain, he attempted to goad them into action by threatening to send the ICA against the British Empire alone, if necessary. The IRB leaders, including Tom Clarke and Patrick Pearse, met with Connolly - the IRB and the ICA agreed to act together at Easter of that year. When the Easter Rising occurred on 24 April 1916, Connolly was Commandant General, fighting in the GPO.

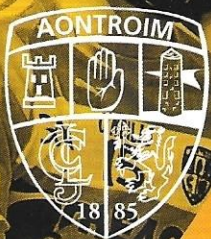
Connolly was sentenced to death by firing squad for his part in the rising. On 12 May 1916 unable to stand before the firing squad; he was carried to a prison courtyard on a stretcher, tied to a chair and shot.

Breda Nic Chumhaí
Muineachán

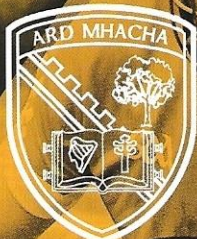
BHÍ SÉAMUS Ó CONGHAILE INA CEANNAIRE
TÁBHACHTACH I RITH EIRÍ AMACH NA CÁSCA
1916, AGUS BHÍ DLÚTH CHEANGAILT AIGE AGUS A
CHLANN LE CONTAE MHUINEACHÁIN.

ULSTER
SENIOR
CHAMPIONSHIPS

HURLING & FOOTBALL FINALS



v



SUNDAY
10th JUL
AONTROI
ARD MHACH
AT OWENB

SUNDAY
17th JULY
DÚN NA NGALL
or MUINEACHÁN
v
AN CABHÁN
or TÍR EOGHAIN
AT CLONES



v



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Centra

DID YOU KNOW?



We are more than a Sporting and Cultural Association, we are a grassroots volunteer driven movement focused on making the communities which we serve better places.



240,000

Approx. 240,000 spectators in total attended major Ulster GAA controlled fixtures in 2015.

90,000

Active players of Gaelic Games



142,000

Over 137,000 spectators attended the Ulster Football & Hurling Championships in 2015.



36,000

Spectators approximately attended the 2016 Bank of Ireland McKenna Cup.

250,000

Members of the GAA in Ulster

15,000

In 2015 15,000 GAA members took part in Ulster GAA Health and Wellbeing initiatives.



30,000

The Ulster GAA web-site receives approximately 30,000 hits per month

25,000

In 2015 approximately 25,000 games were organised and played within the Province of Ulster.

45,000

Approximately 45,000 spectators attended the 2015 Ulster GAA Club Championship.



85%

As a grassroots community based not for profit organisation, Ulster GAA reinvests approx 85% of its income to grassroots development at County and Club level.

28,000

Children were coached as part of the Foundation and Key-stage 1 Schools programme in 2015.

400

Delegates attend the Ulster GAA Club & Community Conference Annually.

42%

of volunteering on the island of Ireland comes from the GAA.

500

Delegates attended the O'Neills Ulster GAA Coaching and Games Conference Annually.



30,000

Facebook followers



50,000

Twitter followers

SENIOR PREVIEW



THE IRISH NEWS

@IRISHNEWSSPORT

Seamus Maloney
s.maloney@irishnews.com

Did you feel that? If you were here at Kingspan Breffni Park last Saturday night you certainly did. If you were watching at home on television, there's a fair chance you did. If you were over in France at the Euros, there's still a decent possibility the impact of Michael Murphy's coming-together with Drew Wylie shook your bones as well as the bones of the men involved.

After 21 minutes of last week's drawn Semi-Final Murphy collected the ball and out of the corner of his eye spotted Monaghan's full-back closing in to deliver a shoulder from the depths of Ballybay. So Murphy put his own shoulder, full of Glenswilly intent, to use to meet Wylie square on. It was a perfect, clean contact from both and Murphy went on with the ball, while Wylie hit the deck.

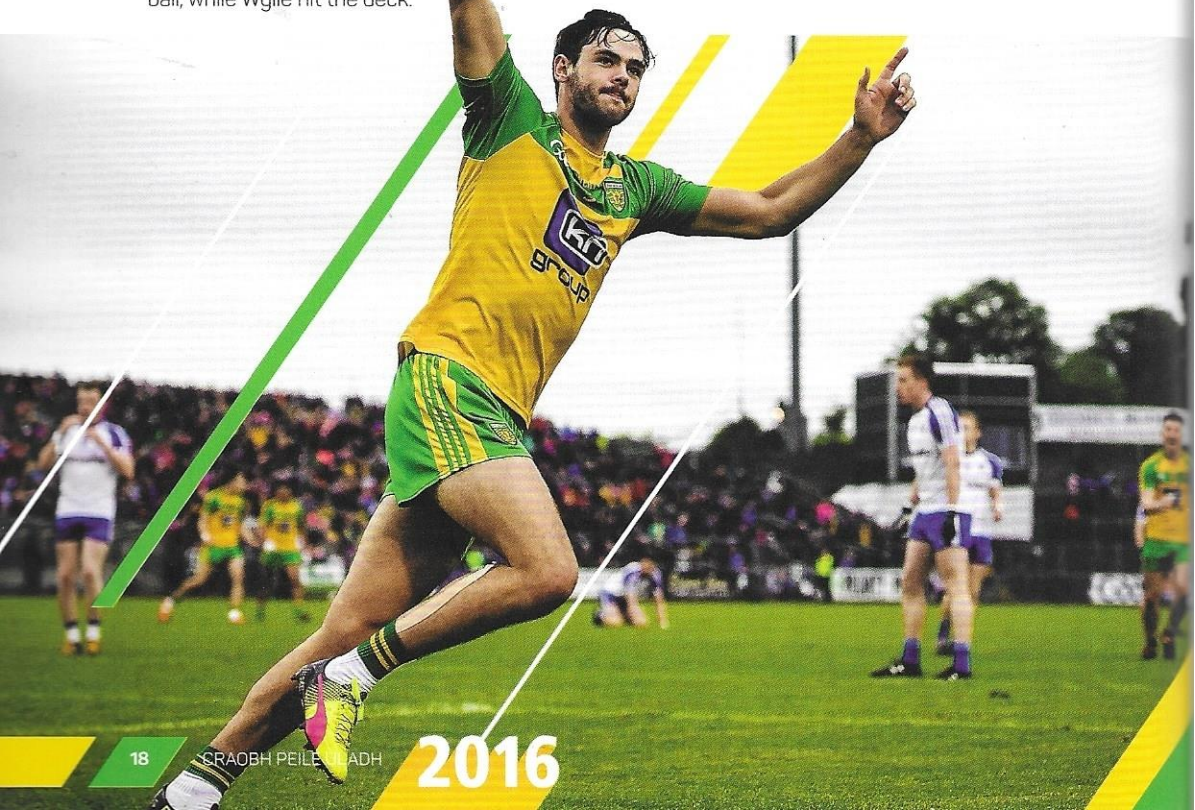
Of course, he was soon back up on his feet, ready for the next impact in a game that could serve as an Ulster Championship instruction manual.

If you were lucky enough to be here last week you were treated to the match of the season so far in any province in either code. It brings the record between the counties in their past four meetings in consecutive Ulster championships to two Monaghan wins, one for Donegal and a draw. Over those matches Monaghan have managed to score just two points more than their opponents.

These two – Ulster Champions every year since 2011 – have operated in the fine margins every time they've met in the province and last week was the finest yet.

There's a tendency to label a game a "thriller" simply because it's close. If it finishes a draw all the better. Immediately after last year's All-Ireland Hurling Qualifier between Limerick and Dublin, which the Dubs won by a point, the television commentator declared it "a stunning match", a "wonderful game". It was neither. It was a grim encounter, full of mistakes, played in poor conditions, but it was close, so it became something it wasn't.

Last Saturday's drawn match was far from perfect by any means – some pretty simple frees will have haunted Donegal all week, for one thing – but the intensity and quality under pressure meant calling it a "thriller" wasn't hyperbole, it was simply descriptive. The sides thrilled the spectators from start to finish.



THESE TWO – ULSTER CHAMPIONS EVERY YEAR SINCE 2011 – HAVE OPERATED IN THE FINE MARGINS EVERY TIME THEY'VE MET IN THE PROVINCE AND LAST WEEK WAS THE FINEST YET.



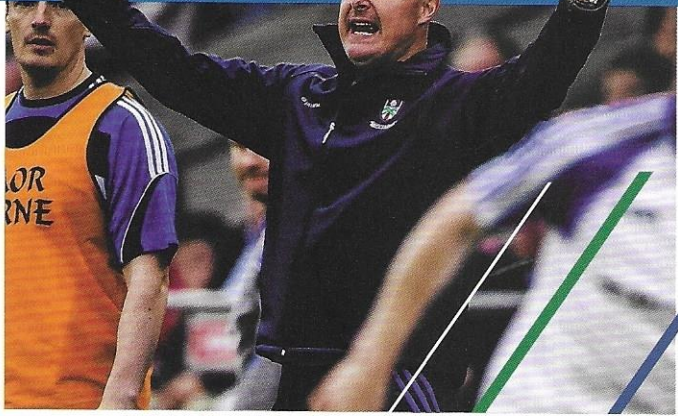
From the throw-in, Michael Murphy roared through the heart of Monaghan's defence before laying the ball off to Karl Lacey to open the scoring after 13 seconds.

The first half continued in that vein, although it was the last time a player from either side was able to carry the ball unmolested so deep into opposition territory. The most either team could get ahead before the break was two points, but those leads never lasted long. After Donegal had scored the first two points of the match Monaghan hit back, and when Malachy O'Rourke's side pushed themselves into a two-point lead approaching half-time, mainly thanks to frees from Conor McManus, Patrick McBrearty reeled off three points in less than five minutes to move Donegal ahead again. Another McManus free meant it was level at the break. Anything else just wouldn't have felt right.

With both teams packing their defence, the only commodities harder-earned than points were goal chances. Donegal's Kieran Gillespie was presented with the first, but Monaghan goalkeeper Rory Beggan blocked his shot. 60 seconds later Ryan McAnespie couldn't control a pass from Owen Duffy that had him bearing down on Donegal 'keeper Mark Anthony McGinley.

Monaghan had fashioned the biggest lead of the game, three points, when McBrearty found himself free inside but his shot on the turn cleared the bar.

Donegal finally managed to take a green flag opportunity when they needed it most. Still in the process of reorganising having



been reduced to 14 men after Martin McElhinney's red card, they were organised enough to cut through Monaghan's defence and see Odhran Mac Niallais delay his finish perfectly to be able to roll the ball past Rory Beggan in the Farney goal.

That put Rory Gallagher's side a point ahead, earning the biggest cheer of the evening, and every point until the end – as had been the case since Lacey popped over the first one – was greeted with roars of approval that doubled as audible releases of tension.

The volume of the reception for Mac Niallais's goal was challenged by the Monaghan crowd's acclamation of Conor McManus' final two frees which eventually forced tonight's replay – the first of which was a monster effort entirely befitting the occasion. It was every bit as thunderous and Murphy and Wylie's shoulder-to-shoulder impact.

Which brings everyone back in Cavan to do it all over again. Donegal will feel they kicked the game away, given the uncharacteristic free misses from Murphy and McBrearty, as well as the goal chances Gillespie and

McBrearty failed to take. There will also be the feeling that had they kept 15 men on the pitch the result would have been different.

Monaghan will also look at those goal chances – as well as the one which was converted – and be confident that if they can tighten up at the back they obtain the little bit extra needed to swing things in their favour.

Tonight is Donegal's first provincial Championship replay since they lost to Armagh in 2005, while Monaghan's last draw in Ulster also came against Armagh, although they beat the Orchard county in the 2014 Semi-Final en route to the decider where they lost to Donegal.

That encounter, just like the Ulster Finals Monaghan won against Donegal the year before and year after, wasn't for the faint hearted. Neither was last week. Neither is tonight. When these two meet in the Championship something primal stirs. Once the ball is thrown in it only gets stronger. And, lucky you, you're in the best possible place to really feel it.

ONE MINUTE WITH...

MARTIN O'REILLY

Club: Sean Mac Cumhailis,
Ballybofey

Favourite Position: Half Forward

Favourite Pitch:
Páirc MacCumhail

Hobbies: Golf and Hurling

Childhood hero: Christy Toyne

Best Player you have played with:
Frank McGlynn

Best Player you have played against: Diarmuid Connolly

Best game you have been involved in:
All Ireland Semi Final 2014

Best game you have ever seen:
Kilkenny and Galway in the All Ireland Hurling Final 2012

Best trainer within the squad:
Michael Murphy/Paddy McGrath

Worst trainer within the squad:
I'll pass on this one...

Worst training drill: Tackling Grids

Best motivator within the squad:
Maxi Curran

Pre Match meal:
Pasta and Chicken

Any superstitions: Always sit at a window seat on the bus

Favourite Song: Sunrise by Tanjier

Favourite Film: Shawshank Redemption

Favourite Holiday Destination:
Dubai or Downings

Favourite Drink: Cidona

Favourite Meal: I'm a big fan of any wrap from "The Food Wagon" to be honest....

Best advice ever received:
"Just go out there and enjoy it"

Biggest influence on career:
All the coaches I have had and my family

Club Volunteer of note:
Eugene Gallagher, it must be his 93rd year as treasurer

Song you listen to before big games: The Scientist- Coldplay

Most important skill:
Kicking with both feet

Biggest Strength in your game:
Hand Passing

Area of your game you would like to improve:
Catching the ball over my head

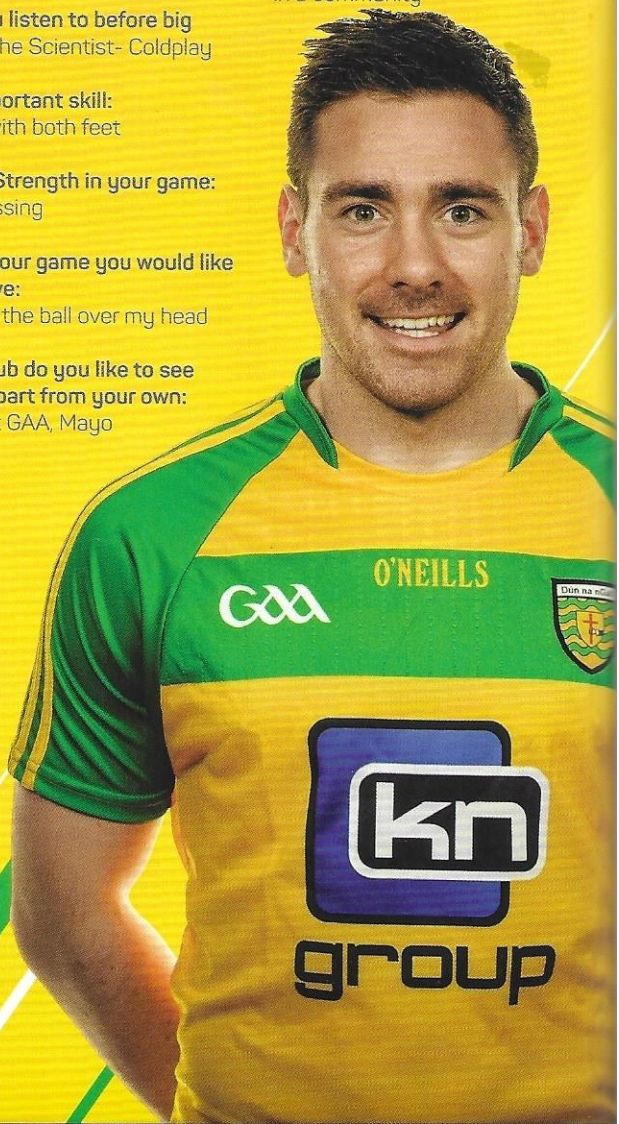
Which club do you like to see do well apart from your own:
Belmullet GAA, Mayo

Which county do you like to see do well apart from your own:
London

Advice for youngsters:
Listen to your coaches; they only want the best for you

Young Players within your club to look out for:
Oisín Gallen and Luke Gavigan

Best thing about the GAA:
It brings everyone together in a community

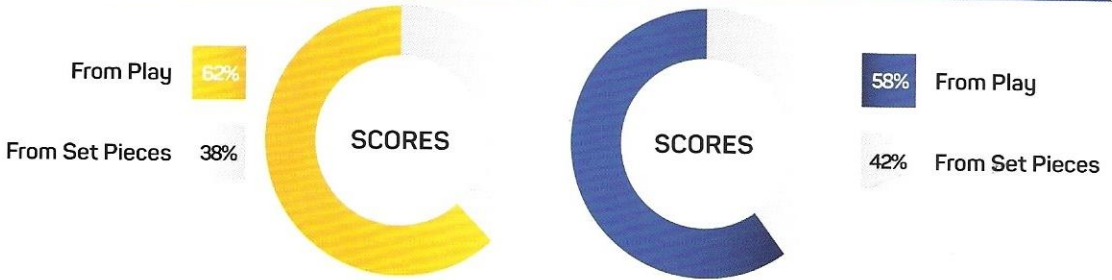


STATS 2016

THE FACTS



DÚN NA NGALL V MUINEACHÁN



AVERAGE SCORE



AVERAGE GOALS SCORED



AVERAGE GOALS CONCEDED



TOP SCORER



THE FACTS

We did call it... In the last four meetings only a couple of points have separated them in total. Same again please?



FIXTURES

ULSTER SENIOR CHAMPIONSHIPS

QUARTER-FINAL: 22/05/16



QUARTER-FINAL: 29/05/16



QUARTER-FINAL: 5/06/16



QUARTER-FINAL: 12/06/15



SEMI-FINAL 19/06/16



ULSTER FINAL 17/07/16



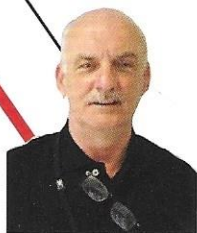
SEMI-FINAL 25/06/16



15/05/16
PRELIMINARY ROUND



ULSTER GAA SUPPORTS SOCIETY OF ST VINCENT DE PAUL



Aidan Crawford, Regional President of SVP, is delighted that Ulster GAA has chosen the Society as its charity partner. He explains: "It is great news that both organisations have an opportunity to work together.

"The Society is a volunteer-led charity and has more than 1600 dedicated volunteers across our 183 Conferences in the north. We also have a very active, engaged and growing youth section, which includes groups across many schools and colleges.

"We focus on person to person contact. Our volunteers carry out 900 weekly home visits to those in need, offering friendship and assistance and the Society provides practical support in the form of heating, food and electricity, as required. In addition, our volunteers visit people in hospital and in prison, offering support to those who are vulnerable and isolated.

"Through crèches and breakfast and afternoon clubs, we help families in their local areas and we provide peaceful respite in our Centre, Clare Lodge in Newcastle.

"These are just some of the very local services we provide and our Vincencians are all committed, caring individuals

who give up their own time to carry out the Society's work. We are present in every city, town, village and townland across the province, allowing us to identify and assist those living in poverty.

"Our last annual report highlighted how we distributed more than £3 million worth of funds to those in need locally. More than £1 million of this was spent on direct support for families and individuals, with more than £667,000 spent on fuel and a further £368,000 on clothing and furniture. Our network of 31 shops across the Region supports our work and helps raises vital funds within local communities.

"In recent months the Society of St Vincent de Paul has swiftly reacted to the needs and plights of refugees both at home and abroad. Our volunteers have been at the frontline of assisting families in need by providing a 'funds for food' initiative, clothes and footwear.

"We aim to make the most difference that we can with the resources that we generate through our retail shops or are kindly granted by our benefactors. In the last few years the Society has witnessed a 100% increase in the demand for its services and, in light of this; we are

encouraging new volunteers to join us to help local communities.

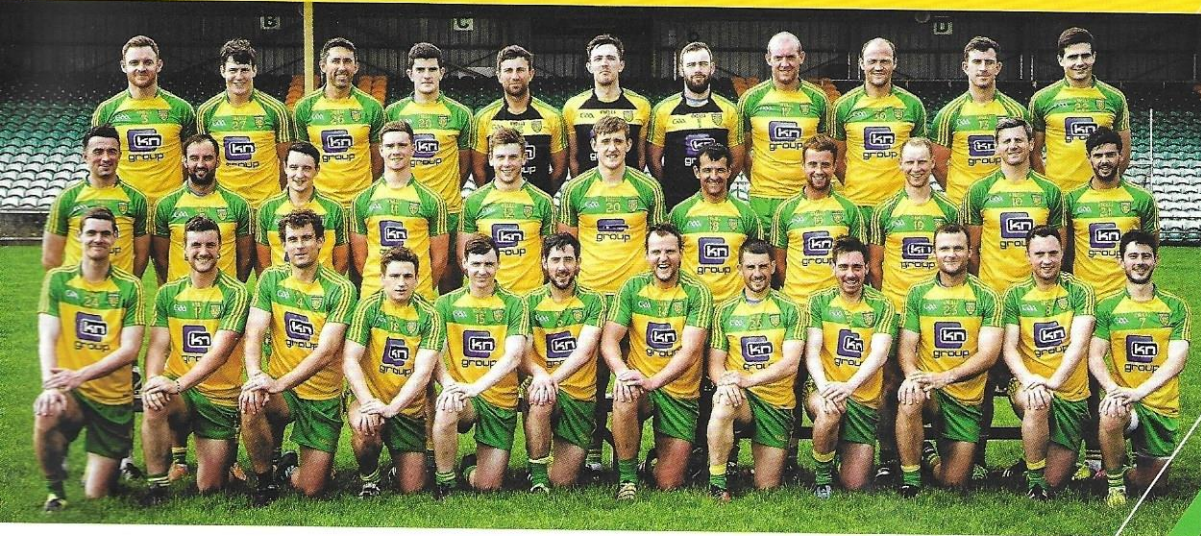
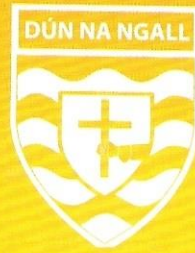
"Without your generosity, we simply couldn't continue to tackle the alarming and saddening levels of need that exist in our region. I would like to thank you for taking the time to read about our work."

If you wish to donate to the Society or if you feel you would like to become a volunteer, please get in touch at info@svpni.co.uk or call 028 9035 1561.



DÚN NA NGALL

PEN PICS



Ainm	Aois	Airde	Meáchan
Paddy McGrath	27	5ft 10	12st
Caolan McGonagle	20	6ft 3	14st
Darach O'Connor	20	5ft 7	12st
Eoin McHugh	21	5ft 8	11st
Patrick McBrearty	22	6ft 0	13st
Ryan McHugh	22	5ft 9	11st 7
Stephen McBrearty	20	6ft 0	12st
Mark McHugh	25	5ft 10	12st 7
Eamon McGee	32	6ft 3	14st
Kieran Gillespie	19	6ft 1	14st
Michael Carroll	18	6ft 2	14st
Neil McGee	30	6ft 2	13st 7
Odhrán Mac Niallais	23	6ft 1	12st
Frank McGlynn	29	5ft 10	13st
Michael Murphy	26	6ft 2	14st
Neil Gallagher	33	6ft 4	15st
Eoghan Bán Gallagher	20	5ft 11	13st
Hugh McFadden	22	6ft 3	14st

AVERAGE AGE IS 25 YEARS

Ainm	Aois	Airde	Meáchan
Karl Lacey	31	5ft 11	14st
Caolan Ward	23	6ft 3	12st 7
Eamon Doherty	25	6ft 0	14st
Rory Carr	18	6ft 3	14st
Rory Kavanagh	33	6ft 2	14st
Anthony Thompson	30	6ft 0	13st 7
Ciaran Thompson	21	6ft 1	13st
Leo McLoone	27	6ft 1	14st
Christy Toye	33	6ft 3	14st 7
Colm McFadden	32	6ft 2	14st
Mark Anthony McGinley	26	6ft 1	13st 7
Martin McElhinney	27	6ft 1	13st
Jamie Brennan	19	5ft 9	12st
Martin O'Reilly	23	5ft 10	12st
Michael Boyle	28	6ft 0	14st
Peter Boyle	23	6ft 0	13st
Lorcan Connor	19	5ft 8	11st 7
David Walsh	33	5ft 11	13st

AVERAGE WEIGHT IS 13st 1

"THE DRAWN GAME AGAIN SHOWED HOW COMPETITIVE THE ULSTER CHAMPIONSHIP IS WITH BOTH SEMI-FINALS NEEDING A REPLAY TO SEE WHICH TEAMS WILL GO THROUGH TO THE ULSTER FINAL ON SUNDAY 17TH JULY."

Donegal Manager, Rory Gallagher



DÚN NA NGALL

DONEGAL SENIOR TEAM

Manager: Rory Gallagher



FÍR IONAIÐ/SUBSTITUTES

16. Peter Boyle, Aodh Ruadh B.A.S. 17. Eamonn Doherty, Naomh Adhamhnáin 18. Mark McHugh, Cill Chartha
 19. Leo McLoone, Naomh Conaill 20. Stephen McBrearty, Cill Chartha 21. Hugh McFadden, Na Cealla Beaga
 22. Christy Toye, Naomh Micheál 23. Eoghan Bán Gallagher, Na Cealla Beaga 24. Ciaran Thompson, Naomh C
 25. Colm A. Mc Fadden, Naomh Micheál 26. Darrach O'Connor, Bun Crannacha

	Cúl	Cúlar	Seachar	AS	Seir	Cleanne
1AD Leath						
2AD Leath						
Amáin						

NOTES





MUINEACHÁN

MONAGHAN SENIOR TEAM

Manager: Malachy O'Rourke



FÍR IONAIÐ/SUBSTITUTES

16. Conor Forde, An Bhoth 17. Conor Boyle, Cluain Tiobraid 18. Dessie Mone, Cluain Tiobraid
 19. Neil McAdam, Na Clairsigh Mhuineacháin 20. Dick Clerkin, Curraichín 21. Paul Finlay, Béal Átha Beithe
 22. Stephen Gollogly, Carraig Mhachaire Rois 23. Thomas Kerr, Béal Átha Beithe 24. Dermot Malone, Fág An Bealach
 25. Daniel McKenna, Gaeil Tríúcha 26. Jack McCarron, Curraichín

	Cúil	Cúilíní	Seachái	45	Saor	Ciceanna
1AD Leath	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
2AD Leath	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Iomlán	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

NOTES





MUINEACHÁN

PEN PICS



Ainm	Aois	Airde	Meáchan
Barry McGinn	19	6ft	13st
Colin Walshe	25	5ft 11	13st
Conor Boyle	23	6ft	13st
Conor Forde	21	6ft	13st 7
Conor McCarthy	20	5ft 10	11st 11
Conor McManus	28	6ft	13st
Daniel McKenna	24	5ft 10	11st 12
Darren Hughes	29	6ft	14st
Dermot Malone	26	5ft 9	13st
Dessie Mone	32	5ft11	12st
Dick Clerkin	34	6ft 1	13st 5
Drew Wylie	27	5ft 11	13st 5
Fergal McGeough	22	5ft 10	12st 10
Fintan Kelly	26	6ft 1	13st 7
Gavin Doogan	29	6ft	12st 13
Jack Mc Carron	24	6ft 1	13st
James Mealiff	18	6ft 1	12st 10

AVERAGE AGE IS 26 YEARS

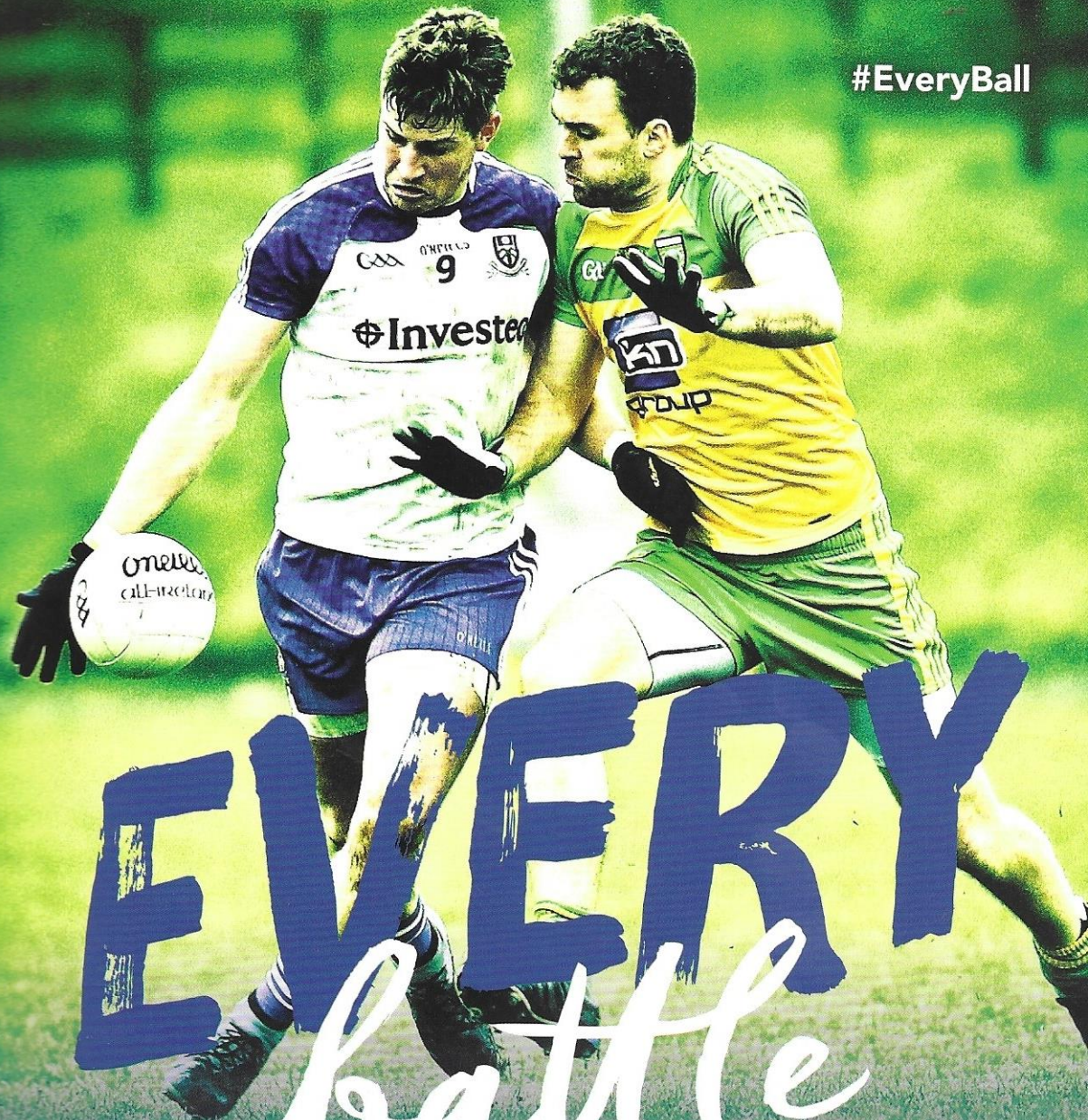
Ainm	Aois	Airde	Meáchan
John McCarron	24	6ft	12st 1
Karl McQuaid	22	6ft 3	12st 12
Karl O'Connell	28	5ft 11	11st 8
Kieran Duffy	25	6ft 2	13st 7
Kieran Hughes	26	6ft	14st
Neil McAdam	28	6ft	13st 12
Niall McKeown	25	5ft 11	12st 13
Owen Duffy	28	6ft 1	12st 12
Paul Finlay	33	6ft 1	13st
Rory Beggan	24	6ft 4	15st
Ryan McAnespie	20	5ft 10	12st
Ryan Wylie	22	5ft 11	12st
Shane Carey	34	5ft 11	12st 10
Stephen Gollogly	31	5ft 8	11st 7
Thomas Kerr	32	6ft	11st 11
Vincent Corey	31	6ft	13st 7

AVERAGE WEIGHT IS 12st 13

"THE BOYS SHOWED TREMENDOUS COURAGE AND STRENGTH OF CHARACTER TO CONJURE UP TWO SCORES WHICH ALLOW US TO GET ANOTHER CHANCE TO EARN THAT ELUSIVE SPOT IN THE 2016 ULSTER SENIOR FOOTBALL FINAL."

Monaghan Manager, Malachy O'Rourke

#EveryBall



EVERY battle

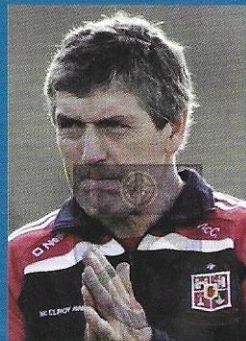
OUR CHAMPIONSHIP COVERAGE

THE IRISH NEWS

Analysis Opinion Insight

HALF TIME & FULL TIME STATS ON WWW.IRISHNEWS.COM
WITH COMPREHENSIVE STATS IN MONDAY'S IRISH NEWS

Valuing the Volunteer



Vincent Mc Connell (RIP) (Domhnach Maighean)

The Donaghmoyne GAA club will always recognise the work of one of its finest Gaels, Vincent McConnell, who sadly passed away early this year after a battle with illness.

The word legend is used a lot these days, but nobody can question it's meaning when associated with Vincent McConnell and Donaghmoyne GAA. Vincent was known as one of the finest Fontenoy's ever to wear the shirt, who was highly respected by those who faced him, and a gentleman in every sense of the word also.

Vincy, as he was known by with his friends, had an association with Donaghmoyne GAA which spanned across the best part of his life. From a young age his potential as a footballer was plain to be seen by those around him. A few years later he made the breakthrough into the clubs Senior team at 17 years of age and not once did he look out of place. From here he went on to be at the heart of the Donaghmoyne defence for the best part of two decades, many say that we are yet to find a player fit to replace him.

In 1984 he was part of the Donaghmoyne team that won the Junior League Dr. Ward Cup, three years later in 1987 himself and his team mates took another forward step as they won the Intermediate League Hackett Cup. One of his best years however came in 1996 when he Captained Donaghmoyne's last Intermediate Championship winning team, beating Ballybay in the final, with Vincy putting in another fantastic display in defence. His performances that year were

recognised across the County as he was named Intermediate Club Footballer of the Year for 1996.

Following his playing days his love for Gaelic Football and the Donaghmoyne Club never ceased. Vincy didn't take long to get involved with the various different Juvenile teams within the club, both boys and girls. He loved helping out in any way he could, and his spirit and enthusiasm energised those around him more often than not. As a coach he trained many different teams to many different titles, it's hard to know where to start listing those honours. For our current generation of Fontenoy's, it is in this role that he will be most fondly remembered.

He never strayed from passing on valuable advice and sharing his vast experience, something which many footballers within our club carry with them every time they hit the green grass. As close as 2014, he was part of the management team who won the Intermediate Football League and took the club back to Senior for the first time in nearly a decade.

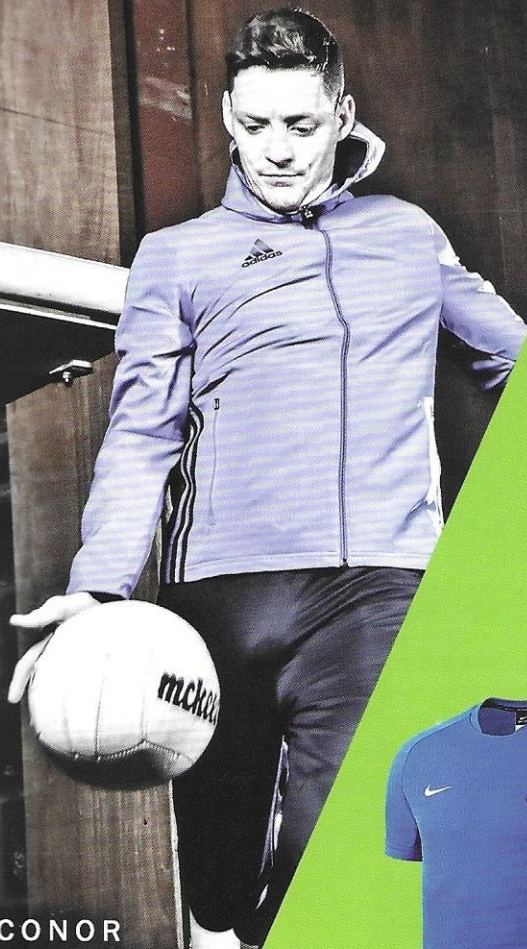
Vincy will also be very fondly remembered for selling the club lotto tickets since it's foundation back in the early 90s. His face is undoubtedly missed by those people he sold to on a weekly basis, and especially by those at the lotto on a Monday night.

There was nothing he enjoyed more than watching the achievements of his four daughters Tracey, Cathriona, Sandra, Rachael, and his son Ciaran, both on and off the pitch. He and his wife Nancy loved travelling far and wide to support each of them, and were always there to give advice whenever it needed be. Both of them took great pride in each of their achievements and worked very hard to ensure that they all had the chance to reach their potential.

Vincy will be sorely missed by all his family and friends, especially those involved in our club. His absence leaves a major gap in all our lives, but we can take great comfort in that his spirit will live on in his family, his friends, and in all those who enter Pairc Fontenoy on a daily basis. The club will be forever be in his debt and we are only glad to take this opportunity to recognise the many years of charity he gave to the Donaghmoyne GAA Club.

May he Rest in Peace,
Ár dheis dé go raibh a anam.

theGAAstore.com



CONOR
MCMANUS
MONAGHAN GAA



CAVAN GAELS



EAST CAVAN GAELS



ERRIGAL CIARAN



ARDBOE

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SENIOR HURLING SHIELD FINAL

TOM COMACK (DONEGAL DEMOCRAT)

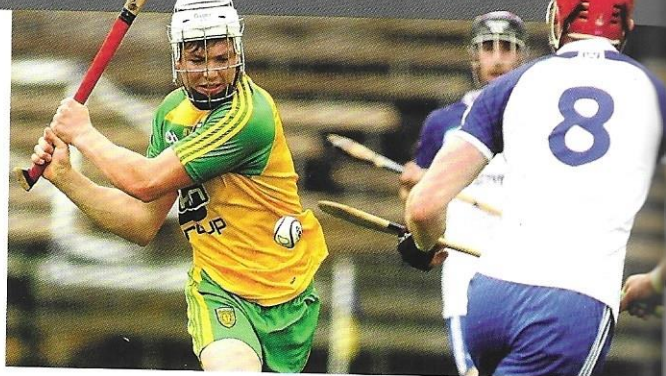
Donegal 5-13 Monaghan 2-14

Donegal are the first Ulster Senior Championship Shield champions following their eight point win over Monaghan in Brewster Park, Enniskillen, last Sunday.

In a highly entertaining encounter Donegal recovered from a slow start and two early Monaghan goals to run out comfortable winners in the end.

Jack O'Loughlin, Paddy Hannigan and Danny Cullen scored the first half goals while Kevin Campbell and Ronan McDermott raised the second half green flags for Ardal McDermott men. Lee Henderson posted seven points and in all Donegal had 11 different scorers with Niall Cleary and Paul Nelson also among the scorers.

Conor McKenna hit the game's opening score on 12 seconds but Donegal were back on level terms inside the first minute with a massive strike from way out the field from Stephen Gillespie. Monaghan were back in front three minutes later thanks to a close in Fergal Rafter free and before Donegal missed a glorious chance to take the lead when they were awarded a penalty. Paddy Hannigan was dragged down for the penalty but Lee Henderson's strike from the spot crashed off the left hand upright and in the follow up Henderson was just wide off the post. The miss seemed to knock Donegal back and they did not score for the next quarter hour until Henderson split the posts with a good point. In between Monaghan had enjoyed a good ten minute spell and added 2-2 to race into a 2-4 to 0-1 lead.



Conor Boyle and Mark Treanor scored the Monaghan goals. But Donegal had their time in the sun and they outscored Monaghan, 3-3 to 0-0 in the next 20 minutes to in at the break a goal up, 3-4 to 2-4. Henderson got the revival underway with a second point in the space of a minute. There was a touch of good fortune about two of the goals. The first came from a Jack O'Loughlin free from his own '65' that went all the way to the Monaghan net. That was on 29 minutes and three minutes later Paddy Hannigan scrambled to the net when a Henderson free from inside of his own '65' was dropped by the Monaghan comeback Aaron Kenny.

With the Monaghan lead back to a point, 2-4 to 2-3, Danny Cullen struck for a super goal. The Setanta man cut in from the left before unleashing an unstoppable shot from ten metres for a brilliant individual goal and the lead for the first time. And Niall Cleary rounded off the half with a well struck point for a 3-4 to 2-4 half-time lead. Donegal got the second half off to a good start with a Cullen point and a fourth goal; this time half-time replacement for Sean McVeigh, Kevin Campbell got on the end of a long range Henderson free to steer the sliothar around David McGahon

and a 4-5 to 2-4 lead. Further points from Campbell and Paul Nelson either side of a Conor Boyle '65' saw Donegal stretch their advantage out to eight points, 4-7 to 2-8. But Monaghan were in no mood to go away and they responded with five unanswered points from Boyle, Conor McKenna, Mark Treanor(2) and Brian McGuigan to reduce the Donegal advantage to three. Lee Henderson steadied the Donegal ship with three points, two from frees, before Ronan McDermott added the final bit of polish with goal number five to become the first winners of the the Ulster Senior Hurling Shield Championship.

The win also means that Donegal, who were relegated in the league from Division 2B of the Allianz Hurling League, will play in the Ulster Senior Hurling Championship in 2017.



CROSFHOCAL

Buaigh Geansaí do Chontae

1.							
2.							
3.							
4.							
5.							

CEISTEANNA:

1. I gCathair Chorcaigh atá Páirc Uí _____.
2. Toradh (fruit) a d'fhéadfadh a bheith milis nó géar.
3. I gCathair Chill Chainnigh atá Páirc Uí _____.
4. An Contae ina bhfuil Béal Feirste.
5. 'An _____'. Tugtar an t-ainm seo freisin ar an Ollainn.

Cuir an chéad litir de gach freagra i ndiaidh a chéile agus beidh oifigeach agat a bhíonn ag gach club agus ag gach contae de chuid CLG.

Seol an freagra, d'ainm agus do sheoladh féin chuig coistenagaeilge@gaa.ie
Fógrófar na duaiseanna ag deireadh na gcrabha cúige.

GOLDEN TICKET

IF YOUR PROGRAMME CONTAINS THE GOLDEN TICKET, YOU HAVE WON:

**2 ULSTER FINAL TICKETS
AND A COUNTY JERSEY
OF YOUR CHOICE.**

Courtesy of:

@ULSTERGAA



#ULSTER2016

1918 **O'Neills**[®]

THE CHOICE OF CHAMPIONS



Please note: The Golden Ticket will be loosely inserted.

If your programme is the lucky one please make yourself known in the press box in the main stand to any Ulster GAA representative.

ONE MINUTE WITH...

SHANE CAREY



Club: Scotstown

Favourite Position:
Centre Forward

Favourite Pitch: Croke Park

Hobbies: Pitch & Putt, watching series' and movies.

Childhood hero: Darren Hughes

Best Player you have played with: Conor McManus

Best Player you have played against: Jack Smith

Best game you have been involved in:
Scotstown v Slaughtneil 2015

Best game you have ever seen:
Kerry v Dublin 2011

Best trainer within the squad:
Fintan Kelly

Worst trainer within the squad:
Conor Forde

Worst training drill: Tackling

Best motivator within the squad: Vincent Corey

Pre Match meal:
Rice and Chicken

Any superstitions: Nope

Favourite Song: Cheerleader

Favourite Film:
Dumb and Dumber

Favourite Holiday Destination:
Florida

Favourite Drink: Milk

Favourite Meal: Steak and chips

Best advice ever received:
Enjoy your football

Biggest influence on career:
Family

Club Volunteer of note:
Kevin Boylan

Most important skill:
Kick with both feet

Biggest Strength in your game:
Fitness

Area of your game you would like to improve: Left foot

Which club do you like to see do well apart from your own:
Derrynoose

Advice for youngsters:
Train the way you play

Young Player within your club to look out for: Oisín Murray

Best thing about the GAA:
The friends you make





MATCH STATS

DÚN NA NGALL v MUINEACHÁN

1	GOALS	0
11	POINTS	14
14	SCORE	14
43	POSSESSIONS	46
39	ATTACKS	39
27	SHOTS	28
10	WIDE	10
5	SHOTS SHORT	4
44	SHOT SUCCESS (%)	50
3.3	PRODUCTIVITY (Points/10 Possessions)	3.0
22	TOTAL KICK OUTS	22
68	OWN KICK OUTS WON (%)	82
18	OPPOSITION KICK OUTS WON (%)	32
43	TOTAL KICK OUTS WON (%)	57
20	TURNOVERS (Ball Lost)	21
47	TURNOVER RATE (%)	46
12	SCORABLE FREES CONCEDED	9

Story of the Match

Both Semi-Finals of the USFC 2016 ended level, and not surprisingly many key stats from the games reflected close outcome, with little between the teams in many departments. Where one team does have an advantage, this is compensated for in another area of play.

Last week, Monaghan won more of the kickouts against Donegal, mainly due to their effective policy of short kick outs. This advantage translated to greater share of possession. One key factor that allowed Donegal to compensate for the lower share of possession was the goal – this ensured their possessions were more productive than Monaghan and ultimately enabled them to draw the match despite a lower possession count.

DÚN NA NGALL

Donegal were the more productive of the 2 teams, returning an average of 3.3 points from every 10 possessions. However, this advantage only compensated for the lower possession count.

Donegal had to survive on a lower possession count due to an inferior performance at kick outs. From 22 of their own kick outs, Donegal won 15 (68%) – not a bad return by any means. However, they only managed to challenge Monaghan kick outs (22) on 4 occasions (18%) – allowing them to take 12 kicks short and a further 6 to be taken clean further out the pitch.

Donegal will also be aiming to improve their shot success (44%) in the replay. Having scored from 61% of their efforts against Fermanagh they will have been disappointed with the significant drop in the Semi-Final.

MUINEACHÁN

Monaghan were very efficient from their own kick outs (82%) and challenged Donegal's kick effectively (32%), resulting in possession dominance.

However, they were unable to convert their advantage to the scoreboard - only generating the same number of attacks as Donegal (39), losing 7 possessions before penetrating the Donegal 45m line. Of Monaghan's 21 turnovers, 7 were as a result of a contact tackle, surely an area of worry.

Monaghan's shot success rate of 50% was also reduced significantly from the 65% against Down. However, they were more clinical in front of goal than Donegal, and if they can repeat the 50% success in the replay they will be in with a chance of winning at the second attempt - only if they win the possession share again.

Valuing the Volunteer



Bernie McGlynn
(CLG Gleann Fhinne)

Bernie McGlynn came to Glenfin in the early 80's when she married William, a stalwart Glenfin man. Bernie was always into sport in her native Lifford.

She has 2 sons, Kevin and Dermot, and when they started playing at underage in Glenfin, Bernie very soon got involved in the Club activities. She is a dressmaker by trade and when any sewing had to be done, Bernie wasn't far away. Curtains, Flags, Streamers and the odd dress for Cailín Gaelach or Scór recipients, she could turn her hand to anything.

In 1993, the Glenfin Ladies team was formed and Bernie had the boots on playing at full-back,



corner-back and in later years took up refereeing, where she travelled all over the county.

In 2001, she played a joint management role for the underage girl's teams who won the Championship, at almost all underage levels, that year.

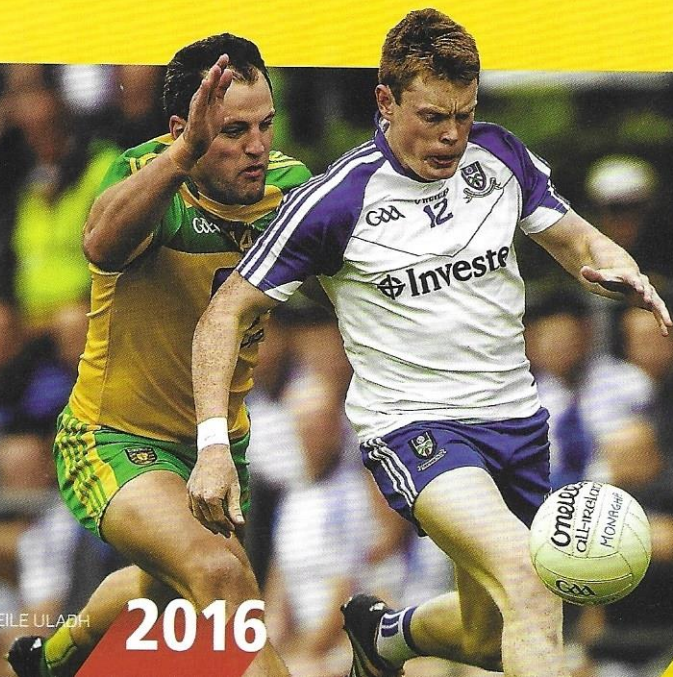
She was also part of the Executive for Glenfin Ladies for many years and also branched out to the Donegal Ladies County Board, where she travelled to all parts of Ireland to Congress for many years.

Bernie took on the very important role of Club PRO from 2000 to 2008 and made sure that all the Club's activities were reported on every week. If there was a match on in the field, Bernie was sure to be there with her camera.

She was also the County Board Delegate during that time, until 2010, where she brought back all the data to the Club's monthly meetings. She also helped out with the Men's County Board doing Gate person at matches across the County.

Volunteers are very important in all walks of life and Bernie sure has ticked all the boxes and people like this should not be forgotten.

Thank you Bernie!



RORY GALLAGHER

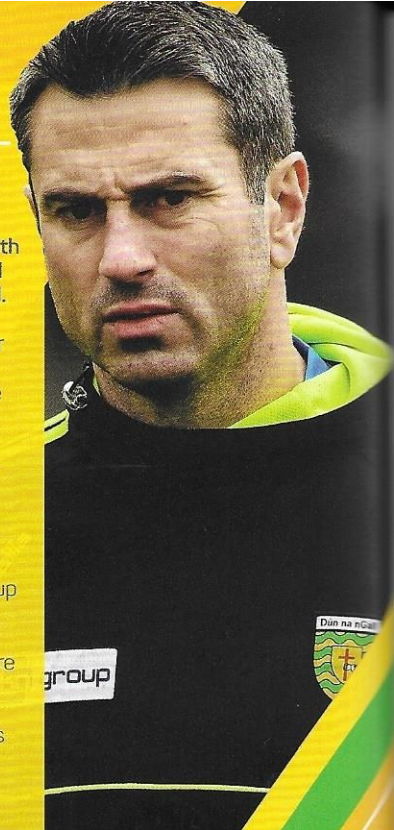
Dún na nGall Manager

It's another huge honour for me to lead the Donegal Senior Football Team in the Semi-Final replay against Monaghan in our quest to reach a historic sixth Ulster Senior Football Championship Final in a row. I'm sure everyone would agree that the Semi-Final game last Saturday was a great contest with nothing to separate the teams at the end. Let's hope that today's replay will be another great game and that there will be a favourable result for Donegal.

Today marks the fifth championship meeting with Monaghan over a four year period and as demonstrated by the drawn game there is very little between these teams on a given day. The drawn game again showed how competitive the Ulster Championship is with both Semi-Finals needing a replay to see which teams will go through to the Ulster Final on Sunday 17th July. Again this game against Monaghan is another huge challenge for us and everyone involved are looking forward to the challenge ahead.

I would like again to thank the players, backroom staff and medical team for their huge dedication and commitment to the Donegal GAA Senior team for 2016. A special mention to our sponsors KN Group (Main Sponsor), MCR Group and O'Neil Sports. I must also thank the County Board for the support given to us on a constant basis. Thanks also to the clubs of the county for their support. Many of these clubs give freely of their facilities so as we can prepare our team.

Finally, I wish to thank the supporters who always come out in huge numbers to support the lads and have been with us on our many journeys over the years. Your unwavering support is greatly appreciated by everyone involved with the team.



HEAD TO HEAD

MALACHY O'ROURKE

Muineachán Manager

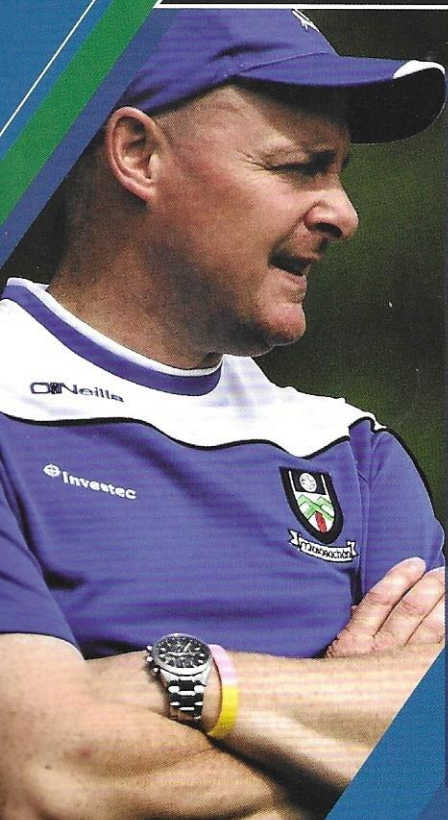
Going into injury time last Saturday evening it looked to most neutral observers that we were going out of this year's Ulster Championship. However, the boys showed tremendous courage and strength of character to conjure up two scores which allow us to get another chance to earn that elusive spot in the 2016 Ulster senior football Final.

Ourselves and Donegal have built up a keen rivalry over the last number of years and we hope that today's contest showcases all that is good in the GAA and that both teams can be proud of their involvement at the end of the 70 minutes.

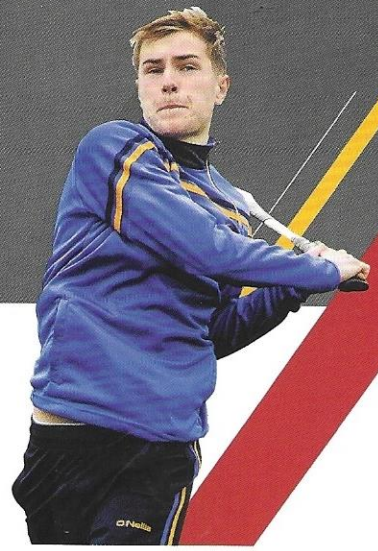
I want to again thank the entire panel of players for their tremendous application and dedication so far this year. I also want to say thanks to all members of the backroom team for their tireless work in order to give the players the best chance of success.

A special word of thanks to the Monaghan County Board for their staunch support and also Michael Cullen and Investec for their unrelenting encouragement and assistance as the main team sponsor and also Matt Moran and the FKM group for coming on board as the Tier 2 sponsor. For all the other Sponsors and people who do so much to aid the Teams preparations including Club Monaghan and Monaghan GAA club in New York - a massive Thank you.

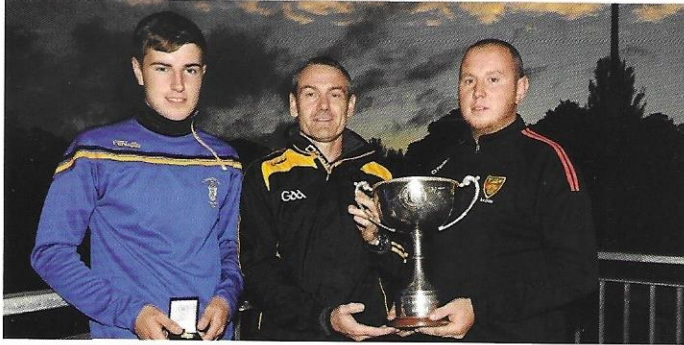
Finally I want to say a big thank you to our supporters who turn out in such numbers to get behind the team. We ask you to be more vocal than ever this evening in an effort to spur the boys on to another famous victory.



Poc Fada 2016



Ulster GAA Treasurer Ciaran McLaughlin with U16 Ulster Poc Fada winner Dominic McEnhill (Antrim) and Senior Ulster Poc Fada winner Karol Keating (Down).



Following a heavy downpour of rain a small band of hurlers took to the hills just outside Omagh a fortnight ago where they competed for the Ulster title for the longest puck of a sliotar.

County champions from across the Province battled the elements and set off to compete in very wet underfoot conditions at the height of the Pigeon Top.

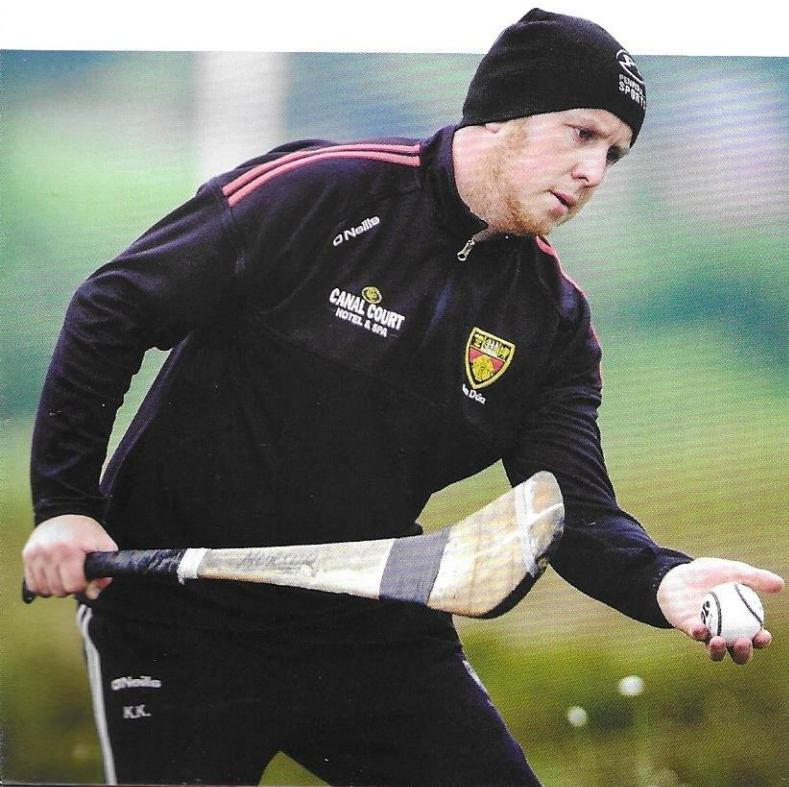
Competition took place in Senior and Under 16 categories and after two hours of hard and long pucking the competitors turned the final corner to tackle the last hill.

Dominic McEnhill from Antrim triumphed in the Under 16 category. Following a consistent round of striking, he had a score of 28 pucks with five shots to

spare over nearest competitor Ciaran Watson from Down. A special mention must be made to Armagh's Oisín Hughes who despite bowing out of the event after losing two sliotars in the boggy conditions displayed excellent sportsmanship through completing the course acting as a 'spotter' for the Cavan competitor Eoghan McGrath.

In the Senior event, following several years of knocking at the door, Karol Keating, from County Down showed tremendous character to win home by the narrowest of margins over Derry's Ruairi Convery. The winning score of 23 pucks was an exceptional performance over such tricky conditions.

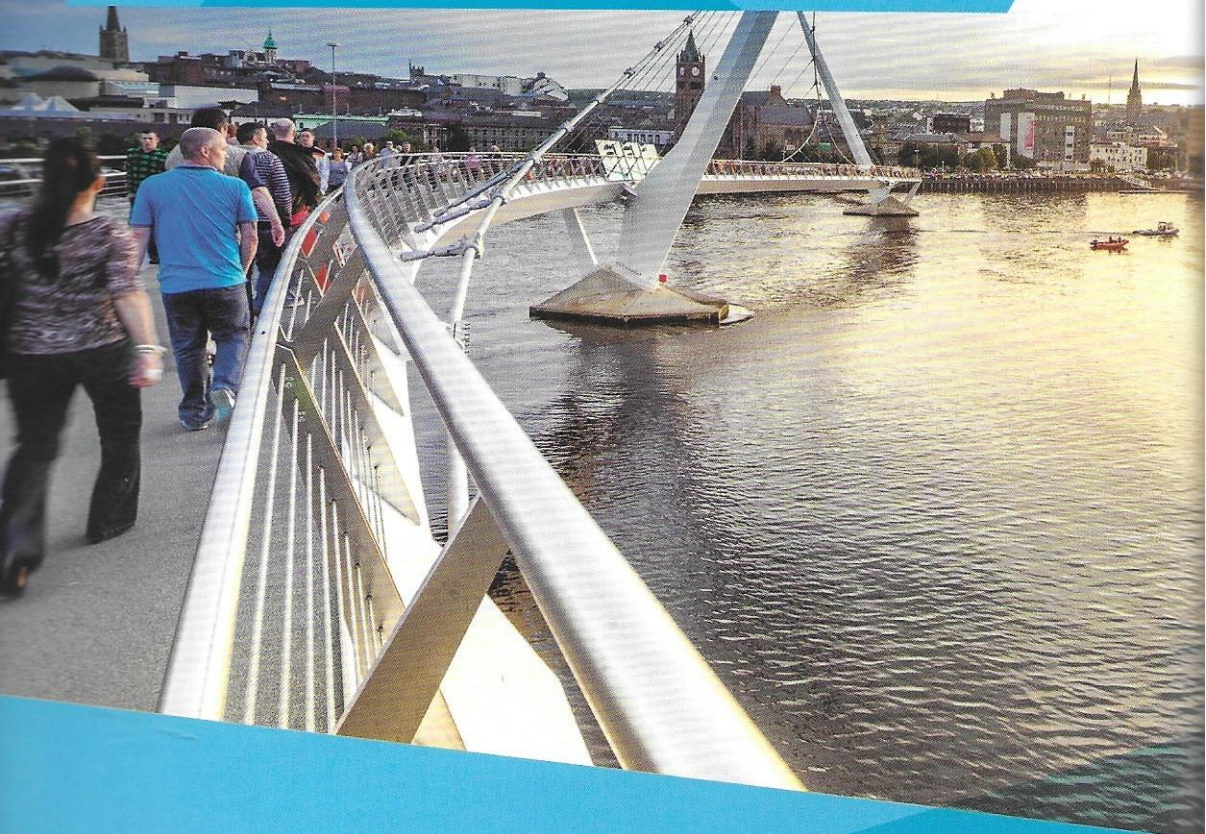
Ulster GAA would like to thank County Tyrone for hosting the event and in particular the Drumragh Sarsfields club who provided their facilities and refreshments after the event.





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Extra time required



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