



DÚN NA NGALL v FEAR MANACH

QUARTER-FINAL SUN 12TH JUNE 2.00PM
PÁIRC MACCUMHAILL, BALLYBOFÉY



**AONTROIM
v DOIRE**

NWP ULSTER GAA CAMOGIE
SENIOR CHAMPIONSHIP FINAL
THROW IN 12:00pm

€3/£3

Clár Oifigiúil | Rúnai *D. O'Murchú*

ULSTER
SENIOR
CHAMPIONSHIPS



CUMANN
CAMOGAÍOCHT
ULADH
ULSTER CAMOGIE



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V



TODAY'S GAMES

SUNDAY 12TH JUNE 2016
AT BALLYBOFEY

NWP ULSTER GAA CAMOGIE SENIOR CHAMPIONSHIP FINAL

THROW IN 12:00pm

ULSTER GAA FOOTBALL SENIOR CHAMPIONSHIP QUARTER FINAL

THROW IN 2:00pm



**AONTROIM
V DOIRE**



**DÚN NA NGALL
V FEAR MANACH**

Referee: Phil McDonald (An Cabhán)
Standby: Julie O'Neill (Ard Mhacha)
Linesperson: Rosemary Hughes-Merry
(Muineachán)
Sideline Official: Noel Mullaney (Muineachán)

Referee: Maurice Deegan (Laois)
Standby: Sean Hurson (Tír Eoghain)
Linesman: Jerome Henry (Maigh Eo)
Sideline Official: John Gilmartin (Sligeach)
Umpires: Tomas Moore, Kevin O'Brien,
Sean Langton & John Flynn

Phil McDonald (An Cabhán)

Phil has been refereeing camogie and hurling for over 20 years and has refereed at the highest level with experience in Senior League and Championship.



Some of Phil's biggest achievements have been the National League Division 3 Final and several All Ireland Minor Finals, the most recent being this year between Antrim and Derry.

Outside of refereeing Phil plays a key role in Cavan camogie and was PRO for 17 years. Phil is married to Tina and is the proud father to two daughters, Aoife and Ciara.

Maurice Deegan (Laois)

Maurice brings plenty of big match experience to his refereeing. He refereed the All Ireland Senior Final between Kerry and Tyrone in 2008 and Donegal and Mayo in 2012.



Early in 2008 he took charge of the All-Ireland Club Senior Semi-Final between Nemo Rangers and Ballina Stephenites.

He walked into history in 2005 as the first Laois man to referee an All-Ireland Minor Final. That year he also controlled All-Ireland finals at Intermediate Club and Under 21 levels. In 2011, he took charge of the Ulster Senior Football Championship Final.

He won two Senior Football Championship medals with Stradbally.

DISCLAIMER

All the information in the programme is reproduced in good faith. The publishers are not liable for any advertising or contribution in this issue. BUIOCHAS: Comhairle Uileadh would like to thank the County Boards and all other contributors for their assistance in the compilation of this programme. We'd also like to take this opportunity to thank all the players, management and backroom staff for their efforts today. Finally we thank all the supporters who have attended today's match, without you the championship just wouldn't be the same.



Micheal Ó hÓsain
Uachtarán Chomhairle Uladh

RÉAMHFHOCAL

PRESIDENT'S FOREWORD

Ba mhaith liom fáilte a chur roimh na foirne agus an lucht leanúna a tháinig go Páirc MacCumhaill inniu ó Dhún na nGall agus ó Fear Manach. Molaim go hard gach duine a chuidigh leis na himreoirí seo thar na mblianta le ullmhú le himirt ag an ardchaighdeán spóirt seo.

Welcome to the 2016 Ulster Senior Football Championship fixture between Donegal and Fermanagh here in Páirc MacCumhaill, Ballybofey today. The record books show that Donegal have collected the USFC on 8 occasions and all since 1972. Seamus Bonnar (RIP) recording 6 goals and 4 points in 1974 is the highest goal scorer recorded, in any one season in the Ulster Senior Football Championship. Joe Winstone in 1972, Martin McHugh in 1989 and Manus Boyle in 1990 were the championships top scorers in those years.

Fermanagh have contested the final on four occasions, came close to their first title in 2008 after missing out on a replay. P.T. Tracey in 1966 and Rory Gallagher in 2000, 2001 and 2002 were the championship top scorers during those years. Both counties had solid league campaigns with Dún na nGall and Fear Manach both retaining their Division 1 and Division 2 status respectively.

The GAA is stronger as a family and that is why I am pleased to state that discussions continue to integrate all our codes into one community based GAA catering for all. In Ulster, we are proud that we have had this process in place since 2006 and we are a stronger association for it. Today we welcome the camogie teams from Aontroim and Doire to display their skills in the Ulster Senior Camogie Final, today they share equally the biggest stage that is the Ulster GAA Championship.

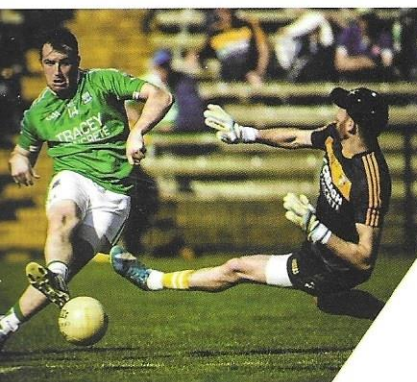
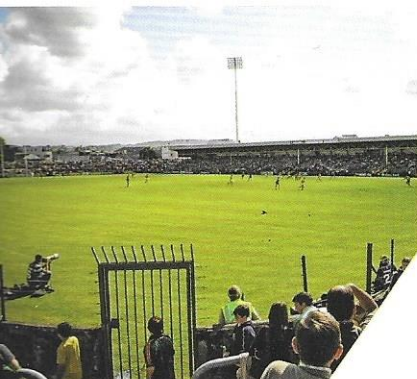
The half-time games continue to be a source of eagerness and joy for our stars of the future. We appreciate the input from the teachers and parents of the Cumann na mBunscol children as they display their skills at mid-point in the senior game. I acknowledge and thank all the Ulster Council and Dún na nGall GAA personnel involved in hosting today's games. Everyone plays their part; supporters and stewards, medics, match officials and players, sponsors, local authorities, media, County Boards and Provincial Council.

I also wish all four teams, their County Boards and management every success in their respective cutings today. To our match officials I wish them an enjoyable day and one that they play a significant role in ensuring fair play within the rules of our game.

Finally, to you the supporters; your attendance here today makes these summer Sundays the special events they have become. Your support, attendance and attention is highly valued and we hope the experience of today will encourage you to join us again at some stage over the summer before the 2016 resting place of the Anglo Celt Cup is confirmed.

Micheal Ó hÓsain

Micheal Ó hÓsain
Uachtarán Chomhairle Uladh



Amhrán na bhFiann

Sinne Fianna Fáil
A tá fé gheall ag Éirinn,
buion dár slua
Thar toinn do ráinig chugáinn,
Fé mhóid bheith saor.
Sean tír ár sinsir feasta
Ní fhagfar fé'n tíorán ná fé'n tráil
A nocht a théam sa bhearna bhaoil,
Le gearn ar Ghaeil chun báis nó saoil
Le guna screach fé lámhach na bpiléar
Seo libh canaídh Amhrán na bhFiann.



YOUR SAFETY

PLEASE MAKE IT A DAY TO REMEMBER

Please note the following regulations. We ask for your full co-operation with stewards and other volunteers who are doing their best to ensure you enjoy the match. If you fail to co-operate it may be necessary to refuse you entry or, if inside the stadium, to ask you to leave.

Please do not bring anything into the stadium that can be used as a weapon or that will cause interference with others. This includes fireworks, smoke canisters, bottles, flagpoles, banners. We do not allow alcohol in the ground. We ask you not to climb onto walls, stands and other buildings. Likewise, we ask you to refrain from making unnecessary noise that will annoy other spectators near you. That includes the likes of air horns or radios.

Please do not use foul, abusive or offensive language. There are families and children present. We ask you not to enter the field of play during or after the game for health and safety reasons. Occasionally we may be required to search patrons entering the ground. If you refuse to be searched you may be refused entry. Please do not obstruct gangways or stairwells etc. Also, please do not engage in behaviour that may cause a fire or other dangerous event.

The Officers on duty reserve the right to remove you from the ground if you do not comply with these simple regulations. Our intention is simply to ensure that all our supporters can enjoy the match.

FIRST AID

First Aid is provided at today's venue by Order of Malta personnel with ambulances located behind the main stand and underneath the scoreboard.

LOST CHILDREN

Children who have become separated from their parents/guardians should be brought to the designated First Aid Points.

SAFETY NOTICE

We have established this policy for health and safety reasons, to avoid serious injury or death. We thank you for your co-operation, and hope you enjoy the match.

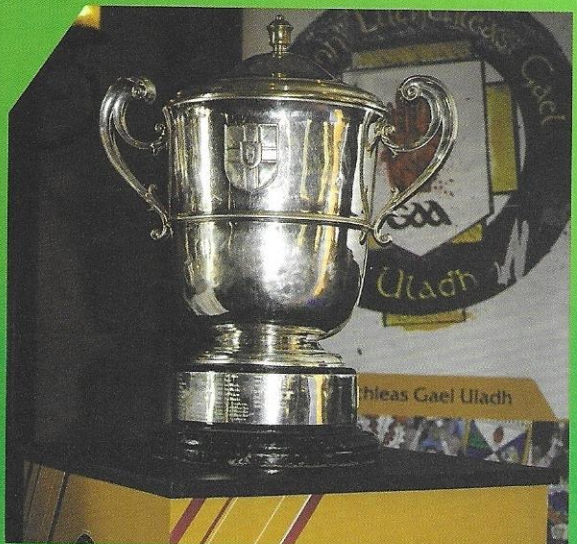


National Anthem Singer

Caitriona Solan, from CLG An Clochan Liath is the current Donegal County champion in Solo Singing, this being her fourth time to win the County Title. She has an interest in all genres of music but is first and foremost a keen traditional singer and musician.

CLÁR AN LAE

11.50am	Oifigigh an Cluiche amach ar an bPáirc
11.52am	Toss
12.00pm	Tús an Cluiche: Aontroim v Doire
12.31pm	Half Time / Leath Am
12.32pm	Entertainment / Siamsa
12.41pm	Start of Second Half / Tús an dara leath
1.14pm	Críoch an Chluiche Mionúir
1.33pm	Both County Secretaries to present Team Lists in Referees room
1.39pm	Dún na nGall amach ar an bPáirc
1.42pm	Fear Manach amach ar an bPáirc
1.45pm	Oifigigh an Cluiche amach ar an bPáirc
1.50pm	Toss
1.53pm	Paráid
1.58pm	Amhrán na bhFiann
2.00pm	Tús an Cluiche: Dún na nGall v Fear Manach
2.36pm	Half Time / Leath Am
2.38pm	Cluichí Exhibition
2.48pm	End of Exhibition Game
2.50pm	Conclusion of presentation
2.51pm	Start of Second Half / Tús an dara leath
3.30pm	End of Senior Game / Críoch an Chluiche Shinsir





CUMANN NA BUNSCOL

TODAY'S MINI GAMES



- 1 Dáithí McGroddy
- 2 Cormac McColgan
- 3 Daniel Carey
- 4 Leon Doherty

- 5 Oisín Porter
- 6 Caolan Reid
- 7 Pronnsais Molloy
- 8 Adam Duffy
- 9 Damian Weber

- Umlagh NS Carrigart
- Scoil Naomh Brid, Muff
- Bruckless NS
- Scoil Cholmcille, Letterkenny
- Scoil Iosagáin, Bunrana
- Termon NS
- Niall Mór Killybegs
- Gleneeley NS, Inisheoin
- Scoil Chaitríona, Ballyshannon

- 1 Cian Doherty
- 2 James Doherty
- 3 Matthew Winters
- 4 Patrick McDaid
- 5 Ryan Keenehan
- 6 Joe McLroy
- 7 Aaron Neilan
- 8 Pauraic Boyle
- 9 Aaron Mac Aoidh

- St Brigids, Glenmakee
- Gleneely NS Killygordon
- Illistrin NS
- Kilmacrennan NS
- Creevey NS Ballyshannon
- Aces NS, Burtonport
- Holy Family, Ballyshannon
- Mín an Aoire NS,
- Scoil Mhuire, Na Doirí Beaga



- 1 Matthew Gallagher
- 2 Corey Smith
- 3 Joseph Ferguson
- 4 Nathan Taylor
- 5 Oran Gilheaney
- 6 Ryan Gilleece
- 7 Shay Gibson
- 8 Jack Robinson
- 9 Conall McDonagh

- St Davog's PS Belleek
- St Ninnidh's PS Derrylin
- St John the Baptist PS Roscor
- Killyhommon PS Boho
- St Mary's PS Killesher
- Tattygar P.S Lisbellaw
- St Mary's PS Mullymesker
- Integrated Primary School
- St Mary's PS Brookeboro

- 1 Shea Muldoon
- 2 Kai McGoldrick
- 3 Eolann Farry
- 4 Odhran Curry
- 5 Pearse McDermott
- 6 Cian O'Brien
- 7 Cathaoir Doonan
- 8 Josh Killilea
- 9 Eoghan Hoy

- St Paul's Irvinestown
- St Ronan's PS Lisnaskea
- St Mary's PS Tempo
- Holy Trinity PS Enniskillen
- St Mary's PS Maguiresbridge
- St Martin's PS Garrison
- St Naile's PS Kinawley
- St Columban's PS Belcoo
- St Patrick's PS Derrygonnelly

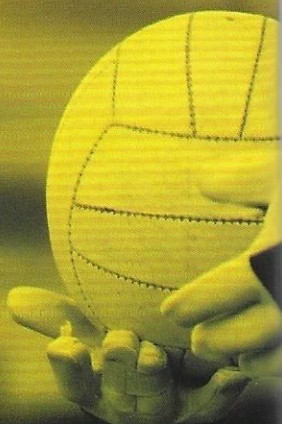
BBC SPORT NI

CHAMPIONSHIP COVERAGE

Listen to today's game live via bbc.co.uk/sportni and on **BBC Radio Ulster 1341MW**. Follow the latest news and reaction @bbcchampionship.

Have your say #BBCGAA

Next up: **Sun 19th June** - Ulster Semi Final - Tyrone v Cavan. Live from **1.50pm** on **BBC2 NI**.*



*Programme times are subject to change.

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An Tearmainn
Termon



Johnny Robinson

(Pettigo GAA)

The heartbeat of every parish in Ireland is its GAA club, and within those clubs there are some people that just epitomise the selfless dedication without fanfare that Cummann Luthchleas Gael gets from its members. In Pettigo Johnny Robinson is such a man.

Born and bred in Pettigo, Johnny grew up playing Gaelic Games in an era in Pettigo where the local accents on the field were supplemented by the passing imports of An Garda Síochána and The Customs. While most clubs look to their past footballing honours, Pettigo's victory was keeping a club going with very few players in this small rural community.

As the GAA bug had bitten Johnny he decided at the end of his career to get involved in coaching underage players, to build the base of players around Pettigo. Married to Helen and being the parents of 5, Johnny had the start of a team inside his own door with the 3 boys and two girls

all playing. With funds low, transport was Johnny's car helped by a few more locals. On one such journey Johnny's car had four eager faces in the front beside him and the six defenders in the back. Thankfully the West of Ireland accents were all watching Mayo lose another final that day.

Game over, win lose or draw the jerseys made their way to Helens kitchen and onto the clothes line. As the old adage goes "behind every Great man is a Great woman".

They say to get a job done "give it to a busy man" and so it was, with Johnny at times, manager, coach, secretary, treasurer, grounds man and all this while working with Marine Harvest Fish Farms. Johnny introduced Marine Harvest to the word Sponsorship with the result that Marine Harvest have provided jerseys, footballs and gear regularly to Pettigo.

With immigration, recession and dwindling numbers Johnny's taxi had to bring the Pettigo kids - U13, 14's, 16's and minors the 20 odd miles to Pairc Naomh Brid to form Naomh Brid/Pettigo. Then in 2016, in true Johnny style he got Marine Harvest to sponsor a Naomh Brid / Pettigo jersey an amalgamation of clubs and now an amalgamation of club colours.

As Club Chairman Colin McFarlane says "Johnny's done everything, he even togged out a few years ago, and scored a goal, to help field the team." Lining the pitch, doing referee, umpire, water carrier, fundraiser, representing the club at County Board Meetings his huge frame, houses a huge heart, driven by his love of Club and County.

"NOTHING BEATS BEING THERE" TO ENCOURAGE PEOPLE TO ATTEND CHAMPIONSHIP MATCHES THAT SUMMER. IN 2016 PETTIGO GAA WISH TO THANK OUR SPECIAL VOLUNTEER, JOHNNY ROBINSON, FOR ALWAYS BEING THERE!"



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V



CAMOGIE PREVIEW

GaelicLife

GAELIC LIFE

Alan Rodgers
a.rodgers@ulsterherald.com

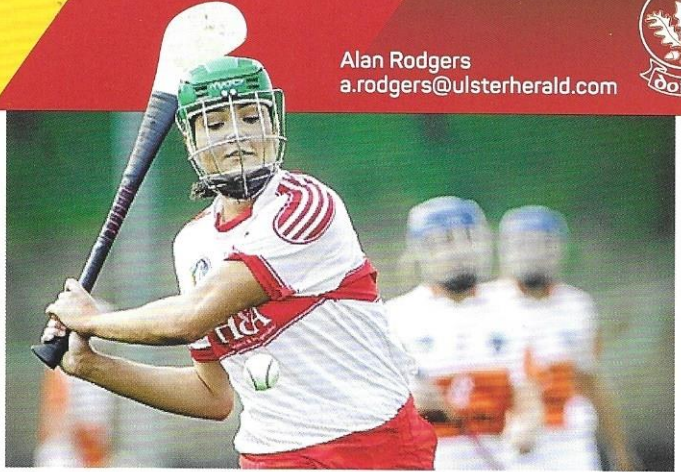
THE proud traditions of past and present-day success will be laid on the line during today's Ulster Camogie Final. It's a game which brings together two of the dominant forces in the province.

But while Derry are going for a fifth consecutive title, Antrim are aiming to reclaim past glories. Both teams will also be aiming to put difficult league campaigns behind them. The Saffrons barely got off the ground in the competition, although Derry at least can look to some good moments against top teams including Limerick, Waterford and Kilkenny. Derry defeated Armagh fairly comfortably in the Semi-Final with Antrim accounting for Down.

Derry manager, Ciaran Cunningham, has absolutely no doubts about their intentions entering this latest final.

"I'd be massively confident in the ability of our girls to produce a strong performance and record the win. You have to go into a final with the one aim of winning it," he said.

"To be honest, there's no point in winning a semi-final if you're not going to go out and produce



in the final and that's our aim. But the fact that we're going for a fifth title in a row does bring extra pressure and Antrim have some good club teams who are now the backbone of their side".

"The players have also been lining out with their clubs over the past few months to get that extra match practice. We're finding that it's very effective to see them putting the effort in at that level when it can be so difficult to get challenge matches down south. Our ultimate target has to be to reach an All-Ireland Senior Quarter Final."

Antrim captain, Una McNaughton, meanwhile, believes that their win over Down

at the penultimate stage has significance. She is one of a large number of the Antrim panel who are hoping to win their first Ulster medal. The team is managed by Conor Campbell.

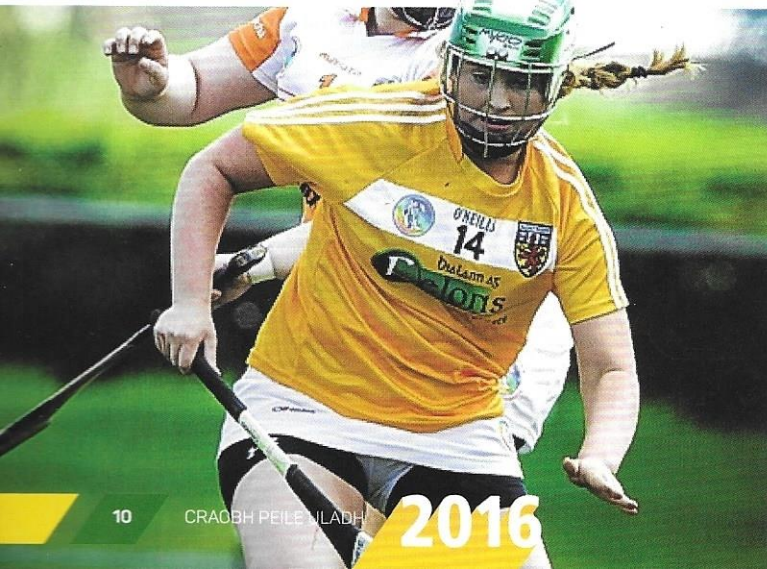
"We'd be happy enough with how our preparations have gone. The panel is fairly big, so there have been a couple of very competitive in-house matches," she said.


"The last time we played Derry was in the Ulster Semi-Final last year and they beat us fairly comfortably. They should benefit from the fact that they've been in Division One, but we're going into the game with a positive attitude.


"We have been trying to put things back on track over the past few months and the work put in by the players and management has been immense."


Both counties will enter their All-Ireland campaigns later this summer with the hope that an Ulster success provides them with the perfect platform.


AN ENTERTAINING TUSSLE IS ANTICIPATED, THEREFORE, ON WHAT IT IS HOPED WILL BE A DAY TO REMEMBER FOR ULSTER CAMOGIE GENERALLY.



DOWN 

 **CAVAN**


ANTRIM 


 **FERMANAGH**





2016


ULSTER
SENIOR FOOTBALL
CHAMPIONSHIP

 **DONEGAL**

TYRONE 

 **DERRY**

MONAGHAN 

 **ARMAGH**

#DARE2DREAM16

AONTROIM

ANTRIM CAMOGIE TEAM



Manager: Connor Campbell



FÍR IONAID/SUBSTITUTES

16. Eimear Boyle, Loch gCaol 17. Chloe Higgins, Loch gCaol 18. Maria Lynn, Loch gCaol
 19. Aine Connolly, Loch gCaol 20. Christine Laverty, Loch gCaol 21. Suzanne McKeown, Loch gCaol
 22. Hannah Devlin, Loch gCaol 23. Claire McKillop, Loch gCaol 24. Katie McKillop, Loch gCaol
 25. Finvola McVeigh, Loch gCaol 26. Kirsty McKendry, Loch gCaol

	Cóir	Cúlraí	Seacht	45	Saor	Ciceanna
1AD Leath						
2AD Leath						
Ionáin						

NOTES



DOIRE

DERRY CAMOGIE TEAM

Manager: Ciaran Cunningham



FÍR IONAIÐ/SUBSTITUTES

16. Sinead Conlon, Baile an Doire 17. Dania Donnelly, Baile na Scríne 18. Kelly-Marie Hegarty, Baile na Scríne
 19. Anita McCullough, Gleann an Iolair 20. Niamh Boylan, Gleann an Iolair 21. Sinead Faulkner, Baile Iarainn
 22. Niamh McQuillan, Suaitreach 23. Dervla O'Kane, Suaitreach 24. Mairead McNicholl, Suaitreach

	Cúil	Cúilíní	Seachai	45	Saor	Cíceanna
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2AD Leath	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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NOTES

LAOCHRA ULADH

DÚN NA NGALL SA BHLIAIN 1916



Chuaigh Éirí Amach na Cásca i bhfeidhm ar Dhún na nGall ins an dóigh céanna a raibh tionchar ag imeachtaí an tseachtain stairiúil sin i mí Aibreán 1916 ar an chuid eile den tír. Cé nár tharla morán ó thaobh troid sa chontae, bhí daoine as an chontae a raibh baint acu le cuid do na príomh imeachtaí agus daoine eile, cuid acu i measc na ceannairí a raibh dlúthchaidreamh agus leoga dlúth cheangailt acu le Dún na nGall.

The GAA in the County a century ago was practically non-existent. Donegal was the only county in Ulster not affiliated to the Ulster GAA Council. In his report to Ulster Convention early in 1917 secretary Eoin O'Duffy reported that "Despite the best efforts of Derry, Donegal has not yet come under the jurisdiction of Ulster. It is the only county in Ireland not to have its own County Board. In fact at that time the County Derry GAA League contained five Donegal teams—Cahir O Bunrana, Killea Harps, Burt Hibernians and Newtowncunningham Harps. A Derry motion to the Ulster GAA Convention – "That pending the formation of a County Board in Donegal that the northern portion of that county be included in Derry for GAA purposes" was agreed.

Donegal was very far away from the action in Dublin during Easter Week. So much so that Wednesdays edition (26th April 1916) of the Derry Journal (main local paper) could only report that there were "rumours of disorder" in Dublin. By Friday, news was still not getting through and the paper complained that the lack of telegraphs was leading to "alarmist and exaggerated reports" of the disturbances in Dublin.

Mary Emily, a step sister of Patrick Pearse lived in Carrowkeel Glebe, Fanad. She was a qualified midwife and married to Alfred Ignatius McGloughlin. The 1911 census states that her daughter Margaret and son in law James McGarvey were living with her. This family connection undoubtedly resulted in Patrick being a frequent visitor to the county. The Derry Journal of January 1918 reports that Margaret (Patrick's mother) and one of her daughters visited Derry after spending a holiday in Donegal.

Pearse visited Donegal a number of times to promote the spread of the Irish language, on behalf of the Gaelic League. It was for this purpose he came to visit Coliste Uladh in Gortahork where he gave a lecture and toured the Donegal Gaeltacht where meetings were held to increase recruitment of the Irish Volunteers.

Roger Casement also visited Donegal on numerous occasions where he learned Irish and visited many areas including Fanad, Portsalon, Tory Island, Cloughaneely and Glenties. Casement attended Coliste Uladh and donated £100 for the building of the college hall.

The landing of arms by The Asgard in Howth in 1914 is regarded as one of the pivotal roles in the Easter Week Rising of 1916.

Amongst the crew of six were two Donegal men from Gola Island. Paidí Dhónaill Mac Fhionnghaile (1890-1970) and his friend Séarlas Ó Dúgain (1878-1958) who like Mac Fhionnghaile was a fisherman, sailor and native Irish speaker.

Among those at the GPO with Pearse was Joseph Sweeney from Burtonport (1897-1980). Sweeney was then a 19 year old student at UCD. He had been a pupil of Pearse's in St Enda's and still lived there in 1916 acting as a courier and explosive maker. He was one of James Connolly's stretcher bearers following the surrender. He was interned in Frongoch after the Rising.

Others from Donegal who took part in the Easter Rising in Dublin were brothers Connor and Eunan McGinley sons of Cu Uradh (Peter Toner McGinley) cousins of Dr. J.P. McGinley Letterkenny. Donnchadha McNelis (1887-1954) of Glencolmille an expert toolmaker was one of the first to join the Irish Volunteers at their inception in Cork.

One of the first people to die on Easter Monday was Charles McGee from Innishbofin Island who was a constable in the R.I.C. stationed in Castlebellingham Co Louth.

Tá athraithe mór ar Éirinn le céad bliain anuas ach tá sé tábhachtach nach ndéanaidh muid dearmad ar an obairt a rinne fir agus mná 1916. Ar dheis Dé go raibh a nanamnacha.

*Padraig Ó Connachtaín
(Dún na nGall)*

LAOCHRA ULADH

FEAR MANACH SA BHLIAIN 1916



De réir dealraimh, chaith Eilís Ní Scolláin tamall i bpríosún de bharr imeachtaí Poblachtanaigh.

The women of Fermanagh were also to the fore in the Rising and Kate McGinn supported her 2 sons, Romuald and Conway and Cissy Maguire, sister of PJ, was in Cumann na mBan. Apparently Elizabeth Scollan spent some time in prison for Republican Activities.

De réir scéalta, bhí Ó Donnabháin Rossa i bhFear Manach

Sa leabhar a scríobh Peadar Livingstone "An Scéal Fear Manach" (The Fermanagh Story) luaitear dáréag as Fear Manach a throid san Éirí Amach 1916. Ina measc bhí tríúr Protastúnach, (Scott, Wilson agus Irvine), tríúr as Doire Ó gConaile, Mag Uidhir, Ó Dufaigh, agus Ó Miacháin chomh maith le Seán Seosamh Ó Scollain, Eoghan Ó hUaine, Pilib Ó Casaide, agus tríúr as Lios na Scéitheach níl a fhios again cad is ainm dóibh.

In the book written by Peadar Livingstone, "The Fermanagh Story", 12 people from Fermanagh are mentioned who fought in the 1916 Rising. Among them there were 3 Protestants, (Scott, Wilson, & Irvine), 3 from Derrygonnelly (McGuire, Duffy & Meehan) as well as John Joseph Scollan, Owen Greene & Philip Cassidy and three men from Lisnaskea and we don't know their names as so far they haven't been revealed in records.

San alt a scríobh Máirtín Ó Catháin "Mícheál Ó Coileáin agus Alban", cuireann Máirtín Ó Catháin síos ar Thomás Mac Domhnaill as an lompú Deiseal mar dhuine a bhunaigh Sinn Féin in Albain. De réir Ó Catháin, bhí Mac Domhnaill i mBaile Átha Cliath i rith Éirí Amach na Cásca ach níor ghlac sé páirt ann.

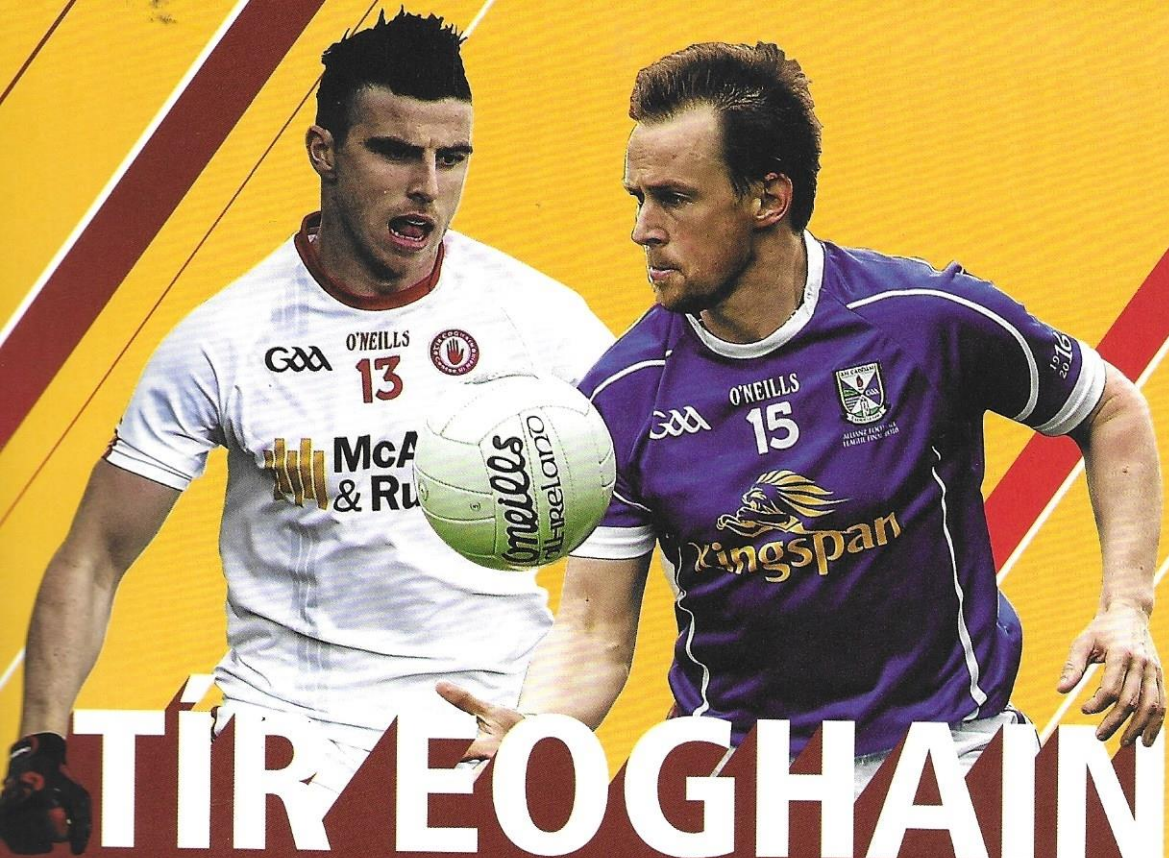
In the article Máirtín Ó Catháin wrote about "Michael Collins and Scotland" he described Thomas McDonnell from Tempo as someone who founded Sinn Féin in Scotland. According to Ó Catháin though, McDonnell was in Dublin during the Rising but didn't take part in it.

Bhí na mná as Fear Manach chun tosaigh san Éirí Amach freisin agus thug Cáit Níc gCinn tacaíocht dá beirt mhac, Romuald agus Conway, agus bhí Cissí Nig Uidhir, deirfúir PJ, i gCumann na mBan.

ag deireadh an Naoú Aois déag chun an IRB a eagrú. Tháinig sé ón Bhoth i gCo Mhuineacháin go dtí Ros Liath agus Lios na Scéithe. Agus ba é ag torradh Ó Donnabháin Rossa a ghlaigh Pádraig mac Piarais na daoine chun dul chuig Réabhlóid agus ba é seo mar phríomhchúis le Éirí Amach na Cásca 1916.

According to stories, O'Donovan Rossa came to Fermanagh at the end of the 19th Century to organise the IRB. He came from Scotstown in Monaghan to Roslea and Lisnaskea. It was at the funeral of O'Donovan Rossa that Pádraig Mac Piarais called people to rebellion / revolution and this was the main cause of the 1916 Easter Rising.

*Maire Nic Suibhne
(Fear Manach)*



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240,000

Approx. 240,000 spectators in total attended major Ulster GAA controlled fixtures in 2015.

90,000

Active players of Gaelic Games



142,000

Over 137,000 spectators attended the Ulster Football & Hurling Championships in 2015.



36,000

Spectators approximately attended the 2016 Bank of Ireland McKenna Cup.

250,000

Members of the GAA in Ulster

15,000

In 2015 15,000 GAA members took part in Ulster GAA Health and Wellbeing initiatives.



30,000

The Ulster GAA web-site receives approximately 30,000 hits per month

25,000

In 2015 approximately 25,000 games were organised and played within the Province of Ulster.

45,000

Approximately 45,000 spectators attended the 2015 Ulster GAA Club Championship.



85%

As a grassroots community based not for profit organisation, Ulster GAA reinvests approx 85% of its income to grassroots development at County and Club level.

28,000

Children were coached as part of the Foundation and Key-stage 1 Schools programme in 2015.

400

Delegates attend the Ulster GAA Club & Community Conference Annually.

42%

of volunteering on the island of Ireland comes from the GAA.

500

Delegates attended the O'Neills Ulster GAA Coaching and Games Conference Annually.



29,700

Facebook followers



49,500

Twitter followers

SENIOR PREVIEW

THE IRISH NEWS

@IRISHNEWSSPORT

Michael McWilliams
m.mcwilliams@irishnews.com

THE last time Fermanagh travelled to Ballybofey for an Ulster Senior Football Championship game, Rory Gallagher was a central figure.

The year was 2001, May 13 to be precise, and Mac Cumhaill Park played host to a Preliminary Round clash between the counties. The previous season, the Ernemen had knocked their more illustrious neighbours out of the provincial race at the Quarter Final stage, with Gallagher scoring 1-6 as his native county won by four points, 1-13 to 0-12, at Brewster Park.

Some 11 months later, Gallagher was at it again, knocking over six points as his side forged ahead of their hosts, before a late surge from the Tir Chonaill men forced a draw. Six days later, back in the Erne County for the replay,

Gallagher, at the peak of his scoring powers, fired 0-7 as his team won by a single point, 1-9 to 0-11, to reach the last four in Ulster.

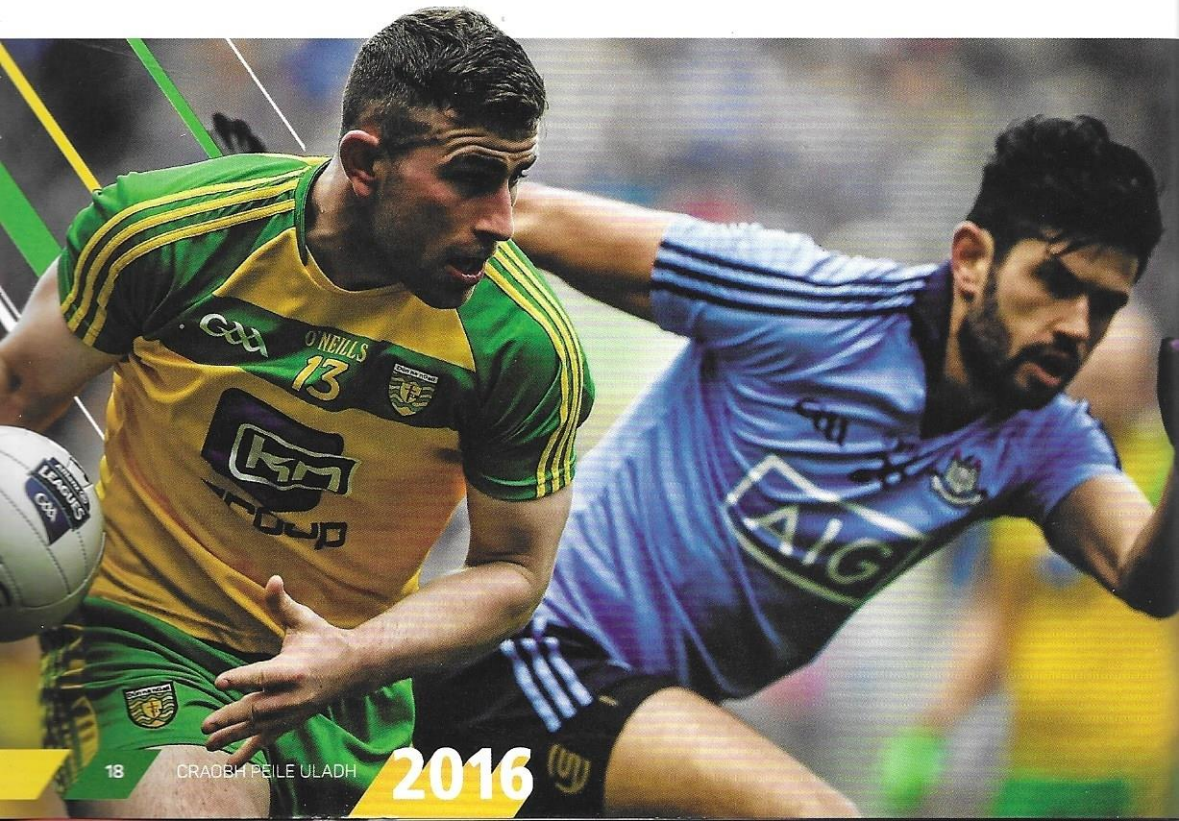
Fast-forward a decade-and-a-half, and Gallagher is in the other camp, tasked with masterminding Donegal's effort against Pete McGrath's Fermanagh this afternoon. He was the scourge of the Tir Chonaill men at the turn of the century, and all conventional wisdom suggests he will once more be on the winning side this time around.

This is an intriguing clash between a seasoned, much-decorated unit in Donegal and a promising team on the up in Fermanagh. Yet the bookies see it as a one-horse race, with Donegal as short as 1/4 to progress to a provincial semi-final,

with their neighbours available at 4/1. So will it be as easy as that for Gallagher and his warriors?

Well, no, it won't be easy. The Ernemen are definitely on the rise, and in many ways they can play today's game without any pressure. While all the pre-National League talk was of a tilt at promotion, consolidation in Division Two was probably the main aim, and that goal was achieved – albeit by the very narrowest of margins – thanks to draws with Galway and Tyrone on their last two outings.

The latter result, in particular, shows that McGrath's men can mix it with the so-called big boys of the game, and while the Red Hands had already secured promotion to the top flight, it will have filled the Ernemen with confidence.



THIS IS AN INTRIGUING CLASH BETWEEN A SEASONED, MUCH-DECORATED UNIT IN DONEGAL AND A PROMISING TEAM ON THE UP IN FERMANAGH.



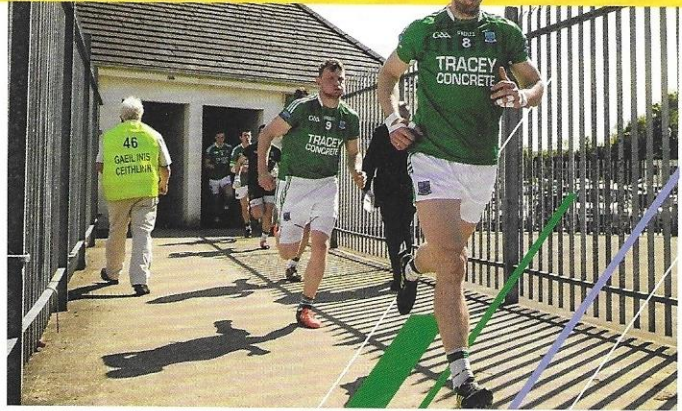
That belief, which grew immeasurably during the march to the All-Ireland quarter-finals last term, was again in evidence in the way they swatted aside Antrim in the Preliminary Round on May 15.

A fixture that in previous years could've proved a banana skin was negotiated with the minimum of fuss as McGrath's men won 1-12 to 0-9 while easing down. The very fact they had that outing less than a month ago should mean Fermanagh run out for today's clash with an advantage in terms of match fitness.

By contrast, Donegal have not seen competitive action since their heavy defeat to Dublin in the Division One Semi Final at the start of April. The manner of that 1-20 to 0-13 defeat will not have rested easy with Tir Chonaill followers either, with some pundits suggesting it was further evidence that this team were slipping down the wrong side of the hill.

But you write any team that contains the experience and pedigree of Neil McGee, Michael Murphy, Frank McGlynn, Neil Gallagher and Colm McFadden off at your peril. Rory Gallagher and his backroom team knew going into that Dublin game that it was a full nine weeks until they would be the last team into Ulster SFC action.

Donegal weren't at their peak in terms of match readiness, but that will not be the case this afternoon, and after that lay-off their players will be itching to get going. While the defeat to Dublin left a bad taste in the mouth that will only be got rid of with a win over Fermanagh, the League



campaign was still a qualified success at least.

Not only did Donegal underline their status as one of the top teams in the country by finishing in the top four, but they also managed to blood a number of young players to boost a panel that has been around the block on more than one occasion.

It should not be forgotten that they played in an All-Ireland Final as recently as 2014, and while last season, Gallagher's first at the helm, did not go quite to plan, they still reached an Ulster Final for the fifth year on the bounce.

On the same day as they lost to Kerry in the 2014 Final, the minors also lost out to the Kingdom, and a number of players from that team were filtered into the senior set-up over the spring. Ciaran Gillespie, Eoghan Gallagher, Caolan McGonagle and Michael Gallagher all saw decent game-time during the League and there was enough to suggest they can play a role during the summer.

Add their promise to the experienced core that already exists, and it is not hard to see why Donegal still see themselves as one of the realistic contenders

for Ulster and All-Ireland glory. Of course, Fermanagh also have serious talent in their ranks, with charismatic forward Sean Quigley and Tomas Corrigan, perhaps the best scoring forward the county has produced since the current Donegal manager, capable of troubling any defence.

In addition, captain Eoin Donnelly would find a place in most midfields in the country, and his performance in that sector will have a big bearing on his side's fortunes. That said, it is hard to get away from the fact Donegal are big favourites for a reason.

They might have a good few miles on the clock, but the likes of Murphy, Patrick McBrearty and the McHugh brothers are still young men with a number of years at the top still ahead of them and they will be keen to wrest back the Anglo-Celt Cup, having lost it to Monaghan last July.

Rory Gallagher tended to emerge on the right side of the scoreline when these sides met around the turn of the century. He should do so once more this afternoon.



ONE MINUTE WITH...

HUGH McFADDEN

Club: Na Cealla Beaga

Favourite Position: Midfield

Favourite Pitch:
McDevitt Park (Old Fintra)

Hobbies: Soccer, Cards

Childhood hero: Roy Keane,
Daniel Breslin & Colm McFadden

Best Player you have played with: Michael Murphy

Best Player you have played against: David Moran

Best game you have been involved in: Dublin v Donegal
2014 All-Ireland Semi-Final

Best game you have ever seen:
Donegal v Cork 2012

Best trainer within the squad:
Ryan McHugh

Worst trainer within the squad:
Eoin McHugh when he's in a huff...

Worst training drill:
'Run, Jump, Sprint And Dive'

Best motivator within the squad: Rory Kavanagh while Eamonn McGee always has a smart word to say

Pre Match meal:
Soup and Sandwiches

Any superstitions: None really

Favourite Song:
Homes of Donegal

Favourite Film: Gladiator

Favourite Holiday Destination:
Dubai

Favourite Drink: Pint of Coke

Favourite Meal:
Melly's Fish and Chips

Biggest influence on career:
My Dad, Rory Gallagher, Maxi Curran & Declan Gallagher

Club Volunteer of note:
Peter McGinley

Song you listen to before big games: 'Old Thing Back'

Most important skill:
Winning the ball

Biggest Strength in your game:
Emphatic Speed...

Area of your game you would like to improve: Goal scoring

Which club do you like to see do well apart from your own:
Donegal Boston – a lot of our boys from home out there

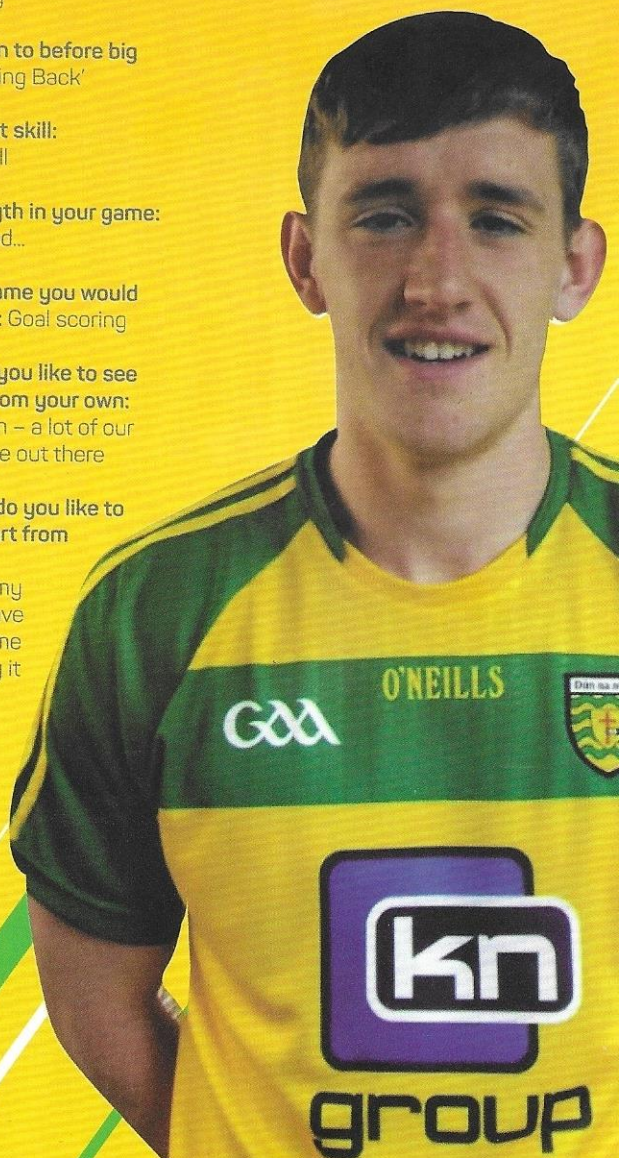
Which county do you like to see do well apart from your own:
Roscommon... my housemates have been plaguing me for years to say it

Advice for youngsters: Play and train everyday like it's your last

Young Player within your club to look out for: Ryan Cunningham

Best thing about the GAA:
The game of football itself

 @hughmcfadden





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STATS 2016

THE FACTS



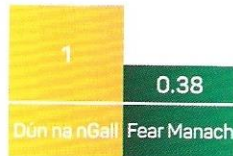
DÚN NA NGALL V FEAR MANACH



AVERAGE SCORE



AVERAGE GOALS SCORED



AVERAGE GOALS CONCEDED



TOP SCORER



THE FACTS

At this stage games are shaping up to be much closer. In this case a goal could be the difference. Fermanagh might have to find the net to get close.

GaelicLife

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FIXTURES

ULSTER SENIOR CHAMPIONSHIPS





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Since opening in 1953 Casement Park has played a significant role in the development, promotion and profile of Gaelic Games in Belfast, Antrim and Ulster.

In 2016 we are looking forward to a new era and a new modern stadium; we are excited at the prospect of Casement also becoming the home of Ulster GAA.

Today we are proud to announce that we are preparing a new planning application for the redevelopment of the Casement Park site. This new application will proceed after completion of a thorough assessment of the potential environmental impacts

and following extensive community consultation where we will seek to hear the views of interested parties across West Belfast, Belfast City and further afield.

The wide reaching consultation will last for 20 weeks and we want to hear from you throughout this period. Your views will help inform the design of the new Casement Park Stadium during Stage 1. Once the design has progressed Stage 2 can begin

and we will seek more feedback in Summer/Autumn 2016.

Our calendar of activity will aim to ensure it is as easy as possible to keep in touch and we look forward to hearing from you in the coming months. We will welcome your views at a series of events across West Belfast and at various unmanned stands so be sure to look out for matches and in your local area.

Please do join us as we look forward to a new stadium at Casement Park

Look out for our unmanned stands: At various locations throughout West Belfast including Conway Mill, Colin Glen Forest Park, An Cultúrlann McAdam Ó Fiaich, Andersonstown Leisure centre & O'Neill's shop in Kennedy Centre. *There are feedback forms available at the unmanned displays.*

To keep up to date with all our activity: Please follow us on our social media channels and via our website casementpark.ie or look out for advertisements in your local paper.

Come and see us: We will host a series of events in the coming weeks which will allow us to hear your views and share our vision for a redeveloped Casement Park, the facilities and all the associated benefits. Watch out for dates & venues on our social media channels and our website.



CUMANN CAMBÓRACHA ULADH ULSTER CAMBOGUE

GAA HANDBALL

CULADH LOFA

Note: It is important to note that any comments you make to us during this consultation process do not affect your statutory rights to make further representations to the D or your local council whenever the planning application has been submitted..



DÚN NA NGALL

DONEGAL SENIOR TEAM

Manager: Rory Gallagher



FÍR IONAIÐ/SUBSTITUTES

16. Peter Boyle, Aodh Ruadh B.A.S. 17. Eamonn McGee, Gaoth Dobhair 18. Eoin McHugh, Cill Chartha
 19. Eamonn Doherty, Naomh Adhamhnáin 20. Ciaran Gillespie, Gaoth Dobhair
 21. Eoghan Bán Gallagher, Na Cealla Beaga 22. Mark McHugh, Cill Chartha 23. Christy Toye, Naomh Mícheál
 24. Colm A. McFadden, Naomh Mícheál 25. Mícheál Carroll, Gaoth Dobhair 26. Darrach O' Connor, Bun Crannac

	Cúil	Cúinne	Seachal	45	Seor	Cloisne
1AD Leath						
2AD Leath						
Ionán						

NOTES

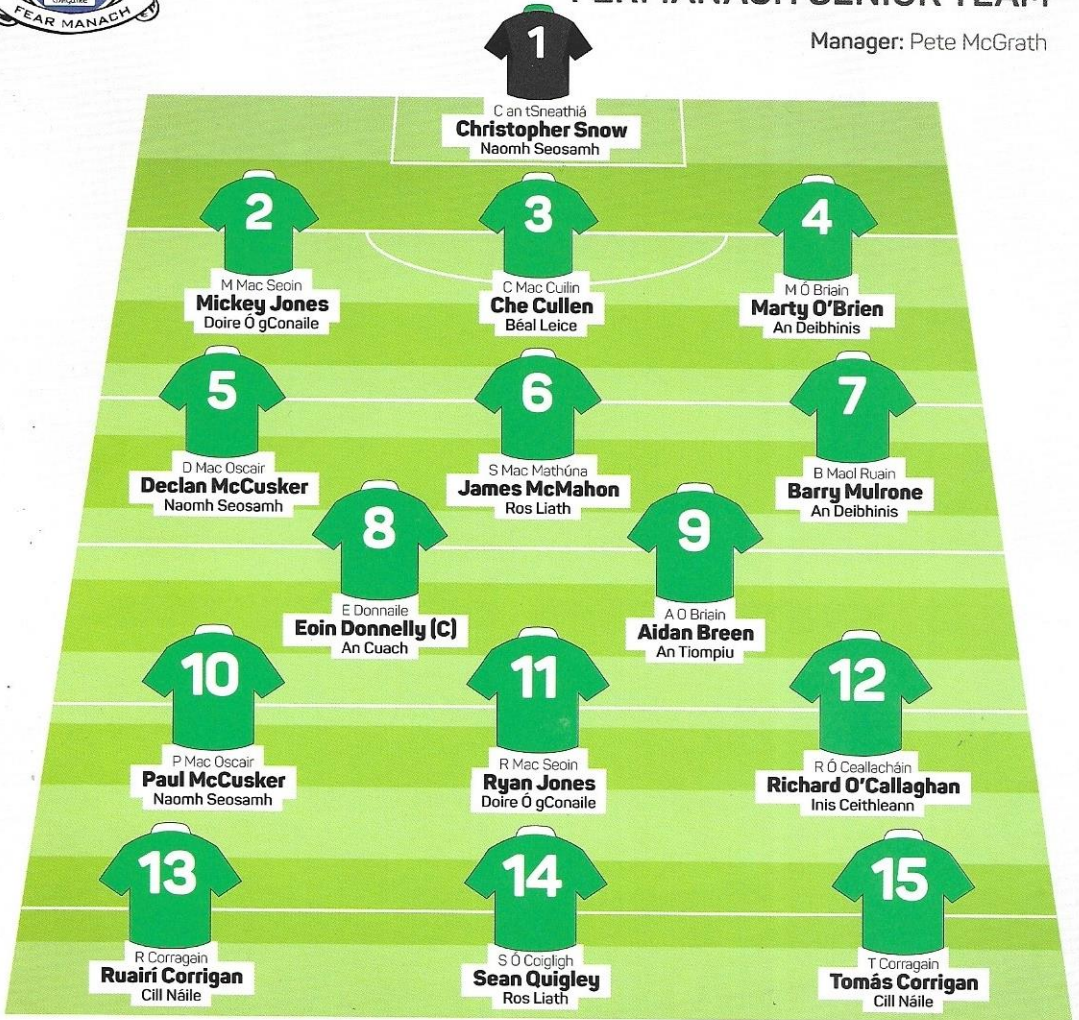




FEAR MANACH

FERMANAGH SENIOR TEAM

Manager: Pete McGrath



FÍR IONAIÐ/SUBSTITUTES

16. Thomas Treacy, An Deibhinis 17. Ciarán Flaherty, Beal Cú 18. Conall Jones, Doire Ó gConaile
19. Cian McManus, Tigh Mor 20. Damian Kelly, An Tiompiu 21. Daniel Teague, Droichead Mhig Uidhir
22. James Duffy, Na Cearna 23. Kane Connor, Beal na Leice 24. Niall Cassidy, Ros Liath
25. Pat Cadden, Naomh Padraig 26. Ryan Lyons, Gaeil na h-Eirne

	Cúil	Cúilíní	Seachal	45	Saor	Ciceanna
1AD Leath						
2AD Leath						
tomlán						

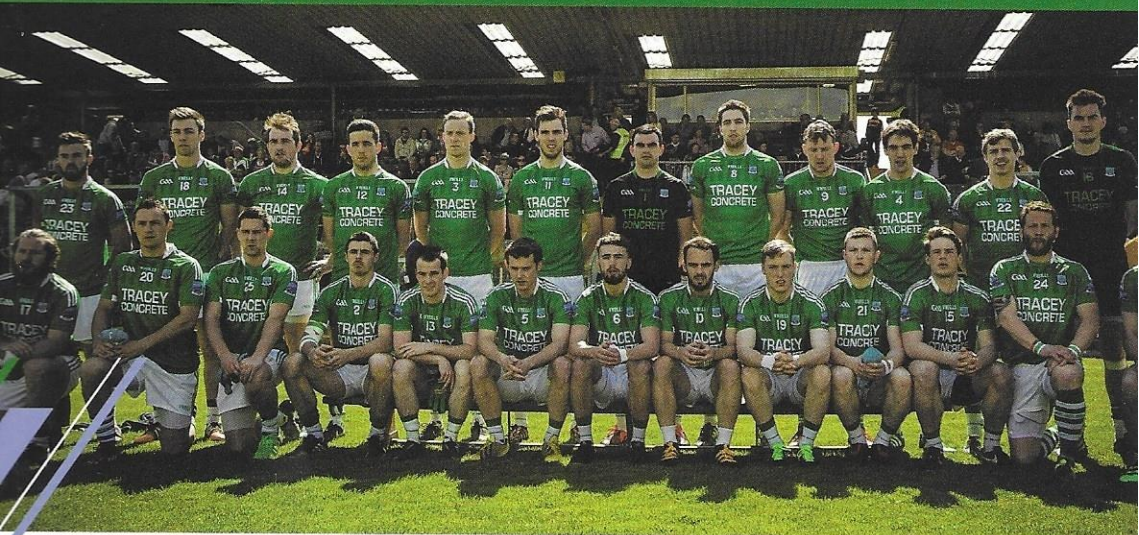
NOTES



OFFICIAL SPONSORS

FEAR MANACH

PEN PICS



Ainm	Aois	Airde	Meáchan
Aiden Breen	23	5ft 10	13st
Pat Cadden	29	5ft 10	12st
Barry Mulrone	28	5ft 10	14st
Che Cullen	22	6ft 2	14st
Chris Snow	27	5ft 10	13st
Ciaran Flaherty	28	5ft 9	13st
Conall Jones	22	5ft 8	13st
Daniel Teague	28	5ft 11	13st
Cian McManus	28	6ft 1	13st
Declan McCusker	25	5ft 9	12st
Eamon McHugh	27	5ft 9	12st
Eoin Donnelly	28	6ft 2	14st
Eoin McManus	20	6ft 0	13st
James Allen	20	6ft 0	13st
James Duffy	23	5ft 8	12st
James McMahan	21	5ft 10	12st
Martin O'Brien	28	5ft 11	12st
Michael Jones	28	5ft 11	12st

AVERAGE AGE IS 25 YEARS

Ainm	Aois	Airde	Meáchan
Niall Cassidy	34	5ft 9	12st
Paul McCusker	27	5ft 8	12st
Richard O'Callaghan	24	6ft 1	14st
Ruairi Corrigan	23	5ft 7	12st
Ryan Jones	25	6ft 2	12st
Ryan Lyons	22	6ft	13st
Ryan McCluskey	34	5ft 11	13st
Sean McManus	21	5ft 10	12st
Sean Quigley	22	6ft 1	13st
Paddy McGovern	24	6ft 2	12st
Conor McAuley	20	6ft 2	13st
Thomas Treacy	25	6ft 2	14st
Ryan Hanna	27	5ft 9	12st
Tomas Corrigan	24	5ft 8	12st
Damien Kelly	31	5ft 11	13st
Tomas Clarke	21	6ft 4	14st
Patrick Reihill	20	5ft 11	13st
Kane Connor	23	5ft 10	12st

AVERAGE WEIGHT IS 12.5st

"THIS GAME AGAINST DONEGAL IS ANOTHER MILESTONE ALONG THAT ROAD AND IT WILL TELL US A LOT ABOUT WHERE WE ARE."

Fermanagh Manager, Pete McGrath

A photograph of two hurlers in action. One player in a green jersey is jumping high, reaching for a white sliotar (ball) with his hands. Another player in a yellow jersey is also jumping, looking up at the ball. The background is a blurred green field. The text "#EveryBall" is in the top right corner.

#EveryBall

EVERY kick out

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THE IRISH NEWS

Analysis Opinion Insight

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WITH COMPREHENSIVE STATS IN MONDAY'S IRISH NEWS



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LETTERKENNY:

LORETO SECONDARY
SCHOOL

4TH-8TH JULY

FEAR MANACH

INIS CEITHLEANN/
ENNISKILLEN:

ST FANCHEA'S COLLEGE

25TH-29TH JULY

TUILLEADH EOLAIS: michaelafoundation.com



ONE MINUTE WITH...



BARRY MULRONE

Club: Devenish

Favourite Position: Half back

Hobbies: Golf

Childhood hero: David Beckham

Best Player you have played with: Sean Quigley/Tomas Corrigan

Best Player you have played against: Cathal Gregg of Roscommon

Best game you have been involved in:
Fermanagh v Roscommon,
All Ireland Qualifier 2015

Best game you have ever seen:
Fermanagh v Armagh, All-Ireland
Quarter Final 2004

Best trainer within the squad:
James Duffy

Worst trainer within the squad:
Barry McCann

Worst training drill:
Anything to do with long runs

Best motivator within the squad: Eoin Donnelly

Pre Match meal:
Chicken and Pasta

Any superstitions: None

Favourite Song: Mumford and
Sons - Tomkins Square Park

Favourite Film:
American Gangster

Favourite Holiday Destination:
Mexico or New York

Favourite Drink: Carlsberg

Favourite Meal:
Roast Chicken Dinner

Best advice ever received: If you
don't shoot you won't score

Biggest influence on career:
My Parents

Club Volunteer of note:
Kevin (Bale) Ferguson

Most important skill: Kick pass

Biggest Strength in your game:
Determination and tackling

Area of your game you would like to improve: Work on my left
foot

**Which club do you like to see
do well apart from your own:**
Ederney

**Which county do you like to see
do well apart from your own:**
Mayo

Advice for youngsters:
Never stop until the
final whistle blows

**Young Player within your club to
look out for:** Ciaran Mulrone

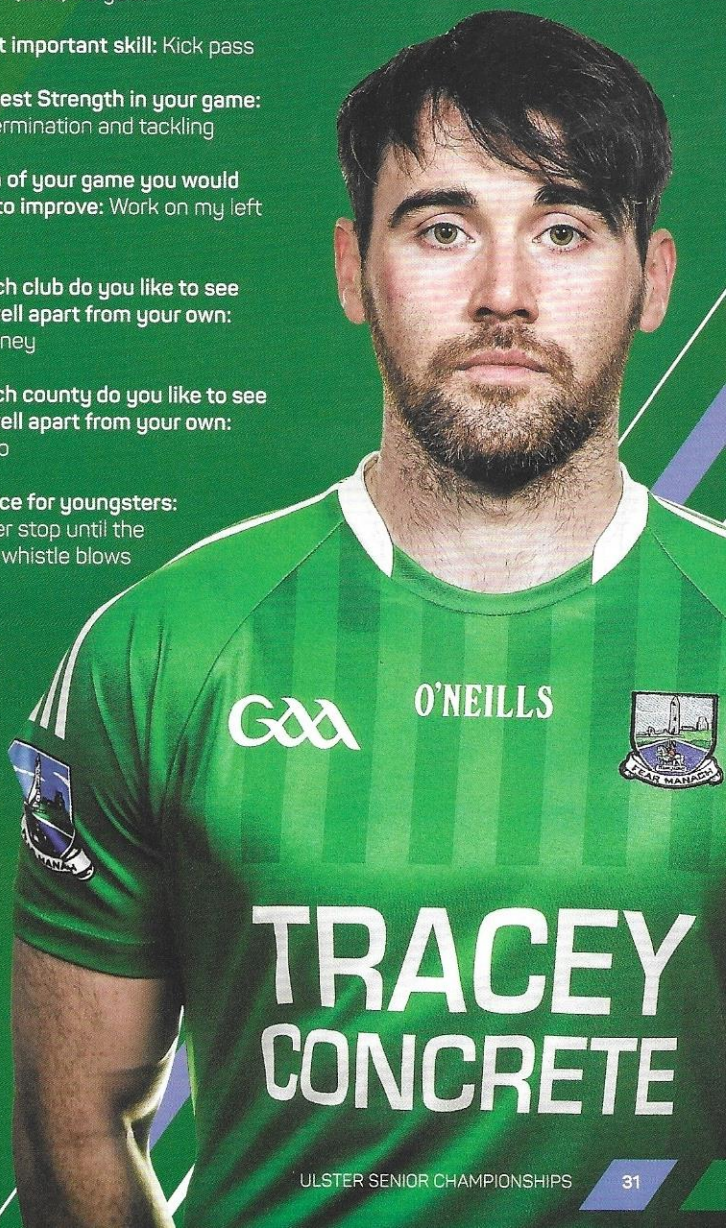
Best thing about the GAA:
Championship Sundays



@Mulrone6



Barry Mulrone





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Valuing the Volunteer



Liam Donnelly (Irvinestown, St Molaise)

Irvinestown St Molaise clubman Liam Donnelly is what the GAA is all about. For his entire life he has dedicated his time to help his local GAA club, Irvinestown St Molaise, as player, manager and as an official.

Donnelly has in his time been a Footballer, Manager, Chairman, Secretary, Assistant Secretary and currently serves as Irish Language and Cultural Officer for the club and is also on the Fermanagh GAA County Board Development Committee.

Donnelly admits it has took up his whole life but he wouldn't have it any other way. "It's what I love doing. I got married in 1987 to Eilish and I have been married to Irvinestown St Molaise for even longer."

He continued, "I was Club secretary for 12 years, Chairman for 5 years and I have helped out the club as much as I can and whenever I can."

Today, Donnelly continues to contribute time and ideas to his beloved club with many supporters attending an Irvinestown home game most likely meeting Donnelly first with his tin box at the gate. He said, "I still like to get involved as much as I can with lining of the pitch, selling lotto's and helping out on match day with anything that is needed to be done from car park attendant to opening and closing the clubrooms."

Donnelly is a builder by trade and has always been very generous with his time when it came to help with any building at St Molaise Park. He is also a regular Ulster Council match day steward and also operates as a gateman for Fermanagh County Board.

Onto the Donegal v Fermanagh game Donnelly knows that Pete McGrath's side will find it tough, "Donegal will be hard to beat and are an experienced side. They have been resting up since the end of the league but this is a good Fermanagh team and wouldn't it just be magnificent if they can put in a 70 minute performance and win."

Liam Donnelly has embedded good practice for all activities throughout Irvinestown and with good management he has maintained a robust and substantial heart with a culture of Irvinestown community which is a much better place when Liam Donnelly is involved.

IF SOMETHING NEEDS TO BE DONE IN
IRVINESTOWN THEN LIAM ASKS NO
QUESTIONS AND GETS THE JOB DONE!

INTERPROVINCIAL CAMOGIE CHAMPIONSHIP



CUMANN
CÁMOGAÍOCHT
ULADH
ULSTER CAMOGIE

The impressive GAA National Games Development Centre in Abbotstown is where Ulster took on Connacht in the Interprovincial Championship Semi-Final last month. Ulster manager Sean Paul McKillop was confident he had a strong squad who could challenge for the title and this is definitely the way they started.

Katie McAnenly opened the scoring with a point and within 10 minutes the Ulster girls were 0-3 to 0-0 up against Connacht who were made up 100% of Galway players. Captain Niamh Mallon was a constant threat for Ulster and made the most of any placed balls while Maedhbh Laverty was dangerous in the other corner.

Ciara Donnelly and Megan Kerr had a difficult task in midfield to contain the Connacht threat and in defense the Ni Chaiside sisters, Aoife and Éilis, made sure everything was kept tight!!

After early Ulster dominance Connacht started to get to

grips with the game and slowly edged their way back in to the game with three unanswered points, Ulster then managed to reply with a point from a placed ball by Niamh Mallon. But it was Connacht who hit back with a goal which Eleanor Mallon had no chance to stop, this rocked Ulster. With half time only a few minutes away Connacht led 1-4 to Ulster's 0-4. Ulster had the chance to equalize from the penalty spot but Katie McAnenly couldn't beat the Connacht keepers.

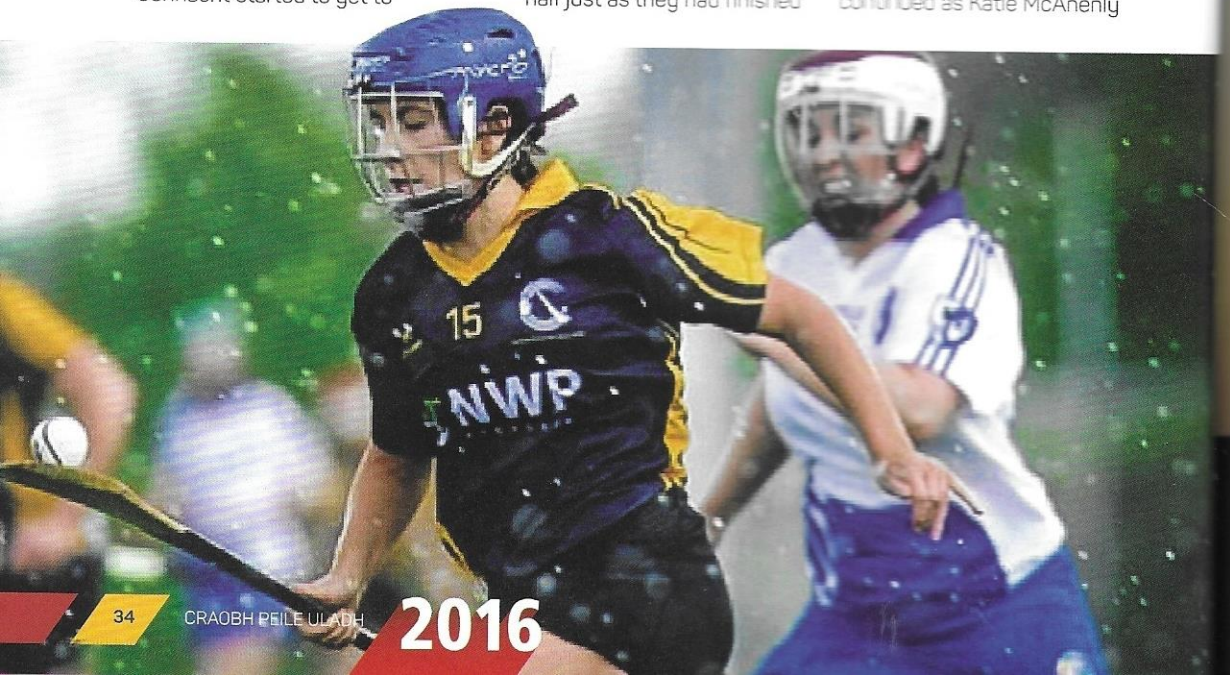
Both teams were pushing for scores but it was difficult in the weather conditions with a heavy shower of hail stones. Just before the half Connacht extended their lead with another point only for Ulster to pull one back with a point from play. Connacht were giving little away in defense and were very tactical conceding frees. Half-time: Connacht 1-05 Ulster 0-05.

Connacht started the second half just as they had finished

the first with the Ulster defense under serious pressure as they hit four unanswered points to have a 7 point lead, Connacht 1-09 Ulster 0-05.

Ulster again hit back with a Niamh Mallon free but this was soon cancelled out by Connacht with another point and a then a goal!! Connacht 2-10 Ulster 0-06. At this stage many would have thought it was game over for Ulster, but the girls kept fighting, Niamh Mallon got a point from play and the reward after continuous pressure was a cracking goal into the top corner from Paula Gribben. Connacht 2-10 Ulster 1-07.

Ulster now had a bit of belief that they could steal victory from Connacht. Connacht dropped a few balls into their full forward line but Aoife Ni Chaiside and Maria Mooney gave little away while Ulster keeper Eleanor Mallon was comfortably plucking balls out of the air and clearing her lines. The Ulster fightback continued as Katie McAnenly



AFTER EARLY ULSTER DOMINANCE CONNACHT STARTED TO GET TO GRIPS WITH THE GAME AND SLOWLY EDGED THEIR WAY BACK IN TO THE GAME.

powered through the Connacht defense only to be taken down by three players, another penalty to Ulster, this time Katie gave penalty taking duties to Niamh Mallon. Niamh got plenty of power behind the ball but unfortunately couldn't keep it under the crossbar. Another point for Ulster, it was now a 5-point game, Connacht 2-10 Ulster 1-08.

The drama wasn't over yet, in the dying minutes Maedhbh Laverty, who was a constant threat, hit the back of the net with a confident finish to leave only two points in it, Connacht 2-10 Ulster 2-08 with injury time to play. Ulster were now very much in control and were unfortunate not to get another goal as a number

of balls were dropped into the full forward line only for the Connacht defense to soak up the pressure and just about get over the line with a two-point victory.

THE ULSTER GIRLS WERE DISAPPOINTED BUT DEFINITELY DONE THEIR PROVINCE PROUD WITH A FANTASTIC COME BACK IN THE SECOND HALF HAVING BEEN DOWN BY 10 POINTS AT ONE STAGE. CONNACHT WENT ON TO WIN THE COMPETITION.

Ulster: Eleanor Mallon (Antrim), Kathryn Donnelly (Antrim), Aoife Ni Chaiside (Derry), Maria Mooney (Derry),

Emma McFadden (Antrim), Éilis Ni Chaiside (Derry), Dania Donnelly (Derry), Ciara Donnelly (Armagh), Megan Kerr (Derry), Mary Kelly (Derry), Louise Duggan (Derry), Paula Gribben (Down), Niamh Mallon (Down), Katie McAnenly (Derry), Maedhbh Laverty (Antrim)
Subs: Dearbhla Magee (Down), Eimear Hayes (Armagh), Rachael Merry (Armagh), Hannah McGeown (Armagh), Ciara McGready (Tyrone), Siobhán Hughes (Tyrone), Niamh Gavin (Tyrone)
Ulster Scorers:
Niamh Mallon 0-05,
Maedhbh Laverty 1-01,
Paula Gribben 1-00,
Louise Duggan 0-01,
Katie McAnenly 0-01



KT Nets

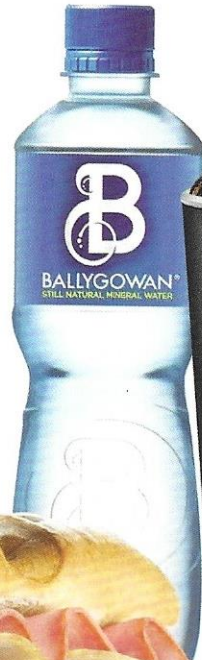
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MATCH STATS

MUINEACHÁN v AN DÚN



2	GOALS	0
22	POINTS	9
28	SCORE	9
51	POSSESSIONS	40
46	ATTACKS	30
37	SHOTS	21
9	WIDE	9
4	SHOTS SHORT	3
65	SHOT SUCCESS (%)	43
5.5	PRODUCTIVITY (Points/10 Possessions)	2.3
19	TOTAL KICK OUTS	36
84	OWN KICK OUTS WON (%)	56
44	OPPOSITION KICK OUTS WON	16
58	TOTAL KICK OUTS WON (%)	42
16	TURNOVERS (Ball Lost)	19
31	TURNOVER RATE (%)	48
7	SCORABLE FREES CONCEDED	10

Story of the Match

Monaghan's massive margin of victory was reflected in complete dominance across all key stats. Monaghan's statistics were comfortably superior to any other performance in the 2016 USFC. In contrast, Down delivered the poorest performance so far. Monaghan were the first team to gain more than 50 possessions in a match (51), while Down struggled to just 40.

Undoubtedly, possession share owed largely to the kick out contest and Monaghan's ability to pressurise Down, winning 44% (16) of Down's 36 kicks and winning 84% (16) of their own 19 kick outs.

Monaghan scored from 47% of their possessions, while Down managed to score from just 23%. Monaghan returned 5.5 points per 10 possessions, an USFC high, while Down struggled to 2.3.

MUINEACHÁN

Monaghan will have few complaints and while it is difficult to identify areas for development ahead of their semi-final clash with today's victors they will be well aware that a sterner test awaits.

Monaghan ticked all the boxes, won the possession battle (51 v 40), controlled their kick outs (84%), challenged Down's kick outs (44%), and were extremely efficient in front of goal, scoring from 65% of shots taken, and returning 5.5 points per 10 possessions.

Monaghan won 11 Down kick outs through break ball. While Monaghan's dominance of contested kicks was obvious, it is crucial they are able to close down short kick options – something which will be more difficult against Donegal or Fermanagh. They also conceded 7 frees in the scoring zone – something other teams will punish.

AN DÚN

In the early stages of the match Down enjoyed parity with Monaghan, due to maintaining control of their own kick outs. A visible strategy shift from Monaghan after 20 minutes applied greater pressure to Down kick outs, and Down offered no obvious counter strategy.

Ahead of their qualifier clash with Longford, Down will need to address their kick out options and execution.

Another problem facing Down is the volume of frees conceded in the scoring zone (10). Assuming a conversion rate of 60-70%, this is costing Down 6-7 points per game.

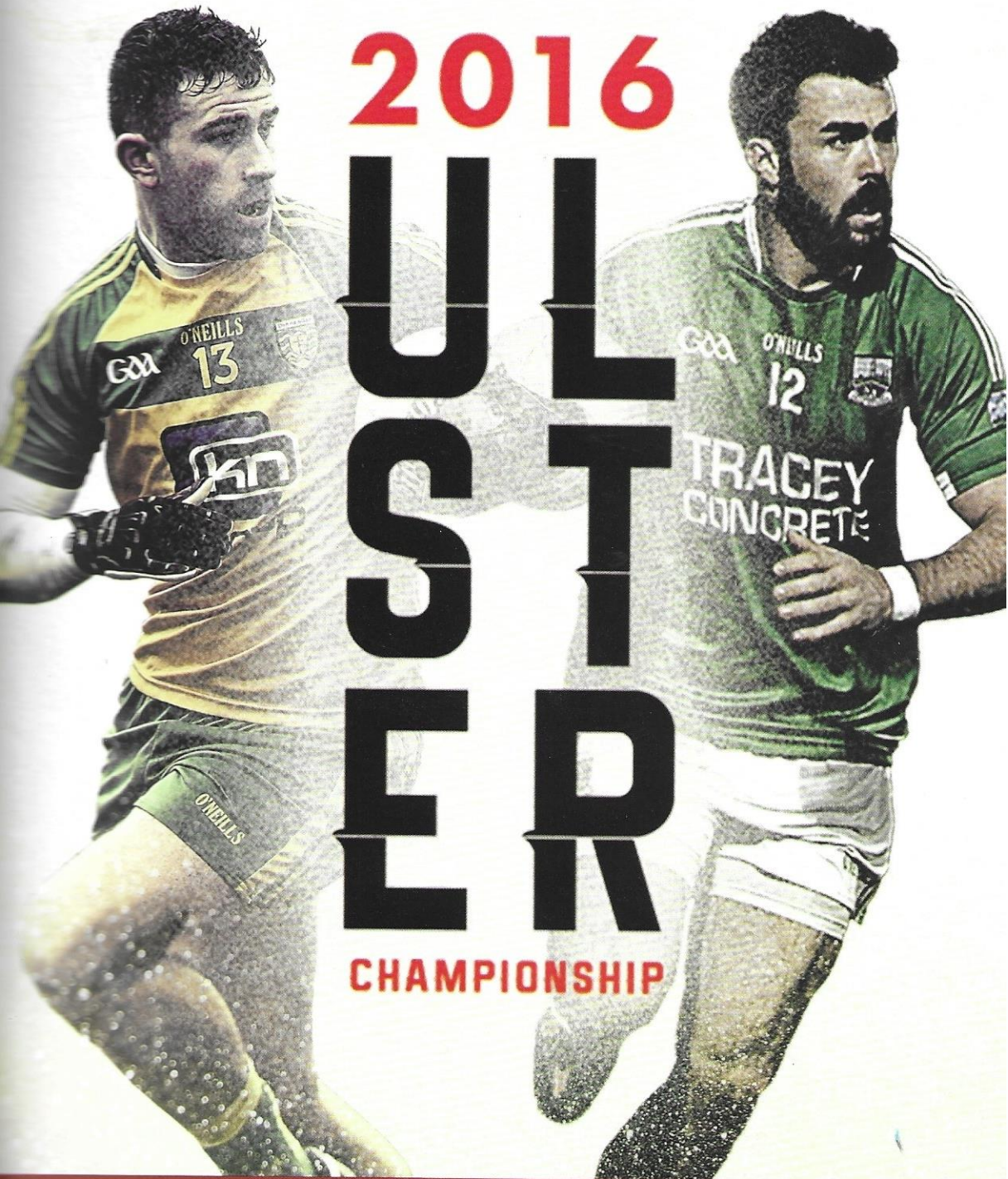
More discipline in their tackling, especially in their defensive third is crucial to limiting the attacking return of their opponents.



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ULSTER HURLING CHAMPIONSHIPS 2016



ULSTER SENIOR HURLING CHAMPIONSHIP

Antrim, Armagh, Derry and Down

Sunday 19 June	Semi Finals Athletic Grounds	(a)	Doire	V	Aontroim	5.00pm
		(b)	An Dún	V	Ard Mhacha	7.00pm
Sunday 26 June	Relegation Play Off		Loser (a)	V	Loser (b)	
Sunday 10 July	Final					

Losers relegated to Senior Hurling Shield in 2017

ULSTER SENIOR HURLING SHIELD

Donegal, Fermanagh, Monaghan and Tyrone

Sunday 19 June	Semi Finals Brewster Park	(a)	Tír Eoghain	V	Muineachán	7.00pm
		(b)	Fear Manach	V	Dún na nGall	5.00pm
Sunday 26 June	Final		Winner (a)	V	Winner (b)	

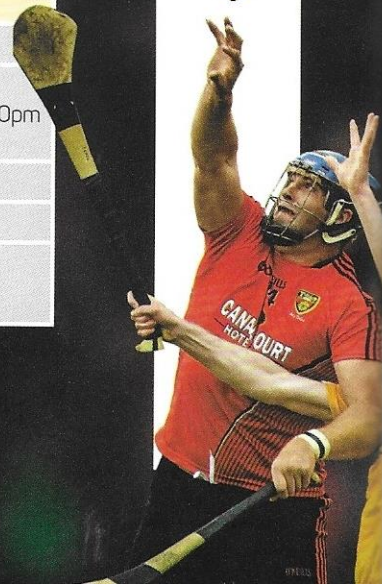
Winners promoted to Senior Hurling Championship in 2017

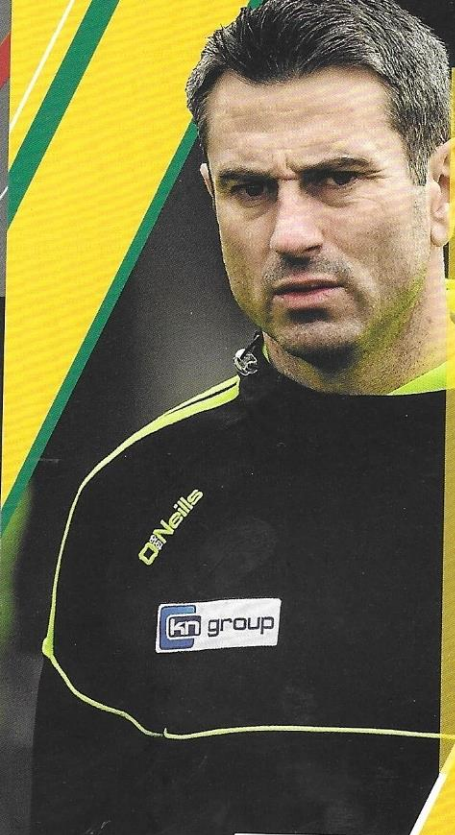
ULSTER MINOR HURLING CHAMPIONSHIP

Antrim, Armagh, Derry, Down and Donegal

(Extra Time will be played if required in all games apart from the Final).

Saturday 18 June	Quarter Final Athletic Grounds	(a)	Ard Mhacha	V	Dún na nGall	7.00pm
Sunday 26 June	Semi Finals	(a)	1. Aontroim	V	2. Doire	
		(c)	3. An Dún	V	(a)	
Sunday 10 July	Final					





RORY GALLAGHER

Dún na nGall Manager

It is a great honour for me to be managing Donegal today in this Quarter Final tie of the 2016 Ulster Senior Football Championship at our home ground in Mac Cumhaill Park, Ballybofey.

We have had a terrific run in Ulster over the last 5 years playing in the final on each occasion. Unfortunately, we came up short last year losing the final to Monaghan by a single point. It's a defeat that hurt the panel over the winter so we have looked forward to the beginning of this year's championship since then.

Today's opponents Fermanagh have already played a championship game against Antrim and were very impressive particularly in their first half display. Under Pete McGrath's watch my home county has made considerable progress gaining promotion to Division 2 last year and consolidating their position this season. Add that to reaching the All-Ireland Quarter Final last year makes Fermanagh a very tough proposition for us today.

From our perspective, we have prepared extremely well over the last nine weeks since the league ended and look forward to playing in front of our usual large home support. I would like to thank the players and backroom team for their total commitment and effort throughout the year to date.

I would also like to thank the County Board, the Clubs and our new sponsors the 'KN Group' and the 'MCR Group' for their tremendous support. To all the clubs, Colaiste Ailigh, Letterkenny and Deelee College, Raphoe for the use of their facilities, a big thank you as well.

HEAD TO HEAD

PETE MCGRATH

Fear Manach Manager

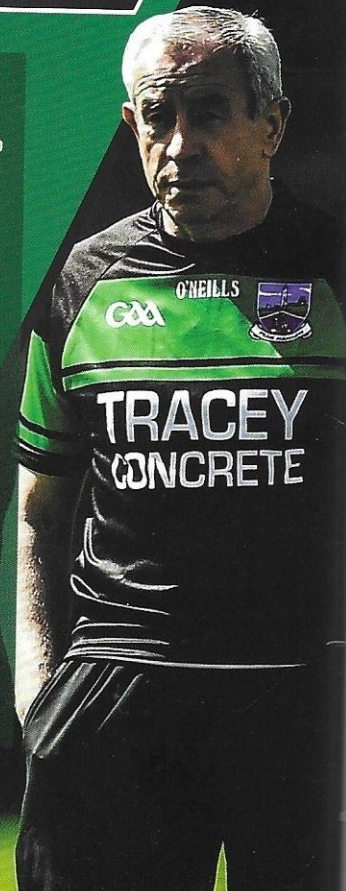
Championship football is a pressure cooker environment and good championship players and teams are able to function, keep their heads and keep their decision making clear, sustain their levels of energy, and deal with the pressure and mental demands that championship football places on all players.

That's how you define a good championship team and a really good championship player. Championship football is meant to be the ultimate test for players and teams. It tests them physically, technically in terms of their skills and it will test their character and this is something we've talked about a lot with this team.

When the pressure's on and there's a lot at stake, and at key moments in a game when it can be swinging one way or the other it comes down to how players react individually and how a team reacts collectively. Those are the factors that decide winners and losers and today will be no different.

I honestly think that the past six months, going from McKenna Cup football to now where we have seven games in a Division Two League and a Championship match against Antrim I'd like to think those eight games have brought about improvement, evolution, development and a situation where you can see the team going from one rung on the ladder up to the next rung.

This game against Donegal is another milestone along that road and it'll tell us a lot about where we are, but I think the team, in terms of what has happened this last six months in the League and Championship, is in a much better place than it was.



LEGEND MOLLOY GETS FREEDOM OF DONEGAL



Frank Craig, Donegal Post
frank@donegalpost.com

1992 All-Ireland winning captain Anthony Molloy was finally awarded the Freedom of Donegal in Lifford last week.

The Freedom of Donegal is the highest honour that the Council can give to an individual. Anthony Molloy becomes the first ever GAA star to receive the accolade. Previous sporting stars to have also been bestowed the award include former Republic of Ireland soccer stars Packie Bonner and Shay Given.

His former Tir Chonaill boss Brian McEniff said that Molloy was a "most worthy recipient". It is 24 years now since the Bundoran man bossed Donegal to their first ever All-Ireland success.

McEniff remembers a hungry dressing room packed with characters and natural leaders. But it was Molloy who he decided would skipper them to glory.

"When I heard the news I was absolutely delighted," McEniff said. "When an honour like this

comes along it's very special. Ardara is a good strong club and it was that they had such a great turnout from there.

"I remember Anthony, as a minor, playing down in the old Sandfield. Even then he had a bad knee. But he had such determination and such drive. He was a real leader. He just had those qualities you look for. He put himself on the line and he was so strong and physical".

"He wasn't dirty, he was just such a powerful man. He had some ferocious battles with the likes of (Brian) McGilligan of Derry and big Stephen King from Cavan. He was a great captain and he is a great fella. I still have a very close friendship with him."

McEniff reveals that if Molloy had taken the professional advice of his orthopedic surgeon at the time, he might well have missed out on hoisting Sam Maguire aloft on the steps of the old Hogan Stand.



McEniff explained: "Not many people know this but in 1991 the surgeon we first sent him to told him not to continue playing – to give it up. God forgive me but we sought another opinion and found a way to manage it".

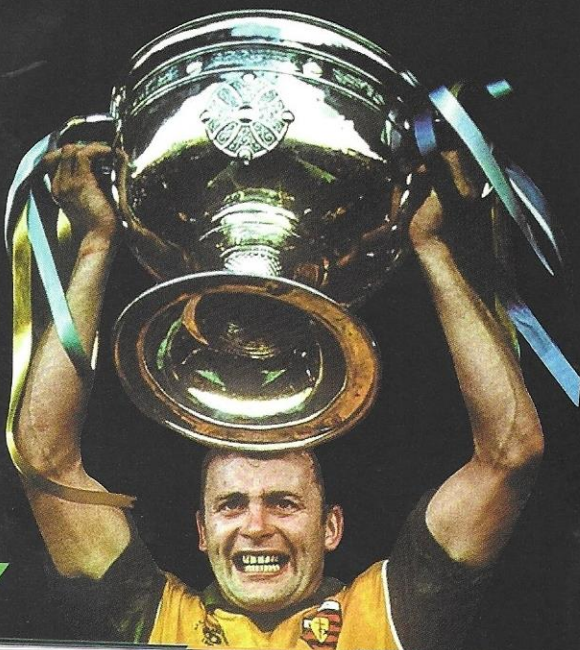
"I CAN STILL SEE HIM COMING OVER THE ROAD WITH THE HEATING PAD ON THE KNEE AND GOING HOME AFTER WITH ICE ON IT. HE WAS A REAL WARRIOR."

From a footballing odyssey that began with an Under 14 Championship win with his club back in 1976, a fantastic career spectacularly culminated in the 'Big Guy' leading Donegal to All-Ireland glory, for the first time ever, 16 seasons later.

Molloy truly has had an outstanding career. His Roll of Honour with his county includes: one All-Ireland U21 medal (82), three Ulster SFC (83, 90, 92), one Ulster U21 SFC (82), an All Star award (92) and Donegal Player of the Year (83, 90).

He also claimed two ESB All-Ireland Championships and two New York SFC titles with Donegal New York in 1986 and 1992.

Anthony will be the seventh recipient of a badge and pin specially commissioned by the Council. The badge (and lapel pin) is reserved exclusively for those on whom the Freedom of the County is conferred.



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PUTTING REFEREE HEALTH TOP OF THE AGENDA

Ulster GAA have once again teamed up with the 3fivetwo Group to offer Ulster referees free health checks. Highlighting the benefits of this programme, Ulster GAA President Michael Hasson stated, "Our referees benefited greatly last year from our free health checks provided by the 3fivetwo Group and we are delighted to provide this service free-of-charge to Ulster referees again this year."

"This initiative has helped to prioritise health and wellbeing for our key match officials. Through the health checks, our referees are able to start the year on the best footing, either in the knowledge that they have a clean bill of health or are able to get health concerns investigated ahead of our hectic competition schedule. We value our referees and are delighted to have the 3fivetwo Group on board again to provide this essential service."

Speaking following the event, Mark Regan of 3fivetwo Group, NI's Largest Private Healthcare Provider stated, "3fivetwo Group are delighted to work with Ulster GAA to provide these much needed health checks for provincial referees. Not only does this initiative provide important data for Ulster GAA on the general health and fitness of referees but it also provides individual referees an opportunity to detect any unknown health problems, which could result in preventative treatment and advice."

"Our doctors and medical teams, some of whom are members of GAA clubs themselves are able to assess and diagnose the widest variety of health issues."



As well as offering a range of player and membership benefits through our new medical partnership with the GAA in Ulster, we can also deliver a series of basic lifesaving and defibrillator training courses both at our Training Academy or onsite at a home club or community centre."

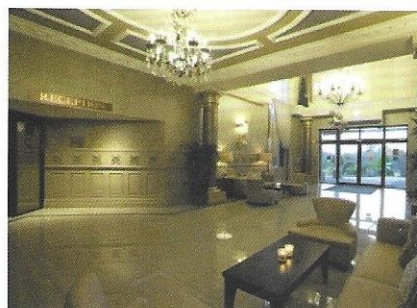
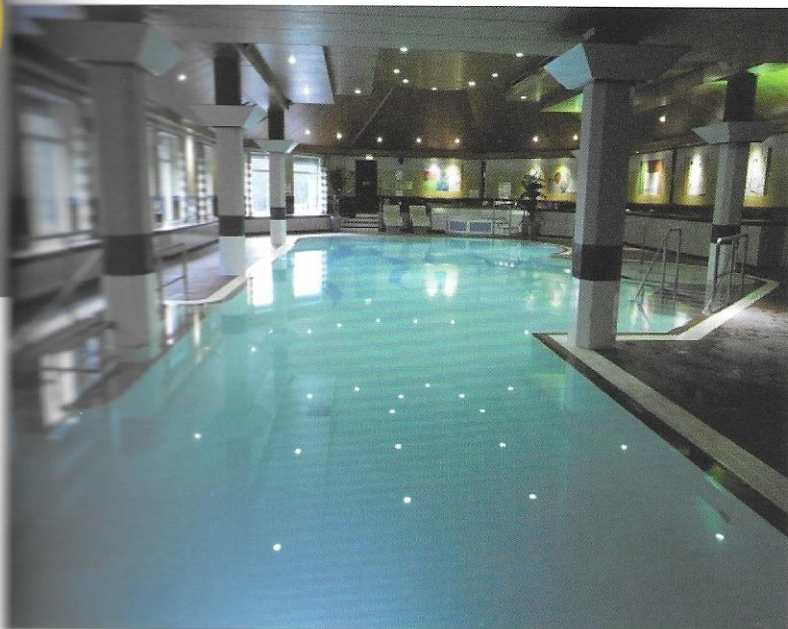
Pictured at the launch of the Ulster GAA referee health checks are Ryan Mellon, Ulster GAA player welfare officer, Joe McQuillan, Inter-County referee, Jim O'Rourke, Ulster Referees Committee Secretary, Martin McAviney, Ulster GAA Iar Uachtaran, along with staff from the 3fivetwo group.

To find out more go to www.GAAhealthhub or email GAA_info@3fivetwo.com



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GAA HEALTHY CLUBS

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HEALTHY CLUBS

What is the GAA Healthy Club Project (HCP)?

The Healthy Club Project is a new way of looking at health in the context of the GAA. It features a unique partnership between the GAA and the HSE. To help it achieve in its ambition to make Ireland a healthier, happier, more connected place, it is kindly supported by Irish Life through a Corporate Social Responsibility (CSR) investment for three years (2015-2017).

What is the aim of the HCP?

The Healthy Club project aims to help GAA clubs explore how they support the holistic health of their members and the communities they serve. GAA clubs already contribute to the health and wellbeing of their members by providing opportunities to develop their physical, social, emotional, and psychological health.

The HCP aims to help GAA clubs identify what they are already doing well, identify areas where they can or would like to improve, and empower them to ensure that everyone who engages with their club benefits from the experience in a health-enhancing way, be they players, officers, coaches, parents, supporters, or members of their local community.

The healthy club model, which is based on best national and international practice, also aims to embed a healthy philosophy in a club while integrating health into the day-to-day club activities in a sustainable way. It also aims to place the local GAA club at the heart of the community, making it



a beacon for health in the locale. What are the benefits and opportunities for Healthy Clubs? From the evaluation of Phase 1 of the Healthy Clubs Project the following benefits and opportunities were cited as:

- Exclusive access to Healthy Club resources
- Increase in membership
- Improvements in the health promoting activities of clubs specifically with club policy, practice and the club environment (both physical and cultural).
- Changes in attitudes towards health for the better
- Better engagement with club activities
- Opening up funding avenues
- Better opportunity to link the local community with club activities
- Sense of achievement
- Set a positive example
- Networking opportunities

There are 60 Healthy Clubs in Phase 2 of the Healthy Club Project – 19 of which are from Ulster. The following Ulster clubs are involved in the project:

St Joseph's Glenavy (Antrim),
St Mary's Rasharkin (Antrim),
Naomh Mochua Derrynoose (Armagh),
Culloville Blues (Armagh),
Killygarry (Cavan),
Cavan Gaels (Cavan),
Michael Davitt's Swatragh (Derry),
St Mary's Convoys (Donegal),
Nomh Mhuire, Kincasslagh (Donegal),
Clonduff (Down),
St Peter's Warrenpoint (Down),
St John's Drumnaquoile (Down),
Derrygonnelly Harps (Fermanagh),
Erne Gaels (Fermanagh),
Truagh Gaels (Monaghan),
Castleblayney Faughs (Monaghan),
St Tiernach's Clones (Monaghan),
Greencastle (Tyrone),
Omagh St Enda's (Tyrone).

Where can you get more information?

If you have any further questions about the Healthy Club Project then please contact Colin Regan, GAA's Community & Health Manager, on colin.regan@gaa.ie or 003531 8658674.





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