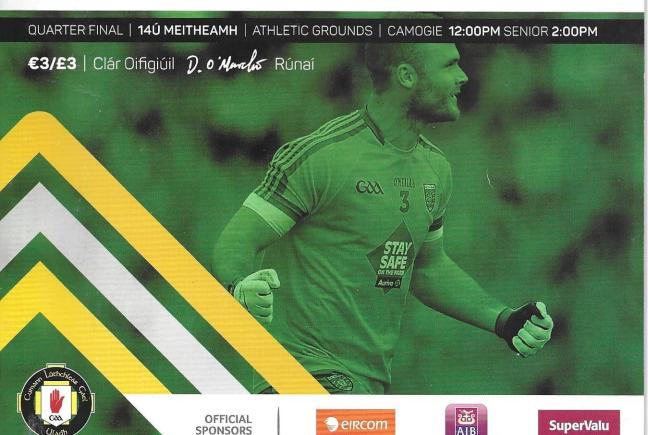


**CRAOBH PEILE ULADH 2015** 

**#ULSTER2015** 

## ARD MHACHA v DÚN na nGALL









## TODAY'S GAMES

Design & Print: Lairdesign hello@lairdesign.com Editor: Stephen Donnelly stephen.donnelly.ulster@gaa.ie Photography: Sportsfile

### NWP ULSTER GAA CAMOGIE INTERMEDIATE CHAMPIONSHIP FINAL

**THROW IN 12:00pm** 

### ULSTER GAA FOOTBALL SENIOR CHAMPIONSHIP QUARTER-FINAL

THROW IN 2:00pm





## ARD MHACHA V TÍR EOGHAIN

Referee: Grainne Coulter (An Dún)
Standby: Eamon Cassidy (Doire)
Linesman: Rosemary Hughes (Muineachán)
Sideline Official: Julie O'Neill (Ard Mhacha)
Umpires: Colin Smyth, Harry Byers,
Veronica Monan & Sonia Coulter





## ARD MHACHA V DÚN NA NGALL

Referee: David Coldrick (An Mhí) Standby: Rory Hickey (An Clár) Linesman: Noel Mooney (An Cabhán)

Sideline Official: Gary McCormack (Áth Cliáth)
Umpires: Stephen O'Hare, Seamus McCormack,
Conor Dourneen & James Matthews

### Grainne Coulter (An Dún)

Grainne is a referee and playing member from Ballygalget,
County Down. Throughout her playing career Grainne played for Ballygalget, Portaferry and has represented her county at every level. Grainne started refereeing in 2011 and is today regarded as one of the best camogie referee's in Ulster.

Grainne was awarded the Ulster Emerging Referee of the Year and Down Referee of the Year in 2012. Grainne is a no nonsense referee who builds a fantastic understanding with the players.

Her most high profile game so far has been the NWP Recycling Ulster Junior Championship Final in 2014. Grainne continues to develop at the highest level on the Camogie Associations Referee Academy.

### David Coldrick (An Mhí)

David is no stranger to duty in the Ulster Senior Football Championship. He refereed the 2010 and 2013 Finals. He also refereed the 2013 drawn Quarter Final between Derry and Down and the 2012 Semi Final between Donegal and Tyrone.



He has been on the inter-county panel for some fourteen seasons and has officiated at senior championship games in all four provinces. In 2006, he took charge of his first AIB All-Ireland Club Senior Football Final. David joined the ranks of All-Ireland Senior Football Championship Final referees in 2007 when he controlled the Kerry and Cork decider. He followed this up in 2010 when he took charge of the Cork and Down decider.

The Meath official won minor and Under 21 Football Championship medals with Kilcloon-Moynalvy and is now a member of the Blackhall Gaels Club.

### DISCLAIMER

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### Ambrán na bhFiann

Sinne Fianna Fáil
A tá fé gheall ag Éirinn,
buion dár slua
Thar toinn do ráinig chugainn,
Fé mhóid bheith saor.
Sean tír ár sinsir feasta
Ní fhagfar fé'n tiorán ná fé'n tráil
Anocht a théam sa bhearna bhaoil,
Le gean ar Ghaeil chun báis nó saoil
Le guna screach fé lámhach na bpiléar
Seo libh canaídh Amhrán na bhFiann.

## RÉAMHFHOCAL

### PRESIDENT'S FOREWORD

Ba mhaith liom fáilte a chur roimh na foirne agus an lucht leanúna a tháinig go Páirc na Lúthchleas inniu ó Ard Mhacha agus ó Dhún na nGall. Molaim go hard gach duine a chuidigh leis na himreoirí seo thar na mblianta le ullmhú le himirt ag an ardchaighdeán spóirt seo.

The Ulster Senior Football championship is well and truly up and running with Muineachán, Fear Manach and Doire securing the first three semi final places. This great venue at Athletic Grounds provides a wonderful setting for this Quarter Final clash

Today brings back fond memories of the various championship duels between these two great counties. It is also an opportunity for the stars of the future to shine in today's arena. Cumann na mBunscol children will display their skills at half time.

The GAA is stronger as a family and that is why I am pleased to state that discussions continue to integrate all our codes into one community based GAA catering for all. In Ulster, we are proud that we have had this process in place since 2006 and we are a stronger association for it. Today we welcome the camogie teams from Ard Mhacha and Tir Eoghain to display their skills in the Ulster Intermediate Camogie Final, today they share equally the biggest stage, that is the Ulster GAA Championship.

I would like to acknowledge and thank all the Ulster Council and Armagh GAA personnel involved in hosting today's games. Everyone plays their part; supporters and stewards, medics, match officials and players, sponsors, local authorities, media, County Boards and Provincial Council. I make a special mention to one of our stewards, Sam McClatchey for his recent magnanimous gesture to his local Primary School last week. His generosity and love for the GAA knows no bounds as evidenced recently when St John's Primary School in Middletown were the benefactors of Sam and his family's handing over of a field to play Hurling, Gaelic Football and Rounders in.

I would also like to wish all four teams, their County Boards and management every success in their respective outings today and the match officials whose role should never be overlooked. I extend a special welcome and combighairdeas to Naomh Moninne, Cill Shléibhe (Ard Mhacha, pictured above) who were crowned All Ireland Scór Sinsear champions in Rince Seit on Saturday 25th April. Well done on this brilliant achievement.

Finally, to you the supporters; your attendance here today makes these summer Sundays the special events they become. Your support, attendance and attention is highly valued and we hope the experience of today will encourage you join us again at some stage over the summer before the 2015 resting place of the Anglo Celt Cup is confirmed.

Be There. All The Way!

Mantin Mac Sumbre

Mairtin Mac Aibhne Uachtarán Chomhairle Uladh



## **YOUR SAFETY**

Please note the following regulations. We ask for your full co-operation with stewards and other volunteers who are doing their best to ensure you enjoy the match. If you fail to co-operate it may be necessary to refuse you entry or, if inside the stadium, to ask you to leave.

Please do not bring anything into the stadium that can be used as a weapon or that will cause interference with others. This includes fireworks, smoke canisters, bottles, flagpoles, banners. We do not allow alcohol in the ground. We ask you not to climb onto walls, stands and other buildings. Likewise, we ask you to refrain from making unnecessary noise that will annoy other spectators near you. That includes the likes of air horns or radios.

Please do not use foul, abusive or offensive language. There are families and children present. We ask you not to enter the field of play during or after the game for health and safety reasons. Occasionally we may be required

to search patrons entering the ground. If you refuse to be searched you may be refused entry. Please do not obstruct gangways or stairwells etc. Also, please do not engage in behaviour that may cause a fire or other dangerous event.

The Officers on duty reserve the right to remove you from the ground if you do not comply with these simple regulations. Our intention is simply to ensure that all our supporters can enjoy the match.

### **FIRST AID**

First Aid is provided at today's venue, by Order of Malta Personnel with ambulances located behind the main stand and at the corner of the Drumarg Terrace.

Children who have become separated from their parents/guardians should be brought to the designated First Aid Points.

### SAFETY NOTICE

We have established this policy for health and safety reasons, to avoid serious injury or death. We thank you for your co-operation, and hope you enjoy the match.

## R AN LAE



### Amhran na bhFiann: Today's national anthem will be sang by Megan Burns from the Silverbridge Harps club. Megan currently holds the Armagh Scór Sinsear title for solo singing.

11.43 11.46 12.00 Tír Eoghain amach ar an bPairc Tús an Cluiche: Ard Mhacha v Tír Eoghain 12.31 12.33 Half Time / Leath Am Entertainment / Siamsa Start of Second Half / Tús an dara leath 12.41 13.14 Críoch an Chluiche 13.17 Presentation Conclusion of Presentation 13.22 13.25 Blood Sub Campaign Launch Conclusion of Launch Both County Secretaries to present Team Lists in Referees room Ard Mhacha amach ar an bPairc Dún na nGall amach ar an bPairc 13.53 Amhrán na bhFiann 14.00 Tús an Cluiche: Ard Mhacha v Dún na nGall Half Time / Leath Am Cluichí Cumann na mBunscol 14.36 End of Cumann na mBunscol 14.50 Conclusion of presentation 14 51 Start of Second Half / Tús an dara leath

Críoch an Chluiche Shinsir

Ard Mhacha amach ar an bPairc

## CUMANN NA BUNSCOL

**TODAY'S MINI GAMES** 

### **ARD MHACHA**



- 2. Fionnan O'Braonain
- 3. Eoin McKee
- 4. Ruairi O'Brien
- 5. Ronan Fowley
- 6. Eoin McKernan
- 7. Dara O'Neill
- 8. Oearse Blessing
- 9. Bernard Cassidy
- 10. Oisin O'Hara
- 2. Conor McNally
- 3. Darragh McMullen
- 4. Eoin Murtagh
- 5. Odhran Campbell
- 6. James Moore
- 7. Jamie Kearneu
- 8. Shea Kearneu
- 9. Jarleth Lennon 10. Darach Swift

- St John's Middletown St Anthony's Craigavon St Joseph's Bessbrook
- St Peter's Cloughreagh
- St Peter's Cloughreagh
- St Patrick's Crossmaglen
- St Patrick's Crossmaglen
- St Patrick's Crossmaglen
- St Joseph's Madden
- St Francis Keady
- Clea PS
- St Patrick's Armagh St Oliver Plunkett's Forkhill
- Tannaghmore
- Tannaghmore
- St Francis Lurgan
- St Malachy's Camlough
- St Patrick's Culluhanna

### **DÚN** NA NGALL



- 2. John O'Callaghan
- 3. Niall McGlynn
- 4. Will Quinn
- 5. Dara Harkin
- 6. Peadar McGeehin
- 8. Dermott McGuickin
- 9. Steven Ó Fíoruisce
- 10. Lorcan Doherty
- 2. Shane McBride
- 3. Killian Bonner
- 4. Robbie McDonnell
- 5. Hugh Boyle
- 7. Cian Hunter
- 8. Shane Duffy
- 9. Dylan Hannigan
- 10. Fergal Doherty

- Craigtown NS
- Scoil Mura, Tooban
- St Patrick's Carndonagh
- Tiernasligo NS
- Scoil Cholmiclle Letterkenny
- 7. Seosamh Ó Dubhcháin Scoil Oilibhear Pluincid,
  - Rannna Feirste
  - St Nauls NS
  - Scoil Chonaill, Bun Beag
  - Kilmacrennan NS
  - Dooish NS
    - Mín an Gabhann NS
    - Scoil Mhuire Glenties
    - Gort na Ceart NS
- 6. Niall Ó Muireadhaigh Gaelscoil Adhmhnán
  - Leitir Ceanainn
  - Rockfield NS
  - Creevey NS

  - Murlog NS
  - Scoil Cholmcille Glengad

We are more than a Sporting and Cultural Association, we are a grassroots volunteer driven movement focused on making the communities which we serve better places.

**DID YOU KNOW?** 

Approx. 240.000 spectators in total attended major **Ulster GAA controlled** fixtures in 2013/2014.

Members of the GAA in Ulster

Over 137,000 spectators attended the Ulster Football & attended the 2015 Bank of Hurling Championships in 2014 Ireland McKenna Cup.

As a grassroots community based not for profit organisation, Ulster GAA reinvests approx 85% of its income to grassroots development at County and Club level.

In 2014 15 000 **GAA** members took part in

**Ulster GAA Health** and Wellbeing initiatives

28.000

Children were coached as part of the Foundation and Key-stage I

of volunteering on the island of Ireland comes from the GAA.

Delegates attend the Ulster GAA Club & Community Conference Schools programme Annually.

attended the

O'Neills Ulster **GAA** Coaching and Games Conference Annually.

The Ulster GAA web-site receives approximately 30,000 hits per month

organised and played within the Province of Ulst

Approximately 45,000 spectators attended the 2014 Ulster GAA Club Championship.





Facebook followers

## VALUING VOLUNTEERS

### **DESSIE McDONNELL**





Dessie McDonnell is a member of the St Killian's club in Whitecross. Married to Ciara, they have two daughters, Sorcha and Sinead, both of whom play football for Shane O'Neill's Ladies and for Armagh Under 14 and Under 16 girls respectively.

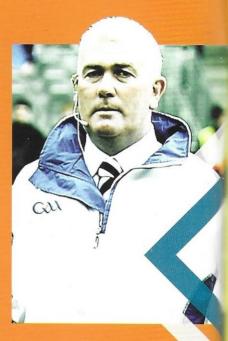
Dessie played club football for Whitecross at all levels and was a member of the 1996 panel that won the Armagh Junior Football Championship, after which he retired from playing. Following some persuasion from fellow club man and former club referee Seán Reavey, Dessie decided to help out and took up the whistle to represent his club as referee at underage and at senior level.

Dessie has refereed numerous County Finals, including many underage and Senior Football Finals, with the highlight coming in 2005, when he took charge of the Armagh Senior Football Championship Final between Crossmaglen Rangers and Dromintee.

Dessie was also rewarded with a place on the Ulster panel of referees and officiated as fourth official, linesman and as referee in a number of McKenna Cup games. Over the past eight years, Dessie has been a member of the Armagh Referees' Committee and he has worked tirelessly across the county to recruit and train new referees.

When not refereeing games, Dessie can often be seen in the Athletic Grounds and in county grounds across the province, as he also volunteers as steward at Ulster Championship games and also in GAA headquarters at Páirc an Chrócaigh. He also officiates as an umpire for Armagh referee Padraig Hughes, who is a member of the National Referees' panel. Indeed, such is Dessie's commitment to his role that he is unfortunately unable to be at the Athletic Grounds today, as he joins Padraig and his team who are currently officiating at the Connacht Senior Football Semi Final in Galway.

Amongst Dessie's greatest memories as an Armagh supporter are his first All-Ireland Final in 1977 when Armagh lost out to Dublin and 22 September 2002 when Sam Maguire finally came back to the Orchard County. Dessie wishes Kieran and the Armagh team all the best for today and is hopeful that the Armagh faithful will have a long summer to look forward to.



Armagh GAA is grateful to our hundreds of dedicated volunteers, including referees, stewards, those who organise our fixtures, gate men and women, those who promote our language and culture, those involved in Linwoods Armagh TV, programme and ticket sellers.

Gabhann muid buíochas leis na daoine uilig a chaitheann na huaireanta fada ag obair go deonach ar son ArdMhacha. Go raibh míle maith agaibh.





## ULSTER GAA MEMBERS:

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- 10% OFF 4D BABY SCANS
- 10% OFF BASIC LIFE SUPPORT COURSES
- FREE FERTILITY CONSULTATION
- SPECIAL RATES ON SURGICAL PROCEDURES
- 10% OFF INDIVIDUAL PRIVATE HEALTH INSURANCE
- 10% OFF ALL NON-SURGICAL COSMETIC TREATMENTS
  - FREE CONSULTATION AND 10
    OFF ALL COSMETIC DENTISTS



















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www.GAAhealthhub.com



## CAMOGIE PREVIEW

### NIAMH ARCHIRALD

Today's NWP Recycling Ulster Intermediate Camogie Final promises to be a thrilling encounter which will go down to the wire. Both sides have underwent major reconstruction losing some experienced players, holders Tyrone will be hoping to end their season on a high, while Armagh will be targeting the title as they hope to gain some confidence heading into their All-Ireland Championship campaign.

Under the temporary management of Jim McCormick, who will know several of the Tyrone players well having managed Eglish, the Orchard County have looked revitalized having lost experienced campaigners like 'keeper Bronagh Mone, Bernie Murray and Niamh Markey.

The Hayes sisters Ciara and Eimear have also been in fine form this season with Eimear forcing her way into the Queen's University Purcell side.

Centre back Grainne Kelly is another key player for Armagh, the Granemore player providing some much needed experience to the side and the Orchard county will be hoping for a big performance from captain Ciara Donnelly. Donnelly who plays her club camogie for Eglish has the ability to push her side forward and is more than capable of taking a score, her pace will also be a test for the Tyrone back line.

Tyrone will look to Ciara
McGready, Emma McErlean as
they aim to retain their Ulster
crown. The Red Hands will
hope that the direct running
of Niamh Gavin and
Niamh McMcNulty will
cause problems for the
Armagh defence, as
both players have an
eye for goal. Siobhan
Hughes and Aisling
Corr will also be

### THE IRISH NEWS

key figures
for Tyrone who
will be without
Maria Jordan due to a
broken arm, they will also
be without former All-Star
nominee Julie Lagan, while
Shauna and Aisling Jordan are
also missing due to travelling.

"There has always been a great rivalru between the two teams and I'm sure today won't be any different. We are looking forward to the game, we are rebuilding in Armagh and winning the Ulster Championship would be a perfect stepping stone towards the All-Ireland campaign," said Armagh captain Ciara Donnellu.

Previous games between the sides have been tight affairs and with an Ulster title up for grabs neither side will be willing to give an inch.







### **ARD MHACHA**

### ARMAGH CAMOGIE TEAM

Managers: Paula McGuigan, Paddy McArdle & Jim McCormick

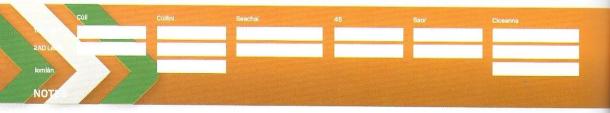






### FÍR IONAID/SUBSTITUTES

- 16. Ciarrai Devlin, An Ghrainseach Mhor 17. Aisling Donnelly, An Eaglais 18. Sarah Mooney, Achadh Gallain
- 19. Caoimhe McKenna, Doire Nuis 20. Eadaoin Murphy, An Ceide 21. Orla Fox, Doire Nuis
- 22. Emma Mone, Doire Nuis 23. Edel O'Hare, Baile Mhic An Aba 24. Niamh McCarthy, Naomh Eanna





















## **TÍR EOGHAIN**

### **TYRONE CAMOGIE TEAM**



### FÍR IONAID/SUBSTITUTES

E Níc Ghearáilt

**Emma Fitzgerald** 

Doire Lochain

16. Kelley Fay, An Eaglais 17. Laura Logue, Éire Óg An Charraig Mhór

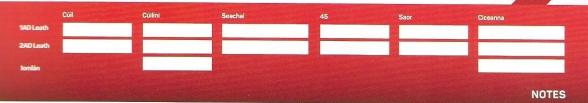
18. Shannon McCaffrey, Fr. Shields 19. Joanne Canavan, Doire Lochain 20. Marian Barker, Eadán na dTorc,

Oonagh O'Neill

Doire Lochain

21. Julie Lagan, An Eaglais 22. Siun Devlin, Eadan na dTorc 23. Rachel Cassidy, Eadan na dTorc

24. Louise McCaffery, Eadan na dTorc 25. Rona Mallon, Eadan na dTorc









L Ní Neil

Laurissa O'Neill

Doire Lochain

## LAOCHRA

## **ULADH**



### PÁDAÍ Ó MUIRCHEARTAIGH

Agus é ina dhéagóir fuair Pádaí Mó a chéad Uile-Réalt in 1972 agus an dara ceann in 1977. In 2009 ainmníodh an fear de chuid De Bhulbh Tón CLG ar dhuine de na hUile-Réalta ab fhearr riamh. Coinníonn mac Phádaí, Finnian, an traidisiún imeartha do chlub agus chontae beo. Scóráil Pádaí 2:4 d'Ard Mhacha ag imirt i gcoinne Laoise i gCúil An tSúdaire sna 70í luath. Scóráil sé 10 bpointe i gCoinne Lámh Dhearg Bhaile Haine i gComórtas Acadh Gallan agus mar luach saothair fuair sé buille borb ar cúl an chinn ó bhean ionsaithe. An athimirt i gcoinne Ros Comáin an cluiche is mó a bhfuil cuimhne aige air a d'fhág Ard Mhacha i gcluiche ceannais 1977. Ina thosaí don chluiche cothrom ba leathchúlaí é don athimirt coicís dár gcionn.

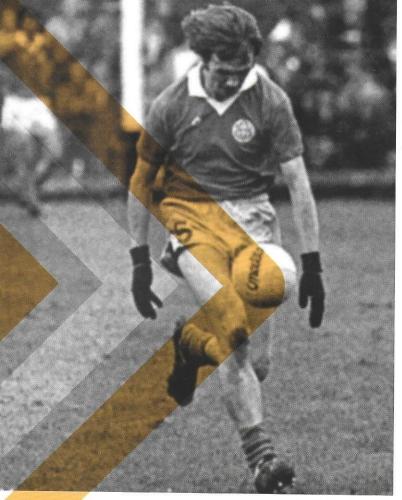
### Níor cuireadh Pádaí de pháirc na himeartha riamh.

Comhairlíonn Ó Muircheartaigh d'imreoirí an lae inniu sult a bhaint as an turas: gan bheith ró-dháiríre. Tá ró-dháiríreacht forleathan faoi aois go fiú dar leis agus tá greim dhocht ag cúrsaí airgid ar chluichí an lae inniu. Chaith Pádaí trí shéasúr ina bhainisteoir ar fhoireann shinsear an chontae ó 1988 go 1991. Go fadcheannach thóg sé Jó Mac Thiarnáin isteach ar an fhoireann bhainistíochta sin. Faoi láthair tá Pádaí ina chathaoirleach ar an Choiste Éisteachta don chontae.

Tá dea-chuimhní aige ar thuras Mheirceá i 1982 a eagraíodh i gcomhar le Ros Comáin. D'imir siad cluiche i Nua Eabhrach, i San Franciscó agus i Los Angeles. Bhí diongbháilteacht nach beag de dhíth ar na himreoirí: Bhí gannchuid codlata agus an iomairce spraoi ó thus deireadh.

Ní sloinne Ard Mhachach é Ó Muireacheartaigh. Ó cheantar Chill Áirne a tháinig tuismitheoirí Phádaí go hAcadh Camán in aice Dhoire Mhic Cáis ar bhruach Loch nEachach taobh le M1 an lae inniu. Óna athair a fuair sé a ghrá don CLG. Cloineann Pádaí go fóill guth Mhíchíl Uí Eithir ó Dhomhnach a hóige.

Dlíodóir é Pádaí ar an Lorgain. Pósta ar Úna, tá ceathrar páistí acu; Eimear, Patrick, Finnian agus Maebh. Le Réamonn Ó Ciaráin – Oifigeach Gaeilge/Cultúir





### SEAN O'DOMHNAILL REALT DHUN NANGALL

Imreor Cluiteach do'n scoth a bhi an Sean

Tugadh ait speisialta do I measc Laochra Peile an Chondae nuair a toghadh e ar fhuirean an cheid na Conndae

Thug se fein agus a dhearthar Ben seirbhis I4 bliain ag imirt le fuireann an Clochan Liath, fuireann a bhain craobh na Conndae i 1957 agus 1958.

Bhi Sean na dhalta I gColaise Muilte Fearnain ar feadh cupal bliain, agus bhain se bonn sinear Chuige Laighean, agus bhi se ar an fhuireann sinsir Colaisti Chuige Laighean a bhuaidh Craobh na hEireann an 1952/53.

D'imir se i gcluichi iomana agus ghlac se pairt i luth chleasa ar feadh na blianta a bhi se ar an cholaiste. Bhi Sean ar fhuireann uile Rosann Ruaigri na Rosann a bhain craobh Mionar na Condae i 1953. Mhar an dilseacht seo a thug se do a cheanntar dhuibhais na Rosann, mar thainig se arais ag deireadh a threimise mar imreor, le fuireann uile na Rosann Rann-na-Feirste a bhuaidh craobh Soisear na

Conndae i 1969. Bhi se mar bhag bhainisteoir ar fuireann na Condae ar feadh seal i lar na seachtu. D'imir se ar fhuireann Cuige Uladh i 1957 agus 1958. Bhi fuireann maith ag Dun nan Gall nuair a bhi Sean ag imirt, acht bhi fuireann An Duin go mor i reim san am seo. Bhain se boinn Sraith na Conndae leis an Clochan Liath 1950, 1961 agus 1962.

Bhí Seán ar fhoireann Dhún na nGall a d'imir don chead uair i gcluiche ceannais Uladh i 1963. Bhuaidh sé boinn i gcomórtas Dr. Lagan le Dún na nGall i 1965, '66 agus '67; Corn Mhic Cionnaigh i 1963, '65 agus '67 agus bhí sé ina bhainisteor ar fhoireann shinsir an chondae idir 1977 agus 1980. Chaith sé tréimhse fosta ina bhainisteor ar fhoireann na mionúr an chondae. D'oibir se blianta mar Oifigeagh sinsear le Comhairle Conndae Dhun nan Gall. Ta comhnaidhe ar anois lena bhean cheile Cora agus clan I Srath an Urlair.

Maraidh a chuimhne go buan I measc Gleanntain agus Sleibhthe Dhun nan Gall.



BBCSPORT NI

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## MUINEACHÁN **V FEAR MANACH**



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## **ULSTER GAATO HOST** FÉILE NA NGAEL 2015



Following the hosting of a successful Féile na nGael tournament in 2014, Ulster GAA has been given the honour of hosting the event again over the weekend of 19th to 21st June 2015.

The event will bring a total of 192 teams together for a fun weekend of competition in Hurling and Camogie. A further 60 Handball clubs will also play in a tournament on Saturday 21st June. This will bring approximately 4,800 young people together over the weekend.

The event was officially launched on Monday 18th May in Navan Fort, Armagh, when the Presidents of the GAA, the Camogie Association and the Handball Association took a break from a three day primary schools visitation programme throughout Ulster.

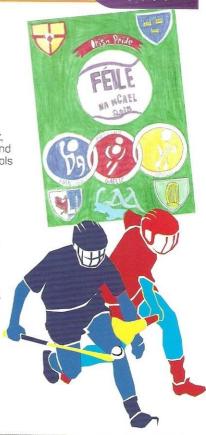
A fun art competition has been organised with primary schools throughout Ulster with the winning design for the front cover of the Féile na nGael programme being shown here.

The draw to match the visiting clubs with their hosts and the fixtures for the 2015 Féile na nGael has been completed.

The draw identifies both the Hurling and Camogie sides involved in the Irish Pride Féile na nGael. As the visiting teams become identified, the draw will be updated reflecting all participating teams.

This can be viewed at: ulster.gaa.ie/2015/04/feile-na-ngael-2015-draw/

Ulster GAA looks forward to welcoming the teams, and their families and supporters, from across Ireland, to our province for the weekend and hope that all participants leave with wonderful memories of their time at Féile na nGael 2015.





THE claustrophobic amphitheatre of the Athletic Grounds provides the perfect setting for the latest instalment between two of the province's heavyweights - Armagh and Donegal.

Last August's All-Ireland Quarter-Final between the counties was their first championship meeting since that infamous clash in Crossmaglen in 2010. The period between those two games saw differing fortunes for the counties. Donegal left the south Armagh venue at the lowest of ebbs five years ago, but have been to the top, and nearly back there again, in the time since.

The Orchard County by contrast, had been meandering along, struggling to even get close to the lofty standards set by the 2002 brigade. That was until last year when Paul Grimley, with Kieran McGeeney as head coach, oversaw a drastic improvement that included wins over Cavan, Tyrone, Roscommon and Meath.

Donegal were expected to be too steep of a challenge in the last eight, but a late missed Tony Kernan free was the difference between defeat and a replay.

That has installed a new belief in the county, and with their most famous son McGeeney now number one, expectations continue to grow. Last year was good preparation for this campaign. For one, the perceived reliance on Jamie Clarke was challenged. Kernan, an All-Star nominee, Kevin Duas and Stefan Campbell all had better championship campaigns in attack. New players such as Aaron Findon and Mickey Murray grabbed starting spots by the neck and are now key members of the side. A new counter-attacking style was introduced between their Division Two relegation and their Ulster Championship opener with Cavan, and should now be closer to the finished article

It's not all good for the home side though. Playing in Division Three, although they won the title, is not ideal preparation for big days like these. The league showed that there's still problems with their kick-out strategy while midfield continues to present serious issues. Against a pairing of Neil Gallagher and Martin McElhinney, that's a recipe for disaster.

Dyas is Armagh's most important player, if not necessarily their best. The entire game-plan last year revolved around his link role on the '40'. An injury in the opening round against Tipperary kept him out until the final stages of the league, providing little time to get the system operating properly.

There were also serious injuries for Campbell, Murray and Caolan Rafferty, and the last few weeks, which included a challenge game loss to Cork, would have been crucial. Donegal may have been pushed harder than expected against Armagh 10 months ago, but their response was emphatic as they blitzed a hugely-fancied Dublin before losing out narrowly to Kerry in the All-Ireland Final.

### But overall it was the sort of battle that most managers relish. Much more can be mined from a hardearned win than a cakewalk





Jim McGuinness departed and his former right-hand man Roru Gallagher stepped in. Continuity and change in one fell swoop. His appointment kept most of the senior men on board, apart from the likes of Rory Kavanagh, whilst it is understood that he reduced the workload of some of the veterans of the team - a rumoured sticking point when he and McGuinness were together.

Last weekend's training camp provided the perfect opportunity to get the final tactical conundrums solved. Can we take advantage of Armagh's lack of movement for kick-outs? What if Armagh employ someone in a spoiler role like the one Justin McMahon performed on Michael Murphy for Tyrone? Just how deep will Kernan play? Will they be able to follow our rotating forwards?

All questions that must be answered if they are to go forward to a semi-final meeting with Derru at Clones. They, of course, have the advantage of a game under their belts following that 1-13 to 1-10 preliminary round clash over Tyrone.

For periods of the match theu were utterly dominant, particularly in the first and last quarter. There were issues that needed sorted though. Darren McCurry's goal exploited some sloppy defending, something you wouldn't associate with the county in recent years.

Too much space was left on the left hand side of their defence. and if Tyrone had been sharper, they could have created another goal chance or two along the same route.

Their tackling wasn't at its crisp best, and McCurry's inaccuracy from frees late on proved costly for the Red Hands in Ballybofey.

But overall it was the sort of battle that most managers relish. Much more can be mined from a hard-earned win than a cakewalk

When Armagh held their press dau at 7am last Monday morning, the same message kept reappearing.

"We had plenty of momentum playing Donegal last year, we have none now" was the general theme from McGeeney, Kernan and captain Ciaran McKeever. It may be a a ploy to disarm, but it can't be disregarded. Every win last uear brought belief, every victory brought confidence. That's a tool they won't have here, and they must fill the void accordingly.

Contrary to common belief, Armagh do not have a weak forward line. In fact it is now probably their best sector now by quite a distance. But Donegal is the acid test for anu attacker. If you can get your game functioning against the Tir Chonaill men then you are doing well. Dyas and Kernan will have less time to pick their passes, Clarke and Ethan Rafferty will have less time to get their shots off.

It will be tight, it will be aggressive, there will almost certainly be some controversy, but in the end experience should stand tall and Donegal should advance.

### **Previous Meetings**

(Ciaran Woods)

### August 9 2014

### All-Ireland Quarter Final Croke Park Armagh 1-11 Donegal 1-12

In the end, an incredibly tense battle came down to one kick. From 45 metres out with the clock ticking down, Tony Kernan let his shot fly. Unfortunately for him, it didn't have the distance, and instead was caught by the imposing presence of Neil Gallagher. And with that, Armagh's Championship adventure had come to an end.

Armagh - as entirely expected - didn't go down without a considerable fight, in both the football and psychological sense, a game littered with flare-ups











including when the management teams ended up on the field just ten minutes in.

Armagh had two late chances to force a replay, with Tony Kernan's two frees - but one went wide, the other fell short.

This after Armagh edged in front on 60 minutes, thanks to Stefan Campell's goal which went in off the ankle of Donegal goalkeeper Paul Durcan, after initially hitting the upright, Donegal's green flag having come in the first half through Odhran MacNiallais' deft finish. But Donegal then displayed brilliant nerve and composure to score the next two points from play, a superb left-footed strike from captain Michael Murphy, followed by a classy score from the right boot of Paddy McBreaty, which proved enough to see Donegal through.

### April 6 2014

### NFL Division Two Athletic Grounds Armagh 1-8 Donegal 2-10

A game of mixed fortunes, as Donegal's win secured their promotion to the top flight, while defeat banished Armagh to the lowly surroundings of Division Three. After going up 1-4 to two points after 16 minutes – Michael Murphy slotting home a penalty – there wasn't much doubt Donegal would push on for the win here. Yet they went another 20 minutes of that first half before scoring again, as Armagh raised a sufficient gallop to close the gap to one point, thanks in part to Jamie Clarke's flicked goal on 20 minutes.

Then four minutes into the second half Donegal were on the front foot again, a brilliantly placed pass from Rory Kavanagh falling straight into the hands of Murphy, who again finished with typical panache, and with Kavanagh to the fore they pushed on to win.

### April 8 2012

### NFL Division One Ballybofey Armagh 0-10 Donegal 0-13

A relegation battle saw Donegal come out on top, keeping their place in the top flight while Armagh fell to Division Two.

Michael Stevenson's six points

helped Armagh into a 0-10 to 0-7 lead with 20 minutes left but Paddy O'Rourke's side failed to register another score.

However, points from McFadden and Frank McGlynn helped Donegal draw level and Kavanagh's point then edged Donegal ahead. Armagh spurned an injury time goal chance with John Kingham's shot blocked, before Adrian O'Hanlon's late score cemented Donegal's win.

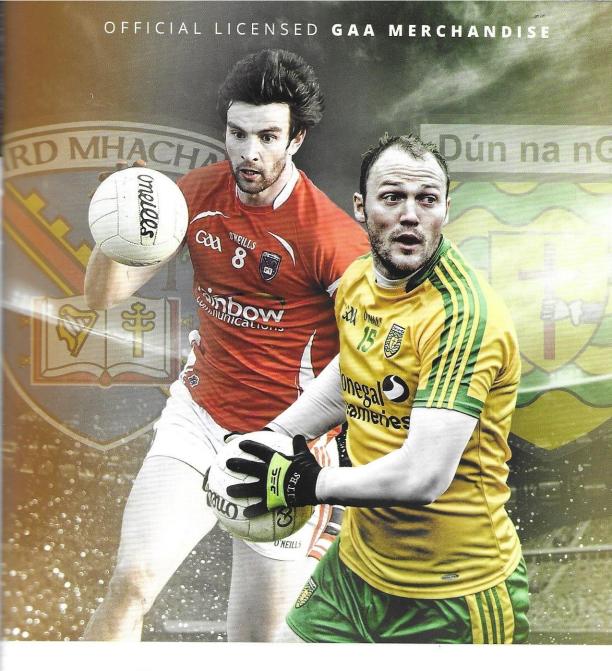
### June 26 2010

### All-Ireland Football Qualifiers Round One: Crossmaglen Armagh 2-14 Donegal 0-11

The turning point in the history of Donegal GAA. Armagh travelled to Crossmaglen in the qualifiers, John Joe Doherty's side took a trimming, and a matter of weeks later Jim McGuinness was in position as Donegal senior football manager.

Armagh had coasted to victory, Jamie Clarke's two early goals laying the foundations for the Orchard side, netting twice in the opening six minutes to open up an advantage which the visitors were never going to claw back.





## GAME ON

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## **STATS 2015**





### THE FACTS



MOST PROLIFIC

### AVERAGE GOALS SCORED



### AVERAGE GOALS CONCEDED



### NUMBER OF SCORERS



### MOST GAME TIME

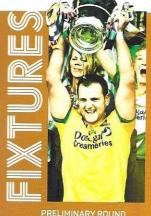


### THE FACTS

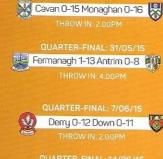
When these teams met in the 2007 Ulster Minor Championship, only 3 of today's starters featured. They were Michael Murphy, Jamie Clarke and Mark Shields.



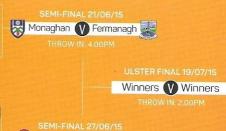
@GAELIC LIFE







Armagh V Donegal





## **ARD MHACHA**

## ARD MHACH

### ARMAGH PEN PICS

Ainm	Cumann	Aois	Airde	Meáchar	
Mark Shields	An Chrois Bhán	26	6′	12st 6	
James Morgan	Raonaithe na Croise	23	5′ 11′	12st 12	
Finnian Moriarty	De Bhulbh Tón	31	6′	13st 1	
Ciaran McKeever	Naomh Oilibhéar Pluincéad	32	6′	13st 8	
Charlie Vernon	Cláirsigh Ard Mhacha	28	6′ 1′	14st 6	
Stephen Harold	Carraig an Chrupáin	26	6' 4'	14st 1	
Aidan Forker	Machaire	23	6′	13st 12	
Stefan Campbell	Clann na nGael	23	6' 2'	13st 9	
Tony Kernan	Raonaithe na Croise	29	6'	12st 6	
Stefan Forker	Machaire	26	6' 1'	13st 8	
Caolan Rafferty	An Ghráinseach Mhór	24	6′	13st 9	
Eugene McVerry	An Mullach Bán	24	5'10'	12st 10	
Ethan Rafferty	An Ghráinseach	21	6' 5'	14st 4	
Niall McConville	Naomh Peadar	23	5' 9'	12st 8	
Kevin Dyas	Dromainn Tí	27	6′	13st 3	
Jamie Clarke	Raonaithe na Croise	25	6'	11st 8	
Andy Mallon	Na Pairnéil	32	5' 11'	13st 11	
Michael Murray	Naomh Pádraig	24	5′ 6′	11st 8	
Aaron Findon	Naomh Peadar	22	6' 5'	14st 13	
Oisín Mac Íomhair	Eanach Mór	25	6"	12st 8	
Feidhlim O'Neill	Naomh Pól	25	6'	13st 1	
David O'Hagan	An Ghráinseach	22	6' 4'	14st 3	
Seamus Kelly	Béal Átha an Airgid	22	5' 10'	11st 13	
Miceal McKenna	An Ghráinseach	22	5′ 10′	12st 9	
Ciaron O'Hanlon	Cill Shléibhe	20	6' 1'	13st 6	
Patrick Morrison	Cláirsigh Ard Mhacha	31	6' 3'	15st 2	
Stephen Sheridan	Foirceall	25	6' 1'	13st 9	
Mark McConville	Cláirsigh Ard Mhacha	26	5' 8'	11st 13	
Peter Carragher	Béal Átha an Airgid	22	6' 2'	14st 12	
Declan McKenna	Cláirsigh Ard Mhacha	24	6′	13st 9	
Mathew McNeice	Eanach Mór	22	5' 11'	13st 3	
Pearse Casey	Naomh Pádraig	22	6′ 1′	14st 6	

### LAST ULSTER **CHAMPIONSHIP VICTORY** OVER DONEGAL. 9TH JULY 2006

A Paul McGrane goal was the difference in the 2006 Ulster Final played in front of 51,000 spectators at Croke Park. Kerry then defeated Armagh in the All Ireland Quarter Final by 3-15 to 1-13, a game which was refereed by today's referee David Coldrick.



"Today, we look forward to welcoming Donegal to a full house in the Athletic Grounds. knowing that the faithful Armagh support will drive us on to playing at our full potential".

Armagh Manager, Kieran McGeeney







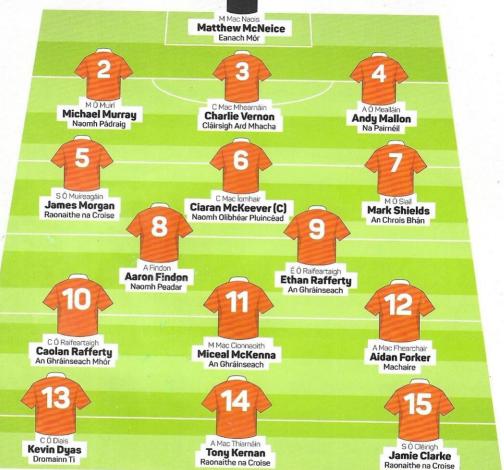
## **ARD MHACHA**

ARMAGH SENIOR TEAM

Manager: Kieran McGeeney







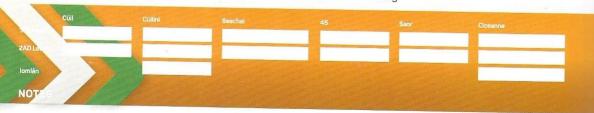
### FÍR IONAID/SUBSTITUTES

16. Niall Geoghegan, Coillidh Chanannáin 17. Andrew Murnin, Naomh Pól 18. Ciaron O'Hanlon, Cill Shléibhe

19. Stefan Campbell, Clann na nGael 20. Stefan Forker, Machaire 21. Eugene McVerry, An Mullach Bán

22. Stephen Harold, Carraig an Chrupáin 23. Finnian Moriarty, De Bhulbh Tón 24. Breandan Donaghy, An Chluain Mhór

25. Mark McConville, Cláirsigh Ard Mhacha 26. Sean Connell, Naomh Pádraig











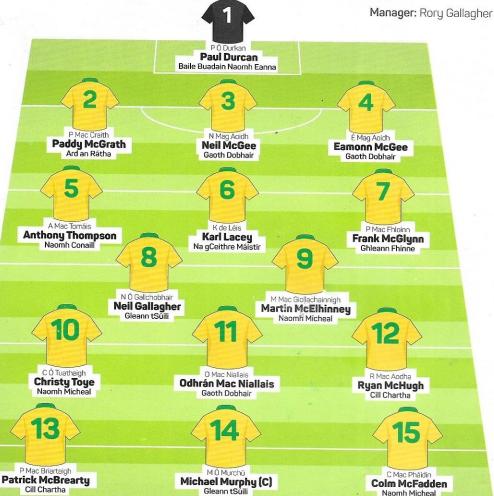






## **DÚN NA NGALL**

### DONEGAL SENIOR TEAM

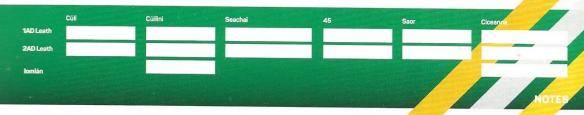


### FÍR IONAID/SUBSTITUTES

16. Michael Boyle, An Tearmann 17. Eamonn Doherty, Naomh Adhamhnáin 18. Mark McHugh, Cill Charta 19. Hugh McFadden, Na Cealla Beaga 20. Martin O'Reilly, Sean MacCumhaills 21. David Walsh, Naomh Brid

22. Gary McFadden, Gleann tSúili 23. Ciaran McGinley, Cill Charta 24. Stephen Griffin, Naomh Náille

25. Eoin McHugh, Chill Charta 26. Sean Hensey, Naomh Adhamhnáin









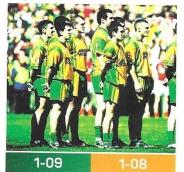
## DÚN NA NGALL



### **DONEGAL PEN PICS**

### LAST ULSTER CHAMPIONSHIP VICTORY OVER ARMAGH, MAY 27 2007

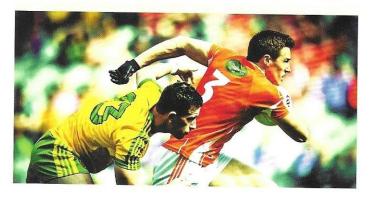
A late fortuitous goal from Brendan Devenney decided the fate of both sides in a tight affair in Pairc MacCumhaill. Oisin McConville top scored for the Orchard County with 1-2 while Colm McFadden notched six points.



"Our preliminary round victory over Tyrone was hard earned, and was a game in which many lessons were learned, but a game which also whetted the appetite for players and supporters alike for what we hope is a long and exciting summer"

Donegal Manager, Rory Gallagher

Ainm	Cumann	Aois	Airde	Meáchan
Paul Durcan	Baile Buadain Naomh Eanna	30	6' 5"	15st
Paddy Mc Grath	Ard an Ratha	25	5′ 11″	12st 7
Neil McGee	Gaoth Dobhair	28	6' 1"	15st
Frank McGlynn	Gleann Fhinne	28	5' 11"	13st
Eamon McGee	Gaoth Dobhair	30	6' 2"	13st 7
Karl Lacey	Na Ceithre Maistiri	29	5'11"	12st
Anthony Thompson	Naomh Conaill	28	6'	12st 7
Neil Gallagher	Gleann Suili	31	6' 4"	15st
Darrach O'Connor	Buncranncha	18	5'8"	11st 7
Patrick McBrearty	Cill Chartha	20	6'	12st 7
Michael Murphy	Gleann Suili	25	6' 2"	14st
Colm McFadden	Naomh Micheal	30	6'	13st 7
Michael Boyle	An Tearmann	27	6'	13st 7
Martin McElhinney	Naomh Micheal	25	6'2"	12st 7
David Walsh	Naomh Brid	31	6'	12st 5
Martin O'Reilly	Sean Mac Cumhaill	21	5′9"	12st 7
Ryan McHugh	Cill Chartha	20	5'8"	10st 7
Odhrain MacNiallais	Gaoth Dobhair	21	6ft	13st
Eamon Doherty	Naomh Adhamhnain	23	6ft	14st 7
Hugh McFadden	Na Cealla Beaga	20	6'3"	14st 7
Christy Toye	Naomh Micheal	31	6'3"	12st
Ciaran McGinley	Cill Chartha	25	6'2"	13st 7
Eoin McHugh	Cill Chartha	20	5′11″	11st
Sean Hensey	Naomh Adhamhnain	26	6'2	14st
Gary McFadden	Gleann Suili	26	6'2"	13st 5 -
Mark McHugh	Cill Chartha	24	5'11"	12st 5
Stephen Griffin	Naomh Naille	27	6' 2"	13st 5



## ONE MINUTE WI

### Kevin Dyas Caoimhín Ó Diais

Club: Dromainn Tí Club: Dromintee

Áit is fearr ar an pháirc: Leath-thosaí Favourite Position: Half Forward

An pháirc is fearr: `Páirc an Chrócaigh Favourite Pitch: Croke Park

\_\_\_\_\_

Caitheamh aimsire: Ag Amharc/imirt spórt eile agus ag

bualadh le cairde Hobbies: Watching/playing other sports and meeting up with mates

Laoch d'óige: Batman Childhood hero: Batman

An t-imreoir is fearr ar imir tú leis: Ciarán Mac Íomhair nó Séimí Mac Cléirigh Best Player you have played with: Ciaran McKeever or Jamie Clarke

An t-imreoir is fearr ar imir tú ina éadan: Séimí Mac Cléirigh nó Ciarán Mac Íomhair Best Player you have played against: Jamie Clarke or Ciaran McKeever

Cluiche is fearr ar imir tú ann: Craobh Ceathrúcheannais Uladh 2011

Best game you have been involved in: 2011 Ulster Championship Quarter Final

Cluiche is fearr ar amharc tú air: Craobh Cheannais na hÉireann 2010

Best game you have ever seen: The 2010 All-Ireland Final was a good one

Treanálaí is fearr: Aindriú "an t-inneall" Ó Mealláin Best trainer within the squad: Andy "The Machine" Mallon

Treanálaí is measa: Finnian Ó Muircheartaigh ag scriosadh achan imreoir eile. Worst trainer within the squad: Finn Mo, goes around decapitating team mates at every opportunity.

**Druil treanála is measa:** Rud ar bith gan liathróid sa lámh agat! **Worst training drill:** Anything without ball in hand!

Inspreagthóir is fearr ar an fhoireann: Ciarán Mac Íomhair Best motivator within the squad: Ciaran McKeever

Béile roimh chluiche: Pasta agus bagún Pre Match meal: Pasta with bacon

Aon phisreog: Dhá phéire stócaí Any superstitions: Two pairs of socks

Amhrán is fearr: Rud ar bith le U2 nó le Oasis Favourite Song: Something from U2 or Oasis

Scannán is fearr: City of God Favourite Film: City of God

Áit is fearr do laethanta saora: Nua Eabhrach Favourite Holiday Destination: New York

Deoch is fearr: Bainne Favourite Drink: Milk

**Béile is fearr:** Bia Meicsiceach de chineál éigin **Favourite Meal:** Some sort of

Mexican

Comhairle is fearr a fuair tú: Ní drocheispéireas é má chuirtear cúl ort, ach ceacht saoil.

**Best advice ever received:** A setback is never a bad experience, just another life lesson

Tionchar is mó: Mo thuismitheoirí Biggest influence on career: Parents

**Oibrí deonach sa chlub:** Séamus Ó Dálaigh Club Volunteer of note: James Daly

Amhrán a n-éisteann tú leis roimh chluichí: Ní éistim le ceol roimh chluichí Song you listen to before big games: Don't listen to music before games

Scil is tábhachtaí: Scóráil Most important skill: Scoring

Láidreacht is mó: Ag cur cuma mhaith at phasanna ó Bhreandán Mac Donnchaidh Biggest Strength in your game:

Making Brendan Donaghy's passes look good

Cuid den chluiche ba mhaith leat a fheabhsú: Scóráil Area of your game you would like to improve: Scoring

Club eile is mian leat a fheiceáil ag baint: Machaire Fíolta Which club do you like to see do well apart from your own: Magherafelt

Contae eile is mian leat a fheiceáil ag baint: An Clár Which county do you like to see do well apart from your own: Clare

Comhairle do pháistí: Déan cleachtadh ar na bunscileanna Advice for youngsters: Practise the basics

Imreoir óg i do chlub a bhfuil todchaí gheal roimhe: Liam Ó Fearáin Young Player within your club to look out for: Liam Fearon

Rud is fearr fán CLG: Ag bualadh le do chairde cúpla uair sa tseachtain Best thing about the GAA:

Meeting up with your mates a few times every week

## **VALUING VOLUNTEERS**

### JOE McGARVEY





The name Joe McGarvey is synonymous with CLG Chloich Cheann. Fhaola for many years. Joe has been involved with the Club for longer than he would wish to admit, having first played Senior football for the Club in 1978 at the tender age of 15 and continued playing for excess of 20 years.

He achieved success during his playing days including twice winning the All-Ireland Comórtas Peile na Gaeltachta in 1992 and 1993 as well as numerous other County Honours indeed Joe also played with County squads at various levels and captained his Club team for a number of years.

Joe McGarvey served in almost every role of the Club Officer Board over the years having held positions such as Treasurer, Development Officer, Minor Board Chairman and is the current Club County board delegate as well as the Vice Chairman. Be it fundraising, helping out with developments, gym or training duties as well as any other aspect of club duties Joe is always central to the goings on within the club structure and nothing is ever too much, indeed Joe epitomises everything which the association would term as a true Gael.

Joe McGarvey has inspired success during a very satisfactory management career with his Club, gaining success at various underage grades as well as taking the first Minor team from the Club to a County Final in 2010

Joe managed the senior team to Intermediate Championship success in 2006 and 2014 and took the club team to the Ulster Intermediate Semi Final in 2014. Joe was also at the helm of the Cloich Cheann Fhaola team who won the All-Ireland Comórtas Peile Na Gaeltachta title on home soil in Falcarragh in 2011.

The massive work which Joe has put in at club level has insured that he has been awarded numerous Club Person of the Year awards and it is fair to say that his endeavours are very much appreciated within the club structure. This testament only serves as a brief synopsis of the massive input which McGarvey has made to the GAA and there is no doubt but that his no nonsense work ethic will continue within the Club for many

Go raibh maith agat a Sheosamh agus coinnigh leis an obair maith atá a déanamh agat ó CLG Dhún Na nGall



...Joe is always central to the goings on within the club structure and nothing is ever too much, indeed Joe epitomises everything which the association would term as a true Gael.

## ONE MINUTE WITH...

### Paul Durcan

Club: Ballyboden St Enda's

Favourite Position: Goalkeeper

Favourite Pitch:

Tír Conaill Park Donegal Town

Hobbies: Golf

Childhood hero: Barry Monaghan

Best Player you have played with:

Karl Lacey

Best Player you have played against: Declan O'Sullivan

Best game you have been involved

in: 2012 All-Ireland Final

Best game you have ever seen: Dublin v Tyrone 2005

**Best trainer within the squad:** Michael Boyle

**Worst trainer within the squad:** Mark Anthony McGinley

Worst training drill: Any goalkeeping drills

**Best motivator within the squad:** Mark Anthony again

Pre Match meal: Soup

Any superstitions: None

Favourite Song: The Bends

Favourite Film: Django Unchained

Favourite Holiday Destination: New York

Favourite Drink: Football Special

Favourite Meal: Steak

Best advice ever received: Get in the way

Biggest influence on career: Parents

Most important skill: Handling

Biggest Strength in your game: Kicking

Area of your game you would like to improve: Kicking

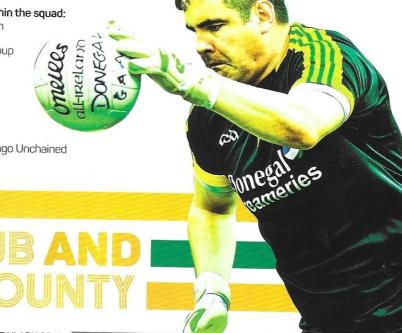
Which club do you like to see do well apart from your own: Four Masters

Which county do you like to see do well apart from your own: Mayo

Advice for youngsters: Never play scared

Young Player within your club to look out for: Jack Keaney

Best thing about the GAA: Playing games



## LADIES

### **CHAMPIONSHIP**



Once again this year Ulster will have representatives in the All-Ireland Junior, Intermediate and Senior Football Championships.

Within Ulster realistically five of the six teams in the senior championship could win the O'Harte cup. In the quarter finals, Down meet Donegal and Cavan play Tyrone. Down are in the process of rebuilding. After winning last years All Ireland Intermediate title over three quarters of the squad retired and this year's competition is probably a year or two early for the new squad. In the quarter final they meet a Donegal side who were unbeaten in the round robin stages of the Division 2 league. New manager Davy McLaughlin has added a few new players and the return of Geraldine McLaughlin from injury has certainly helped their cause going forward.

In the second quarter final Cavan will meet Tyrone. The Breffni side have a new manager and Conor Barry has led one of the most professional regimes ever seen in ladies football. They,

like Donegal went unbeaten in the round robin stages of the league. They narrowly lost to the Tir Chonnail girls in a first/second place playoff, and were then knocked out of the league semi-final by an excellent Armagh outfit. Tyrone on the other hand are in transition. They do play in a higher league Division than Cavan and did manage a last day victory to maintain premier status next season. This one is too close to call and the winner will play Down or Donegal in the Semi-Final.

The other Semi- Final between Armagh and Monaghan will be a repeat of last year's final which the orchard side won. A lacklustre Monaghan got caught on the hop last time out, but there will be no complacency this July with new man Peter Clarke at the helm. Armagh have an experienced side and also had a good league campaign. This one should go to the wire.

The Ulster Intermediate Final will see the meeting of Antrim and Fermanagh. These two met at the semi-final stage last year with the honours going to Fermanagh.

There is no guarantee however that this year's game will see a repeat of that result. Antrim had a reasonably good league campaign in Division 4, and while Fermanagh played in a Division above them they didn't really set the world on fire and failed to qualify for the semi-finals. This one will boil down to two things hunger and planning. There is no doubting that both sides will be hungry to advance especially Antrim who will be hurting from last year's defeat. Antrim are well organised and will relish the opportunity to advance to the All-Ireland series. Fermanagh on the other hand have had management issues and while they certainly have quality players they need to sort their backroom team if they are to have any chance going forward.

Derry are currently the only junior team in the province and will go forward to the national competition.

To keep up to date on the Ulster Ladies championship check out www.ulsterladiesgaelic.com or follow us on facebook, ulsterladiesgaelic or twitter @ulsterladies



## **DEFIBRILLATOR**RESPONSIBILITIES

Many GAA clubs in Ulster have put in place a piece of equipment which could help save lives. The equipment is an Automated External Defibrillator (AED), a portable device that checks the heart rhythm. If needed, it can send an electric shock to the heart to try to restore a normal rhythm. AEDs are used to treat sudden cardiac arrest (SCA), a condition in which the heart suddenly and unexpectedly stops beating.

In order for the AED to be effective, the heart must be in a 'shockable' rhythm, therefore not every casualty who collapses will benefit from the use of the defibrillator. In these instances, good quality CPR (Cardiopulmonary Resuscitation) is the best lifeline a first responder can offer until professional help arrives.

There have been many examples where AEDs in the community have saved lives which otherwise may have been lost, while the accompanying CPR bought time for others until emergency help arrived. GAA Clubs who have a defibrillator in their possession are to be commended for taking the step for the betterment of their community. In order to ensure that the equipment is in best working order and it's users confident should they be called upon, the following guidelines should be considered.

### ACCESSIBILITY:

It is essential to properly store and maintain a club AED as the performance of the defibrillator may be compromised if the recommendations are ignored. It is important that your AED is accessible as every minute is critical for a collapsed casualty. Research has shown that the chance of its use being effective is considerably

increased if defibrillation occurs within 3 minutes. In order to prevent damage, wall mounting is preferable though not essential. To avoid difficulties accessing an AED in the event of an emergency, it is advised that the AED should not be kept under lock and key. However, if kept in an area which is locked, keys *must* be convenient to hand. Heated, alarmed cabinets are available for outside storage should it be required.

### CHECKING:

Ideally the Club should appoint an officer/officers who will be responsible for checking that the defibrillator is in proper working order and that and the necessary components are present. Manufacturers will provide recommendations on this but as a guideline the following should apply:

On a daily (ideally) or weekly (minimum) basis, the battery should be checked along with the pad's expiry date. Additionally the following items should also be present to ensure the casualty has the best chance of survival; spare pads; paediatric pads; face mask, scissors, razor and towel.

In the event of the AED being used or expiration of pads an immediate re-order should be placed.

### TRAINING:

AEDs have been designed for use by laypersons who have received AED/CPR training. When in use, they give clear audio and visual commands as to whether or not a shock is advised. It is important to have a group of dedicated personnel within the Club or Community who receive initial





training and are refreshed again at least once a year (although best practice would suggest ever six months). Training should be delivered by an accredited organisation or person and contents should be in accordance with recommendations as set by the appropriate Resuscitation Council or Association

It is essential that the wider Club and Community are aware of who the trained users are and how to contact them in the event of an emergency. Posting names and contact details in appropriate places is important to ensure this happens. It is also recommended that a dedicated list of AED-trained individuals should be kept adjacent to the AED with phone numbers.

In the event of the AED being used it is important that the Club holds a debrief on it's protocols, prepare for a re-order of battery/pads and offer support as is required to the person or persons who used the equipment.

Any club seeking more information should contact aileen.cummins.ulster@gaa.ie



Armagh players and supporters have been waiting patiently for the huge challenge that faces us here today in the Athletic Grounds in the Ulster Quarter Final. Donegal have become accustomed to sitting at Gaelic football's top table over the past few years and they proved in their preliminary round victory over Tyrone that they have every intention of remaining there. Rory Gallagher has taken over the helm from the great Jim McGuinness and his side come here today full of confidence.

Armagh came through a tough Division 3 League campaign this year and experienced success in Croke Park, but this ambitious group of players would like to build on that and have applied themselves diligently in the build-up to today's game. They have shown tremendous commitment and showed throughout the league campaign that they possess great ability and work ethic and an abundance of character.

Last weekend, we witnessed one of the biggest fundraising initiatives ever undertaken by Armagh GAA with a highly successful Night at the Dogs in Dundalk Stadium. Events like this will ensure that Armagh can rebuild and develop with full resources and once again compete at the highest level of Gaelic football in Ulster and in Ireland. The players and management are very thankful for the efforts of our county board to provide us with every chance to perform as best we can.

The management, players and county board gratefully acknowledge the continuing support of our sponsors, most notably Rainbow Communications and Simply Fruit. All those presently involved in Armagh GAA are working towards the same goal and to this end the contribution of our many supporters is critical. I thank our supporters for their commitment, perseverance and continued support. Finally, I wish the match officials well today and trust in their contribution to making this a very enjoyable and sporting occasion.

## HEAD TO HEAD

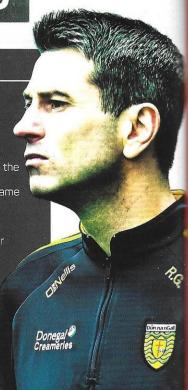
### RORY GALLAGHER DÚN NA NGALL Manager

Once again it is a great honour for me today to lead Donegal into Ulster Championship action. Donegal have not played a Championship game in the Athletic Grounds in recent memory and I have no doubt there will be a packed house and a great atmosphere on the day.

Our opponents today have had a great year so far, getting promotion and winning the Division 3 title outright, and after having a great tussle with Donegal in last years highly entertaining All Ireland Quarter Final, I'm sure they will come in to today's game full of confidence and will no doubt provide us with a very difficult challenge.

From our own perspective I would like to thank the players for all the effort and commitment they have shown up to this point. Our preliminary round victory over Tyrone was hard earned, and was a game in which many lessons were learned, but a game which also whetted the appetite for players and supporters alike for what we hope is a long and exciting summer.

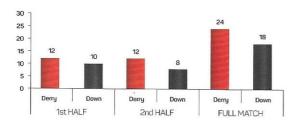
A word of thanks also to the backroom team, the medical staff, who have done trojan work to get some of our players on the pitch today, the conditioning coaches, the county board, our sponsors Donegal Creameries, the many clubs who have given up their facilities so freely this past few months, and we look forward to your continued support.



## **STATS 2015**

### DERRY V DOWN - THE FACTS

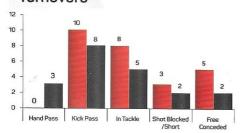
### Kick Outs Won



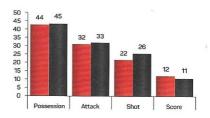
### Kick Outs Breakdown



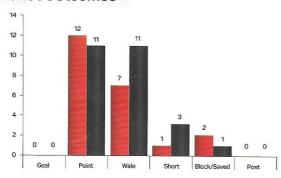
### **Turnovers**



### Possession to Score Ratio



### **Shot Outcomes**



### **SUMMARY**

The reason for Derry's superiority was their superior efficiency in front of goal. Derry shaded the kick out battle, while Down were more careful in possession with fewer turnovers, so overall possession share was finely balanced. This balance prevailed through until the final shots were taken, where Derry then edged the encounter. A shot success rate of 55% for Derry was far superior to Down's 42%, and proved the difference between the teams on the final scoreboard.



## KEEPSAFE



## IN THE SUN THIS SUMMER

Cancer Focus Northern Ireland has developed a strong relationship with the Ulster GAA over the past few years; with members availing of informative leaflets, health checks and smoking cessation assistance.

During the Ulster Championships the focus has shifted to helping members understand the importance of taking care in the sun - even here in Ireland! Skin cancers are increasingly common in this part of the world, but there are some things we can all do to minimise our risk.

Whether you are playing, coaching or spectating follow these simple tips to make sure you and your family stay safe in the sun:

Seek shade between 11am and 3pm

- Cover up with a hat, T-shirt and sunglasses
- Use a sunscreen with SPF 15 and 4 star or more UVA protection
- Check moles for changes in size, colour and shape.
- Skin cancer can grow from a freckle, mole or a normal area of skin.
- Look out for new growths

Coaches and parents - children's skin is especially sensitive to the sun and can burn more easily than adults' so make sure that children are aware of and follow the above rules. If you are coaching a team or running a competition this summer it's a good idea to have some sun

screen available, provide shaded or indoor areas for teams when they aren't playing and encourage all children to keep covered with a hat and t-shirt.

If you require any further information about keeping safe in the sun visit the website www.careinthesun.org

If you are concerned about skin cancer you can call the Cancer Focus free information and 0800 783 3339

on helpline@cancerfocusni.org



## **JESSE JANE'S** GOT REAL TALENT

Armagh GAA along with everyone in the County and further afield were delighted recently when 9 year old Jesse Jane McParland made it through to the Finals of Britian's Got Talent Show.

Watched by over 8 million people Jesse Jane whose Grandad Jimmy McGurgan is a long standing and highly respected Volunteer with Keady. Armagh and Ulster GAA made a huge impression with the judges and viewers with her fantastic range of Martial Arts skills.

Jesse Jane is present here today with her Mum, Sinead and Dad and will select the Half Time draw winners. All of their friends in the GAA and beyond offer JJ and her family heartiest congratulations and wish her continued success in her career.

We believe in local

## SuperValu Real Food, Real People



- We're proud to sponsor the GAA Football All Ireland Senior Championship for our fifth year running.
- We're committed to bringing communities together through our support of the GAA at club and championship level as well as other community initiatives including SuperValu TidyTowns and our support of local producers.
- We've extended our store network to 223 stores nationwide. Did you know that by shopping in a locally owned store like SuperValu up to three times more money goes back into the local economy?

Believe in local. We do.



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