

CRAOBH PEILE ULADH 2014

Doire v Dún na nGall

25ú Bealtaine 2014, Páirc na gCeilteach, Doire

Electric Ireland Ulster GAA Minor Football Championship



ULSTER
GAA
FOOTBALL
CHAMPIONSHIP



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Fé mhóid bheith saor.
Sean tír ár sinsir feasta
Ní fhagfar fé'n tiorán ná fé'n tráil
Aocht a théam sa bhearna bhaoil,
Le gean ar Ghaeil chun báis nó saoil
Le guna screach fé lámhach na bpiléar
Seo libh canaídh Amhrán na bhFiann.

RÉAMHFHOCAL

Ba mhaith liom fáilte a chur roimh na foirne agus an lucht leanúna a tháinig go dtí an Pháirc Cheilteach inniu ó Dhoire agus ó Dhún na nGall. Molaim go hard gach duine a chuidigh leis na himreoirí seo thar na blianta iad a ullmhú le himirt ag an ardchaighdeán spóirt seo.

The 2014 Ulster Senior Football Championship is well and truly started. Last Sunday's game, and in particular the second half epitomised all that is good about our provincial championship. The Down and Tyrone players were a credit to their counties and hopefully today, we will be treated to another great encounter between Doire and Dún na nGall.

The amount of investment that has been directed to this great venue at Celtic Park provides a wonderful setting for this eagerly awaited Quarter-Final clash between the Allianz Football League Division 1 and Division 2 Finalists.

It is also an opportunity for the stars of the future to shine in today's arena. Cumann na mBunscol children will display their skills at half time while the minor sides from both Derry and Donegal are competing for a place in the Ulster Championship Semi-Finals.

Whether it be in schools competitions, on the important platform that is Scór or in competitive club, county or

This year's Ulster Senior Football Championship promises to be bigger, better and more exciting than ever.

Provincial activity our teams through their members and players exemplify the positive attributes which go hand in hand with our pride of place which remains central to all things GAA.

In mentioning Scór, I pay tribute to the recently crowned All-Ireland champions from today's counties. In Scór na nÓg Tráth na gCeisteanna: Naomh Columba (Dún na nGall) and in Scór Sinsear Amhránaíocht Aonair – Hannah Ferguson, An Gleanna (Doire). Congratulations to all involved in these tremendous successes.

Not only do I believe that this is the most competitive of all of the GAA's inter-county championships, but as evidenced today every team can take to the field in a given game with a well grounded hope of success in that fixture. It is testament to our county panels that such a focus and drive underpins their participation and their quest for success. The progression of our counties in the recent Allianz Football Leagues adds to the excitement of our championship. Long may it continue.

I would like to acknowledge and thank all the Ulster Council and

Derry GAA personnel involved in hosting today's games. Everyone plays their part; supporters and stewards, medics, match officials and players, sponsors, local authorities, media, County Boards and Provincial Council.

I would also like to wish all four teams, their County Boards and management every success in their respective outings today and the match officials whose role should never be overlooked.

Finally, to you the supporters; your attendance here today makes these summer Sundays the special events they become. Your support, attendance and attention is highly valued and we hope the experience of today will encourage you join us again at some stage over the summer before the 2014 resting place of the Anglo Celt Cup is confirmed.

**Is fear a bheith ann' -
Nothing Beats Being Here**



TODAY'S GAMES

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Photography: Sportsfile, Mary K Burke & John Merry

ELECTRIC IRELAND ULSTER MINOR FOOTBALL CHAMPIONSHIP QUARTER-FINAL

(12:15pm, Extra Time if required)

Doire v Dún na nGall

Referee: Ronan Barry (An Dún)
Standby: Donal Connolly (Muineachán)
Linesman: James Lewis (Fear Manach)
Sideline Official: Maggie Farrelly (An Cabhán)

Ronan Barry (An Dún)



Ronan is married to Marta with 2 daughters Tiarna and Eimear and is a Production Manager with Drumhorc Pallets in Gilford. He is a member of the Tullylish GAA Club in Co. Down.

Ronan has been referee for numerous Finals in Co. Down and last year represented Ulster refereeing in Philadelphia at the Continental Youth Championships.

His most recent appointment was the Ulster Under 21 Semi-Final between Donegal and Armagh. Today Ronan will be joined by his regular team of umpires Gary Feeney, Kevin McCartan, Emmett Scullion and Dominic Kearns.

ULSTER SENIOR FOOTBALL CHAMPIONSHIP QUARTER-FINAL

(2:00pm)

Doire v Dún na nGall

Referee: Joe McQuillan (An Cabhán)
Standby: Marty Duffy (Sligeach)
Linesman: Ciaran Branagan (An Dún)
Sideline Official: Noel Mooney (An Cabhán)

Joe McQuillan (An Cabhán)



Joe has been refereeing for 14 years and this is his eleventh year on the National panel. 2006 was a huge year for him. He refereed the Munster Senior Final, the All-Ireland Under 21 Final and the Cavan Senior Football Final. He also refereed the 2005 Leinster Senior Final.

Joe has refereed three Ulster Club Senior Finals and one All-Ireland Senior Club Final. Joe took charge of the 2011 Leinster Final between Dublin and Wexford. Within Ulster, he refereed the 2010 Quarter-Final between Dún na nGall and An Dún as well as the 2011 games between Doire and Fear Manach and Tír Eoghain and Dún na nGall. He also refereed the Ard Mhacha and Tír Eoghain clash in 2012.

Joe's biggest achievement came in September 2011 when he took charge of the All-Ireland Senior Football decider when Dublin defeated Kerry. He took charge of his second All-Ireland Senior Football Final in 2013. Today his umpires will be Ciaran Brady, Tommy O'Reilly, TP Gray, and Jimmy Galligan.



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Ulster Senior Championships Launch

CLÁR AN LAE

SUNDAY MAY 25TH,
CELTIC PARK

- 11.58** Doire amach ar an bPairc
- 12.01** Dún na nGall amach ar an bPairc
- 12.15** Tús an Cluiche:
Doire v Dún na nGall
- 12.46** Half Time / Leath Am
- 12.48** Entertainment / Siamsa
- 12.56** Start of Second Half /
Tús an dara leath
- 13.29** Críoch an Chluiche Mionúir

** If Extra Time is required see below*

- 13.39** Doire amach ar an bPairc
- 13.42** Dún na nGall amach ar an bPairc
- 13.53** Paráid
- 13.58** Amhrán na bhFiann
- 14.00** Tús an Cluiche:
Doire v Dún na nGall
- 14.36** Half Time / Leath Am
- 14.38** Cluichí Cumann na mBunscol
- 14.51** Start of Second Half /
Tús an dara leath
- 15.29** Críoch an Chluiche Shinsir

- *13.34** Start of First Period of
Extra Time
- 13.44** End of First Period of Extra Time
- 13.46** Start of Second Period of
Extra Time
- 13.58** End of Extra Time
- 14.00** Doire amach ar an bPairc
- 14.03** Dún na nGall amach ar an bPairc
- 14.13** Paráid
- 14.18** Amhrán na bhFiann
- 14.20** Tús an Cluiche:
Doire v Dún na nGall
- 14.56** Half Time / Leath Am
- 14.58** Cumann na mBunscol Exhibition
- 15.11** Start of Second Half /
Tús an dara leath
- 15.48** End of Senior Game /
Críoch an Chluiche Shinsir

! YOUR SAFETY

Please note the following regulations. We ask for your full co-operation with stewards and other volunteers who are doing their best to ensure you enjoy the match. If you fail to co-operate it may be necessary to refuse you entry or, if inside the stadium, to ask you to leave.

Please do not bring anything into the stadium that can be used as a weapon or that will cause interference with others. This includes fireworks, smoke canisters, bottles, flagpoles, banners. We do not allow alcohol in the ground. We ask you not to climb onto walls, stands and other buildings. Likewise, we ask you to refrain from making unnecessary noise that will annoy other spectators near you. That includes the likes of air horns or radios.

Please do not use foul, abusive or offensive language. There are families and children present. We ask you not to enter the field of play during or after the game for health and safety reasons. Occasionally we may be required to search patrons entering the ground. If you refuse to be searched you may be refused entry. Please do not obstruct gangways or stairwells etc. Also, please do not engage in behaviour that may cause a fire or other dangerous event.

The Officers on duty reserve the right to remove you from the ground if you do not comply with these simple regulations. Our intention is simply to ensure that all our supporters can enjoy the match.

FIRST AID

First Aid is provided at today's venue, by Order of Malta Personnel with ambulances located behind the changing rooms and at the Lonemore Road side.

LOST CHILDREN

Children who have become separated from their parents/guardians should be brought to the designated First Aid Points.

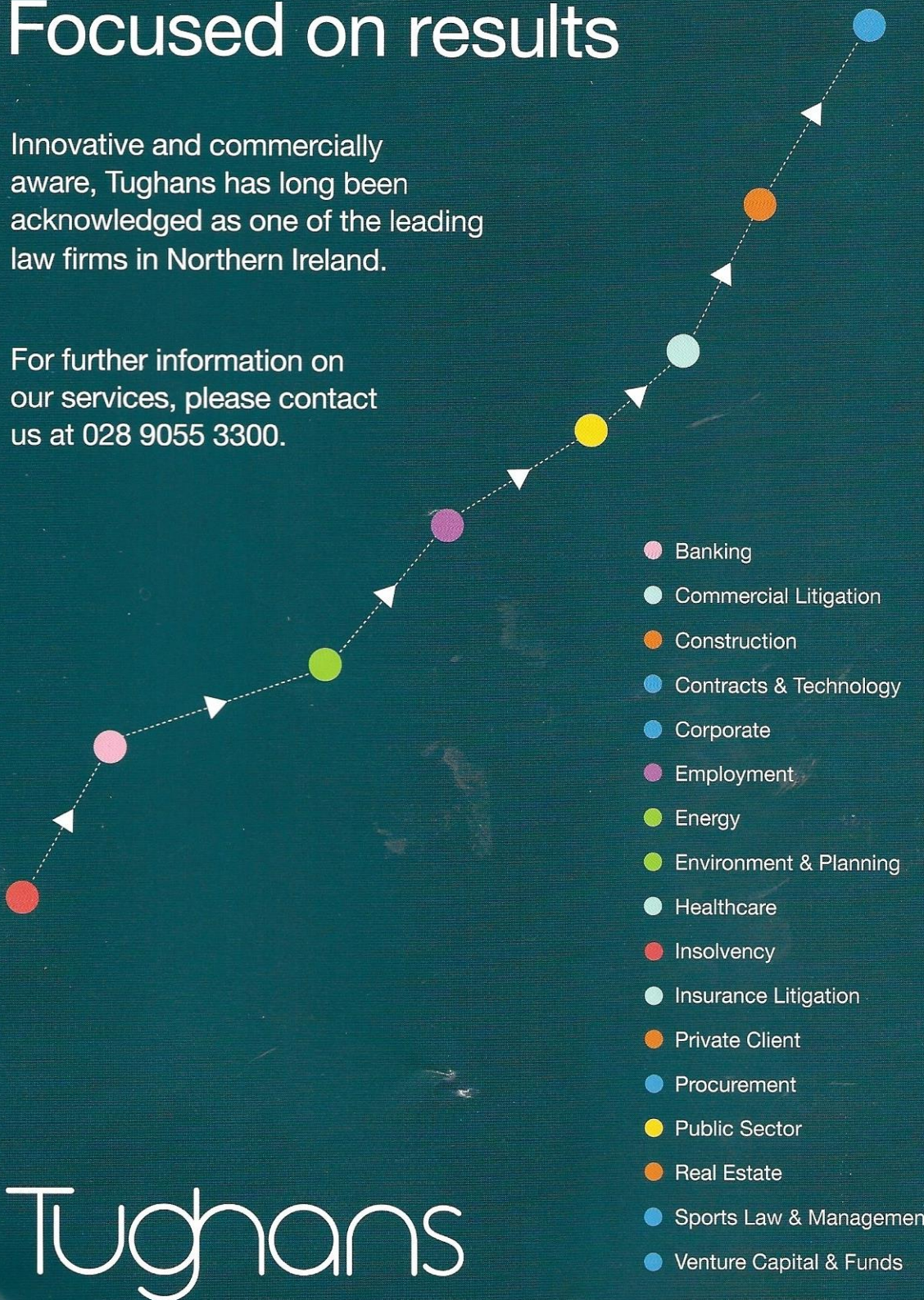
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We have established this policy for health and safety reasons, to avoid serious injury or death. We thank you for your co-operation, and hope you enjoy the match.

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CUMANN NA BUNSCOL



TODAY'S MINI GAMES



Doire



Dún na nGall

Fionn O'Donnell, Derrychrin PS
Joey Devlin, Lissan PS
Calum McCoy, St Patrick's PS Moneymore
Gabriel Caffrey, Termoncanice PS Limavady
Eamonn McElhinney, St Matthew's PS Drumsurn
Aaron Donnelly, Holy Family PS Magherafelt
Patrick Turley, Broadbridge PS Eglinton
Rory McElhinney, St Finlough's Ballykelly
Ruairi Lynch, Broadbridge PS Eglinton
Reece McGuigan, St Mary's PS Draperstown
Ciaran O'Neill, St Mary's PS Greenlough
Oran Walton, St Columba's PS Ballerin
Jude McGill, St Mary's PS Glenview Maghera
Fiedhlim Butcher, Termoncanice PS Limavady
Joshua Peoples, St Finlough's Ballykelly
James Donnelly, St Mary's PS Bellaghy
Lee Brady, St Matthew's PS Drumsurn
Setanta McLaughlin, St Columba's PS Kilrea

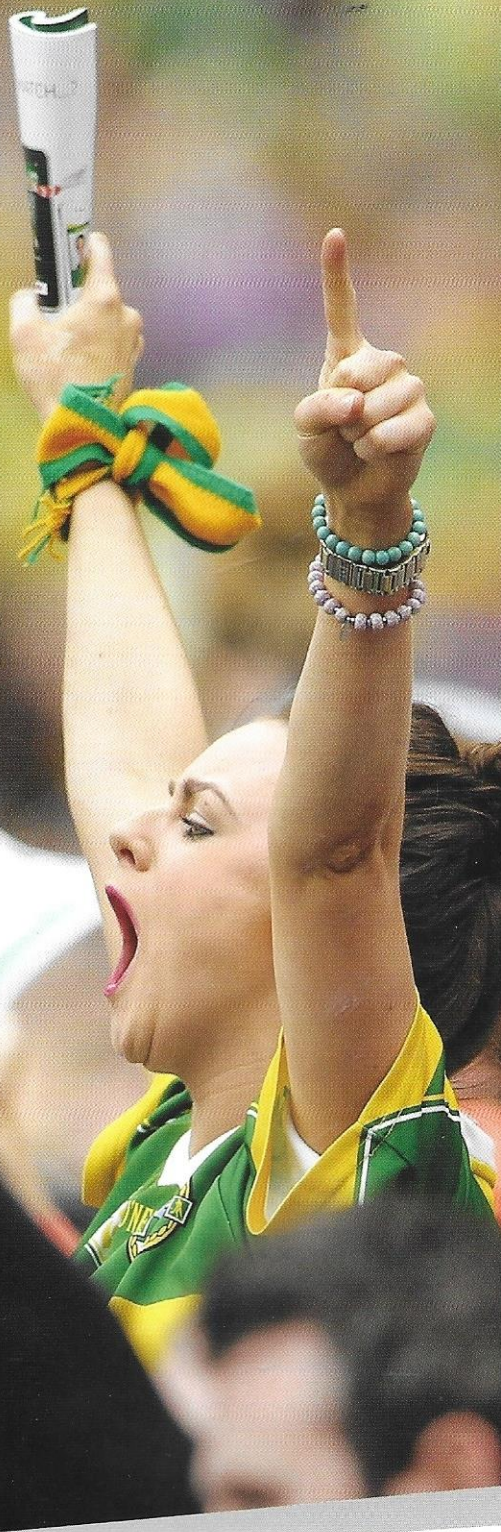
Danny Foye, Glassan NS.
Odhrán Mac Gloinn, Scoil an Choimín
Jack O'Donnell, Scoil Cholmcille, Newtoncunningham
Eoin Gorrell, Scoil Aodh Rua agus Nuala
Aaron Culloo, St Francis, Barnesmore
Jamie Mac Pháidín, Loch an Iúir NS
Daniel McHugh, St Conal's Kildlooney
Lee Davidson, Scoil Iosagáin, Buncrana
Fiachra MacGiolla Comhail, Scoil Mhuire, Na Doirí Beaga
Ciaran Curran, St Aengus, Bridgend
Oisín McMenamin, Fintra NS, Killybegs
Gerry Oates, St Macartans Bundoran
Kevin Canny, Scoil an Leanabh Íosa, Killymard
Darragh Ellison, Lurgybrack NS
Patrick Gallagher, S.N. an tSraitha Mhóir
Sean Geaney, Scoil Fhionnan
Tiernan McIntyre, Ballymena NS, Glengad
Conor McCullough, Scoil Eoghain, Moville



Belief

There is a moment when a wish becomes a belief. When all the hard work and effort changes from a desire into a certainty. Players understand this. That's why they put in the hard miles and push themselves on in the face of adversity. Supporters understand it too. They know that their voice cheering their team on can mean the difference between victory and defeat. This season, eircom want to help fans have their voices heard and show them that their shout counts.

Passion, pride, belief.
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eircom

All together now

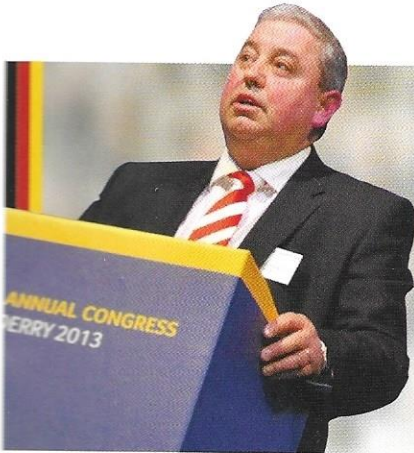


VALUING THE
VOLUNTEER



Local Hero

FOR CLUB & COUNTY



“ To approach our future as GAA volunteers with the same energy, resilience and positivity he brings, and to do so without thought for self; to live by the guiding principles of the real GAA which will see the soul of our communities continue to flourish. Remember, there is no such thing as can't. ”

Dear fellow volunteer, how do you value the Chairperson of Derry GAA, John Keenan in five hundred words? How can you do justice to someone who has put every living sinew of his being into Cumann Lúthchleas Gael over the past five years?

You might think of starting at the start, his upbringing along the 'Broagh' or Bruach - 'The Riverbank'. To name it is to own it, after-all. A near neighbour of the family clan, Seamus Heaney, understood that acutely and among landscapes which fired his imagination, another Seamus - Keenan this time - raised a family that have 'very happy memories' of childhood and a real sense of community and place.

You could describe someone for whom the glass is 'always half full': someone who followed his father onto the committee of the St Malachy's club in Castledawson from 'no age' to become its chair. As a National League medal winner with Derry in 1947 and as a club volunteer, Seamus Keenan did not ever accept 'I can't'. Looking around the 2014 version of Ireland's first GAA centre, Owenbeg, neither did his

son. The new player and spectator complex which opened officially last year will stand for generations and will serve them all well. There is a plaque, of course, but stone and steel structures by themselves fall a long way short of any kind of valuation of his service.

So too do recent events and times which will go down as culturally significant, and as historical milestones in our county and province. The whirlwind of Congress 2013, National Féile Peile na nÓg and Scór Finals in the 125th anniversary year of the GAA in Derry had us all in its thrall.

You could point to the goodwill generated the length and breadth of the country by the hosting, for the first time ever in Derry, of a Congress for the ages when an Irish President addressed Gaels on the site of a former British Army base on the banks of the Foyle. You'd be getting close, but you'd still be short of the mark.

Cataloguing time invested also becomes merely another detail with the passing of time for people like

Keenan. GAA involvement resulting in seventeen hour days, seven days a week, whilst attempting to run a building contracting business through an unprecedented slump in the industry just does not make sense in today's modern world. But then, neither does the GAA.

A sense of humour helps, of course. We could always value a man renowned for a collection of rapidly delivered maxims and one-liners, most of which are admittedly unprintable. Laughter is often the best medicine, after all.

But for all this and much more besides, the only true way to value the contribution of John Keenan to our association is to imitate. To approach our future as GAA volunteers with the same energy, resilience and positivity he brings, and to do so without thought for self; to live by the guiding principles of the real GAA which will see the soul of our communities continue to flourish. Remember, there is no such thing as can't.

On behalf of future and present generations in Derry, thank you John.

GET READY FOR THE ACTION

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ON BBC RADIO ULSTER 1341MW

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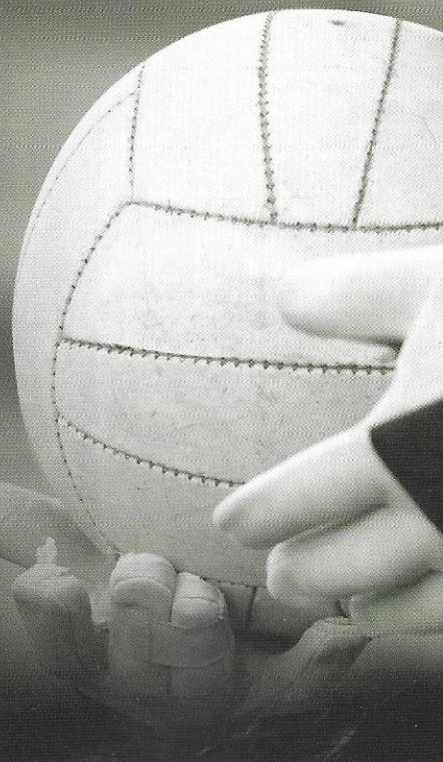
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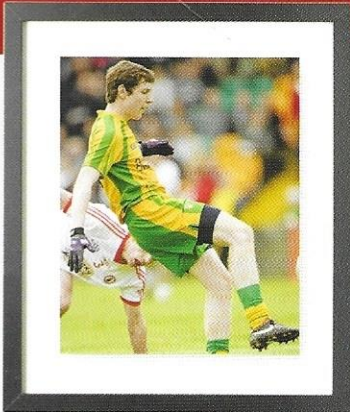
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MINOR PREVIEW



FRESH off the back of their recent Ulster Minor League triumph, Donegal will make the short trip to Celtic Park today hoping to keep their impressive record intact when they lock horns with Derry.

The Tír Conaill men will be backboned by a string of Gaoth Dobhair players who recently secured the Donegal Minor League title.

Gaoth Dobhair duo Ciaran Gillespie and Cian Mulligan are likely to feature in Declan Bonner's back-line with Michael Carroll – son of the late great Francie – operating around the middle of the field or in the half-forward line.

Gaoth Dobhair's Niall Friel is also a corner-forward capable of causing trouble for any defence and in U21 panelist Lorcan Connor. Downings have one of the county's most promising players.

Stephen McBrearty, younger brother of 2012 All-Ireland winner Patrick, is undoubtedly the star of the Donegal show at U18 level, but the Kilcar youngster has only recently returned from a cruciate ligament

injury and with just two club games under his belt, it is unknown whether or not McBrearty is operating at Championship intensity.

Declan Bonner's troops defeated Armagh 1-9 to 0-5 in the Ulster Minor League semi-final last month with Bunrana's John Campbell in devastating form. Campbell and Caolan McGinagle were both hugely influential in Bunrana's Donegal Minor Football Championship triumph last season.

Donegal then travelled to Brewster Park to take on Tyrone in the Ulster League Final. The Red Hands, for so long the benchmark by which all other county's measure their minor performance, were humbled. The 1-15 to 2-7 scoreline highlighted Donegal's undoubted potential for this season and strengthened the growing belief within the county that the current crop are the best Minor side since Sean Clerkin's 2006 Ulster Minor League and Championship winners.

Derry, meanwhile, experienced an Ulster Minor League campaign they'd like to forget with the young Oak Leafers losing all four of their fixtures. The squad, however, were hindered by St Patrick's Magheras Hogan Cup Final run as manager Richard Ferris was unable to call upon any of the students until their campaign was finished.

On Saturday April 13th, Maghera were denied back-to-back Hogan Cup titles and in the five weeks that have followed, Ferris has had to conduct a squad overhaul to integrate the considerable St Patrick's contingent. Jack Doherty, Danny Tallon, Caolan McNeill, Sean Quinn, Paul McNeill and Peter Hagan are likely to feature at

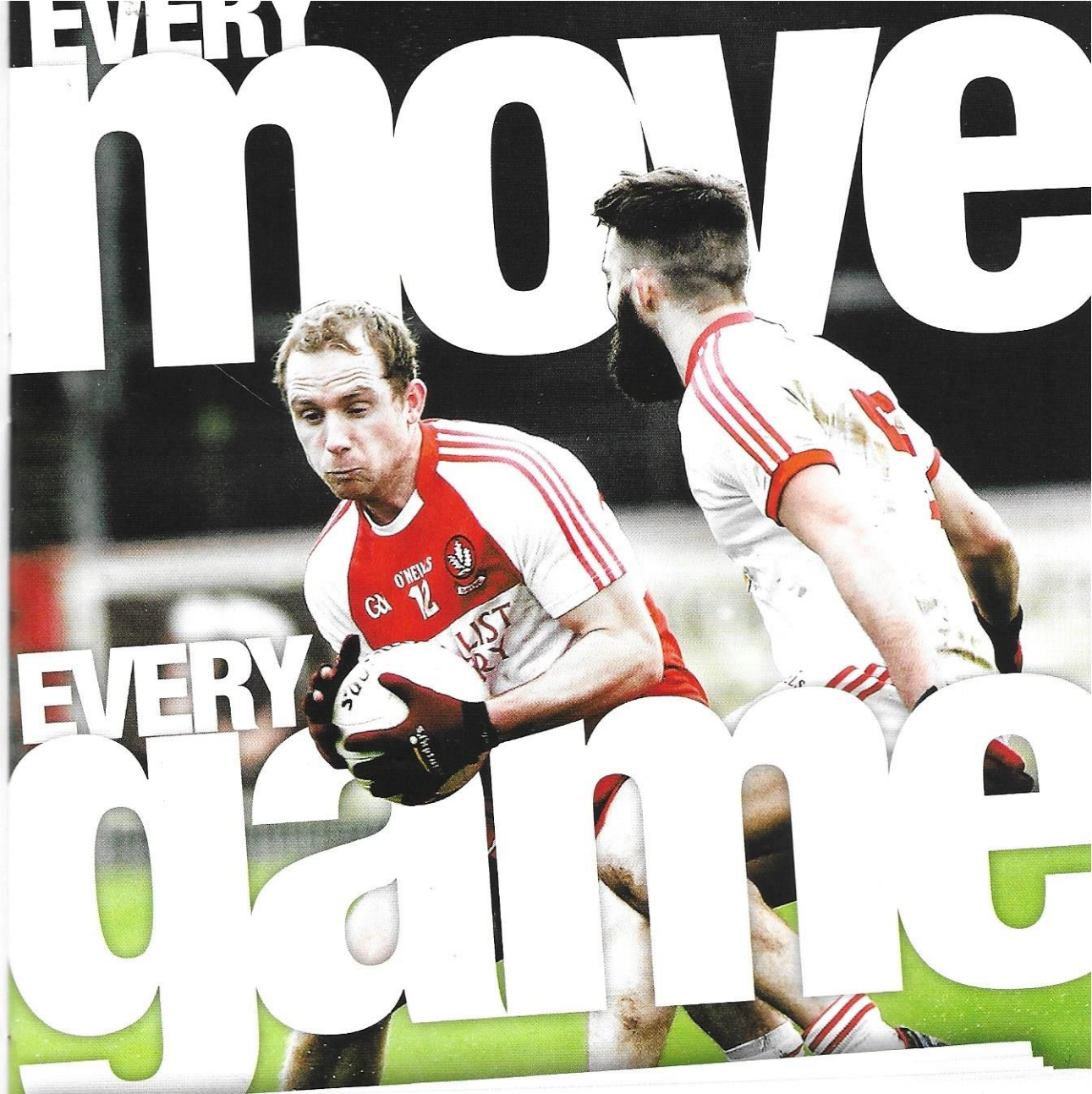
Opinions from Ryan McCann
The Irish News

some stage in this afternoon's game while Glen clubman Cathal Mulholland will captain the side.

Conor Glass, one of the country's most prodigious talents, is likely to be Derry's key man and in Niall Keenan, Derry have a fantastic corner-back. The Ulster U17 rugby ace could be asked to do a man-marking job on one of Donegal's in-form sharpshooters. Danny Tallon is widely expected to lead the attack for Derry and will be supported by Ruairi McElwee and Dean Curran.

Derry haven't tasted success in the Ulster Minor Championship since 2002 and with the quality at Declan Bonner's disposal, it is difficult to see the Oak Leafers adding to their 14 provincial titles this year. Donegal are an extremely well-balanced outfit and having trained as a collective unit more than their opposition, it is hard to look past a win for Declan Bonner's men.





NEWSPAPER OF THE YEAR

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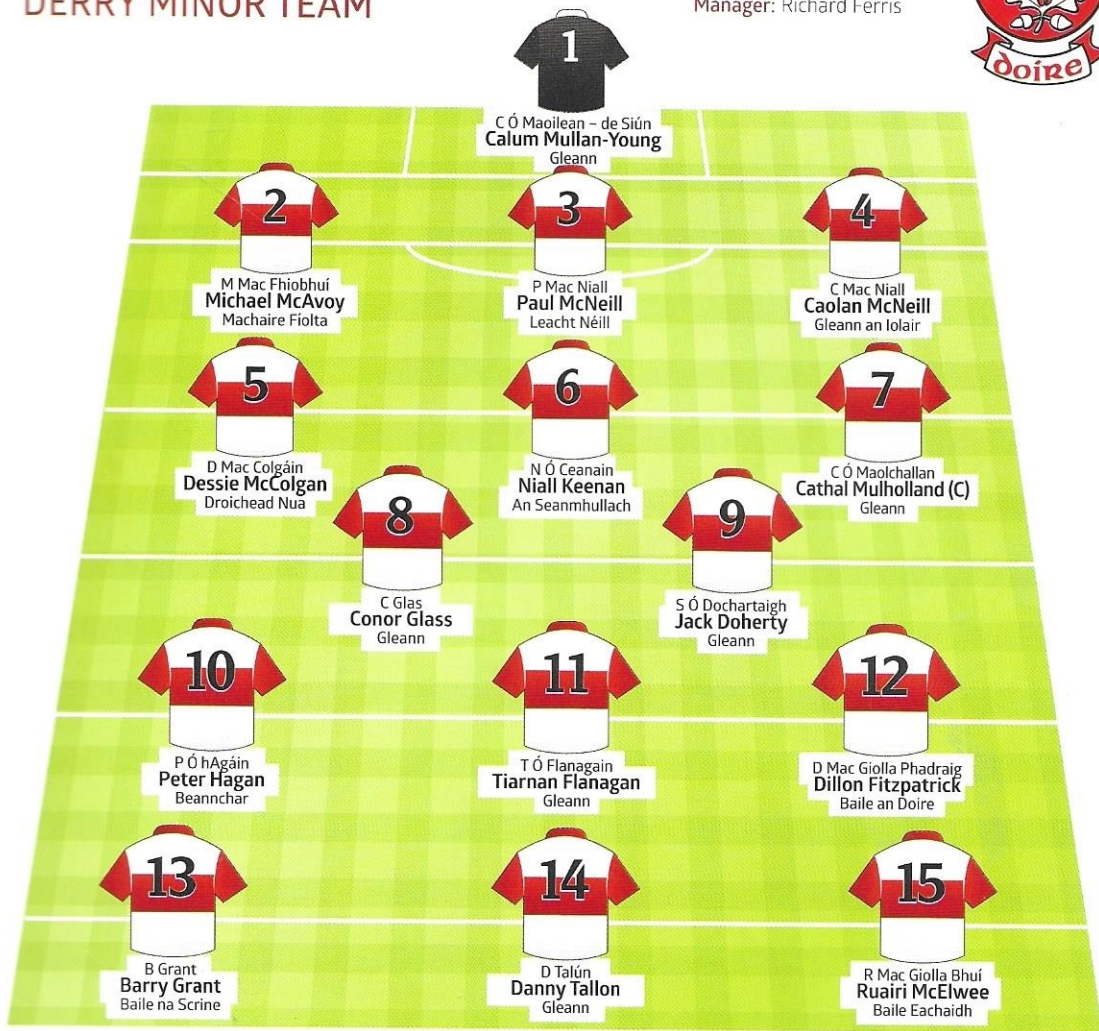
New for

#EveryBall

Doire

DERRY MINOR TEAM

Manager: Richard Ferris



FÍR IONAID/SUBSTITUTES

16. Aaron McGuinness, Nuachongbháil 17. Shea Murphy, Machaire Fíolta 18. Oisín Duffin, Baile an Doire
19. Dean Curran, Doire Colmcille 20. Niall McAtamney, Suaitreach 21. Liam O'Hara, Forghleann
22. Jamie Donaghy, Clóidigh 23. Tomás Convery, Gleann 24. Michael McLaughlin, Nuachongbháil

	Cúil	Cúilíní	Seachai	45	Saor	Cleanna
1AD Leath						
2AD Leath						
Iomlán						

NOTES



Dún na nGall

Manager: Declan Bonner

DONEGAL MINOR TEAM

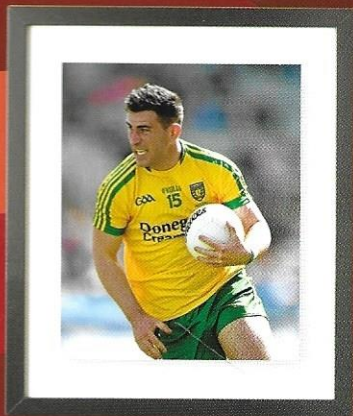


FÍR IONAID/SUBSTITUTES

16. Paddy Byrne, Naomh Columba 17. Stephen McBrearty, Cill Chartha 18. Christian Bonner, Na Rosa
 19. Gavin McBride, Gaoth Dobhair 20. Conal O'Boyle, Naomh Adhamhnáin 21. Conor Morrison, Naomh Adhamhnáin
 22. Shane O'Donnell, Ard an Ratha 23. Ethan O'Donnell, Naomh Conaill 24. John McDyre, Na Rosa

	Cúil	Cúilíní	Seachai	45	Saor	Ciceanna
1AD Leath						
2AD Leath						
Iomlán						

NOTES



SENIOR PREVIEW

If anyone could teach Derry about a two-year journey down the Road to Damascus, then it's today's opponents Donegal.

In the summer of 2010, the Tir Chonaill men headed into the heart of south Armagh for a Qualifier match against the Orchard county and left with their tails between their legs as the hosts ran out nine-point winners.

Fast-forward two years and they had secured the All-Ireland title with 10 players starting both in the loss to Armagh and the win over Mayo.

Two years ago Derry travelled to Ballybofey and in the drizzling rain they were truly given a football lesson by Donegal, eventually losing on a 2-13 to 0-9 scoreline.

Today they have a chance to show that they've been to the bottom of the bottle, but have made a full recovery.

A Division One final spot was proof of their re-emergence, a victory today would confirm it and leave them right in the hunt for a first Ulster title since 1998.

Opinions from
Niall McCoy
GaelicLife

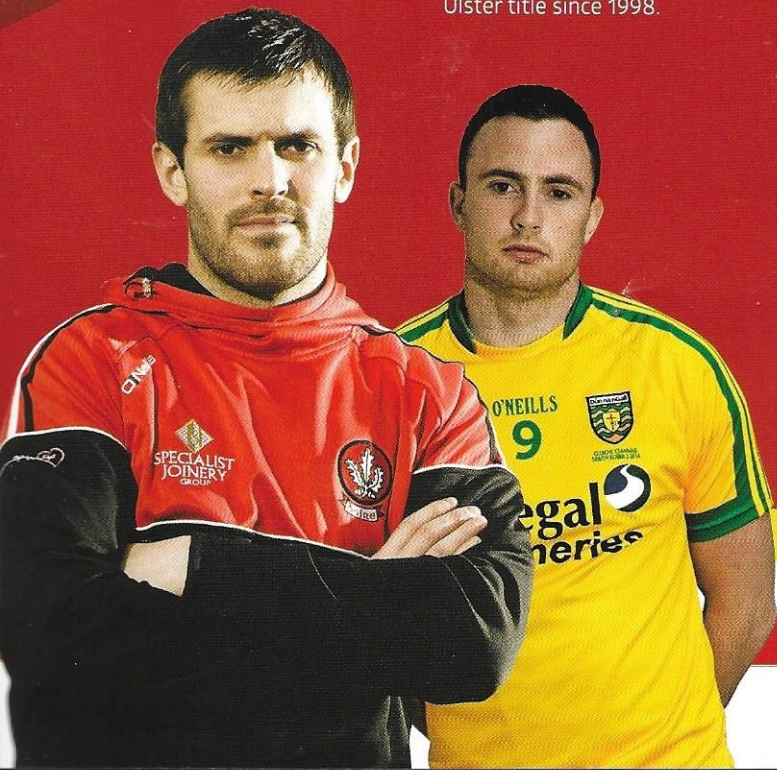
The fact that they enter the match as favourites is testament to the fine work Brian McIver carried out during the League.

This will be the 22nd meeting between the sides and the count is currently 11-10 in Derry's favour. That 11-10 figure resounds especially with Donegal because in their last 11 Ulster Championship matches they have won 10.

If Derry are to hand Jim McGuinness just his second Ulster loss since coming on board in late 2010, then they are going to have to get a few things right.

Firstly, they'll have to work out a way to curtail the influence of Michael Murphy and Colm McFadden. Murphy has averaged 4.25 points in his four Championship games against Derry while McFadden goes even better on 4.4 points in five matches. Between them they have racked up 4-27 in those games.

McIver must get his match ups right for the game and you'd expect



THIS IS A DERRY SIDE THAT WILL AIM TO TAKE THEIR LEAD FROM TODAY'S OPPONENTS AND SHOW THAT A TWO-YEAR TOTAL TRANSFORMATION IS AN ATTAINABLE GOAL.

Chrissy McKaigue to pick up Murphy and Dermot McBride to shadow McFadden.

If those two are bottled up then McGuinness faces a problem. Donegal averaged 6.38 scorers per game compared to Derry's 7.78 in the League and if his two main men aren't able to make a big impact, that leaves a huge weight on Paddy McBrearty's young shoulders.

The Derry manager must also ensure that Mark Lynch, Emmett McGuckin and Enda Lynn are given the support needed to continue their scoring exploits.

Lynch currently sits with a 2-48 total for the season, 51.8% of that coming from placed ball situations. McGuckin (4-13) and Lynn (3-15) come second and third in the scoring charts and the fact that both have got all their scores from play further enhances their importance to the side.

McGuinness was an interested spectator at the Tyrone and Down draw at Healy Park last week and seemed in jovial form, chatting warmly with the Red Hand fans around him in the stand.

It's his belief that there's too much negativity in the press about his panel, and any tidbit is seized upon and spun out until it's bled dry.

He has a point perhaps, Mark McHugh's decision to walk away on the eve of the Championship dominated the back pages for a few days while their failure to really trouble Monaghan in the Division Two Final also raised eyebrows amongst the game's voices in the press.

But the Glenties man has always made it completely clear that Championship is his focus, and one way to respond to media criticism is to travel into the lion's den and come away with a spot in the last four of the Ulster Championship.

The loss of Rory Kavanagh to suspension is a huge blow to those aspirations. The St Eunan's man had been in stunning form all year before stupidly losing his cool against Monaghan's Darren Hughes in the NFL final.

Derry seem to have better news on the availability front with Sean Leo McGoldrick, James Kielt and Ryan Bell all expected to be fit for selection and that ensures that the Oakleafers will have a healthy bench to chose from. The substitutes will be needed too, because the Ulster Championship can be a draining affair.

It can be draining when you're playing in front of a packed house containing Derry fans that have hope for the first time in a long while and Donegal fans who are determined not to suffer back-to-back Ulster losses after last year's final loss to Monaghan.

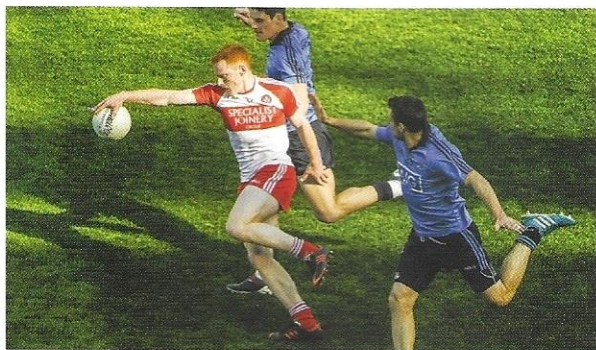
It's already shaping up to be a superb provincial championship and fine margins should be the order of the day once more. Donegal have come through four of their last five Championship matches against Derry and know a win here would ignite a season that, strangely, seems to be clicking slowly into gear despite ensuring promotion.

But this is new Derry. This a Derry side who have played six times in front of their own fans this year at Celtic Park or Owenbeg and only a draw with Tyrone prevents them from having a 100% home record.

This is a Derry side that will remember the 'oles' starting up in Ballybofey in 2012 when the gap between the sides was embarrassingly bad.

This is a Derry side that will aim to take their lead from today's opponents and show that a two-year total transformation is an attainable goal.

This is a Derry side that will get the job done.



WHY YOUR HEALTH IS THE GAA'S WEALTH

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@ULSTERGAA



While the GAA will always primarily be known as one of the world's leading amateur sports organisations, our members, and our communities remain at the heart of all we do.

A quick glance at the Association's mission leaves you in no doubt about such ideals. It reads:

“We are dedicated to ensuring that our family of games, and the values we live, enrich the lives of our members, families and the communities we serve.”

To better achieve this, Health & Wellbeing sub-Committees are being established across the 32 counties, as per the Tyrone sponsored motion passed at the historic Congress in Derry in 2013. These new county committees

have been tasked with helping the Association to identify and respond to the wellbeing needs of its members, both directly through GAA health-related programmes such as the Alcohol and Substance Abuse Prevention (ASAP) programme, the GAA Social Initiative, the RESPECT Initiative, the 'Live to Play' road safety initiative, and the various mental health resources now available. They will also assist in signposting to and partnering with relevant national and local agencies that can provide services that may be of use to our members, such as Samaritans, the GAA's new mental health partners.

In this work, they will receive guidance from the new National Health & Wellbeing Committee, chaired by Ciarán McLaughlin, Tír Eoghain, support from Colin Regan and the Community & Health team in Croke Park, and the provincial councils. To link this important work with the great efforts being made at grassroots level, Coiste Bainistí has recommended that all clubs appoint a Health & Wellbeing Officer by their next AGM. This will replace the existing role of the ASAP Officer and is intended to better reflect the broad nature of health promoting work the Association already engages in. If you are passionate about

health and would like to be part of this exciting new element of the Association then why not consider taking up the role and play your part in making your club and Ireland a healthier place to grow up in and grow old in.

Michael Crilly is the chairperson of Derry's County Health & Wellbeing Committee and can be contacted on chair.hwc.derry@gaa.ie or 0044 79 6952 7058 while Marian McNulty is the chairperson of the Donegal committee and can be contacted on chair.hwc.donegal@gaa.ie or 00353 (0)86 850 6405.

For further information and support contact the health and wellbeing team in Ulster Council on 077 8779 7578 or email maura.kelly.ulster@gaa.ie





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FTM/UGAAAD 05

CÚRSA GAEILGE SHÉAMUIS DE FAOITE

*Cúrsa
Gaeilge
Shéamuis
De Faoite*

*Ulster GAA Irish Language Course
FREE Irish language course for members of Cumann
Lúthchleas Gael who wish to learn or improve their Irish*

Na Dúnaibh / Downings - Co Dhún na nGall
Monday 21st July - Friday 25th July 2014

Learners | Intermediate | Advanced Level Classes

Is cúis áthais do Chomhairle Uladh CLG fógairt go dtionólfar Cúrsa Shéamuis de Faoite arís sna Dúnaibh don 26ú bliain as a chéile, idir 21 agus 25 Iúil 2014 – agus beidh sé soar in aisce do bhaill CLG.

The Ulster Council's Irish language course for GAA members will take place in Downings, Co. Donegal once again for the 26th consecutive year, from 21 to 25 July 2014 – and it will be FREE to GAA members.

The course was launched this week by Uachtarán Chomhairle Uladh, Martin McAviney, and the Cathaoirleach of the course, Lynette Fay.

This year the course will feature additional language classes for people of all abilities, as well as céilí-dancing and singing classes, local history talks and two concerts.



Anyone interested in attending the course should e-mail the course registrar, Séamus Mac Giolla Phádraig, at macgps@btinternet.com, or ring Dónal McAnallen at the Comhairle Uladh office, 028 (048) 3751 7180. Bíg linn!





ULSTER GAA HOST FÉILE NA nGAEL

Ulster GAA are delighted to be playing host to the GAA Féile na nGael finals in June. Following competition commencing on Friday 20th June, and two Opening Ceremonies in Armagh and Owenbeg, Dungiven, the Finals will be held on Sunday 22nd June in Tyrone and Derry Centre's of Excellence at Garvaghy and Owenbeg respectively.

Féile na nGael is an international festival of under-age Hurling, Camogie and Handball for both boys and girls. The four-day tournament for Under 14s, will bring in tens of thousands of visitors to the Province from all over the island and beyond. The competition is sponsored by Bus Éireann. The Feile is expected to generate more than 10,000 overnight stays in the region and will generate approx €2 million for the local economy.

Each year as many as 25,000 people will visit this festival representing all of Ireland's 32 counties and overseas units such as London who also participate in this festival. When the preliminary competition is completed in each county, the winning club then travels to the Host County or Province where they are hosted by families and engage the host club in football games.

Since 1971 over one million boys and girls have participated in this great festival. The GAA Féile events have the primary objective of facilitating and enabling the personal, social and cultural

development of young people. It also emphasises cultural and community activities, leadership and training through sport. It is recognised by the GAA as a major festival of great importance for the promotion of football among the youth of our country. It also has the full support of the GAA, the Department of Culture, Arts and Leisure, Department of Education, Department of Education and Science, Irish Sports Council, Sport NI and other Government bodies and cultural agencies.

Féile places great emphasis and importance on proper participation, presentation, punctuality and sportsmanship. It reaches throughout the nation by involving the whole community – clubs, schools, social and cultural groups, Gardaí, PSNI bands, civic and religious authorities and families. It helps to bond communities, forge friendships, provide educational opportunities in addition to enhancing participation in both Camogie and Hurling at Club level.

Ulster GAA President Martin McAviney highlighted that hosting the Finals has been part of Ulster GAA's ongoing Hurling Development Plan:

“Securing Féile na Gael for two consecutive years in Ulster has been a long term goal of our Hurling Development Committee. This will be significant and important milestone in our going Hurling Development plan and I look forward to a great weekend of fun and success.”



DOIRE

DERRY PEN PICS

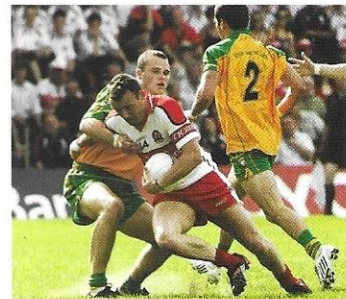
Ainm	Club	Aois	Airde	Meáchan
Eoin Mc Nicholl	Gleann an Iolair	28	6'	13.5st
Gerard O'Kane	Gleann an Iolair	29	5' 11	13st
Chrissy Mc Kaigue	Leacht Neill	24	6' 1	13.5st
Gareth McKinless	Baile an Doire	20	5' 9	12.5st
Charlie Kielt	Cill Ria	27	6' 1	13.5st
Mark Lynch	Beannchar	28	6' 1	14.5st
Sean Leo Mc Goldrick	Eoghan Rua	26	5' 10	12.5st
Patsy Bradley	Leacht Neill	29	6'	13.5st
Ryan Bell	Baile an Doire	20	6' 2	14st
Aidan Mc Alyn	An Lúb	27	6'	13st
Terence O'Brien	An Lúb	19	6' 1	13.5st
Enda Lynn	Grainlocha	26	5' 10	12.5st
Benny Heron	Baile na Scrine	23	5' 10	13st
Ciaran McFaul	Gleann	20	6'	13st
Oisín Duffy	Fothair Gleann	25	5' 11	12.5st
Thomas Mallon	An Lúb	25	5' 11	13st
Emmet Bradley	Gleann	21	6' 1	13st
Dermot McBride	Baile na Scrine	25	5' 11	13st
Mark Craig	Dún Geimhin	26	6'	13st
Conor McAtamney	Suaireach	20	6' 1	12.5st
Kevin Johnston	Dún Geimhin	22	6' 2	13.5st
Fergal Doherty	Baile Eachaidh	32	6' 1	14st
Declan Mullan	Eoghan Rua	24	6'	14st
Emmett Mc Guckin	Machaire Fiolta	23	6'	14st
Cailean O'Boyle	Leamhaigh	25	6' 4	14.5st
Aaron Devlin	Baile an Doire	22	5' 11	13st
Niall Holly	Eoghan Rua	25	6' 2	13.5st
Carlus McWilliams	Baile na Scrine	25	6'	13st
Ciaran McGoldrick	Eoghan Rua	27	5' 10	12.5st
Declan Brown	Baile Eachaidh	20	5' 11	12.5st

“We have played most of the top sides in the country at this stage and have a good realisation of where we stand.”

Derry Manager, Brian McIver

LAST CHAMPIONSHIP VICTORY, JUNE 1ST 2008

Derry's last Ulster Championship victory over Donegal came at Ballybofey when Paddy Bradley notched ten points and brother Eoin bagged a goal.



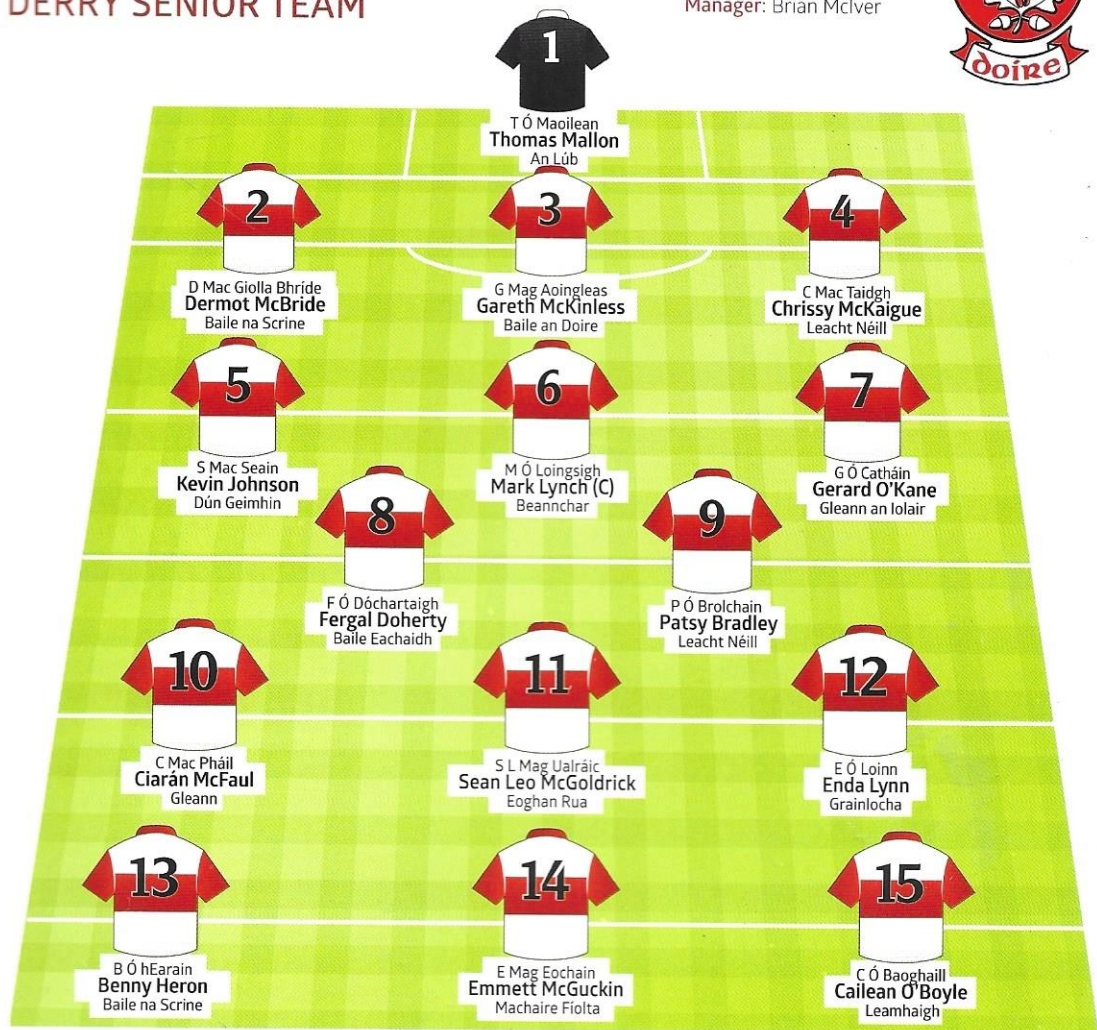
1-14

1-12

Doire

DERRY SENIOR TEAM

Manager: Brian McIver



FÍR IONAIÐ/SUBSTITUTES

16. Eoin McNicholl, Gléann an Iolair 17. Conor McAtamney, Suaitreach 18. Aidan McAlynn, An Lúb
 19. Charlie Kieft, Cill Ría 20. Mark Craig, Dún Geimhín 21. Oisín Duffy, Fothair Gléann
 22. Niall Holly, Eoghan Rua 23. Carlus McWilliams, Baile na Scrine 24. Emmet Bradley, Gléann
 25. Ryan Bell, Baile an Doire 26. Ciaran McGoldrick, Eoghan Rua

	Cúil	Cúilíní	Seachai	45	Saor	Ciceanna
1AD Leath	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
2AD Leath	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Iomlán	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

NOTES



Dún na nGall

Manager: Jim McGuinness

DONEGAL SENIOR TEAM



FÍR IONAIÐ/SUBSTITUTES

- 16. Michael Boyle, An Tearmann
- 17. Declan Walsh, Málainn
- 18. Luke Keane, Na Ceithre Máistir
- 19. Paddy McGrath, Ard an Ratha
- 20. Conor Classon, Ard an Ratha
- 21. Hugh McFadden, Na Cealla Beaga
- 22. Martin O'Reilly, Seán MacCumhaill
- 23. Darach O'Connor, Bun Crannacha
- 24. David Walsh, Naomh Bríd
- 25. Dermot Molloy, Naomh Conaill
- 26. Leon Thompson, Naomh Conaill

	Cúil	Cúilíní	Seachai	45	Saor	Ciceanna
1AD Leath	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
2AD Leath	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Iomlán	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

NOTES



DÚN NA NGALL

DONEGAL PEN PICS

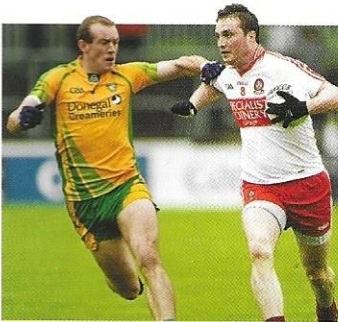


“Our lads have worked very hard in recent months with this day in mind, and as a group we are all really looking forward to this very difficult challenge.”

Donegal Manager, Jim McGuinness

LAST CHAMPIONSHIP VICTORY, JUNE 16TH 2012

This Quarter-Final proved to be a one sided affair in Ballybofey. Goals from Leo McLoone and Colm McFadden saw Donegal ease to victory en route to collecting the Ulster title.



2-13

0-09

Ainm	Club	Aois	Airde	Meáchan
Paul Durcan	Na Ceithre Maistiri	30	6' 5"	15st
Paddy McGrath	Ard an Ratha	25	5' 11"	12st 7lbs
Neil McGee	Gaoth Dobhair	28	6' 1"	15st
Frank McGlynn	Gleann Fhinne	28	5' 11"	13st
Eamon McGee	Gaoth Dobhair	30	6' 2"	13st 7lbs
Karl Lacey	Na Ceithre Maistiri	29	5'11"	14st
Anthony Thomson	Naomh Conaill	28	6'	12st 7lbs
Neil Gallagher	Gleann Suili	31	6' 4"	15st
Rory Kavanagh	Naomh Adhamhnain	31	6' 2"	14st
Darrach O'Connor	Buncranncha	18	5'8"	11.5st
Leo McLoone	Naomh Conaill	25	6'	14st
Patrick McBrearty	Cill Chartha	20	6'	12st 7lbs
Michael Murphy	Gleann Suili	25	6' 2"	14st
Colm McFadden	Naomh Micheal	30	6'	13st 7lbs
Michael Boyle	An Tearmann	27	6'	16st
Martin McElhinney	Naomh Micheal	25	6' 2"	13st 7lbs
David Walsh	Naomh Brid	31	6'	12st 7lbs
Martin O'Reilly	Sean Mac Cumhail	21	5' 9"	12st 7lbs
Dermot Molloy	Naomh Conaill	23	6'	12st
Declan Walsh	Malainn	25	6'	12st
Ryan McHugh	Cill Chartha	20	5'8"	10st 7lbs
Odhraín MacNiallais	Gaoth Dobhair	21	6'	11st 7 lbs
Eamon Doherty	Naomh Adhamhnain	23	6'	14st 7lbs
Luke Keaney	Na Ceithre Maistiri	22	6'1"	13st 7lbs
Hugh McFadden	Na Cealla Beaga	20	6'3"	14.5st
Stephen McLaughlin	Malainn	23	5'8"	11st
Conor Classon	Ard an Ratha	24	6'2"	15st
Leon Thompson	Naomh Conaill	29	5'8"	11st
Christy Toyne	Naomh Micheal	31	6'3"	12st



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Club Officers pictured at the recent Club Officer Training in Cookstown.

GREAT YEAR FOR CLUB OFFICER PROGRAMME



Ulster GAA rolled out their Club Officer Training Programme for its fifth consecutive year to help build the capacity of club volunteers providing club officers with essential information, opportunity for an exploration of key issues and a forum for discussion. With 669 volunteers in attendance this year over 3700 volunteers have now been trained since this programme commenced.

The Club Officer Training Programme is an important programme of courses which is designed to provide GAA officials in club committees across the nine counties of Ulster with necessary information to help their roles. The training programme as well as being a requirement for Club Maith also aims to protect and support our volunteers while also encouraging strong leadership at grassroots level.

The programme in 2014 had two key elements:

- Club Officer Training for NEW Officers
- Club Officer Development Course

Club Officer Training for NEW Officers: This Provincial event provided role specific training for club officers new to their role in 2014. Eight role specific training workshops were held as part of this session: Chairperson, Secretary, Treasurer, PRO, Development Officer, Cultural Officer, Children's Officer and Coaching Officer.

Club Officer Development Course: The training provided club officers with all essential

information for the year ahead. In 2014 each county were asked to select four workshops from a bank of twenty to ensure that the content delivered will be of the most relevance to their clubs. These four workshops were selected from six different themes: club development, governance, communications, health, volunteer development, culture and language. In addition this all counties had a Child Protection Workshop delivered to update volunteers on any changes in legislation or GAA Rule.

For further information contact Fionntán O'Dowd: 028 3751 7180 or fionntan.odowd.ulster@gaa.ie

“The Club Officer Training Programme is an important programme of courses which is designed to provide GAA officials in club committees with necessary information to help their roles.”

Championship Fever

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Q&A

FOR CLUB & COUNTY

Name: Cailean O'Boyle

Club: Erin's Own Lavey

Favourite Position: Corner Forward

Favourite Pitch: Has to be Greenlough

Hobbies: Tennis, Playstation and Pro Clubs

Childhood Hero: Dessie Farrell from Dublin or else the red man from Power Rangers!

Best Player you have played with:
Ronie O'Neill from Tyrone, class act

Best Player you have played against: Darren Hughes

Best game you have been involved in: All-Ireland Minor Semi-Final against Laois in Navan, clinker of a game

Best game you have ever seen:
Dublin V Kerry 2011...Cluxton with the winner!!

Best trainer within the squad: Carlus McWilliams, always first out on the pitch, warm up done before anyone else even has their boots on, inspiration to others

Worst trainer within the squad: Sean Leo McGoldrick. Complains about everything, can't keep him happy.

Worst training drill: Has to be the last cool down drill before training is over. Legs cannot be lifted to even walk off the pitch never mind perfect a light handpassing drill

Best motivator within the squad:
Fergal Doherty, scary once he gets on a rant

Pre Match meal: Porridge, Pasta and chicken

Any superstitions: Must have loads of water in me before training and games and warm up done in trousers at all times

Favourite Song: Sandro Silva & Quintino....EPIC.....

Favourite Film: Any of the Saw films, The Conjuring or any horror film on the market

Favourite Holiday Destination: Spain, could live there

Favourite Drink: Red Oasis

Favourite Meal: Mega Fry and anything with taco sauce (on a cheat day of course)

Best advice ever received:

Don't judge a book by its cover

Biggest influence on career: Many people fall into this category but I will go for Killian Conlan

Club Volunteer of note: Our PRO, Edelle Henry. She does a great job

Song you listen to before big games: Tinie Tempah. Tsunami (Jump)

Most important skill: Kickpassing, nowadays it has to be inch perfect in order to perfect it

Biggest Strength in your game: Being a poacher, right place at right time, it's still not luck!

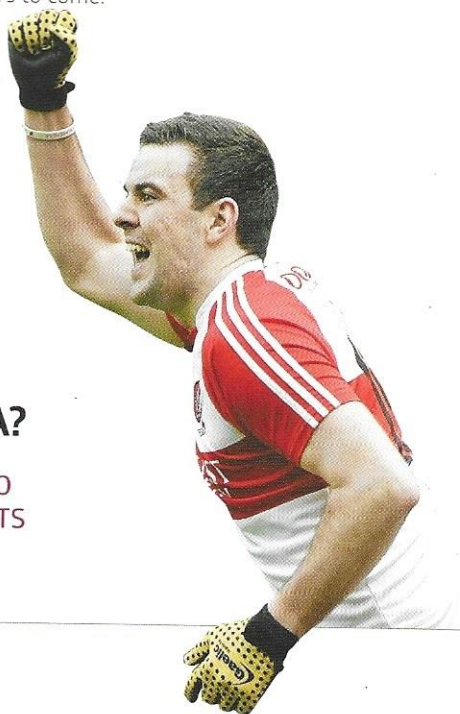
Area of your game you would like to improve: Making the ball stick when it arrives

Which club do you like to see do well apart from your own: Coleraine, a lot of hard work done down there

Which county do you like to see do well apart from your own: Leitrim

Advice for youngsters: Keep listening to what your managers are telling you at training, and most importantly practice the basic skills

Young Player within your club to look out for:
There's a few Downeys to watch out for but there is a wee lad Leo Pat who is sure to be Lavey's full back in years to come.



BEST THING ABOUT THE GAA?

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HOW GOOD IS YOUR CLUB?

'CLUB MAITH' UPDATE



Club Maith is an Ulster GAA Club accreditation scheme which aims to acknowledge, and reward, the unrivalled commitment and time invested by GAA volunteers to their GAA club. The GAA prides itself on its strong club ethos and excellent grassroots structures. This is not possible without our Club Volunteers.

A 'Club Maith' award carries external value, in that Sport NI and the Irish Sports Council have each endorsed the scheme. Clubs in the six counties will receive the Sport NI Clubmark NI award on achieving the bronze level Club Maith award. Successful clubs will be awarded either bronze, silver, Gold or Platinum awards.

The level of award obtained by clubs will be determined by the evidence provided by the club in their Club Maith Portfolio and Club Visit. Club Maith Facilitators have been trained to assess clubs through their Portfolio and Club Visit. The process is straightforward and the steps are outlined below:

1. Register on the Club Maith site www.ulster.gaa.ie/club-maith/
2. Download the Club Maith Application Form, complete and submit to Ulster GAA. Clubs in the six counties should also log onto <http://db.sportni.net/ips/external/externalregistration.aspx> to register with Sport NI.

3. Ulster GAA will acknowledge receipt of Initial Application Form, and direct you from there
4. Download the Club Maith Portfolio
5. Use the Club Maith Toolkit, and website Resources and Articles sections to access a raft of information you will find very helpful in completing your Portfolio.
6. Submit completed Club Maith Portfolio to Ulster GAA
7. Ulster GAA will acknowledge receipt of Club Maith Portfolio
8. Appointment of two Club Maith Facilitators by Ulster GAA for assessment of Club Maith Portfolio
9. Ulster GAA will liaise with Club and Facilitators to establish a date for Club Visit
10. Club Visit
11. Recommendation made to Ulster GAA Coiste Bainistí and conferment of Club Maith award to Club

The award is valid for three years, requiring a simple annual online health-check. After three years the club will have to go through the process again, however, all the spade-work will have been achieved by this stage!

Ulster GAA are assisting many clubs through the process currently. There

is a raft of information on the Club Maith website, including examples of policies, template documents and so on. An "Applying For Club Maith" workshop has been delivered in all counties since the New Year and Ulster GAA staff are on-hand to answer any queries clubs may have. Although no time-frame has been set, Ulster GAA would recommend that clubs allow three - four months for completion of the process from start to finish. Obviously this is subject to how quickly clubs can submit their Club Maith Portfolio.

As at 30 April 2014 twenty nine clubs have been accredited with a Gold award. Two clubs namely; Cumann Pheadair Naofa Warrenpoint, Co.Down and St. Malachys Castledawson GAC, Co.Derry have obtained the Platinum award.

A number of other clubs are currently in the assessment phase and should be accredited during the Ulster Championship. Clubs who are at the compilation stage are reminded that submissions open on the first week of August and close on the first Friday in December annually.

If you would like more information on Club Maith please contact Gavin McGilly on gavin.mcgilly.ulster@gaa.ie



Pictured with club representatives from St. Malachy's Castledawson, Co.Derry, Saval GAC, Co.Down, Clontibret O'Neills GAC, Co.Monaghan, Tempo Maguires GAC, Co.Fermanagh, Peadar O' Doirnin CLG Forkhill, Co. Armagh and Pdraig Sairseil CLG, Co. Antrim, Leas-Uachtarán Comhairle Uladh Michael Hasson and Ulster GAA Club and Community Development Officer, Gavin McGilly who made the presentations at the recent Ulster U-21 Final between Cavan and Donegal in the Athletic Grounds, Armagh.



Local Hero

FOR CLUB & COUNTY



“ Elizabeth exemplifies the qualities of a true member of the GAA. In reality it is impossible for any one of us to quantify all exactly what she does do to support the GAA and CLG Carndomhnaigh as so much of her work is in the background. ”

Elizabeth Doherty has been at the heart of CLG Carndomhnaigh for the past 30 years since she moved to the parish from the Isle of Doagh. She has worked in various roles within the club but has spent the last 15 years as the Secretary.

She has been the main driving force in the club during that time and was central to the big decision the club made in 2003 to move from the cramped dressing rooms and pitch at O'Doherty Park on the Millbrae to their new home in Foden. The club's decision has been vindicated with every visitor to the club remarking on the quality of the facilities available to CLG Carndomhnaigh, with 2 full-size pitches (1 floodlit) as well as a training pitch, spacious dressing rooms and a function room that is available for club and any local functions. Work is also beginning on a state of the art gymnasium to be added next year.

Further proof of the great decision is the fact that CLG Carndomhnaigh has won the County Ground of the Year Award on 3 occasions.

The tireless work Elizabeth does for the club cannot be under-estimated and no task is too big or too small for her to take on. Our home pitch at Foden is her second home. She attends to all administrative tasks across the club covering underage coaching through to all levels of football, hurling, camogie and ladies football, as well as attending every possible match. She keeps everyone in the club right with her encyclopedic knowledge of rules and regulations.

Her family is steeped in the GAA with her husband John Joe having won 2 Donegal Junior Hurling titles with CLG Carndomhnaigh and represented Donegal in hurling at all levels up to Senior. He also served as the club referee for many years and is currently coaching underage hurling with the Club and is also assisting with the County Development Squads. Their 3 sons Sean, Padraig and Cathal have all represented Donegal with distinction at underage level in both hurling and football and Padraig was a member of last year's Nicky

Rackard Cup winning team. Her standing within the county is shown by the fact that she is currently the Secretary of the Donegal Senior Hurling Board and a member of the Donegal Central Competitions Committee - she has a path well-worn from her door to Ballybofey for meetings. She has also taken on a role at National level where she is a member of the National Officer Development Committee. Elizabeth is also an inspector for Club Maith, which is a Ulster GAA scheme which allows clubs to be benchmarked against best practice standards across the full range of GAA Club activity.

Elizabeth exemplifies the qualities of a true member of the GAA. In reality it is impossible for any one of us to quantify all exactly that she does do to support the GAA and CLG Carndomhnaigh as so much of her work is in the background. Her spirit of volunteerism is impressive and her great example of taking on tasks should be an inspiration to all. CLG Carndomhnaigh are lucky to have her.



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Q&A

FOR CLUB & COUNTY

Name: Éamonn McGee

Club: Gaoth Dobhair

Favourite Position: Half back

Favourite Pitch: Pairc MacCumhaill

Hobbies: Gaming/Reading

Childhood Hero: Paul McGrath

Best Player you have played with: Martin Coll

Best Player you have played against: Sean Cavanagh

Best game you have been involved in:
All-Ireland Final 2012

Best game you have ever seen:
Donegal County Final in 2002

Best trainer within the squad: Paddy McGrath

Worst trainer within the squad:
Colm McFadden/Neil Gallagher

Worst training drill: One on one tackling grids

Best motivator within the squad: Leon "Goat" Thompson

Pre Match meal: Pasta and chicken

Any superstitions: None

Favourite Song: Wild Rover by Patsy Hanlon

Favourite Film: Thin Red line

Favourite Holiday Destination: New York

Favourite Drink: Club Orange

Favourite Meal: Pasta Carbonara

Best advice ever received: Hard work pays off

Biggest influence on career: Neil Gallagher
(Listen to his advice and do the opposite -
Always seemed to serve me well)

Club Volunteer of note: Antoin and Georgina McBride

Song you listen to before big games: Don't listen to music before games but I'd be as well to with the volume Paddy McBrearty has on his headphones, seems to be a big 2Pac man

Most important skill: Kick passing

Biggest Strength in your game: Tackling

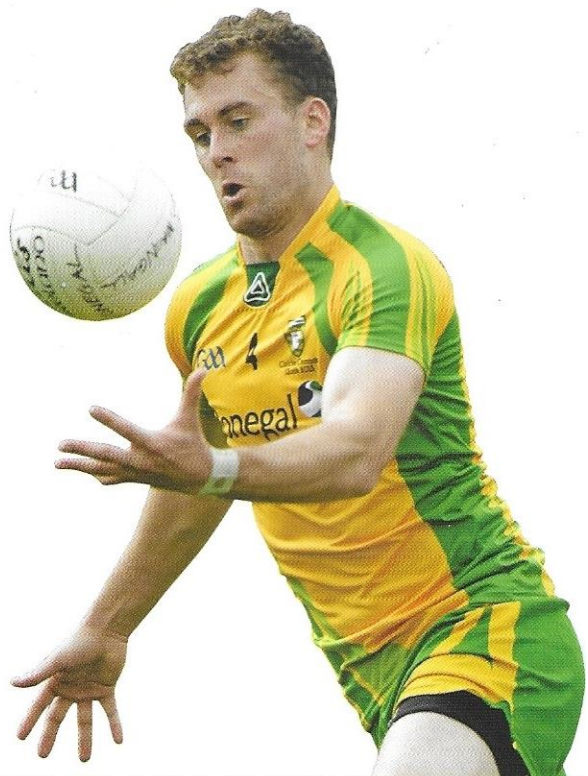
Area of your game you would like to improve:
Taking scores

Which club do you like to see do well apart from your own: Crossmaglen Rangers

Which county do you like to see do well apart from your own: London

Advice for youngsters: Train hard and never berate or congratulate yourself too much

Young Player within your club to look out for:
Kieran Gillespie



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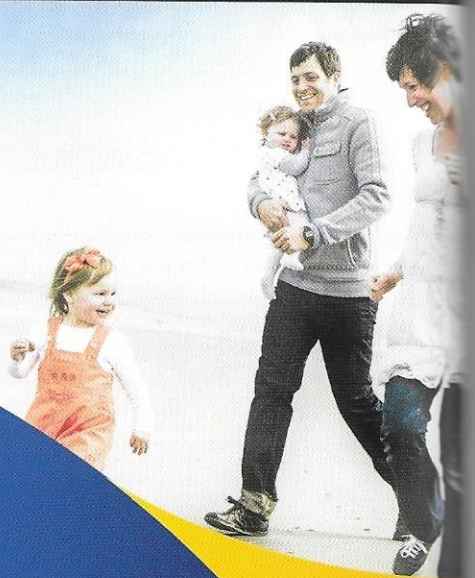


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3



OUR CODE OUR GAMES

Our Games – Our Code, the Joint Code of Best Practice in Youth Sport was developed by all of the Associations in the Gaelic Games Family, and is therefore applicable to all clubs and all codes. It includes the following areas of Best Practice Guidelines in relation to Child Protection, while also ensuring that any legal requirements placed on us are adhered to:

Code of Behaviour: All clubs should ensure that those required to 'sign up' to their code have done so for the 2014 season.

Role of Club Children's Officer: Understand the roles and ensure you have selected the appropriate person/people to fulfil these roles.

Organising Club activities including Away Trips, Event Planning and Transport: From advice on supervision ratios to a step by step planner for organising an event in your club, this section provides practical guidance.

Recruitment, Selection and Vetting of Coaches, Mentors and other Volunteers: Follow the advice and guidance in this area to ensure your club makes the right appointments of individuals to work with your underage teams.

Communications & Social Media: Guidelines for communicating with underage players/teams, the use of photography/video, web usage and social media advice.

Dealing with Allegations or Concerns of Abuse: While we hope you never have to call upon this section for advice, you should be aware of the policies and procedures in relation to this area. Further support is provided through

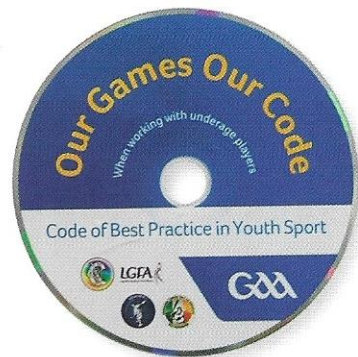
the GAA Safeguarding Children and Young People in Sport Workshop which should be completed by all Officers, Committee Members, Coaches, Mentors and all of those who work with Underage Groups in your Clubs.

Dealing with Bullying in your club: A new Anti-Bullying Course is available to all clubs as an addition to this section, accessible through your County Children's Officer. The aim of the Two hour course is to equip clubs with methods to identify, prevent and resolve incidents of bullying in your club.

Promoting a Healthy Club, Inclusion, Diversity and Integration in Sport and advice on the Player Injury Scheme

Generic Forms and Useful Contacts Information: Including a Juvenile Membership Form, Coach/Mentor Application Form, Incident/Accident Report Form.

Every club with underage teams should ensure that they have a hard copy of this document available in the club rooms and readily available when required. It is essential to you at grass roots level and will provide valuable information, guidance and sample forms that will be of great benefit to the successful and safe running of underage activity within the club.



Our underage players will spend some of the most enjoyable days of their lives playing our games and socialising with their friends. Whether attending or playing GAA matches, playing Ladies Football or Camogie, or participating in Rounders or Handball activities, they will do so during some of the most important developmental years of their lives. In following this Code, your club should be able to create and maintain the safest possible environment in which your children can play and participate in Gaelic Games and Activities.

A copy of this document can be sourced from your County Website or from www.ulster.gaa.ie/club-maith/ For further information, please contact Bernie Fox at bernie.fox.ulster@gaa.ie or Kathy Kelly: kathy.kelly.ulster@gaa.ie.

“Every club with underage teams should ensure that they have a hard copy of this document available in the club rooms and readily available when required.”



2014 STATS

DERRY V DONEGAL, HEAD TO HEAD, THE FACTS

DERRY

DONEGAL

Scores from Play **82%**
Scores from Placed Balls **18%**



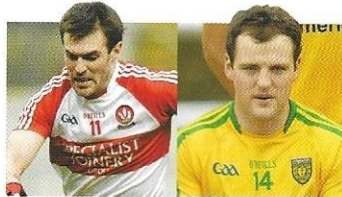
Scores from Play **69%**
Scores from Placed Balls **31%**

2014: AVERAGES DERRY

MOST PROLIFIC

2014: AVERAGES DONEGAL

1.46 per game Goals Conceded
1.46 per game Goals Scored
83.33% Home Win



Mark Lynch
12.39 mins per Point

Michael Murphy
13.75 mins per Point

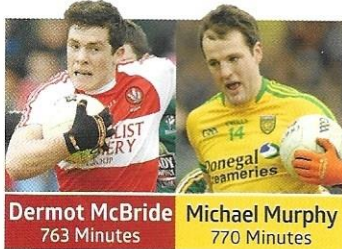
66.67% Away Win
1.36 per game Goals Scored
1 per game Goals Conceded

2014: NUMBER OF SCORERS

MOST GAME TIME

WHO IS WAITING...

DERRY **23**
DONEGAL **22**



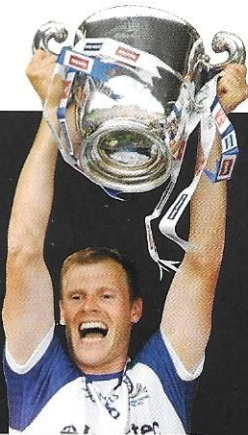
Dermot McBride
763 Minutes

Michael Murphy
770 Minutes

FERMANAGH/ANTRIM: The prize on offer for today's winners is a Semi-Final meeting with the winners of Fermanagh and Antrim.



FIXTURES



SEMI-FINAL 22/06/14
Winners V **Winners**

THROW IN: 2.00PM

ULSTER FINAL 20/07/14

Winners V **Winners**

THROW IN: 4.00PM

SEMI-FINAL 28/06/14

Winners V **Winners**

THROW IN: 7.00PM

PRELIMINARY ROUND REPLAY:

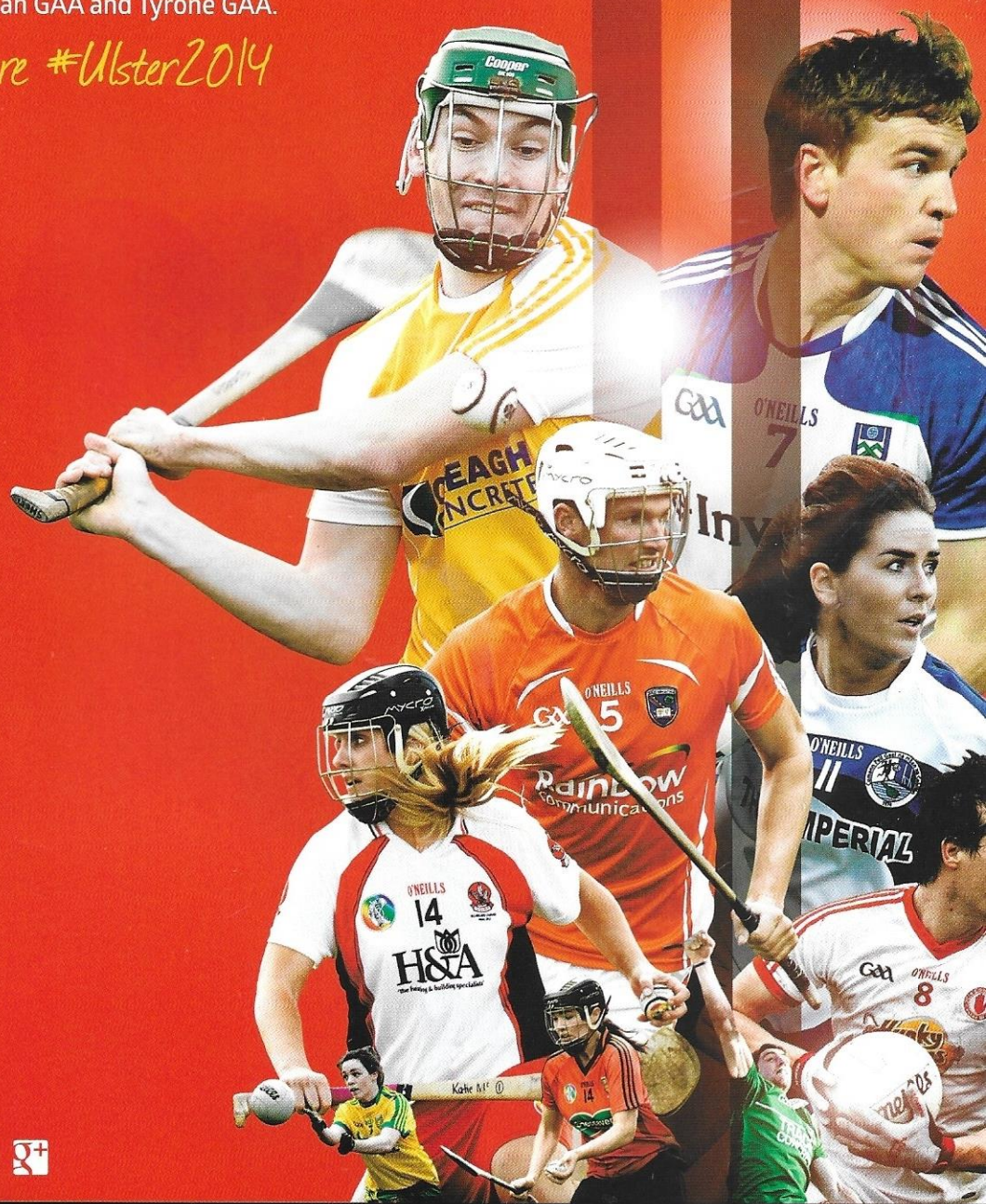
Tyrone V **Down**

THROW IN: 6.30PM

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HEAD TO HEAD

THE MANAGERS

BRIAN McIVER

The start of the Ulster Championship for any team is always a special occasion and today is no different for us. Although the final rounds of the Allianz Leagues are played at near-championship intensity, there is still a special buzz and freshness that surrounds the provincial competition.

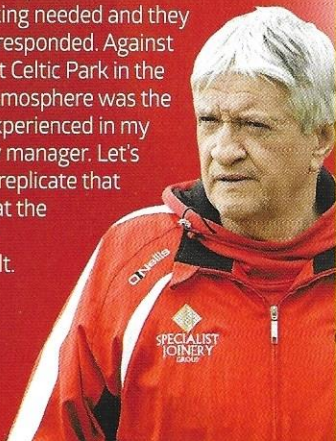
As a squad, we have continued to develop throughout 2014. Today marks another phase in that development and we are keen to push on from what was a successful league campaign. The players have grown in confidence and also learned lessons - both necessary factors for a young, developing squad.

We have played most of the top sides in the country at this stage and have a good realisation of where we stand. Our opponents today, Donegal, are perhaps the one side we have not played and we are under no illusions as to the extent of the challenge they will pose. However, it is one we have prepared for and one that we look forward to.

I would like to commend the Celtic Park committee and grounds staff on their preparations for today's game. The pitch, as you will see, is in immaculate condition and is one of the best in the country.

I would like to thank John Bosco O'Hagan and our team sponsors, Specialist Joinery Group, for their continued support and acknowledge the vital and ongoing work of Club Derry and Derry County Board throughout all levels and aspects of the GAA in Derry.

Finally, I want to thank the Derry supporters who have been a constant presence all year. At key times, you have provided the team with the backing needed and they have always responded. Against Dublin here at Celtic Park in the league, the atmosphere was the best I have experienced in my time as Derry manager. Let's hope we can replicate that today and that the game ends in a similar result.



JIM McGUINNESS

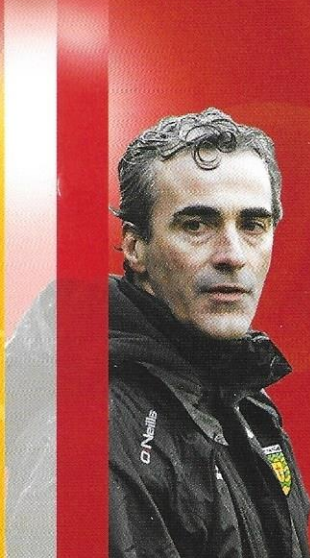
Once again the championship is upon us. It is a great honour to lead this Donegal team into what should be a fantastic Ulster Championship match. Donegal and Derry Championship games are always close, hard fought games. I do not expect today to be any different.

As we face our near neighbours here today, they have had a great start to the season and will no doubt come into today's game in confident mood.

However, our lads have worked very hard in recent months with this day in mind, and as a group we are all really looking forward to this very difficult challenge.

From our own perspective I would like to thank the players for all the effort and commitment they have shown to date.

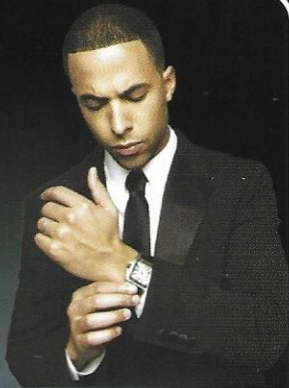
A word of thanks also to the backroom team, the medical staff, the conditioning coaches, the County Board, our sponsors Donegal Creameries, and the many clubs who have given up their facilities so freely this past few months, and we look forward to your continued support.



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HEADS UP

30 30
TACKLING
MENTAL ILLNESS

ULSTER GAA PROMOTING MENTAL HEALTH

Many decades of capacity-building and volunteering have brought our GAA clubs to the point whereby they provide healthy experiences for their players and members; placing the Club at the heart of the Community. Although to our core are our Gaelic games and culture, our excellent structure, dedicated volunteers, and stand-out facilities have empowered GAA clubs to have a wider and valuable impact.

Health and well-being has increasingly come into the consciousness of GAA clubs, through a desire to do what is best for our members and communities. As a result the GAA Club is often the first point of call to raise money for a local cause, lobby for local issues, support families through difficult times, to host community activities, and much more. This is reflected in the fact that from January 2014 all Counties have been tasked with setting-up a Health & Well-being Committee. The Committee will act as a support structure to clubs who wish to develop their health and lifestyle activities. Ulster GAA and national GAA will assist and support County Health & Wellbeing Committees in their role.

2014 has also seen the launch of a mental health campaign targeted at GAA Clubs – "Heads Up". *Heads Up* is a resource for clubs which aims to enlighten clubs on the basics of mental wellbeing, and mental illness. It is hoped that with a little

more information club Officials, coaches, players, and all involved in the Club will feel more at ease speaking about mental health. The *Heads Up* resource contains information on where people can seek expert help and also a Training section to investigate where and how to access training for club members.

Codes of Conduct will allow clubs to adopt procedures which should promote positive mental health, and reduce the likelihood of the GAA setting causing mental ill-health.

Ulster GAA have worked with the PHA and HSE in developing the resource.

The www.mindingyourhead.info website suggests five steps to mental wellbeing, many of which are inherent in a GAA Club:

- **Connect.** Connect with the people around you: your family, friends, colleagues and neighbours. Spend time developing these relationships.
- **Be active.** You don't have to go to the gym. Take a walk, go cycling or play a game of football. Find the activity that you enjoy, and make it a part of your life.
- **Keep learning.** Learning new skills can give you a sense of achievement and a new confidence. So why not sign

Health and well-being increasingly came into the consciousness of GAA clubs, through a desire to do what is best for members and commu

up for that cooking course, start learning to play a musical instrument, or figure out how to fix your bike?

- **Give to others.** Even the smallest act can count, whether it's a smile, a thank you or a kind word. Larger acts, such as volunteering at your local community centre, can improve your mental wellbeing and help you build new social networks.
- **Take notice.** Be more aware of the present moment, including your feelings and thoughts, your body and the world around you. Some people call this awareness "mindfulness", and it can positively change the way you feel about life and how you approach challenges.

One *Heads Up* resource is available per Club and these have been distributed to clubs through Ulster GAA's Officer Training Programme (January – March 2014). Clubs requiring a resource should contact their County Health & Wellbeing Committee or Ulster GAA. www.ulster.gaa.ie

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