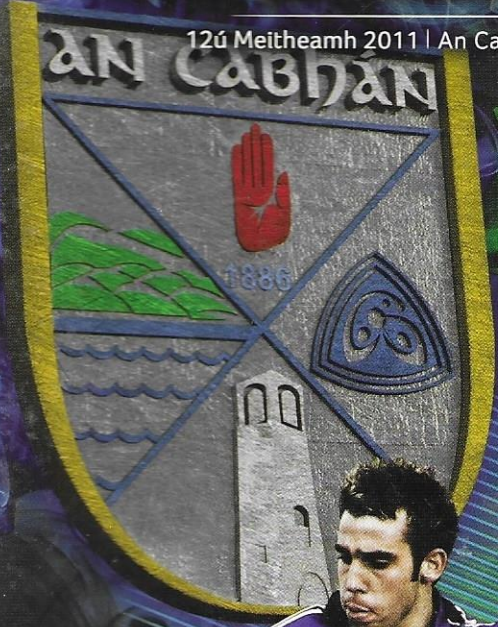


CRAOBH PEILE ULADH

ULSTER SENIOR FOOTBALL CHAMPIONSHIP 2011

12ú Meitheamh 2011 | An Cabhán v Dún na nGall | Páirc Bhréifne Kingspan



CLÁR OIFGIÚIL
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RÚNAÍ

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RÉAMHFHOCAL

Presidents Foreword



is aoibinn an pháirc é, Páirc Kingspan Bhréifne. On am a chéad osclaíodh í i 1923 go dtí an la inniu, is mór an forbairt atá déanta sa Pháirc álainn seo. Is mar seo atá áiseanna Chumann Lúthchleas Gael anois

ar fud na tíre, páirceanna agus áiseanna bhréatha. Tá na háiseanna seo ar fail chun ár gcluichí is ár gcultúr a chur chun cinn. Tar éis blianta ag forbairt páirceanna deasa, sé an dúshlán atá romhainn anois ná iad a úsáid go rialta agus iad a choinnigh slachtmhar don ghlúin seo is don ghéaráil atá le teacht.

Tá muid go léir ag tnúth go mór le cluiche mhaith spórtúil idir Dún na nGall is An Cabhán inniu. Tá Craobh Uladh fós oscailte agus tig leis an dá fhoireann inniu í a bhuachaint. Tá a lán caidreamh agus cairdeas idir mhuintir Bhréifne agus Na Connallaigh agus fanfaidh sin i ndiaidh an chluiche. Fearaim céad míle fáilte romhaibh uilig anseo inniu, tá súil agam go mbainfaidh sibh sult as. Bhí Comórtas Peile na Gaeltachta àr siúl i gCloch Cheann Fhaola an deireadh seachtaine seo caite. Bhí achan rud iontach ansin maidir leis na cluichí is na sochraithe san cheantar álainn sin i gcroílár na Gaeltachta. Ba dheas na torthaí a bhí ann, Naomh Mhuire a bhain an comórtas Shóisriúil is Cloch Cheann Fhaola fein ag bua sa chomórtas sinsir. Ulaidh agus Tír Chonaill abú, an t-áineilge agus ár gCluichí Gaelacha le cheile, mar is ceart agus mar is cóir.

We acknowledge the great work of our County Chairmen and their fellow County Board officers. They promote GAA in their counties and oversee a dazzling range of activity. We welcome and salute PJ Mac Gabhann agus Tomás O Raghallaigh, both enthusiastic County Chairmen who lead their counties and teams with distinction. My thanks to all our County Chairmen for their work for the Association. Games are all about players and I am sure you

all continue to show them the respect they deserve. They are our local heroes, playing for love of place, love of the games and pride in the jersey. All players go out to do their best, as volunteer sportsmen, all they expect is your respect and gratitude.

To our supporters and patrons, thank you for coming to our games, we appreciate your attendance. Without your colour, passion, energy, voice and good will, games would be dull events. Thanks for attending and I hope that today and every day, you enjoy being part of the GAA family. We see further evidence today of our desire to promote all our Gaelic games as one Gaelic games family. We welcome the Camogie teams from Aontroim agus Ard Mhacha for the Minor Final. One club, one Gaelic game family; that's our destiny. Tugaim buíochas na Comhairle don réiteoir is na h-oifigigh go léir inniu. Buíochas fosta do na Maoir atá ag obair agus gach duine atá ag cuidiú linn chun an cluiche a reachtáil. Buíochas do Urraithe an Chomórtais; SuperValu, Ulster Bank agus Eircóm.

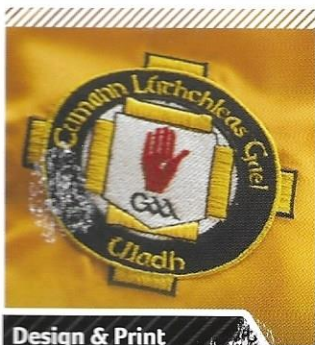
Both Ulster Semi-Finals will be played in Clones this year on June 19th and June 26th. These matches will not be All-Ticket. Under 16's will gain free entry, students and OAP's will have special €10 entry, group rates and family tickets will be available. Terrace tickets at €15 and most seats at €25 present excellent value for money. No other entertainment is as keenly priced and everything we take in is re-invested in further development of our Association.

Beir Bua,

Aogán O Fearghail
Aogán O Fearghail
Uachtarán
Chomhairle Uladh. C.L.G



TODAY'S GAMES



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BUIOCHAS: Comhairle Uladh would like to thank the County Boards and all other contributors for their assistance in the compilation of this programme.

We'd also like to take this opportunity to thank all the players, management and backroom staff for their efforts today, we thank all the supporters who have attended today's match, without you the championship just wouldn't be the same.

Amhrán na bhFiann

Sinne Fianna Fáil,

atá faoi gheall ag Éirinn,

Buion dár slua

Thar toinn do ráinig chughainn,

Faoi mhóid bheith saor

Seantír ar sinsear feasta,

Ní fhágfar faoin tíorán

ná faoin tráill.

Anocht a théam sa bhearna baoil,

Le gear ar Ghaeil,

chun báis nó saoil,

Le gunna scréach faoi

lámhach na bpiléar,

Seo libh canaig amhrán na bhFiann.

Sunday 12th June at Kingspan Breffni Park

Ulster GAA Minor Camogie

Championship Final

Aontroim v Ard Mhacha

Throw In 1.45pm (Extra time if required)

Referee: **Martin Rafter (Muineachán)**

Standby: **Philip McDonald (An Cabhán)**

Linesperson: **Maggie Watters (An Cabhán)**

Sideline: **Rosemary Hughes-Merry (Muineachán)**



Martin Rafter (Muineachán)

Martin Rafter is a member of Castleblayney Hurling club and has served the club in several capacities over the years, including player, manager and club chairman. A native of Co Wexford, he holds 5 Senior Championship medals and 8 League medals with Castleblayney and a National Hurling League Div 4 medal with Monaghan. Martin has been refereeing Hurling and Camogie for the past 11 years at county and interprovincial level. He's no stranger to Ulster Camogie Finals as he refereed the Ulster Intermediate Club Final in 2009 and 2010, as well as being the man in the middle for the Ulster Camogie Minor and Under 16 Finals in 2010.

Ulster GAA Senior Football

Championship Quarter Final

An Cabhán v Dún na nGall

Throw In 3.30pm (Extra time if required)

Referee: **Marty Duffy (Sligeach)**

Standby: **Martin Sludden (Tír Eoghain)**

Linesman: **Paul Kneel (An Lú)**

Sideline: **Gregory Walsh (Aontroim)**



Marty Duffy (Sligeach)

Martin is a member of the Enniscrone/Kilglass club and is a former player. He won a County Intermediate medal in 1991 as a forward. He has been refereeing locally since 1996 and has controlled county finals in all grades. The Sligo man has been on the inter-county panel for some nine years and has been the man-in-the-middle at All-Ireland level in the Club Intermediate and Junior Championships.

He took charge of his first All-Ireland Senior decider in 2009, when Kerry defeated Cork. His umpires today are John Kilgannon, Pat Cawley, Dermot Mullaney and Michael Kelly.

CLAR AN LAE

Sunday 12th June: Cavan v Donegal

- 13.30 Aontroim amach ar an bPairc
- 13.33 Ard Mhacha amach ar an bPairc
- 13.45 Tús an Cluiche: Aontroim v Ard Mhacha
- 14.16 Half Time / Leath Am
- 14.18 Entertainment / Siamsa
- 14.26 Start of Second Half / Tús an dara leath
- 14.59 Críoch an Chluiche Mionúir

* If Extra Time (1) is required see across

- 15.09 An Cabhán amach ar an bPairc
- 15.12 Dún na nGall amach ar an bPairc
- 15.22 Paráid
- 15.28 Amhrán na bhFiann
- 15.30 Tús an Cluiche: An Cabhán v Dún na nGall
- 16.06 Half Time / Leath Am
- 16.08 Cluichí Cumann na mBunscol
- 16.21 Start of Second Half / Tús an dara leath
- 16.59 Críoch an Chluiche Shinsir

** If Extra Time (2) is required see across

(1)*

- 15.04 Start of First Period of Extra Time
- 15.14 End of First Period of Extra Time
- 15.17 Start of Second Period of Extra Time
- 15.28 End of Extra Time
- 15.30 An Cabhán amach ar an bPairc
- 15.33 Dún na nGall amach ar an bPairc
- 15.42 Paráid
- 15.48 Amhrán na bhFiann
- 15.50 Tús an Cluiche: An Cabhán v Dún na nGall
- 16.26 Half Time / Leath Am
- 16.28 Cumann na mBunscol Exhibition
- 16.41 Start of Second Half / Tús an dara leath
- 17.18 End of Senior Game / Críoch an Chluiche Shinsir

(2)**

- 17.04 Start of First Period of Extra Time
- 17.15 End of First Period of Extra Time
- 17.18 Start of Second Period of Extra Time
- 17.29 End of Extra Time

SCÓR INFO

National Anthem Singer Aisling Corcoran

Singing Amhrán na bhFiann today is Aisling Corcoran from the Cornafean club in Co. Cavan. Aisling is a twenty year old student at Dublin City University where she is in her third year of Actuarial Mathematics.

She is a former Cavan County Scór winner, having gained titles in the Solo Singing and Ballad Group competitions on three occasions.

Aisling is also a former Ulster Fleadh winner, gaining the title in Comortas Amhranaíocht Aonair in 2006, where she also competed in the same competition 'as Gaeilge'. She has also participated in the Rince Fóirne and Ceol Uirlise categories in the Cavan County Scór on numerous occasions, and the Banna Cheoil competition in the County Fleadh.



TODAY'S MINI GAMES

Cumann na mBunscol



Cavan

2. **Caolán Smith**, Belturbet BNS
3. **Darren Kellegher**, Currin NS
4. **Ryan McCann**, Kill NS
5. **Paul Goodison**, Killygarry NS
6. **Colm Fitzpatrick**, Butlersbridge NS
7. **Jack Williams**, Arva NS
8. **Callum Clarke**, The Vale NS, Bailieborough
9. **Ryan O'Sullivan**, Aughadreena NS
10. **Oisín Mulvaney**, Killygarry NS
11. **Fionán O'Reilly**, Belturbet BNS
12. **Ruairí Curran**, Swanlinbar
13. **Conor Maguire**, Swanlinbar NS
14. **Robert Lynch**, Arva NS
15. **Seamus Lavin**, Butlersbridge NS
17. **Matthew Traynor**, The Vale NS, Bailieborough
18. **Luke Buckley**, Aughadreena NS
19. **Lorcán Hammond**, Kill NS
20. **Gavin Donohoe**, Currin NS



Donegal

1. **Adam McShane**, Brackey, N.S, Ardara
2. **Christopher Greene**, Sc Bhríde, Lettermacaward
3. **Oisín Brennan**, Sc. Míin Tíne Dé, Ardara
4. **Deáglan Boyle**, S. N. Crannóg Búí, Ardara
5. **Iarlaith Cox**, Sc. An Línbh Íosa
6. **Shane McGrath**, Holy Family N.S
7. **Eoin Kelly**, Downings N.S
8. **Conor Casey**, Carrigart N.S
9. **Michael Mulhern**, Derryconner N.S
10. **Zach Gorman**, Kilmacrennan N.S
11. **Ben Bradley**, Scoil Íosagáin, Bunrana
12. **Jamie Bell**, Glencovitt N.S
13. **Eoghan Kennedy**, Drumkeen N.S
14. **Kyle O'Meara**, Coimin N.S
15. **Dermot Doherty**, Craigtown N.S
16. **Ruadhri McCarron**, Scoil Treasa Naofa, Malin
17. **Cathal McLaughlin**, Sc. Cholmcille, Greencastle
18. **Billy Harron**, Ballintra

GAA SOCIAL INITIATIVE

Encouraging Participation

The GAA Social Initiative has, since its establishment in August 2010, taken root within the clubs involved in the Pilot Club phase. The Initiative arose from an invitation by President Mary McAleese to the GAA to implement a scheme for men in the community, many of whom, from her observation, were finding it more difficult in recent years to engage fully in community life and identify suitable social outlets.

So far, 93 clubs have volunteered to participate in the Pilot Phase and have, already, organised interesting and worthwhile

social events for the men in their communities. The clubs' efforts have been greatly appreciated by those involved and have invariably led to more active participation by the participants and an interest in expanding the range of activities being organised.

While men are the main focus of the Initiative, the social activities organised by the clubs have included and, indeed, in many cases been organised by lady club members. Examples of club activities can be seen in the Social Initiative Newsletters on the website: www.gaa.ie/socialinitiative

The objective for 2011 is to increase the number of clubs involved to 150 by August and we are therefore appealing to all GAA clubs to seriously consider participating in the Initiative in the coming year. All that is expected of clubs in the Initiative is to organise a minimum of five social events/ activities during the year - mainly during the winter period.

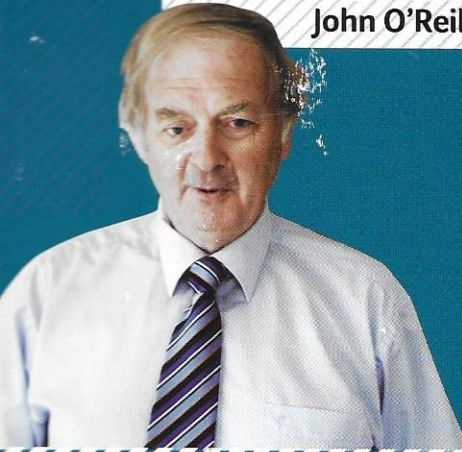
If your club is interested in participating in the GAA Social Initiative please contact **Seán Kilbride** at 01 8658617 or **Joan Cooney** at 01 8658680.





VALUING VOLUNTEERS

John O'Reilly, Ramor Utd



John O'Reilly is a familiar face to the patrons of the Ramor Utd club. John is a very proud club man and while he never played for his much loved Ramor Utd he volunteered his time to the development of the club facilities and in 1999 on being elected as Chairman he set about undertaking much development within the grounds to meet the needs of a growing community for the next six years. John never spared his time, machinery or equipment to see out his dreams for the development of facilities at Ramor Utd. When the Ramor Utd club was formed in 1976 the playing field known as 'the football field' was rented and in 1983 it was agreed to purchase the field.

The development in Ramor Utd got a major boost in 1985 when they won the Senior Championship and Senior League under team manager Fr Tom McKiernan. More land was purchased and a

new club house and car park were a priority. For the next eight years the then finance committee embarked on fundraising to finance their dream clubrooms. The Ramor club achieved a great deal in eight years and in 1991, the club won the most improved grounds in Cavan.

In 1992 Ramor Utd won another Senior Championship under the management of John Mulvanny. John O'Reilly along with many executive members could see with more underage players and a greater interest in ladies football the playing facilities were under pressure. This led to the purchase of more land for a second all weather playing pitch. Following the completion of these developments in 2003 John accepted the Ulster Centenary County Award plaque for the best pitch in Cavan and back then our present Co Chairman in Tom O'Reilly was on the adjudicating panel.

To finance the ongoing development and to meet club expenditure John launched a weekly lotto draw. Armed with a folder of information on statistics and odds, he took the idea to a Ramor Utd meeting in 1992. The motion was passed following a long discussion. John has recalled many times since -Jackpot starting at £500 and was to rise by £100

per week. In the event of the draw not being won five tickets for £20 each were drawn. The first Ramor Utd lotto draw took place on the 21st Feb, 1993. Disaster struck! First night out the jackpot was won. Third night out the jackpot was won. Getting back on track and like many other clubs the lotto has been the clubs main source of fundraising. John still striving for better club facilities embarked on an all weather running track for use by all teams the local community, local teams and the facilities are always available to Virginia College free of charge for training, matches and sports day.

Coinciding with all the energy John was putting into the Ramor club he is an active member of the Virginia Agricultural Society. Dating back to April, 1980 John was elected President of the society. For the following twelve years John gave outstanding service to the society. John combined his busy schedule as an agricultural contractor with commitment and dedication to his position as President. When he retired from his position he was unanimously elected joint treasurer of the society a position he held until May of 2011. At present John is joint PRO of the society. No job is too big or too small for him to undertake and he has the ability to get others involved. The community of Virginia is all the richer for the voluntary time John has given so willingly.

Coláiste Uladh

Gort a Choirce, Dún na nGall

Cúrsaí 2011

3ú Iúil – 24ú Iúil 2011

In association with **Ulster GAA**

Le blianta fada tá dluthcheangal idir caomhnú na gaeilge agus Cumann Lúthchleas Gael. Tugann Comhairle Uladh CLG tacaíocht leis an chúrsa seo chun an teanga a fhorbairt. Beidh na cluichí gaelacha agus na ranganna Gaeilge ag rith comhthreomhar le chéile.

Ulster GAA and Coláiste Uladh are pleased to present an Irish Language Gaeltacht course designed to improve the student's spoken Irish and increase appreciation of Irish Culture. The course is both exciting and enjoyable. Students will have fun and appreciate GAA and culture through Gaeilge, and a highlight - A trip/turas to the Ulster Senior and Minor Football Final.

Suíomh/Location

Tá Coláiste Uladh, Gort a 'Choirce suite san san fhóir-Ghaeltacht, daichead km siar ó Leitir Ceanainn. Bunaíodh an Cóláiste sa bhliain 1906 ag tús Athbheochan na Gaeilge. Tháinig Pádraig Mac Piarais, Roger Casement agus Seosamh O Pluincéad anseo. Ceantar fíor alainn ar fad é seo- trána agus méilte, cnoic agus locha.

This is a fully Irish speaking district (Gort a 'Choirce, Co Donegal) with a very high standard of accommodation. The area has beautiful scenery, the best of our Gaelic traditions and friendly helpful families.

Aidhm/Aim

Is í aidhm an chúrsa ná an Ghaeilge agus na cluichí ghaelacha a chur chun cinn i dtimpeallacht Gaeltachta. Beidh an dhá chuspóir lárnach í rith na dtrí seachtaine agus tabharfar cothromaíocht ama dóibh.

The course will encourage spoken Irish, provide confidence building in the use of the language along with raising awareness of Gaelic culture including music, song, dance, drama, history, heritage and games.

Imeachtaí/Events

Formal morning classes are taught by fully trained teachers. All other activities, trips, games, céilithe are fully supervised by teachers and Ceannairí. We organise a varied programme of GAA coaching, history/heritage trips and presentations, art, beach trips, hikes, music evenings; céilithe, fancy dress etc. etc. and of course trip to Ulster Final in Clones!

Clár Ama: Lá Sámplach

10.00am-1.00pm;
Ranganna Gaeilge
3.00 pm-5.00pm;
Ceol, Cluichí, Ealaíon & Spórt
8.00pm-10.00pm;
Ranganna Gaeilge

Earlais/Deposit

€200 deposit secures a place on the summer course. On receipt of the form and deposit

an official acknowledgement will be issued indicating that the balance is due 6 weeks PRIOR to the beginning of the course. A further fee of €30 will be required to cover all Tours, trips, events and the Cóláiste Educational Booklets. Coláiste Uladh may organize a special bus service to and from the course if there is sufficient demand, the bus fee is NOT included. Please note that deposits are non-refundable, so this should be considered carefully before booking.

Eolas breise/Further Information

For all further information contact: Aogán Ó Fearghail at aogan.ofearghail@gaa.ie or Niamh Ní Fhearghail on 087-9670181 (After 3pm)

Dioplóma/Diploma

Prizes will be awarded at the end of the course for special effort in class, at games and a variety of competitions and activities. "Dioplóma Speisialta an Choláiste" will be awarded to the best Irish Speakers. Finally, from past experience we can assure that all student's Irish will improve; they will benefit greatly from living in the Gaeltacht and will be well treated and supervised at all times.

Applications are available from the following:

www.ulster.gaa.ie
aogan.ofearghail@gaa.ie
jackdevaney@yahoo.co.uk
or your County GAA Secretary.

CAMOGIE PREVIEW

Góilín Duffy, Ulster Camogie PRO

Armagh and Antrim get today's action underway here at Kingspan Breffni Park, in what promises to be a very entertaining Ulster Minor Camogie Final.

For the former it is a rare appearance in a Minor decider, with the Orchard County qualifying for today's game by virtue of their 8-12 to 2-4 win over Tyrone in the Ulster Shield Final. Ulster Colleges All-Star Joanne Mullen, captain Orla Cairns and Rachel Merry, Kirsty Sheridan and Eadaoin Murphy are some of the Armagh players to watch out for this afternoon.

Armagh manager Miceal Murphy is looking forward to today's decider. "It will be a big day for us. It is a big deal for Armagh to get to the final," he said. "Today will definitely be a big step up for the girls against Antrim."

Murphy is pleased with the performance of his side to date this year. "They have done well, but exams have got in the way also and it has been hard to get a full attendance at training in recent weeks because of that."

It is a big deal for Armagh to reach any final, but to play it before a big attendance here

at Kingspan Breffni Park is something special.

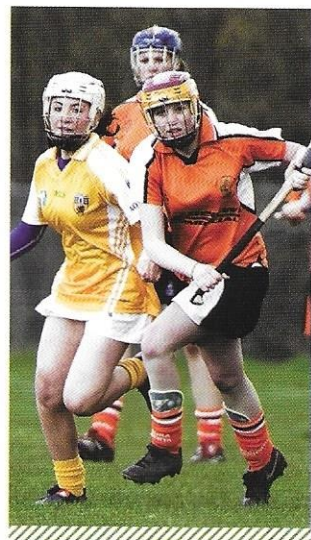
"There will be a big crowd here today for the football match and hopefully the girls can rise to the challenge," Murphy said. "It will be their first time playing in front of such a large crowd but we are looking forward to it."

The significance of today's game isn't lost either on the Antrim camp, and their manager Chris McAuley, himself a former Antrim hurler. "Without a shadow of a doubt it is great to have the game at Kingspan Breffni Park today," he said.

"It is great for Camogie to be getting that coverage. Last year we played the All-Ireland Final against Derry at Celtic Park and it was a great occasion. "Not only was that particular game a big opportunity for Derry, but it was also for our girls. "It will be the same this afternoon for both Antrim and Armagh."

Antrim are captained today by Shauna Devlin of the Loughgiel Shamrocks club.

Today is the start of a busy month of high profile Camogie clashes in Ulster. The newly reopened Morgan Athletic Grounds in Armagh City will host



a busy day of action on Saturday June 25th as the Senior, Intermediate and Junior Camogie Championship finals take place.

Last year's Premier All-Ireland Junior Champions Antrim will take on Derry in the Senior final. Hosts Armagh will be hoping for silverware when they face league champions Cavan in the Intermediate Final.

The battle for the Ulster Junior title will be between Monaghan and Tyrone. There will be facepainting and other free entertainment on the day, ensuring a fun-filled afternoon for all the family. Admission will be £10 for Adults, £5 for Students and Senior Citizens and £2 for Under 16's.

AONTROIM

Antrim Camogie Team

Manager: Chris McAuley



Fír Ionaid/Substitutes

16. Megan Coyle, Na Seamroga 17. Sorcha Cosgrove, Ruairí Óg 18. Niamh Adams, Naomh Eoin
19. Shannon Woulahan, Cuchalainns 20. Nuala Kelly, Port Chluain Eoghain 21. Meave Mc Couig, Mac Uilín
22. Lauren Elliot, Cuchalainns 23. Orla O'Hara, Ruairí Óg 24. Kathryn Donnelly, Mac Uilín

Notes

	Cúil	Cúilíní	Seachaí	45	Saor	Ciceanna
1AD Leath						
2AD Leath						
Iomlán						

ARD MHACHA

Armagh Camogie Team



Managers: Miceal Murphy
Olive McGeown



Fir Ionaid/Substitutes

16. **Roisin Hughes**, Baile Mhíe An Aba 17. **Cait Mc Givern**, Baile Mhíe An Aba 18. **Nicole Nugent**, An Ceide
19. **Noleen Bradley**, Camlocha 20. **Danielle Gordan**, Naomh Brid 21. **Niamh Mc Carthy**, Naomh Eanna
22. **Ursula Mc Parland**, Naomh Brid 23. **Paula Nugent**, An Ceide 24. **Laura Smyth**, Baile Mhíe An Aba

Notes

Cuail	Cúilíní	Seachaf	45	Saor	Ciceanna
1AD Leath					
2AD Leath					
Ionadain					



Obair CLG Uladh



The Work of Ulster GAA

Comhairle Uladh/Ulster GAA is the governing body for Gaelic Games in the province of Ulster. The Ulster Council comprises of delegates elected from and by the Province's nine Counties and works across two political jurisdictions and 29 local authorities.

All members of the Ulster Council are volunteers. They drive change, they lead in decision making and they are responsible for planning for the future. The decisions and plans initiated by the Ulster Council members are implemented by Ulster GAA staff.

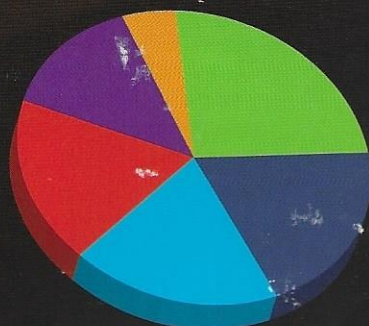
86% of GAA income is reinvested in Grassroots Development

The 2010 Central GAA Accounts show a 2% increase in the investment of Association revenue to Clubs and Counties up to 86%. The figure is up from 84% in 2009 and currently 14% of income is being reserved for GAA administration Costs.

This makes the GAA unique and something we should be very proud of as no other sporting, cultural and community organisation returns this level of revenue or makes the significant social and economic contribution that the GAA does to Irish life.

When you attend a match during the 2011 Championship series the majority of your entrance fee goes back to the development of your Club and your County.

GAA Expenditure 2010



GAA Grants	24%
Coaching & Development	20%
County Payments	19%
Match Costs	18%
GAA Administration Costs	14%
Player Welfare	5%

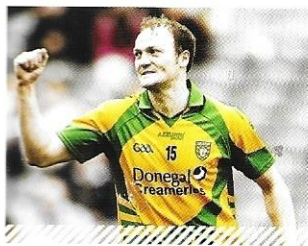
Ulster GAA has delivered

- Upgrades and refurbishment of the nine County Grounds.
- Development of Centres of Excellence and Participation across the Province.
- £30 million of public funding for GAA infrastructure projects at County level and in 184 GAA Clubs across the Province.
- New coaches employed with the support of the Department of Education, Local Councils and Sport NI who have increased participation in our games through a strong Coaching and Games Development programme.
- A Club and Volunteer support resource supported by the Department of Social Development.
- Ongoing support for the entire family of Gaelic Games by working in partnership with the Ulster Ladies Gaelic Football Council, Ulster Camogie Council, Ulster Handball Council and Ulster Rounders Council.
- Vibrant and strong participation in Scor throughout the Province.

Ulster GAA is here to support you, if your Club needs assistance please e-mail info.ulster@gaa.ie or visit our website www.ulster.gaa.ie

SENIOR MATCH PREVIEW

A look ahead to Today's Senior Game by John Hughes



This is one of the rarer species of Ulster Championship encounter. The teams haven't met in the championship proper since 2002, and the only time they've met since then was in the qualifiers in 2005, which we take a look at opposite.

There are obvious links and affinities between the counties though. Mick Higgins was a sure and measured hand behind the scenes as Donegal charged to their first ever Ulster title in 1972. Meanwhile the peerless Martin McHugh enchanted Ulster with Donegal on the playing field before going on to exalt Cavan from the sideline. A compliment repaid.

This year many Donegal fans were quietly content to see Cavan clinch a deserved Ulster Under 21 title. The Tir Chonaill men had defeated Cavan in the 2010 decider in Brewster and developed an appreciation of that Breffni side's qualities at close quarters. Indeed, many of the leading talents from Cavan and Donegal's recent Under 21

tussle will be decorating today's contest. And so to today's contest in Kingspan Breffni Park, always one of my favourites amphitheatres, the Slane of Gaelic football. Donegal have been subjected to one of the most comprehensive pannings of any sides to have laced boots in anger in the championship.

In some respects that's easy to understand. The Preliminary Round game against Antrim was one of the few times I've ever seen 29 men standing behind the opposition 40 outside of a training session. And this was in a game where Donegal were winning comfortably. As the second half ground on I kept asking myself, 'What are Donegal afraid of?'

Having mulled it over for quite a while now, the only explanation that seems to hold water is fear of failure. Perhaps getting that first Ulster Championship win in Ballybofey since 2007 really was as important as the Donegal heads kept telling us in the lead up to the game.

Still, the reason I was asking why Donegal were afraid was because Antrim certainly weren't offering much to fear. Donegal could have put Antrim to the sword, but chose to park the bus instead. The appearance of ultra-defence in such benign circumstances is not a cheerful portent. However, the performance was uncharacteristic of Donegal's

football so far this year, so we may justifiably hope it was an aberration. Looking back, it's hard to even think of that day in Ballybofey as a championship game. The thin crowd, the slanting rain, the lack of passion. Hopefully today the weather will be kind to us and both sides will give us a game worthy of the Ulster Championship.

In that respect it might more helpful to look back to 2010 and the Ulster Under 21 Championship Final between these sides. There are many echoes between the days. Terry Hyland and Jim McGuinness were both on the sideline and a number of players have made the transition to senior football for both sides. Cavan had a powerful midfield in Gearoid McKiernan and David Givney and it took Michael Murphy coming back to disrupt their rhythm. Donegal might have won by 2-8 to 0-7, but a younger Cavan outfit gave them a hell of a game.

Cavan come into this battle as outsiders, with nothing to lose. Psychologically speaking, there is no more dangerous team in Gaelic football. Donegal have hopefully shaken the monkey off their back and will approach this game in a more positive spirit. If those two stars align, we could have a great contest. But, whether it's a clunker or a clinker, it's hard to see past a Donegal win.

A LOOK BACK TO 2005

The Last Championship Meeting by John Hughes

Donegal came into this game on the back of a 0-16 to 0-12 win over Wicklow. Played on a horrible day in Aughrim the visitors only secured the win thanks to an injury time flurry of scores. Donegal folk often refer to that as one of the worst games in recorded history and attendance at that match marks you out as something of a Tir Chonaill ultra. Cavan weren't coming in with much better form, they had been on the receiving end of a 3-19 to 0-7 stuffing by Tyrone in an Ulster Semi-Final replay.

Brian McEniff's Donegal, much like today, were fancied for the game in Kingspan Breffni Park. They were on a winning trajectory, while Cavan were on an eight day turnaround from a horrific spanking. But it was the Breffni men, under Martin McElkennon deputising for the ill Eamonn Coleman, who rose to the occasion.

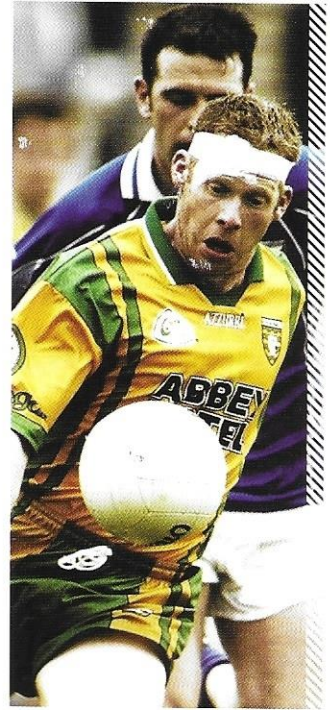
From the start it was clear that Cavan were more pumped for the game and putting some pride back in the blue jersey was priority number one. They tore into Donegal with a series of points before Larry Reilly struck a low shot past Donegal's teenage net minder, Michael Boyle, to put the homesters 1-4 to 0-1 up. Cavan maintained their superiority in the second quarter to go in at the break leading by 1-6 to 0-2.

Donegal pulled out all the stops to close the gap, but James Reilly gave one of those performances that rightly marked him out as the top keeper in the province, making save after save. Brendan Devenney was Donegal's most active threat, hitting a goal on 50 minutes to give the gold and green a lifeline in the game.

The decisive moment came with two minutes left on the clock and featured both Reilly and Devenney. Donegal were awarded a penalty with the scores at 1-11 to 1-8. Devenney stepped up to spot, but he was psyched out by Reilly who saved the Eunan's man's shot with his legs.

Emboldened by that save, Cavan saw out the game to take a surprise 1-11 to 1-10 win. Cavan went on to rekindle a historic rivalry in the next round, gaining a 1-8 to 1-6 victory over Meath, before going out of the championship in the final round of the qualifiers with a three point loss against Mayo in Hyde park.

Cavan: James Reilly; Michael Hannon, Darren Rabbitt, Pauric O'Reilly; Martin Cahill, Anthony Forde (0-1), Peter Reilly; Dermot McCabe, Pearse McKenna; Finbar O'Reilly (0-6), Nicholas Walsh, Mark McKeever (0-1); Jason O'Reilly (0-1), Mickey Graham, Larry Reilly (1-2).



Subs: Micheal Lyng for Graham, Sean Johnston for L. Reilly, Paddy Brady for McCabe.

Donegal: Michael Boyle, Eamon McGee, Raymond Sweeney, Karl Lacy, Damien Diver, Barry Monaghan, Shane Carr, Stephen McDermott, Neil Gallagher, Christy Toye, Michael Hegarty, Brian Roper 0-1, Colm McFadden 0-3, Adrian Sweeney 0-1, Brendan Devenney (1-5).

Subs: Conal Molloy for Roper, Conal Dunne for A Sweeney, Roper for Toye, Barry Dunnion for Monaghan, Toye for Hegarty.

Referee: Eugene Murtagh (Longford).

CLUB MAITH

How good is your Club?

Club Maith is an Ulster GAA Club accreditation scheme which aims to acknowledge, and reward, the unrivalled commitment and time invested by GAA volunteers to their GAA club. The GAA prides itself on its strong club ethos and excellent grassroots structures. This is not possible without our Club Volunteers. Tradition dictates that the work carried-out in our GAA clubs is of a standard which every GAA member can be proud of.

Club Maith is firstly a club development tool for clubs, identifying best practice and laying-down foundations for further club development. The completion of the process will result in clubs gaining a better understanding of how good their club is, as well as ensuring best practice is standard in all its business.

Club Maith is also an accreditation scheme, in

that successful clubs will be accredited through Ulster GAA, and Sport NI. Sport NI and the Irish Sports Council have each endorsed the scheme. Clubs in the six counties will receive the Sport NI Clubmark NI award on achieving the bronze level Club Maith award. Successful clubs will be awarded either bronze, silver, or gold awards.

Club Maith Facilitators have been trained to assess clubs through their Portfolio and Club Visit. The process is straightforward. The award is valid for three years, requiring a simple annual online health-check. After three years the club will have to go through the process again, however, all the spade-work will have been achieved by this stage!

Ulster GAA are assisting many clubs through the process currently. There is a raft of information on the Club Maith website, including examples of

policies, template documents and so on. An "Applying For Club Maith" workshop has been delivered in all counties since the New Year and Ulster GAA staff are on-hand to answer any queries clubs may have. Although no time-frame has been set, Ulster GAA would recommend that clubs allow three - four months for completion of the process from start to finish. Obviously this is subject to how quickly clubs can submit their Club Maith Portfolio.

Up until the end of April 2011 five clubs have been accredited with each having received a Gold award. They are: Eglishe St Patricks GAC, Co. Tyrone; Lamh Dhearg GAC, Co. Antrim; Derrygonnelly Harps GAC, Co. Fermanagh; Moy Tír na nÓg GAC, Co. Tyrone; and Crossmaglen Rangers GAC, Co. Armagh. Involved in the pilot scheme were Donaghmore St Patricks, Kildress Wolfe Tones, Glenullin Mitchels, and Clonduff GAA. Comhghairdeas to all involved! A number of other clubs are in the assessment phase and should be accredited during the Ulster Championship.

If you would like more information on putting your Club through Club Maith, or are interested in becoming a Club Maith Facilitator please contact Maura Kelly on: maura.kelly.ulster@gaa.ie



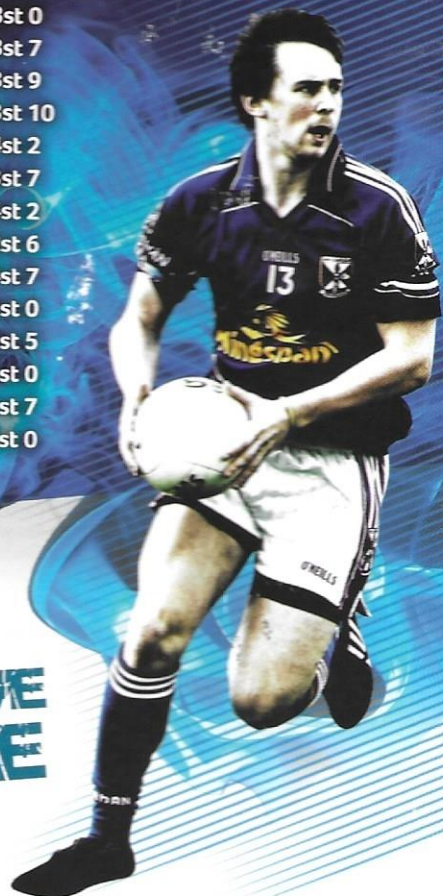
AN CABHÁN

Cavan

Name	Club	Age	Height	Weight
Niall Murray	Cavan Gaels	21	5' 11"	12st 3
Alan O'Mara	Bailieborough	20	6' 1"	13st 6
Michael Brady	Mullahoran	20	6'	13st 10
Fergal Flanagan	Butlersbridge	19	5' 11"	13st 4
Sean Johnston	Cavan Gaels	26	5' 10"	12st 7
Gearoid Mc Kiernan	Swanlinbar	20	6' 4"	15st 0
Michael Brennan	Drumalee	30	6' 1"	14st 0
James Reilly	Drung	30	6' 2"	15st 0
Mark McKeever	Gowna	27	5' 11"	12st 10
Damien Reilly	Belturbet	23	6'	12st 9
Cian Mackey	Castlerahan	24	5' 10"	12st 7
Dane O'Dowd	Drumlane	23	6'	13st 7
Gareth Smith	Oliver Plunketts	28	6'	13st 0
Niall McDermott	Ballinagh	20	6' 1"	13st 7
David Givney	Mountnugent	22	6' 4"	13st 9
Patrick Carroll	Ballinagh	21	6' 1"	13st 10
Thomas Corr	Denn	26	6'	14st 2
James McEnroe	Ramor United	21	6'	13st 7
Eugene Keating	Cuchulainns	22	6'	14st 2
Micheal Lyng	Cavan Gaels	26	5' 9"	12st 6
John McCutcheon	Cootehill	24	6'	14st 7
Martin Cahill	Denn	29	5' 10"	12st 0
Dermot Sheridan	Mullahoran	25	6'	13st 5
Ray Cullivan	Ballyhaise	23	5' 11"	14st 0
Stephen Jordan	Lavey	25	5' 9"	12st 7
Keith Fannin	Drumgoon	28	5' 11"	13st 0

HOME RESULTS WERE
VITAL FOR US AND WE ARE
DELIGHTED AGAIN TO HAVE
HOME ADVANTAGE

Terry Hyland



AN CABHÁN

Cavan Senior Team

Managers: Terry Hyland
Val Andrews

1 S Ó Raghallaigh
James Reilly
An Droing

2 S Mac Conrua
James McEnroe
Reamóir Aonhainthe

3 P Mac Cearúill
Patrick Carroll
Beal Átha na nEach

4 D Ó Duada
Dane O'Dowd
Droim Leathan

5 N Ó Muirí
Niall Murray
Gaeil An Chabhan

6 S Mac Uistín
John McCutcheon
An Muinchille

7 D Ó Raghallaigh
Damien Reilly
Beal Tairbeirt

8 R Mac Conluain
Ray Cullivan
Beal átha Héis

9 D Ó Dhuibhne
David Givney
Droichead Uí Dhálaigh

10 G Mac Tiarnáin
Gearoid McKiernan
Mulleann Jamainn

11 M Ó Loinn
Micheal Lyng
Gaeil An Chabhan

12 F Ó Flannagáin
Fergal Flanagan
Droichead an Bhuilearaigh

13 N Mac Diarmada
Niall McDermott
Beal Átha na nEach

14 E Céitinn
Eugene Keating
Cuchullains

15 S Mac Seáin
Sean Johnston (C)
Gaeil An Chabhan

Fir Ionaid/Substitutes

16. Alan O'Mara, Coill An Chollaigh 17. Mark McKeever, Loch Gamhna 18. Garrett Smith, Naomh Oilibhéar Pluincéid
19. Thomas Corr, An Dinn 20. Cian Mackey, Gleann Súilí 21. Dermot Sheridan, Mullach Odhrain
22. Keith Fannin, Druim Dhuin 23. Michael Brady, Mullach Odhrain 24. Stephen Jordan, An Leamhí
25. Michael Brennan, Drum an Laoigh 26. Martin Cahill, An Dinn

Notes

	Cúil	Cúilíní	Seachái	45	Saor	Ciceanna
1AD Leath						
2AD Leath						
Iomlán						

DÚN NA NGALL

Donegal Senior Team

Manager: Jim McGuinness



Fir Ionaid/Substitutes

16. Michael Boyle, An Tearmain 17. Leo McLoone, Naomh Conail 18. Eamon McGee, Gaoth Dobhair
 19. Jason Noctor, Na Cealla Beaga 20. Neil Gallagher, Gleann Súilí 21. Daniel McLaughlin, Naomh Michael
 22. David Walsh, Naomh Brid 23. Christy Toye, Naomh Michael 24. Dermot Molloy, Naomh Conail
 25. Paddy McBrearty, Cill Chartha 26. Stephen Griffin, Naomh Naille

Notes

	Cúil	Cúilíní	Seachai	45	Saor	Círcanna
1AD Leath						
2AD Leath						
Iomlán						

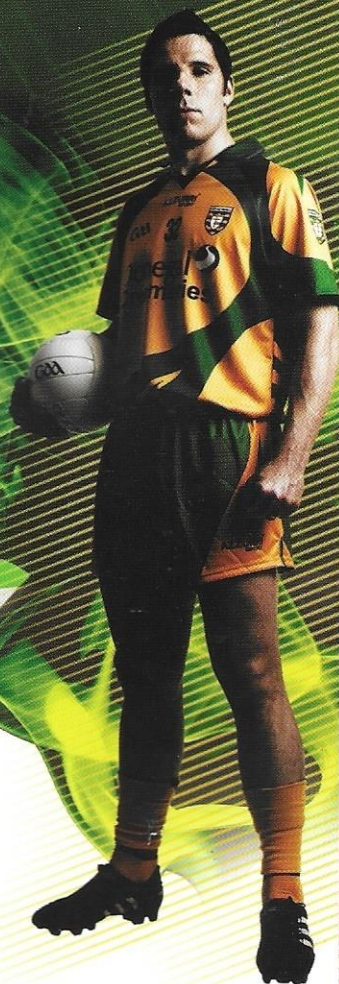
DÚN NA NGALL

Donegal

Name	Club	Age	Height	Weight
Paul Durcan	Four Masters	27	6' 5	16.5 st
Frank Mc Glynn	Glenfin	25	5' 11	13st
Neil Mc Gee	Gweedore	25	6' 1	13.5st
Karl Lacey	Four Masters	26	5' 11	14st
Anthony Thompson	N. Conaill	25	6'	12.5st
Kevin Cassidy	Gweedore	28	6'	13.5st
Paddy Mc Grath	Ardara	22	5' 11	12.5st
Rory Kavanagh	St Eunans	27	6' 2	14st
Martin Mc Elhinney	N. Micheal	23	6' 2	13.5st
Ryan Bradley	Buncrana	25	6' 2	13.5st
Michael Hegarty	Kilcar	31	6'	12st
Mark McHugh	Kilcar	21	5' 11	12.5st
Dermot Molloy	N. Conaill	20	6'	12st
Michael Murphy	Glenswilly	22	6' 2	14st
Colm McFadden	N. Micheal	27	6'	13.5st
Adrian Hanlon	Dungloe	24	5' 8	12.5st
Michael Boyle	Termon	24	6'	16st
Kevin Rafferty	St Eunans	29	6' 5	14st
Neil Gallagher	Glenswilly	28	6' 4	15st
Conor Classon	Ardara	21	6' 2	16st
Daniel McLoughlin	N. Micheal	21	5' 11	12.5st
David Walsh	N. Brid	28	6'	12.6st
Tommy McKinley	N. Colmcille	20	5' 10	12st
Eammon McGee	Gweedore	27	6' 2	13.5st
Marty Boyle	N. Conaill	25	6' 1	12st
Christy Toye	N. Micheal	27	6' 2	14st

**OUR OPPONENTS TODAY
HAVE HAD A GREAT YEAR SO FAR
WITH A GREAT RUN
IN THE UNDER 21'S**

Jim McGuinness



GIANTS WILL GLADLY

CRAOBH PEILE ULADH ULSTER SENIOR FOOTBALL CHAMPIONSHIP 2011

PRELIMINARY ROUND
SUNDAY 15TH MAY

DÚN NA NGALL 1-10
AONTROM 0-07

MAC CUMHAILL PARK, BALLYBOFEY,
SENIOR: 3.30PM MINOR: 1.45PM



SUNDAY 22ND MAY

DOIRE 1-18
FEAR MANACH 1-10

CELTIC PARK, DERRY
SENIOR: 3.30PM MINOR: 1.45PM



SATURDAY 28TH MAY

ARD MHACHA 1-15
AN DÚN 1-10

ATHLETIC GROUNDS, ARMAGH
SENIOR: 7.30PM MINOR: 5.45PM



SUNDAY 5TH JUNE

TÍR EOGHAN 1-13
MUNEACHÁN 1-11

HEALY PARK, OMAGH
SENIOR: 3.30PM



SUNDAY 12TH JUNE

AN CABHÁN V
DÚN NA NGALL

KINGSPAN BREFFNI PARK SENIOR: 3.30PM



ULSTER SENIOR & MINOR SEMI FINAL
SUNDAY 19TH JUNE

DOIRE V ARD MHACHA

ST TIERNACHS PARK, CLONES
SENIOR: 2.00PM MINOR: 12.15PM



ULSTER SENIOR & MINOR FINAL
SUNDAY 17TH JULY

_____ V _____

ST TIERNACHS PARK, CLONES
SENIOR: 4.00PM MINOR: 2.00PM

ULSTER SENIOR & MINOR SEMI FINAL
SUNDAY 26TH JUNE

_____ V **TÍR EOGHAN**

ST TIERNACHS PARK, CLONES
SENIOR: 3.30PM CURTAIN RAISER: 1.45PM



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A WORD FROM THE TOP

The Senior Managers

Terry Hyland, Joint Cavan Senior Manager

Both Val Andrews and I are looking forward to this our first outing of the 2011 Ulster Senior Football Championship. This Provincial Championship is still the best and most keenly contested of the four, and for counties such as Cavan it is the yard stick by which we measure our progress.



While both Cavan and Donegal have new management teams in place this season, that is where the similarities end. Their excellent Allianz League campaign with ultimate success sets them two tiers ahead of us for 2012. This together with being a year ahead in blending in their successful Under 21 Ulster championship team and of course having already enjoyed the experience of a championship game this season, sees them coming to Kingspan Breffni Park as firm favourites.

Cavan contested most of the Allianz League without the involvement of our Under 21 players and at times during

the early part of the campaign we struggled. Cavan however finished strongly and retained Division 3 status. Home results were vital for us and we are delighted again to have home advantage on our side today.

Support for our county teams is growing again and I ask all our loyal supporters to get behind the jersey. There is a very clear plan in place which may not be completed during our first season at the helm. We are satisfied that the panel of players selected for this campaign are well prepared and guarantee our supporters an honest and committed performance.

Jim McGuinness, Donegal Senior Manager

Once again it is a great honour for me today to lead Donegal into Championship action against Cavan. Breffni Park is one of the heartlands of Ulster Championship Football and is synonymous with many great championship matches down through the decades and always has a championship air and atmosphere about it.

Our opponents today have had a great year so far with a great run in the U21 Championship and will come in to today's game full of confidence and

will no doubt provide us with a very difficult challenge.

From our own perspective, I would like to thank the players for all the effort and commitment they have shown up to this point. It was great to get promoted in the league and get over the line in the Preliminary Round against Antrim to earn our place in today's Quarter Final.

A word of thanks also to the backroom team, the medical staff, who have done trojan work to get some of our players on the pitch today,

the conditioning coaches, the County Board, our sponsors Donegal Creameries, the many clubs who have given up their facilities so freely this past few months, and we look forward to your continued support.



LEARNING THE GAME

ULSTER GAA Launch Diploma Courses

The Ulster GAA in partnership with Open College Network Northern Ireland will be running two fully accredited courses in autumn 2011. These Diploma Courses in GAA Performance Sports Coaching and GAA Sports Management will be pitched at the same difficulty and complexity as A-Level or Leaving Cert.

The objective is to reward the hard work undertaken by many volunteers in clubs and schools and provide them with the opportunity to bring this into a formal qualification. In times of economic hardship and unemployment, the GAA Club environment can help people develop new skills and competencies that they can use when seeking employment.

Our long term vision is to have a number of mandatory units / modules that we Ulster GAA offer our volunteers. These will build into a Diploma in respective areas.

If the volunteer over time takes a number of these they can begin to build a qualification at Level 3 / 4 by taking these mandatory modules and then by accessing further optional modules that exist within the Qualifications Credit Framework. This we envisage would potentially build into a "Degree in GAA Related Studies".

Level 3 Diploma in GAA Performance Sports Coaching

Preparation for performance in Gaelic Games has moved on considerably in recent years to incorporate many new technologies and approaches to preparing players and teams. This programme pulls together the key components involved in planning and implementing a successful yearly plan.

This programme is being delivered to meet the increasing needs of coaches who want to coach at the top level within club, college and county team structures. It recognises that these GAA Coaches need to be skilled up in all aspects of coaching, mentoring and sport education.

The workshops programme is being delivered by GAA and Coaching Ireland Qualified Tutors and practicing managers and the subject areas will evolve around the topics above.

Ulster GAA Team Management Programme

This programme is being delivered at the request of coaches who have made the transition from coach to manager. It recognises that coaching and managing have significant similarities but it also recognises that they are different. The series of

workshops will take the coach/manager through a programme that will help explore the critical managerial areas to help develop understanding, competencies and abilities to apply critical thinking, problem solving and decision making skills.

This programme can be offered to both team managers and club officers who have a management role.

The Diploma Course is being delivered by GAA and Coaching Ireland Qualified Tutors and practicing managers and the subject areas will evolve around the above topics:

It is envisaged that candidates applying for these two Diploma Courses will need to have a minimum of Award 1, be currently involved in a coaching role with their club/ county or be actively involved in a GAA administration role for a minimum of 3 years. The Ulster Council will strive to keep course fees to a minimum but in order to cover the accreditation process and subsequent tutoring and administration costs a course fee will be required.

For further enquires check the Ulster Council Website (www.ulster.gaa.ie) or contact Roger Keenan Coach Education Manager at roger.keenan.ulster@gaa.ie.

Remember the Road Safety Ready Position

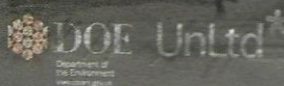
Seatbelts ON!



One of the winning entries from
2nd Class, Clonmany National School

LIVE TO PLAY

Road Safety Awareness

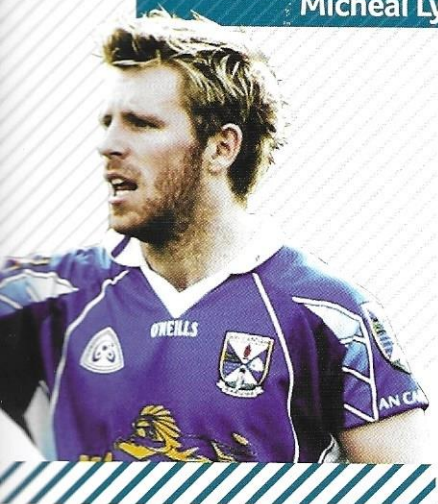


www.ulster.gaa.ie



ONE MINUTE WITH...

Micheal Lyng, for Club and County



Name: Micheal Lyng
Club: Cavan Gaels
Favourite Position: Centre Forward
Favourite Pitch: Terry Coyle Park
Hobbies: Football, Cycling, Golf
Childhood hero: Dermot McCabe
Best Player you have played with:
 Too many to name
Best Player you have played against:
 Pauric Joyce
Best game you have been involved in:
 County Finals
Best game you have ever seen:
 Ulster Final 1997



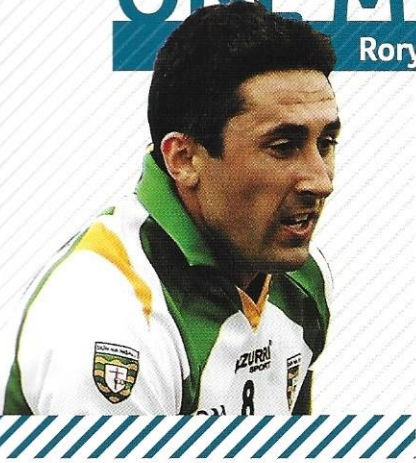
Best trainer within the squad:
 John McCutcheon
Worst trainer within the squad:
 Sean "The Dagger" Johnston
Worst training drill:
 Any type of running
Best motivator within the squad:
 Val Andrews
Pre Match meal:
 Chicken, Pasta and Veg
Any superstitions: No
Favourite Song:
 Anything from U2
Favourite Film:
 Too many to choose

Favourite Holiday Destination:
 The States
Favourite Drink: Mi-Wadi
Favourite Meal:
 Homemade Burger and chips
Which club do you like to see do well apart from your own: Killygarry
Which county do you like to see do well apart from your own: No Comment!
Advice for youngsters:
 Play with a smile
Young Player within your club to look out for:
 Paul O'Connor
Best thing about the GAA:
 Making friends for life.



ONE MINUTE WITH...

Rory Kavanagh, for Club and County



Name: Rory Kavanagh

Club: St Eunans

Favourite Position: Midfield

Favourite Pitch:

O'Donnell Park and Croke Park

Hobbies:

Watching films, playing snooker, soccer

Childhood hero: John Barnes

Best trainer within the squad:

Daniel McLaughlin

Worst trainer within the squad:

Conor Classon aka Ron Burgundy

Worst training drill: 400m runs

Best motivator within the squad:

Adam Spear (fitness trainer).

Pain is his friend!

Pre Match meal: Chicken and pasta

Any superstitions:

Right boot always goes on first

Favourite Song:

American Pie by Don Mc Clean

Favourite Film: Talladega Nights:

The Ballad of Ricky Bobby

Favourite Holiday Destination: Fiji !!

Favourite Drink:

Long Island Ice Tea

Favourite Meal:

Fillet Steak

Which club do you like to

see do well apart from your own:

Burt/Convoy

Advice for youngsters:

Believe in yourself and work hard

on improving your weaknesses

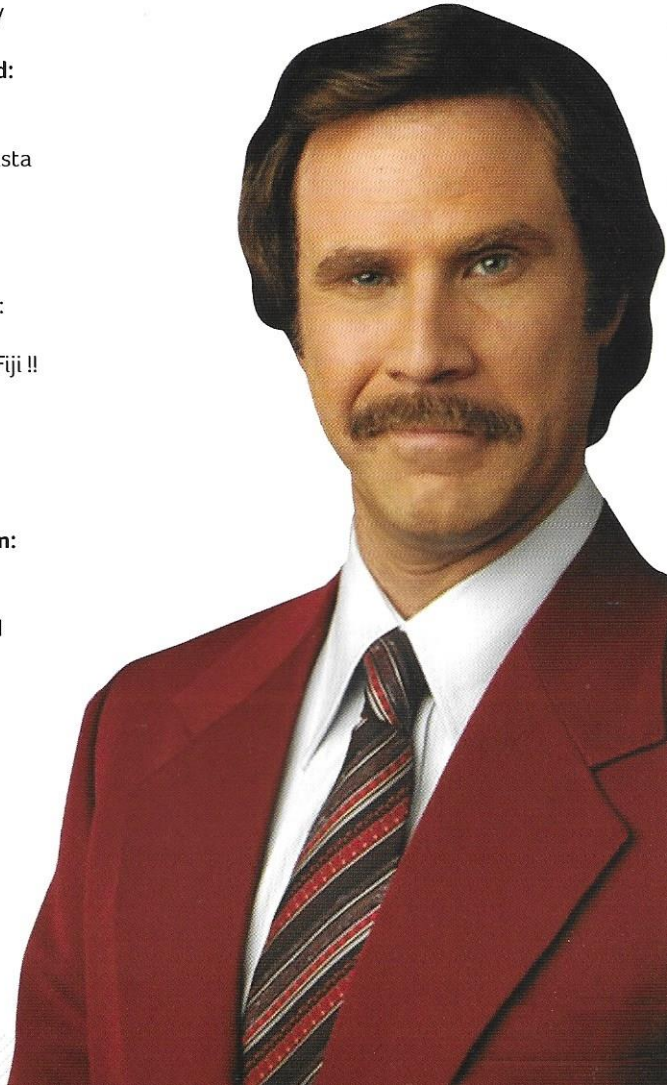
Young Player within your

club to look out for:

Caolan Ward, Conor Gibbons

Best thing about the GAA:

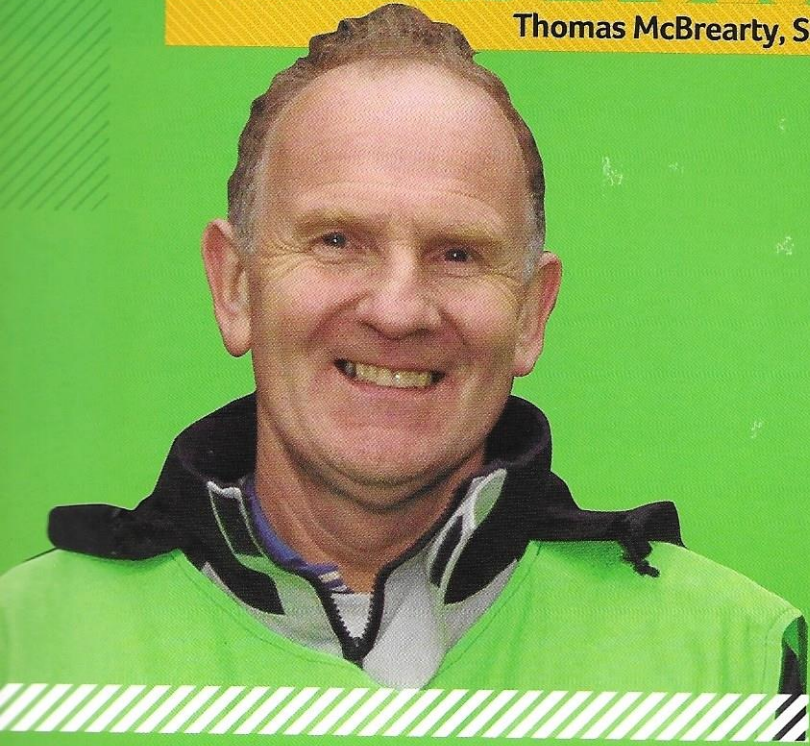
Joe Brolly's Punditry!





VALUING VOLUNTEERS

Thomas McBrearty, St Nauls



No doubt but for his role as Secretary he would have refereed more finals. Currently Thomas is still very active in administration both with his club St Nauls and is also a member of the Referees Forum and this year has taken up the role as Chairman of the forum. As he says himself it now gives him great pleasure in seeing young referees coming through due to the great work done by the Forum. With such a highly respected referee at the helm his knowledge and experience is invaluable to these young referees.

Thomas is the longest serving referee in the county. Thomas began his career in 1970 and even today over 40 years later, the St Nauls club man still enjoys doing the occasional game.

He has refereed the Senior County Final on two occasions in 1977 and eleven years later in 1998. Thomas has refereed County Finals at all levels, Intermediate (1993), Junior (1991), Under 21 (1980 & 1981) and Minor (1994).

In hurling Thomas has set a record that is unlikely to be beaten, remarkably he has refereed the County Senior Hurling Final on twelve occasions. When one considers the great rivalries

between Burt and Setanta during them years this is indeed a staggering feat.

He refereed numerous Inter-County hurling games during his years on the Inter County Hurling Panel (1989-1997). Thomas was unique in that he was also on the Inter County Football Panel (1975-1981) and refereed many games in the National League, Ulster Under 21 and Minor Championships.

However, it was not just on the field of play that Thomas made such a contribution but also in administration. Thomas was Secretary of the Referees Board in 1976 and again served for nine years in a row from 1987-1995.

Thomas lists the qualities needed in a good referee as knowledge of the rules, common sense, a cool head, a high level of fitness, a good sense of humour and self-confidence. No one will argue that he himself has all six qualities in abundance.

Thomas was given the ultimate award by the Donegal County Board when he was inducted into the Hall of Fame and joins the 1992 All-Ireland winning team in this exclusive category. You can also find Thomas with a steward's bib in MacCumhaill Park at games, and this more than anything epitomizes the commitment and dedication Thomas has for the association on a voluntary basis.



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on the Respect initiative

GAA

FOOTBALL ANALYSIS

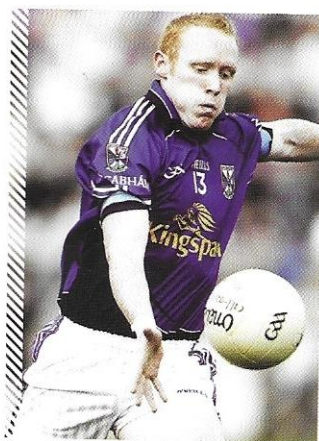
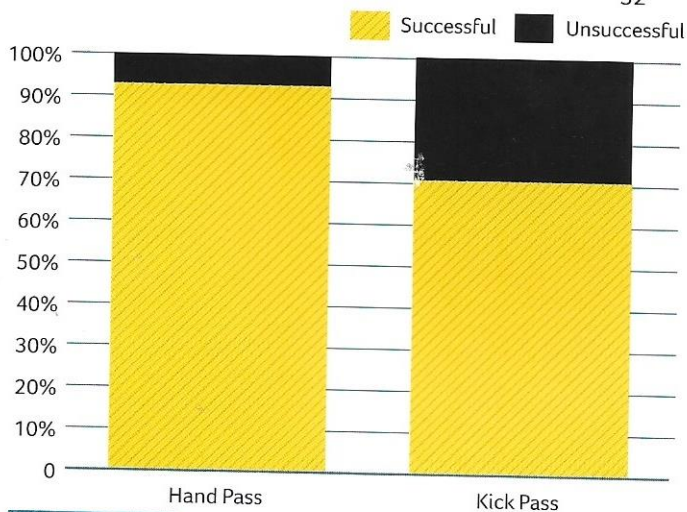
Ulster GAA have carried out some statistical analysis of the Ulster Senior Football Championship 2010. The study looked at the passing trends of all the matches in last year's USFC. The type of

each pass was recorded as well as the success of each pass played. The purpose of the study was to establish the extent to which the hand pass and kick pass were used in Gaelic football.

The study was also expected to establish the success rate of each form of pass in the competitive setting.

The average results per games were as follows;

	Total	Percentage
Total Passes	317	100%
Hand Passes	201	63%
Kick Passes	116	37%
Successful Hand Passes	190	94%
Unsuccessful Hand Passes	11	6%
Successful Kick Passes	84	73%
Unsuccessful Kick Passes	32	27%



Summary:

Across the 8 USFC matches in 2010, hand passes account for 2 from every 3 passes.

Of these hand passes, only 1 in every 17 resulted in possession being lost;

However, of the kick passes 1 in every 4 resulted in possession being lost;

Of all turnovers caused by unsuccessful passing 74% (just under 3/4) are the result of unsuccessful kick passing, with only 26% due to unsuccessful hand pass attempts.

Of all the successful passing attempts only 31% came as a result of successful kick passing, with the remaining 69% as a result of successful hand passing;

Of all the passes played in the USFC 2010, there was a success rate of approximately 86%, with the other 14% resulting in possession turnover.

TALKING BALLS follow us

A Fortnight Spent in Cavan One Sunday Afternoon

Cavan is an interesting sort of a place to people who aren't native. One Sunday afternoon in 1995 I spent a fortnight lost in Cavan, whilst trying to get home from a Tyrone v Donegal Ulster Semi Final in Breffni. Ever since I've believed in the possibility of time travel, and questioned Einstein's theory of the space and time continuum.

Cavan is a place with many redeeming factors, not least the wonderful roads and the soft lilt of an accent, the best exponent of which is Sean Gallagher of Dragons' Den fame.

In football terms Cavan is of course up there at the top of the Ulster Roll of Honour with 39 Ulster titles and five All Irelands. They won an amazing seven in a row Ulster Championships from 1939 to 1946. Everyone else was concerned with the Emergency, rationing and contraband ladies stockings. Cavan were busy hoarding Anglo Celts.

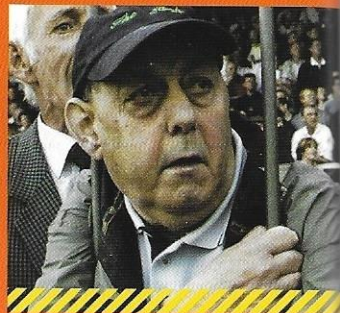
To the younger reader, obsessed with Tweeting, Facebook and making a horlicks of themselves on YouTube, the idea that Cavan may have enjoyed success is Gaelic Football is an entirely preposterous suggestion. But it is true. They may have racked up a savage amount of managers since Val Andrews was last in charge but they can point to the record books and a legacy second to none in Ulster.

So dismissive are the youth of today, few of whom can read for long enough to view the history books, that the achievement of the Cavan Under 21 team in reaching this year's All-Ireland decider was a flash in the pan. The same people are less dismissive of Donegal's achievement in losing the 2010 decider mainly because of the involvement of the ManBoy Murphy who is busting a dash onfield for the senior team.

But recent losses on the highest possible stage at Under 21 level aren't the only thing the two counties have in common. There is the wee man from Kilcar who single handedly bestrides the GAA legacy of both counties. If you can bestride anything single handedly that is. Yes Martin McHugh. Almost enough said.

Back in the nineties, Martin was walking the walk rather than talking the talk as he does now. Taking on the Cavan job he led them to a solitary and unlikely Ulster title in 1997. Martin now of course plies his trade as a pundit on BBC television where he looks every bit the Donegal man going out to a dance with his extremely fashionable dress sense and immaculately gelled hair.

Anyhow, we digress. Back to Cavan, as the emigrant said when his goat died. In the early days Cavan frequently fell out with Ulster, trying to play in Connacht where they were



rebuffed and sent packing with the famous cry ringing in their ears "To hell or Cavan."

They have the distinction of playing in the longest All Ireland Semi Final on record. In 1925 they encountered Galway in Tuam. Obviously the immaculate stewarding arrangements in place nowadays were absent, for the spectators were ten deep round the pitch perimeter with people encroaching fifteen yards into the field.

With the crowd making a shamble of the whole affair, the ref gave a sideline throw-in every time the ball hit a spectator. Despite protestations by Cavan, Galway prevailed after a game that lasted two hours and four minutes.

The match included the famous end of game announcement, "there will be twenty seven minutes of additional time."

It confirms that I am not the only one who gets lost in the space-time continuum when Cavan GAA is involved.

Cheesy Chips

THE ASHES
!!!

PLAYTO

HURL WARS

RICEY McMENCE

PUS-MAN

GAA HERO

EIRE EXIT



BUNDORAN
THE MAGICAL KINGDOM

JEDI JIM

STARSKY & HURLEY

Gaelic

JOHN 3:7
(0.4 from frees)

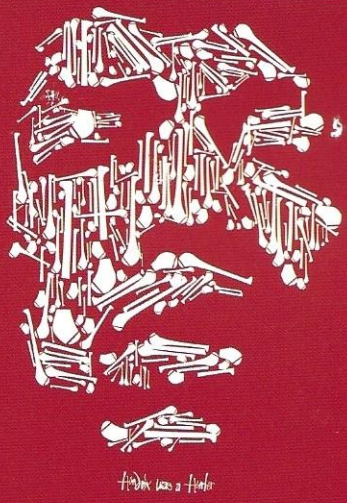
Lyster, O'Rourke,
Spillane & Broly

PEILE

BOB MARLEY & THE HURLERS

HURL WARS

KFC



18 84
HURLING
Michael Busack

ANATOMY OF A HURLER

HURL DAY

You **Tool**

MAMMYS BOY



BOCAR SEON JONES ROAD

mighty tees

follow us
fb

squareball.COM

WORKING AS A TEAM

Ulster GAA & its Corporate Partners

GLENAVON
House Hotel

squareball



O'NEILLS

BBC SPORT NI

mckeever



Safety Regulations

Please note the following regulations. We ask for your full co-operation with stewards and other volunteers who are doing their best to ensure you enjoy the match. If you fail to co-operate it may be necessary to refuse you entry or, if inside the stadium, to ask you to leave.

Please do not bring anything into the stadium that can be used as a weapon or that will cause interference with others. This includes fireworks, smoke canisters, bottles, flagpoles, banners.

We do not allow alcohol in the ground.

We ask you not to climb onto walls, stands and other buildings.

Likewise, we ask you to refrain from making unnecessary noise that will annoy other spectators nearby. That includes the likes of air horns or radios.

Please do not use foul, abusive or offensive language. There are families and children present.

We ask you not to enter the field of play during or after the game for health and safety reasons.

Occasionally we may be required to search patrons entering the ground. If you refuse to be searched you may be refused entry. Please do not obstruct gangways or stairwells etc. Also, please do not engage in behaviour that may cause a fire or other dangerous event.

The Officers on duty reserve the right to remove you from the ground if you do not comply with these simple regulations. Our intention is simply to ensure that all our supporters can enjoy the match.

First Aid

First Aid is provided at today's venue by Order of Malta and ambulances are located behind the covered stand and behind the main terracing.

Lost Children

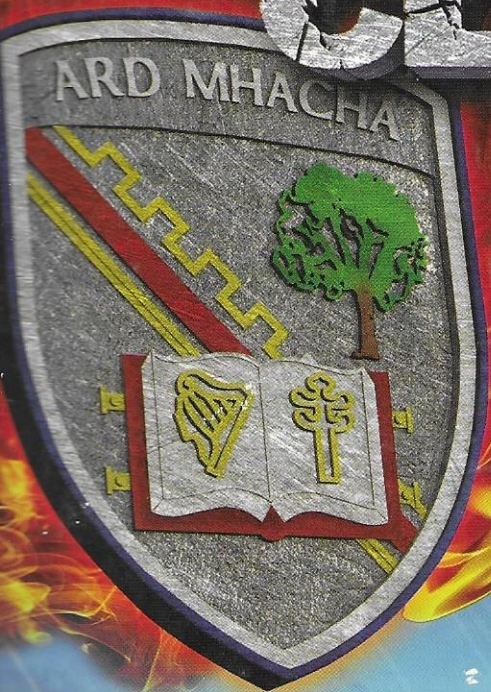
Children who have become separated from their parents/guardians should be brought to ambulance locations.

Safety Notice

We have established this policy for health and safety reasons, to avoid serious injury or death.

We thank you for your co-operation, and hope you enjoy the match.

GIANTS WILL CLASH



NEXT SUNDAY

ARD MHACHA V DOIRE

ST. TIERNACH'S PARK, CLONES

SENIOR: 2.00PM MINOR: 12.15PM



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