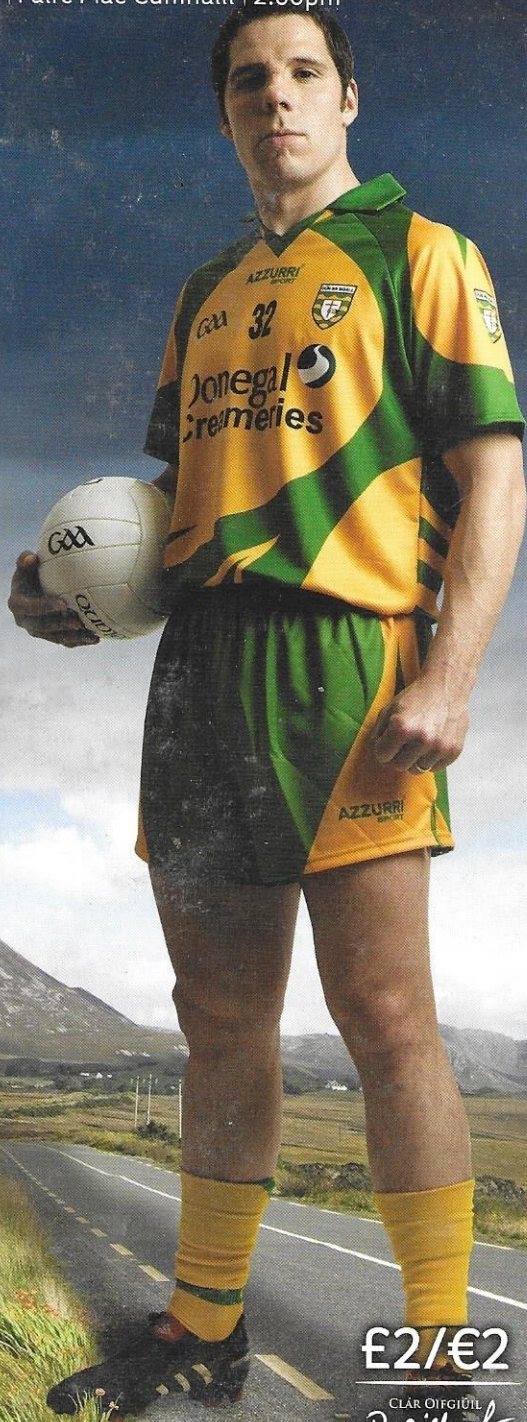
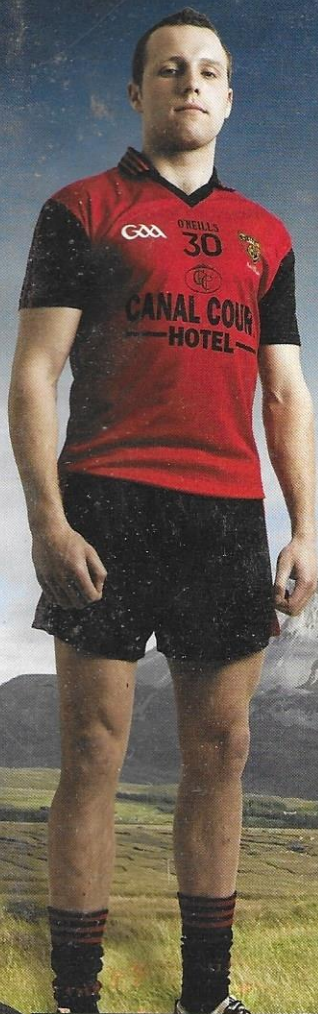


CRAOBH PEILE ULADH

ULSTER SENIOR FOOTBALL CHAMPIONSHIP QUARTER FINAL 2010

ESB ULSTER GAA FOOTBALL MINOR CHAMPIONSHIP QUARTER FINAL

30ú Beáltaine 2010 | Dún na nGall V An Dún | Pairc Mac Cumhaill | 2.00pm



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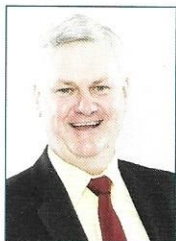
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Presidents Foreword



**Céad míle fáilte go
Páirc Mhic Cumhaill.
Adh mór ar imreoirí,
oigigeach CLG agus lucht
leanúna Dhún na nGall
agus An Dún. Tá súil agam
go mbeidh lá iontach
agaibh inniu.**

Where else would you get passion, excitement, thrills; a full afternoons entertainment at no cost or low cost. All our Under 16's are admitted free of charge, €15 entry to the terracing, and €25/€27 to seats, two competitive games, showcase games for primary school children, marching bands and colour. Our games are accessible and never ever forget, we invest any resources we manage to accumulate back into club and county development. Look around you today in Ballybofey and you will see evidence of substantial reinvestment of GAA resources. Sincerest thanks to all our patrons, we appreciate and value your support and you can be assured your patronage is well directed to coaching, development and physical infrastructure.

I extend best wishes, thanks, appreciation and goodwill to our referee, his match officials and to all our referees. There are those, at times who annoy, upset and ridicule our referees. I hope our "Respect Campaign" sees an end to those who abuse referees. Abuse is never acceptable whether from a disgruntled supporter or from careless, thoughtless journalism. We value our match officials, without them our games could not take place. Déanann sibh sár obair dúinn agus tá muid fíor bhuíoch daoibh.

I wish all our players well, minor and senior, you are the reason we are all here. Your volunteer commitment to your county jersey is valued by all.

Tugaim buíochas na comhairle do na hoifeagach chondae ón dá chontae. Cuireann sibh obair an chumainn chun cinn i measc na gclubanna in bhur gcontaetha agus molaim an dea-oibre atá ar siúl agaibh.

Go raibh maith agaibh to all stewards, your work ensures a safe, comfortable pleasurable afternoon for all. As GAA volunteers you too deserve our respect and appreciation.

Bheadh sé deacair feidhmiú gan an tacaíocht a fhaigheann muid ó na hUrraithe; Super-Valu, Ulster Bank agus Vodafone sa Pheil Sinsear agus buíochas don ESB a thacaíonn linn sa Mhionúr.

Last Sunday at Casement Park we honoured the memory of the first Ulster GAA President, George Martin from Belfast. We visited his grave, laid some flowers, spoke some words and presented his family at the game. In Ulster GAA we never forget those who dug the well. For club and county, province and country let us take hope from our founders to raise the bar once more, raise standards and bring GAA forward.

Sin é ar nguí, an dúshlán atá romhainn, ar aghaidh linn le chéile.

Aogán O Fearghail

Aogán O Fearghail
Uachtarán
Chomhairle Uladh.
C.L.G



Today's Games



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BUÍOCHAS: Comhairle Uladh would like to thank the County Boards and all other contributors for their assistance in the compilation of this programme.

We'd also like to take this opportunity to thank all the players, management and backroom staff for their efforts today.

Finally we thank all the supporters who have attended today's match, without you the championship just wouldn't be the same.

Amhrán na bhFiann

Sinne Fianna Fáil,
atá faoi gheall ag Éirinn,
Buíon dár slua
Thar toinn do ráinig chughainn,
Faoi mhóid bheith saor
Seantír ár sinsear feasta,
Ní fhágfar faoin tíorán
ná faoin tráill.
Anocht a théam sa bhearna baoil,
Le gear ar Ghaeil,
chun báis nó saoil,
Le gunna scréach faoi
lámhach na bpiléar,
Seo libh canaig amhrán na bhFiann

Sunday 30th May at MacCumhaill Park, Ballybofey

Ulster GAA ESB Minor Football Championship Quarter Final

Dún na nGall v An Dún

Throw In 12.00pm (Extra time if required)

Referee: Barry Cassidy (Doire)

Standby: Eugene McConnell (Tír Eoghain)

Linesman: Sean Gilsean (Muineachán)

Sideline: Niall Cullen (Fear Manach)

Barry Cassidy (Doire)



Barry is a member of the Bellaghy club. He has been refereeing for a total of 8 years. Barry has taken charge of six county finals within Derry, including the Intermediate and Junior Finals. He took charge of the Ulster Minor Football Championship Quarter Final in 2009 between

Down and Cavan and he was the man in the middle at this year's McLarnon Cup Final. He officiated at the 2009 Inter Continental Youth Games in San Francisco.

Ulster GAA Senior Football Championship Quarter Final

Dún na nGall v An Dún

Throw In 2.00pm (Extra time if required)

Referee: Joe McQuillan (An Cabhán)

Standby: Jimmy McKee (Ard Mhacha)

Linesman: Eamon O'Grady (Liatroim)

Sideline: Aidan McAlynn (Doire)

Joe McQuillan (An Cabhán)



Joe has been refereeing for 10 years and this is his fifth year on the National panel. 2006 was a huge year for Joe. He refereed the Munster Senior Final, the All Ireland Under 21 Final and the Cavan Senior Football Final. He also refereed the 2005 Leinster Senior Final.

Today's National Anthem Singer



Amhrán na bhFiann a cheol ag Majella Nic Phaidín Is Majella buaiteoir Amhránaíocht Aonair Scór Sinsir Dhún na nGall 2010. Is as club CLG Ghaoth Dobhair í agus tá sí ag múinteoireacht i Scoil Adhamhnáin, An Luinnigh. Tá sí fosta mar bhall den ghrúpa óg ceoil 'An Chránnóg'.



Clar an Lae

Sunday 23rd May: Mac Cumhaill Park, Ballybofey

11.45	Dún na nGall amach ar an bPairc	
11.48	An Dún amach ar an bPairc	* (1)
12.00	Tús an Cluiche: Dún na nGall v An Dún	13.19 Start of First Period of Extra Time
12.32	Half Time / Leath Am	13.30 End of First Period of Extra Time
12.42	Start of Second Half / Tús an dara leath	13.34 Start of Second Period of Extra Time
13.14	Críoch an Chluiche Mionúir	13.45 End of Extra Time
	* If Extra Time (1) is required see below	13.49 Dún na nGall amach ar an bPairc
13.39	Dún na nGall amach ar an bPairc	13.52 An Dún amach ar an bPairc
13.42	An Dún amach ar an bPairc	14.01 Paráid
13.51	Paráid	14.08 Amhrán na bhFiann
13.58	Amhrán na bhFiann	14.10 Tús an Cluiche: Dún na nGall v An Dún
14.00	Tús an Cluiche: Dún na nGall v An Dún	14.46 Half Time / Leath Am
14.36	Half Time / Leath Am	15.01 Start of Second Half / Tús an dara leath
14.51	Start of Second Half / Tús an dara leath	15.38 End of Senior Game / Críoch an Chluiche Shinsir
15.29	Críoch an Chluiche Shinsir	
	** If Extra Time (2) is required see below	** (2)
		15.34 Start of First Period of Extra Time
		15.45 End of First Period of Extra Time
		15.49 Start of Second Period of Extra Time
		16.00 End of Extra Time

Keep your cool!



The Ulster Cancer Foundation has developed a strong relationship with the Ulster GAA over the past few years; with members availing of health talks, informative leaflets, health checks and smoking cessation assistance.

This year for the Ulster Championships the focus has shifted to helping members understand the importance of taking care in the sun – even here in Ireland! Skin cancers are increasingly common in this part of the world, but there are some things we can all do to minimise our risk.

Follow these simple rules to make sure you and your family stay safe in the sun:

- Seek shade between 11am and 3pm
- Cover up with hat and shirt and sunglasses
- Use a sunscreen with SPF 15 and 3 star or more UVA protection
- Check moles for changes in size, colour and shape.
- Skin cancer can grow from a freckle, mole or a normal area of skin.
- Look out for new growths

Coaches and parents – children's skin is especially sensitive to the sun and can burn more easily than adults' so make sure that children are aware of and follow the above rules. If you are coaching a team or running a competition this summer it's a good idea

to have some sun screen available, provide shaded or indoor areas for teams when they aren't playing and encourage all children to keep covered with a hat and t-shirt.

Spectators – don't forget that as a spectator during the Ulster Championship you may be exposing yourself to harmful sun rays, so always pack sunscreen for the day or avail of some of the free samples as supplied by the Ulster Cancer Foundation.

If you require any further information about keeping safe in the sun, or any other Cancer prevention tips, log onto the Ulster Cancer Foundation website www.ulstercancer.org



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Cumann na mBunscol

Today's Mini Games

Donegal

Ciaran Kelly, Sc. Cholmcille, Letterkenny
Shaun Patton, St. Patrick's, Drumkeen
Micheál Carroll, Derrybeg N.S
Manus McDyer, St. Riaghan's, Drimnacrossh
Paul Tourish, Scoil Iosagain
Thomas Monagle, St. Patricks B.N.S
James Byrne, Dunkineely N.S
Jack O Muiri, Gaelscoil na gCeithri Maistri
Brian Ó Gallachóir, Scoil na Carraige
Charles Dooher, Ballylast N.S
Carl Dunnion, Glencovitt N.S
James Honney, St. Mary's, Pettigo
Conor Boyle, Bunbeg N.S
Kevin Mc Monagle, Scoil Bhríde, Lettermacaward
Kyle Vaughan, Downings N.S
John MacGairbhe, Sc. Oilibhéir Pluincéid, Rann na Feirsde
Denver Kelly, St. Mura's N.S
Daniel Warnock, Rockfield N.S



Down

Marc Burke, St Patrick's, Leggamaddy
Patrick McComiskey, Grange PS
John Ferrick, St Bronagh's, Rostrevor
Jason Sloane, St Dallan's, Warrenpoint
Eoin Moag, St Joseph's PS, Carnacaville
Daire Morgan, St Malachy's, Kilcoo
Peter Loughran, St Joseph's, Carryduff
Oisín Hart, St Patrick's, Newry
Callum O'Toole, St. Matthew's, Maghermayo PS
Tommy Mcconville, Christ the King, Drumaness
Cathal Burns, St Mary's, Newcastle
Shea Fitzpatrick, Carrick PS
Conor Clarke, St. Colman's, Kilkeel
Turlough Brady, Ballyholland PS
James McAleenan, St Malachy's, Castlewellaun
Ronan Quinn, St Mary's Aghlisnafinn
Daniel Sloan, St Joseph's, Ballymartin
Caolan O'Connor, Abbey Primary CBS



Good luck to all of today's Cumann na mBunscol children. No doubt they will aspire to return to the Ulster Championship again representing their minor or senior county team in the near future.



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FIRST WITH TODAY'S BIG MATCH COVERAGE

IN TOMORROW'S
DERRY PEOPLE
DONEGAL NEWS

Legendary Volunteer



James Gallagher R.I.P, Remembering a Legend

In January 2009 in the Mt. Errigal Hotel, James Gallagher was the 13th member inducted into the St. Eunan's GAA Club Hall of Fame. Everyone agreed that James was a most deserving recipient of this honour and James was delighted to join many of his friends in our Hall of Legends. Many of our younger members only know James from our Sunday Morning Football Academy doing a job he loved—passing on gaelic games to the next generation of kids from Letterkenny town.

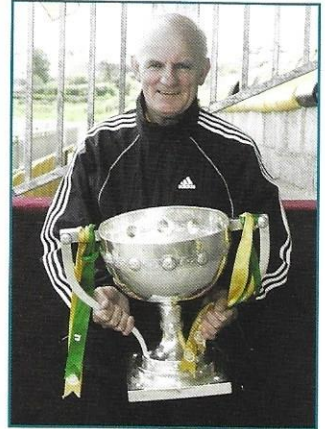
In a playing career spanning 25 years, James won just about every honour available to him, winning county championships at underage level right up to senior. He claimed 4 Senior Championship medals and played in many more finals.

He also enjoyed a lengthy inter county career, winning an Ulster U-21 medal playing corner forward (on a team that also featured his brother Anthony at half forward) and picking up a Dr. McKenna Cup medal in 1975 and 2 Ulster Senior Football Championship medals. He enjoyed success as well in inter-firms and 7-a-side tournaments through the years and also won a League medal in 1974 and Hurling Championship in 1972. When he finished playing he then took up the referee's whistle for a few years to continue his contribution.

In recent years he became a shining light of the Sunday Morning Academy that has fed through so many of today's senior panel. He was as natural at coaching as he was at playing. Most will remember him for his enthusiasm and relentless positive attitude.

He also became the club's unofficial photographer, capturing many events that may otherwise have been missed. He took great interest in the boardroom matters of the club and attended most meetings. He loved to talk about the games, didn't matter if it was Donegal, St. Eunan's seniors or a kid's U-10 team. He could analyse the smallest details of what was done right and he liked nothing better to note the improvement of a child who showed up week after week, just as James did himself.

So it was with shock last year, when we heard our rock was battling cancer, though we knew he would battle it and meet it head on with bravery and dignity. On the night of his induction, James coolly soaked up the standing ovation and returned to his seat. Two minutes later, he was up with his own camera, taking pictures of all the award winners on the night. Brendan Devenney may have summed it up best on that January night when he said "James Gallagher is a real hero and legend of St. Eunan's GAA club. I one day dream of



achieving what he has on and off the field and hope to one day join him as the revered clubman he is".

Sadly, on Tuesday last, 18th May, before this "Valuing Volunteers" column was written, James lost his battle with cancer and our "Legend of a Volunteer" was taken from our midst. James your example and memory will live on and never be forgotten. You encapsulated everything a true Gael represented. We offer our deepest sympathies to his wife Rosaleen and children Rosemary, Anthony and James, grandchildren, brothers Anthony, Paddy and sister Bridie and all his extended family and friends. James is now with Deirdre, his daughter and we know he is still looking down on O'Donnell Park.

Ar Dheis Dé go raibh a anam.



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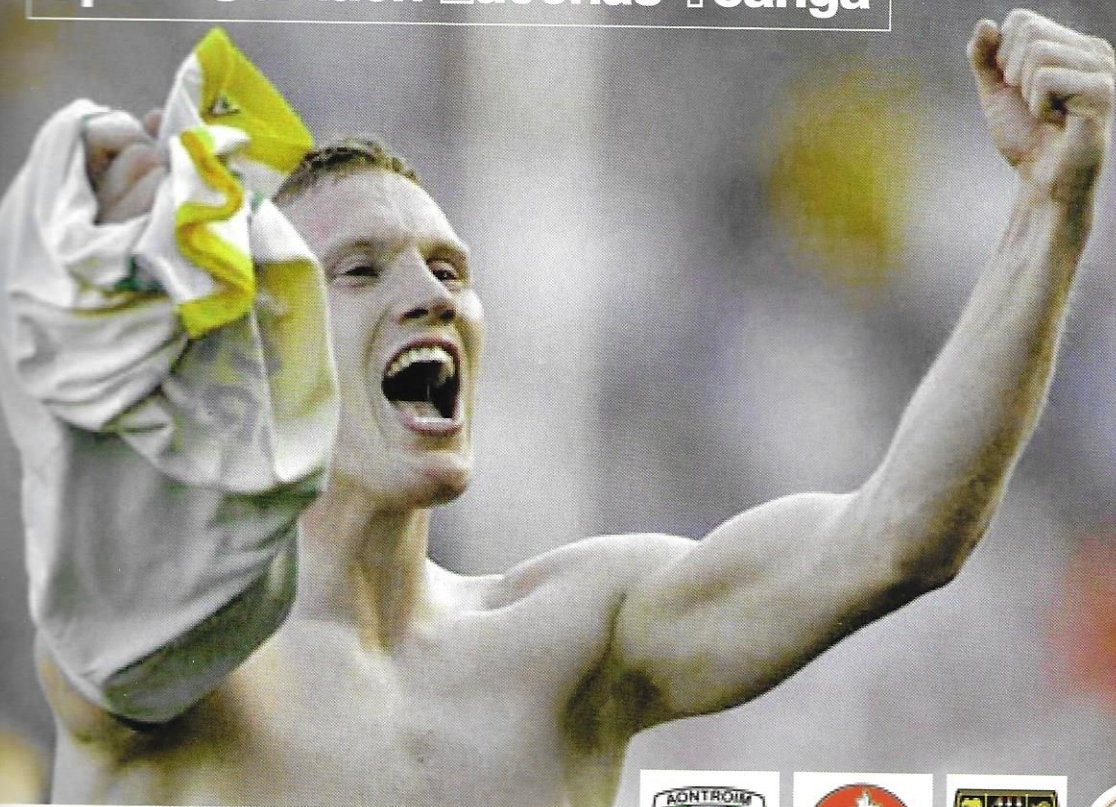
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2010

Campa Chormaic

Spórt Uchtach Laochas Teanga

Dúil sa dúchas



Campa Chormaic was set up as a memorial to Tyrone Footballer Cormac McAnallen, who died of a rare heart condition in 2004.

Now in its 6th year, the Camp offers children the chance to learn more about the Irish language, history, culture and sport – ideals that Cormac firmly believed in. Aimed at children from the ages of 9 to 14, the camp is made up of Irish language lessons in the mornings with sporting activities in the afternoon.



Set up in Cormac's native town land of the Brantry, Co Tyrone, the Camp then extended to Castlewella Co Down last year and this year sees the camp move into Co Derry and Co Antrim.

For further information, or to download an application for your children, visit:
www.campachormaic.com

Dúil sa Dúchas

TUILLTEADH EOLAIS:

www.campachormaic.com



Minor Preview

Eamonn O'Hara, **THE IRISH NEWS**

IN years to come a certain percentage of the bright talent displaying their skills in this summer's ESB Minor Football Championship will return to days like this as hopefuls in the quest for the Anglo Celt and 'Sam'. Donegal and Down contested their last Ulster Minor Final in 1999 that Down claimed title bragging rights to.

Roughly speaking, 10 of today's rival senior panels were involved then, including a couple of predatory characters John Joe Doherty and James McCartan pin hopes on for victory in the senior battle. Colm McFadden and Benny Coulter. For them, the journey from minor to senior followed a fairly straight path, as bar a few spells operating around the middle of park, these two have made reputations as prolific forwards and marksmen. But, for others, the transition can take unexpected turns here and there.

Here are a few brainteasers to test the grey cells over a lemonade and ice cream cone. Who was the full-forward for Donegal in the 1999 Ulster Minor Final? Who played right back for Down. And, who's the defender now and who will try to pose the opposition with a scoring threat this afternoon? Easy to answer or are you still scratching the head trying to figure out the puzzle?

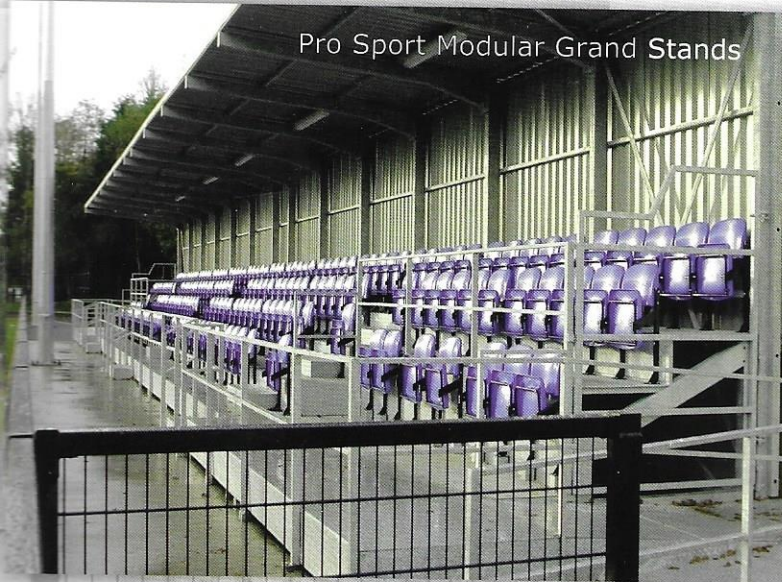
Well, the defender won an All Star on his debut NFL and Senior Championship season. However, Kevin Cassidy, rated one of the best attacking half-backs in the country, who is also a powerhouse midfield option when required, talisman of today's senior team, was full-forward back then. On the opposite side, John Clarke's career path started with an Ulster Minor medal as a number two in a team that also featured Coulter, Ronan Sexton, Brendan Grant and Ronan Murtagh.

The minor games so far have been close and some fine football in parts played by Armagh, Derry, Tyrone and Antrim. Close with some fine football again is anticipated between Donegal and Down. A barometer some look to is the Minor League, but teams are not at full strength, they are works in progress, given college commitments, exams and so on. Donegal impressed in the League, showed steady development, beat Fermanagh and Antrim, reached a play-off against Tyrone. Down lost heavily in most games, lost five in-a-row to finish bottom of the table. No matter. Down didn't show much in the League last year either. In Championship they were unlucky not to win the Ulster Final. They reached the All-Ireland semi-finals via

the Qualifiers before Cillian O'Connor's two early second half goals brought about defeat to Mayo. Donegal had a good League in 2009 and reached the Ulster Semi-Finals.

Down's league form this year can be attributed to college commitments, as St Colman's Newry won all before them, storming to victories in the MacRory and Hogan Cup finals. Several of that team form the backbone to the county minors. An indicator, perhaps, for how today's game will pan out. Maybe so, but Donegal appear to have strength this summer also.

Close with some fine football. If the game delivers that, the Minor Championship will provide you, the fans, with plenty to admire and shout your support about. By the way, much has been made, and rightly so, of the 50th anniversary of the great Down team that brought 'Sam' across 'the border' for the first time in 1960. This summer is also the 50th anniversary of an Ulster double that year, as Down won the minor title. Left back on that team was Tom O'Hare. In 1968 he was Down's star full-back in the county's third All-Ireland SFC triumph of that decade. You'll never know where it will all lead to for some of the minors on Championship parade today, do you?



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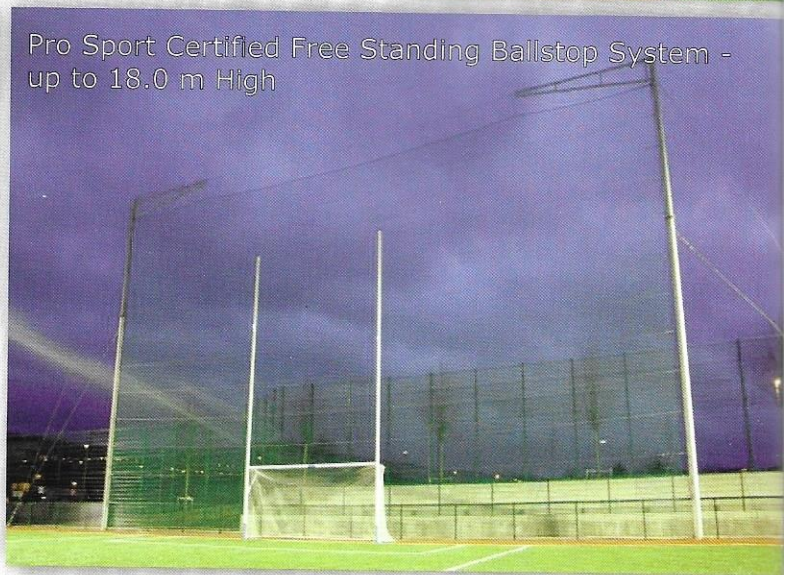
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Development Squads

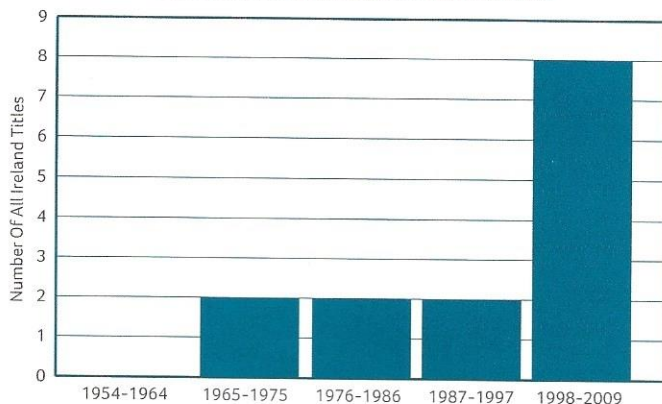
Looking Ahead To The Future

Development Squads have been up and running for a number of years in the 9 Counties in the Province. Most counties have squads from U-14 to U-17 in both Football and Hurling which lead into the County Minor squads. It was passed at Congress in 2008 to have a limit on the number of Sessions each County runs with their Development Squads. In total they agreed to have 10 Sessions which includes 2 Trial Sessions.

The Ulster Council have put together a template of Sessions (Theory & Practical) which are password protected on their website. All Development Squad coaches can obtain all the information off the website. Included in these Sessions are ideas on how to improve players knowledge in different areas such as Strength & Conditioning, Nutrition, Hydration, Injury Management & Prevention, Lifestyle Management, Performance Analysis, Rest & Recovery, Running Mechanics, Fitness, Speed & Flexibility . There are also a number of field Sessions which include Attacking Play, Ball Retention, Defensive Play, Kicking for Possession & Scores and Goalkeeping.

On top of that the Ulster Council organise Blitzes in central venues where all the

Success for Ulster Teams at All Ireland Minor Level



9 counties come together for a number of games (U-15, U-16, U-17). This year the format has changed from previous years. Instead of all counties coming together to a central venue, 3 venues will be used with 3 Counties going to each venue. This will mean that each county will have two games of 20/25 minutes each way, replacing the 10 minute halves which counties felt were too short.

Good structured coaching and games will most definitely improve players at whatever level they are capable of, so in doing so it also improves the standard of Hurling and Football in our schools, clubs and counties.

Development Squads over these last few years have produced players who have gone on to represent their counties at Minor and Senior level. Players to evolve through the development

squad structure onto county senior level include Ray Cullivan, Charlie Vernon, Michael Murphy, Kyle Coney, Sean Johnston, Peter Harte, Andy McClean, Ronan Flanagan in Football and Kieran Courtney, Owen McGuinness, Nathan Curry, John Corvan, Darryl McDermott, Oisín McCloskey, Neil McManus, Neil McAuley, Paul Shields, Barry McFall and Aaron Graffin in Hurling.

There are also a number of Players who have represented Ulster and Ireland in the Junior International Rules Series and the Shinty Series (Hurling). At this point, it is worth noting that in no county the door is ever closed at Development Squad level for a Player who might be a late developer. And finally, all counties now have a start and finish date planned each year for Development Squads, so they are not overlapping with school competitions.





Dún na nGall

Donegal Minor Team

Manager: Charlie Mulgrew



Fír Ionaid/Substitutes

16. Christopher McGlynn, An Clochán Liath 17. Enda Faulkner, Bun an Phobail 18. Rónán Gurn, Aodh Rua
19. Dara White, Naomh Muire 20. Odhran Mac Niallais, Gaoth Dobhair 21. Alan McGirr, Naomh Bríd
22. Harry Harden, Naomh Muire 23. Conor Gibbons, Naomh Adhamhnáin 24. Dan McDaid, Málainn

Notes

	Cuill	Cúilíní	Seachai	45	Saor	Ciceanna
1AD Leath						
2AD Leath						
Iomlán						

An Dún

Down Minor Team



Manager: Mark Turley



Fir Ionaid/Substitutes

16. Rory Miskelly, Cros Darach 17. **Ryan Johnston**, Cill Chua 18. **Daryl Morgan**, Seamrogaí An Iúir
19. Eamon Magee, Sabhail 20. **Niall Madine**, Sabhail 21. **James McClean**, Cill Chua 22. **Shea McArdle**, Boireann
23. Niall Cunningham, Seamrogaí An Iúir 24. **Oisín Lynch**, Seamrogaí An Iúir

Notes

	Cúil	Cúilíní	Seachaf	45	Saor	Ciceanna
1AD Leath						
2AD Leath						
Iomlán						



Senior Preview

By John Hughes, **GaelicLife**

The main emotion ahead of this game is pure, brute, fevered anticipation. Given the mild, half-hearted stuff served up so far, Ulster needs a serious injection of zhooosh to restore its reputation as the daddy of the provincial championships. In Donegal and Down we have two teams that will come up with the goods.

League is league and championship is championship as the wizened oldsters are fond of saying, but the league clash between these two sides last March is worth referring back to. On that occasion what was notable was Down's defensive resilience. Michael Murphy had clearly been identified as the key cog in the Donegal attacking wheel. Benny McArdle hung out of him like a baby marmoset clinging to its owl doll, while James Colgan occupied the five square metres in front of Murphy like an over-zealous traffic warden. When the ball actually came in, there was generally

another defender on hand to make it no less than three men marking Murphy. That the Glenswilly man managed to get three of Donegal's 11 points in that game was nothing short of a miracle.

Colm McFadden came out with four points that day, but the St Michael's attacker has yet to hit his groove this year. As Kevin Cassidy told

Gaelic Life in a recent interview, Colm is the kind of player who only comes alive when the sun is high and the ball is dry. He will have been targeting this game as an occasion to really turn on the style. Of the Down back line which was so impressive that day, only Benny McArdle is sure to start. Dan McCartan is suspended and Damien Rafferty is only just returned from injury. Although Down now know they can handle Murphy, Donegal also learned how to deal with the Mourne talisman, Marty Clarke. Naomh Conaill's Anthony Thompson picked him up on that occasion and successfully coralled the Australian returnee to three points, two of which were stupendous frees.

Thompson even got up the pitch to shoot over a point of his own. It's unlikely Thompson will be on Clarke today, but John Joe Doherty will not be unduly troubled by the potential influence of the An Ríocht man. A big worry for Down is the potential absence of midfielder Ambrose Rogers. Rogers has been the beating heart of Down this season, the orchestrator of everything good they've done. Without him, they are a significantly diminished proposition. Out with a foot injury, he may play a part in the game, but will he still be able to bring his ring master strut to the performance? Sin scéal eile.

Let's not get carried away with Down's troubles though. They

are still possessed of a blistering attack. Benny Coulter tore into Donegal with gusto during the league game, and with handsome results too. Paul McComiskey proved particularly difficult for the Tir Chonaill men and that should be the case once more today. And for the pattern watchers out there, today's referee Joe McQuillan refereed Donegal's capitulation against Armagh, while he was also on the whistle when Down took two points off Meath during the league.

That's all well and good, but a more material point is the fact that Donegal are dealing from practically a full deck today. They are a side packed with seasoned championship veterans who have a serious lust for Ulster silverware. This time last year they were dumped out of Ulster by Antrim. That defeat, and the subsequent mockery and ridicule, hurt deep. This championship is about setting the record straight and restoring pride.

What will make this game great is the fact both teams desperately want to win. Thing is, Down have come a long way in a very short period of time under James McCartan, Brian McIver and Paddy Tally, but Donegal need this game just that bit more. With Ballybofey behind them, they will make no mistake, even if the 'reward' is a semi-final against Tyrone.

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Dún na nGall Pen Pics

Donegal

Name	Club	Occupation	Age	Height	Weight
Paul Durcan	Four Masters	Quantity Surveyor	26	6'5"	16.5 st
Michael Murphy	Glenswilly	Student	20	6'2"	14 st
Kevin Mulhern	Cloughaneely	Lifeguard	20	6'	13 st
Lee McFadden	Cloughaneely	Student	21	6'	12 st
Eamon McGee	Gaoth Dobhair	Student	26	6'2"	12.5 st
Conall Dunne	St. Eunans	Chartered Accountant	27	6'	12.5 st
Paddy McGrath	Ardara	Student	21	5'10"	12.5 st
Fergal McNulty	Urney	Civil Engineer	23	6'2"	13 st
Neil McGee	Gaoth Dobhair	Carpenter	24	6'1"	13 st
Ciaran Greene	St. Eunans	Trainee Financial Advisor	22	5'11"	12 st
Mark McHugh	Kilcar	Student	19	5'11"	12 st
James Keeney	Bundoran	Paramedic	29	5'11"	11 st
Dermot Molloy	Naomh Conaill	Student	19	6'	14st
Caoimhin O'Cassáide	Gaoth Dobhair	Primary Teacher	28	6'	15st
Karl Lacey	Four Masters	Sales Rep	26	5'10"	12st
Eddie Kelly	Urris	Accountant	23	6'3"	14st
Daragh Gallagher	Naomh Conaill	Student	21	6'1"	14st
Anthony Thompson	Naomh Conaill	Student	23	6'	13.5st
Leo McLoone	Naomh Conaill	Student	21	6'1"	13.5st
Eoin Waide	Naomh Conaill	Student	21	5'10"	12.5st
Barry Dunnion	Four Masters	Student	27	5'7"	12 st
Barry Monaghan	Four Masters	Tyre Sales	31	6'	14st
David Walsh	Naomh Brid	Builder	27	6'	12.5st
Stephen Griffin	Naomh Naille	Student	22	6'22"	13.5st
Michael Maguire	Naomh Columba	Builder	27	6'	13st
Martin McElhinney	Naomh Michael	Student	22	6'2"	13st
Christy Toye	Naomh Michael	Teacher	27	6'3"	14st
Shane Boyle	Killybegs	Student	21	6'	13st
Rory Kavanagh	St. Eunans	Primary Teacher	27	6'2"	13.5st
Colm McFadden	Naomh Michael	Teacher	27	6'2"	14st
Neil Gallagher	Glenswilly	Technician	27	6'3"	16st
Frank McGlynn	Glenfin	Teacher	23	5'11"	13st
Adrian Hanlon	Dungloe	Carpenter	25	5'11"	12st

"...we have been preparing quietly over the past 5 weeks and are raring to go"





Dún na nGall

Donegal Senior Team

Manager: John Joe Doherty



Fir ionaid/Substitutes

16. Lee McFadden, Cloich Cheann Fhaola 17. Leo McLoone, Naomh Conaill 18. Adrian Hanlon, An Clochán Liath
 19. Eoin Waide, Naomh Conaill 20. Colm McFadden, Naomh Mícheál 21. Anthony Thompson, Naomh Conaill
 22. Martin McElhinney, Naomh Mícheál 23. Paddy McGrath, Ard an Ratha 24. Ciarán Greene, Naomh Adhamhnáin
 25. Eamonn McGee, Gaoh Dobhair 26. Kevin Mulhern, Cloich Cheann Fhaola 27. Mark McHugh, Cill Chartha
 28. Shane Boyle, Na Cealla Beaga 29. Stephen Griffin, Naomh Náille 30. James Keeney, Bun Dobhráin

Notes

Cúil	Cúilíní	Seachaf	45	Saor	Ciceanna
1AD Leath					
2AD Leath					
Iomlán					

An Dún

Down Senior Team



Manager: James McCartan



Fir Ionaid/Substitutes

16. Declan Alder, Ceathrú Aodha Dhuibh 17. **Conor Maginn**, Áth Bhriain 18. **Ambrose Rogers**, Cloch Fhada
 19. **Conor Laverty**, Cill Chua 20. **Ronan Murtagh**, Baile Cholmáin 21. **Stephen Kearney**, Sabhaill
 22. **Gerard McCartan**, Boireann 23. **Mark Doran**, Cloch Fhada 24. **Ciarán McGovern**, Boireann
 25. **Peter Fitzpatrick**, Baile Mhairtín 26. **Liam Lennon**, Caisleán Uidhlinn 27. **Michéal McCartan**, Liatroim
 28. **Darren O'Hagan**, Cluain Daimh 29. **Aidan Carr**, Cluain Dáimh 30. **Kevin Duffin**, Caisleán Uidhlinn

Notes

	Cúil	Cúilíní	Seachai	45	Saor	Ciceanna
1AD Leath						
2AD Leath						
Iomlán						

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An Dún Pen Pics

Down

Name	Club	Occupation	Age	Height	Weight
James Colgan	An Ríocht	Physiotherapist	23	6ft 1 in	13.7st
Peter Fitzpatrick	Ballymartin	Bricklayer	21	6ft 3in	13.8st
Conor Garvey	Mayobridge	Mechanic	22	5ft 11in	12.7st
Darren O'Hagan	Clonduff	Bricklayer	19	6ft	11st
Liam Lennon	Castlewellan	Architect	29	5ft 11in	12.7st
Mark Poland	Longstone	Plasterer	25	5ft 9in	11.7st
Ambrose Rogers	Longstone	GAA Coach	25	6ft 2in	13.9st
Brendan McArdle	Annaclone	Farmer	23	6ft	13.10st
Dan McCartan	Burren	Dentist	27	5ft 11in	13.4st
Gerard McCartan	Burren	Student	21	6ft	12st
Micéal McCartan	Liatroim	Student	21	6ft 1in	13.5st
Ciarán McGovern	Burren	Plumber	27	5ft 9in	12.5st
Ronan Sexton	Mayobridge	Bricklayer	28	5ft 8in	11.10st
John Clarke	An Ríocht	Sales Manager	27	6ft	13.5st
Declan Rooney	Burren	Joiner	25	6ft	12.10st
Brendan Mc Veigh	An Ríocht	TV Engineer	31	6ft 1in	13st
Benny Coulter	Mayobridge	GAA Coach	28	6ft	13.4st
Paul Mc Comiskey	Dundrum	Trainee Accountant	22	5ft 9in	12.5st
Dan Gordon	Loughinisland	Teacher	26	6ft 3in	14.2st
Danny Hughes	Saval	Accountant	28	5ft 11in	11.11st
Ronan Murtagh	Ballyholland	Bricklayer	28	5ft 11in	12.7st
Kalum King	Bryansford	Trainee Chartered Accountant	25	6ft 3in	15.4st
Aidan Carr	Clonduff	Financial Advisor	25	5ft 11in	13.7st
Damien Rafferty	Newry Shamrocks	Company Director	29	5ft 9in	12.1st
Stephen Kearney	Castlewellan	Plumber	22	6ft	13st
Kevin Mc Kernan	Burren	Electrician	22	6ft	13.7st
Mark Doran	Longstone	Bricklayer	29	5ft 4in	12st
Conor Lavery	Kilcoo	GAA Coach	24	5ft 8in	11st
Martin Clarke	An Ríocht	GAA Coach	22	5ft 10in	13st
Declan Alder	Carryduff	Environmental Consultant	25	6ft 2in	15st
Conor Maginn	Bryansford	Norbroke operative	22	5ft 10in	12.5st
Kevin Duffin	Castlewellan	Plumber	22	6ft	13st

“This afternoon, the months of work and preparation will come together in the heat of a championship battle.”



Valuing Volunteers

Joseph Doonan

It is true to say that the GAA across the country and beyond is regarded as a legacy, passed down through generations and inherited to maintain, protect and develop. The core values remain the same, with the volunteer ethos at its heart. Countless individuals have built on decades of work with little or no credit or praise sought by or afforded to them.

In the area that spans the upper Mournes and Killeel and sweeps towards the village of Greencastle and Cranfield Point, few would dispute the quiet impact of Joseph Doonan. Having ploughed the furrow before him, Joe senior passed on the love of the GAA to his sons and foremost among the administrators in that part of Down, young Joseph truly represents all that is good about the role of the volunteer in the Association and the community. Not that he would be itching for such praise.

Without seeking the limelight, he has been a constant presence for almost thirty years, as An Ríocht has grown and blossomed into one of the most progressive units in Co Down. From an early age, his father had persuaded him to apply his abilities to the old St

Colman's club of Killeel and in 1982 he would become an important figure in the new amalgamation of St. Colman's, Greencastle and Lisnacree that became An Ríocht – or 'the Kingdom' as many have known it.

The many underage titles and top flight league honour of recent years are probably of secondary importance to the club's secretary, as in truth he always saw the value of developing An Ríocht's many aspects of community, games and culture for the young people of the area over the past 28 years.

Within two years of its formation, The Kingdom reached its first county final, and through the eighties and nineties the facilities at Dunavil were enhanced with new changing rooms and a sports hall and gymnasium, to the extent that it is now one of the most impressive and utilised complexes in the county.

Much of the growth of An Ríocht can be attributed to the long serving secretary, with his organisation skills and meticulous attention to, and awareness of, the needs of the club and community.

He has helped to develop many initiatives such as bus trips and exchanges



for youth groups, and has engendered a club spirit where young people are encouraged to join and participate.

His work was not just confined to the club. In the late eighties Joe was part of a vibrant Bord na nÓg in the county and would serve as an efficient league secretary in South Down.

Today, the on-field legacy of the work around An Ríocht is manifested in the fact that it boasts more members of the starting Down team than any other club – Brendan McVeigh, James Colgan and the Clarke brothers.

In his own quiet way, Joseph Doonan will be back at Dunavil tomorrow, working away and epitomising the true value of the volunteer.



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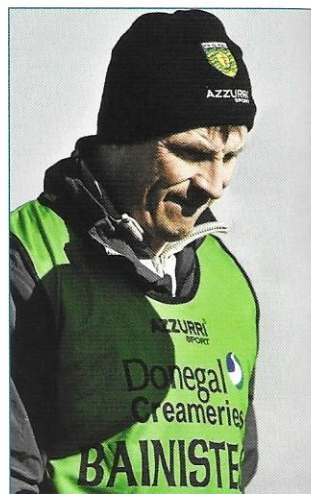
John Joe Doherty, Donegal

Down come to Ballybofey today with loads of championship and footballing tradition behind them. The championship date is a date that is in the players mind ever since the draw was made and has been the main focus of ours for a long time now.

Both counties, no matter which one you hail from will be hoping for a great game of football and one to remember, when championship highlights are

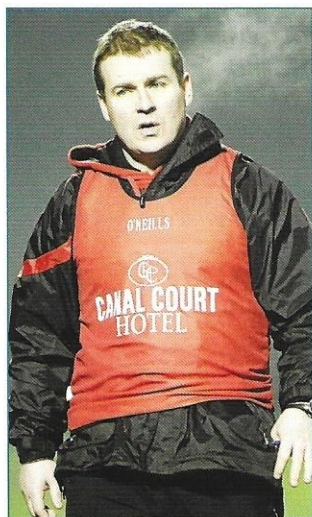
being replayed. Obviously, one hopes it goes well for both teams, but with only one team getting the rub of the green on the day, I hope it is Donegal winning by a point!!

From our own point of view we have been preparing quietly over the past 5 weeks and are raring to go. Now we hope we can give it our best and give all our loyal supporters a game to remember and send them and us all home happy at 4.00pm today.



James McCartan, Down

This afternoon, the months of work and preparation will come together in the heat of a championship battle. A half century on from our county's famous All-Ireland success of 1960, we remain



determined to push Down back to the top; but today we settle to the task at hand, knowing that championship football is about taking things one step at a time.

We have inherited the tradition from the teams of 60 and 61, and we acknowledge this milestone of their achievement on our jerseys today.

Donegal have provided us with many intriguing battles over the years, and in recent times little has separated us at the final whistle. So, the crowds who arrive in Ballybofey this afternoon will know that this one is too close to call.

We are very much aware that the home side will be a

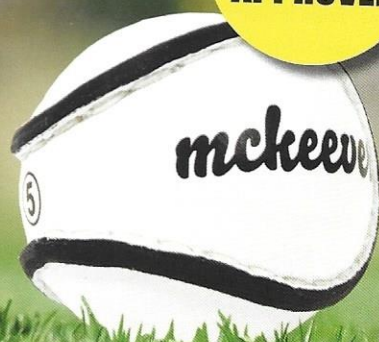
formidable obstacle between us and a place in the semi finals. I know that I speak for the other members of the management team by saying that it is our pleasure to coach and motivate the players involved in our team.

They have worked hard to get this far, and I know that they are extremely determined to make progress in Ulster this year. I wish to thank Paddy, Brian, Jerome and all who have been involved in preparing the side.

The county board and our followers have provided strong support, and I have no doubt that the players will once again prove to be worthy ambassadors for their clubs and their county.

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Refereeing Matters

The Role of Referees

The GAA in Ulster are indebted to the many referees who perform the daily duties at officiating at our games. This weekend, Ulster GAA have six championship games in both minor and senior grades in both codes. That will take a total of 24 qualified referees to ensure that these games are properly covered. Today, Barry Cassidy and Joe McQuillan are the men in the middle. In their roles as match referees, they will each be assisted by two linesmen, four umpires and a sideline official. There will also be an assessor in attendance who will give the referee constructive feedback on their performance. All of these people have attended courses to carry out their duties.

Prior to the commencement of this year's Championships, the National Referees attended a training weekend in Croke Park, while all our Provincial Referees were briefed at a meeting regarding the new playing rules and what was expected of them in their various roles on match days. They also attended a rigorous and demanding Fitness Test and Rules Examination earlier in the year. Furthermore, The GAA within Ulster has also undertaken a number of Umpire Training seminars while match assessors meet on a regular basis and are briefed throughout the year.

The GAA Referee Development Plan was recently launched in Ulster with the long term aim of "The Playing Rules of Hurling and Football, as set down in the Official Guide are consistently applied across all games of the Association. Players show excellent respect for the referee and Foul Play is at a minimum with players taking responsibility for their behaviour and sanctions are imposed on a proportionate, consistent and transparent basis."

To achieve this special emphasis will be placed on specific areas such as Training, Recruitment, Assessment and In-service training.

Ulster GAA are in the process of implementing these initiatives and will continue to strive to provide the best support mechanisms possible for our match officials. Coiste na Reiteori within Ulster seeks to enhance in everyway possible way, the role of the referee

and ensure that all referees are performing to the very best of their ability. It also strongly supports the recently launched GAA Respect Initiative. This includes respect for and from all participants on and around the field.

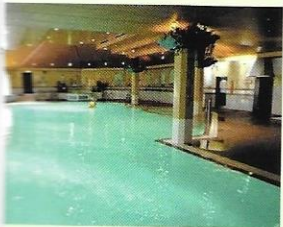
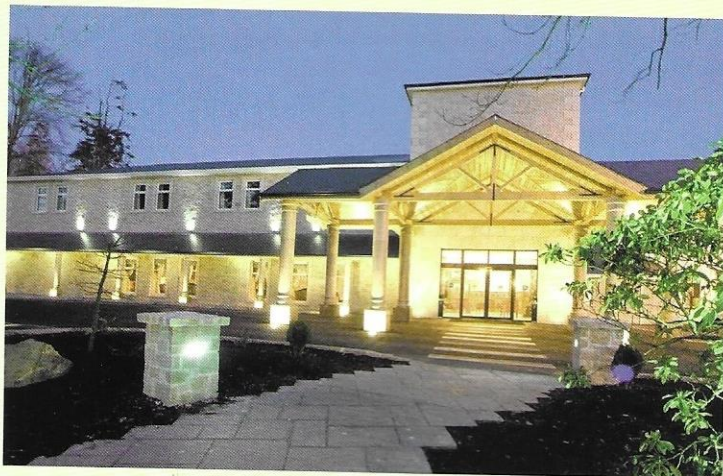
An tUachtaran Comhairle Uladh, Aogan Ó Fearghail added: "Our match officials are an essential commodity within our association. This group of individuals give an outstanding dedication on a regular basis where they often sacrifice viewing their own teams to perform the role of a referee. We, in Ulster, are forever grateful for their support and we will continue to support our referees at club, county and provincial level".

As in all its work, Ulster GAA is committed to excellence. GAA games in Ulster are highly attractive and our referees play a considerable role in this. We value them and condemn abuse of them from whatever source.



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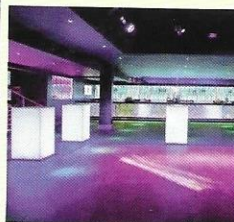
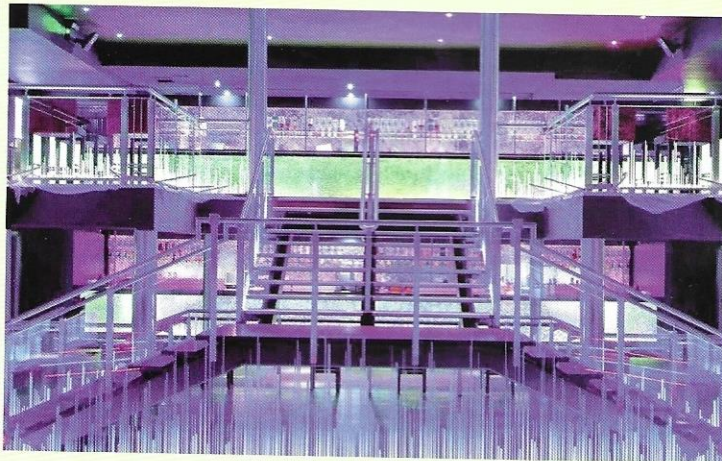
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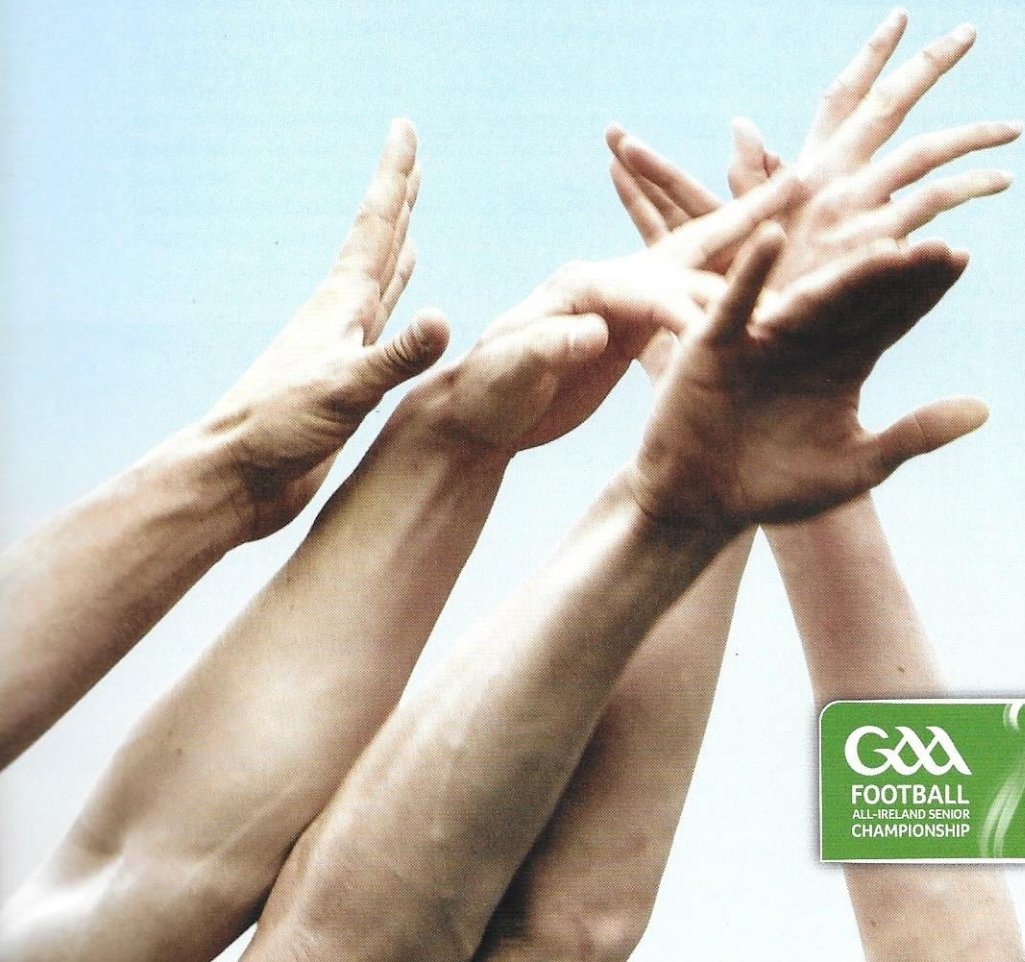
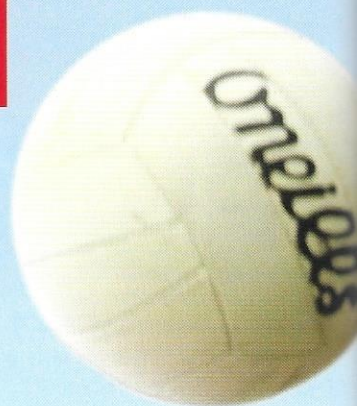


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Ulster Championship Fixtures 2010

2010 Ulster Senior & Minor Football Championship

(Extra Time of two periods of ten minutes must be played if needed in all games up to and including the quarter finals)

Sun 16th May

(A) SFC: Derry 1-7 Armagh 1-10 at Celtic Park, Derry

MFC: Derry 2-8 Armagh 2-9 at Celtic Park, Derry

Sun 23rd May

(B) SFC: Antrim 1-13 Tyrone 2-14 at Casement Park, Belfast

MFC: Antrim 1-08 Tyrone 1-13 at Casement Park, Belfast

Sun 30th May

(C) Donegal V Down at Pairc MacCumhaill, Ballybofey
(MFC 12.00pm & SFC 2.00pm)

Sat 29th May - MFC Quarter Final:

Monaghan V Armagh at Pairc Esler, Newry (7.00pm)

Sun 30th May - MFC Quarter Final:

Cavan v Fermanagh at St Tiernachs Park, Clones (7.00pm)

Sun 6th June - SFC Quarter Final:

(E) Monaghan V Armagh at Casement Park, Belfast (SFC 2.00pm)

Sat 12th June - SFC Quarter Final:

(D) Cavan V Fermanagh at Kingspan Breffni Park, Cavan (SFC 5.15pm)

Sat 19th June - First Semi Final:

(B) Tyrone V (C) Donegal / Down
(MFC 3.30pm & SFC 5.15pm)

Sun 27th June - Second Semi Final:

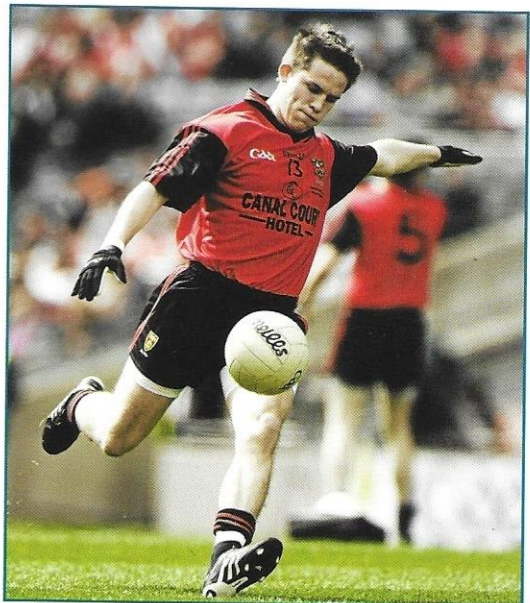
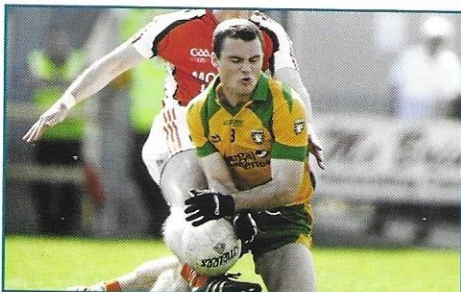
(D) Cavan / Fermanagh V

(E) Armagh / Monaghan

(MFC 1.45pm & SFC 3.30pm)

Sun 18th July - Senior and Minor Football Final:

(MFC 12.00pm & SFC 2.00pm)





Obair CLG Uladh

The Work of Ulster GAA

Comhairle Uladh/Ulster GAA is the governing body for Gaelic Games in province of Ulster. The Ulster Council comprises of delegates elected from and by the Province's nine Counties and works across two political jurisdictions and 29 local authorities.

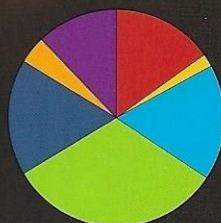
All members of the Ulster Council are volunteers. They drive change, they lead in decision making and they are responsible for planning for the future. The decisions and plans initiated by the Ulster Council members are are implemented by Ulster GAA staff.

Reinvesting in Communities and Grassroots GAA Development

Ulster GAA are committed to supporting the development of Clubs, Games and Cultural activities at grassroots level that is why we invest 85% of our income back to Clubs, Counties and Communities.

Every-time you attend a GAA match the vast majority of the money you pay as a spectator goes back to the development of the GAA at grassroots level, in terms of sport this makes the GAA unique and something all of us can be proud of.

2009 Expenditure



Club & County Coaching & Games Programmes	32%
Club & County Infrastructure	18%
Games Development Programmes	17%
Operational Costs	15%
Championship & Team Expenses	12%
Grants to Special Projects	4%
Insurance	2%

Ulster GAA has delivered

- Upgrades and refurbishment of the nine County Grounds
- Development of Centres of Excellence and Participation across the Province
- €30 million of public funding for GAA infrastructure projects at County level and in 125 GAA Clubs across the Province
- New coaches employed with the support of the Department of Education, Local Councils and Sport NI have increased participation in our games through a strong Coaching and Games Development programme
- A Club and Volunteer support resource supported by the Department of Social Development
- Ongoing support for the entire family of Gaelic Games by working in partnership with the Ulster Ladies Gaelic Football Council, Ulster Camogie Council, Ulster Handball Council and Ulster Rounders Council
- Vibrant and strong participation in Scor throughout the Province
- A strong 125th Anniversary programme which has strengthened the Culture, Heritage and Language aspects of the Association

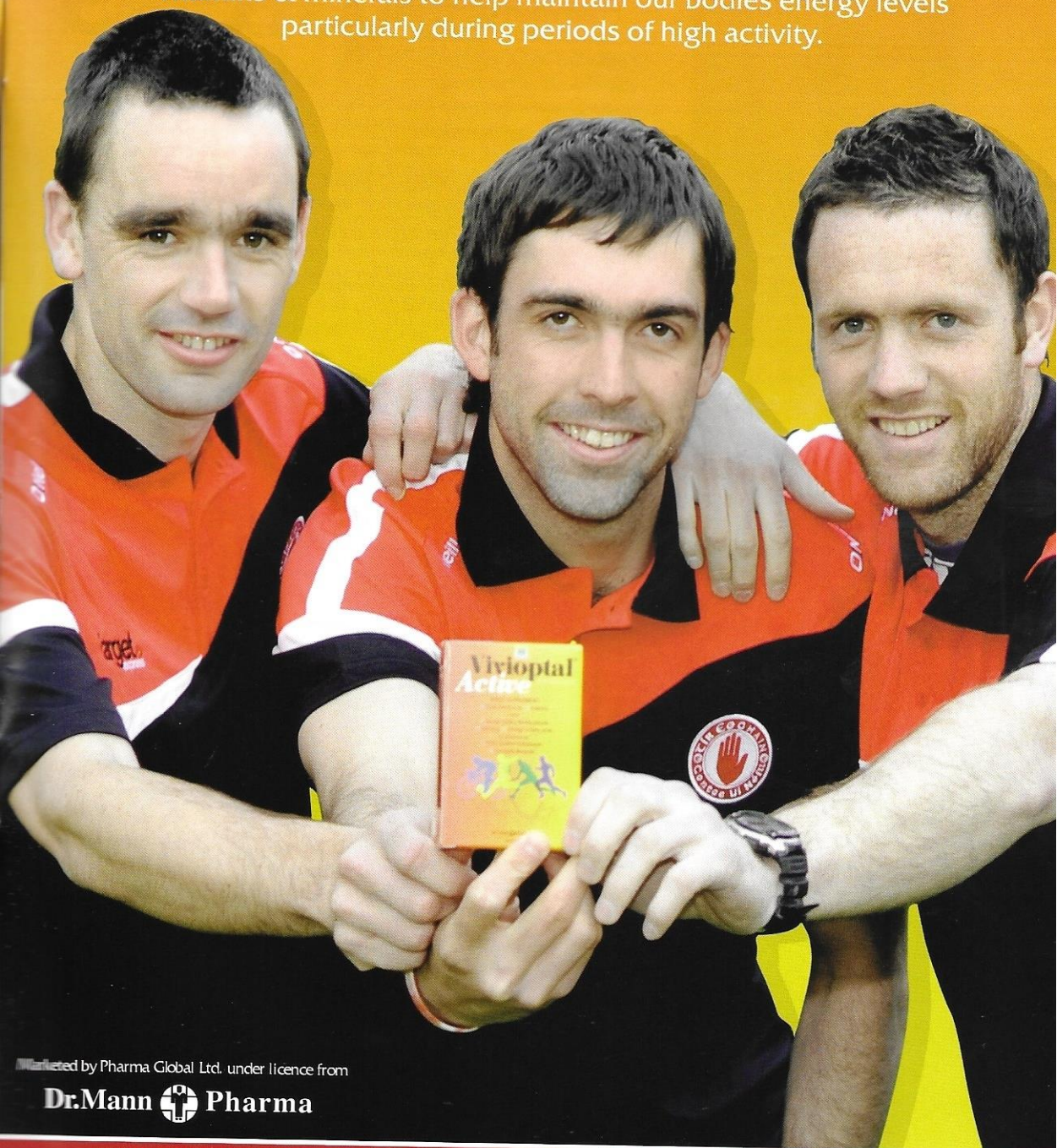
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Live to Play

Road Safety Awareness Campaign

At the beginning of 2010 Ulster GAA embarked on a 'Live to Play' campaign aimed promoting Road Safety among it's membership.

The desire on the part of Ulster GAA to promote Live to Play is unfortunately rooted in tragedy. Each year brings startlingly statistics about those who been involved in traffic collisions, but behind each statistic is a family and community whose lives have been plunged into terrible grief. Among these have been many GAA members, leaving the Clubs to which they belong devastated.

Live to Play aims to raise awareness of Road Safety and sets about to educate members on how best to stay safe on the roads. The programme will be delivered in partnership with the County boards and in particular the programme will focus on young people as it is they who are most likely to be involved in a traffic collision.

A range of GAA profile personalities have lent their support to the campaign, and will act as role models in poster and web-based promotion. These posters will be available to Clubs and schools later in the year and the images are also carried in today's match

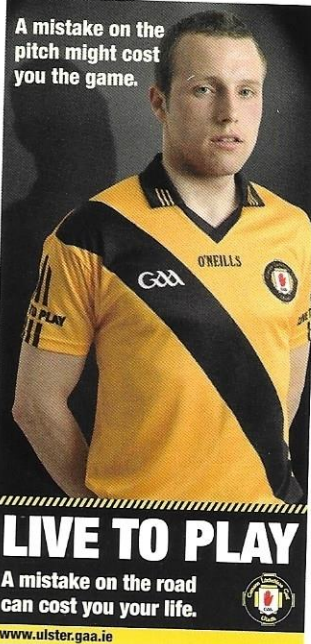
programme. It is hoped that the Road Safety messages carried by well know players and managers from across the GAA family will have a direct impact on young people.

The newly commissioned 'seat-belt' Ulster jersey is worn by all the players involved in this campaign, strongly reinforcing a Road Safety message through the design of the Black and Amber of the Province. The jersey is also on display today, worn by the **Live to Play** volunteers who will promote the campaign during the half time games.

The **Live to Play** website will grow in the coming months to carry important education, from Public Authorities and GAA alike. The web pages will also promote the good work going on at Club and County level on this matter, such at the events recently in Granemore, Killeeshil and Killyclogher.

Indeed, perhaps the greatest impact of this campaign is the delivery of the programme at Club level. Education workshops delivered by a range of Road Safety educators which will take place directly with Club members. These have being piloted in Tyrone and Fermanagh in the spring and will roll out across Ulster in

A mistake on the pitch might cost you the game.



the coming year. It is hoped that this education will lead to us all taking greater care on the roads and doing our bit to reducing number of accidents.

GAA members can show their support of the campaign by displaying the **Live to Play** air fresheners and car stickers which will be available as part of the programme.

The full impact of **Live to Play** may never be known but if even one life is saved by the campaign it will truly be worth it. Please join with the programme by getting involved in events in your own Club and County and play your part.



New Rules

Summary of Playing Rule Changes 2010

The GAA Congress 2010 passed a number of playing rule changes relevant to football and hurling which will come into effect in all games played on or after May 15th 2010. In total there are six changes specific to football only and three specific to hurling, while a further six changes affect both codes. A summary of the changes is as follows:

Football Only:

1. **Handpass** – If a player handpasses the ball using the open hand, there must be a definite underhand striking action.
2. **Penalty Kicks** – All penalty kicks will now be taken from 11 metres out.
3. **Kick Outs** – All kick outs will now be from the 13 metre line.
4. **Sideline Kicks** – Line balls must be kicked from outside the boundary line.
5. **Illegal Charge** – It is illegal for a charge to be made on a player kicking the ball.
6. **Definition of Bounce** – The redefinition of the bounce has the effect that the “Basketball Type”, bounce, per se, is not a foul.

Hurling only:

1. **Puck Outs** – The penalty for taking a puck-out from outside the small rectangle is changed from the award of a 65m free to the opposition to a throw in the ball on the defenders’ 20m line.
2. **Handpass** – The ball must be released and struck with a definite striking action of the hand.
3. **Penalties** – Both attackers and defenders must remain outside the 20m line and the arc until the ball is struck from a penalty and the three defenders on the line must not move off the line until the ball is struck.

Both Hurling and Football:

1. **Restarting Play** – If play is stopped by the referee to enable a seriously injured player to be treated, play will now resume with a free to the team that had possession. However it will not be permitted to score from such a free (if neither team is “in possession”, play shall re-start with a throw in).
2. **Throw Ins** – when the play is being restarted by a throw-in, this must take place a minimum of 13 metres from the sideline.
3. **Advantage** – A referee will now signal that advantage is being played by raising his arm.
4. **Extra Time** – Extra time consists of 10 minutes per half only. The provision for two additional periods of 5 minutes per half has been removed.
5. **Boundary Lines** – The penalty for a player deliberately going outside the boundary lines of the pitch to gain an advantage has changed from a caution to a free.
6. **Charge** – A charge is now defined as “shoulder to shoulder” rather than “side to side”

Q: What do they all have in common?



A: Lairdesign

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Safety Regulations

Please note the following regulations. We ask for your full co-operation with stewards and other volunteers who are doing their best to ensure you enjoy the match. If you fail to co-operate it may be necessary to refuse you entry or, if inside the stadium, to ask you to leave.

Please do not bring anything into the stadium that can be used as a weapon or that will cause interference with others. This includes fireworks, smoke canisters, bottles, flagpoles, banners.

We do not allow alcohol in the ground.

We ask you not to climb onto walls, stands and other buildings.

Likewise, we ask you to refrain from making unnecessary noise that will annoy other spectators near you. That includes the likes of air horns or radios.

Please do not use foul, abusive or offensive language. There are families and children present.

We ask you not to enter the field of play during or after the game for health and safety reasons.

Occasionally we may be required to search patrons entering the ground. If you refuse to be searched you may be refused entry.

Please do not obstruct gangways or stairwells etc. Also, please do not engage in behaviour that may cause a fire or other dangerous event.

The Officers on duty reserve the right to remove you from the ground if you do not comply with these simple regulations. Our intention is simply to ensure that all our supporters can enjoy the match.

First Aid

First Aid is provided at today's venue, by Order of Malta Personnel with ambulances located behind the Main Stand & in front of the Scoreboard.

Lost Children

Children who have become separated from their parents/guardians should be brought to either of the designated First Aid Points.

Safety Notice

We have established this policy for health and safety reasons, to avoid serious injury or death.

We thank you for your co-operation, and hope you enjoy the match.

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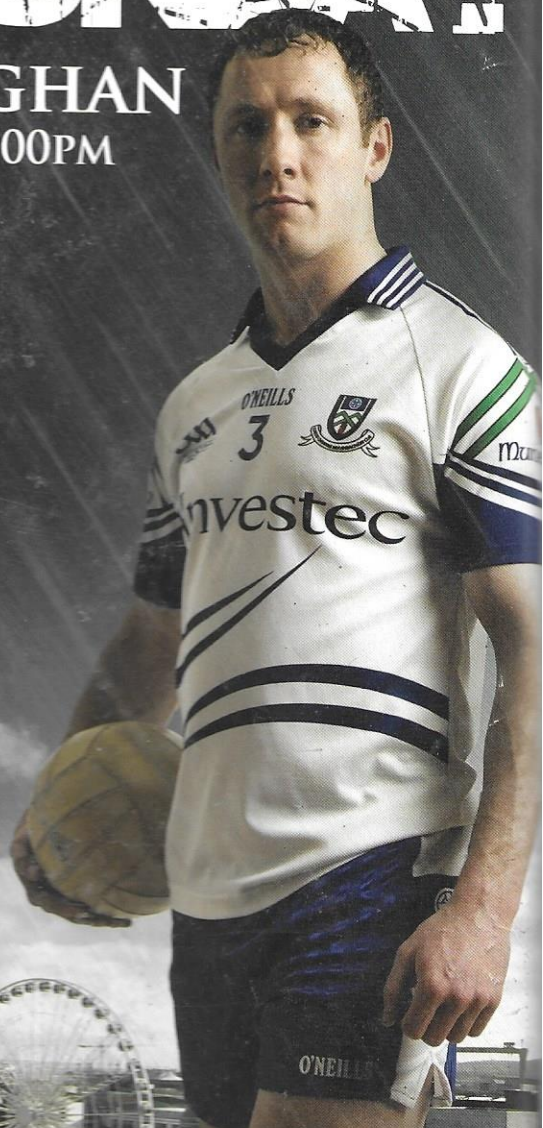
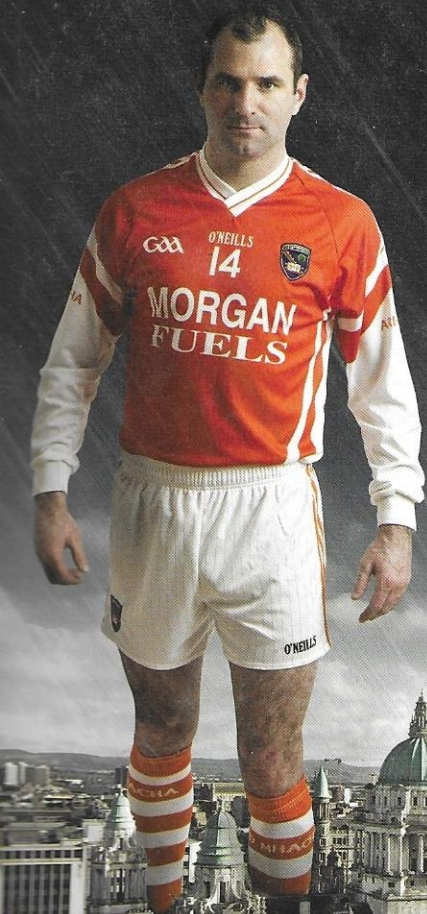
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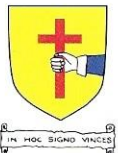
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