## COMHAIRLE ULADH CLG

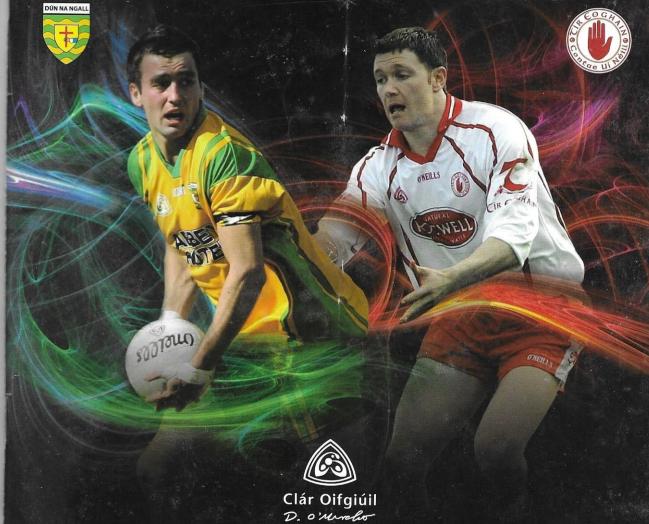
CRAOBH PEILE ULADH 2007

Dún na nGall V Tír Eoghain at St. Tiernachs Park, Clones 17ú Meitheamh 2007 at 2.15pm

£2/€3

Dún na nGall

Tír Eoghain











## Craobh Peile Uladh 2007

## Supplied Charles

## ESB Ulster Minor Football Championship Semi-Final 12.30 in Ard Mhacha v Tír Eoghain

Réiteoir: Standby Referee: Gregory Walsh (Aontroim) Seamus O'Hanlon (An Dún) Fergal Cleary (Fear Manach)

Sideline Official:

Linesman:

Oliver og O'Reilly (An Cabhan)



Réiteoir:

David Coldrick (An Mhí)

Standby Referee: Linesman: Eugene Murtagh (Longfort) Gerry McCarron (Muineachán)

Sideline Official:

Derek Fahy (An Longfort)

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BUÍOCHAS: Comhairle Uladh would like to thank the County Boards and all other contributors for their assistance in the compilation of this programme.

We'd also like to take this opportunity to thank all the players, management and backroom staff for their efforts today. Finally we thank all the supporters who have attended today's match, without you the championship just wouldn't be the same.





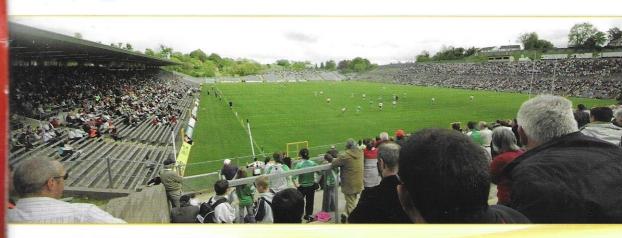


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GaelicLife



Ulster's only weekly GAA sports paper - every Friday



# MATCH COVERAGE

IN TOMORROW'S

DERRY PEOPLE

DONEGAL NEWS

THE DONEGAL NEWS — NOW TWICE AS GOOD — EVERY MONDAY & FRIDAY



## Na Réiteoirí

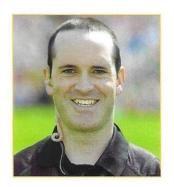


## Senior Football: David Coldrick (An Mhí)

David is no stranger to duty in the Bank of Ireland Ulster senior football championship. He has been on the intercounty panel for some eight seasons and has officiated at senior championship games in all four provinces, as well as an All Ireland Club Final.

David has also officiated in Australia. In 2004 he was engaged in all three games between Australia and Ireland in the under-17 international series and last October was the Irish Umpire in the opening game between the countries in the Coca-Cola International Rules.

The Meath official won minor and under-21 football championship medals with Kilcloon-Moynalty and is now a member of Blackhall Gaels







## Minor Football: Gregory Walsh (Aontroim)

Gregory is married to Catherine and is a member of the St Mary's Aghagallon club, which he represented at senior level. He refereed the 2005 Antrim Senior Football Final. He has been on the provincial panel for four years and was appointed to the National panel in 2006.



## Clar an Lae

#### Minor Game Senior Game Ard Mhacha amach ar 13.57 Dún na nGall amach ar 12.13 an bPáirc an bPáirc 14.00 Tír Eoghain amach ar 12.16 Tír Eoghain amach ar an bPáirc an bPáirc 12.30 Tús an Cluiche: 14.10 Paraid Ard Mhacha V 14.15 Tús an Cluiche: Tír Eoghain Dún na nGall v 13.00 Half Time Tír Eoghain 13.10 Start of Second Half 14.50 Half time 13.43 End of Minor Game Exhibition Game 15.05 Start of Second Half St Michaels Band 15.43 End of Senior Game

## Amhrán na bhFiann

Curfá:
Sinne Fianna Fáil
A tá fé gheall ag Éirinn,
buion dár slua
Thar toinn do ráinig chugainn,
Fé mhóid bheith saor.
Sean tír ár sinsir feasta
Ní fhagfar fé'n tiorán ná fé'n tráil
Anocht a théam sa bhearna bhaoil,
Le gean ar Ghaeil chun báis nó saoil
Le guna screach fé lámhach na bpiléar

Seo libh canaídh Amhrán na bhFiann.



## **Foreword**

## Comparate Course

### Bank of Ireland

Bank of Ireland is delighted to welcome you to Clones for the Ulster Football Championship semi-final between Tyrone and Donegal. A great afternoon of football lies ahead as these teams clash in a bid to secure a place in the Bank of Ireland Ulster Championship Final.

These teams last met in 2004 when Donegal won the game to secure their place in the Ulster Final. Donegal will want to continue their winning ways today as Tyrone are historically the dominant side leading with a tally of nine wins in their last 16 meetings in the Ulster Championship.

Donegal are bidding to reach the Ulster final for the fourth time in six seasons. After their dramatic one point victory over the Orchard men, they will be eager to continue their campaign to recapture the Anglo Celt Cup for their first Ulster title since 1992. Meanwhile Tyrone who recently overcame Fermanagh also by a single point, will mount a strong challenge having reached three Ulster finals this decade, winning in 2001 and 2003 and losing a replay in 2005.

Now in its' fourteenth year, Bank of Ireland are delighted to be sponsors of the key sporting event in Ireland that is the Bank of Ireland Football Championship.

Once again the theme of our



2007 marketing campaign is "Extraordinary" in recognition of the extraordinary lengths that both players and fans go to for this great game.

I am sure you will join with me in wishing both teams the very best of luck this afternoon.

Colm McKenna Head of Marketing Services, Bank of Ireland, Belfast





## **GAA Insurance**

## Cover yourself with the GAA Club Hirers Insurance

This insurance means you can promote the use of your club facilities in all kinds of ways, to raise much needed funds, secure in the knowledge that your premises and all participants are fully insured.

The hiring of the GAA premises by individuals or Groups for any of the following activities;

- On a once off basis for social or fundraising purposes, for example, Sports day/Race nights/Bingo sessions
- On a regular long term or continuous basis for sporting, social, keep-fit or non mainstream educational purposes, for example,

Non GAA sporting groups hiring the facilities for training or playing matches.

- Aerobic or Keep fit classes
- On regular long term or continuous basis for commercial business purposes, for example, Gyms/ Car parks/Bottle Banks

For more information call 00353 1 6326968 or log onto www.coylehamiltonwillis.ie/gaahirers

Ensure you are insured!!



## Minor Football Preview



## Stephen Donnelly

Tyrone and Armagh both progressed to today's semi final in contrasting circumstances. Tyrone comprehensively saw off the challenge of Fermanagh while Armagh had a tremendous four point victory over Donegal in a tight tussle. Both sides will be extremely pleased to have overcome the quarter final obstacles but they will both know that they will need to improve if they are to secure a final place.

The Red Hands were fairly impressive in their first outing as they defeated Fermanagh by 2-12 to 1-06 at today's venue. Tyrone manager Raymond Munroe will surely have been delighted for the first 40 minutes of their victory over Fermanagh. The defence looked solid while Mark McKenna and Collie Harkin were dominating midfield. In the attacking unit, Kyle Coney, Paul McAleer and Tiarnan O'Hagan were racking up the scores. However, in the remaining twenty minutes, Fermanagh attacked relentlessly and penetrated the Tyrone defence on a number of occasions. No doubt this is an area that the Tyrone management will have focussed on over this past four weeks, as the Fermanagh attack created a number of goalscoring opportunities.

If Tyrone can tighten their defensive area, where full back Aidan Girvan and Ryan Pickering, when introduced put in tremendous displays in the quarter final, then they will stand a serious chance of reaching another provincial decider.

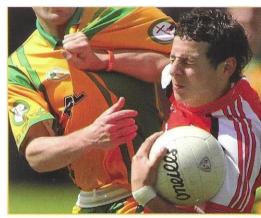
Donegal had a number of survivors from last year's successful side, but Armagh put an end to their hopes of any further success in 2007. Paul Kelly's side are superbly drilled and were thoroughly deserving winners at Ballybofey on a scoreline of 2-09 to 0-11. David Comiskey played a captain's part in the half forward line along with the industrious Francis Hanratty while Ross and Jamie Clarke were always lively in the full forward line. In fact, it was in the defensive sector that Armagh laid the foundations for their quarter final victory. Mark McConville was strong at full back while John Grimley had a steady game at left half back. Armagh will again look to these players if they are to reach this year's decider on July 15th.

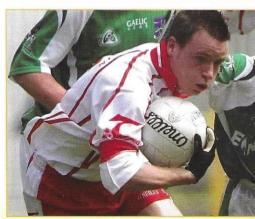
All four teams left in the minor competition have a real opportunity to claim this year's title and today's encounter will eliminate one of the major players. Armagh

were the winners of this competition in 2005, while Tyrone collected the Fr Murray Cup in 2004.



There can be no doubt that we are in for another Armagh - Tyrone classic. All the best to both sides!





## Ádh Mór! Good luck!

Thar ceann na ngaelscoileanna i gCo. Thír Eoghain, guíonn Comhairle na Gaelscolaíochta gach rath ar an dá fhoireann inniu!

On behalf of the Irish-medium schools in Co. Tyrone, Comhairle na Gaelscolaíochta wishes both teams all the best in today's game!

further information about Irish-medium education in Co. Tyrone contact your local Irish-medium school.

### Na Naíscoileanna / Pre-schools

#### Naiscoil Uí Chléirigh

40 Lisnahull Rd Dungannon Co. Tvrone

Tel: 87726870

#### Naíscoil Uí Néill

104 Washingbay Rd Coalisland Co. Tyrone Tel: 87741513

#### **Naiscoil Mhuire**

5 Cavanakeeran Pomeroy Co.Tyrone Tel: 87758541

#### **Naíscoil Cholmcille**

1 Creggan Rd Carrickmore Co. Tyrone Tel: 80761283

#### Naíscoil na gCrann

Ballinamullan Omagh Co.Tyrone Tel: 82252772

#### Naíscoil an tSratha Báin

Ballycolman Estate Strabane Co. Tyrone Tel: 71885577

## Na Bunscoileanna / Primary Schools

#### **Bunscoil Naomh Colmcille**

1 Creggan Rd Carrickmore Co. Tyrone Tel: 80761283

### Gaelscoil na gCrann

Balinamullan Omagh Co.Tyrone Tel:82252772

### Gaelscoil Uí Dhochartaigh

Ballycolman Estate Strabane Co.Tyrone Tel: 71885388

#### **Gaelscoil Mhuire**

5 Cavanakeeran Rd Pomeroy Co. Tyrone Tel: 87758541

#### Gaelscoil Uí Néill

104 Washingbay Rd Coalisland Co. Tyrone Tel: 87749178



COMHAIRLE NA GAELSCOLAÍOCHTA

New Irish-medium post-primary school opening in Cookstown in September 2007. or further details contact Comhairle na Gaelscolaíochta on 028 90 321475 or email eolas@comhairle.org

www.comhairle.org



## Senior Preview

## Sucherflete Visit

## Alan Rodgers (Gaelic Life)

Anyone who wants evidence of why the Ulster Championship is considered the most competitive of all should look no further than today's latest mouthwatering clash.

It's a game that really is very difficult to forecast. After all, Donegal come to Clones hoping to build on the momentum of their last gasp win over Armagh. Tyrone recorded an equally narrow win against Fermanagh and will also be seeking major improvements.

Both teams have very genuine championship aspirations. And, where this semi-final will be won or lost has been a matter of much debate during the past few weeks.

Throughout the field there are individual tussles which could hold the key to securing an Ulster Final place. The talk of injuries will no doubt be firmly forgotten by the throw-in as the task of making a mark demands attention.

Donegal fans will see the efforts of their defence and midfield as being potentially crucial. The likes of Karl Lacey, Barry Monaghan and Paddy Campbell held firm when the going was tough against Armagh and will be anxious to cut the threat posed by opponents such as Brian

Dooher, Stephen O'Neill and Owen Mulligan.

Neil Gallagher dominated for spells in the Quarter Final, but Donegal will be expecting more from Kevin Cassidy. The tussle here will be particularly intriguing, considering the potential of Sean Cavanagh, Kevin Hughes and Brian Dooher to make an impact in this area.

Maybe, it all comes down to the Donegal forwards. The ability of Christy Toye, Brendan Devenney and Brian Roper to gain a greater return for their efforts could see them over the finishing line. Then, of course, there's the Adrian Sweeney 'super-sub' factor.

Once again a true picture of Tyrone's overall health is hard to gauge. That's probably the way they prefer things to be as they quietly prepare while much of the attention focuses on their injury concerns. Just like against Fermanagh, though, a closer look paints a different picture. Whatever about the absentees, they can still call upon a highly experienced and talented team.

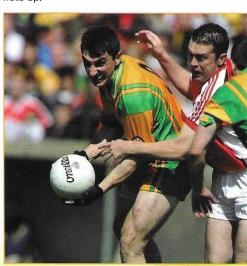
Philip Jordan, David Harte, Conor Gormley and Dermot Carlin are all ready for action. Sean Cavanagh, Brian Dooher and Kevin Hughes are also available and the attack will have a familiar feel with Owen Mulligan, Enda McGinley and Raymond Mulgrew.



Whoever progresses to the Ulster Final will have earned the plaudits. But in the pressure-keg atmosphere of Clones, even the joys of victory will be kept firmly in check as the championship hots up.











## Shéamuis de Faoite

#### Cúrsa Chuimhneacháin





Monday 16th July to Saturday 21st July 2007

The Irish Language
Course was founded in
Ros Goill in Donegal in
1960 under the auspices of
the Ulster Council GAA.
The course was officially
opened by Kevin Boland the
then Minister for Defence in
the South.

That course continued until 1972 when it was set aside due to lack of numbers attending. Alf Murray and Paddy Mc Flynn as well as people such as Dermott Devlin from Derry and Rev. Dr. Mc Larnon were prominent at that time. Paddy Mc Flynn stated that himself and Alf Murray cycled into Downings after a long journey from the west of the county when they were attempting to set the course up.

In 1989, at a meeting in the Four Seasons Hotel Monaghan, held on Wednesday 10th May under the presidency of Fr. Dan Gallogley the Irish Language committee was reformed. Tom Cullen from Fermanagh (Chairman) and Seamus de Faoite from Donegal (Secretary) were chosen. The Irish Language course has grown year on year since 1989. The course is now one of the

premier cultural events of our time.

When big changes came about in the structure of the Association a few years ago the Ulster Council instituted two committees (a) Scór and Culture (b) Irish Language and Heritage. This system was adopted in order to develop the use of the language within the Gaelic Athletic Association in Ulster. The business of the committee is conducted entirely through the medium of the Irish language and there is a representative from each county in Ulster on the committee

Course Details:
The course takes place on
the beautiful Ros Ghoill
Peninsula in Donegal, and
Comhairle Uladh provides a
wide variety of facilities and
services free of charge to

The course caters for three categories of participant:

a) Fluent Irish Speakers

participating members.

- b) Improvers or those with a little Irish
- Beginners or those with little or no knowledge of the language

Every effort is made to



ensure that the course is both pleasant and inclusive.

This is achieved by having classes for three levels of fluency in the language, by refined preparation for certain events, and by strategic translation and summarisation techniques together with the wholehearted participation of the course members in the delivery of the programme.

There are only three recommendations for the week:

- a) Speak as much Irish as possible
- b) Divest yourself of any degree of pretentiousness
- c) ENJOY!

For further information, or an application form, please contact Tom Cullen on gaeilge@fermanagh.gaa.ie or (00353) 71 9851981.



## **Ard Mhacha**

Minor Lineout

Managers: Paul Kelly Denis Hollywood **Brendan Hughes** 

Séan Mac Ruairí Sean Corry Clann Eireann An Lorgáin

Tomas Mac Toirealaig Tommy Turley Na Piarsigh Oga Ard Mhacha



Marcas Mac Conmhaoil Mark McConville Na Clairsigh Ard Mhacha



Barra Mac Cionaoith Barry McKenna Ui Conaill Tullach Sarain



Riain Ó Conalláin Ryan Conlon Ui Conaill Tullach Sarain



Gearóid Ó Cobhaigh Gary McCoey Naomh Padraig Coilleach Eanach



Seán Ó Garmaile John Grimley Roibeard Eméid Cluain Mór



Stiofán Ó Sirideáin Stephen Sheridan Peadar Ó Doirnin Foirceal



Antaine Mac Cana Anthony McCann Naomh Cillian Crois Bán



Daibhéid Mac Cumascaigh David Comiskey (C) Ui Conaill Tullach Sarain



Antaine Ó Donnaile Tony Donnelly Naomh Padraig Coilleach Eanach



Séamas Ó Cleirich Jamie Clarke Raonaithe Na Croise



Ros Ó Cleirich Ross Clarke Na Piarsigh Oga Ard Mhacha



Marcas Ó Siail Mark Shields Naomh Cillian Crois Bán

Fír Ionaid/Substitutes:

16. Eamon McArdle, Naomh Padraig Coilleach Eanach 17. Daniel Fearon, Sheáin Ui Néill Camloch 18. Patrick Quinn, Naomh Pádraig Carraig Chropain 19. Sean McCreesh, Naomh Lorcan O'Tuathail Beal Leice 20. Eamon McGeown, Na Sairsealaigh Na Mointe Airde 21. Anto Duffy, Na Piarsigh Oga Ard Mhacha

22. Eugene McVerry, Cuchulláin Mullach Bán 23. Stephen Loughran, Naomh Pádraig Carraig Chropain

24. James Donnelly, Tir Na nOg Port an Dunain



## Tír Eoghain

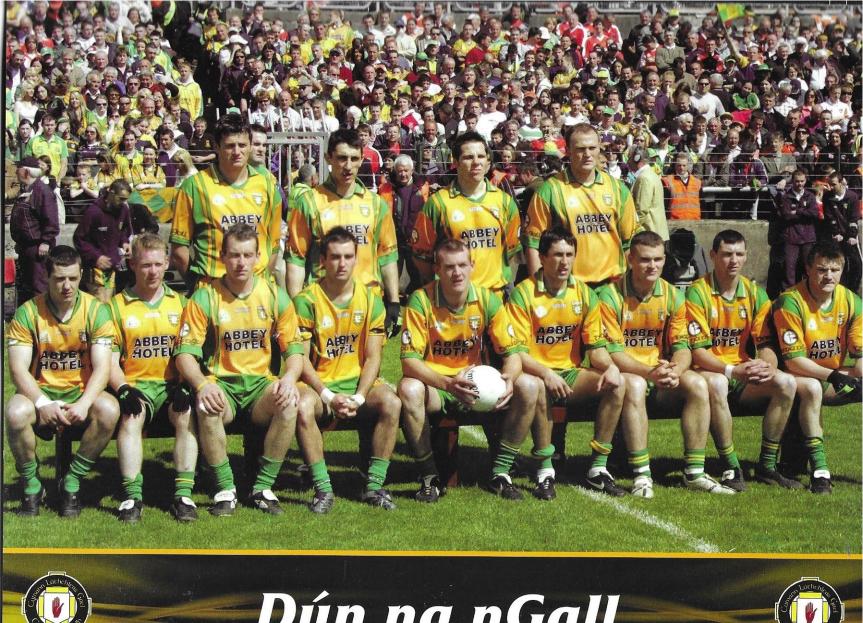


Minor Lineout

Manager: Raymond Munroe M O Neill Michael O'Neill Cluain Eo A O Gearáin Aidan Girvan (C) P O Mairtin C O Foghlú Paul Martin Christopher Foley Fiontannmach An Charraig Dun Geannain C Mac Ruairi R Mac an Aba C O Maolmóna Cathal McCrory Ronan McNabb Kevin Mossey Aireagal Chiarain Droim Mhór Goirtin M Mac Cionnaith Mark McKenna C O hEarcáin Colin Harkin Cabhan a Cathortaoinn Taite Riabhach P Mac Naois C O Cuana P Mac Aoidh Paddy McNeice Kyle Coney Peter Hughes Oileán a Ghuail Ard Bó Eiscreach T O hAgáin Tiarnan O'Hagan P Mac Giolla Úir C O Neill Paul McAleer Conor O'Neill An Charraig Mhor Oileán a Ghuail Droim Mhór

Fír Ionaid/Substitutes:

16. Tim Harney, Gleann Eallaigh 17. Peter Harte, Aireagal Chiarain 18. Cormac Arkinson, Eiscreach 19. James Carlin, An Ceappach 20. Simon O'Neill, An Ceappach 21. Ryan Pickering, An Chorra Criochach 22. Martin Rodgers, Bearach 23. Stephen Curran, Oileán a Ghuail 24. Michael Gallagher, An Omaigh





## Dún na nGall

## Joe Bongar

## DÚN NA NGALL

### **Senior Stats**

Scillor Stats				
Name	A	Н	W	Occupation
Paul Durcan	23	6′ 5	16.5	Student
Michael Boyle	19	6′1	14	Student
Ciaran Sharkey	22	6'	14.5	Technician
Karl Lacey	22	5′9	11.5	Student
Peter Witherow	19	6′1	12.5	Student
Paddy Campbell	31	6'	13.9	Engineer
Neil Mc Gee	21	6′1	13.5	Construction
Barry Dunnion	24	5′7	11.5	Sales Rep
Barry Monaghan	28	6'	13	Tyres Sales
Eamon Mc Gee	23	6'2	14	Coach
Thomas Donoghue	22	5′11	12	Sales
Frank Mc Glynn	20	5′11	12.5	Student
Patrick Mc Conigley	26	5′9	13	Carpenter
Kevin Cassidy	25	6′	14.5	Teacher
Joe Friel		6'3	14.5	Builder
Neil Gallagher	23	6′3	14.5	Technician
Rory Kavanagh	24	6′1	13	Teacher
Ciaran Bonner	22	6′1	13	Construction
Michael Hegarty	28	5′10	12	Sales Rep
Christy Toye	24	6′3	13.5	Teacher
Brian Roper	32	5′6	11	Monumental Sculpter
Anthony Thompson	20	6'	12.5	Student
Johnny Mc Loone	28	5′11	13	Butcher
Adrian Sweeney	31	5′10	14	Plumber
Benny Byrne	23	6'2	14	Construction
Colm Mc Fadden	23	6'2	14	Teacher
Denis Boyle	26	5′8	12.5	Builder
Ryan Bradley	21	6′1	13	Builder
Leon Thompson	22	5'6	11	Student
Kevin Mc Menamin	25	5'6	10	Construction
Brendan Devenney	31	5′11	14	Sales Rep
Michael Doherty	23	6	13	Student

## Did You Know?

Michael Boyle played for Donegal in the 2005 USFC at the age of 17.

When Sligo IT collect the Sigerson Cup earlier this decade, their side was backboned by the likes of Eamon McGee, Neil McGee, Kevin Cassidy, Karl Lacey, Paul Durkin, Michael Doherty and Christy Toye.





Fír Ionaid/Substitutes: 16. Pascal McConnell, An Baile Nua 17. Peter Donnelly, Oilean a'Ghuail 18. Ciarán Gourley, An Charraig 19. Colin Holmes, Na Clairsigh 20. Kelvin Hughes, Domhnach Mór 21. Aiden McCarron, Fionntamhnach 22. Cathal McCarron, An Omaigh 23. Damian McCaul, An Domhnach Mór 24. Joe McMahon, An Omaigh 25. Justin McMahon, An Omaigh 26. Ryan Mellon, An Mhaigh 27. Stephen O'Neill, Clann na nGael 28. Martin Penrose, Achadh Uí Arain 29. P J Quinn, Baile na Móna 30. Paul Rouse, Bruach Áille





## Tír Eoghain

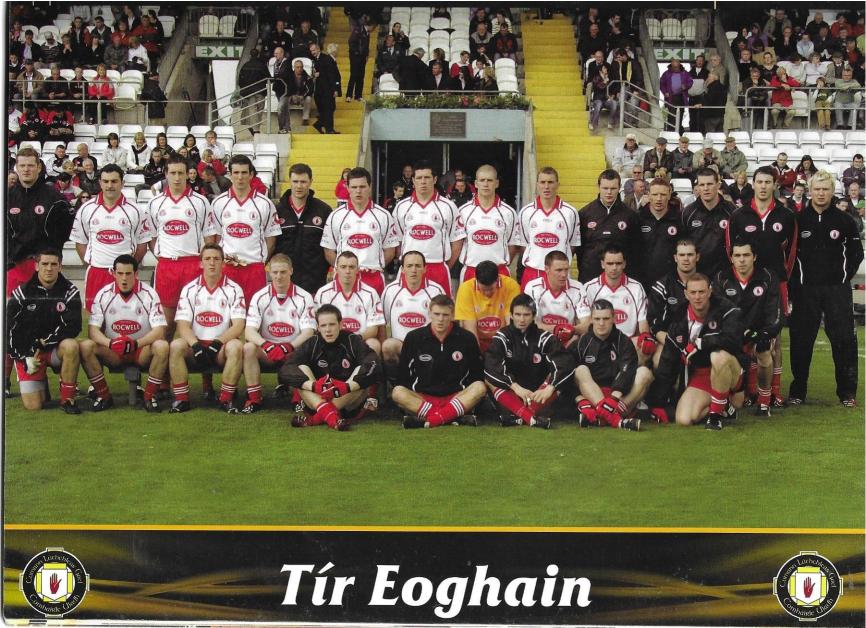
## Senior Football Stats



Name Pascal McConnell John Devine Jonathan Curran Brian Dooher Ryan McMenamin Stephen O'Neill Sean Cavanagh Cormac McGinley Michael McGee Dermot Carlin Kelvin Hughes Kevin Hughes Martin Penrose Ryan Mellon Enda McGinley Owen Mulligan Gerald Cavlan Justin McMahon Joe McMahon Conor Gormley Nial Gormley Colm Donnelly Tommy McGuigan Brian McGuigan Aidan McCarron Paul Quinn Colm McCullagh David Harte Peter Donnelly Philip Jordan	A 27 23 20 31 29 26 24 28 26 25 31 21 23 26 24 22 24 27 24 29 25 24 27	<b>H</b> 6-4 6-1 5-11 5-9 5-10 6-2 5-9 5-10 6-3 5-11 5-8 6-1 5-10 5-10 5-10 5-10 5-10 5-10	W 14-7 14-0 12-10 12-7 13-7 14-0 13-7 12-7 13-7 14-0 13-7 14-0 13-7 14-0 13-7 12-9 14-0 13-7 12-7 12-7 12-7 12-7 12-7 12-7 13-7 12-7 12-7 13-7 12-7 13-7 12-7 13-7 12-7 13-0 12-0 13-7	Occupation Civil Servant Teacher Joiner Vet Civil Servant Teacher Accountant Site Engineer Civil Eervant Site Engineer Joiner Site Engineer Joiner GAA Dev. Officer Physiotherapist Joiner Publican Student Student Electrician Plasterer Plasterer Plasterer Plasterer Bricklayer Joiner Sales Rep Account Manager Account Manager Teacher Student Accountant
Justin McMahon	21	6-2		
Justin McMahon	21	6-3		
Joe McMahon				
Conor Gormley				
	24			
	22	6-1		
Tommy McGuigan	24	6-1	12-7	
Brian McGuigan	27	5-10	12-10	
		5-11	12-7	Sales Rep
				Account Manager
				Account Manager
				Teacher
Ciaran Gourley				
Colin Holmes	28 31	5-11	12-7	Teacher
Brendan Boggs	20	6-0	13-9	Teacher
Cathal McCarron	20	6-0	12-7	Student
Damien McCaul	20	6-2 6-0	12-7	Student
Raymond Mulgrew	21	6-0 6-0	12-7	Student
Colm Cavanagh	19	6-0 6-3	12-0 14-0	Student
	12	0.5	14-0	Student

## Did You Know?

Pascal McConnell is maintaining a proud family tradition, as his brothers Finbar and Brian also represented Tyrone at various levels, between the posts.





## A Word from the Top

#### Brian McIver



Having got over Armagh in the opening round of the Ulster Championship, we now find ourselves up against another of the favourites for this year's All Ireland title, Tyrone.

This is indicative of the competitive nature of the Ulster Championship, without a doubt the most difficult of the Provincial Championships to win.

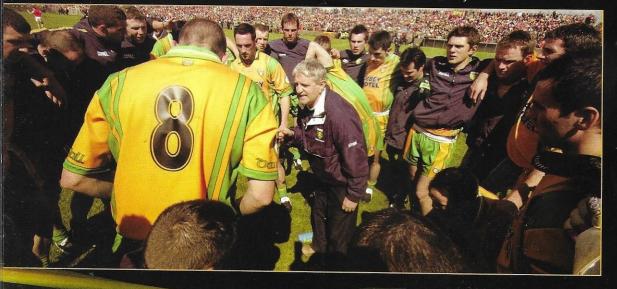
While Tyrone have had numerous injuries to contend with, they still have in their ranks a number of experienced and exceptional footballers- the likes of Ryan Mc Menamin, Conor Gormley, Stephen O Neill, Brian Dooher

and Owen Mulligan, and if we are to reach an Ulster Final we know that today we are going to have to play our best football of the season. Talking of exceptional footballers we would like to wish Brian Mc Guigan a full and speedy recovery. While Tyrone have their exceptional players, we have been very pleased with the development of our own squad and the value of our substitutes on numerous occasions this season.

From our own perspective we were delighted with our victory over Armagh and it is a testament to the great character and resilience of our present squad of



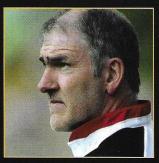
players. These qualities will be put to the test again today, but with the great vocal support of our followers we are hoping to reach another Ulster Final. Our supporters up to now have been outstanding and I hope they really enjoy the game today and get the right result.



## A Word from the Top

## Mickey Harte





As I alluded to in the programme for our first round game against Fermanagh the Ulster championship has lost none of its intrigue or intensity despite the availability of the so called 'back door' system. Indeed the restructuring of the afore mentioned option only serves to increase the desire for both Donegal and ourselves to strive for the more predictable route of an Ulster final appearance.

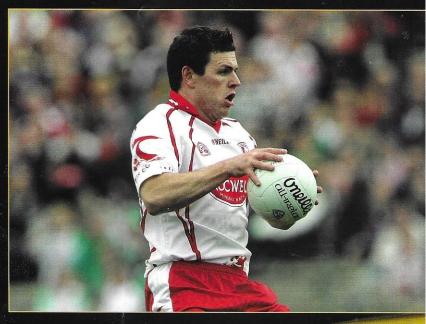
In recent times it has become customary for teams and management to 'talk up' their opponents in advance of an encounter such as this one today. I will try to divert slightly from that view and just congratulate Donegal on capturing their first Allianz National Football League title. They have followed that up with a significant first round win over Armagh – enough said.

While we have failed to reach such heights in recent times we are happy with the quality and the commitment of the players in our squad. If both teams play to their potential there will only be one winner – you the paying public!

I don't think any of us involved in the G.A.A.-especially those of us involved in management- could let this occasion pass and not send our thoughts and prayers to the Coleman family on their sad loss. Eamonn gave so much to our association in his own inimitable way- may God be good to him.

Also at this time I would like to draw your attention to the fact that this is the 10th anniversary of the tragic death of Paul Mc Girr. Just this week the Spirit of Paul Mc Girr project was launched which will endeavour to enable a local community in Zambia to enrich their lives both practically and spiritually and become self sufficient. This initiative will be undertaken in conjunction with the S.M.A. fathers. For further details and how you can support this project log on to www.thespiritofpaulmcgirr.com







## Sports Institute

## "Leading Ulster's best towards sporting excellence"







#### Purpose

To reinforce the best, support the developing and change the underperforming.

#### through

- Professional staff who communicate well and are athlete focused
- Word class medical services

#### to

- Assist the athlete to make the step up to senior
- Create a competitive advantage; and
- Consistent medal winning performances within Ulster

#### Sports involved

Athletics, Gaelic Football, Hockey, Rugby Football, Rowing, Sailing, Squash, Judo, Swimming, Water Skiing.

#### Services provided:

- 1. Medical
- Physiotherapy
- Podiatry
- Optometry

#### 2. Sports Science

- Physiology
- Nutrition
- Sports Psychology
- Performance Analysis

#### 3. Coaching

- Strength and Conditioning
- Technical and Tactical
- 4. Lifestyle Management

#### 5. Role of Performance Manager

To provide athletes with

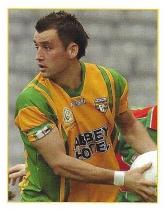
- day-to-day support
- Develop programmes
- Integrate the services of the Institute into these programmes
- To facilitate players to make the transition to senior county
- Develop and implement high performance plans for specific sports

#### SINI Gaelic Programme

- Screening (medical, musculoskeletal, lifestyle)
- Testing (skinfolds; speed; aerobic capacity; power; agility)
- Strength and conditioning programme determined
- Consultation with a Sports Nutritionalist
- Consultation with a Sports Psychologist
- Technical programme (individual; group) devised
- Use of performance analysis to inform the technical (and strength and conditioning) programme
- Use of massage. physiotherapy, podiatry, sports nutrition and sports psychology services as required

#### Expected of athletes in the SINI Gaelic programme

- Commitment to the ethos and concepts of the Institute
- Provide 6 to 8 hours a week to the SINI Gaelic programme



- 90% attendance at sessions
- Use of physiotherapy. massage, nutritional advice, sports psychology and lifestyle management services as required
- Determination to be the best you can be

#### Points to note

- Offers to join the SINI programme are only made following a 'successful' screening
- It is anticipated that an athlete accepting an offer to join will commit to a programme for upwards of 18 - 24 months

"High performance is about what you do when no one is watching".

If you want to find out more about the Gaelic Programme call Roger Keenan on 079 6006 1854.





## **Development Squads**

## Tony Scullion, Ulster Football Development Officer





Development Squads have been up and running for a number of years in the 9 Counties in the Province. Most counties have squads from U-14 to U-17 in both Football and Hurling which lead into the County Minor Squads.

The reason for Development Squads is to improve players' knowledge in different areas. These include Strength & Conditioning, Nutrition, Hydration, Fitness, Speed & Flexibility and of course Specialised Coaching to improve the players' skill level and decision making on the field of play.

There has been discussion to the value of Development Squads, and my own feelings are, that a few counties have the structures perfected while the other few can learn from them and improve likewise.

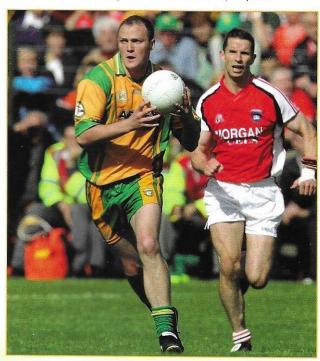
Good structured coaching will most definitely improve players at whatever level they are capable of, so in doing so it improves the standard of Hurling and Football in our Schools, Clubs and Counties.

Development Squads over the last few years have produced numerous players who have went on to represent their Counties at Minor and Senior

level. Players to evolve through the development Squad structure onto county senior level include Charlie Vernon, Neil McGee, Barry Dunnion, Colm Cavanagh, Raymond Mulgrew, Dermot Carlin and Colm McFadden (pictured below) in football and Kieran Courtney, Owen Mc Guinness. Brendan Mc Gourty, Sam Dodds, Darryl McDermott, Oisin McCloskey, Neil McManus, Neil McAuley, Paul Shields, Barry McFall and Aaron Graffin in hurling.

There are also a number of players who have represented Ulster and Ireland in the Junior International Rules Series and the Shinty Series (Hurling).

I believe that all Counties should have a Start and Finish Date planned each year, so they are not overlapping with school games. I would like to stress that in no County that I know of, are the doors ever closed at Development Squad level for a player who might be a late developer.



## **Non-Nationals**

## Nocheth Face

## Paul Callaghan - Regional Development Officer

Over the past few years there has been a huge influx of foreign nationals into Ulster. These people are already bringing a lot to our society in terms of the workforce and adding to the cultural diversity. However the G.A.A. recognises that these communities have the potential to make a sporting contribution also. With this in mind, an initiative "Have A Go" has been launched by the Ulster Council with the aim of encouraging non nationals to participate in our national games.

The project will hopefully have mutual benefits: for our new citizens, it will provide a

great opportunity to integrate and socialise more fully and for us, a wider pool of potential talent from which to draw than ever before.

Over the winter months a number of "Have A Go" nights have taken place in various towns and cities throughout Ulster, allowing foreign nationals to experience Gaelic games at first hand.

Regional Development
Officers are currently liaising
with community groups and
targeting workplaces and
social venues in an effort
to ensure information is
made available to ethnic
minorities about these

events in their own language. The "Have a Go" nights last winter culminated in two "International Top Town" competitions whereby, after some initial training, each town/company were represented by a team made up solely of foreign nationals that competed in two successful football blitzes that were held in Cookstown recently.

Over the coming months the Regional Development Officers will be encouraging clubs to hold their own "Have a Go" events, to target non-nationals and to introduce them into their club.











## Thoughts from a Tourist

## Birgit Bjorn





Today brings together Donegal and Tyrone in the typical setting of St Tiernach's Park, Clones. We have all seen these championship encounters unfold many times before but what does it mean to someone who is coming from a different culture to witness an occasion like an Ulster Championship fixture. Last year, a German tourist Birgit Bjorn availed of this setting and here is her reflections:

After spending already a few holidays in Ireland during the GAA-free season, my friends, Martin and Wolfgang, and I were able to watch our first Gaelic football match live last year. Enjoying a tour through the Emerald Isle we came to Clones on May 14th to attend a double fixture of a senior and a minor match.

First thing we had to learn was how to pronounce "Clones" correctly - being taught by Irish friends. Happy to find a parking space down the road we walked up to Páirc Thiarnaigh Naofa and collected our reserved tickets. The weather in Clones wasn't typically Irish at all - it rained much longer than the "usual" five minutes we were used to, but luckily we got tickets for the grandstand to sit under the roof, so it didn't matter to us.

Thanks to the internet (how could we ever live without it???) we learned a little bit about the basic rules of Gaelic football before we left home. Thus we could follow the action on the pitch pretty good and understand roughly what was happening.

Both matches Ard Mhacha and Muineachán in the Ulster SFC quarter-final as well as the Ulster championship minor match were very close and exciting. The minor match was very competitive with a few players sent off and a late refereeing decision. The seniors battled out an entertaining draw. We unfortunately missed the decisive replay a week later as we had to go back to Germany two days later. But our main goal was to see a match and we were glad to see even two of them on one day.

From the perspective of a tourist who has never seen a whole match of this 'exotic' sport before (only some excerpts on TV) I must admit that I was really impressed by the speed and action of the game. And - compared to 'our' professional sports like soccer - I had the impression that for the players it was much more a matter of the heart to play for their team, and not just a job they had to do.

Gaelic football is a very fast and tough game, and therefore it was really interesting to watch it - even for Wolfgang who normally isn't interested in games at all. We enjoyed the afternoon very much! Maybe we can manage to see another match in one of our next visits to Ireland!

Thanks to Ulster GAA for your courtesy and to everyone there who helped us to get tickets, especially Danny Murphy. It really was a pleasure to be in Clones! Go raibh mile maith agat!







## **GAA For All**

### Una McKay



The East Down special needs GAA team has evolved as a result of a health and activity strategy within the South Eastern Health and Social Care Trust. This aimed to work in partnership with other agencies and organisations to enhance the physical health and social wellbeing of people with a disability and to promote social inclusion through participation.

Gaelic games are at the heart of our communities and therefore provide an excellent opportunity and vehicle with which to include and involve all those who have an interest in the sport regardless of ability.

This particular group of young people are aged 16 + yrs, are of mixed ability and come from different backgrounds within the various parishes of East Down.

These young people have only recently been introduced to the skills of Gaelic football and have been training on a monthly basis since January 2007 using a variety of club grounds around the County of Down.

The application, commitment, dedication and attitude of this group to learning the skills of the game would be an example to follow by any team. The emphasis has always been on "ability" and not "dis" and the group are both grateful and honoured to be given the opportunity to participate and demonstrate their skills to date on such a wonderful occasion.

We hope that you as seasoned supporters will recognise this and enjoy our half-time games as much as we will. A special word of thanks to Una Mckay and the Ulster Council for making this occasion possible and to the Down County Board GAA Clubs in Down and to Ross Carr and the Down Senior Team for all their support to date.

Mal O'Hare Disability Services SHE & SCTrust Tel. 028 4451 3938

Gerard McNulty St. Johns GFC Co.Down Tel. 077 7173 2594

We would be interested in making contact with any other group or organisation that is involved in the development of GAA for individuals with special needs.

Any other counties wanting to develop this initiative please contact Una McKay at umckay@ulster.gaa.ie





## **Exhibition Games**



## Todays Half Time Mini Games

To represent your county on Ulster Championship day is a tremendous honour for any person. Today's half time exhibition games is all the more remarkable when you consider the fact that all participants have only been introduced to gaelic games five months ago.

Mal O'Hare and Gerard McNulty have put in a tremendous effort with this group and today they will get the glorious opportunity to display their ability in front of thousands of spectators.

Such an achievement deserves special mention and we would urge all spectators to give our half time participants your utmost support on this unique and memorable occasion. All the best to everyone involved in today's half time games.

#### TEAM A - Ulster

Glenn McBride Mel Hynds Robert Barnes Stacy Cox Janine Magee Christopher Sharvin Jamie Liddell

#### TEAM B - Down

Noel Galbraith Frances McVeigh Thomas McStravick Pascal Kearney Noel Wilson Christopher Craig David McCrum

#### RELAY SKILLS TEAMS

#### Ulster

Danielle Dalton Peter Watts Conrad Walker

#### Down

Theresa Rogan Jonathan Murray John Fay

Referee: Mal O'Hare



## Competition

WIN A COUNTY JERSEY OF YOUR CHOICE!

To enter, simply answer this question:

Q. Who is the current Tyrone Senior Football Captain?

Send your answer, name, school, club & contact number to competition@ulster.gaa.ie

Closing date Friday 22nd June 2007







## COMHAIRLE ULADH CLG



## The Summer's Coming



## Ulster VHI GAA Cúl Camps 2007



The VHI Summer Cúl camps are a hugely popular summer time fun programme for children. It runs in every county from the start of July to the end of August and helps to fill the long holidays with age appropriate fun activities for all abilities including special needs. It helps to provide a healthy alternative to the all too familiar sedentary lifestyles that many children now experience.

The coaching is standardised and run by experienced child friendly coaches who have their coaching and child protection accreditations.

All children receive specially designed cul camp jerseys and other 'goodies' as well as technical and tactical training in the skills of Gaelic football and hurling. Although the VHI camp lasts for one week, many clubs now run their own camps, using their own coaches and are an ideal opportunity of introducing

children, especially from ethnic groups, for the first time to the skills of our games.

Parents may obtain application forms from their county coordinators or their local Primary schools. Last year over 9,000 children attended the camps and it is hoped that this number will be increased this year.

Toirealach MacUilliam Terence McWilliams Ulster Gaelic Games Development Manager.

### Donegal Camps 2007

Mick Murphy Donegal Football Development Officer

For further information phone 086 6003159

	•	
Date July 2nd-6th July 2nd - 6th July 2nd - 6th July 2nd - 6th July 2nd - 6th	Camp / Venue Convoy Dungloe Red Hughs St. Eunans	Sport Football/Hurling Football/Hurling Football/Hurling Football/Hurling
July 9th - 13th	Na Dunaibh	Football/Hurling
July 9th - 13th	Naomh Ultan	Football/Hurling
July 9th - 13th	N/Padraig, Muff	Football/Hurling
July 9th - 13th	Urris	Football/Hurling
July 16th - 20th	Beart-N/Colmcille	Football/Hurling
July 16th - 20th	Carndonagh	Football/Hurling
July 16th - 20th	Cloughaneely	Football/Hurling
July 16th - 20th	Gaoth Dobhair	Football/Hurling
July 16th - 20th	MacCumhaills	Football/Hurling
July 23rd - 27th	Ardara	Football/Hurling
July 23rd - 27th	Kilcar	Football/Hurling
July 23rd - 27th	Malin	Football/Hurling
July 23rd - 27th	Moville	Football/Hurling
July 23rd - 27th	N/Padraig, Lifford	Football/Hurling
July 27th - Aug 3rd	Bundoran	Football/Hurling
July 27th - Aug 3rd	Four Masters	Football/Hurling
July 27th - Aug 3rd	Milford	Football/Hurling
July 27th - Aug 3rd	St Michaels	Football/Hurling
July 27th - Aug 3rd	Termon/Glenswilly	Football/Hurling

Carndonagh

Hurling

Contact Karen Houston John Ward Cathal Doherty Alma Kavanagh	Number 087/2845529 086/6036406 086/3038286 087/6952551
Denis McBride Terence McGinley Michael McMenamin John Friel	087/6132360 087/2717691 087/2448200 086/0523550
Bernie Glenn Kieran Friel John Gibbons Kevin Scanlon Seosamh O' Duibhir Kathleen Foy	087/7720049 086/6056655 086/3850729 087/9350554 087/9044492 087/9865041
James McHugh Patrick McShane Maria McLaughlin Ann Bonner Dessie McDermott	087/2222277 087/2506443 087/7763679 086/3064847 074/9142973
John McEniff John Joe O'Shea Shaun Barrett Liam McElhinney Paul Doherty	087/2386250 087/7959924 086/6052169 086/8611097 087/7985683
Elizabeth Doherty	086/3773300

Aug 20th - 24th

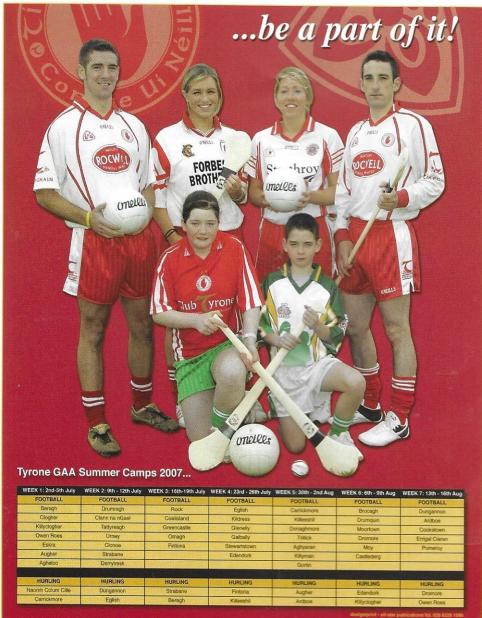


## The Summer's Coming

Vhi CAMPS



Ulster VHI GAA Cúl Camps 2007





### **Tyrone** Camps 2007

Anne Dooher Tyrone Football Development Office

Michael McCullo Tyrone Hurling Development Office

For further information pho 028 8224 9060



## **Ground Regulations**

## St. Tiernach's Park





All persons entering St.
Tiernach's Park are admitted
only subject to the following
Ground Regulations and to
the Rules and Regulations
of the Gaelic Athletic
Association. Entry to the
ground shall be deemed
to constitute unqualified
acceptance of all these Rules
and Regulations. Any person
who fails to comply with these
Ground Regulations may be
refused entry or removed
from the ground.

Fireworks, smoke canisters, gas-horns, bottles, cans, flags, banners, poles and other similar articles or containers, including anything, which may be used as a weapon, are not permitted within the stadium.

The consumption of alcohol is not permitted within the ground and spectators are not

permitted to bring alcohol into the stadium.

The unauthorised climbing of any structure, walls, building or seating in the ground is strictly forbidden.

Unnecessary noise such as that from the use of radio sets, gas-horns, and behaviour likely to cause confusion or nuisance of any kind, including foul or abusive language, is not permitted within the ground. Under no circumstances is it permitted to throw any object onto the pitch.

Unauthorised persons are not permitted to enter upon the field of play at any time before, during or after the games.

The Ground Management reserve the right to refuse admission or to eject any

person who refuses to be searched where such a search is deemed necessary.

A person may not obstruct a gangway, stairwell or circulation area at any time.

All persons entering or in the ground are reminded of their obligation to ensure that their behaviour does not present a danger from fire or other occurrence to anyone using the premises.

The Ground Management reserve the right for it's servants or agents to remove from the ground any person who does not comply with the ground regulations or whose presence in the ground could reasonably be construed as constituting a source of danger, nuisance or annoyance to other spectators.

## First Aid, Lost Children & Safety Notice

#### First Aid

First Aid Cover for today's game is provided by Order of Malta personnel, complete with three manned ambulances, that are located at the Gerry Arthurs, Pat McGrane and the Eastern stands.

#### Lost Children

Lost Children to be brought to the rear of the Main Stand.

#### Safety Notice

In the interests of safety, patrons will not be allowed to enter the playing area after the games. The policy to

prohibit such encroachment in the future has been taken to avoid injuries and possible fatality and has been taken on the advice and prompting of the safety authorities.

Supporters are sincerely thanked for their co-operation to date and are asked to continue this co-operation in the future to ensure that games can be enjoyed in comfort and safety.

Together we can ensure that your visit to St. Tiernach's Park, is enjoyable and safe, particularly for the young and vulnerable.

