

redhandview

Sraith Naisiunta Peile Allianz Roinn 1A Babta 4 An Satharn 10u Marta 2007

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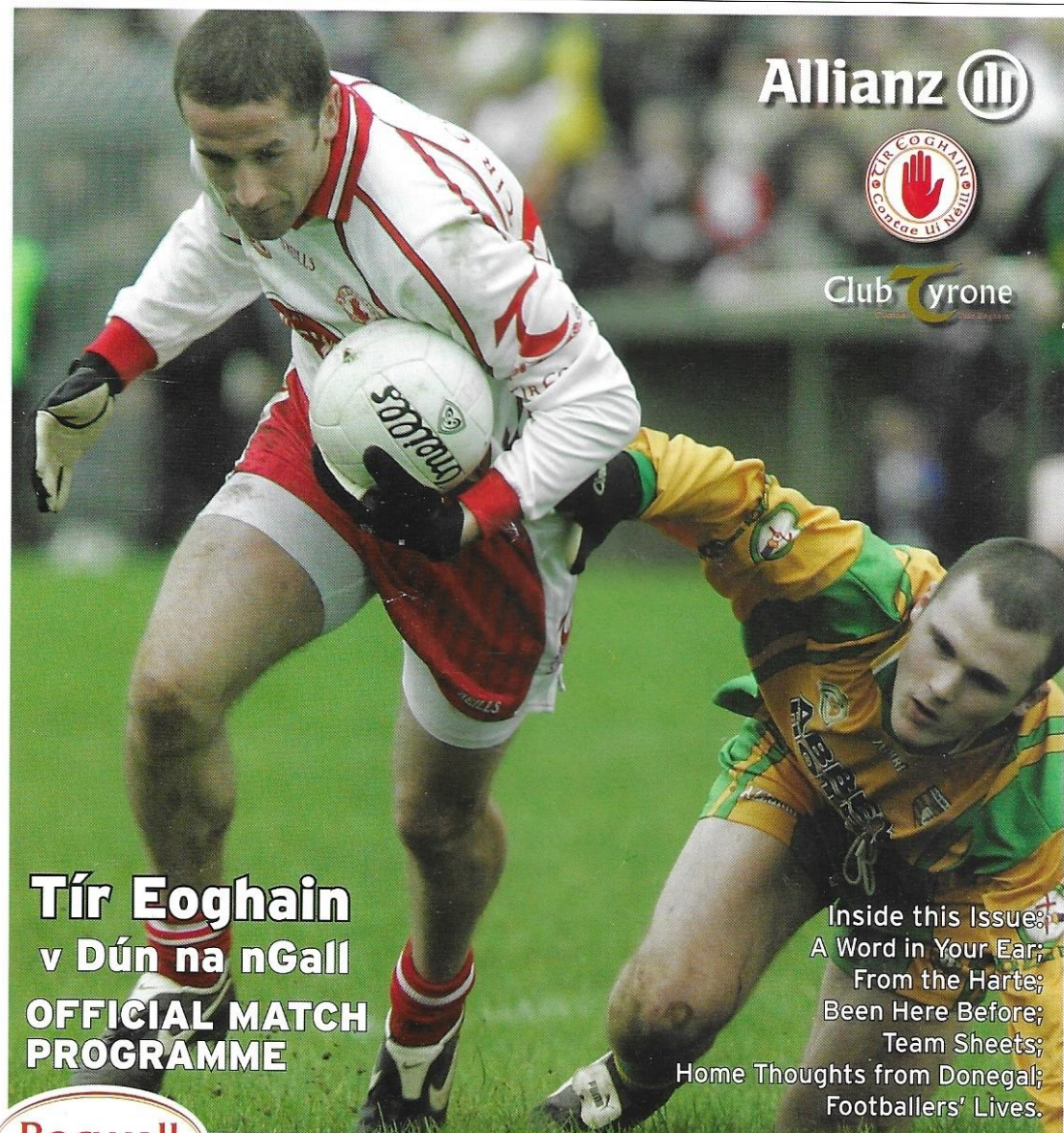
Allianz National League, Saturday 10th March 2007 7.30pm Tyrone v Donegal

Cadburys Ulster U21 Football Championship 5.30pm Tyrone v Donegal (Extra-time if required) Lúach €3.00

Allianz 



Club Tyrone 



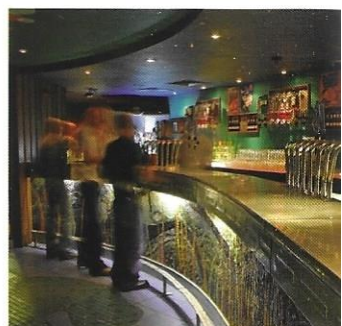
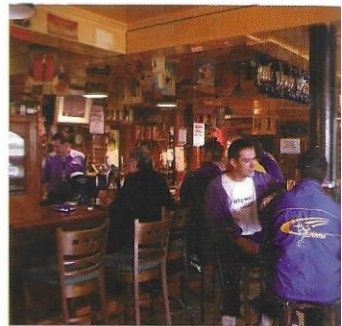
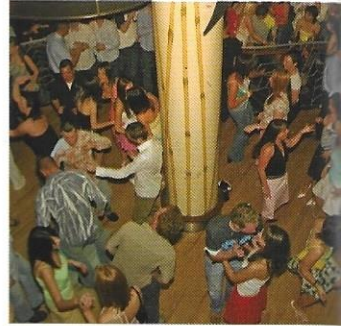
**Tír Eoghain
v Dún na nGall**
**OFFICIAL MATCH
PROGRAMME**

Inside this Issue:
A Word in Your Ear;
From the Harte;
Been Here Before;
Team Sheets;
Home Thoughts from Donegal;
Footballers' Lives.

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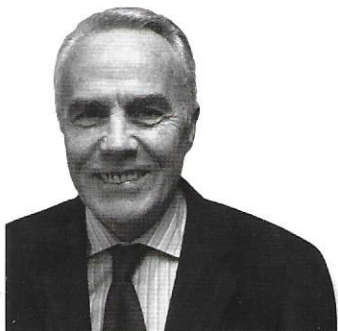


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A Word in Your Ear

P. O'Dorchai, Cathaoirleach, Coiste Chontae Thír Eoghain

I'd like to welcome the Donegal team; officials; and supporters to their second visit to Healy Park in less than a month. We have a unique double-header tonight with Ulster U21 Championship and Allianz National League football. It's an exciting prospect for us all. In the Allianz League Donegal have made a hugely impressive start and deservedly lead Table 1A. They come to us tonight as Ireland's form team having already beaten the current Champions of Munster; Connacht; and Leinster.

Three weeks ago our Senior footballers and management claimed their fourth McKenna Cup in a row. On behalf of you all, I congratulate and thank them for that. There's only two trophies in Ulster for Senior inter-County players and the Gaelic Life McKenna Cup is one of them. It's also of course a very special competition for us in Tyrone ... and one that we cherish. We're grateful that our Ulster Council have restored the McKenna Cup to its proper, high profile place.

Keeping to the congratulations theme, it's my pleasure to acknowledge Killyclogher's

wonderful success in the All-Ireland Scór na nÓg Ballad Group competition back on 10th February. I also congratulate our Tyrone Senior Scór winners from last Sunday night. Scór is important to us in Tyrone and whilst participation in it is everything it's also nice to win some of the big prizes! In that same way our good wishes go to Greencastle St Patrick's as they attempt this evening in Croke Park to bring the All-Ireland Junior Football title back to Tyrone.

Finally, if you're here tonight gaelic games are obviously

important to you. We believe in Tyrone there's an ethos and style that's absolutely central to our games. That ethos does not include jeering or booing the opposition or "celebrating" each successful pass your team makes if they're in a winning position. We had to endure a bit of both when we were last here three weeks ago. They don't fit well with our games. Our players are dedicated and honourable amateurs.

Give them the honour and respect they deserve ... whatever shirt is on their back.

Match Officials

Referee: David Coldrick (Meath)
Standby Ref: Paul Finnegan (Louth)
Linesman: Mark Higgins (Fermanagh)
4th Official: Fergal Cleary (Fermanagh)

National Anthem: Amhran na bhFiann is sung by Omagh's Caoileann McEnhill, the reigning All-Ireland Senior Scór Solo Singing Champion. Caoileann is studying Medicine at Queen's University, Belfast.

Pre-match entertainment:
Killyclogher Set dancers; current Tyrone Senior Scór Champions.

Instrumental musicians:
Killyclogher Ballad Group; current All-Ireland Scór na nÓg Champions

Amhrán na bhFiann (The Soldier's Song)

Curfá:

Sinne Fianna Fáil
A tá fé gheall ag Éirinn,
buion dár slua.
Thar toinn do ráinig chugainn,
Fé mhóid bheith saor.
Sean tír ár sinisir feasta
Ní fhagfar fé'n tiorán ná fé'n tráil
Anocht a théam sa bhearna bhaoil,
Le gean ar Ghaeil chun báis nó saoil
Le guna screach fé lámhach na bpiléar
Seo libh canaidh Amhrán na bhFiann.

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81,678
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**Just 17 numbers
but a big, big story!**

Were you proud of that wonderful thing called
the GAA on the first Saturday night in February?

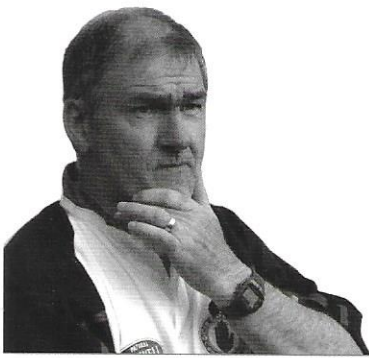
Were you particularly proud of Tyrone's part in it?
Would you like to help continue to make
it all happen?

The members of Club Tyrone have that pride
and that commitment. Come and join us.
Buy into the feeling.

Contact: Adrian Colton 9069 1065;
Patsy Forbes 8673 7348;
Hugh McAleer 8225 0253;
or John Mulgrew 8772 5760

Club Tyrone
Cumann Thír Eoghain





From the Harte

with Mickey Harte

If ever there was a reality check, then Pairc Ui Rinn two weeks ago delivered one to everybody associated with Tyrone football. Cork gave us a number of lessons and showed just how good a team they can be. It was a miserable night for us but one for a good Cork team to relish.

Overall however, I'm still happy with the way things

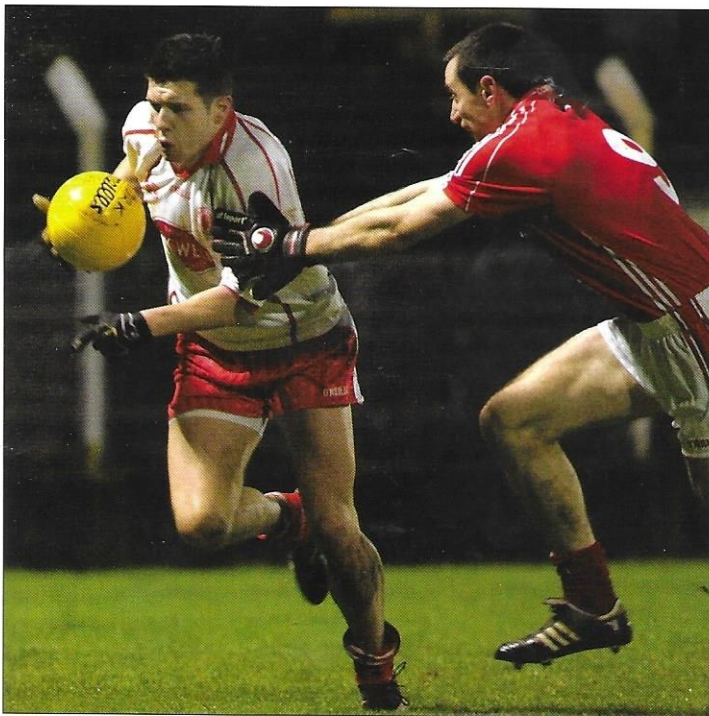
have started this year. We'd always known that there would be a lot of twists and turns ahead ... some of them in our favour and some not. It's a fact of modern day life however that people want to see things in black-and-white ... and that those things can then be hyped up to unrealistic levels. Before last Saturday night some commentators had Tyrone as invincible: by 9.30pm the

Before last Saturday night some commentators had Tyrone as invincible

same evening they had us as shambolic and even "finished".

We have to cope with that and as always the only thing that matters now about the Cork game is how we react to it and learn from it. If we apply the learning, then the Cork experience becomes valuable. In the Tyrone set-up, we see team management as being about keeping ourselves in the best place possible, before; during; and after the games. Most of the time it's results that tell if that's happening. But they don't always give you the whole story. If we maintain a proper, balanced approach then we won't get carried away by victories ... and equally won't be totally devastated by defeat.

Donegal tonight is a good test for us. I don't think there's any argument but that they're Ireland's form Allianz League team at the moment. We're all looking forward to the game.



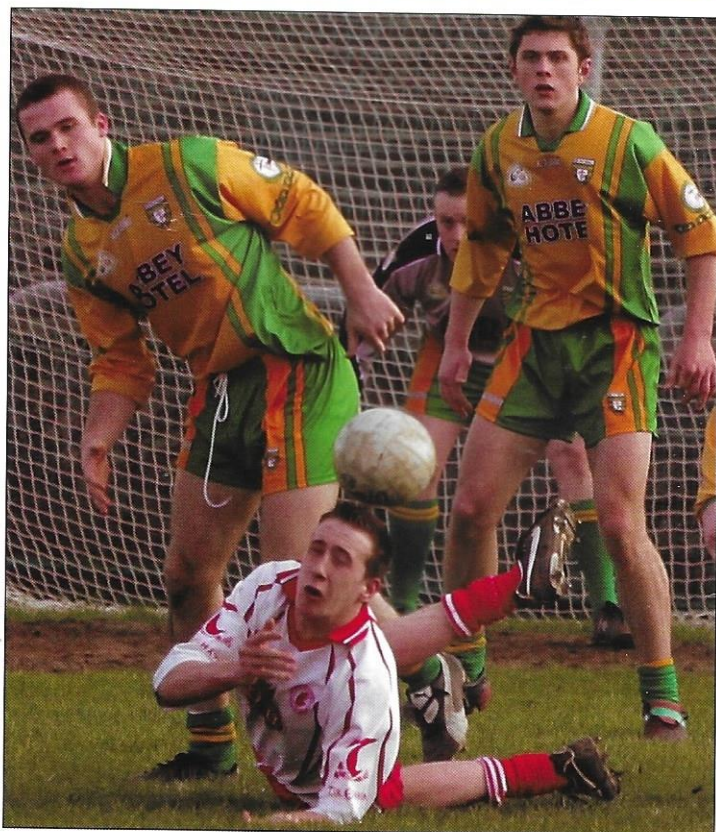
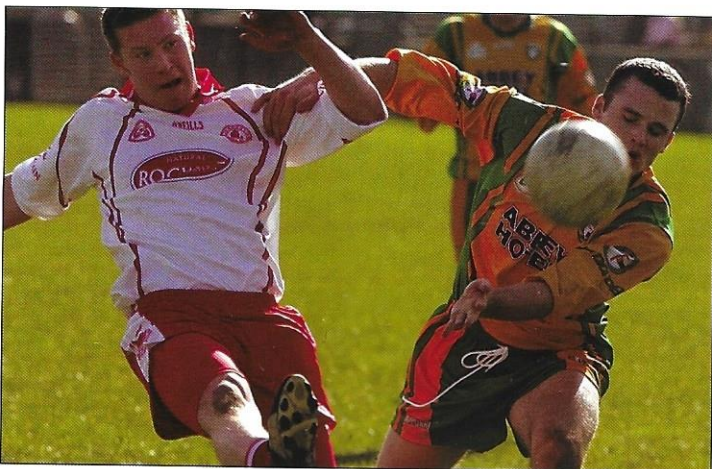
And from the U21 Perspective...

Liam Donnelly and Martin Coyle (Tyrone U21 Managers)

A team's opening match in any Championship is always both difficult and unknown. If you win, you'll have a much better feel for the potential of your team ... a feel that you can never get from challenge matches or training. Equally, if you lose, the show's over and all you have are "what-might-have-beens".

We're happy with the preparation we've all put in for this game this evening. We've worked hard and taken our football seriously. It was vital that we did so because Donegal represent very powerful opposition. We know how good they are from the contests there's been between us in recent years in the like of the Buncrana Cup and at Minor level. Donegal football is on a roll generally at the minute and that sort of momentum is something you always like to have with you.

It's good that we have the Senior/U21 double bill this evening. We believe gaelic football is very important ... and particularly for our younger people. That's why it's important to showcase it. We're looking forward to playing our part.



Summer Camps '07



Club Tyrone
Cumann Thír Eoghain

JULY 2ND-5TH

Beragh, Clogher,
Killiclogher,
Owen Roes,
Eskra, Augher
& Aghaloo

JULY 9TH-12TH

Drumragh,
Clann Na nGael,
Tattyreagh, Urney,
Clonoe, Strabane
& Derrytresk

JULY 16TH-19TH

Rock,
Coalisland,
Greencastle,
Omagh
& Fintona

JULY 23RD-26TH

Eglish, Kildress,
Glenny,
Galbally,
Edendork
& Stewartstown

JULY 30TH-2ND

Carrickmore, Killshil,
Donaghmore, Trillick, Aghyaran,
Killyman & Gortin

AUGUST 6TH-9TH

Brockagh, Drumquin,
Moortown, Dromore, Moy
& Castlederg

AUGUST 13TH-16TH

Dungannon, Ardboe,
Cookstown, Errigal Ciaran
& Pomeroy

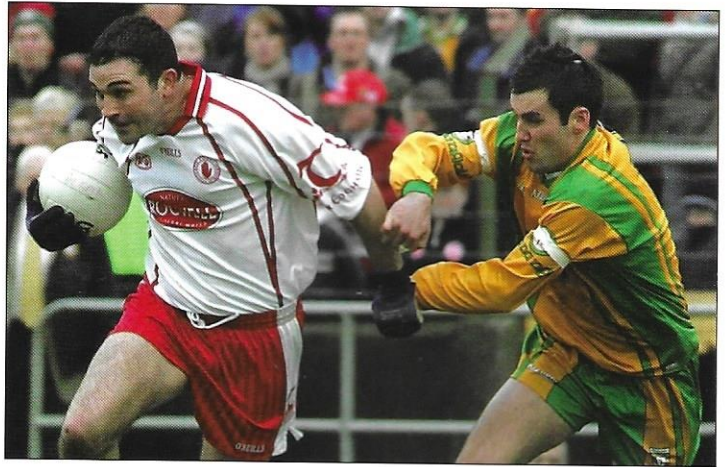
TOTAL COST £25 PER PERSON, PER CAMP

We have been here before...

Tyrone v Donegal

Tyrone and Donegal are relative newcomers to football's top table, Tyrone having had to wait until 1956 to make the Ulster breakthrough whilst Donegal's day-of-days didn't arrive until 1972. RedHand View takes a look at a couple of previous high-profile Championship clashes between the counties.

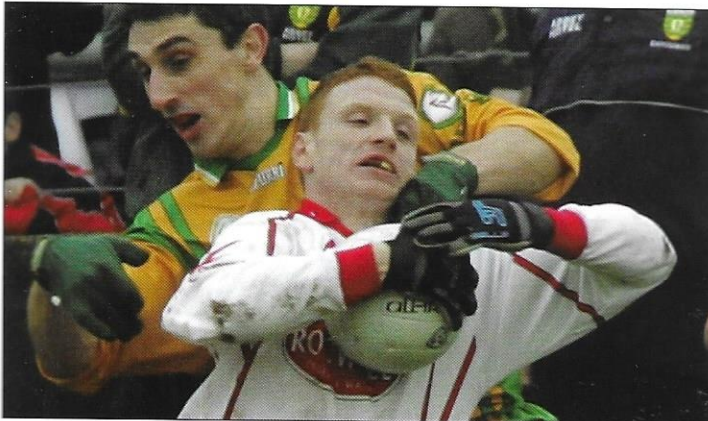
We'll start in 1972, on Ulster Final day on a wet, wet Sunday 30 July in Clones. After a 1960s dominated by great Down/Cavan Finals, Tyrone had reached the decider for the first time since 1957. Donegal had been there in 1963 and 1966 (the first ever live television broadcast of a provincial Final) but had still to win an Ulster Senior title. It was a unique pairing and, though we didn't know it at the time, an obvious sign that the old Ulster (and even National?) GAA order was changing.



For three-quarters of the game Tyrone looked likely winners, a punched goal by Brendan Dolan seeming to give us the edge as well as a half-time lead of 1-6 to 0-5. Again, little did we know it, but that would be the last Championship match the talismanic Brendan would play for us. With the final quarter well underway Donegals' Seamus Bonner - one of their great talismanic figures and father of current Dublin player

Ciaran - launched a high ball in from some fifty metres which went all the way to the Tyrone net. It changed the game and Donegal ran out deserving winners, by 2-13 to 1-11.

Earlier that day Frank McGuigan had captained Tyrone Minors (with Mickey Harte at full-forward) to the Ulster title. Such was his talent that he had also been named at mid-field on the Tyrone Senior team ... but, in the days before we even knew what "player burn-out" was, it was ruled that he had to play in his own grade, ie the Minor game. Seamus Donaghy replaced him in a Tyrone line-out that read: Ciaran Harte, Ollie Nugent, Peter Mulgrew (Captain), Jackie Duffy, Mickey John Forbes, Gerry Taggart, Mickey Hughes, Brendan Dolan, Seamus Donaghy, Patsy Hetherington, Sean McElhatton, Paddy McMahon,





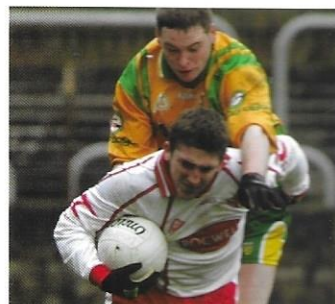
Hugh Crawford, Kevin Teague, John Early. Donegal's history-making team meanwhile lined out: Alan Kane, Donal Monaghan, Pauric McShea, John Boyce; Brian McEniff, Anthony Gallagher, Anton Carroll, Seamus Bonner, Frank McFeely, Martin Carney (yes, the same one!), Mickey McMenamin, Declan O'Carroll, Seamie Granaghan, Michael Sweeney, Joe Winston.

Twenty-two years later the paths crossed again, this time in an Ulster Semi-Final at Breiffni Park. If 1972 had only been Donegal's third Ulster Final ever, in 1994 they were going for a hugely-impressive sixth successive Final appearance and had of course been All-Ireland Champions just two years earlier.

Tyrone meanwhile had been experiencing a drought and our 1989 Ulster Final replay win over Donegal was to be the last game we'd win in the Championship until 1994.

Sunday 26 June was another wet day ... but there was a sense in GAA circles that maybe Tyrone were rising whilst Donegal were slipping. So it turned out and Tyrone won well, by 1-15 to 0-10. Stephen Lawn scored Tyrone's goal and our then "Terrible Twins", Canavan and Cush, scored nine of our 15 points. One of Peter Canavan's points, bent in with the outside of

the foot into the "town end" goals, is still remembered by all who saw it. Tyrone would lose the Ulster Final by 1-17 to 1-11 to a powerful Down team that had already beaten All-Ireland Champions Derry (in what many say is the greatest game of gaelic football ever played) and would go on to bring a fourth successive All-Ireland to Ulster. Tyrone's team against Donegal was: Joe Cassidy, Gareth McGirr, Chris Lawn, Fay Devlin, Paul Donnelly, Fergal Logan, Aidan Morris, Ciaran Corr, Plunkett Donaghy (0-2), Adrian Cush



(0-3), Adrian Kilpatrick (0-1), Stephen Lawn (1-0), Eamon McCaffrey (0-1), Peter Canavan (0-6), Ciaran Loughran (0-1), Subs; Brian Gormley (0-1), Finbarr McConnell, Sean McLoughlin.

League Standings...

After round three

| Allianz NFL Div 1A | Pld | W | D | L | P Dif | Pts |
|--------------------|----------|----------|----------|----------|-----------|----------|
| Donegal | 3 | 3 | 0 | 0 | +9 | 6 |
| Kerry | 3 | 2 | 0 | 1 | +7 | 4 |
| Mayo | 3 | 2 | 0 | 1 | +6 | 4 |
| Tyrone | 3 | 2 | 0 | 1 | -1 | 4 |
| Cork | 3 | 1 | 0 | 2 | +3 | 2 |
| Limerick | 3 | 1 | 0 | 2 | -2 | 2 |
| Dublin | 3 | 1 | 0 | 2 | -4 | 2 |
| Fermanagh | 3 | 0 | 0 | 3 | -18 | 0 |

Coming up next ...

Sunday 25 March: Limerick v **Tyrone** **Donegal** v Kerry

Saturday 31 March: Kerry v **Tyrone**

Sunday 1 April: Limerick v **Donegal**

Saturday 7 April (if lights available) or Sunday 1 April:
Tyrone v Mayo **Donegal** v Fermanagh

U21 Tyrone

Tír Eoghain

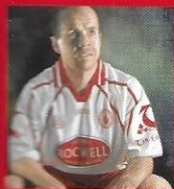


Managers:
Liam Donnelly
Martin Coyle

Réiteoir:
JJ Cleary
Derry



Fír Ionaid/Substitutes: 16. Greg Kelly, An Chraobh 17. John Gilmore, An Chorra Chríochach 18. Niall Kerr, Oileán a'Ghuail 19. Jason McAnulla, An Omaigh 20. Gerard McCaughey, Achadh Lú 21. Niall P McGinn, Domhnach Mór 22. Shane O'Hagane, Cluain Eo 23. Dean O'Neill, An Omaigh 24. Shaun O'Neill, An Droim Mór





U21 Donegal

Dún na nGall



Manager:
Seán Clerkin



Fír Ionaid/Substitutes: 16. Liam Mailey, **Conmhaigh** 17. Noel Hegarty, **Cill Charta** 18. Paddy O'Connor, **Glenn Fhinne**
 19. Martin McElhinney, **Naomh Michael** 20. Brendan McDyre, **Naomh Conail** 21. Dara Gallagher, **Naomh Conail**
 22. Gareth Concar, **Ard an Ratha** 23. Adrian O'Hanlon, **An Clochan Liath** 24. Cathal Lowther, **Naomh Naílle**
 25. Cathal McCarron, **An Clochan Liath** 26. Christy McDermott, **Buncrannaigh** 27. Noel McBride, **An Clochan Liath**
 28. John Faulkner, **Bun An Phobail** 29. Cornie Gallagher, **Gaoth Dobhair** 30. Fergal McNulty, **Urnaí**



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Tyrone

Tír Eoghain



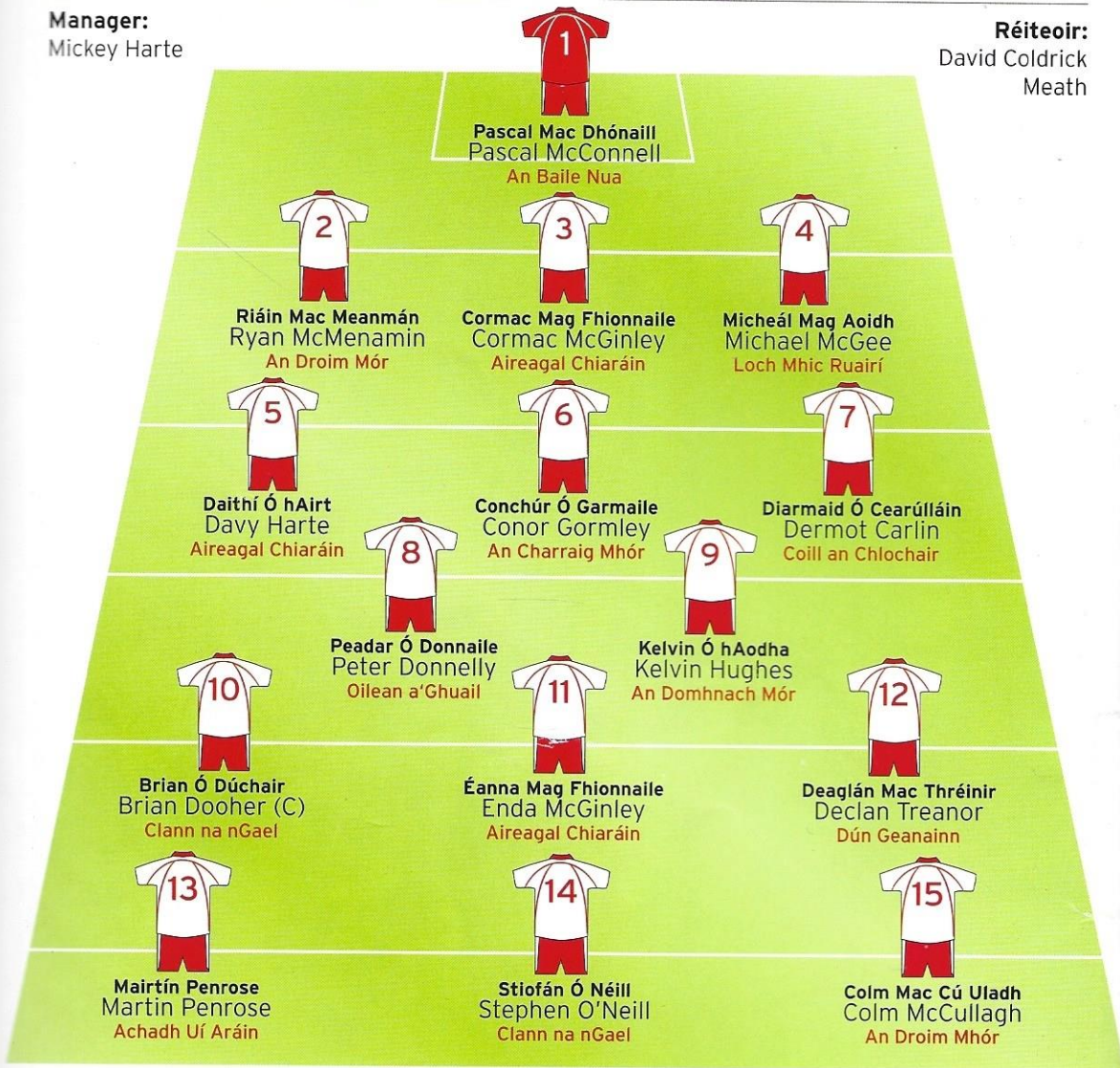
Manager:

Mickey Harte

Réiteoir:

David Coldrick

Meath



Fír Ionaid/Substitutes: 16. Jonathan Curran, Oileann a'Ghuail 17. Gerald Cavlan, Dún Geanainn 18. Colm Donnelly, Cluain Eo 19. Niall Gormley, Trí Leac 20. Colin Holmes, Na Clairsigh 21. Kevin Hughes, Cill Íseal 22. Aiden McCarron, Fiontamhnach 23. Damian McDermott, Aireagal Chiaráin 24. Tommy McGuigan, Ard Bó 25. Justin McMahon, An Omaigh 26. Ryan Mellon, An Mhaigh 27. Michael Murphy, An Gallbhaile 28. Paul Quinn, Aireagal Chiaráin 29. Paul Rouse, An Bruach Aille



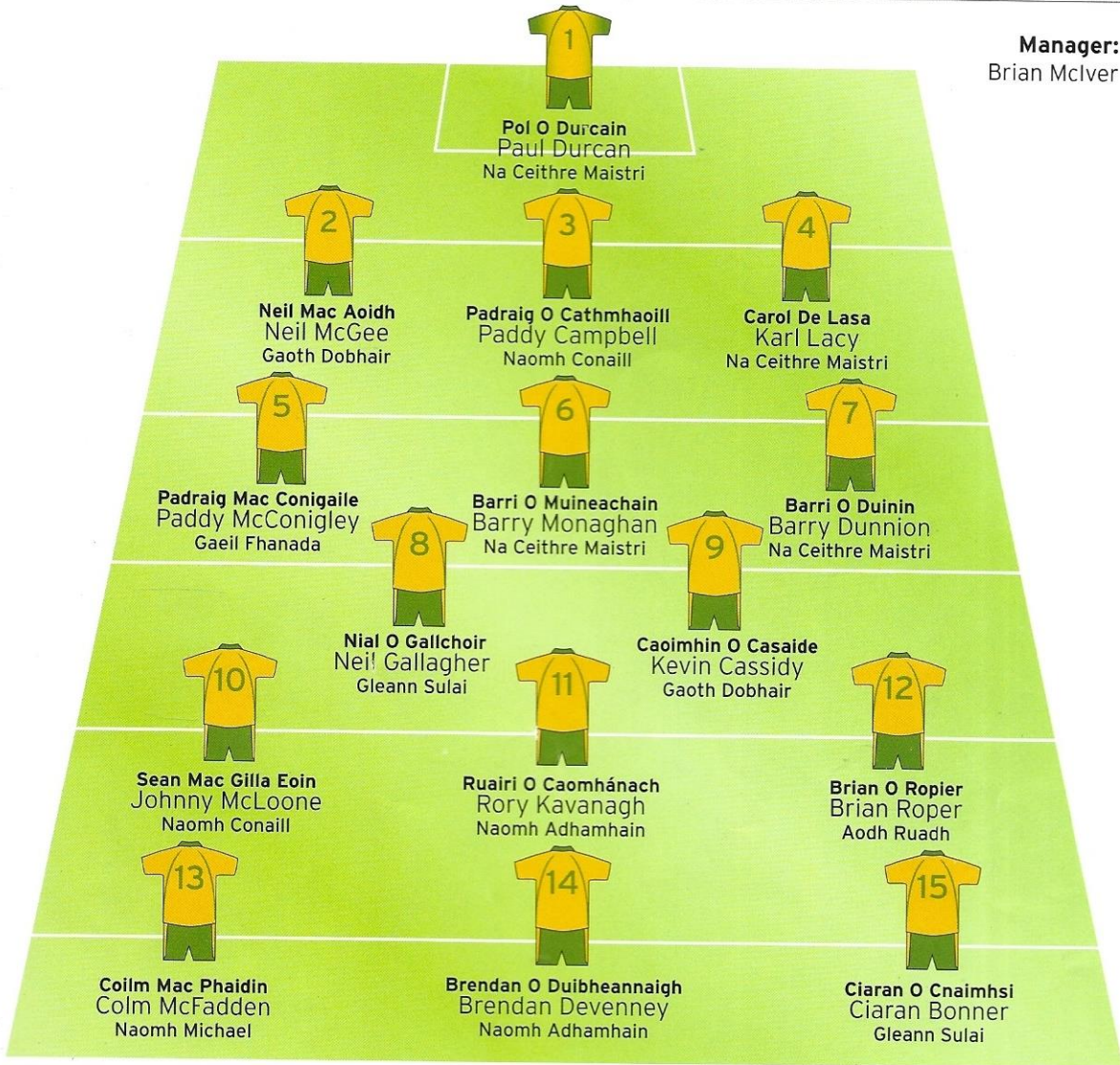
Don't miss Ulster's
brightest GAA weekly
Out Every Friday



Donegal

Dún na nGall

Manager:
Brian McIver



Fír Ionaid/Substitutes: 16. Ciaran Sharkey, An Clochan Liath 17. Thomas Donoghue, Naomh Conaill 18. Eamon McGee, Gaoh Dobhair 19. Joe Friel, Cloich Cheann Fhaola 20. Kevin McMenamin, Tearman 21. Christy Toye, Naomh Michael 22. Adrian Sweeney, An Clochan Liath 23. Leon Thompson, Naomh Conaill 24. Michael Hegarty, Cill Chartha 25. Ryan Bradley, Buncrannaigh 26. Michael Doherty, Na Ceithre Maistri 27. Benny Byrne, Na Ceithre Maistri 28. Denis Boyle, Cloich Cheann Fhaola

GaelicLife

...for the life you lead

Home Thoughts from Donegal

Fr Sean O Gallchoir

Few Counties have a GAA "mine of information" like Donegal's Fr Sean O Gallchoir. RedHand View asked Gortahork-based Fr Sean to share a few Donegal thoughts with us.

BEGINNINGS

To those of us who earned our spurs in Ulster Colleges' football, Saturday visits to mid-Tyrone are most evocative, bringing back memories of November journeys from Falcarragh through Pluck and the Army post at Lifford Bridge and the narrow streets of pre-bypass Strabane to desolate obliging destinations in Beragh or

Carrickmore, Omagh or Tattyreagh. No splendid lights then; no thousands trekking to see us; no diet

sheets, apart from what Kitty had to offer us in the Centre Spot in Letterkenny on the way home, vanquished more often than not, famished always.

Dún na nGall and Tír Eoghain jostled annually in the Lagan Cup in the fifties. The League was re-organised in 1980 (isn't it always being re-organised!) and Dún na nGall languished in Roinn a 3 for four seasons. They eventually met Tír Eoghain in the League in November 1986 and have met nine times in the League since. Tír Eoghain have won four, Dún na nGall two and there have been three draws 1986-2005 :

1986-87 Dún na nGall 1-6
Tír Eoghain 0-9

1995-96 Dún na nGall 0-16
Tír Eoghain 0-7

1996-97 Tír Eoghain 2-6
Dún na nGall 2-6

1998-99 Tír Eoghain 0-12
Dún na nGall 0-11

1999-2000 Dún na nGall 0-10
Tír Eoghain 0-10

2000-01 Tír Eoghain 0-13
Dún na nGall 0-10

2002 Dún na nGall 1-10
Tír Eoghain 0-11

2003 Tír Eoghain 1-14
Dún na nGall 0-10

2005 Tír Eoghain 1-11
Dún na nGall 0-10

Dún na nGall have scored ten points in each of the last five encounters, adding a goal by Christy Toyne to win in 2002. Ten points will hardly be enough tonight!

1986

Dún na nGall played All-Ireland runners-up Tír Eoghain in Ballybofey on November 30, 1986. Tír Eoghain were the better side in the first half and led 0-4 to 0-2 at half-time. Dún na nGall lost Martin Griffin to injury just before the interval. They got back into the game after 40 minutes. Aidan Skelton ushered a ball wide (he said it was 'a mile wide'), Declan Bonner kept playing, flicked the ball to Manus Boyle who found the net.

Tír Eoghain's last-minute equaliser was also controversial as John Gough penalised Eunan Gallagher for overcarrying and Stephen Conway pointed the free.

Dún na nGall: Noel McCole, Eunan Gallagher, Tommy McDermott, Matt Gallagher, Donal Reid, Corny Carr, Martin Shovlin, Joyce McMullan (0-1), Martin Griffin, Marty Carlin (0-2), Charlie Mulgrew (0-1), Declan Bonner, Leslie McGettigan, Michael Lafferty, Manus Boyle (1-2).

Subs: Sylvester Maguire, Seán Bonner.

Home Thoughts from Donegal

Continued

Tír Eoghain: Aidan Skelton, Jody Hughes, Pat McKeown, Joe Mallon, Noel McGinn, Paddy Ball, Raymond Munroe, Plunkett Donaghy (0-1), Harry McClure, Micky McClure (0-1), Stephen Conway (0-6), Seán McNally (0-1), Stephen Rice, Damien O'Hagan, Paudge Quinn. Sub: Stephen Devine.

CHANGE

Much has changed since 1986. 1992, 2003, 2005 happened. Much has also changed inside Dún na nGall in recent years. When Dún na nGall won the All-Ireland, 11 of the 16 players were from the South-West Division (nine from the four big clubs - Ard a' Rátha, Cill Chartha, Na Cealla Beaga, and Naomh Columba). When Dún na nGall beat Baile Átha Cliath a fortnight ago none of the 20 players used were from the 4 aforementioned clubs. The balance of power within the South-West itself has changed with Naomh Conall of Glenties (club of Dún na nGall's young County Rúnaí, Crona Regan) now to the fore, winning their first Senior Championship

in 2005, the 2006 U21 Championship and having three players and a substitute on duty for Dún na nGall a fortnight ago.

The North-West division had no one on the All-Ireland-winning 16 of 1992. Today there are 11 players from North-West clubs on the county panel, including three from County Champions Gaoth Dobhair and four from the unheralded Naomh Mícheál (Creelough/Dunfanaghy) club. Gleann Súilí/Glenswilly is another recent success story providing County captain Neil Gallagher as well as Ciarán Bonnar and Michael Murphy, who will be one of the U21 team's main men and who should lead St Eunan's College to McLarnon Cup success this month. If Brian Roper plays tonight he will be facing Tír Eoghain for the seventh time in the League.

EVEN

Three weeks is a long time in football and Dún na nGall are keen to erase the memory of

their first-half squandermania and second-half surrender in the Dr McKenna Cup final. Brian McIver realises that Tír Eoghain have to show that defeat in Cork was an aberration. Healy Park tonight should be no place for those who want a pleasant evening out. In their last nine League clashes with Tír Eoghain, Dún na nGall have scored 4-89 as against Tír Eoghain's 4-93, which suggests Tír Eoghain should win by half-a-point. That's a draw in anyone's language.

U21's

Dún na nGall have fallen at the first hurdle in the U21 Championship for the past three years, albeit to reigning All-Ireland Champions Ard Mhacha in 2005 and to the eventual Ulster Champions Tír Eoghain in 2006. They have no illusions about 2007.

They will have to perform extraordinarily well to avoid the 4-in-a-row. But there is a lot of talent and experience in Seán Clerkin's squad.

Just the facts

- Nearly 147,000 people live in Donegal ... but before the Famine twice as many (ie 296,500) lived there.
- The County has grown by nearly 10,000 people in the past four years.
- The County's first football Champions, in 1905, were Lamh Dearg, Letterkenny.
- Nearly 20,000 Donegal people use Irish on a daily basis.
- There are 40 GAA Clubs in Donegal.

The Scór Factor

If it's winter ... it must be Scór time!



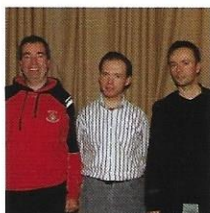
Scór is important to us in Tyrone and it's in a healthy state with the majority of our clubs involved. But we could of course have more people and clubs taking part! Scór is a very simple but very powerful concept: it's about our people using our culture to entertain our people. If that's not a unique "X" Factor all of its own ... then what is?

Killyclogher's GPA (Gaelic Players' Alterations) crew, who won the Novelty Act competition



Ryan Kelly from the Moy, who is the new Solo Singing champion

Trillick, winners in Tráth na gCeisteanna



Omagh's victorious Ballad Group

Eight competitions ... but nine Champions! That's the outcome of Tyrone's Scór Sinsear Finals which took place last Sunday night in Coalisland. The reason? A tie between Omagh and Killyclogher in the Set Dancing ... and of course we don't do "extra time" in Scór! Tyrone's champions then went on to take part in the Ulster semi-final with Donegal and Fermanagh in Aghyaran last night.

Last Sunday brought an end to another vibrant Scór season in Tyrone. A phenomenal 40 of our 48 Clubs took part in Scór na nOg and 31 also stepped up to the mark in Scór Sinsear. That translates into over 1,200 people taking to the stage to promote our culture and represent their communities.

That's the power and the value of Scór.

There's still room for more Clubs of course ... and even though it's now a long way off, maybe you should now be thinking about how your Club could be involved next year! In the meantime our Tyrone Senior Champions and runners-up for 2007 are:

Rince Foirne, Céilí Dancing:

- 1st Omagh
- 2nd Killyclogher

Amhránaíocht Aonair, Solo Singing:

- 1st Ryan Kelly, Moy
- 2nd Dermot McCaughey, Trillick

Ceol Uirlise, Instrumental Music:

- 1st Trillick
- 2nd Drumragh

Aithriseoreach, Recitation:

- 1st Paul Kelly, Carrickmore
- 2nd James McGinn, Killyclogher

Bailéad Ghrúpa, Ballad Group:

- 1st Omagh
- 2nd Killyclogher

Nuachleas, Novelty Act:

- 1st Killyclogher
- 2nd Augher

Rince Seit, Set Dancing:

- 1st Omagh and Killyclogher
- 2nd Edendork

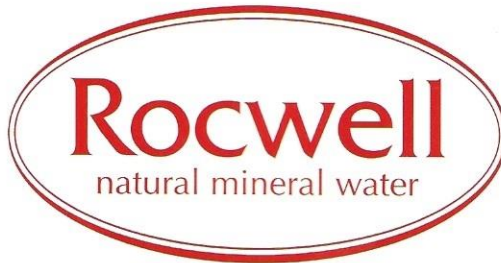
Tráth na gCeist (Quiz)

- 1st Trillick
- 2nd Killyman

Congratulations to them all ... but equally congratulations and thanks to all 1,200 participants who created this year's Scór Factor for the rest of us!



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Coiste Chontae Tír Eoghain C.L.G. wishes to acknowledge the generous financial support provided towards its County Teams and the association in Tyrone for 2007 from all of its sponsors.

footballers' lives

We see them on the field of play...
We follow them all over Ireland...

And we think we know all about them. But what's it really like to be a Tyrone footballer, away from the field of play. RedHand View talks to one of Tyrone's U21 players, Cookstown Fr Rock's Raymond Mulgrew.

Q: Does a footballer have a life?

A: Oh, he certainly does - but it's a bit different from other people's. I suppose the big thing I'd notice is the way it's very difficult to plan things like holidays or just to get-up-and-go someplace. You have to fit things in round the football. I'm not complaining because what I'm at is what I want to be at and I know there's loads of fellows in Tyrone and other counties who would love to be involved in county football. Like many people of my age I'd love to go and get a look at Australia but that just wouldn't fit in with the football at the minute. But then I do get to do other things that can make up for that. And you get plenty of chances to enjoy life. We don't spend our days and nights locked up!

Q: What's Raymond Mulgrew's life outside football?

A: I'm a student at the University of Ulster at Jordanstown ... which is a wee bit painful this week because we lost the Sigerson Final to Queen's last weekend! I live at home in Cookstown though and travel down to Jordanstown three days a week. I'd also work a day or maybe two in

my father's pub, "The Black Horse" in Cookstown.

Q: Back to the football: what does a typical week involve?

A: Things keep changing as the teams' needs change but up until last week my typical week would have involved Tyrone U21s on a Monday night; the Fr Rock's on a Tuesday; UUJ's Sigerson panel on a Wednesday; Tyrone (Seniors or U21s) on a Thursday; and the Fr Rock's on a Friday. Then at the weekend there's usually a match of some sort and you'd also have a bit of gym or weights work to fit in. But that timetable's already eased up, now that the Sigerson's over.

Q: What about balancing Tyrone U21s; Tyrone Seniors; Jordanstown; and your Club, the Fr Rock's?

A: The key thing is to have understanding managers - and I'm lucky to have them. Mickey Harte has been very good about my involvement with Jordanstown and the U21s and then I also play under Martin Coyle at both Club and U21 levels. That makes it a whole lot easier to get the balances right.

And anyway each of those set-ups is different, with different groups involved. That means it's just not the same, night after night. You have to realise too yourself that you won't be able to commit absolutely fully to each team's training schedules. I love the football but it must be terrible to be in a position where you get fed up with it. The good thing about the Tyrone set-ups is that they go for quality rather than quantity in their preparation.

Q: Final word on a Footballer's Life?

A: It's a very good one! For me the best thing about it is the friends you make ... and the fact that they stay friends. At the Sigerson last week I bumped into an old friend, Dan Lynch, that I'd played with in the McRory Cup for Dungannon Academy. Dan was over in Belfast with the Liverpool John Moores team and it was great to make the connection again. It was the football that made us friends and the football that brought us back together. Now for me that's very important. I play football because I enjoy it. That's the way I'd want to keep it.

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"Fail to Plan = Plan to Fail"

Tyrone County Committee's five-year plan

In Tyrone we take our GAA business seriously. It's an important part of life in our County. And it has delivered great benefits for our people.

To help build on what we already have (which of course just didn't come about by accident) and to try to secure our GAA future, the Tyrone County Committee will shortly be starting work on a five-year strategic plan covering all facets of the GAA in our County. This is part of an Ulster Council initiative to have a strategic plan in place



in all nine Ulster Counties. Antrim and Derry have

already produced their plans ... and Cavan and Fermanagh are well-advanced with theirs.

Drawing our plan together will involve a lot of work from a lot of people right across the GAA in Tyrone. We hope to get the bulk of that done this spring. And as part of that work we will want to get the views of, and input from, as many people as possible. We'll be putting processes in place to allow that to happen.

So if over the next few months, either through your Club or in some other way, you see a chance to become involved in this important process ... please grab it with both hands! It's the future prosperity of the GAA in Tyrone we're talking about here. And there aren't many things more important than that!



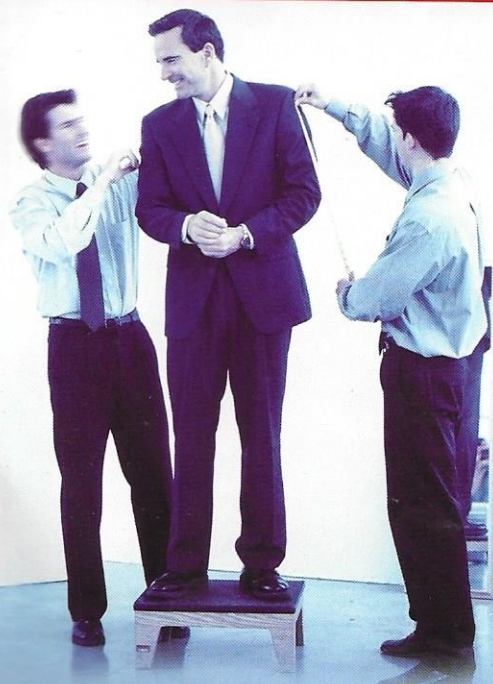
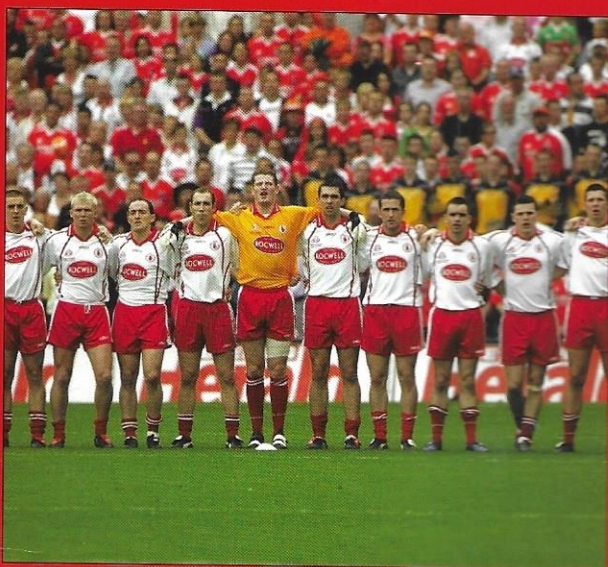
Bail o Dhia Ar An Obair



RedHand View, on behalf of the Gaels of Tyrone, would like to congratulate our new Ulster Council Chairman, Ballyshannon's Tom Daly, on his recent election to the leadership of the GAA in our Province.

Tom has already made an immense contribution to the development of gaelic games and in that maintains a wonderful family tradition. We wish him well and offer our full support over the next three years.

At the same time, and in the same way and spirit, we thank Micheal Greenan for his unstinting work as Chairman over the past three years.



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Ones to watch

Today's Mini Exhibition Games

Paul Campbell, Francis McElhatton, Pdraig Conway, Aidan Doyle, Ronan Maguire, Karsan Varsani (Holy Trinity Cookstown);

Eoin Ruddy, B.J McGurk (St Josephs Killeenan);
Leanne Harte (St Marys Girls Strabane);

Stephanie McDonald (Omagh Convent PS);

Sorcha Mulgrew, Ryan Sheeky (St Peters Ardboe);
Connel McVey, Daragh McVey (St Patricks Moortown);

Daniel Davidson, Shannon McCann (Brockagh PS);

Darren Devlin, Sara-Jane Coyle (St Marys Stewartstown);

Helen McAleer, Ronan Christie (St Patricks Donaghmore);

Sarah Carberry, Ryan Hagan (St Josephs Galbally);

Gavin Goodfellow, Ryan Loughran (St Marys Pomeroy);

Grace Murphy, Conrad Avernety (Carland PS);

Ronan McGee, Paul McKay, Nathan Fullerton, Terry McElroy (St Columbkilles Carrickmore);

Pearse Grimes, Aoibheann O'Kane (St Teresas Loughmacrory);

Mark Fox, James Rafferty (St Patricks Creggan).

Help us ... help the GAA in Tyrone ... and help yourself at the same time!

Tyrone's 2007 Summer Camps programmes are already being worked up as the advert points out. It might be stating the obvious but Summer Camps without coaches don't do a lot to develop the GAA in Tyrone!

We need large numbers of good coaches, football and hurling, to make our Summer Camps work. If you have Foundation-level coaching and Child Protection training and are interested in some worthwhile and well-organised summer work close to home, then we'd like to hear from you! (Even if you haven't the training, we'll be putting some courses in place in June that would leave you fully-qualified).

Interested? Then send your coaching CV to;

Ann Doohar

Tyrone County GAA Offices, James Street, Omagh
Tel: 028 8224 9060 Email: fdo@tyrone.gaa.ie

Summer Camps '07

Club Tyrone
The Tyrone

| | | | |
|--|---|--|---|
| 2007-2008 Ardara, Carrick, Carrickmacross, Carrickmacross, Carrickmacross, Carrickmacross & Ardara | 2007-2008 Donagh, Carrickmacross, Carrickmacross, Carrickmacross, Carrickmacross & Carrickmacross | 2007-2008 Derry, Carrickmacross, Carrickmacross, Carrickmacross & Carrickmacross | 2007-2008 Fahy, Carrickmacross, Carrickmacross, Carrickmacross & Carrickmacross |
|--|---|--|---|

TOTAL COST €25 PER PERSON, PER CAMP

Redhandview

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We'd like to thank the Donegal County Committee for their help in bringing this programme together.



**THE GAA
IS ALL
FUNKED UP!**

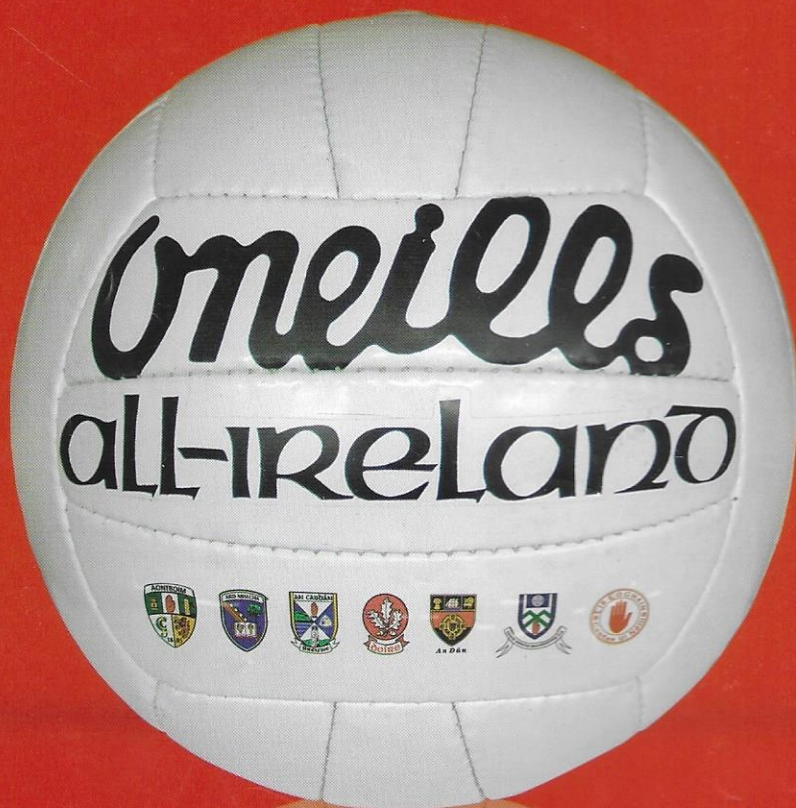
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