
Clár
Oifigiúil



Comhairle
Uladh
C.L.C.G.

ULSTER FOOTBALL FINALS



at Casement Park, Belfast, on Sun.,
29th July, 1962.

SINNSEAR

AN DÚN v. AN CABHÁN

at 3.45 p.m.

Reiteóir : S. Ó Dubhlainn, Ua bhFailghe.

MIONUIR

ÁRD MACHA v. AN DÚN

at 2.15 p.m.

Reiteóir : P. Mac Eoin, Aontruim.

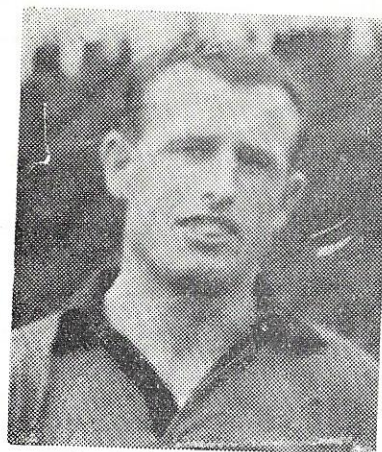
LUACH - - 6p.

CRAOBH-CHLUICHI ULADH

(Peil na Sinnsear)

1937 — 1961

1937	— An Cabhán	0 13	Árd Macha	0 3	— Caislean Mathuna
1938	— Muineachán	2 5	Árd Macha	2 2	— Árd Macha
1939	— An Cabhán	2 3	Árd Macha	1 4	— Ath Cliath
1940	— An Cabhán	4 10	An Dún ..	1 5	— An Cabhán
1941	— An Cabhán	3 9	Tír Eoghain	0 5	— Árd Macha
1942	— An Cabhán	5 11	An Dún ..	1 3	— Dún Dealgan
1943	— An Cabhán	2 3	Muineachán	0 5	— An Cabhán
1944	— An Cabhán	1 9	Muineachán	1 6	— Cluain Eois
1945	— An Cabhán	4 10	Fir Manach	1 4	— Cluain Eois
1946	— Aontruim ..	2 8	An Cabhán	1 7	— Cluain Eois
1947	— An Cabhán	3 4	Aontruim ..	1 6	— Cluain Eois
1948	— An Cabhán	2 12	Aontruim ..	2 4	— Cluain Eois
1949	— An Cabhán	1 7	Árd Macha	1 6	— Cluain Eois
1950	— Árd Macha	1 11	An Cabhán	1 7	— Cluain Eois
1951	— Aontruim ..	1 7	An Cabhán	2 3	— Cluain Eois
1952	— An Cabhán	1 8	Muineachán	0 8	— An Cabhán
1953	— Árd Macha	1 6	An Cabhán	0 5	— Béal Feirsde
1954	— An Cabhán	2 10	Árd Macha	2 5	— Cluain Eois
1955	— An Cabhán	0 11	Doire ..	0 8	— Cluain Eois
1956	— Tír Eoghain	3 5	An Cabhán	0 4	— Cluain Eois
1957	— Tír Eoghain	1 9	Doire ..	0 10	— Cluain Eois
1958	— Doire ..	1 11	An Dún ..	2 4	— Cluain Eois
1959	— An Dún ..	2 16	An Cabhán	0 7	— Cluain Eois
1960	— An Dún ..	3 7	An Cabhán	1 8	— Cluain Eois
1961	— An Dún ..	2 10	Árd Macha	1 10	— Béal Feirsde



P. Ó DOCHARTAIGH
An Dún

A Captain's Part

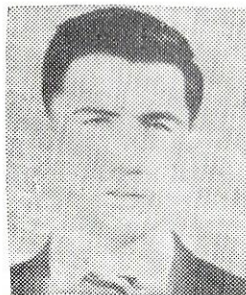
While the passage of the years may have considerably reduced the activities and powers of a team captain, he still retains a very important role. Time was when his opinion largely shaped the make-up of a



S. MAC DOMHNAILL
Cabhán

team and its tactics, but although he rarely now has any such voice he is far from being the figure-head that some would have us believe. On his success as an unobtrusive leader much depends. Indeed, to-day it would seem that the maxim that he must command respect is outmoded. Very many hold that the modern captain must earn the esteem of his colleagues. To-day he leads by example rather than precept—a fact that demands greater qualities than were called for in his father's time.

Off the field as well as on it the good captain is always on duty. On his fair-mindedness and honesty of purpose, whatever the prize, very much depends. He should be able to hold his men together in one happy family, ever to be watchful for the slightest sign of grievance, real or imaginary and inspire his men in times of stress on the field. But most important of all he should comport himself in the manner of a true sportsman in time of defeat, however galling is the disappointment he secretly feels. That most captains endeavour to live up to the trust reposed in them is illustrated by the number we have seen grow in stature both as players and as men during the term of leadership.



G. Ó BROIN
Árd Macha



T. MAC AOIDH
An Dún

TO-DAY'S REFEREES

SENIOR



S. Ó Dubhlainn (Ua bhFairghe)
John Dowling (Offaly)

MINOR



P. Mac Eoin (Aontruim)
P. McKeown (Antrim)

Umpires in Senior Final

S. Mac Canna (Aontruim)

S. Mac Iomhair (Doire)

S. Ó Cinneide (Dún na nGall)

F. Ó Neill (Tír Eoghain)

An t-Amhrán Náisiúnta

(Amhrán na Laoch)

CURFÁ :

Sinn-ne Laochra Fáil
Atá fe gheall ag Éirinn,
Buíon dár slua
Thar tuinn do ráinig chughainn,
Fé mhóid bheith saor.
Sean-tír ár sinnsear feasta
Ní fágfar fé'n tíorán ná fé'n tráil
Anocht a théam sa bhearna baoil
Le gean ar Gheadhil chun báis nó saoil
Le guna scréach fe lámhach na bpiléar
Seo libh canaidh Amhrán na Laoch.

The Intermediate Schools and Gaelic Games

THE new secondary intermediate schools of the Six Counties have sprung up like mushrooms over the past ten years. From their earliest days the Ulster Council has realised their importance in the development of the Association in the Northern Counties.

Football

In Down, where the first schools opened up, competitions were started in 1959. However, the first real "break through" on the provincial basis took place during the season just past. At the instigation of Donald Donnelly, Omagh, a meeting was called of the schools in West Ulster scattered from Ballinascreen to Enniskillen. A committee was formed with Donald as secretary, Malachy Mahon, Irvinestown, as Chairman, and Rev. Brother Fachtnann, Enniskillen, as treasurer.

St. Colman's, Strabane, emerged as winners of the league organised by this committee and seven schools from Counties Derry, Fermanagh and Tyrone took part.

The existing units in Down and Antrim were later included in the first all "six-county championship". St. Patrick's, Omagh, defeated Randalstown in the semi-final but were later defeated in the final by Newry Technical at Casement Park.

Hurling

The County Antrim schools are already taking part in local competitions and the game is being played in many of Down schools but no competition has as yet been organised.

Trophies

These were presented by the Tyrone County Board, Messrs. T. J. Scallon & Sons, Ltd., Irvinestown, and by Mr. Billy Charlton, also of Irvinestown.

Finance

These schools have no funds to draw upon and the competitions were carried through with the aid of the Ulster Council grants, and subsidies from some of the County Boards.

The Future

Number one item on the agenda of the Intermediate Schools Convention to be held in Belfast in September will be the organising of a Hurling Competition embracing all the schools in the Province. The few schools which did not take part in last year's Football Competition have already undertaken to come in during 1962/'63. — (CONTINUED ON PAGE 7)

AN CABHÁN

PEIL NA SINNSEAR

Colours :

BLUE & WHITE

1

S. Mac an Tuile

(J. Flood)

2

G. Ó Ceallaigh
(G. Kelly)

3

P. S. MacCaffrey
(P. J. McCaffrey)

4

M. Mac Brádaigh
(M. Brady)

5

A. Ó Muirgheasa
(A. Morris)

6

T. Mag Uidhir
(T. Maguire)

7

S. Mac Domhnaill
(J. McDonnell)

8

R. Ó Cearbhallain
(R. Carolan)

9

T. Ó Loingsigh
(T. Lynch)

10

C. Mac Gabhann
(C. Smith)

11

A. B.
Ó Donnchadha
(H. B. O'Donoghue)

12

S. De Staford
(J. Stafford)

13

S. Mac Mathúna
(J. McMahan)

14

C. Ó Gallchobhair
(C. Gallagher)

15

S. Mac Brádaigh
(J. Brady)

FIR IONAIÐ :

16, P. S. Ó Gormain (P. J. Gorman); 17, P. Ó Gamhna (P. Gaffney);
18, S. Ó Cuinn (J. Quinn); 19, G. Ó Cleirigh (G. Clarke); 20, M.
Ó Riain (M. Ryan); 21, M. Ó Ceallaigh (M. Kelly).

An Cabhán	Cúil Goals	Cúilíní Points	Seachai Overs	50 sl. 50's	Saor-Chíceanna Free Kicks
1adh Leath 1st Half					
2adh Leath 2nd Half					
Iomlán Total					

AN DÚN

PEIL NA SINNSEAR

Colours :

RED & BLACK

1

E. Mac Aodha

(E. McKay)

2

S. Ó Labhradha
(G. Lavery)

3

L. Ó Murchadha
(L. Murphy)

4

P. Ris
(P. Rice)

5

P. Ó hAdhmaill
(P. Hamill)

6

D. Mac Artain
(D. McCartan)

7

P. Ó hAgain
(P. O'Hagan)

8

S. Ó Ciardha
(J. Carey)

9

S. Ó Leannain
(J. Lennon)

10

S. Ó Neill
(S. O'Neill)

11

S. Mac Artain
(J. McCartan)

12

P. Ó Dochartaigh
(P. Doherty)

13

A. Ó hAidin
(A. Hadden)

14

P. S.
Mac Giolla Ruaidh
(P. J. McElroy)

15

B. Ó Muireagain
(B. Morgan)

FIR IONAIÐ :

16, G. Mac Caisin (G. McCashen); 17, C. Ó Neill (K. O'Neill);
18, C. Ó Maosan (K. Mussen); 19, E. Ó Luinigh (E. Lundy);
20, S. Mac Gabhann (J. Smith).

An Dún	Cúil Goals	Cúilíní Points	Seachai Overs	50 sl. 50's	Saor-Chíceanna Free Kicks
1adh Leath 1st Half					
2adh Leath 2nd Half					
Iomlán Total					

ÁRD MACHA

Dearg is Dubh (Red and Black)

- 1 **T. Ó Maoil Steighe**
(T. McStay)
 - 2 **S. de Freins**
(J. French)
 - 3 **P. Ó Lochrain**
(P. Loughran)
 - 4 **S. Ó Muireagain**
(J. Morgan)
 - 5 **P. Mac Giolla Padraig**
(P. Fitzpatrick)
 - 6 **G. Ó Broin**
(G. Byrne)
 - 7 **P. Ó hAnluain**
(P. O'Hanlon)
 - 8 **C. Ó Conchobhair**
(C. O'Connor)
 - 9 **D. Mac Giolla Poil**
(D. Powell)
 - 10 **S. Ó Dalaigh**
(J. Daly)
 - 11 **M. Ó Ruis**
(M. Rushe)
 - 12 **S. Ó hEageartaigh**
(K. McGeough)
 - 13 **C. Mac Eochaidh**
(D. Toner)
 - 14 **D. O Tomhnair**
(L. McEvoy)
 - 15 **L. Mac Aodhbhuidhe**
(J. Hegarty)
- FIR IONAIÐ :**
- 16 **G. Mac Suibhne** (G. Sweeney)
 - 17 **O. Ó Murchu** (O. Murphy)
 - 18 **P. Ó Mordha** (F. Moore)
 - 19 **T. Ó Floinn** (T. Flynn)
 - 20 **P. Ó Ceallachain** (P. O'Callaghan)

AN DÚN

Bui (Saffron)

- 1 **M. Mac Gabhann**
(M. Smith)
 - 2 **S. Mag Corraidhin**
(J. McGorrian)
 - 3 **P. Mac Ardghail**
(P. McArdle)
 - 4 **S. Ó Ruairc**
(J. O'Rourke)
 - 5 **T. Ó Muireagain**
(T. Morgan)
 - 6 **P. Mac Aoidh**
(P. Magee)
 - 7 **L. Mac Artain**
(L. McCartan)
 - 8 **L. Mac Giolla Phoil**
(L. Powell)
 - 9 **D. Mac Seinin**
(D. Jennings)
 - 10 **D. de Puirtuil**
(D. Purdy)
 - 11 **B. Mac Seain**
(B. Johnston)
 - 12 **P. Mac Muircheartaigh**
(P. Murdock)
 - 13 **S. Ó Murchadha**
(J. Murphy)
 - 14 **S. Ó Baothghalaigh**
(J. Bohill)
 - 15 **U. Ó Cathain**
(V. Kane)
- FIR IONAIÐ :**
- 16 **S. Ó Murchadha** (J. Murphy)
 - 17 **G. Ó hEachaidhin** (G. Haughian)
 - 18 **P. Mac Aodha** (P. McKay)
 - 19 **P. Mac Treinfhir** (P. Treanor)
 - 20 **R. Ó Muireagain** (R. Morgan)

Every individual and club can help in this ambitious scheme by assisting with transport or supplying equipment, thus helping to cut down the heavy financial outlay. However, by far the greatest good can be accomplished by co-operating with managers in the planning stage and ensuring that each new school is equipped with a playing pitch suitable for hurling and football. If that aim can be realised then every youth will have had a chance of playing Gaelic games for at least four years of his life and the G.A.A. in the "six counties" will be able to look forward to a very bright future.

TRAINING

and . . . KEEPING FIT

TO be successful or to enjoy playing football a person should be fit. This means that he should have strength, stamina and speed to a considerable degree, varying of course according to his position or the standard of football he plays. All three can be developed by training and generally speaking training should cater for all of them though a player should assess which he requires most and load his training accordingly.

Strength can be developed by performing "strong" exercises, that is, where the strength already possessed is being used to near maximum. For example jumping high from a crouch position repeatedly will strengthen the legs; the popular cycling action while lying on the back will not. Obviously only the body parts being used will become stronger, so the exercises should deal in turn with arm, abdominal, back and leg muscles.

Stamina is concerned with the ability to keep going. It will develop if a player regularly participates in fairly energetic activity for a considerable time. He should try to extend his capacity a little further each time; to keep going just a little longer than is comfortable.

Speed, though limited probably more than the others by natural ability, can undoubtedly be increased by appropriate training. This consists of repeating the movement—a sprint, picking up the ball, clearing the ball, etc.—at full speed. To do them at less than full speed will not help.

The ideas behind training fall under these headings but in practice the demarcation lines will not be obvious. Some activities may serve more than one purpose. Though knowledge about methods of training and their affects are most helpful, common sense is a good substitute. Using it a player can assess his weakness and plan a remedy. In all cases enthusiasm, persistence and a degree of dedication to the idea of being fit are essential.

"J. McK."

The Record — Provincial Winners

Senior Football (75)

CAVAN (43)	—1887, 1889, 1891, 1892, 1893, 1894, 1895, 1896, 1897, 1898, 1899, 1905, 1906, 1908, 1915, 1918, 1919, 1920, 1923, 1924, 1925, 1926, 1928, 1931, 1932, 1933, 1934, 1935, 1936, 1937, 1939, 1940, 1941, 1942, 1943, 1944, 1945, 1947, 1948, 1949, 1952, 1954, 1955.
ANTRIM (11)	—1900, 1901, 1902, 1904, 1909, 1910, 1911, 1912, 1913, 1946, 1951.
MONAGHAN (11)	—1888, 1907, 1914, 1916, 1917, 1921, 1922, 1927, 1929, 1930, 1938.
ARMAGH (4)	—1890, 1903, 1950, 1953.
TYRONE (2)	—1956, 1957.
DERRY (1)	—1958.
DOWN (3)	—1959, 1960, 1961.

Junior Football (48)

CAVAN (17)	—1915, 1916, 1917, 1918, 1919, 1920, 1921, 1922, 1924, 1927, 1932, 1936, 1938, 1940, 1941, 1944, 1957.
ARMAGH (6)	—1925, 1926, 1929, 1935, 1948, 1951.
DOWN (6)	—1931, 1934, 1946, 1947, 1949, 1958.
ANTRIM (6)	—1913, 1914, 1923, 1937, 1942, 1960.
DONEGAL (5)	—1930, 1933, 1939, 1952, 1954.
DERRY (4)	—1945, 1950, 1953, 1955.
FERMANAGH (2)	—1943, 1959.
MONAGHAN (2)	—1956, 1961.

Minor Football (29)

ANTRIM (6)	—1932, 1933, 1936, 1941, 1950, 1955.
TYRONE (6)	—1931, 1934, 1935, 1946, 1947, 1948.
ARMAGH (7)	—1930, 1949, 1951, 1953, 1954, 1957, 1961.
CAVAN (4)	—1937, 1938, 1952, 1959.
MONAGHAN (3)	—1939, 1940, 1945.
DONEGAL (1)	—1956.
DOWN (2)	—1958, 1960.

Most Rev. Dr. McKenna Cup (S.F.) (35)

MONAGHAN (7)	—1928, 1932, 1934, 1935, 1937, 1948, 1952.
CAVAN (7)	—1936, 1940, 1943, 1951, 1953, 1955, 1956.
ARMAGH (6)	—1929, 1931, 1938, 1939, 1949, 1950.
ANTRIM (5)	—1927, 1941, 1942, 1945, 1946.
DERRY (4)	—1947, 1954, 1958, 1960.
FERMANAGH (2)	—1930, 1933.
DOWN (3)	—1944, 1959, 1961.
TYRONE (1)	—1957.

Senior Hurling (46)

ANTRIM (38)	—1900, 1901, 1902, 1903, 1904, 1905, 1908, 1909, 1910, 1911, 1913, 1916, 1917, 1918, 1919, 1920, 1921, 1922, 1924, 1925, 1926, 1927, 1928, 1929, 1930, 1931, 1933, 1934, 1935, 1936, 1937, 1938, 1939, 1940, 1943, 1944, 1945, 1946.
DONEGAL (3)	—1906, 1923, 1932
MONAGHAN (2)	—1914, 1915.
CAVAN (1)	—1907.
DOWN (1)	—1941.

Junior Hurling (15)

ANTRIM (10)	—1950, 1951, 1952, 1953, 1954, 1955, 1957, 1958, 1959, 1961.
DONEGAL (2)	—1947, 1948.
ARMAGH (1)	—1949.
DOWN (2)	—1956, 1960

Minor Hurling (28)

ANTRIM (24)	—1931, 1933, 1935, 1936, 1937, 1938, 1939, 1940, 1945, 1946, 1947, 1948, 1949, 1950, 1951, 1952, 1953, 1954, 1955, 1956, 1958, 1959, 1960, 1961.
DOWN (4)	—1930, 1932, 1934, 1957.

ALL-IRELAND TITLES TO ULSTER

SENIOR FOOTBALL—Cavan (5)	—1933, 1935, 1947, 1948, 1952.
Down (2)	—1960, 1961.
JUNIOR FOOTBALL—Armagh (1)	—1926.
Cavan (1)	—1927.
Down (1)	—1946.
Monaghan (1)	—1956.
Fermanagh (1)	—1959.
MINOR FOOTBALL—Cavan (2)	—1937, 1938.
Tyrone (2)	—1947, 1948.
Armagh (1)	—1949.

RAILWAY CUP COMPETITIONS (F.)

ULSTER (6)	—1942, 1943, 1947, 1950, 1956, 1960.
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COUNTY CHAMPIONSHIPS (1961)

ANTRIM	— S.H., St. John's, Belfast; J.H., Loughgiel; M.H., Loughgiel; S.F., St. John's, Belfast; J.F., Pearse's, Belfast; M.F., St. John's, Belfast.
ARMAGH	— S.F., Collegeland; J.F., Ballyhegan; M.F., Blackwatertown; J.H., Cuchullians, Armagh; M.H., Setantas, Armagh.
CAVAN	— S.F., Crosserlough; J.F., An Chabrach; M.F., Cornafean.
DERRY	— S.F., Bellaghy; J.F., Swatragh; M.F., Bellaghy; J.H., Sarsfields, Derry.
DONEGAL	— S.F., Gaothdobhair; J.F., Caisleann na Finne; M.F., Beal Ath Seanaigh; J.H., Beart; M.H., Beart.
DOWN	— S.F., Newry Shamrocks; J.F., Downpatrick; M.F., Downpatrick. S.H., Ballycran; J.H., Mourne; M.H., Portaferry.
FERMANAGH	— S.F., Aghadrumsee; J.F., Lack;
MONAGHAN	— S.F., Scotstown; J.F., Aughnamullen; M.F., Ballybay; J.H., Castleblayney.
TYRONE	— S.F., Carrickmore; J. F., Gortin; M.F., Coalisland; J. H., St. Vincent's, Dungannon.

ÁR gCHLUICHÍ FÉIN, 1963

(OUR GAMES ANNUAL)

- The next issue of Our Games Annual will be on sale in October — the Annual for every Irish boy and girl — no Irish home should be without a copy.
- It will be brimful of the G.A.A. highlights of the year in photographs and features, and stories based on fact and fiction.
- The Annual will reflect the major G.A.A. happenings of the year at Club, College and County level, and in addition to giving Hurling tips (illustrated) for beginners, will relate of Poc Fada competition over the Cooley Mountains, Hurling in Rome and Football in far-away 'Frisco. Its scope will range from Accelerated Freeze Drying to activities in Fairy Forts.



Tá abhar ann do gach aoinne, idir óg is sean



Dein deimhin ded' chóip — 8/- a luach.