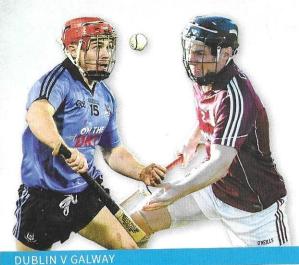


#### SRAITH ALLIANZ 2015 **ALLIANZ FOOTBALL LEAGUE 2015**





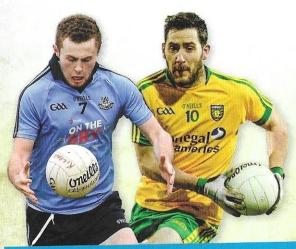
## **BORD NA MÓNA** WALSH CUP

FINAL (Extra-time if necessary)

### ÁTH CLIATH V **GAILLIMH**

**RÉITEOIR:** SEAN CLEERE (KILKENNY)

**THROW IN: 5PM** 



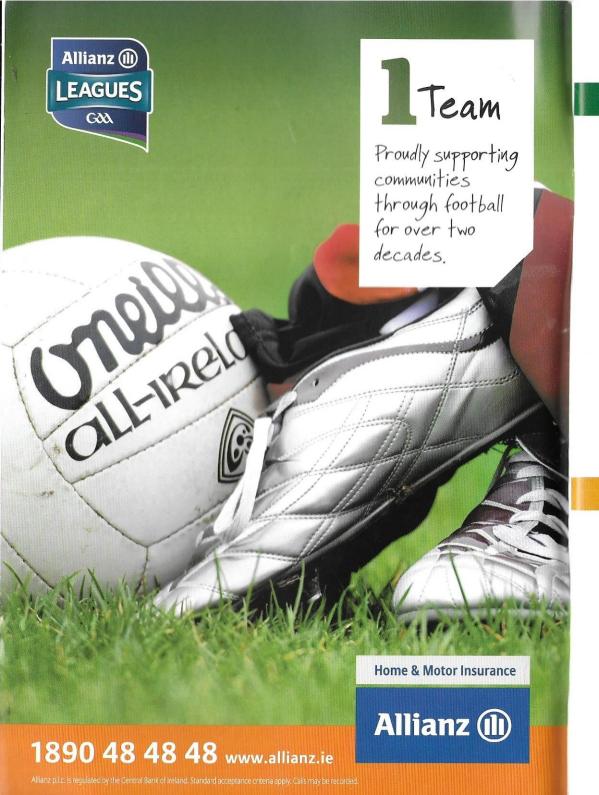
### **ALLIANZ FOOTBALL LEAGUE DIVISION 1** ROUND 2

## **ÁTH CLIATH DÚN NA NGALL**

**RÉITEOIR:** MAURICE DEEGAN (LAOIS)

**THROW IN: 7PM** 

DUBLIN V DONEGAL







### Fáilte ón gCathaoirleach

A chairde, tá fáilte romhaibh go léir go dtí Páirc an Chrócaigh inniú.

I would like to extend a warm welcome to all players, managements, officials and supporters for our Walsh Cup Final between Dublin and Galway. Indeed it is wonderful to start the 2015 Croke Park season with a double header which also sees the Dublin footballers take on Donegal in their Allianz League fixture.

Since Galway's inclusion in the Walsh Cup and the Leinster Hurling Championship there has been a keen rivalry between the Tribesmen and Dublin.

Dublin are of course under new management and I would like to wish Ger Cunningham well in his new role. I am sure himself and the players would like to start off with some silverware and a 7th O'Byrne Cup would be welcome in that regard.

Galway have started the year well and will also be keen to add to their single Walsh Cup win in 2010 in this their fourth final appearance. It all points to a competitive and entertaining game and I wish both sides well.

Sean Cleere from Kilkenny and his officials will take charge of this evening's final and I would like to wish them well and thank them for their ongoing commitment to the association. I would ask all to respect and accept their decisions.

I also wish to thank our sponsors Bord na Móna for their continued support for the Walsh Cup. I hope their representatives here this evening enjoy two fine games.

Finally a word to all our loyal GAA supporters. As we set out on another wonderful season of our games I want to thank you for your continued great support and hope that 2015 will bring you many magic GAA moments and experiences.

Go raibh maith agaibh go léir.

John Horan Leinster Chairman



### BORD NA MÓNA 峰

### **Sponsor's Message**

It is my pleasure to welcome you to the final of the 2015 Bord na Móna Walsh Cup.

We are once again delighted to be title sponsors of the Bord na Móna O'Byrne Cup, Bord na Móna Walsh Cup and the Bord na Móna Kehoe Cup. This relationship began in 2012 and saw us as the first title sponsor in the competitions 60 year history and continues Bord na Móna's strong association with the GAA.

We are back in Croke Park for what I am sure will be a very exciting Walsh Cup Final between the hurlers of Dublin and Galway.

Bord na Móna has a long-standing presence and involvement with the people of Leinster in every community and county through our employees and customers. Sponsorship of these competitions is

a natural fit for our organisation and I would like to thank Leinster GAA for all of their support and engagement which has continued right through to this afternoon's final.

These competitions help finance the Leinster GAA Hardship Fund which has been instrumental down through the years in helping players, player's families and local communities in times of great need and financial difficulty. We are extremely proud of our support of this worthy initiative.

Tá súil agam go mbáinfaidh sibh taitneamh as an cluiche inniú

Le gach dea ghuí

Gerry O'Hagan Bord na Móna

# Croke Park Safety and General Information

#### REGULATIONS Pairc an Chrocaigh

- All persons entering this ground are admitted only subject to the following Rules (which are designated to protect the Health and Safety of all entrants to the ground). Entry to the ground shall be deemed to constitute unqualified acceptance of all of these Rules.
- The management reserves the right of admission
- The instructions of the stewards must be obeyed at all times.
   All persons entering the ground agree
- to be searched by a member of the Garda Síochána. 5. Every person (including infants)
- entering the ground must have a ticket.

  The following are not permitted:
- 6.1 Entry upon the pitch or engaging in conduct that causes or is likely to cause injury or harm to, or otherwise interferes with, disrupts, hinders, or distracts a person playing in, refereeing or otherwise having a role in a match at this ground.
- 6.2 Any unauthorised contact with the boundary wall surrounding the pitch or incursion on to the pitch. Any such unauthorised contact or incursion constitutes a trespass to property.
- 6.3 The climbing of floodlights or other pylons, stands or other buildings. Such behavior constitutes a trespass to property.
- 6.4 Throwing of objects onto the pitch.6.5 Remaining or loitering in any gangway
- or aisle.

  6.6 Behaving in an offensive or indecent
- Behaving in an offensive or indecent manner.
- 6.7 Bringing of alcohol into the ground.
  6.8 Bringing into the ground of fireworks, smoke canisters, bottles, glasses, cans, flags, banners, poles, distress signals, laser pointers and similar articles or containers, including anything which could or might be used as a weapon.
- 6.9 Excessive noise such as that from the use of radio sets or other appliances and behaviour likely to cause confusion or nuisance of any kind including foul or abusive language.
- If a person commits a trespass, reasonable force may be used to prevent, restrain or terminate any trespass.
- Where a person is in breach of any of these rules, or where the management believes that a person constitutes a source of danger to others, or to the ground, such person may be refused entry or ejected from the ground, and reasonable force may be used for that purpose.

#### **Safety and General Information**

Supporters are asked to respect the fact that they are entering and leaving the stadium through residential areas.



#### Safety Notice

In the interests of safety, patrons will not be allowed to enter the playing area after the games.



The policy to prohibit such encroachment in the future has been taken to avoid further injuries and possible fatality and has been taken on the advice and promptings of the safety authorities, namely the Gardai, Dublin City Council, Fire Brigade and the HSE. The full co-operation of supporters is requested to avoid serious injury and to ensure that games can be enjoyed without resource to fencing or avoidable obstructions to seeing action from all vantage points.

Together we can ensure that the Croke Park experience is both enjoyable and safe, particularly for the young and vulnerable.

#### **Smoking Policy**

Croke Park now operates a No Smoking policy except in designated areas of the ground.



#### **Medical Assistance**

First Aid Centres are located in the following areas:

That Aid Cellines are located in the followi	ing areas.
Davin Stand/Cusack Stand Level 3:	Section 312
Hogan Stand Level 3:	Section 333
Cusack Stand Level 7:	Section 701
Davin/Cusack Stand Level 7:	Section 724
Dineen/Hill 16 Cusack Side:	Section A
Medical Centre:	Hogan Players Tunnel

The Site Medical Officer will be situated on the pitch in front of the Cusack Stand. All First Aid Posts are staffed by St. John Ambulance Brigade members.

#### **Lost Children**

Lost children will be brought to the above First Aid Centres.



#### Cúl Green Supporting a Greener Croke Park

Please play your part by co-operating with the Cúl Green initiatives at the Stadium and using the recycling stations provided. Log onto www.culgreen.ie and make a pledge today.



### Welcome Message Brendan Murphy, Ceo Allianz Ireland



#### A Chairde,

On behalf of Allianz Ireland I would like to welcome you all to Croke Park for tonight's Allianz Football League clash.

2015 marks the 23<sup>rd</sup> year of Allianz' sponsorship of the Allianz Leagues making us one of the longest standing supporters of our national games. Our partnership with the GAA has enabled us to impact and support communities across every county of Ireland over the last two decades in a way that no other sports sponsorship could achieve.

Croke Park is not only home to the big days with the top counties going toe to toe on their quest to win national titles, but once again this year we look forward to the fantastic days in this stadium where the stars of tomorrow will feature in the Allianz Cumann na mBunscol finals, a scene that's repeated in communities and club grounds all over Ireland.

Tonight's fixture under lights is another mouthwatering match up in what promises to be a season to remember and gives thousands of fans the chance to witness the skill, passion and dedication of the athletes that form the backbone of the GAA.



Thank you for your attendance here today. Go raibh maith agaibh

Brendan Murphy CEO Allianz Ireland

#### DUBLIN'S NFL SCHEDULE: AT A GLANCE

Cork 1-15 Dublin 0-16 Dublin v Donegal Kerry v Dublin Dublin v Tyrone Mayo v Dublin Dublin v Derry Monaghan v Dublin

February 7 February 28 March 7 March 14 March 28 April 5

Croke Park Tralee Croke Park Castlebar Croke Park Clones

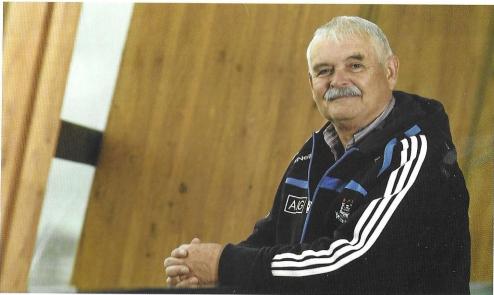


Communications Committee: Jerry Grogan, Mick Hanley, Kevin Nolan, Fiona Waters.

Pics Courtesy of: Sportsfile

## **A Tribute to Andy Kettle**





27 March 2014; Dublin County Board Chairman Andy Kettle following a press conference ahead of their side's Allianz Football League Division 1, Round 6, match against Mayo. Picture credit: Barry Cregg / SPORTSFILE

**DECEMBER 16 LAST** was a very sad day for Fingal Ravens GFC and for Dublin GAA.

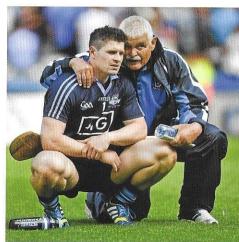
Our club and the county lost one of their great servants to the GAA, with the passing of Andy Kettle.

Andy was a lifelong member of our club and his loss is greatly felt in our club and our parish.

For any young person growing up in Rolestown in the late 1970s Andy, or 'Drew' as we knew him was instantly recognised as a stalwart of Fingal Ravens as you would often see him out marking the pitches or preparing the ground for a match.

When his playing career ended he went straight into managing teams and served on various committees within the club.

He managed these teams and sat on the committees the same way as he played the game, hard but fair.



6 July 2014; Andy Kettle consoles goalkeeper Alan Nolan after the game. Leinster GAA Hurling Senior Championship Final, Dublin v Kilkenny, Croke Park, Dublin. Pic: Ray McManus / SPORTSFILE



12 November 2013; Dublin footballer Bernard Brogan, Dublin hurler Danny Sutcliffe, Dublin ladies footballer Sinead Goldrick and Dublin camogie player Louise O'Hara, in the company of Declan O'Rourke, third from left, General Manager, Ireland, at AIG Europe Limited, and Dublin County Board Chairman Andy Kettle, third from right. Picture credit: Ray McManus / SPORTSFILE

Andy served as club chairman for a few years, beginning in 1983. When he finished on the committees you would still see him at all the games be it at home or away.

Andy returned to committee level within the club in 2003 and in 2004 he was instrumental in bringing Mick Deegan to the club as a coach.

This culminated in an All-Ireland IFC club final appearance for Ravens in 2008.

Andy went on to serve the county, first on the football committee, then as assistant county secretary, vice chairman and in 2010 he was elected as Dublin County Board Chairman.

He was equally at home either at an under-8 friendly in Rolestown or in Croke Park on the third Sunday in September on All-Ireland final day, an honour he had twice with the Dubs.

Whether Fingal Ravens or Dublin were playing at home the visiting team could be ensured of a smiling face and a warm welcome form Andy.

Andy's tenure at the helm of Dublin coincided with a vast upturn in the fortunes of the county's hurlers and footballers at minor, under21 and senior level.

He was also instrumental in ensuring the survival and future of the Fingal hurling side, so much so that they now compete in the Kehoe Cup, the National league and the Nicky Rackard Cup.

If you had a tough challenge ahead, be it on the playing field or in the boardroom, Andy Kettle is the first name you would want on your team sheet.

One of the last duties Andy performed as Dublin County Board Chairman was to present the Dublin Division 2 trophy to our senior team when they won the league and regained their Division 1 status.

This was an immensely proud and emotional day for him as he knew only too well what it meant for a small club like ours to be back playing in the top league in Dublin.

If you had a tough challenge ahead, be it on the playing field or in the boardroom, Andy Kettle is the first name you would want on your team sheet.

For the last four years Andy's was the public face of Dublin GAA but to us in Fingal Ravens he was a lot more besides, he was a team-mate, a colleague, a mentor, a confidant but more importantly he was a gentleman and a friend.

Ar Dheis De Go Raibh a Anam

#### Declan O'Brien

Chairman Fingal Ravens G.F.C

## PAUL FLYNN





31 August 2014; Paul Flynn, Dublin, kicks a point despite the best efforts of Michael Murphy, Donegal. GAA Football All Ireland Senior Championship, Semi-Final, Croke Park, Dublin. Picture credit: Brendan Moran / SPORTSFILE

Paul Flynn, Dublin's only four in-a-row All-Star recipient, says the players and management accept collective responsibility of last summer's All-Ireland SFC semi-final defeat to tonight's opponents, Donegal.

"There are 15 or 20 guys out there on the pitch," says the Fingallians clubman who is currently making his way back to full fitness following surgery.

"You set up a certain way but you have to be able to take control of a situation ourselves too. And if we're getting opened up ourselves, we have to see it and change it and adapt. "We might have a game-plan going out on the pitch, but we don't fully follow it to every letter of the law. You have to be able to see certain plays as they present themselves. Fair enough, he (Dublin manger, Jim Gavin) has taken slack. But each and every one of us in the panel and the backroom team are fully accountable too."

"We played well all year. If you take away one half of the Donegal game, we were really good last year – I think anyway. And I remember really enjoying my football last year because we were playing so well. Such a nice brand of football and we were winning. Everything was going to plan.

And then, one half of football against Donegal... they played really well, outplayed us. You can't completely turned around and say that 2014 was an absolute failure. If you're looking on the bright side, glass half full and all that...but we didn't come out with an All-Ireland."

Reflecting on that sobering defeat Paul, who hopes to make a return to the colours towards the end of March says it was a real low point of his playing career.

"It was a low couple of days. You have to try and get on with things. There was a period when I lost a game like that you'd leave the country or put the head down for a couple of weeks but you just can't do that any more. You have to try and face it."

"In many ways," he says, "it's horrible to say, but it's like a bereavement."

"If there is a bereavement in the family the people you want to be around are your family."

"In a case like that the only people you want to be around are your teammates because they are the only people who really know how you feel."



31 August 2014; Paul Flynn, Dublin. GAA Football All Ireland Senior Championship, Semi-Final, Dublin v Donegal, Croke Park, Dublin. Picture credit: Brendan Moran / SPORTSFILE

## **Dublin's senior footballers 2015** story so far . . . in stats

#### **ALLIANZ FOOTBALL LEAGUE**

**DIVISION 1, SUNDAY, FEBRUARY 1:** Páirc Uí Rinn, Cork **CORK 1-15 DUBLIN 0-16** 

SCORERS - Cork: C O'Neill 0-5 (0-4f), B Hurley 0-3 (0-1f), J O'Sullivan 1-0, J O'Rourke, C Dorman 0-2 each, F Goold, M Collins, E Cadogan 0-1 each. Dublin: D Rock 0-8 (0-4f). K McManamon, E O'Gara 0-2 each, T Brady, C Costello, S Carthy, M Deegan 0-1 each.

CORK: K O'Halloran; T Clancy (Clonakilty), E Cadogan, J Loughrey; C Dorman, B O'Driscoll, J O'Sullivan; F Goold, I Maguire; M Collins, J O'Rourke, C O'Driscoll; D Hodnett, C O'Neill, B Hurley. Subs: P Kerrigan for O'Sullivan (ht), J Hayes for Hodnett (47), L Connolly for C O'Driscoll (66), K O'Driscoll for Maguire (69). DUBLIN: S Currie; E Culligan, R O'Carroll, Daly; J McCaffrey, J Small, J Cooper; D Bastick, S Carthy; T Brady, D Rock, E Ó Conghaile: K McManamon, E O'Gara, C Costello, Subs: D Byrne (Ballymun Kickhams) for Ó Conghaile (ht), B Fenton for Bastick (47), C Reddin for Carthy (54), C McHugh for Costello (57), E Lowndes for Cooper (57), M Deegan for O'Gara (69).

REF: R Hickey (Clare).

#### BORD na MONA O'BYRNE CUP **FINAL, SUNDAY, JANURAY 25:** St Conleth's Park, Newbridge

DUBLIN 0-24 KILDARE 0-19 (After extra-time) SCORERS - Dublin: D Rock 0-10 (0-8f, 0-1 '45'), K McManamon 0-4, T Brady 0-3, S Carthy 0-2, C Costello, J Cooper, E O'Gara, E Culligan, M Deegan 0-1 each. Kildare: D Mulhall 0-7 (0-7f), E Callaghan, P Fogarty 0-3 each, E Murphy (0-2f), P O'Neill 0-2 each, F Dowling, G White 0-1 each.

#### **ALLIANZ LEAGUE SCORERS**

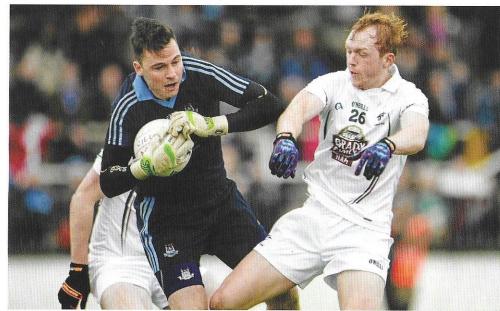
Dublin have scored 0-16 and conceded 1-15 in their one NFL Division 1 game to date (v Cork). Seven players have contributed to the scoring tally.

- Dean Rock 0-8 (0-4f)
- Kevin McManamon 0-2
- Eoghan O'Gara 0-2
- Tomás Brady 0-1
- Cormac Costello 0-1
- Shane Carthy 0-1
- Michael Deegan 0-1

DUBLIN: S Currie; E Culligan, R O'Carroll, M Fitzsimons; N Devereux, J Small, J McCaffrey; D Bastick, E Ó Conghaile; T Brady, D Rock, N Scully; K McManamon, E O'Gara, C Costello. Subs: J Cooper for Devereux (inj 13), S Carthy for Scully (ht), P Ryan for Costello (ht), MD Macauley for Bastick (47), D Daly for McCaffrey (53), G Hannigan for Cooper (black 62); D Bastick started ET with Dublin restored to 15. M Deegan for O'Gara (80), H Dawson for Brady (88), N Collins for McManamon (90). KILDARE: M Donnellan; C Fitzpatrick, P Kelly,

O Lyons; K Murnaghan, M O'Grady, E Doyle; H Lynch, P O'Neill; D O'Brien, E Callaghan, E Murphy; D Mulhall, T O'Connor, F Dowling. Subs: K Cribbin for Doyle (44), G White for Lynch (49), G Farrell for Fitzpatrick (51), P Fogarty for Murphy (55), S McNally for Kelly (inj. start of ET), D Whyte for Dowling (78), B Kinahan for O'Grady (86), W Burke for Murnaghan (90).

REF: D Gough (Meath).



25 January 2015; Seán Currie, Dublin, in action against Keith Cribbin, Kildare. Bord na Mona O'Byrne Cup Final Picture credit: Piaras Ó Mídheach / SPORTSFILE

#### **SEMI-FINAL, SUNDAY, JANUARY 18:** Páirc Tailteann, Navan **DUBLIN 1-15 MEATH 1-13**

SCORERS - Dublin: D Rock 0-8 (0-4f, 0-1 '45'), E O'Gara 1-2, S Carthy 0-2, E O Conghaile, K McManamon, P Ryan 0-1 each. Meath: M Newman 1-1, P O'Rourke (0-2 '45', 0-1), S Tobin (0-3f) 0-3 each, B Menton, G Reilly 0-2 each, J Queeney, M Burke 0-1 each.

DUBLIN: L Molloy; E Culligan, R O'Carroll, D Daly; N Devereux, J Small, J Cooper; D Bastick, E O Conghaile; T Brady, D Rock, S Carthy: K McManamon, E O'Gara, C Costello. Subs: MD McAuley for Bastick (ht), M Fitzsimons for Daly (ht), J McCaffrey for Carthy (42), S Lowndes for Brady (43), P Ryan for Costello (46).

MEATH: P O'Rourke; D Tobin, C McGill, D Dalton; N Judge, D Keogan, B Menton; H Rooney, A Flanagan; G Reilly, S Bray, J Wallace; S Tobin, J Queeney, R O'Dowd. Subs: M Burke for Dalton (13), C McConnell for Judge (ht), A Tormey for O'Dowd (ht), M Newman for Queeney (53), D Carroll for Tobin (56), D Bray for S Bray (60). REF: A Nolan (Wicklow).

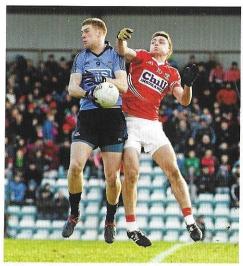
#### **ROUND 3, SUNDAY, JANUARY 11:** McCann Park, Portarlington **DUBLIN 1-12 LAOIS 1-11**

McManamon 1-1 (1-0 pen), E Ó Conghaile 0-3, C Costello, T Brady 0-1 each, Laois: D Kingston 0-7 (0-6f), B Quigley 1-0, P McEvoy, C Kelly, M O'Halloran, J O'Loughlin 0-1 each. DUBLIN: L Molloy: M Fitzsimons, E Culligan, D Daly; G Hannigan, J Small, N Devereux; D Bastick, E Ó Conghaile; T Brady, D Rock, S Carthy; P Ryan, C Costello, K McManamon. Subs: R O'Carroll for Daly (ht), J Cooper for Hannigan (ht), P O'Higgins for Bastick (45), P McMahon for Culligan (52), N Scully for Rock (52), H Dawson for Ryan (60).

SCORERS - Dublin: D Rock 0-6 (0-5f), K

LAOIS: E Culliton; R Kehoe, M Timmons, G Hanrahan; D Strong, P Beglev, P McEvov; J O'Loughlin, B Quigley; J Finn, D Kingston, B Sheehan; K Meaney, M O'Halloran, C Kelly. Subs: G Dillon for Finn (45), A Campion for Kehoe (52), C Lennon for O'Halloran (60), G McEvoy for Hanrahan (black card 68).

REF: C Reilly (Meath).



1 February 2015; Shane Carthy, Dublin, in action against Mark Collins, Cork. Allianz Football League, Division 1, Round 1, Páirc Uí Rinn, Cork. Picture credit: Diarmuid Greene / SPORTSFILE

## ROUND 2, WEDNESDAY, JANUARY 7: Parnell Park

DUBLIN 0-17 OFFALY 0-13

SCORERS - Dublin: D Rock 0-9 (0-6f), T Brady, P Ryan 0-2 each, E O Conghaile, N Scully, E O'Gara, M Deegan 0-1 each. Offaly: N Dunne 0-4 (0-2f, 0-1 '45'), B Allen 0-3 (0-2f), E Carroll 0-2, K Mullally, J Kavanagh, D Hogan, W Mulhall 0-1 each.

DUBLIN: S Currie; M Fitzsimons, E Culligan, D Daly; N Devereux, J Small, G Hannigan; C Dunleavy, E O Conghaile; T Brady, D Rock, N Scully; N Collins, E O'Gara, P Ryan. Subs: P O'Higgins for Dunleavy (ht), M Deegan for O'Gara (44), S Lowndes for Scully (50), C McGuire for Collins (51), R McGowan for Daly (57), I Kavanagh for Devereux (64).

OFFALY: A Mulhall; E Rigney, P McConway, J Ledwith; B Crombie, C Donohue, D Hogan; G Guilfoyle, R Allen; K Mullally, E Carroll, N Bracken; B Allen, J Kavanagh, N Dunne. Subs: L Kelly for Mullally (46), W Mulhall for B Allen (48), J O'Connor for Crombie (51), D Kelly for Guilfoyle (60), C Hurley for Bracken (60), N Smith for R Allen (69).

REF: Patrick Maguire (Longford).

## ROUND 1, SUNDAY, JANUARY 4: Parnell Park

**DUBLIN 1-12 NUI MAYNOOTH 1-5** 

SCORERS - Dublin: E O'Gara 1-3, D Rock 0-5 (0-3f), E O Conghaile, T Brady, S Carthy, D McLoughlin 0-1 each. NUI Maynooth: B Dardis 1-2, B Duggan, R Kennedy, N Walsh (0-1f) 0-1 each.

DUBLIN: L Molloy; M Fitzsimons, E Culligan, D Daly; G Hannigan, J Small, N Devereux; D Bastick, E Ó Conghaile; T Brady, D Rock, S Carthy; N Collins, E O'Gara, H Dawson. Subs: N Scully for Bastick (40), I Kavanagh for Fitzsimons (50), S Lowndes for Brady (59), D McLoughlin for Rock (59), A McCarrick for Daly (61), C Dunleavy for O'Gara (64).

MAYNOOTH: G Brody; C Carton, D Hyland, N Lehihan; E Lowndes, S McElroy, F Flanagan; G Hannigan, P Faulkner; J Gonoud, N Walsh, D Duke; B Duggan, R Kennedy, B Dardis. Subs: K Mulhall for McElroy (ht), P Lynch for Kennedy (52), T Gibbons for Duke (57), M McCarville for Duggan (64), R McEneny for Carton (67), L Barrett for Dardis (72).

REF: S Murphy (Louth).

#### O'BYRNE CUP SCORERS

Dublin scored 3-80 and conceded 3-61 in their successful O'Byrne Cup run over five games (v NUI Maynooth, Offaly, Laois, Meath, Kildare). Thirteen players contributed to the scoring tally

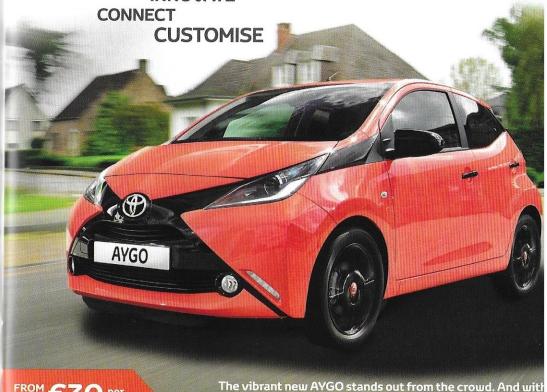
- Dean Rock 0-38 (0-26f, 0-2 '45')
- Eoghan O'Gara 2-7
- Kevin McManamon 1-6 (1-0 penalty)
- Tomás Brady 0-7
- Emmett O Conghaile 0-6
- Shane Carthy 0-5
- Philly Ryan 0-3
- Michael Deegan 0-2
- Cormac Costello 0-2
- Diarmuid McLoughlin 0-1
- Niall Scully 0-1
- Jonny Cooper 0-1
- Eoin Culligan 0-1





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<sup>\*\*</sup>Aygo from RRP €12,625. Excludes delivery and related charges. Model shown is the AYGO 1.0 VVT-i 5 Door x-cite. RRP €14,995. Fuel consumption for AYGO 1.0 VVT-i : L/100km - Urbai 5.0, Extra-Urban - 3.6, Combined - 4.1. Fuel emissions Co2/km - 95g. Comes with a 3 year or 100,000km comprehensive warranty and 3 year Toyota Eurocare roadside assistance.

Toyota Ireland is a 100% Irish owned company.



# The Dublin Spring Series

See the Dubs in action as they continue their 2015 Allianz League campaign.



Football • Croke Park

Prices:

Adult 3 Match Package: €30 Juvenile 3 Match Package €10

Adult Stand & Terrace : €10 Juvenile Stand : €5

Single Game Pricing:

## **Football League Division One:** Roll Of Honour

Kerry (19 Titles) 1928-1929-1931-1932-1959-1961-1963-1969-1971-1972-1973-1974-1977-1982-1984-1997-2004-2006-2009

Mayo (11 Titles) 1934-1935-1936-1937-1938-1939-1941-1949-1954-1970-2001

**DUBLIN (10 Titles)** 1953-1955-1958-1976-1978-1987-1991-1993-2013-2014

Meath (7 Titles) 1933-1946-1951-1975-1988-1990-1994

Cork (8 Titles) 1952-1956-1980-1989-1999-2010-2011-2012

**Derry (6 Titles)** 1947-1992-1995-1996-2000-2008)

Down (4 Titles) 1960-1962-1968-1983

Galway (4 Titles) 1940-1957-1965-1981

Laois (2 Titles) 1927-1986

Tyrone (2 Titles) 2002-2003

Armagh (1 Title) 2005

Cavan (1 Title) 1948

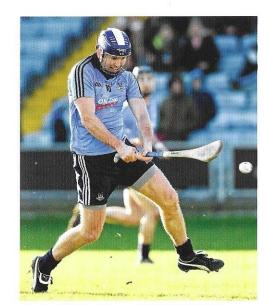
Longford (1 Title) 1966

Monaghan (1 Title) 1985

Offaly (1 Title) 1998

Roscommon (1 Title) 1979

Donegal (1 Title) 2007



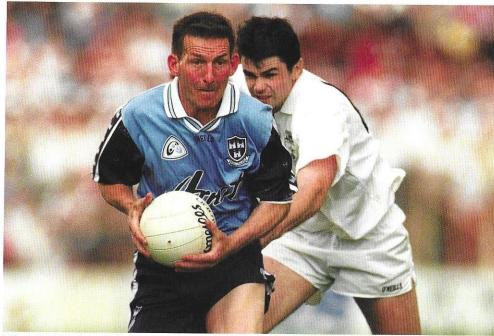
1 February 2015; Conal Keaney scores a first half goal for Dublin. Picture credit: Ray McManus / SPORTSFILE



1 February 2015; Jonathan Glynn, Galway. Picture credit: Ramsey Cardy / SPORTSFILE

# 'We learned a lot from last year's defeat to Donegal that hopefully we can put right this year': Mick Deegan

By Mick Hanley - 103.2 Dublin City FM



21 June 1998; Mick Deegan, Dublin, gets past Martin Lynch, Kildare. Kildare v Dublin, Leinster Football Championship replay. Croke Park, Dublin. Picture credit: David Maher / SPORTSFILE

**ANOTHER MEETING TONIGHT** with Donegal for Dublin selector Mick Deegan.

More than most Mick has seen both his playing career and now his management role revolve around the good fortunes of the men from Tír Chonaill.

Back in 1992 no one gave Donegal much of a chance against Dublin in the All-Ireland SFC final. That is no one outside of Donegal but history will show us that Brian McEniff's men completely turned the tables on the Dubs to win their first All-Ireland title (0-18 to 0-14).

Similarly both counties met last Summer in the All-Ireland semi-final with Dublin again oddson favourites to win but again Donegal made short change of that prediction too.

"Well unfortunately that is the beauty of sport, it is all on the day" says Mick.

"There were similarities between both games strangely enough and I suppose the common denominator was that if we had taken our chances early on then we would have put

ourselves in a better position to win both games.

"In '92 we were four points up early in the game and then we missed a penalty after Dessie (Farrell) was fouled. The miss gave Donegal the impetus to push on which we weren't able to cope with.

"Last year, similarly, we were coasting, scoring points from long-range but we missed two vital goal chances. If we had put them away then who knows what the outcome would have been but we didn't take those chances.

"We were five points up in the game but we conceded goals at bad times especially the goal just before half-time.

"That is sport, sometimes it is a great leveller. It can be so unpredictable," adds Mick.

Heartbreak for one of Erin's Isle's finest on both occasions although Mick did enjoy victory over Donegal in the 1993 league final replay.

"Yes it was a nice one to win. We had Tommy Carr sent off early on but we managed to hold on for a great victory."

Dublin and Donegal's paths have crossed so many times in recent years as well.

"Yes you look back to Pat Gilroy's reign and that famous low-scoring semi-final game. Then also Jim (Gavin) has had many a battle with Jim McGuinness at under-21 level as well as senior with Dublin winning the 2010 under-21 All Ireland title.

"This evening is going to be interesting too because Jim McGuinness is gone and his former selector Rory Gallagher is in charge now."

Mick's Dublin career goes back to 1985 when he was on the panel under Kevin Heffernan but he didn't establish himself until 1988.

In fact he played in all of Dublin's four league games after the 1985 All-Ireland defeat to Kerry.

"Like today it was a learning process, coming into the panel and finding your feet. I was lucky in that I established myself in the team after a few years and had many great outings for Dublin."

Indeed Mick did.

The nineties were especially good for Dublin. They were probably the most consistent team around in the early part of the decade. Mick

Overall we should have won more. We had a very talented bunch of players but as I said before it is all on the day.

agrees: "Yes, we were always in contention in the early nineties. Even though we were knocked out of the first round of Leinster in the famous four in-a-row games against Meath (1991), the chances are we would have, like Meath did, go on to win at least Leinster that year.

"Great games to play in but disappointing to lose. Then in '92, as we have spoken about earlier, we reached the All-Ireland final against Donegal. In '93 we reached the All-Ireland semifinal only to be beaten by Derry. Down got the better of us in the '94 All Ireland final - so yes it was nice to come out on top against Tyrone in '95. Overall we should have won more. We had a very talented bunch of players but as I said before it is all on the day."

On the club front Mick played in five on the trot Dublin Championship finals but won only two of them in 1993 and '97 with Isles.

"Similarly to Dublin, we should have won more. Great bunch of lads to play with. We reached the 1998 All-Ireland Club final but Corofin, Galway got the better of us."

Mick also cut his teeth in his managerial career at the Village club where he was player/manager for a five-year period.

In this evening's match programme we pay a tribute to Andy Kettle, Dublin County Board Chairman, who sadly passed away in December.

Andy was responsible for bringing Mick to Fingal Ravens as their manager.

"Yes Andy was a great man. We had many great days with Ravens and more recently with Dublin. Having played in the All-Ireland senior club final with Isles it was great to manage Ravens to the All-Ireland Intermediate Club final in 2008.



22 September 2013; Dublin manager Jim Gavin celebrates with selector Mick Deegan after the game. GAA Football All-Ireland Senior Championship Final, Dublin v Mayo, Croke Park, Dublin. Picture credit: Paul Mohan / SPORTSFILE

"Unfortunately, Moycullen were too strong for us on the day but it was a great journey for the club."

Moycullen might have got the better of Mick and Ravens in February 2008 but Mick was celebrating later in July of that year as he managed the Dublin Junior footballers to All-Ireland success over Roscommon.

"It was great to be involved at county level. I had Mick Galvin and Jack Sheedy with me so the link to the nineties team was there. Also lads like Denis Bastick, Eoghan O'Gara and Darren Daly were on that Junior team and now they have senior All-Ireland medals. It was a great stepping stone for them."

Nowadays we read all the time about the dual player and the impossible task players have in committing to both codes. Well for Mick Deegan he had that problem too except it was Gaelic football and soccer as his dual sports.

Mick was prolific at both. He won an FAI Junior Cup medal with Tolka Rovers in 1989 alongside fellow Erin's Isle and Dublin colleague Charlie Redmond.

In 1995 Mick's dream came through when he won a Celtic Cross with victory over Tyrone on that September afternoon but hard to believe that in April of '95 Mick picked up an Irish League winners medal with Crusaders. Some feat.

Mick recalls: "Looking back it was great but it wouldn't happen today. It is hard enough convincing lads nowadays not to play both football

and hurling but Gaelic football and soccer, it just would not occur, you wouldn't be allowed do it."

Mick was delighted when Jim Gavin gave him the call to join this current Dublin management set-up.

"An absolute pleasure and to be back with lads I played with as well. We have done well. Winning the All-Ireland was brilliant but losing last year was disappointing. We learned a lot from that semi-final defeat that hopefully we can put right this year."

One of the areas that Jim and his management team continue to do in the early season is give new players a chance.

One player who has being part of this process is none other than Mick's son Michael.

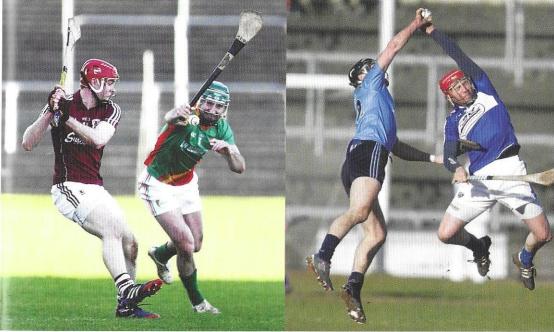
"Yes I am very proud that he is pushing himself for selection on the panel. He is still very young. He done well with Dessie (Farrell) at minor and under-21 level but the jump to senior can be daunting.

"He had a good year last year winning the Meath senior championship with Donaghmore Ashbourne under the management of another former Dublin colleague of mine, Paul Clarke. It will be a learning curve for Michael."

This evening Mick will roam the sideline giving out instructions to the players. Following the defeat to Cork last weekend this evening's game takes on more significance. Mick has had good days and bad days against Donegal. This evening he will be hoping that Dublin can come out on top.

## Bord na Móna Walsh Cup Senior Hurling RESULTS 2015

Round 1			Play-Off			
11/01 NUI Galway 2-1	0 Carlow	1-13	23/01 Carlow	2-19	NUI Galway	/ 0-11
11/01 Antrim 1-2	2 DIT	2-12	Round 3			
11/01 Laois 2-2	2 UCD	1-08	25/01 Dublin	0-28	Antrim	2-12
11/01 Offaly 2-1	5 Westmeath	n 1-13	25/01 Laois	4-18	Wexford	1-19
Round 2			25/01 Galway	2-22	Offaly	1-13
18/01 Wexford 1-2	1 UCD	0-15	Semi-Finals			
18/01 Galway 1-2	1 Westmeath	า 0-16	01/02 Galway	2-18	Carlow	0-15
20/01 Dublin 4-2	0 DIT	1-12	01/02 Dublin	2-18	Laois	1-11



Action from the Bord na Móna Walsh Cup Senior Hurling Semi-Finals

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## **Bord na Móna Walsh Cup Senior Hurling Final**



## Dubin **BLUE AND NAVY BLUE GORM AGUS DÚGHOIRM**

Alan NOLAN St Brigids

- Shane **DURKIN** Ballyboden St. Endas
- Paul SCHUTTE Cuala
- Shane BARRETT Na Fianna

- Simon LAMBERT Ballyboden St. Endas
- Peter KELLY Lucan Sarsfields
- Chris CRUMMEY Lucan Sarsfields

- Joseph BOLAND Na Fianna
- Ben QUINN Crumlin

- Conal KEANEY Ballyboden St. Endas
- Eamonn **DILLON** Naomh Fionnbarra
- Mark SCHUTTE Cuala

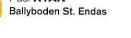
- David O'CALLAGHAN Ballyboden St. Endas
- Liam RUSHE St Patricks (P)

Paul RYAN

#### **FIR IONAID**

- 16. Conor Dooley Ballyboden St. Endas
- 17. Conor Murphy Crumlin
- 18. Johnny Mc Caffrey Lucan Sarsfields
- 19. Niall Corcoran Kilmacud Crokes
- 20. Daire Plunkett St Brigids
- 21. Ross O'Carroll Kilmacud Crokes
- 22. Danny Sutcliffe St Judes
- 23. Eamonn Dillon Naomh Fionnbarra
- 24. David Treacy Cuala
- 25. Shane Stapleton St Patricks (P)
- 26. Peadar Carton O'Tooles

	1ST HALF	2ND Half	TOTAL
GOALS			
POINTS			
WIDES			
65M	ß		
FREES			



	1ST Half	2ND Half	TOTAL
GOALS			
POINTS			
WIDES			
65M	18		
FREES			









## **Bord na Móna Walsh Cup Senior Hurling Final**



**Galway MAROON AND WHITE MARÚN AGUS BÁN** 

> Colm CALLANAN Colm Ó Callanain Cinn Mhara

- Ronan BURKE Ronan De Burca Turloch Mór
- Fergal MOORE Fearghal Ó Mordha Turloch Mor
- Padraig Ó Mainnin Ath Eascrach-Fothaine

Uaran Mor-Mearai

Padraig MANNION

Gearoid McINERNEY

Gearoid Mac an Airchinnigh

Johnny COEN David COLLINS Sean Ó Comdhain Daithi Ó Coileain Liam Ui Mhaoliosa

Joseph COONEY

Seosamh Ó Cuana

Na Sairsealaigh

Dean **HIGGINS** Dein Ó hUiginn Caislean Gearr

Eanna BURKE Eanna De Burca

Jonathan GLYNN Seanachain Mac Gloinn

Padraig **BREHONY** Padraig Ó Breithiunaigh Tighneatha-Mainistir-Dun Doighre

James REGAN Seamus Ó Riagain Naomh Thomais

Jason FLYNN Jason Ó Floinn Tomas Ó Lorcain

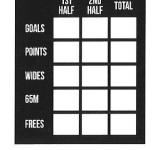
Brian MOLLOY Brian Ó Maolmhuaidh Cill na Dioma-Liathdroim

#### **FIR IONAID**

- 16. Aidan Ryan Creachmhaoil
- 17. Darragh O'Donoghue Cill na Dioma-Liathdroim
- 18. Colm Flynn Tomas Ó Lorcain
- 19. Paul Killeen Tighneatha-Mainistir-Dun Doighre
- 20. Iarlaith Tannian Ard Rathain

LEINSTER

- 21. Gerard Kelly Tomas Ó Lorcain
- 22. Paddy Hannon Baile Atha an Ri
- 23. Peter English Tomas Ó Lorcain



















## DUBLIN ATH CLIATH



Sean CURRIE
Ballymun Kickhams

2 Eoin CULLIGAN Kilmacud Crokes

Rory O'CARROLL
Kilmacud Crokes

Daren DALY
Fingal Ravens

Jonny COOPER
Na Fianna

John SMALL
Ballymun Kickhams

Jack McCAFFREY
Clontarf

Denis **BASTICK**Templeogue Synge Street

Shane CARTHY
Naoimh Mearnog

Tomas BRADY Na Fianna

Dean **ROCK**Ballymun Kickhams

Emmett O'CONGHAILE Lucan Sarsfields

Kevin McMANAMON
St Judes

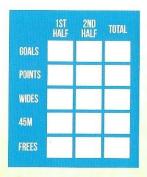
Eoghan **O'GARA**Templeogue Synge Street

Cormac COSTELLO Whitehall Colmcille

#### FIR IONAID

- 16. Lorcan Molloy St Annes
- 17. Philip Ryan St Brigids
- 18. Philip McMahon Ballymun Kickhams
- Michael Darragh Macauley Ballyboden St Enda's
- 20. Eric Lowndes St Peregrines
- 21. Ciaran Kilkenny Castleknock

- 22. Michael Fitzsimons Cuala
- 23. Davy Byrne Ballymun Kickhams
- 24. David Byrne St Olafs
- 25. Bernard Brogan Oliver Plunketts Eoghan Ruaidh
- 26. Paddy Andrews St Brigids



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Paul **DURCAN**Pól Ó Duarcáin
Na gCeithre Máistir

Eamonn DOHERTY
Eamonn Doherty
Naaomh Adhamhnáin

Frank McGLYNN

Ghleann Fhinne

Proinsias Macfhloinn

Gaoth Dobhair

Karl LACEY

Mark McHUGH
Marcas MacAodha

Cill Charta

Ard an Rátha

Paddy McGRATH

Pádraig MacCraith

Neil GALLAGHER Niall Ó Gallchobhair

Christy **TOYE**Críostóir ó Tuathaigh

Ryan McHUGH
Rian MacAodha
Cill Charta

Martin **O'REILLY**Maítín Ó Raghallaigh
Sean MacCumhaills

Karl de Léis

Eamonn McGEE

Eamonn MagAoidh

12 Odhrán MAC NIALLAIS Odhrán MacNiallais Gaoth Dobhair

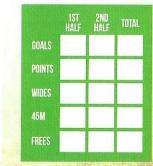
Patrick McBREARTY
Pádraig Mac Briartaigh
Cill Charta

Michael MURPHY
Micheál Ó Murchú
Gleann tSúili

Hugh McFADDEN
Aodh MacPháidin
Na Cealla Beaga

#### FIR IONAID

- 16. Michael Boyle An Tearmann
- 17. Declan Walsh Málainn
- 18. Ciarán McGinley Cill Charta
- 19. Martin McElhinney Naomh Mícheal
- 20. Daniel McLaughlin Naomh Michael
- 21. Darach O'Connor BunCranncha
- 22. Ryan Mally Ard an Rátha
- 23. Eunan Doherty Naomh Conaill
- 24. Gary McFadden Gleann tSúili
- 25. Cory Gallagher An Clochán Liath
- 26. Joe Gibbons Gleann tSúili



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## All-Ireland semi-final repeat promises to be a cracker

Croke Park's first Allianz Football League fixture of 2015, featuring a repeat of last year's All-Ireland semi-final when Donegal beat Dublin, tops a lengthy list of attractions in Round 2. It throws in at 7.0 while the remaining three Division 1 games are on tomorrow.

#### On TV....

**Tonight:** Dublin v Donegal, Setanta Ireland; Meath v Kildare Setanta 1

**Tomorrow:** Mayo v Tyrone (live); Monaghan v Cork (deferred) TG4

#### **DIVISION 1:**

## EARLY PRESSURE ON ALL-IRELAND AND ALLIANZ LEAGUE CHAMPIONS

**Tonight:** Dublin v Donegal, Croke Park, Croke Park (7.0); **Tomorrow (2.0):** Derry v Kerry, Celtic Park; Mayo v Tyrone, Castlebar; Monaghan v Cork, Castleblayney.

Last weekend's opening round brought defeats for 2014 All-Ireland champions, Kerry, Allianz League (Division 1) winners, Dublin and runners-ups, Derry, leaving all three seeking a quick return to winning ways in Round 2. The highlight of the programme sees Dublin take on Donegal in Croke Park, a clash that will draw a very large crowd. Dublin, who lost to Cork last Sunday, are still smarting from their 3-14 to 0-17 defeat by Donegal last August and will be determined to kickstart the new season with a win. It will be the first League clash between the counties since April 2013 when they drew in Ballybofey.

Derry, six-point losers to Donegal last Saturday, host Kerry who lost to Mayo by seven points on Sunday. Derry beat Kerry (0-16 to 0-14) in Killarney last year. Tyrone beat Mayo by five points in last year's League and badly need a repeat performance in Castlebar on Sunday after losing



31 January 2015: Michael Murphy, Donegal, in action against Niall Holly Derry. Picture credit: Oliver McVeigh / SPORTSFILE

to Monaghan in Omagh last Saturday. Tyrone led by five points after 20 minutes but lost the remainder of the game by 1-11 to 0-2. Mayo were much sharper against Kerry recovering from an early two-point deficit to win comfortably.

Monaghan and Cork both won their opening round games, leaving them in confident mood heading for the Round 2 clash in Castleblayney on Sunday. It will be the first League clash between the counties since 2011 when Cork won by three points in Pairc Ui Chaoimh.

#### **DIVISION 2:**

## DOWN, GALWAY, WESTMEATH SET EARLY PACE

**Tonight (7.0):** Meath v Kildare, Pairc Tailteann; Laois v Cavan, Portlaoise; Down v Roscommon, Newry; **Tomorrow (2.0):** Westmeath v Galway, Mullingar.

It's early days in a group that promises to be very competitive, but already Westmeath, Galway and Down have pulled ahead of the rest, having won their opening round games on Sunday. The Roscommon-Cavan game finished level.



1 February 2015; Kevin McManamon, Dublin, in action against James Loughrey, Cork. Picture credit: Diarmuid Greene / SPORTSFILE

Westmeath host Galway on Sunday in what will be their first League clash for two years, a game that finished level.in Tuam. Westmeath beat Laois last Sunday while Galway out-gunned Meath.

Down had a dramatic win over Kildare, snatching two late goals in Newbridge to win by four points. Down host Roscommon, who drew with Cavan in Kiltoom in a battle of the two sides promoted from Division 3. Cavan will be away again next Saturday, travelling to Portlaoise to take on Laois, who lost to Westmeath by five points last Sunday.

Having lost their opening game, Meath and Kildare will be very determined to bounce back quickly when they clash in Navan. Meath beat Kildare by 2-16 to 0-17 in last year's Leinster semi-final.

#### **DIVISION 3:**

## FIRST ROUND WINNERS TAKE ON FIRST ROUND LOSERS

**Tomorrow (2.0):** Tipperary v Limerick, Thurles; Wexford v Armagh, Wexford Park; Louth v Clare, Drogheda; Sligo v Fermanagh, Markievicz Park

The four winners from last weekend's first round take on the four losers, offering the possibility of all eight teams being level after two rounds. Alternatively, four teams could have moved four points clear of the rest.

Clare's 14-point success over Wexford was the biggest winning margin in any division, leaving the

Banner-men full of confidence as they prepare for the visit to Drogheda to take on Louth, who lost to Fermanagh by nine points. Armagh, who were fortunate to beat Tipperary by a point in the Athletic Grounds travel to Wexford.

Fermanagh, who beat Sligo by six points in last year's League, take on Niall Carew's men in Markievicz Park while the all-Munster clash between Tipperary and Limerick in Thurles will be a fascinating encounter. Tipperary beat Limerick by six points in last year's Munster quarter-final.

## DIVISION 4: TOP TWO MEET IN TULLAMORE

**Tomorrow (2.0):** Offaly v Waterford, Tullamore; Longford v Antrim, Glennon Brothers Pearse Park; Wicklow v Leitrim, Aughrim; Carlow v London, Network Cullen Park, 1.0

With two games (Leitrim v Longford and Antrim v Carlow finishing level), Offaly and Waterford are the early leaders, which will add to the interest in their clash in Tullamore. Offaly beat London last Sunday in a game that delivered the low total of 1-11 (Offaly 0-9 London 1-2) while Waterford built on their McGrath Cup success with a four-point win over Wicklow.

Longford and Antrim (both drew last Sunday) meet in Longford while Aughrim stages its first League game of the season when Wicklow host Leitrim. The Connacht men beat Wicklow by nine points in last year's League. Carlow

## Dublin's senior hurlers 2015 story so far . . . in stats

#### WALSH CUP

## SEMI-FINAL, SUNDAY, FEBRUARY 1: O'Moore Park, Portlaoise

**DUBLIN 2-18 LAOIS 1-11** 

SCORERS - Dublin: D Treacy 0-9 (0-8f, 0-1 '65'), C Keaney 1-3, E Dillon 1-2 (0-1f), P Kelly 0-2, N McMorrow, C McBride 0-1 each. Laois: Z Keenan 1-3 (1-0 pen, 0-3f), S Maher 0-2 (0-2f), M Whelan (0-1f), J Purcell, W Hyland, T Fitzgerald, PJ Scully, N Foyle 0-1 each.

DUBLIN: G Maguire; N Corcoran, M Carton, P Schutte; J McCaffrey, P Kelly, S Barrett; B Quinn, C McBride; C Keaney, E Dillon, M Schutte; N McMorrow, L Rushe, D Treacy. Subs: R O'Carroll for McBride (ht), C Murphy for Corcoran(ht), D Sutcliffe for McMorrow (56). LAOIS: E Reilly; J Delaney, C Healy, C Dunne; J Fitzpatrick, M Whelan, J Campion; S Maher, D Palmer; J Purcell, T Fitzgerald, W Hyland; PJ Scully, N Foyle, B Conroy. Subs: Z Keenan for Palmer (ht), J Walsh for Purcell (ht), T Delaney for Maher (47), B Reddin for Conroy (62), C Stapleton for Fitzpatrick (69).

REF: P Murphy (Carlow).

## ROUND 2, SUNDAY, JANUARY 25: Parnell Park

DUBLIN 0-28 ANTRIM 2-12

SCORERS - Dublin: D Treacy 0-11 (0-7f), M Schutte, D Sutcliffe 0-5 each, D O'Callaghan, C Boland 0-2 each, J Boland, S Stapleton, J Hetherton 0-1 each. Antrim: E McCloskey, C Clarke 1-1 each, N McManus 0-4 (0-3f), P Shiels 0-2 (0-2f), C Johnson, M Donnelly, C McCann, D McKernan 0-1 each.

DUBLIN: G Maguire; P Schutte, M Carton, S Durkin; P Kelly, C Murphy, E O'Donnell; Ross O'Carroll, J Boland; J Hetherton, S Stapleton, D Sutcliffe; D O'Callaghan, M Schutte, D

#### **WALSH CUP SCORERS**

Dublin's hurlers have scored 6-66 and conceded 4-35 in their three games to date in the Bord na Móna Walsh Cup (v DIT, Antrim, Laois). Fifteen players have contributed to the scoring tally.

- David Treacy 1-21 (0-15f, 0-1 '65')
- Eamonn Dillon 2-8 (0-1f, 0-1 '65')
- Conal Keaney 1-6
- Liam Rushe 1-3
- Mark Schutte 0-5
- Danny Sutcliffe 0-5
- Paul Ryan 0-5 (0-2 '65', 0-1f)
- Niall McMorrow 1-2
- Cian Boland 0-3
- Peter Kelly 0-2
- David O'Callaghan 0-2
- Cian Mac Giolla Bhríde 0-1
- Joey Boland 0-1
- Shane Stapleton 0-1
- John Hertherton 0-1

Treacy. Subs: C Mac Giolla Bhríde for Durkin (inj, 38); C Boland for Hetherton (50); E Dillon for Stapleton (64).

ANTRIM: C O'Connell; R McCambridge, N McAuley, A Graffin; S McCrory, C McKinley, O McFadden; E Campbell, E McCloskey; N McManus, M Donnelly, C Johnson; C McCann, P Shiels, PJ O'Connell. Subs: J McGreevy for McFadden (18); D McKernan for McCrory (ht); T McCann for Donnelly (47); B McFall for C McCann (64).

REF: J Heffernan (Wexford).

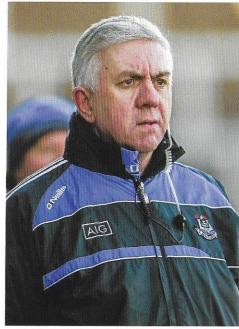


20 January 2015; Niall McMorrow, Dublin, in action against Sean McClelland, DIT. Bord na Mona Walsh Cup, Group 2, Round 2, Dublin v DIT, Parnell Park, Dublin. Picture credit: Barry Cregg / SPORTSFILE

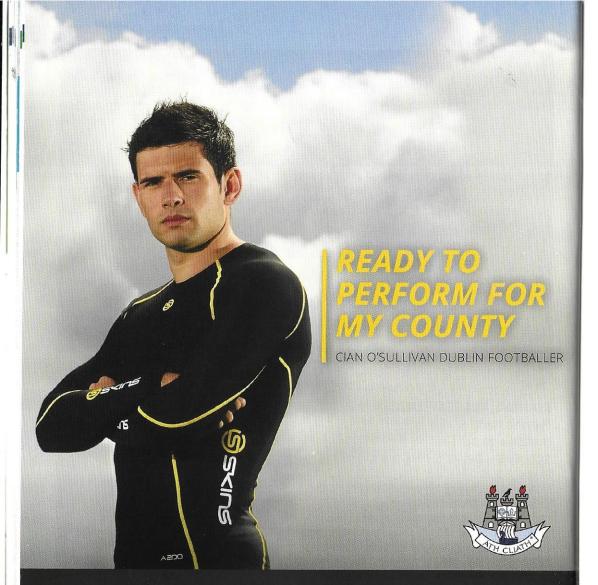
## ROUND 1, TUESDAY, JANUARY 25: Parnell Park

**DUBLIN 4-20 DIT 1-12** 

SCORERS - Dublin: E Dillon 1-6 (0-1 '65'), L Rushe 1-3, P Ryan 0-5 (0-2 '65', 0-1 f), N McMorrow, D Treacy 1-1 each, C Keaney 0-3, C Boland 0-1. Dublin IT: D McNicholas 0-8 (0-6f), M Lee 1-2, W McGrath, J Cahill 0-1 each. DUBLIN: A Nolan, J McCaffrey, M Carton, S Barrett; B Quinn, P Kelly, S Lambert; K Byrne, D Plunkett; C Keaney, E Dillon, C Boland: N McMorrow, L Rushe, P Ryan. Subs: E O'Donnell for Plunkett (50), R O'Carroll for Byrne (54), D Treacy for Ryan (57), J Hetherton for Boland (62), F Mac Gibb for Quinn (66). DIT: P McKenna; S Barron, B Carev. S McClelland; C Robinson, K Bergin, G Whelan; C Sheehan, J Cahill; J Sweeney, D McNicholas, A Nugent; M Lee, D Roberts, W McGrath. Subs: P Naughton for Cahill (ht), J McManus for Robinson (50), P O'Reilly for Barron (58), T Storey for Carey (60), E Hayes for Whelan (65). REF: T Carroll (Offaly).



1 February 2015; Dublin manager Ger Cunningham. Bord na Mona Walsh Cup, Laois v Dublin. Pic: Ray McManus / SPORTSFILE



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## DUBLIN GAA - Promoting Positive Mental Health with "I Do" Campaign.

This Dublin GAA "I DO" campaign invites all those living and working in Dublin City and County and beyond to join with us and say "I DO". The aim of the campaign is to promote positive mental health awareness at an individual, family, club, and community level across the communities of Dublin City and County and further afield.

The initiative is led out by Dublin's County Board Secretary John Costello and Dublin football and hurling managers, Jim Gavin and Ger Cunningham. Over 20 well known players from Dublin football, hurling, ladies football and camogie teams have joined together and given their time to be part of and support this very important campaign.

The World Health Organisation 2014 defines well being as a balance between mental and physical health. Dublin GAA's "I DO" campaign aims to further enhance mental health awareness and encourage all of us to "own our mental health" and help to make the discussion mainstream.

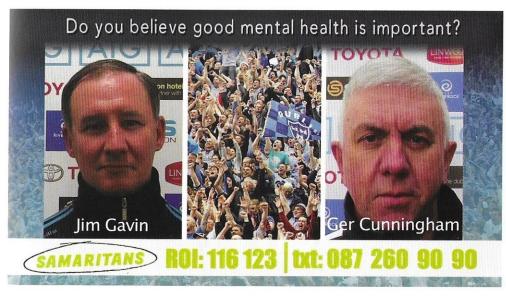
The emphasis of the campaign is on:

- Encouraging 100% of us to acknowledge WE ALL have mental health and "OWN IT"
- 2. Recognising that mental health needs to be on an equal footing with physical health

The Dublin GAA "I Do" campaign sends out the message that you are not alone - people do understand and are there to support you. The message is clear - Lets all support each other in recognising mental health. Join the Dublin GAA "I Do" campaign today and Say "I DO"

"Dublin GAA Supporting you and your Mental Health with I Do Campaign".

Further information contact: Michael O'Toole (PRO) otoolemicl@eircom.net or Clare O'Sullivan clare.osullivan@innovate-together.com Chairman Dublin Health and Wellbeing Committee.



## **Allianz Football League**

Current League Table Positions



#### National Football League Division 1

	P	W	D	L	For	AG	Dif	Pts
1. Mayo	1	1	0	0	2-11	0-10	7	2
2. Monaghan	1	1	0	0	1-13	0-09	7	2
3. Donegal	1	1	0	0	1-15	0-12	6	2
4. Cork	1	1	0	0	1-15	0-16	2	2
5. Dublin	1	0	0	1	0-16	1-15	-2	0
6. Derry	1	0	0	1	0-12	1-15	-6	0
7. Kerry	1	0	0	1	0-10	2-11	-7	0
8. Tyrone	1	0	0	1	0-09	1-13	-7	0

#### National Football League Division 2

	P	W	D	L	For	AG	Dif	Pts
1. Westmeath	1	1	0	0	1-12	0-10	5	2
2. Down	1	1	0	0	3-13	1-15	4	2
3. Galway	1	1	0	0	2-13	1-12	4	2
4. Cavan	1	0	1	0	0-14	1-11	0	1
<ol><li>Roscommon</li></ol>	1	0	1	0	1-11	0-14	0	1
6. Kildare	1	0	0	1	1-15	3-13	-4	0
7. Meath	1	0	0	1	1-12	2-13	-4	0
8. Laois	1	0	0	1	0-10	1-12	-5	0

#### National Football League Division 3

Р	W	D	L	For	AG	Dif	Pts
1	1	0	0	1-16	0-05	14	2
1	1	0	0	0-16	0-07	9	2
1	1	0	0	0-14	1-09	2	2
1	1	0	0	2-08	0-13	1	2
1	0	0	1	0-13	2-08	-1	0
1	0	0	1	1-09	0-14	-2	0
1	0	0	1	0-07	0-16	-9	0
1	0	0	1	0-05	1-16	-14	0
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#### National Football League Division 4

	Р	W	D	L	For	AG	Dif	Pts
1. Waterford	1	1	0	0	0-14	0-10	4	2
2. Offaly	1	1	0	0	0-09	1-02	4	2
3. Leitrim	1	0	1	0	0-15	1-12	0	1
4. Longford	1	0	1	0	1-12	0-15	0	1
5. Antrim	1	0	1	0	1-12	0-15	0	1
6. Carlow	1	0	1	0	0-15	1-12	0	1
7. Wicklow	1	0	0	1	0-10	0-14	-4	0
8. London	1	0	0	1	1-02	0-09	-4	0



1 February 2015; Denis Bastick, Dublin, in possession against Donal Og Hodnett, Cork. Allianz Football League, Division 1, Round 1, Cork v Dublin. Picture credit: Diarmuid Greene / SPORTSFILE

#### Results to date

#### Allianz Football League Division 1

- Cork 1-15 Dublin 0-16
- Kerry 0-10 Mayo 2-11
- Tyrone 0-9 Monaghan 1-13
- Dongal 1-15 Derry 0-12

#### Allianz Football League Division 2

- Galway 2-13 Meath 1-12
- Kildare 1-15 Down 3-13
- Roscommon 1-11 Cavan 0-14
- Westmeath 1-12 Laois 0-10

#### Allianz Football League Division 3

- Armagh 2-08 Tipperary 0-13
- Clare 1-16 Wexford 0-05
- Limerick 0-14 Sligo 1-09
- Fermanagh 0-16 Louth 0-7

#### Allianz Football League Division 4

- Antrim 1-12 Carlow 0-15
- Leitrim 0-15 Longford 1-12
- London 1-02 Offaly 0-09



## Hat-trick of league titles should not top Dublin's priorities this spring

By Frank Roche (Herald)

AS DAY-ONE tremors go, for Dublin footballers to falter late on against Cork registers well down the Richter scale. But it does pose a valid question: how important is another good league for Jim Gavin?

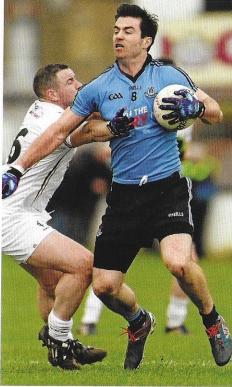
Our own belief: Dublin don't need to complete a Division One hat-trick this spring. In fact, it might even facilitate their championship ambitions if they fail to do so. Firstly, it would dampen public expectations, which can have an insidiously corrosive effect, unbeknownst to players. Secondly, a few reality checks for the most talented squad in the country might be no bad thing on the cusp of summer.

However, none of the above should equate to a desire for having a poor league. Kerry under Éamonn Fitzmaurice may be famously slow to emerge from winter hibernation (plus ca change after Sunday's home loss to Mayo) ... but the county with more Sam Maguires than anyone else isn't the most reliable benchmark when it comes to judging All-Ireland prospects.

Without disrespecting Paul Caffrey's achievements in the Sky Blue hotseat, coming within a whisker of reaching the All-Ireland finals in 2006 and '07, we happen to view the '09 quarter-final against Kerry is a key watershed in Dublin's development from game pretenders to true contenders. Henceforth, Pat Gilroy's "startled earwigs" would be banished to a faraway insect kingdom; what remained would be less flamboyant but also less prone to crazy oscillations.

What's equally noticeable, since 2009, is how Dublin haven't merely become a more serious All-Ireland proposition - their league graph has soared upward in similar fashion.

For much of the noughties, Dublin's league form was mired in an inconsistency that tended to



25 January 2015; Michael Darragh MacAuley, Dublin, in action against Daryl O'Brien, Kildare. Bord na Mona O'Byrne Cup Final, Kildare v Dublin, St Conleth's Park, Newbridge, Co. Kildare. Picture credit: Piaras Ó Midheach / SPORTSFII F.

repeat itself at the business end of summer. Yet in 2010, they came tantalisingly close to reaching their first Division One decider in 11 years, beating Tyrone away on the last day but losing out on a final place because of their head-to-head record with Cork. Come summer, Cork again scuppered dreams of a final appearance - but Dublin were getting closer.

The league was even more beneficial in 2011: this time Dublin reached the final and raced eight points clear of Cork at one stage. The lessons absorbed from their subsequent collapse proved invaluable during the subsequent All-Ireland run.

The first two years under Gavin speak for themselves: league and All-Ireland 'double' winners in 2013, league winners again last year and hot favourites for Sam until the semi-final wheels came off against Donegal.

You may have noticed we skipped a year: it was intentional. In 2012, Dublin returned to the infuriating spring inconsistency of the 'Startled Earwig' era. League form veered from decent to diabolical. They ended the campaign with just six points, in fifth place. It all proved an ominously accurate omen for what happened in that harum-scarum All-Ireland semi-final against Mayo.

Three years on, Dublin are in a slightly different place. Gavin has a greater abundance of options, especially up front. There's a younger generation, who have prospered at minor and U21, snapping at the heels of marquee players who have already won two

Gavin needs to road-test his options while staying competitive. A difficult juggling act, but one worth persisting with.

Celtic Crosses and who'll be desperate for a third after last summer's jolt.

Last Sunday, many of those young guns got their big league chance in Cork, either starting or off the bench. Some looked the part - in parts. Others struggled with the step-up in intensity.

But those youngsters need game-time far more than Gavin needs the validation of a league hat-trick. Fitness and form permitting, Messrs Cluxton, McCarthy, Brennan, Macauley, O'Sullivan, Flynn, Connolly and Brogan (or Brogans) will return to the playing fold, and Dublin will then be a far more formidable force.

In the meantime, though, Gavin needs to roadtest his options while staying competitive. A difficult juggling act, but one worth persisting with.



25 January 2015; Ross O'Carroll, Dublin, competes against Ryan McCambridge and Neil McManus, Antrim. Bord na Mona Walsh Cup Round 3. Picture credit: Oliver McVeigh / SPORTSFILE

## **2015 Leinster Championships**

#### **LEINSTER SFC 2015**

	HOME		AWAY	DATE	VENUE	TIME
1.	Offaly	٧	Longford	16.5.2015	O'Connor Park	
2.	Carlow	٧	Laois	17.5.2015	Dr Cullen Park	
3.	Louth	٧	Westmeath	17.5.2015	Gaelic Grounds, Drogheda	
QUAR	TER FINALS:				-	
4.	Offaly/Longford	٧	Dublin	31.5.2015	Croke Park	4.00pm
5.	Laois/Carlow	٧	Kildare	6.6.2015	Portlaoise/Tullamore	7.00pm
ŝ.	Louth/Westmeath	٧	Wexford	14.6.2015	Wexford Park/Cusask Park	
7.	Wicklow	V	Meath	14.6.2015	Pairc Tailteann	
SEMI F	INALS:					
3.	4	٧	5	28.6.2015	Croke Park	
Э.	6	٧	7	28.6.2015	Croke Park	
INAL:	8	٧	9	12.7.2015	Croke Park	



25 January 2015; David Treay, Dublin, in action against Ryan McCambridge, Antrim. Walsh Cup Group 2, Round 3, Parnell Park, Dublin. Picture credit: Oliver McVeigh / SPORTSFILE

#### LEINSTER SHC 2015 ROUND ROBIN: LAOIS, CARLOW, ANTRIM, WESTMEATH

	HOME		AWAY	DATE	VENUE	TIME
Round	1					
1.	Westmeath	٧	Carlow	3.5.2015	Cusack Park	
2.	Antrim	٧	Laois	3.5.2015	Antrim	
Round	2					160
1.	Westmeath	٧	Antrim	10.5.2015	Cusack Park	
2.	Carlow	٧	Laois	10.5.2015	Dr Cullen Park	
Round	3					
1.	Carlow	٧	Antrim	24.5.2015	Dr Cullen Park	
2.	Laois	٧	Westmeath	24.5.2015	O'Moore Park	
QUART	TER-FINALS					
A.	Dublin	٧	Galway	31.5.2015	Croke Park	2.00pm
В	Group Winners	٧	Offaly	7.6.2015		
С	Group Runners Up	٧	Wexford	7.6.2015		
SEMI F	INALS:					
1.	Dublin/Galway	٧	Group Winners/Offaly	20.6.2015	O'Moore Pk/O'Connor Pk	
2.	Kilkenny	٧	Group Runners Up/Wexford	21.6.2015	Nowlan Pk/Round Robin Team	2.00pm
FINAL:	1		2	5.7.2015	Croke Park	

#### **LEINSTER U21FC 2015**

	HOME		AWAY	DATE	VENUE
1.	Wexford	٧	Laois	25.2.2015	Taghmon/Camross
2.	Louth	٧	Carlow	25.2.2015	Clan na Gael
3.	Wicklow	٧	Longford	25.2.2015	Newtowncashel
4.	Offaly	٧			
5.	Winners 2	V	Winners 3	4.3.2015	Clan na Gael / Newtowncashel / Carlow IT
6.	Dublin	٧	Winners 1	4.3.2015	Parnell Park / Portlaoise
7.	Meath	V	Westmeath	4.3.2015	Páirc Tailteann
8.	Offaly	٧	Kildare	4/5.3.2015	Portlaoise
9.	5	٧	6	18.3.2015	
10.	7	V	8	18.3.2015	
Final	9	٧	10	2.4.2015	

#### **Bord Gais Energy Leinster U21HC 2015**

	HOME		AWAY	DATE	VENUE
1.	Dublin	V	Kilkenny	27.5.2015	Parnell Park
2.	Laois	V	Carlow	27.5.2015	Portlaoise
3.	Offaly	٧	Westmeath	27.5.2015	Tullamore
4.	Wexford	V	Kildare	27.5.2014	Newbridge
5.	1	V	2	24.6.2015	Portlaoise/Carlow/Kilkenny
6.	3	٧	4	24.6.2015	Tullamore/Newbridge/Mullingar
Final	5	٧.	6	8.7.2015	To be confirmed

#### **Electric Ireland Leinster MFC 2015**

	HOME		AWAY	DATE	VENUE
Round	1				
1.	Kilkenny	V	Carlow	18.4.2015	Kilkenny
2.	Laois	V	Meath	18.4.2015	Navan
3.	Westmeath	V	Wexford	18.4.2015	Wexford
4.	Dublin	V	Offaly	18.4.2015	Parnell Park
5.	Kildare	V	Louth	18.4.2015	Drogheda
6.	Wicklow	٧	Longford	18.4.2015	Aughrim
Round	1 Losers (Su	ubjec	t to Leaving Cert Practicals)	29.4.2015	
Round	2 Losers (St	ubjec	t to Leaving Cert Praciticals)	6.5.2015	
Quarte	r-Finals			16.5.2015	
Semi-F	inals			27.6.2015	
Final				12.7.2015	Croke Park

#### **Electric Ireland Leinster MHC 2015**

	HOME		AWAY	DATE	VENUE
TIER 2	2				
1.	Offaly	٧	Carlow	11.4.2015	Tullamore
2.	Laois	V	Wexford	11.4.2015	Wexford
TIER 3	3				
3.	Wicklow	ν	Westmeath	11.4.2015	Arklow
4.	Meath	٧	Kildare	11.4.2015	Trim
NEXT	GAME				
5.	Losers 2	٧	Winners 4	25.4.2015	Trim/Portlaoise/Wexford
NEXT	GAME				
6.	Winners 3	V	Losers 1	25.4.2015	Arklow/Tullamore/Carlow
NEXT	GAMES (A & B)				
Α	Winners 1 & 2	V	Kilkenny / Dublin	25.4.2015	To be confirmed
В	Winners 5 & 6	٧	Losers A	9.5.2015	To be confirmed
SEMI I	FINALS (To be Di	awn	after Quarter Finals)	20.6.2015	To be confirmed
FINAL	5.7.2015	Cro	ke Park		

#### Allianz Football League: What happened in 2014

Div 1: Winners: Dublin; Runners-up: Derry; Relegated: Westmeath, Kildare

Div 2: Promoted: Donegal, Monaghan; Relegated: Armagh, Louth

Div 3: Promoted: Cavan, Roscommon; Relegated: Longford, Offaly

Div 4: Promoted: Clare, Tipperary



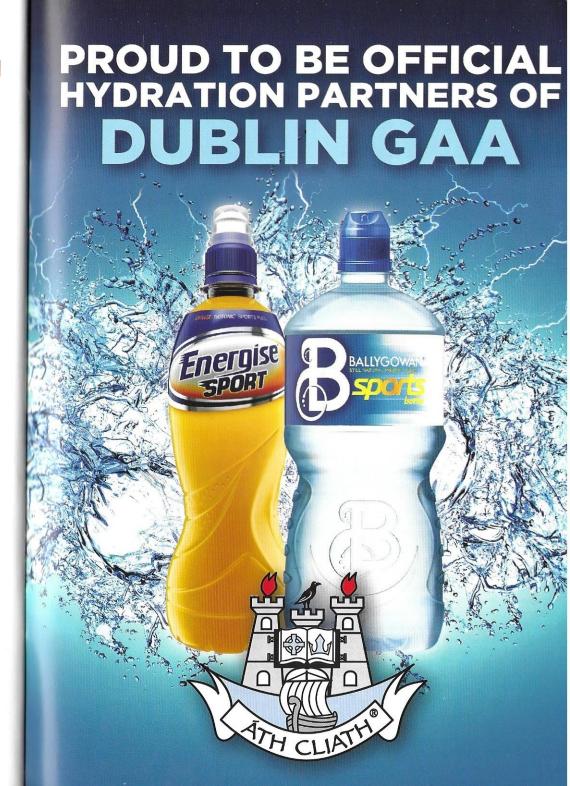




Photo: pictured at the launch of the 2015 'Follow The Dubs' campaign were Ciaran Whelan, Julianne McKeigue, GAA Museum, Jerry Grogan, Cumann na mBunscol and Cumann na mBunscol players Matthew Lawton, Anthony Jackson, Kate Myler and Robert Doyle.

### Allianz 'Follow The **Dubs' To The Top**

300 primary schools are primed to 'Follow The Dubs' in 2015 as Allianz again support Cumann na mBunscol's unique league campaign initiative. Last year's prize of a Croke Park Etihad Skyline tour for an entire class is again on offer thanks to Niamh McCoy and Julianne McKeigue from the GAA Museum. Following their favourite hurling and footbal team has been made very attractive with the arrival of a full colour poster, featuring. Paul Flynn, Danny Sutcliffe, Caitriona Power and Sinead Ahearne. All the home and away Allianz league fixtures are featured and 'guess The Score' sheets are provided for weekly competitions where children can win Dublin merchandise courtesy of Allianz, Friends Of Dublin Hurling are fully supportive of the project which has been a big hit in schools for almost twenty years.

Cumann na mBunscol is particularly grateful to Allianz, and to Ciaran Whelan in particular, for continued support for the promotion of Gaelic games in the capital. Cumann na mBunscol in now in its 87th year and it continues to thrive with record numbers registering for all codes.

38



The schools participating in the Respect Go-Games this evening are: Bishop Galvin NS, Templeogue, Scoil Chiarain, Donnycarney, Scoil Treasa, Firhouse, St. Mary's, Rathfarnham, St David's, Artane.

Cumann na mBunscol is grateful to O'Neills International Sport for supporting follow the Dubs. Allianz-Cumann na mBunscol Follow the Dubs 2015





## Etihad Skyline Tour

#### Great Prize to be won for a whole class!

It's easy to Talk the Talk but now you'll have the opportunity to Walk The Walk 17 storeys high on the roof of Croke Park - Ireland's most famous sporting arena. That's the prize for the Allianz Follow The Dubs competition for the 2015 Allianz National Leagues which is open to 5th and 6th class children in Dublin's Cumann na mBunscol primary schools.

What You Have To Do: Compile a scrapbook of your experience of the Allianz football and hurling league games

2015 which begin with the Dublin v Cork football clash in Cork on February 1st. Your scrapbook might include match reports of any games you attend, newspaper clippings, photos of yourself with your favourite players, your drawings or paintings and anything else your think is important. Use your imagination. The judges will be looking for good content, creativity and originality. The winning child will be able to bring his/her entire class and the teacher on the famous Etihad Skyline Tour to view the famous landmarks to be seen from 17 storeys up and to learn about Ireland's sporting and cultural heritage. It's an amazing two-hour experience that you can read more about at www.skylinecrokepark.ie. The prize also includes a visit to newly refurbished GAA Museum where the class will learn about the history of Gaelic Games and have fun testing their skills in the **NEW** interactive games area!



Send your entries to: Allianz-Cumann na mBunscol Skyline Competition, Holy Trinity School, Grange Road, Donaghmede, Dublin 13.



Note: children must be 1.2 metres or taller to take part in the tour.



The competition will be judged by an independent panel of adjudicators.



The Closing Date is: 20th May 2015 Further details on the Cumann na mBunscol website: www.cnmb.ie

#### Scoil Faoi Leith

#### St Martin De Porres Lead the Way

St. Martin De Porres N.S., Aylesbury, Tallaght had not appeared in a Croke Park final for nearly 20 years until 2013 when in an unforgettable day for the school both boys and girls teams won their finals within the space of an hour. The boys returned in 2014 and won Corn Matt Griffin against a talented St. Ann's by 3-14 to 4-6.

Credit for recent successes must go to teachers Shane Kelly, Matthew Cody, Carole Mealiffe and Julie Fitzmaurice and to the coaches from Thomas Davis G.A.A. led by Nollaig Ryan G.P.O.

The teachers and Thomas Davis club have made Gaelic games the biggest participation sport in the school. 17 of the 25 on the panel are members of Thomas Davis. All of the girls' team are members of Thomas Davis except one. She is a member of St. Ann's, Boharnabreena.

Captain Fionn Murray gave a remarkable display in the final. He scored 1-2 from play and 7 points from frees. He has all the skills, is two footed and takes the frees from the ground. He excels in all sports but says that gaelic football is his favourite.

Jason Ogbogo was the goalie and made remarkable saves throughout the campaign. Junior Ozhianvuna's driving runs and precision tackling turned the tide in the final when they were 3 points down with 2 minutes to go. Goals from Cillian Sallier and Killian Kett sealed victory. Iminu Tsalabiendze's classic celebration made all the national papers.

The future is bright for St. Martin's with throngs of the younger boys and girls being coached in school and in Thomas Davis.

Tara O'Doherty was the captain of the girls' team and has thrown down a challenge to Fionn Murray and the boys to a boys v girls game in June. This will be an all ticket sell out on the Kiltipper All Weather pitch.



#### Leirmheas Imreoir Scoile

#### **Shooting Star**

Name: Rebecca Cooke. Age: 12. School: St. Helen's Portmarnock. Position On Field: Midfield. Fav Player: Bernard Brogan. Fav Food: Fruit Salad, Fav Music: Pop. Fay Film: Score, Fay TV: Monday night Football, Fav Book: Steven Gerard Autobiography. Fav Colour: Blue. Fav School Subject: Irish, PE. Fav County Other then Dublin: Sligo. Fav Computer Game: FIFA 15. Best Sporting Advice: 'Practise with both feet'.

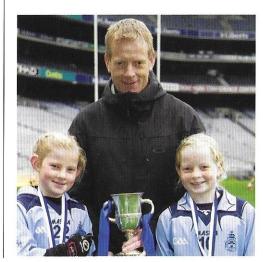


Rebecca led St Helen's to victory in Croke Park

#### **Declan Proud of Girls**

Declan Darcy enjoyed a wonderful career with Leitrim and Dublin and is still contributing as a selector with he current Dublin team.

He attended Croke Park in December as a coach and mentor to the Scoil Mhuire Sandymount girls' team that were victorious in Corn Comhar Linn. On the team were Declan's two daughters Lauren and Ella. These two talented performers are certainly a chip off the old block. Watch out for them in the future as they hone their skills under he expert tutelage of the dedicated father.



#### **Cumann Flying High**

Gaelic games are thriving worldwide at present and the Etihad sponsored GAA World Games will soon be played in Abu Dhabi.

Cumann na mBunscol children were present at the launch in Croke Park and they were treated like royalty by Etihad staff. They met Dublin hurling superstar, Danny Sutcliffe, and were given replica World Games kit to take home. This was followed by a framed photograph with an Etihad model plane on the sideline in Croke Park.

It was certainly a day to remember for the four lucky children Jason Gallagher, Fiona Penrose, Aishling Trainor and Aaron Dalton. Cumann na mBunscol, Ath Cliath, has a proud record of foreign travel with teams having visited Luxembourg and Brussels in the past and the long standing link with Alba Camanacht in Scotland for Shinty/Hurling exchanges involved many of the current stars of Dublin senior hurling.

Photo: pictured in Croke Park at the launch of the Etihad sponsored GAA World Games were Aaron Dalton, Jason. Gallagher, Aishling Trainor and Fiona Penrose.



#### **Leirmheas Imreoiri Scoile - Shooting Stars**

#### Star Still On Rise

Star Of The Sea NS in Sandymount was one of the founder schools of Cumann na mBunscol in 1928. They have a proud record of success down the years and in 2014 were still going strong. They produced a wonderful performance to capture Corn Mhic Chailte in Croke Park where they were led by joint captains Michael Hennessy and Aaron Caulfield.



#### Player of the Week

Ainm: Aaron Caulfield. Age: 12. Club: C. Na Gael Fontenoy.
Position on Field: Forward. Favourite players: B Brogan, Dermot
Connolly. Favourite Food: Lasagne. Favourite Music: Pop music.
Favourite Film: Dumb and Dumber. Favourite TV Programme:
Simpsons. Favourite Book: Maze Runner. Favourite colour: Blue.
Favourite School Subject: PE. Favourite County other than Dublin:
Sligo. Favourite Computer Game: FIFA. Best sporting advice I
ever got: Never stop running

#### Player of the Week

Ainm: Michael Hennessy. Age: 12. Club: C. Na Gael Fontenoy. Position on Field: Midfield. Favourite players: James O'Donoghue. Favourite Food: Chicken Curry. Favourite Music: Pop music/Bruno Mars. Favourite Film: Olympus has fallen. Favourite TV Programme: Hawaii 5.0. Favourite Book: Maze Runner. Favourite colour: Blue. Favourite School Subject: PE. Favourite County other than Dublin: Kerry. Favourite Computer Game: FIFA. Best sporting advice I ever got: Practice with Weak foot



DUBLIN GAA SPRING SERIES ALLIANZ FOOTBALL LEAGUE - ROUND 2

## RESISTANCE TRAINING **COURSE FOR GAA**

The course was developed by Andy Murphy (University of Limerick), Dr. Cian O'Neill (University of Limerick) and Michael Dempsey (IT Carlow).

Aim: The course aims provide GAA coaches working at the youth level (13-18 years of age) with the necessary knowledge, understanding and competencies in the area of resistance training to implement a programme focused on improving functional strength and movement efficiency at schools, club and development squad level without the need for external bodies which is currently present within the game

The course will look at the following:

- The needs and demands of the youth athlete
- The role of RT in preparation of the Gaelic Games youth athlete
- Principles of training
- Warm-Up games and exercises
- Movement analysis of RT patterns
- Periodisation and planning
- Progression and adaptation of exercises
- Coaching field based RT exercises
- Upper & Lower extremity exercises Core Exercises





## RUNNING MECHANICS & GAME SPEED IN GAA

Aim: This workshop consists of 16-18 hours of lectures, theory, tutorials and practical sessions related to understanding and developing running and game-speed in GAA team sports. It covers the following area

- Understand the demands of running, plyometrics, game-speed and agility
- Running Mechanics factors that influence individual technique and performance.
- Plyometrics Explain bio-mechanical issues relating to plyometric training
- Game Speed Identify specific factors relating to developing game-speed and agility Training
- Program Design

More information on both of these courses available at: www.dublingaagamesdevelopment.ie Facebook: www.facebook.com/DublinGaaCoachingAndGamesDevelopment Email: aileen@dublingaa.ie





## **2015 Allianz Football League: Results & Fixtures**



#### **ALLIANZ FOOTBALL LEAGUE DIV 1**

Round 1: Mayo 2-11 Kerry 0-10; Cork 1-15 Dublin 0-16; Monaghan 1-13 Tyrone 0-9; Donegal 1-15 Derry 0-12

Round 2: Next Saturday: Dublin v Donegal; Next Sunday: Mayo v Tyrone; Derry v Kerry; Monaghan v Cork.

Round 3: February 28: Tyrone v Derry; March 1: Kerry v Dublin; Donegal v Cork; Mayo v Monaghan.

Round 4: March 7: Dublin v Tyrone; Cork v Kerry; Derry v Mayo; Donegal v Monaghan. Round 5: March 14: Mayo v Dublin; March 15: Kerry v Donegal; Monaghan v Derry; Tyrone v

Round 6: March 28: Dublin v Derry; Kerry v Monaghan; Donegal v Tyrone; Cork v Mayo. Round 7: April 5: Tyrone v Kerry; Monaghan v Dublin; Derry v Cork; Mayo v Donegal.

Semi-finals: April 12 Final: April 26

#### **ALLIANZ FOOTBALL LEAGUE DIV 2**

Round 1: Galway 2-13 Meath 1-12; Down 3-13 Kildare 1-15: Westmeath 1-12 Laois 0-10; Roscommon 1-11 Cavan 0-14

Round 2: Next Saturday: Meath v Kildare; Laois v Cavan; Down v Roscommon; Sunday: Westmeath v Galway

Round 3: February 28: Cavan v Down; March 1: Kildare v Westmeath; Roscommon v Meath; Galway v Laois.

Round 4: March 7: Meath v Westmeath: Cavan v Kildare; March 8: Laois v Kildare; Down v Galway.

Round 5: March 14: Meath v Laois: March 15: Galway v Cavan; Westmeath v Down; Kildare v Roscommon.

Round 6: March 28: Down v Meath; Cavan v Westmeath; Laois v Kildare; March 29: Roscommon v Galway.

Round 7: April 5: Westmeath v Roscommon; Down v Laois; Galway v Kildare; Meath v Cavan.

Final: April 26

#### **ALLIANZ FOOTBALL LEAGUE DIV 3**

Round 1: Fermanagh 0-16 Louth 0-7; Clare 1-16 Wexford 0-5; Armagh 2-8 Tipperary 0-13; Limerick 0-14 Sligo 1-9

Round 2: Next Sunday: Tipperary v Limerick; Wexford v Armagh; Sligo v Fermanagh; Louth v Clare.

Round 3: March 1: Limerick v Armagh; Louth v Wexford; Fermanagh v Tipperary; Clare v Sligo.

Round 4: March 7: Tipperary v Clare; Armagh v Fermanagh; March 8: Sligo v Louth; Wexford v Limerick.

Round 5: March 15: Louth v Tipperary; Fermanagh v Limerick; Clare v Armagh; Sligo v Wexford.

Round 6: March 28: Armagh v Louth; March 29: Wexford v Fermanagh; Limerick v Clare; Tipperary v Sligo.

Round 7: April 5: Sligo v Armagh; Louth v Limerick; Clare v Fermanagh; Tipperary v Wexford Final: April 25

#### **ALLIANZ FOOTBALL LEAGUE DIV 4**

Round 1: Waterford 0-14 Wicklow 0-10; Offaly 0-9 London 1-2; Leitrim 0-15 Longford 1-12; Antrim 1-12 Carlow 0-15

Round 2: Next Sunday: Carlow v London; Wicklow v Leitrim; Longford v Antrim; Offaly v Waterford.

Round 3: February 28: London v Longford; Waterford v Carlow; March 1: Wicklow v Offaly; Leitrim v Antrim.

Round 4: March 8: Offaly v Leitrim; Antrim v London; Longford v Waterford; Carlow v Wicklow

Round 5: March 15: Wicklow v Longford; Offaly v Carlow; Waterford v Antrim; March 22: Leitrim v

Round 6: March 29: London v Waterford; Longford v Offaly; Carlow v Leitrim; Antrim v Wicklow.

Round 7: April 5: Wicklow v London; Leitrim v Waterford; Carlow v Longford; Offaly v Antrim.

Final: April 25





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