Mac Cumhaill Park, Ballybofey

RAOBH

1ú Meitheamh/1stJune 2008 at 4.00pm

ULADH 2008

DÚN NA NGALL

Dún na nGall

Donegal

Doíre



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CRAOBH PEILE ULADH 2008



Ulster GAA Football Championship

Quarter Finals: Sunday 1st June 2008 at Mac Cumhaill Park, Ballybofey

Ulster GAA ESB Minor Football Championship **Dún na nGall v Doire**

Throw in 2.15pm

Referee:

Eugene McConnell (Tir Eoghain)

Standby:

Fergal Cleary (Fear Manach)

Linesman:

Eamon McHugh (Tir Eoghain)

Sideline Official:

Fergal Daly (Tir Eoghain)

Ulster GAA Senior Football Championship **Dún na nGall v Doire**

Throw in 4.00pm

Referee:

Marty Duffy (Sligeach)

Standby:

14.00

14.03

Eugene Murtagh (Longfort)

Linesman:

Raymond Doone (Aontroim)

Sideline Official:

Stephen McNamee (Tír Eoghain)







Design & Print Lairdesign

Editor

Stephen Donnelly

Contact

info@ulster.gaa.ie

Photography Sportsfile & Michael Cullen

Clar an Lae

14.15 14.45	Tús an Cluiche: Dún na nGall v Doire Half Time
v.	Entertainment
14.55 15.28	Start of Second Half End of Minor Game
	Entertainment
15.39 15.42 15.58	Doire amach ar an bPairc Dún na nGall amach ar an bPairc Amhrán na bhFiann Tús an Cluiche: Dún na nGall y Doire
16.00	rus air ciulche. Duit ha fidali v Dolle
16.00 16.35 16.37	Half Time Entertainment & Cumann na mBunscol Exhibition
16.35	MARION COMMON

Doire amach ar an bPairc

Dún na nGall amach ar an bPairc

Amhrán na bhFiann

Curfá:

Sinne Fianna Fáil

A tá fé gheall ag Éirinn,

buion dár slua

Thar toinn do ráinig chugainn.

Fé mhóid bheith saor.

Sean tír ár sinsir feasta

Ní fhagfar fé'n tiorán ná fé'n tráil

Anocht a théam sa bhearna bhaoil.

Le gean ar Ghaeil chun báis nó saoil

Le guna screach fé lámhach na bpiléar

Seo libh canaídh Amhrán na bhFiann



CRAOBH PEILE ULADH 2008







President's Foreword



Fáilte romhaibh go léir go dti Pairc Mac Cumhaill do Craobh Peile Uladh.

On behalf of Comhairle Uladh, I extend a very warm welcome to the players, team management and supporters of the two participating counties, namely Dún na nGall and Doire to today's games in Mac Cumhaill Park, Ballybofev.

The Ulster GAA is delighted to be back in Mac Cumhaill Park with one of our biggest Championship fixtures for the 2008 season. The venue has been significantly enhanced and is an example to all counties of what can be achieved with a lot of work and investment from key partners.

I would like to thank all of our match officials for the important roles they continue to play throughout these championships and also for their supportive role in the running of our competitions throughout the year.

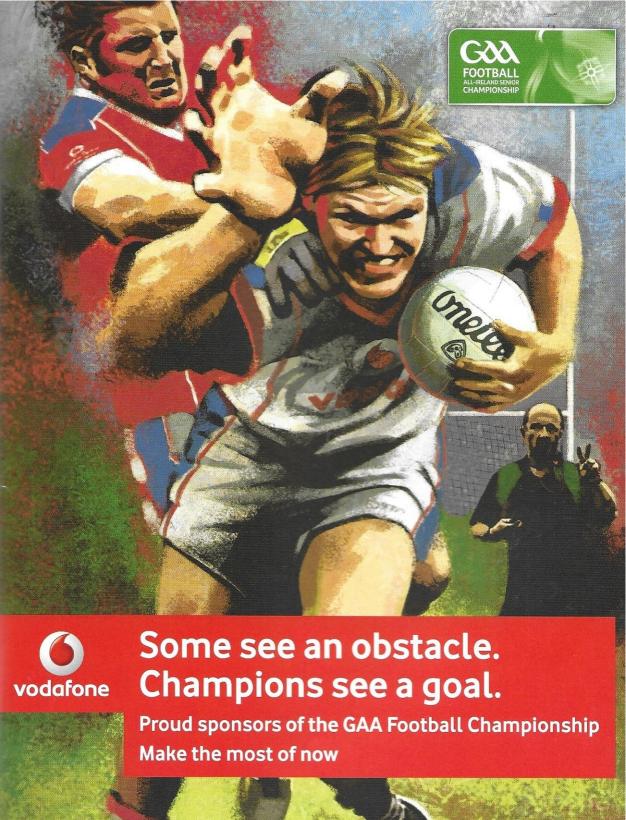
Today's game will reach a large audience with the involvement of live television and hopefully today, we will get a fine spectacle worthy of the occasion.

Thanks as always to everyone involved in Mac Cumhaill Park for the presentation of the grounds and their work and co-operation.

Tomas O'Dalaigh **Uachtaráin**

Comhairle Uladh C.L.G







CRAOBH PEILE ULADH 2008



DUN NA NGALL



Na Reiteoiri

The men in the middle

Eugene McConnell (Tír Eoghain)

Eugene is a member of the Clogher Eire Og club. He is a Civil Servant. He played at all levels with Clogher Eire Og's and won a Division 3 League Medal in 1985. He played for Tyrone Vocationals and CBS Grammar school. Hobbies include swimming and playing pool.

He has been refereeing at club level since 1992 and inter county level from 1999. Refereed McKenna Cup, Ulster U21 and U18 Championship. Also Ulster, Intermediate and Junior club championship.

Eugene has been involved at club level for past 27 years. He has served in various administration posts at county level including county youth officer, county youth fixtures officer, GAC disciplinary secretary and referees assessments officer.

He has also refereed in senior, intermediate and junior championships within Tyrone.



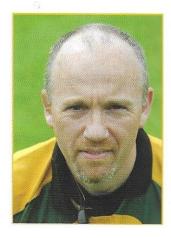
Martin Duffy (Sligeach)

Martin is a member of the Enniscrone/Kilglass club and is a former player. He won a county intermediate medal in 1991 as a forward.

He has been refereeing locally since 1996 and has controlled county finals in all grades and last September he officiated at his fourth senior decider. The Sligo man has been on the inter-county panel for some eight years and has been the man-in-the-middle

at All-Ireland level in the club intermediate and junior championships.

Duffy has also refereed two All-Ireland ladies football finals in recent times, and he has officiated at Ulster Championship fixtures before. He also took charge of this year's National Football League game at Letterkenny earlier this year.





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CRAOBH PEILE ULADH 2008



A View From The Top

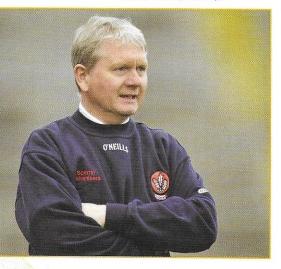
Paddy Crozier



For Derry the football season for 2008 begins in earnest here in Ballybofey today. It has been a long and often arduous journey from the depths of winter to the sunny heights of Parnell Park for the National League Final thanks in no small part to my superb management team.

However, we are in no doubt that today we must raise to another level if we are to have any ambitions of making a serious impact on the Ulster championship.

All that has gone before has been a precursor to the championship. Anyone with even a passing interest in Gaelic Football will be only to aware of the level of talent, commitment and sheer determination required to advance at any stage in the Ulster championship.



The professionalism of our medical team in helping our players reach this level can be in no way underestimated.

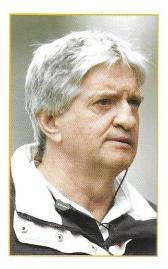
It has long been an open secret that Ulster is the toughest of them all.
Today will be no different.
Experts and novices alike will tell you of past form and base their predictions for today on what has happened in the league, it all counts for nothing.

We will confront Donegal today in the knowledge that they are a side bursting at the seams with players of a high calibre, able to hold their own with the best in the land.

That said, we believe that in this Derry panel we have men who have given their heart and soul to the cause and with that comes a heightened level of maturity, focus and confidence. We are under no illusions as to what we must do to emerge victorious today.

It has long been acknowledged that Derry is a panel heavy with talent but talent is a hollow thing without the silverware to prove it. Yes we have won the National League this year, but this has only hardened our resolve to move on to greater things.

It is my fervent hope that Donegal and Derry will serve up a game to meet the



highest expectations of their respective fans in a sporting and entertaining manner.

All the main ingredients are in place. I am in no doubt that officials and all involved in today's game will do everything in their power to help all spectators have a most enjoyable visit to Ballybofey.

I am also in no doubt that you, the supporters will play your part to help make it a great championship occasion here today in MacCumhaill Park, Ballybofey.

I would like to take this opportunity to thank our County Board, Club Derry and sponsors Sperrin Galvanisers and O'Neill's Sportswear for all the help received in making today possible.

CRAOBH PEILE ULADH 2008



A View From The Top

Brian McIver

The 1st June is here and a massive Ulster Championship match beckons. It seems no time since we were playing UUJ in the snow in the Mc Kenna Cup, and yet here we are and the Championship is upon us.

The National League is over and today we welcome Paddy Crozier and the League Champions Derry to Mac Cumhaill Park. Derry won the league in style, with a great performance against Kerry, and today, they will pose a major threat to our Championship ambitions. Our league campaign was full of ups and downs. We played some great football at stages and we were involved in a number of nail biting finishes. I have no doubt that today will be very similar-this will be a game which will go to the wire. During those league games our supporters were great when we needed a lift and I know we will need that lift again today.

This is a game where we are going to have to play our best football of the season. This will demand a fully committed team performance, with our massive home support, creating a super championship atmosphere. Lets hope we give our supporters plenty to shout about today.

Finally a word of thanks to the County Board, Club Donegal and our sponsors the Abbey and Azzurri for all their support throughout this season.





Today's Entertainment

Brendan Monaghan

Whistles, Uillean Pipes and Guitar- Brendan hails from County Down and is a regular with the Phil Coulter band, he has performed on numerous albums and with many of Irelands top recording artists. Brendan is well known throughout America, Canada and Japan for his music prowess.

Plunkett McGartland

Keyboards and fiddle- Plunkett is from Killeshil in county Tyrone, he is known throughout the county and further afield for his musical ability, he currently works as a teacher in Holy Trinity college cookstown and spends his weekends touring with a host of Irish musicians and singers.

Declan Magee

Accordian and squeeze box Declan at the age of 18 is fast proving he is one of the greatest prospects in Irish traditional music, currently finishing his studies at Secondary education.

Declan is a special talent and one to watch.

Malachi Cush

Vocals and Guitar- Malachi has been singing from a very young age, he has released a total of four albums and is currently working on his fifth. he has recently returned from a promotional trip to USA and also presents a selection of radio programmes for the Northern Media Group.

Deirdre Bonner

From Dungloe, County Donegal. She has been singing in the Donegal area since the age of six and over the past few years has been making a big impact on the music business in Ireland and farther afield.



CRAOBH PELLE ULADH 2008



Minor Preview

Ronan Scott GaelicLife

The Derry minors were one of the biggest success stories of last year despite the fact that they ended the season as double losing finalists.

After their Ulster Minor League victory they went on a run to the Ulster minor final that was characterised by a tight defensive display. They reached the final and were beaten by Tyrone in a game that will be remembered for the point that never was. Tyrone may have won that day but Derry went further than their neighbours by reaching the All-Ireland final, Midway through their season their reliance on a miserly back line, that conceded only one point against Monaghan and three to Antrim, disappeared and their forwards sprung into life. Gavin McGeehan and Lee Moore were the target men. The former relies on his strength while the latter is fleet of foot. Both will be involved in today's game.

In defence Derry also have dual star Christopher McKaigue returning to action. The Slaughtneil footballer was a regular on this year's St Pats Maghera side. He's the type of centre back who likes to get forward. Derry also have the experience of full back Carlus McWilliams, who was also involved in last year's campaign with Derry.

Therefore, success for the Oak Leaf boys relies on the impact of those players and whether their experience will be a help or a hindrance.

Derry should already know guite a bit about their opponents today as these two sides met in the Ulster Minor League when Donegal lost 0-11 to 2-7. Furthermore, a few of these players also met in the Ulster Colleges Vocational championship. Since both sides have a fairly good idea who they are facing then the game should be a close run contest, However, Derry's run in the championship last year should stand to them and as a result they should be regarded as favourites

If Donegal are to turn the tables on the favourites then they need to win the midfield battle. The Oak Leafers relied on Kilrea's James Kielt to dominate the centre field last year. However, he's no longer part of the panel and since Donegal have Colm McFadden's younger brother Antoin playing at midfield, then there is every chance that Donegal may come out on top in that area. By doing so they could cut out all the supply to Derry's forwards.

The lessons from the Ulster Minor League is that Donegal need to be much tighter in defence. Of course winning midfield will be one way of stopping the ball going in, that is not a fool proof plan for success. Considering that in each of their three defeats so far this season, they

conceded at least two goals, Derry should feel confident of victory considering McGeehan's eve for a goal.

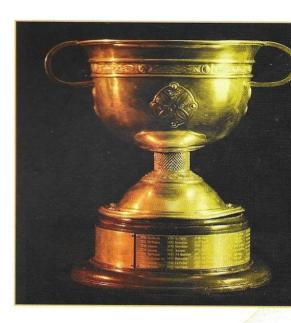
However, at the other end of the field Donegal have been relatively consistent. Owen Ward knows how to put the ball over the bar when he gets the chance, but whether he gets the opportunity today remains to be seen.

Therefore, this is a clash between an underdog side who have yet to show their true potential and a team of players eager to go one better than last year. The sensible money would be on Derry but there is always the chance that Donegal could catch their opponents off guard.















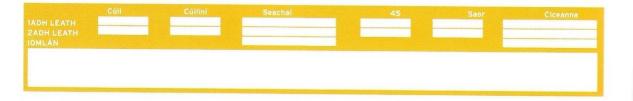
Dún na nGall

Dieinterejail



Fír Ionaid/Substitutes: 16. Ashley Mulhern, Bun Dobhrain 17. Louis McNern, Na Cealla Beaga

- 18. Raymond McLaughlin, Naomh Mícheál 19. Antóin McFadden, Naomh Mícheál
- 20. Peter Divine, Naomh Adhamhnáin 21. Sean O' Kennedy, Na Ceithre Máistrí 22. Peter McGonigle, Bun Dobhrain
- 23. Dermot Keaveney, Naomh Pádraig Magh 24. Michael McEniff, Bun Dobhrain



















Fír Ionaid/Substitutes: 16. Darrell McDermott, Beannchar 17. Brian Doyle, An Lup

- 18. Diarmuid Dillon, An tSuaitreagh 19. Aaron Hasson, Beannchar 20. Alastair Clerkin, Baile Na Scríne
- 21. Nigel Bradley, Fothair Ghleann 22. Aidan Mullan, Cúlraithin 23. Gavin O'Neill, Beannchar
- 24. Michael Quinn, Nuachongbhail











CRAOBH PEILE ULADH 2008



Elite Camp





This year will see the 5th Annual Ulster Council Elite camp take place on the 30th June to the 2nd July in the Sports Science facilities of the University of Ulster, Jordanstown. This 3 day camp brings in 90 players in total, forty five from each code of Football and Hurling, which are made up of the most promising players from each county in Ulster.

Throughout the duration of the camp, the players benefit from the knowledge and expertise of some of the top coaches in today's game, while simultaneously gaining access to the world class facilities that are in the University. The players are afforded the opportunity to improve their own knowledge in different areas which will ultimately enable them to improve their own game.

In addition, the players will be videoed while performing a range of different skills based tasks, such as tackling, blocking, support play both on and off the ball, kicking and catching. These videos are then analysed and the players are presented with feedback on their style of play, and ideas on how they can improve on these skills.

Past camps have seen Kieran Mc Geeney, Terence Mc Naughton and Sean Cavanagh, all of whom have been an inspirational figure for our young talent of the future, and have given them food for thought by describing what they feel it takes to get you to the top.

This coming year we have the pleasure in having Peter Canavan as our guest and I am sure the players will take great inspiration from his talk and question and answer session. Indicative of the effect that these camps have on our youth

of today is provided when some of the past 'pupils' of the camp have gone on to represent their county at Minor, U21 and even at Senior levels. Indeed, one of them, Michael Murphy from Donegal was reflecting recently on his own experiences in the camp.

"In 2005, I was selected on the Ulster Under 16 Elite Camp where I spent three days at Jordanstown accompanied by other Under 16 Gaelic Footballers from within the Province. It helped significantly in improving my game. The training was top class and the various tests done over the 3 days enabled me to see the areas of my game that needed improvement. I also benefited from talks given in areas such as nutrition and time management. I picked up tips on how to prepare for training and matches in a professional manner".

Scór Performers

The National Anthem

The National Anthem will be sung by Peadar Ó Baoill.
Peadar is from Baile na Finne, in Donegal's Gaeltacht Lár.
He is attached to the Naomh Chonaill club and entered Scór Sinsir for the first time this year in the Solo Singing category. He won the County Final and the Ulster Final at his first attempt.

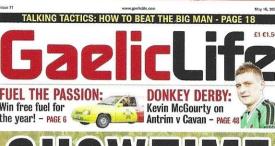
Minor Half Time Entertainment

The half time singing/ entertainment will be performed by the Scór Sinsir ballad group from Club CLG Gaeil Fhanada. The Ballad Group are the Donegal winners of Scór Sinsir this year and were only narrowly beaten in the Ulster semi final by the eventual All Ireland winners -St Enda's, Omagh. They have won the All Ireland Youth Club competition twice. The group members are Nóra Nic Fhionnghaile, Treasa Ní Cholla, Fionnuala Ní Giolla Bhain, Kelly and Lisa Nic Ruairí.

The girls would love to win an All Ireland Scór Sinsir title someday. Hopefully they will.

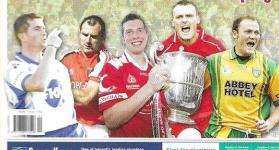
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Dún na nGall

Pen Pics

Name	Age:	Height:	Weight:	Occ:
Barry Dunnion	25	5'7''	11st 8lb	Student
Barry Monaghan	30	6'0''	13st 7lb	
Brian Roper	32	5'7''	(NESESTATE STATES	Tyre Sales
73 000 to 50000 to 1000 900 Miles (000)	2000		11st 5lb	Monumental Sculptor
Christy Toye	24	6'3"	13st10lb	Insurance Official
Colm McFadden	24	6'2"	14st 3lb	Teacher
Conall Dunne	25	5′11′′	13st 5lb	Accountant
David Walsh	25	6'0"	11st 7lb	Construction
Eamon McGee	24	6' 3''	14st	Football Coach
Frank McGlynn	22	5'11''	12st	Engineer
Karl Lacey	23	5'10''	11st 12lb	Student
Kevin Cassidy	25	6'0"	15st	Teacher
Kevin McMenamin	26	5'6"	10st 7lb	Machine Driver
Kevin Rafferty	26	5'11''	12st	Shop Manager
Leo McLoone	19	5′11′′	13st	Student
Leon Thompson	23	5'8"	11st 5lb	Alarm Installer
Michael Boyle	20	6'1''	13st 4lb	Student
Michael Doherty	23	6'0"	12st 7lb	Student
Michael Hegarty	27	5'11''	12st	Sales Rep
Michael Murphy	19	6' 2'	13st	Student
Neil Gallagher	24	6'3"	14st 9lb	Civil Engineer
Neil McGee	22	6'0"	13st 71b	Plumber
Niall Mc Cready	32	5'10''	12st 4lb	Electrician
Paddy Mc Conigley	27	5'10''	12st 13lb	Carpenter
Paddy McDaid	26	5'8"	11st 7lb	Waste Management
Paul Durcan	24	6'5"	16.00st	Civil Engineer
Rory Kavanagh	25	6'2"	13st 5lb	Teacher
Ryan Bradley	24	6'1''	12st 7lb	Builder
Shane Mc Gowan	21	5'10''	12st 9lb	Carpenter
Stephen Griffin	21	5'11"	12st 6lb	Student







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ún na nGall

Domegali



Fír Ionaid/Substitutes: 16. Michael Boyle, An Tearmann 17. Niall Mc Cready, Aodh Ruadh Béal Átha Seanaigh 18. Barry Monaghan, Na Ceithre Máistrí 19. Paddy Mc Conigley, Gael Fhanáda 20. Shane Mc Gowan, Bun Dobhrain 21. Declan Walsh, Malainn 22. Kevin Rafferty, Naomh Adhamhnáin 23. Brian Roper, Aodh Ruadh Béal Átha Seanaigh 24. Kevin Mc Menamin, An Tearmann 25. Ryan Bradley, Bun Cranaigh 26. Michael Doherty, Na Ceithre Máistrí 27. Conall Dunne, Naomh Adhamhnáin 28. Leo Mc Loone, Naomh Conall 29. Stephen Griffin, Naomh Naille 30. Leon Thompson, Naomh Conall

	Cell	Cúillini	Seachaí	45	Saor	Ciceanna

MLÁN						





Fír Ionaid/Substitutes: 16. Barry Gillis, Machaire Fíolta 17. Patsy Bradley, Leacht Neil

- 18. Paul Cartin, Beannchar 19. James Conway, Baile an Doire 20. Colin Devlin, Baile an Doire
- 21. Ryan Dillon, An tSuaitreagh 22. Joe Keenan, Machaire Fiolta 23. Michael McBride, Baile na Scrine
- 24. Francis McEldowney, Leacht Neil 25. Ryan McElhone, An Droichead Nua 26. Barry McGoldrick, Cúlraithin
- 27. Michael McGoldrick, Baile Eochaidh 28. Ciaran Mullan, Druim Sorran 29. Paul O'Hea, Baile an Stil
- 30. Raymond Wilkinson, Baile an Doire

	Cúil	Cúilini	Seachaí	45	Saor	Ciceanna
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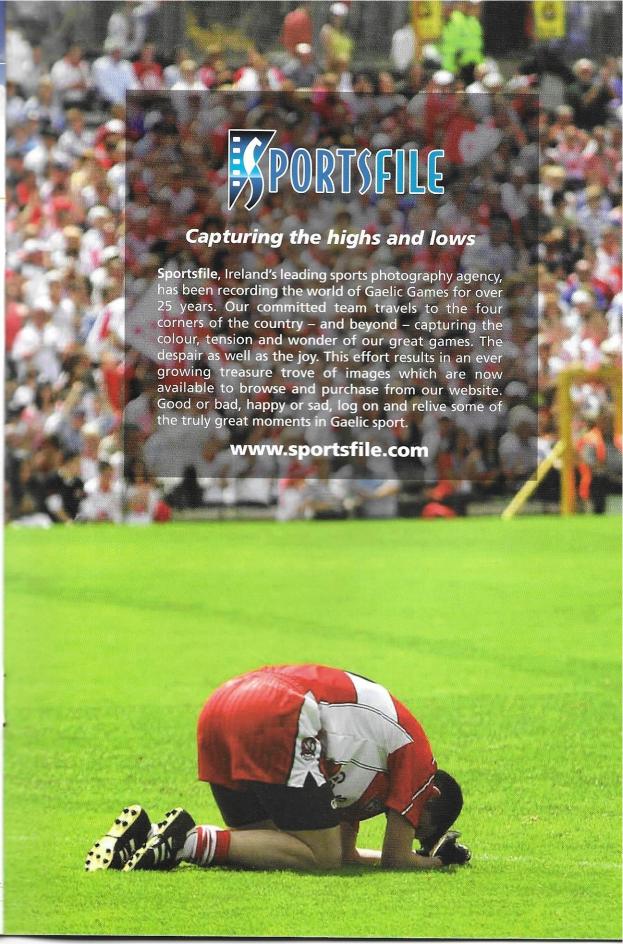




Pen Pics



Name	Age:	Height:	Weight:	Occ:
Eoin Bradley	24	6′ 0	14st	Plasterer
Paddy Bradley	27	5′ 11	14 st	Quantity Surveyor
Patsy Bradley	23	6'1"	13.5st	Labourer
Paul Cartin	27	6' 0	13.8st	Metal Fixer
James Conway	27	6′ 3	14.4 st	Plasterer
John Deighan	25	6'0"	14.5st	Accountant
Colin Devlin	23	5′ 10	11st	Quantity Surveyor
Ryan Dillon	21	5'8"	12st	Student
Joe Diver	26	6'5"	15st	Marketing Executive
Fergal Doherty	26	6′ 1	15 st	Roofing Contractor
Conleth Gilligan	28	5′ 10	12.st	Business Dev. Manager
Barry Gillis	28	6′ 1″	14.5 st	Service Engineer
Liam Hinphey	23	6′1	13.5 st	Student
Joe Keenan	23	5' 10	12.8 st	Engineer
SM Lockhart	31	6'	3.4st	Teacher
Mark Lynch	22	6' 2	14.5 st	Student
Enda Lynn	20	5′10″	11st	Bricklayer
Michael McBride	26	6'	13st	Accountant
Kevin McCloy	29	6'2	14.5 st	Civil Engineer
Niall McCusker	27	6' 2	14.5st	Flooring Contractor
Francis McEldowney	27	5' 10	12 st	Plumber
Ryan McElhone	25	6'0"	12.5st	Senior Buyer
Michael McGoldrick	23	5' 8	12 st	Plumber
Barry McGoldrick	23	6' 2	13.5 st	Student
Kevin McGuckin	27	6′ 2	13.5 st	Chartered Accountant
Michael McIver	22	5'9"	12st	Student
Enda Muldoon	30	6' 4	13.4 st	Bar Manager
Ciaran Mullan	24	5'9"	11.5st	Electrician
Paul Murphy	28	5' 11	13.5 st	Engineer
Paul O Hea	24	6' 2	13.5 st	Pharmacist
Cathal O Kane	22	5'11"	13st	Insurance Broker
Gerard O Kane	23	5′ 10	13 st	Student
Raymond Wilkinson	23	5′ 7	11 st	Joiner





CRAOBH PEILE ULADH 2008



Senior Preview



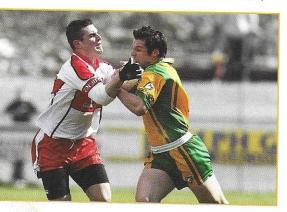


Alan Rodgers GaelicLife

STEADY progress during the past few years looks certain to reach a climax for both these counties as they embark on a championship campaign brimming with bright prospects.

Victory in the last two National Leagues highlights their credentials. Now is the time for them to translate that form into the race forthe Anglo Celt and Sam Maguire.

The fact that they have enjoyed prolonged championship runs this decade raises the stakes even higher. Three All-Ireland semi-final appearances indicate that they have the potential. That's why today's match poses such key challenges for them. For, a defeat would represent a very significant blow to genuine ambitions. But the intriguing angles go far beyond their largely similar fortunes on the field. Brian McIver will know the Derry players well from his experiences with Ballinderry.



They include many whom he guided to All-Ireland Club glory seven years ago and his son, Michael

Paddy Crozier and his players will also be wary of not placing too much hope on winning the league. After all, the lesson learned by Donegal, when they emerged with the title a year ago before being dumped from the championship prematurely. is still fresh in the collective memory. Of course, it's not the statistics or past history which matter. Instead, any number of intriguing battles hold the key to a provincial semi-final place.

Some of the best players in the country will be bidding to make their mark here at Ballybofey. Think of Derry and there's the defensive qualities of Gerard O'Kane, Michael McIvor and Kevin McCloy and the vast experience of Sean Martin Lockhart, Fergal Doherty and Joe Diver are the in-form midfield partnership while up front no-one will doubt the sheer class of Paddy Bradley, Conleth Gilligan, Enda Muldoon and Mark Lynch. But Donegal have players every bit as capable. Karl Lacey, Frank McGlynn and Neil and Eamon McGee will be determined to curb the threat posed by the opposition attackers. Neil Gallagher and Rory Kavanagh or Kevin Rafferty form a very formidable partnership in midfield where the tussles will be particularly keen.

Then, there's the potential of Michael Hegarty, Christy Toye and Colm McFadden to really make their mark on the scoring front.

Where things might be won and lost has been the hot topic of conversation far beyond the boundaries of the two counties this week. And, there is no doubting the fact that both have big challenges ahead.

It is ten years since Derry last reigned supreme in Ulster, a full sixteen years have elapsed from Donegal's famous 1992 triumph. Put simply, this is a year when both realise that they have to stand up and be counted on the championship scene.

Glorious failures at the All-Ireland Quarter Final or semi-final stage are no longer good enough. The potential within both squads demands and merits silverware in the form of the Anglo Celt or Sam Maguire cups. So, there you have it. Obviously neither will openly admit their big target for the coming season. But that doesn't deflect from the view that they have the potential, incentive and staying-power to make their mark at Croke Park on September 21.

Whether or not they have the consistency to achieve that aim is the driving motivation which is ensuring that their fortunes are being watched with such interest.



CRAOBH PEILE ULADH 2008







Coaching Resources

The Ulster Council have a number of fantastic coaching resources available for all ages and levels of coaching.

Our biggest seller over the years has been the FUNdamentals Manual. Following consultation with Dr Istvan Bayli and utilising his principles of long term player development, this programme is the first to embrace the formative nursery years within our clubs and primary schools. It is specifically aimed at Under 6's and Under 8's.

This manual was penned by Ulster Games Development Manager Terence McWilliams, and Bayli has described it as an example of bestpractice worldwide.

Following the success of the FUNdamentals Manual, we have produced the next two manuals in the 'FUN to Fame' series, namely 'Learn to Train', and 'Train to Train'. The Learn to Train Manual covers the physical, technical, tactical and team play skills for the Under 10's and Under 12's.

Teachers and club coaches, for the first time ever, will be able to use these two resources as reference books to plan and implement a complete games and coaching programme for all their children from five years and younger right through to 12 years. Train to Train focuses on the preparation of young players from 12 to 16 years. The manual looks at the key areas of strength, speed, core stability, advanced technical development, nutrition and hydration.

It offers practical programmes from which coaches can go forward and develop their own programmes.

As well as the Coaching Manuals, we have a number of Interactive CD-ROM's.
The 'ABC to SAM' CD-ROM was produced in conjunction with the Sports Institute of Northern Ireland. It contains a number of drills to improve the basic and more advanced skills of Gaelic Football. It also has related video clips of top County Players performing the skills.

Our Goalkeeping CD-ROM was developed by Paul Callaghan, who was goalkeeper on the Donegal panel of 1992 which won the All-Ireland, and it looks at a number of techniques and drills to enhance the development of goalkeepers.

In recent time, our bestseller has been the Animated Drills and Skills DVD-ROM. This resource was developed under the guidance of Armagh All-Ireland winner Diarmaid Marsden and features 40 drills, in video and animation, to help the modern coach plan a training session.

Along with the Coaching Resources, we also have an extensive online collection of Coaching Articles that can be downloaded for free via the Ulster Council website.

For further information, or to place an order, please contact:

Bernie McGlinchey T: 028 (048) 37521900 E: bmcglinchey@ulster.gaa.ie http://ulster.gaa.ie/coaching/



THE FASTER THE SPEED

THE BIGGER THE MESS







CRAOBH PEILE ULADH 2008



Cumann na mBunscol

Today's Mini Games GaelicLife

Donegal

Shane Goan, Holy Family N.S. Ballyshannon Sean Monaghan, St. Peter's N.S. Mountcharles Ryan Bradley, Scoil Cholmcille Ballylast Matthew Catterson, Murlog N.S. Michael Kelly, Kilmacrennan N.S. Conal McGeehan, Sc. Cholmcille, Baile na Finne Caolan Mac Grianna, Sc. Oilibheir Pluinceid Liam Callaghan, Craigtown N.S., Carndonagh Christopher McLaughlin, Sc. Naomh Treasa, Malin Conor Meehan, St. Francis' N.S. Barnes Oisin Shields, Gaelscoil Letterkenny Daragh Crawford, Glencovitt N.S. Caolan Boltan, Ramelton N S Eamonn McHugh, Falcarragh N.S. Calum Hennigan, Gortnacart N.S., Ardara Padraig Mac Cuinneagain, S.N Na Carraige Liam Grimley, Sc. Eoghain, Moville Anthony Moyle, Sc. Naomh Brid, Muff

Derry

Conor McErlain, Holy Family Niall Keenan, New Row Aidan Lagan, St Patrick's Glen Kevin Toner, St Brigid's Mayogall Rory Loughlin, St John Bosco Glenn McOscar, Derrychrin Rvan Murray, Anahorish Barry McGlone, St Trea's Jason McCullagh, St Foghan's Dylan Wilkinson, Ballylifford Conor Gormley, St Colmcille's Claudy Martin Lynch, St Mary's Altinure Mark Devlin, St Patrick's Loup Barry Grant, St Mary's Ballinascreen Paul McNeil. St Mary's Glenview Ryan Henry, St Mary's Greenlough Michael Dovle, Altavesky Odhran Scullion, Knocknagin





Cumann na mBunscol was established in 1971 with the aim of developing as a national body to promote Gaelic games in Ireland's primary schools.

From its minimalist beginnings it has developed a presence from the very local to the national levels, becoming the largest sporting organization within Ireland's primary education sector.

The role of Cumann na mBunscol is to promote, in an atmosphere of fun and enjoyment, the national games of Ireland within primary education. It works across a full spectrum of Gaelic games, i.e. boys and girls football; hurling; camogie; rounders; and handball. In also promoting athletics, Cumann na mBunscol also holds true to a focus of the original GAA. It has a "market base" of almost 2,900 primary schools across Ireland.

In 2007 Cumann na mBunscol launched its Strategic Plan. It outlines the organisations strategy to secure the next generation.

Cumann na mBunscol essentially works to a vision that is both ambitious and plainly put: "To have Gaelic games, the games of choice for Ireland's primary school children" It recognises that the achievement of this vision will of course require an input from many other GAA stakeholders.

Cumann na mBunscol's specific contribution - or its mission - will be:
"To foster, promote and deliver the national games to children, parents and teachers in the primary school setting, at the same time creating positive attitudes towards our national culture and heritage"

Article from Cumann na mBunscol Strategic Plan 2007/12.



CRAOBH PEILE ULADH 2008



Valuing Volunteers

Willie Turner



Willie Turner has spent the last fifty years involved in GAA matters at his home club of Michael Davitt's Swatragh as well as county and provincial level.

A true Gael the tall and genial Willie first got involved in 1958 when he was ambushed coming from Mass and asked to attend a meeting in the local Hibernian hall. Willie found out that the purpose of the meeting was that he along with Willie O'Kane had to collect money around the area for a new set of jerseys for the Swatragh seniors.

Willie was far from being a reluctant volunteer and soon got immersed in the club activities as a player and administrator. He served a total of eight years as secretary and eighteen as treasurer, during which time he also managed the senior football team, collecting the 1972 and 1979 Derry Intermediate football championships.

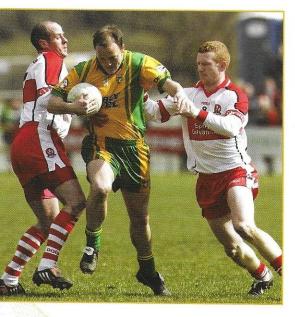
He was the club representative at the South Derry Board meetings and soon he held office as vice chairman and chairman for fourteen years. In the sixties, referees in Derry were a protected species and Willie, never one to shirk a task, took up the whistle in 1968. He took charge of his last game in 1991 and that was a league game between Dungiven and Lavey which ended all square. He chaired the Derry referees committee for a dozen years and also was treasurer for a period. Like all good farmers he knew how to handle the cash.

He represented Derry on the Ulster referees Committee and was the driving force behind the recruitment of new referees in his native county. Culture has always been close to Willie's heart and he chaired the Derry Scor Committee for a 'wee lifetime' as well as serving three years as Ulster Scor chairman. Willie represented Derry on the Ulster Council in two spells for a total of twelve years, and would most likely still have been there but the five year rule can be cruel on able administrators.

The GAA may now be a fast moving organisation with hi tech administrators and modern methods of communication but where would the Association have been without dedicated men like Willie Turner who never sought a penny for his countless hours of dedication which often meant neglecting his own work. If he ever missed a meeting it had to be something serious that kept him away.

Fifty years on from that meeting where he was press ganged into collecting money, the GAA found in the town land of Keady, a great 'volunteer' whose service to Swatragh, Derry and Ulster can never be quantified. Willie admits that he misses the buzz and craic of the day to day GAA matters where he made many friends. He was never afraid to make an unpopular decision and does admit that there are people he never expects a Christmas card from.

For the past half century he has been an ardent Derry supporter and will be in McCumhaill Park today to give his full support to the Oak Leaf men. He will not seek attention in the crowd as modesty forbids and few will notice a man who has given a lifetime to the Association he loves. Without men like Willie Turner, the GAA would be a much poorer organisation.



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COMHAIRLE ULADH CLG CRAOBH PEILE ULADH 2008



VHI GAA Cúl Camps

Here comes the Summer!

Donegal	Date	Venue	Camp Co-ordinator	Contact No.	Type	
County Coordinator : Michael Murphy T: 086 6003159 E: mmurphygaa@hotmail.com	30th June	Beart/N-Colmcille Convoy Dungloe Red Hughs	Brendan Sweeney Stephanie Friel John Ward Cathal Doherty	087 7720049 086 6056655 087 7618831 086 6036406 086 3038286	H/F/C H/F/C H/F/C H/F/C H/F/C	
For 1 Child €65 2nd Child €55 3rd Child €45	7th Jul	St Eunans N Padraig, Lifford N Padraig, Muff Naomh Ultan Urris	Tom Ferry John Barry O'Donnell Michael McMenamin Michelle Bennett John Friel	086 8289935 087 6949921 087 2448200 087 9813508 086 0523550	H/F/C H/F/C H/F/C H/F/C	
	14th Jul	Carndonagh Glenswilly McCumhaills Na Dunaibh	John Gibbons Paddy McGinty Patricia Doherty Denis McBride	086 0523550 086 3850729 087 9210846 086 3957003 087 6132360	H/F/C H/F/C H/F/C H/F/C	
	21st July	Ardara Cill Chartha Gaoth Dobhair Malin Moville	James McHugh Patrick McShane Brendan O'Baoill Maria McLaughlin Ann Bonner	087 2222277 087 2506443 087 2938230 087 7763679 086 3064847	H/F/C H/F/C H/F/C H/F/C H/F/C	
	28th July	Bundoran Cloughaneely Four Masters Milford St Michaels	John McEniff Declan McGarvey John Joe O'Shea Shaun Barrett Liam McElhinney	087 2386250 086 1009467 087 7959924 086 6052169 086 8611097	H/F/C H/F/C H/F/C H/F/C F/H/C	
	4th Aug. 11th Aug. 18th Aug	Buncrana Letterkenny Gaels Carndonagh	Chris Walsh	086 0515438 086 2665274 086 3773300	H H H	
Derry	Date	Venue	Camp Co-ordinator	Contact No.	Туре	
County Coordinator : Brian Smith	1st July	Glen Castledawson Greenlough	Sean Gunning Gerry McElwee Noel Henry	079 1870 3908 078 8050 4577 078 8594 5305		
T: 078 1415 5361 E: cullionbs1@yahoo.co.uk For 1 Child £30	8th July	Slaughtneil Kilrea Lissan	James McGrath John Darragh Colin McElroy	075 1899 7179 028 2954 0860 028 8676 6124		
2nd Child £25 3rd Child £20	15th July	Craigbane Magilligan	Sean McGuinness Brendan McMahon	077 1188 3665 078 0262 0540		
and child 220	22nd July	Foreglen Banagher Claudy Ballymaguigan	Damien O'Connor Charlie O'Kane Aidan McLaughlin Peter Cassidy	078 0167 2540 077 2587 8037 077 5639 0963 079 6915 2932		
	29th July	Coleraine Ballerin Swatragh	Kevin Mullan Paul Mullan Tony McGuckin	078 5875 9997 077 3248 1255 078 4110 0469		
	5th Aug	Glen Bellaghy Lavey Newbridge	Sean Gunning Damien Cassidy Seamus Downey Sean McKenna	079 1870 3908 078 1120 6600 077 9331 7458 077 2583 6061		
	12th Aug	Desertmartin Magherafelt Faughanvale	Chris Trainor Philip Kerr Joanne Brown	077 2583 6061 078 1825 2174 075 1511 5173 078 1441 2459		
	19th Aug	Glenullin Drumsurn Slaughtmanus	Richard Ferris Joe McHugh Darren McShane	078 7098 8138 079 7314 1073 077 9541 3189		











CRAOBH PEUF ULADH 2008









Fitter, Healthier, Happier!

Comhairle Uladh's Health and Wellness programme continues to grow in

strength, with a range of initiatives available to members interested in improving their wellbeing.

Comhairle Uladh's initiative seeks to build on this by addressing the wider health agenda. If lifestyle trends continue, medical experts have predicted dramatic rises in obesity, diabetes, stroke and heart disease. Add to this the current prevalence of cancer, alcohol, smoking and mental health related illnesses. and it's easy to see that we need to act now to prevent this crisis

The Health and Wellness programme uses the reach of GAA clubs in the community to promote health to the general population. Numerous



squareball

Clubs across Ulster have hosted 'Healthy Club' information nights for their members, with a specific focus on Cancer prevention and detection. At these events. delivered by our partners The Ulster Cancer Foundation members have gained a wealth of health information in addition to availing of interactive health assessments. The success of this programme was recognised recently with Comhairle Uladh receiving a NICVA Link award for their work in this area!

The Squareball sponsored 'Drink, Drugs and Sausage Rolls' programme proved hugely successful in getting students to think about their health, Launched at university and further education fresher favres, this funny but factual campaign promoted health to students in a language they understand! Thousands of students availed of the lively leaflets on drink, drugs, stress, nutrition and exercise; and so they wouldn't miss any crucial coursework deadlines, year planners were available also! This roadshow will commence again with the new academic year.

Pupils in secondary schools across the Province have availed of the 'Healthy for Life' talk, while primary schools have benefited from a youth Health booklet in addition to

receiving GAA coaching. The booklet is a fun and interactive learning tool, aimed at helping children understand the importance of eating a healthy balanced diet. There's also a section for parents to get involved; ensuring healthy eating is truly a family affair!

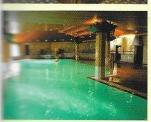
The National GAA's Alcohol & Substance Abuse Prevention (ASAP) programme continues to grow in profile in Ulster The programme was established with the aim of reducing harm caused by alcohol and drugs throughout the Association

The GAA aims to equip our members with the knowledge and skills necessary to make healthy lifestyle choices. In order to make the ASAP initiative a success, a network of people is being established at all levels of the Association - from national through to Club. To date most Ulster Counties have appointed ASAP officers, have held information nights and many Clubs now have officers who are driving the programme at local level.

Comhairle Uladh is also in the early stages of developing campaigns around the issues of Road Safety and Mental Health and for further information on these; or any of the above, contact Aileen Tohill atohill@ ulster.gaa.ie or check out www.ulster.gaa.ie

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CRAOBH PEILE ULADH 2008







Ground Regulations

Safety Notice

All persons entering today's ground are admitted only subject to the following Ground Regulations and to the Rules and Regulations of the Gaelic Athletic Association. Entry to the ground shall be deemed to constitute unqualified acceptance of all these Rules and Regulations. Any person who fails to comply with these Ground Regulations may be refused entry or removed from the ground.

Fireworks, smoke canisters, gas-horns, bottles, cans, flags, banners, poles and other similar articles or containers, including anything, which may be used as a weapon, are not permitted within the stadium.

The consumption of alcohol is not permitted within the ground and spectators are not

permitted to bring alcohol into the stadium.

The unauthorised climbing of any structure, walls, building or seating in the ground is strictly forbidden.

Unnecessary noise such as that from the use of radio sets, gas-horns, and behaviour likely to cause confusion or nuisance of any kind, including foul or abusive language, is not permitted within the ground. Under no circumstances is it permitted to throw any object onto the pitch.

Unauthorised persons are not permitted to enter upon the field of play at any time before, during or after the games.

The Ground Management reserve the right to refuse admission or to eject any

person who refuses to be searched where such a search is deemed necessary.

A person may not obstruct a gangway, stairwell or circulation area at any time.

All persons entering or in the ground are reminded of their obligation to ensure that their behaviour does not present a danger from fire or other occurrence to anyone using the premises.

The Ground Management reserve the right for it's servants or agents to remove from the ground any person who does not comply with the ground regulations or whose presence in the ground could reasonably be construed as constituting a source of danger, nuisance or annoyance to other spectators.

First Aid, Lost Children & Safety Notice

First Aid

First Aid Cover for today's games is provided by Order of Malta & Health Board personnel, complete with 3 manned ambulances, that are located behind the main stand, the river end and main entrance.

Lost Children

Lost Children to be brought to the First Aid Location beside the Main Gate.

Safety Notice

In the interests of safety, patrons will not be allowed to enter the playing area after the games. The policy to prohibit such encroachment in the future has been taken to avoid injuries and possible fatality and has been taken on the advice and prompting of the safety authorities.

Supporters are sincerely thanked for their co-operation to date and are asked to continue this co-operation in the future to ensure that games can be enjoyed in comfort and safety.

Together we can ensure that your visit to today's game is enjoyable and safe.

All the information in the programme is reproduced in good faith. The publishers are not liable for any advertising or contribution in this issue.

spirot. HAS: Commarise Uladh would like to thank the County Boards and all other contributors for their assistance in the compilation of this programme. We'd also like to take this opportunity to thank all the players, management and backroom staff of their efforts today. Finally we thank all the supporters who have attended today's match, without you the championship just wouldn't be the same. 300,000

GAA members in Ulster

200,000

Spectators attending live games in 2008

4,700

Coaches working throughout the province

580 clubs

* .

GAA in Ulster

Comharle Uladh CLG



Ulster Council GAA

Ulster GAA, Moving Forward Together. Uladh Abú! www.ulster.gaa.ie